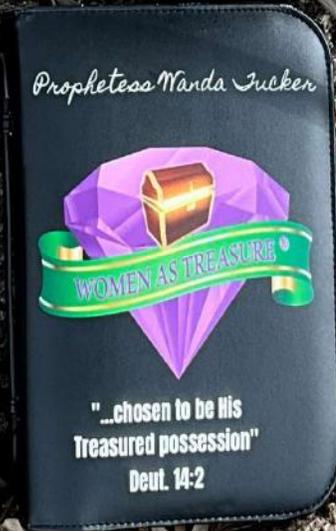


THE SWORD OF THE SPIRIT SERIES

JAN. - JUNE
2026

**STRENGTHENING
OUR WALK
WITH GOD.
AS WE
LEARN
TO USE THE**



**SWORD OF THE SPIRIT
EVERY DAY!!**

The Sword of the Spirit Training Series

The Word of God is the believer's source of strength, direction, and spiritual power.



When Paul teaches about the armor of God in Ephesians chapter six, he identifies the Sword of the Spirit as the Word of God.

This sword Protects, Guides and Equips every believer to stand strong in spiritual battles and daily life.

This study will help you understand what the Sword of the Spirit is and how to use it with confidence. Over these seven sessions you will learn how the Word guards your heart, reveals truth, destroys strongholds, and strengthens your walk with God.

You will practice simple weekly habits that help you carry Scripture in your mind and heart.

This journey is designed to deepen your relationship with the Word and help you walk in victory. As you go through each session, invite the Holy Spirit to teach you, lead you, and open your understanding.

The more you engage with the Word of God, the stronger and steadier your life becomes.

May this study help you become confident, grounded, and equipped to use the Sword of the Spirit every day.

SESSION ONE

INTRODUCTION TO THE SWORD OF THE SPIRIT

We hear from time to time that we are to put on the armor of God. Has Ephesians 6:10-18 become a scripture that we have memorized?

We know that we are told to put on the whole armor of God, but do we?

Do we know what it means to put on the armor, or even how to?

It's not merely a suggestion; it is a command. One that we ignore at our own peril. We are constantly in unseen conflicts; the enemy doesn't seem to take days off.

Our enemy actively seeks to undermine our peace, steal our joy, and derail our purpose. It make sense for us take advantage of every piece of equipment we need to stand strong, having the ability to live victoriously!

It is a spiritual preparation that we as born-again Christians in the Army of the Lord actively don each day.

We choose to clothe ourselves in God's truth, righteousness, peace, faith, salvation, and His word!

Which is The Sword of the Spirit.

I used the word 'don', it means to put on, to wrap oneself in, to take on.

So, as we pray each day, let's use our words to wrap ourselves in God's Truth, His Righteousness, Peace, Faith, Salvation...

We will Wrap ourselves in JESUS!

Things I would like for you to focus on
in the coming month.

PRAY THE WORD

We know and believe that the Word is our Lord and Savior Jesus Christ. *[John 1:1-2]* With that being our core belief, we should want 'Jesus', the word of God, the wisdom and information of God to be a part of everything we do and speak.

TEST THINGS BY & WITH THE WORD

If someone were to say to you the 'Mizpah' prayer [Please read all of Gen.31 for context] would you consider it a blessing? See how you feel about it after testing it by the word? (*the word mizpah means 'outlook point'; related to the Hebrew word that means 'to watch'*).

When people come against you saying things contrary to the word of God don't receive it. Read Matthew 4:1-11; look at how in verses 3,6,and 9 the enemy came at Jesus. What was Jesus' response?

We must be like the workman described in 2 Timothy 2:15

ENCOURAGE USING THE WORD

I have used 1 Timothy 2:15 to encourage women that were nearing the delivery of their baby. “Yet she will be saved through childbearing, if they continue in faith and love and holiness, with self-control.” NKJV

An example prayer for let's say 'Lena' 😊 who's baby is due in a month or so.

“Father in the name of Jesus, I thank You for Lena and the dear little one that is within her womb. I lift them both up before You this day, praying for a safe delivery for both mother and child. I declare that according to 1 Tim. 2:15 Lena will be safe as she brings forth this new little one. I pray that Lena's faith and trust in You will be strong as her delivery date draws near. May she walk upright and pleasing to You. Jesus help her to raise her new little one in the fear and admonition of the Lord.”

Amen

Hide the word in your heart so that you will know how and when to use it.

*LET US TRAIN OUR HEART AND
MIND TO STAND FIRM...
TRUSTING, AND BELIEVING THE
TRUTH AND AUTHORITY OF THE
HOLY SCRIPTURE.*



HOMWORK TO FOLLOW

Reflection Questions

1. Why do you believe Paul compared Scripture to a sword?
2. What does it mean for the Word to be both a shield and a weapon?
3. How comfortable do you feel using Scripture in spiritual battles?
4. What do you believe the Sword of the Spirit is meant to do in your life?
5. How has Scripture protected or strengthened you before?
6. How are you going to don yourself in the Sword of the Spirit this month?
7. What do you hope to learn in this series?

Assignment

Read Ephesians 6:10 through verse 18 each day this week. Write down one phrase that stands out to you.

Read Psalm 119:11

Also read Matthew 4:1-11 as a preview for one of our later sessions.

Ask Holy Spirit to give you a deeper hunger for the Word of God.



This Month's Quiz

WHAT IS THE SWORD Of The SPIRIT?



1. Where in scripture is the phrase “Sword of the Spirit” found?

- A. Hebrews 4
- B. Ephesians 6
- C. Romans 10

2. What does Paul identify the Sword of the Spirit as?

- A. Faith
- B. Prayer
- C. The Word of God

3. Why is the Sword of the Spirit both defensive and offensive?

- A. It helps believers hide from the enemy.
- B. It protects and also destroys falsehood.
- C. It belong only to mature believers.

4. Why must believers understand the Sword of the Spirit before using it?

A. Because scripture is symbolic only.

B. Because spiritual battles require informed preparation.

C. Because Paul taught it only to leaders.

5. TRUE or FALSE? The Sword of the Spirit is optional in spiritual warfare.

6. Why are we to hide the word in our hearts?

7. Fill in the blank. The Word of God protects the _____ and equips the _____ to stand firm in a world that is filled with spiritual opposition.

SEE YOU
NEXT
MONTH

