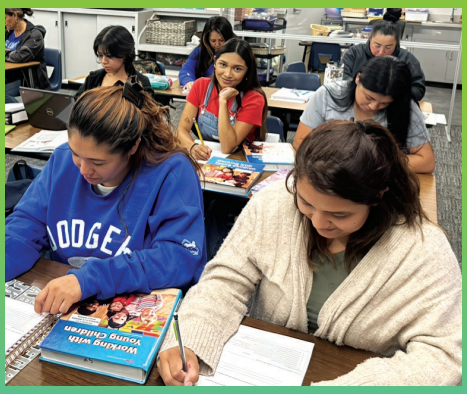
FREE ESL CLASSES AND LOW COST CAREER TRAINING FOR ADULTS

NORWALK - LA MIRADA Adult School



Learn English. Earn Your Diploma. Change Your Life.

Free English, High School Diploma, and GED classes for adults!

Spring 2026 COURSE CATALOG

January 6 to June 3, 2026

(562) 210-3990 | www.nlmas.org

WELCOME TO
NORWALK-LA MIRADA ADULT SCHOOL

DIRECTOR'S MESSAGE

At NLMAS we offer affordable, high-quality academic, career and technical education programs that include courses in a variety of subjects from technology, to business, healthcare, high school diploma/equivalency, ESL and more! Our classes and programs provide students with current and relevant training that they can utilize in the workforce. We look forward to seeing you on campus and serving your needs!

Very truly yours,
Mindy Chung, Director, Adult Education

Fully Accredited by WASC ACCREDITING COMMISSION FOR SCHOOLS

Main Locations

See page 30 for map.

Norwalk Campus
15711 Pioneer Blvd., Norwalk, CA 90650
(562) 210-3990

Monday - Thursday: 7:30 a.m. - 9:00 p.m.
Friday: 7:30 a.m. - 4:00 p.m.

La Mirada Campus
15920 Barbata Road, La Mirada, CA 90638
(562) 210-3170

Monday - Friday: 7:00 a.m. - 3:30 p.m.

Coronal Polishing Location
12940 E. Foster Road, Norwalk, CA 90650

Enrollment

For ESL and ABE classes: Register in person at either the Norwalk or La Mirada Campus.

For High School Diploma, GED®, or HiSET® classes: Enroll with an academic counselor at the Norwalk Campus during counseling hours. Call Counseling Office at (562) 210-3990 ext. 614112 to get started or email *"Request Enrollment"* to Jbelo@nlmusd.org

For CTE classes: Register and pay online or in person. Payment plans are available for classes with fees above $500. Call (562) 210-3990 for more information.

Please see page 29 for the refund policy.

Congratulations

TO OUR 2025 CALIFORNIA ADULT EDUCATION STUDENTS SUCCEED AWARD RECIPIENTS!

NLMAS proudly celebrates six inspiring adult learners who achieved success through education, perseverance, and determination. Congratulations to the following awardees: Angelina Maria Huante, Ramona Angulo, Aiman Lakfifi, Emily Castellanos, Anna Han, Skarloff Valbuena.

Check out their stories on the OTAN website through the QR code above.

WELCOME
GENERAL INFORMATION

Table of Contents

English as a Second Language 4-5
Citizenship 6
Distance Learning 6
Career Technical Education. 7-25
Career Training Classes 7-12
Nurse Assistant 8
Coronal Polishing Class 9
Notary 9
CPR Class 9
Medical Assistant. 10
Medical Billing & Coding. 10
Pharmacy Technician 11
Phlebotomy 12
Welding 12
Career Training Education Center. 13
CTEC Self-Paced Classes 13
Office Career Pathways 14-17
Microsoft Office Specialist (MOS) Certification 18-19
Computer Basics 20
MS Excel. 21
Google Apps 21
Adobe Photoshop 22
Keyboarding Class. 22
Typing Test Policies 22
Real Estate 23
Preschool/Childcare Professions Certificate Program 24-25
High School Diploma/Equivalency Program. . 26-28
Individualized Learning Center 27
Adult Basic Education 28
Adult School & District Policies. 29
Map to our Main Campuses 30
NLMUSD Board of Education Goals 31

Our Mission

Norwalk-La Mirada Adult School empowers learners with the progressive skills and training to be successful in life, career, and community in a dynamic world.

Schoolwide Learner Outcomes

Effective Communicators who actively listen, exchange ideas respectfully, collaborate, and reach consensus in diverse settings.

Creative Critical Thinkers who resolve complex situations with innovative solutions individually and collaboratively.

Proficient Users of Technology who responsibly and creatively interact with, understand, and adapt to emerging technologies.

School Calendar

Spring Semester

Spring Session I. . . .January 6 - March 13, 2026
Martin Luther King Jr. Day (Sites Closed) . . . . . January 19, 2026
Lincoln Birthday (Sites Closed) . . . . . February 9, 2026
President's Day (Sites Closed) . . . . . February 16, 2026
End of 3rd Quarter . . . . . .March 13, 2026

Spring Session II . . . . . .March 16 - June 3, 2026
Spring Recess (Sites Closed) . . . . . April 3 - 10, 2026
Classes Resume . . . . . .April 13, 2026
Memorial Day (Sites Closed) . . . . . May 25, 2026
Last Day for Students . . . . . .June 3, 2026

ESL Calendar - Spring 2026

Semester. . . . . January 6 - June 3, 2026
Session I . . . . . January 6 - March 13, 2026
Session II. . . . . .March 16 - June 3, 2026

Norwalk-La Mirada School District

Board of Education

Dr. Narcis Brasov, Esq., President, Trustee Area 5
Dr. Robert Cancio, Vice President, Trustee Area 4
Ms. Espie Free, Member, Trustee Area 1
Ms. Norma Amezcua, Member, Trustee Area 2
Mr. Jose M. Rios, Member, Trustee Area 3
Dr. Lorena Vidaurre, Member, Trustee Area 6
Ms. Becky Langenwalter, MS, LMFT, Member, Trustee Area 7

District Administration

Dr. Natasha Baker, Superintendent
Mr. Estuardo Santillan, Assistant Superintendent, Business Services
Ms. Tania Magaña, Assistant Superintendent, Educational Services
Dr. Michael Gotto, Assistant Superintendent, Human Resources
Mr. Robert Jacobsen, General Counsel
Mr. Christopher K. Hargraves, Public Information Officer
Mr. James Wood, Executive Director, Student Services/Special Education
Mr. Adrian Valdez, Chief of School Safety

Adult School Administration

Ms. Mindy Chung, Director
Mr. Travis Crow, Assistant Director
Mr. Brian Randall, Assistant Director

ENGLISH AS A SECOND LANGUAGE (ESL)

Classes are always open. You may enroll and begin attending at any time.

Clases siempre abiertas. Puede inscribirse y empezar la clase a cualquier momento.

수업은 항상 열려있습니다. 언제든지 등록하고 시작하세요.

In-Person Classes at La Mirada Campus

Monday - Friday 8:15 a.m. - 12:00 p.m.

In-Person Classes at Norwalk Campus

Monday - Friday 8:15 a.m. - 12:00 p.m.
Monday - Thursday 5:15 p.m. - 9:00 p.m.

See page 6 for ESL Online Class.

Scan the QR code to watch video for more information!

Our skilled and supportive teachers will prepare you to use everyday English for conversation, for work or school, and for other real-life needs. All levels practice listening, speaking, reading, and writing English. **No Fee**

Introducción y práctica para escuchar, hablar, leer y escribir inglés como segundo idioma para principiantes, intermedios y avanzados. El enfoque se pondrá en usar el inglés en conversaciones diarias. **Gratis**

ESL 초급, 중급, 고급반 학생들을 위한 말하기, 듣기, 읽기, 쓰기에 대한 설명과 연습.
직장이나 학교 혹은 실생활에 필요한 일상 영어회화에 중점을 둠. **No Fee**

Available ESL class levels:

- ESL Beginning Literacy (Orientation)
- ESL Beginning Low (Level 1)
- ESL Beginning High (Level 2)
- ESL Intermediate Low (Level 3)
- ESL Intermediate High (Level 4)
- ESL Advanced Low (Level 5)

ESL Multi Level

Conversation and Pronunciation

This class provides a variety of English language speaking activities that improve pronunciation and ease of speaking for every day situations. Activities are designed for non-native English speakers. **No Fee**

Conversation and Pronunciation for Beginning ESL Students

Prerequisite: ESL Beginning Literacy to Beginning High (0-2)
Spring Semester: January 8, 2026 - May 28, 2026

T/Th	12:30 p.m. - 1:45 p.m.	La Mirada Campus	Rm. 65/62	Ochoa/Trifa

Conversation and Pronunciation for Intermediate to Advanced ESL Students

Prerequisite: ESL Intermediate Low or higher (3-5)
Spring Semester: January 12, 2026 - June 1, 2026

M	12:30 p.m. - 1:45 p.m.	La Mirada Campus	Rm. 64	Gutierrez

Conversation and Pronunciation for Multi-Level ESL Students

Spring Semester: January 7, 2026 - June 1, 2026

M/W	12:30 p.m. - 1:45 p.m.	Norwalk Campus	Rm. 303	Erickson

ENGLISH AS A SECOND LANGUAGE (ESL)

Vocational ESL

Computer Basics for English as a Second Language Learners

Improve your basic computer skills for job placement or advancement. This course is for students with little or no prior computer experience. Spanish assistance is available if needed. **No Fee**

- Learn basic computer skills necessary for success in employment and school.
- Practice English using the computer.

Beginning Low/High: Spring Semester (January 6, 2026 - June 1, 2026)

TTh	12:30 p.m. - 1:45 p.m.	Norwalk Campus	Rm. 102	Barajas
M	12:30 p.m. - 1:45 p.m.	La Mirada Campus	Rm. 52	Trifa

ESL Multi Level

ESL Wellness

NEW

This is an ESL multi-level class that is designed to help students learn English, increase positive behavior, improve relationships, and improve academic engagement and achievement. This class also prepares students for success by incorporating SEL and Growth Mindset strategies, communication and writing skills, and technology. Activities include light Yoga and Breathing techniques to help reduce stress and promote a healthy lifestyle. The course content is aligned with the District's Mission/Vision and our school SLOs to support student's instructional needs through researched based best practices. **No Fee**

Spring Semester: January 7, 2026 - June 1, 2026

W	12:30 p.m. - 1:45 p.m.	La Mirada Campus	Rm. 62	Trifa

ESL Multi Level

ESL Through the News

Students will discuss current events and learn about a variety of hot topics in the news while building vocabulary and grammar skills. New topics will be covered each class session.

Beginning High - Advanced: Spring Semester (January 7, 2026 - May 27, 2026)

W 12:30 p.m. - 1:45 p.m.
La Mirada Campus Rm. 64
Gutierrez

Vocational ESL

ELL Healthcare Careers

This course helps English Language Learners build the language and communication skills needed for entry-level jobs in the healthcare field. Students will learn medical vocabulary, workplace communication, and explore various healthcare careers and training pathways.
No Fee

NEW

Spring Semester: January 6, 2026 - May 28, 2026

MW	1:00 p.m. - 3:15 p.m.	Norwalk Campus	Rm. 101	TBD

Vocational ESL

ESL for Office Assistant

START YOUR CAREER AS AN OFFICE ASSISTANT! This optional course provides extended academic support for students who are enrolled in our Office Assistant Career Pathway at NLMAS. This supplementary course is ideal for English as a Second Language (ESL) students co-enrolled in the Office Assistant Career Pathway.

Spring Semester: January 7, 2026 - June 1, 2026

MW	12:30 p.m. - 2:30 p.m.	Norwalk Campus	Rm. 306	Raber

ENGLISH AS A SECOND LANGUAGE (ESL)

CITIZENSHIP

Citizenship Preparation

Study US History, Government, and Civics to prepare for the US Citizenship exam and practice for the oral interview. Study vocabulary related to the N-400 naturalization application. **No Fee**

Prepare in English - Spring Session I: January 6, 2026 - March 12, 2026

TTh	5:15 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 303	Erickson

Prepare in Spanish - Spring Session II: March 17, 2026 - May 28, 2026

TTh	5:15 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 303	Erickson

DISTANCE LEARNING

Study English and/or Citizenship Preparation at your own pace and time. Through our distance learning program, you can practice and progress from the convenience of your home with expert teacher assistance. Feel free to choose from weekly in-person sessions to pick up and return study packets or choose to progress through the online modules with the assistance of a teacher through Google Classroom and email communications.
Spring Semester: January 6, 2026 - June 3, 2026

English as a Second Language

6 levels of ESL instruction for beginning through advanced speakers. **No Fee**

Prepare for Citizenship

Citizenship DVDs and study packets to prepare students for the INS interview and the Naturalization test. **No Fee** ($30 refundable deposit for materials.)

Distance Learning: In-Person Sessions

Norwalk Campus

M/T/W	8:15 a.m. - 5:15 p.m.	Norwalk Campus	Rm. 116	Fraser/Platt
Th	12:30 p.m. - 5:15 p.m.	Norwalk Campus	Rm. 116	Platt
Fri	8:15 a.m. - 12:30 p.m.	Norwalk Campus	Rm. 116	Fraser

La Mirada Campus

Th	8:15 a.m. - 12:30 p.m.	La Mirada Campus	Rm. 52	Fraser

ESL for Healthcare

(Offered Online through the Distance Learning Lab)

This 8-week online course is designed for students preparing to enter or transition into healthcare-related fields. The course emphasizes the development of English language proficiency required for effective communication in diverse healthcare settings.

Students will build essential vocabulary and comprehension related to healthcare terminology, human anatomy, and common diseases. Instruction also includes an introduction to emergency response communication and best practices for food and medication safety. Successful completion of this course will prepare students for further study or employment opportunities within the healthcare sector. **No Fee.**

ESL Online Class

This is a multi-level ESL online class for levels 1-3. Class requires access to a computer, tablet, or mobile device and internet.

M/W	5:15 p.m. - 9:00 p.m.	Online	Barajas

NEW

CAREER TECHNICAL EDUCATION (CTE)

CAREER TRAINING (PAGES 7 - 12)

Prepare for high demand jobs with our accredited, hands-on training!

Nurse Assistant
Pre-Certification for Certified Nursing Assistant (CNA)

Dental Assistant/Radiology
Dental Radiology License
Infection Control

Emergency Medical Responder
Cardiopulmonary Resuscitation (CPR)

Medical Assisting
CCMA National Certified Medical Assistant Exam

Medical Billing & Coding
CCMA National Coding Exam

Pharmacy Technician
License & National Exam

Welding
Certified Welder Licensing Exam

Register and pay online OR in person for CTE classes. Payment plans are available for classes with fees above $500. For more information, see page 29 or call (562) 210-3990.

Career Training Course Fees: These include materials, equipment, and supplies used in labs. **Textbook, uniform, and personal certification requirement testing fees are additional.** Please see class description for particular fee.

Refund Policy: All students may drop a class before the second class meeting and receive a refund of class fees less than the service charge. Credit or debit card payment refunds are subject to the card processing fee or a service fee up to $25, whichever is greater. No Career Training refunds will be issued after the third week of class. If the Adult School cancels a class, all fees will be refunded.

CAREER TECHNICAL EDUCATION (CTE)

COURSES WITH INDUSTRY CERTIFICATIONS OR CERTIFICATION EXAM

Nursing Service

Nurse Assistant Pre-Certification (*CNA)

Prepare for the State Nurse Assistant Certification Test. Train in basic nursing skills through classroom instruction and supervised clinical experience. Learn the fundamentals of patient care, nursing and communication skills, disease organisms and infection control, basic anatomy and physiology, nutrition/diet therapy, and specialty nursing. This course is designed to train students in nursing skills and employment in long term and acute care facilities as well as home health agencies through both classroom instruction and supervised clinical experience.

***Successful completion of the Nurse Assistant course enables the student to apply to take the test for state certification for their CNA certificate.**

Class is 12 weeks long and includes a minimum of 100 clinical (internship) hours. (Some sessions may include occasional Fridays to make up for missed instruction due to holidays.)

A criminal screening is required for this course. Please speak with the Adult School staff prior to enrolling if you have any convictions other than minor traffic violations.

Meets State of California Certification Test Requirements.

Fees: $1,400

Location: La Mirada Adult School Campus, Room 84/85

MTWTh 8:00 a.m. - 1:00 p.m.
Spring: January 6, 2026 - April 2, 2026

Careers in this Field:

- Certified Nurse Assistant
- Nurse Assistant
- Home Care Aide

Median Average Hourly Wage:
$20.38 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

Now offering Microsoft Office Specialist (MOS) Certifications!
See pages 18-19!

CHECK IT OUT!

CAREER TECHNICAL EDUCATION (CTE)

COURSES WITH INDUSTRY CERTIFICATIONS OR CERTIFICATION EXAM

Coronal Polishing Class

After completing this course through NLMAS, students earn a certificate in Coronal Polishing. This certificate is a requirement of the California Dental Board for unlicensed Dental Assistants, those Dental Assistants who are seeking to become an RDA, renew an RDA License, and/or perform coronal polishing on patients in a dental office.

Fees: $300

Location: Southeast Academy
MTWThF 8:00 a.m. - 1:00 p.m.
Spring: January 26 - January 30, 2026

Notary Class

NEW

This course is offered in partnership with Masters Notary Academy. It is designed to provide students with the knowledge and professional skills necessary to become a proficient California notary public and prepare for the Sate's examination. In addition, this course will satisfy the California State's mandatory education requirement of reviewing notary laws and practices for current notary public professionals seeking reappointment. The successful applicant will become a more valuable employee or be able to start his/her own community business. California State Proctors will administer the Notary Examination at the completion of the class.

Fees:
$70 Class Fee.
$49 Class Materials (Paid in class directly to instructor with cash, credit card or check. Materials will be provided by the instructor).
$40 State Examination Fee (Check only - made payable to Secretary of State), Passport photo advisable, can be purchased at class for $10

Location: Norwalk Campus, Rm TBD
Course Date: Monday, February 23, 2026
8:00 a.m. - 4:00 p.m.
(Exam follows right after course)
Plan to be completed at 5:30 p.m.

BLS/CPR/AED AND FIRST AID

BLS/Community CPR - Heart Saver CPR/AED

The five-hour training session will teach attendees how to perform CPR on adults, children and infants. You will also learn how to assist a choking victim and how to use an automated external defibrillator (AED).

All classes are certified by the American Heart Association (AHA) and are taught by NLMAS personnel. Upon successful completion of the course, you will be given an AHA card that certifies your training for the next two years! Course includes student workbook and disposable face shield. Class is limited to 10 students. **Fee $65.**

March 20, 2026	8:00 a.m. - 1:30 p.m.	La Mirada Campus	Rm. 82
May 8, 2026	8:00 a.m. - 1:30 p.m.	La Mirada Campus	Rm. 82

CAREER TECHNICAL EDUCATION (CTE)

COURSES WITH INDUSTRY CERTIFICATIONS OR CERTIFICATION EXAM

Medical Office

Medical Assistant: Administrative & Clinical

This course is designed to prepare students for a career as a Certified Medical Assistant or to continue training toward a nursing profession. Students will learn vital signs, injections, venipuncture, assisting with surgeries, sterilization, performing EKG's, infection control, basic in-office laboratory testing, billing, terminology, records filing, and reception. Medical Assistants work in all areas in a physician's office or medical groups. Includes internship in a physician's office or medical group office, upon completion of the course. This class is articulated with Cerritos College for students earning a grade of A or B.

Class is 18 weeks long plus internship.

Internship of 240 hours begins once classroom hours are completed. Internship will be arranged by the instructor.

Upon completion of this course, students are prepared to take the National Certified Medical Assistant exam through NHA on our campus.

Fees: $2,475 (includes NHA Certification test)

Morning Class Location: La Mirada Adult School Campus, Room 82/83

MTWTh 8:00 a.m. - 12:00 p.m.
Spring: January 6, 2026 - June 3, 2026

Evening Class Location: Norwalk Campus, Room 404

MTWTh 5:30 p.m. - 9:00 p.m.
Spring: January 6, 2026 - June 3, 2026

Careers in this Field:

- Clinical Medical Assistant
- Certified Medical Assistant
- Medical Office Assistant
- Medical Receptionist

Median Average Hourly Wage:
$22.95 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

Medical Insurance Billing and Coding

Medical Billing & Coding

Train for a high paying, high demand career as a Medical Biller. This course prepares students to work in a medical facility, billing service, or start your own business billing insurance companies and individuals. Learn medical terminology, procedural coding, insurance form preparation, collection policies, and computerized procedures used in medical offices. Included in the course is knowledge of CPT and ICD-9 and ICD-10 coding rationales using official coding and reporting.

Class is 36 weeks long. (2 semesters/modules required).

Enrollment occurs in Fall only: Students must enroll in the fall session to take the spring session class. This is a 2 semester single cohort class.

Upon completion of this course the student will be prepared to take the National Coding Exam on our campus through NHA.

Fees: $612 per semester/module - two modules required. ($1,224 for entire year, includes NHA test).

Location: Norwalk Campus, Room 208

MW 5:30 p.m. - 9:00 p.m.
Spring: January 6, 2026 - June 2, 2026
***1st Module Students Only**
(All new students can enroll)

Location: Norwalk Campus, Room 208

TTh 5:30 p.m. - 9:00 p.m.
Spring: January 7, 2026 - June 3, 2026
***2nd Module Students Only**
(Only 1st module students can enroll)

Careers in this Field:

- Billing and Coding Specialist
- Billing and Posting Clerks

Median Average Hourly Wage:
$24.14 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

CAREER TECHNICAL EDUCATION (CTE)

COURSES WITH INDUSTRY CERTIFICATIONS OR CERTIFICATION EXAM

Introduction to Pharmacy

Pharmacy Technician

Gain the knowledge and skills to become a Licensed Pharmacy Technician in retail pharmacies, one of the fastest growing jobs in the medical field! Students will learn pharmacy principles and practice, law and ethics, pharmacy calculations, drug dosages, record keeping, and drug labeling. Students will also be trained on our new pharmacy management software which reflects the practice management programs students will encounter in the workforce, enabling them to work through real-world practice scenarios. Students will be given hands-on experience in a pharmacy setting through the 240 hour internship requirements to successfully complete the course. Students will be qualified to receive their California State Board of Pharmacy License.

Class Includes:

- Pharmacy Technician Principles and Practice
- Pharmacy Calculations
- Pharmacy Management Software
- Patient Record Database
- Pharmacology and Medications
- Pharmacy Inventory Management
- 240 Hours Internship
- Set of Pharmacy Books, Workbooks, and Software for each student

To take the National Exam for Pharmacy Technician Certification, students must pass a background check performed by the State Board of Pharmacy and hold a high school diploma or GED.

Careers in this Field:

- Pharmacy Technician Retail
- Pharmacy Technician Hospital
- Lead Pharmacy Technician
- Compounding Technician

Median Average Hourly Wage:
$24.91 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

This class is articulated with Cerritos College for students earning a grade of A or B.

Class is 36 weeks long plus internship. Internship of 240 hours begins once the classroom hours and modules are completed. **Four modules are required for a Certificate of Completion to take the exam to receive your Pharmacy Technician License from the State of California.** Each module is approximately 10 weeks long. 640 Classroom hours and 240 internship hours for program completion. Total hours for completion is 880.

Fees: Total cost of program is $2,740 ($685 per module)

Location: Norwalk Campus, Room 304

MTWTh	5:15 p.m. - 9:00 p.m.	**Date:** February 2, 2026 - April 24, 2026
MTWTh	5:15 p.m. - 9:00 p.m.	**Date:** April 27, 2026 - July 9, 2026

CAREER TECHNICAL EDUCATION (CTE)

COURSES WITH INDUSTRY CERTIFICATIONS OR CERTIFICATION EXAM

Phlebotomy Technician

Contact CALRegional for more information.

CALRegional

CALRegional, in partnership with Norwalk-La Mirada Adult School, provides busy adults with fast and affordable healthcare training programs. Learn more about CALRegional's healthcare training programs when you register for an online info session or call CALRegional at (800) 927-5159 for more information.

The Phlebotomy Technician Program is designed to help students acquire the practical knowledge and specialized skill required to draw blood. Become certified as an entry-level phlebotomist in as little as 3 weeks for $2,995.

Easy payment plans are available. Everyone qualifies. Convenient day and evening classes are available. Must be 18 years or older and have your GED, diploma, or equivalent. No previous medical experience is required.

Phlebotomy Training Includes:

- 72 hours of classroom instruction & hands-on training
- Guaranteed 40-hour externship
- CPR certification
- National exam

Connect with CALRegional

- Enroll online at calregional.com/enroll-now
- Attend an Info Session at calregional.com/info-sessions
- Book an appointment online
- Or, simply call 1 (800) 927-5159 for more info!

Fees: $2,995

Location: Norwalk Campus, Room 204

Mornings

MTWTh 10:00 a.m. - 2:00 p.m.
Spring: January 26, 2026 - March 10, 2026
March 30, 2026 - May 14, 2026
June 1, 2026 - July 9, 2026

Afternoons

MTWTh 5:30 p.m. - 9:00 p.m.
Spring: February 2, 2026 - March 30, 2026
April 13, 2026 - June 4, 2026
June 22, 2026 - August 12, 2026

Welding Technologies and Fabrication

Welding / Metal Fabrication

Careers in this Field:

- Welders
- Cutters
- Solderers
- Brazers

Median Average Hourly Wage:
$26.24 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

This class provides instruction in shielded metal arc welding, arc welding, gas metal arc welding (MIG), gas tungsten arc welding (TIG), oxy-fuel cutting of carbon, steel, aluminum and stainless steel.

Note: Currently enrolled students have priority for roll over registration in order to complete 2 sections to take exams. Space is limited - Enroll Now!

Class is 18 weeks long.

This course is articulated with Cerritos College, and Santa Ana College for students earning a grade of A or B.

Two classes are typically needed in order to take exam for Certified Welder Licensing.

Fees: $1,450

Location: La Mirada High School Campus, Room 763 (13520 Adelfa Dr., La Mirada)

M/W 5:30 p.m. - 9:00 p.m.
Spring: January 7, 2026 - June 3, 2026

T/Th 5:30 p.m. - 9:00 p.m.
Spring: January 6, 2026 - June 2, 2026

CAREER TECHNICAL EDUCATION (CTE)

Business and Finance/ Business Management

CAREER TECHNICAL EDUCATION CENTER (CTEC) (PAGES 13 - 17)

Open enrollment. Enroll any time!

Enroll in one or more of our self-paced classes OR choose to begin an Office Career Pathway (see pages 14-17). Enjoy the flexibility and convenience of working through these self-paced classes in the Career Technical Education Center.

Our CTEC is open during the following times:

Norwalk Campus, Room 309

M-F	8:00 a.m. - 12:00 p.m.	$40 per semester
M-Th	5:45 p.m. - 8:45 p.m.	$40 per semester

La Mirada Campus, Room 53

MTWTh	8:00 a.m. - 12:00 p.m.	$40 per semester

Spring Semester: January 6, 2026 - June 3, 2026

Check out CTEC video!

Our self-paced courses are tailored for both career-changers as well as established professionals who wish to upgrade their skills. We provide students with:

- Individualized support and equipment needed for hands-on training
- A variety of computer software and business courses
- Microsoft Certification training as well as official certification testing
- Self-paced, open entry/exit curriculum
- Flexible daytime and evening programs
- Most career paths that can be completed in six months

Computer Applications Courses

- MS Word
- MS Excel
- MS Access
- MS Outlook
- Computer Basics
- Medisoft
- QuickBooks

Business Courses

- ABCs of Accounting
- Keyboarding
- Business Math
- Ten-Key
- Business English
- Medical Terminology
- Résumé Preparation
- Filing

Career Paths (See pages 14-17)

- Accounting Associate
- Administrative Assistant
- Medical Records and Health Information Technician
- Office Assistant

Career paths must be completed within one year (or certain subjects may have to be retaken). The order of classes listed in career pathways is the suggested sequence; classes may be taken concurrently.

CAREER TECHNICAL EDUCATION (CTE)

CTEC - OFFICE CAREER PATHWAYS

Enhance Your Employment Opportunities!

Career Path Essentials (Prerequisite)

Career Path Essentials is a six-week program that provides the needed introduction components required for the following Career Paths: Administrative Assistant, Accounting Associate and Medical Records and Health Information Technician.

Classes Include:	**Expected Hours**
■ Keyboarding – Rate of 35/5 wpm	35
■ Computer Basics/Windows/Social Media	30
■ Word Level 1	20
■ Excel Level 1	20
■ Microsoft Outlook	15
Total Expected Hours to Complete	**120**

Note: Students may *waive any or all, of the courses above* by passing a proficiency exam for each course.

Accounting Associate Career Pathway

The Accounting Associate Career Pathway will prepare you for jobs in the financial industry. You will have instruction in maintaining financial records and assisting with the general operations of the finance department. Other functions include acquiring, processing and registering customer invoices using various accounting software and systems.

Classes Include:	**Expected Hours**
■ Career Path Essentials	120
■ MS Excel Level 2	25
■ Accounting Theory/Computer Tutorial	10
■ ABCs of Accounting	60
■ QuickBooks	70
Job Search Preparation:	
■ Interview Skills	1
■ Business Etiquette	1
■ Resume	2
Total Expected Hours to Receive Certificate	**289**

Software Skills Assessments

Enroll in our CTEC and work on computer skills testing before you apply for a job! Today's employers use testing software to identify candidates with good computer and career skills. As a student in our center, you will practice on similar tests using industry recognized software. Our instructors show you how to increase your performance on these skills tests to be competitive in the job market.

CAREER TECHNICAL EDUCATION (CTE)

CTEC - OFFICE CAREER PATHWAYS

Enhance Your Employment Opportunities!

Administrative Assistant Career Pathway

The Administration Assistant Career Pathway will prepare you for an entry-level office administration position, ranging from education and health to legal and business services. In addition to in-demand computer skills, you'll gain an understanding of everyday office tasks and a wide array of clerical and duties.

Classes Include:	**Expected Hours**
■ Career Path Essentials	120
■ Accuracy and Speed Building-Keyboarding – Rate 50/5	35
■ MS Word Level 2	25
■ MS Excel Level 2	25
■ MS PowerPoint	56
Job Search Preparation:	
■ Interview Skills	1
■ Business Etiquette	1
■ Resume	2
Total Expected Hours to Receive Certificate	**256**

Put a valuable, industry recognized certification on your resume!

As a Certiport Authorized Testing Center, we offer certification exams that will validate your talents for the most important and frequently requested computer skills. Highlight your job readiness by becoming certified in any of the Microsoft Office Suite Applications, IC3, Intuit QuickBooks, and Adobe Applications.

Call (562) 210-3990 for details and to make a testing appointment.

Recommended Certifications:	**Expected Hours**
■ Microsoft Certified: "Word Associate"	22
■ Microsoft Certified: "Excel Associate"	22
■ Microsoft Certified: "PowerPoint Associate"	23

CAREER TECHNICAL EDUCATION (CTE)

CTEC - OFFICE CAREER PATHWAYS

Enhance Your Employment Opportunities!

Office Assistant Career Pathway

Office Assistants handle organizational and clerical support tasks. Skills include organizing files, scheduling appointments, data entry, proofreading, customer service and more. Skills developed support work in an entry to intermediate level office positions.

Office Assistant leading to entry-level office clerk positions. Students interested in advancement are encouraged to enroll in the Administrative Assistant Career Pathway course of study to complete additional certificates.

Classes Include:	**Expected Hours**
Keyboarding – Rate 35/5	35
Computer Basics/Windows/Social Media	40
MS Word Level 1	20
MS Excel Level 1	20
MS Outlook	15
Business English	60
Filing	35
Job Search Preparation:	
Interview Skills	1
Business Etiquette	1
Resume	2
Total Expected Hours to Receive Certificate	**229**

Recommended Certifications:

Microsoft Certified: "Word Associate"	22
Microsoft Certified: "Excel Associate"	22

ESL FOR OFFICE ASSISTANT

Vocational ESL

ESL for Office Assistant

NEW

START YOUR CAREER AS AN OFFICE ASSISTANT!

This optional course provides extended academic support for students who are enrolled in our Office Assistant Career Pathway at NLMAS. This supplementary course is ideal for English as a Second Language (ESL) students co-enrolled in the Office Assistant Career Pathway.
This class is free!

Spring Semester: January 7, 2026 - June 1, 2026

Monday/Wednesday 12:30 p.m. - 2:30 p.m. Norwalk Campus Rm. 306 Raber

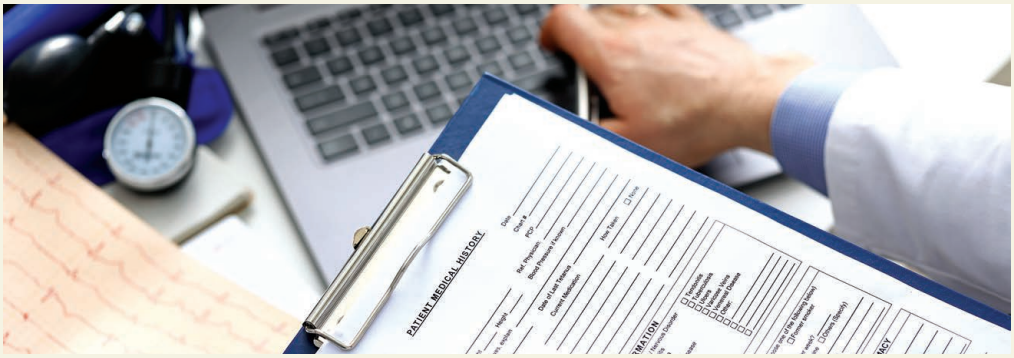
CAREER TECHNICAL EDUCATION (CTE)

CTEC - OFFICE CAREER PATHWAYS

Enhance Your Employment Opportunities!

Medical Records and Health Information Technicians Career Pathway

Medical Records and Health Information Technicians organize and manage health information data. They ensure that the information maintains its quality, accuracy, accessibility, and security in both paper files and electronic systems. They use various classification systems to code and categorize patient information for insurance reimbursement purposes.



Classes Include:	**Expected Hours**
■ Career Path Essentials	120
■ Computer Applications in the Medical Office	20
■ Medisoft	40
■ Medical Terminology	70
Job Search Preparation:	
■ Interview Skills	1
■ Business Etiquette	1
■ Resume	2
Total Expected Hours to Receive Certificate	**254**

Recommended Certifications:

■ Microsoft Certified: "Word Associate"	22
■ Microsoft Certified: "Excel Associate"	22

Earn a High School Diploma or an Equivalency (GED® or HiSET®) Certificate!
See pages 26-28!

CAREER TECHNICAL CERTIFICATIONS (CTC)

CTC - MICROSOFT OFFICE SPECIALIST (MOS) CERTIFICATIONS

Microsoft Office Specialist

NEW

Norwalk-La Mirada Adult School offers preparation for the industry recognized Microsoft Office Specialist (MOS) certification exam(s).
These courses include:

- In-depth instruction and review
- Practice exams and quizzes
- Culminating in taking the Microsoft Office Certification exam

Students can be certified in specific applications or obtain the (MOS) certification by passing a specified group of Microsoft exams.

Norwalk Campus, Room 309

M-F	8:15 a.m. - 12:30 p.m.
M-Th	5:45 p.m. - 8:45 p.m.

La Mirada Campus, Room 53

M-Th	8:15 a.m. - 12:00 p.m.

Spring Semester: January 6, 2026 - June 3, 2026

See page 19 for certification prices.

GET CERTIFIED!

The Value of Certification:

Skills have become the Global Currency of the 21st Century Economics.

Certification Provides Significant Advantages to Professionals and Job Candidates

- In the U.S. and Canada, professionals with certifications have an average **salary of $111,334**, which is 7% more than non-certified professionals.
- IT professionals who gained new skills and/or certifications last year received an average **raise of $12,000 – $13,000.**
- 91% of hiring managers report certification is a criteria for hiring.
- Certification makes job candidates stand out in a crowded job market.
- Certification makes a better case for that big raise or promotion.
- Third-party validation of skills is far more powerful than self-promotion of knowledge.

Key Benefits of Certification Include:

- Validation of knowledge
- Increased earning power
- Enhanced academic performance
- Increased confidence
- Increased marketability
- Improved reputation
- Enhanced credibility
- Respect from peers

Definitely get certified because it's not just showing that you are a creative person, but you are tech-savvy, which in this day and age we need with every designer that we have in our office.

Matt Dickamore, VP of Design, Denton House Design Studio

It's awesome. We give students a real-life certification in their hands that they can go and get a job with after they leave high school.

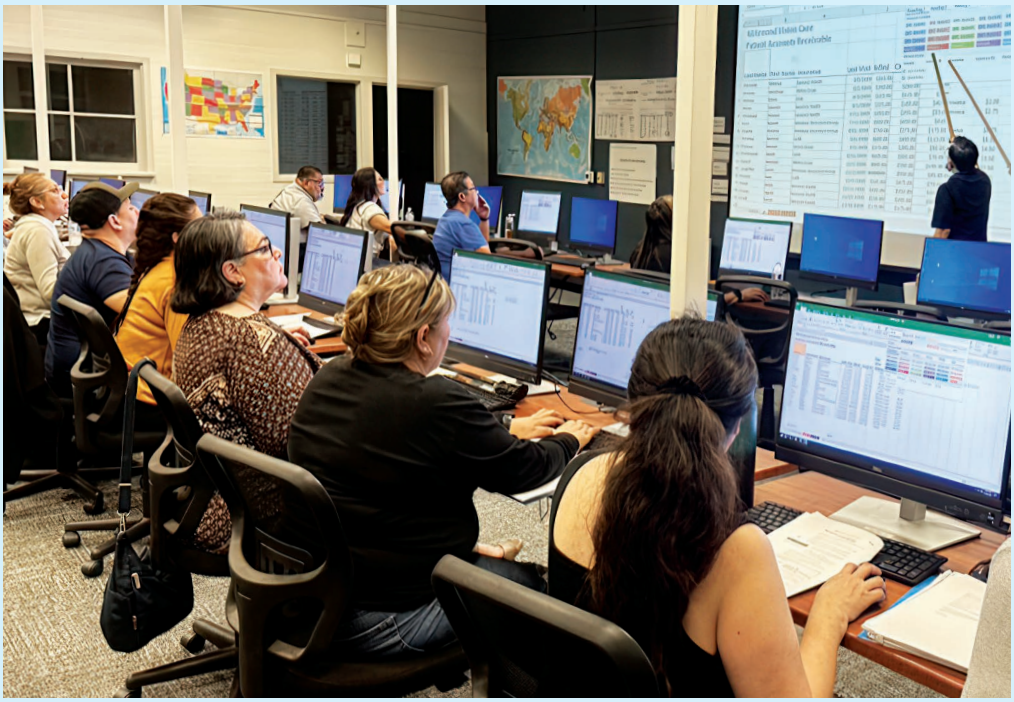
Laura Deshazo, Utah State Office of Education

CAREER TECHNICAL CERTIFICATIONS (CTC)

CTC - MICROSOFT OFFICE SPECIALIST (MOS) CERTIFICATIONS

Certified MOS - Associate	Hours	Price	Suite Price
Word Associate Certification	22	$193	
Excel Associate Certification	22	$193	
PowerPoint Associate Certification	23	$193	
Total MOS-Associate Certification	**67**	**$579**	**N/A**

Certified MOS-Expert (Associate Certification + Below Two Certifications)	Hours	Price	Suite Price
Excel Expert Certification	20	$193	
Word Expert Certification	16	$193	
Subtotal	*36*	*$386*	
Total MOS-Expert Certification	*67+36:* **103**	*$579+ $386* **$965**	**$770**



CAREER TECHNICAL EDUCATION (CTE)

These are semester-long courses offered in two sections. Students may enroll in either section individually or in both at the time of registration.

- Enrolling in the **entire course upfront**: $30 fee total.
- Enrolling in **one section**: $15 fee per section.
- It is not required to take both sections to participate.

COMPUTER BASICS

Information and Communication Technologies

Computer Basics 1

This course is designed for beginners to learn how to use computers. Students are introduced to basic computer tasks, including working with Windows, Word, Calculator, WordPad and Paint and navigating the web. Bonus: Introduction to Keyboarding using Internet sites. **Prerequisite:** None. **Fee $15 per session**

Spring Session I: January 12, 2026 - June 1, 2026

M	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 306	Zakaria

Spring Session I: January 6, 2026 - May 26, 2026

T	12:30 p.m. - 2:30 p.m.	La Mirada Campus	Rm. 52	Zakaria

Information and Communication Technologies

Computer Basics 2

This course will expand your understanding of computer basics through hands-on exercises for Excel, PowerPoint, Word, and Publisher. Explore the web and conduct searches using Google. Learn how to manage all of your files by creating folders and use system tools to keep your PC running efficiently. **Prerequisite:** Session I or basic computer knowledge. **Fee $15 per session**

Spring Session II: March 16, 2026 - June 1, 2026

M	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 306	Zakaria

Spring Session II: March 17, 2026 - May 26, 2026

T	12:30 p.m. - 2:30 p.m.	La Mirada Campus	Rm. 52	Zakaria

Vocational ESL

Computer Basics for English as a Second Language Learners

Improve your basic computer skills for job placement or advancement. This course is for students with little or no prior computer experience. Spanish assistance is available if needed. **No Fee**

- Learn basic computer skills necessary for success in employment and school.
- Practice English using the computer.

Beginning Low/High: Spring Semester (January 6, 2026 - June 1, 2026)

TTh	12:30 p.m. - 1:45 p.m.	Norwalk Campus	Rm. 102	Barajas
M	12:30 p.m. - 1:45 p.m.	La Mirada Campus	Rm. 52	Trifa

CAREER TECHNICAL EDUCATION (CTE)

MICROSOFT EXCEL

LEARN THE #1 OFFICE PRODUCTIVITY SKILL REQUESTED BY EMPLOYERS.

Information and Communication Technologies

Microsoft Excel - Beginning

Learn to use the world's premiere spreadsheet! Become adept at understanding the ribbon interface, basic formulas and functions, formatting worksheets, entering labels and values, selecting data, and creating charts. **Instructor is Microsoft Certified. Fee $15 per session**

Spring Session I: January 6, 2026 - March 10, 2026

T	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 401	Nishikawa

Information and Communication Technologies

Microsoft Excel - Advanced

Explore conditional formatting, apply conditional functions, use relative and absolute references, copy and group worksheets, create named ranges, and create & modify tables.
Prerequisite: Completed beginning class or equivalent experience. **Instructor is Microsoft Certified. Fee $15 per session**

Spring Session II: March 17, 2026 - May 26, 2026

T	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 401	Nishikawa

GOOGLE APPS

Information and Communication Technologies

Google Apps for Beginners

Learn beginning level skills to start using Google Apps for school and work. Students will learn and gain greater confidence in using the basic Google Apps to interact in online classes and in the work environment. **Fee $15 per session**

Spring Session I: January 6, 2026 - March 11, 2026

M	12:30 p.m. - 2:30 p.m.	Norwalk Campus	Rm. 401	Zakaria
W	12:30 p.m. - 2:30 p.m.	La Mirada Campus	Rm. 54	Zakaria

Information and Communication Technologies

Google Apps for Intermediates

This intermediate level class will provide a greater working knowledge of Google Apps for school and work. **Fee $15 per session**

Spring Session II: March 16, 2026 - June 1, 2026

M	12:30 p.m. - 2:30 p.m.	Norwalk Campus	Rm. 401	Zakaria
W	12:30 p.m. - 2:30 p.m.	La Mirada Campus	Rm. 54	Zakaria

CAREER TECHNICAL EDUCATION (CTE)

ADOBE PHOTOSHOP CC - CREATIVE CLOUD

Information and Communication Technologies

Adobe Photoshop CC - Beginning

Adobe Photoshop CC is a photo editing program that allows you to create, design, and manipulate photographic images. This beginning course will teach layers, selections, text effects, paint brush tool, filters, blending techniques, and retouching old photos.

Fee $15 per session

Spring Session I: January 7, 2026 - March 11, 2026

W	5:45 p.m. - 8:45 p.m. Rm. 306	Norwalk Campus Nishikawa

Information and Communication Technologies

Adobe Photoshop CC - Advanced

This class builds upon the skills learned in the beginning class and offers instruction in the advanced features of the Photoshop program. Topics include straightening images, art history brush, advanced layers, clipping masks, image compositing, and special photographic effects.

Fee $15 per session

Spring Session II: March 18, 2026 - May 27, 2026

W	5:45 p.m. - 8:45 p.m. Rm. 306	Norwalk Campus Nishikawa

Careers in this Field:

- Graphic Designer
- Print and Electronic Media
- Advertising Agency
- Professional Photographer

Median Average Hourly Wage:
$34.91 per hour

Source: EDD/LMID Occupational Employment Statistics Survey 2022.

Wages and actual employment are not guaranteed. Wages do not reflect self-employment.

KEYBOARDING CLASS

Information and Communication Technologies

Beginning Keyboarding

Fee $15 per session

Spring Session I: January 6, 2026 - March 10, 2026

T	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 306	Zakaria

Information and Communication Technologies

Advanced Keyboarding

Fee $15 per session

Spring Session II: March 17, 2026 - May 26, 2026

T	5:45 p.m. - 8:45 p.m.	Norwalk Campus	Rm. 306	Zakaria

Typing Test Policies

Our typing test fee is $20. We will be scheduling typing tests by appointment only.
Schedules vary. Please call to inquire and make an appointment.

CAREER TECHNICAL EDUCATION (CTE)

Mindfulness Matters

This mindfulness class is designed for every adult seeking to prioritize daily self-care and overall wellbeing to become more present and engaged in daily life. Gain empowering techniques to cultivate an individualized blueprint to enhance your self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Learn strategies to achieve your goals, calmness, clarity, emotional resilience, stress reduction, gratitude, and compassion through self-reflective activities, guided meditation, and practical exercises. By the end of this course, each participant will have an essential toolkit of daily mindfulness practices to use in their personal and professional lives. **Fee $10**

NEW

Spring Session: January 8, 2026 - May 28, 2026

Th	9:00 a.m. - 12:00 p.m.	Norwalk Campus	Rm. 302	Cota

REAL ESTATE CLASSES

Below 3 courses meet the educational requirements to qualify for the State licensing exam. Please ask for the *Real Estate General Information Page* prior to enrolling.

Marketing, Sales and Service

Real Estate Principles

This is a mandatory course the Department of Real Estate (DRE) requires of all potential licensees. Among subjects discussed in this course are the major topics of California law, agency issues, land use regulations, and ownership and finance. **Fee $45**

Spring Semester: January 12, 2026 - June 1, 2026

M	5:30 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 205	Staff

Marketing, Sales and Service

Real Estate Practice

This is a mandatory course the Department of Real Estate (DRE) requires of all potential licensees. Among subjects discussed in this course are: California law, agency issues, contracts and closings, financing, taxation, and leasing. **Fee $45**

Spring Semester: January 6, 2026 - June 2, 2026

T	5:30 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 205	Staff

Marketing, Sales and Service

Real Estate Finance

This class meets the elective requirement for the Department of Real Estate (DRE) license. Among subjects discussed in this course are the latest in financing options in the State of California, rules, regulations and laws, types of loans, qualifications, and consumer protections. **Fee $45**

Spring Semester: January 7, 2026 - May 27, 2026

W	5:30 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 205	Staff

CAREER TECHNICAL EDUCATION (CTE)

PRESCHOOL/CHILDCARE PROFESSIONS CERTIFICATE PROGRAM

These courses meet the Department of Education and the Department of Social Services Community Care Licensing Division (Title 22) education requirements to be employed in licensed preschools and child care programs as a teacher or teacher assistant.

Upon successful completion with a passing grade of C or higher, the student will receive 3 ECE units and a Certificate of Completion after each course.

There are four core classes in this Childcare Professions Pathway.
Each class is worth 3 ECE units.

- Child Development
- Principles and Practices
- Curriculum for Young Children
- Child, Family, and Community

Students are also encouraged to take additional classes that are offered.
Each class is worth 3 ECE units.

- Infant/Toddler Care and Development
- Language Arts and Creative Arts for Young Children
- Administration I for Child Care Programs
- Practicum - Work Experience with Young Children
- Music and Movement for the Young Child
- SPED: Working with Children with Special Needs

Fee $30 per session

Curriculum for Young Children

This course presents an overview of knowledge and skills related to providing appropriate curriculum and environments for young children from birth to six. Students will examine a teacher's role in supporting development and fostering the joy of learning for all young children, using observation and assessment strategies emphasizing the essential role of play. An overview of content areas will include, but not limited to: language and literacy, social and emotional learning, sensory learning, art and creativity, and math and science. Fostering the developments of each developmental domain will also be aligned through appropriate activity planning. **Fee $30**

Spring Session I: January 6, 2026 - March 11, 2026

TW	9:00 a.m. - 12:00 p.m.	Norwalk Campus	Rm. 302	Cota
TW	6:00 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 302	Cota

Infant Toddler Care and Development

This course covers instruction on typical and atypical growth and development related to the infant and toddler from conception, prenatal development, and birth through age three years. A survey of developmentally appropriate practices and environments instituting proper care and development for the child will be covered. Developmental domains theories on best practices, and the developing brain will be examined. **Fee $30**

Spring Semester: January 8, 2026 - May 28, 2026

Th	6:00 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 302	Cota

CAREER TECHNICAL EDUCATION (CTE)

Practicum: Work Experience in Early Childhood Programs

This course will prepare the student to demonstrate appropriate and quality work-study skills at assigned preschool program work sites. There will be an emphasis on hands on interactions between the student and young children under the direct supervision of a teacher. Student enrolling in this course must have pre-approval from the Instructor. Site placements and weekly schedules are pre-arranged with the Instructor. **Fee $30**

Spring Semester: January 7, 2026 - May 27, 2026

TWTh	12:00 p.m. - 1:00 p.m.	Norwalk Campus	Rm. 302	Cota

Child, Family, and Community

This course examines the developing child in a societal context, focusing on the interrelationship of family, school, and community and emphasizes historical and sociocultural factors. The processes of socialization and identity development will be highlighted, showing the importance of respectful, reciprocal relationships that support and empower families. **Fee $30**

Spring Session II: March 17, 2026 - May 27, 2026

TW	9:00 a.m. - 12:00 p.m.	Norwalk Campus	Rm. 302	Cota
TW	6:00 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 302	Cota

ESL FOR CHILD CARE PROFESSIONS

Vocational ESL

ESL for Child Care Professions

This optional course provides extended academic support for students who are enrolled in *Child, Family, and Community, Curriculum for Young Children, Child Development, Principles and Practices*. The primary focus of each session will be to preview and review important terminology and concepts directly related to the child development curriculum. Because of the emphasis on vocabulary, this supplementary course is ideal for English as a Second Language (ESL) students co-enrolled in the child development program. **This class is free!**

Spring Semester: January 6, 2026 - May 27, 2026

TW	5:00 p.m. - 6:00 p.m.	Norwalk Campus	Rm. 302	Cota

HIGH SCHOOL DIPLOMA PROGRAM

EARN A HIGH SCHOOL DIPLOMA OR AN EQUIVALENCY (GED® OR HISET®) CERTIFICATE!

Scan the QR code to watch video for more information!

Enroll today in our adult-centered high school diploma or GED®/HiSET® preparation program. Our teacher-directed and self-paced courses will prepare you to succeed in college or the workplace.

All students first meet with an academic counselor to develop a program plan. Academic counselors are available on a non-appointment basis, Monday through Friday.
Call (562) 210-4000 for counseling hours.

Counseling Office Services:

- High School Diploma and GED® or HiSET® preparation course enrollment
- TABE (Test of Adult Basic Education) placement testing
- Transcript evaluation
- Academic advisement and much more!

High School Graduation Requirements:

Language Arts	40 credits
Mathematics (10 credits Algebra)	20 credits
Science	20 credits
Social Science:	
United States History and Geography	10 credits
American Government, Civics, and Economics	10 credits
World History, Culture, and Geography	10 credits
Fine Arts / Foreign Language / Practical Arts	20 credits
Total Basic Requirements	**130 Credits**
Total Elective	**50 Credits**
TOTAL CREDITS	**180 CREDITS**

Candidates for the high school diploma must complete at least ten credits in residency as an adult diploma student at the Norwalk-La Mirada Adult School.

WE ARE WASC ACCREDITED!

Fully Accredited by WASC ACCREDITING COMMISSION FOR SCHOOLS

We are a HiSET® Authorized Test Center!

Register and pay in person for one or all of the 5 HiSET® subtests at the Norwalk Campus. Please visit our Counseling Center or call (562) 210-4000 for more information.

HiSET® self-paced exam preparation is also available in the Individualized Learning Center. Call (562) 210-4000 for details and counseling hours.

HIGH SCHOOL DIPLOMA PROGRAM

Individualized Learning Center

Our ILC offers self-paced online High School Diploma courses and GED® or HiSET® test preparation. Enroll at any time and progress at your own rate under the direction of an experienced teacher. Some high school coursework can be completed online from your home. GED® and HiSET® preparation materials are directly aligned with the official tests. All students must meet with an academic counselor in order to enroll. **Open enrollment. No fee for adults.**

Spring Semester: January 6, 2026 - June 3, 2026

M-Th	8:15 a.m. - 12:30 p.m.	Norwalk Campus	Rm. 402	Staff
M-Th	5:15 p.m. - 9:00 p.m.	Norwalk Campus	Rm. 402	Staff

GED & HiSET Preparation Structured Classes

NEW

This class provides a variety of test taking strategies with practice in Reading Comprehension, Social Studies, Science, and Mathematics to help prepare students for every official GED & HiSET Test (all subjects). This class also provides guidance and support for students to register for official testing. Direct instruction is offered in both English and Spanish! **No fee.**

GED & HiSET Preparation (in English and Spanish)

M-Th	8:15 a.m. - 12:00 p.m.	Rm. 401	Contreras
M/W	5:15 p.m. - 9:00 p.m.	Rm. 401	Contreras

HiSET® Exams

- Computer-Based
- HiSET® registration, scheduling, and payment is completed in person at the Counseling Office at the Norwalk Campus.
- 5 Subtests:
  - Reading
  - Mathematics
  - Social Studies
  - Writing
  - Science
- Approx $40 each test, with 2 free retakes per test.
- Test fee is non-refundable and testing must be completed within 12 months of registration.

Visit www.hiset.ets.org for additional information and eligibility. For more information about registration, payment, and testing dates, call (562) 210-3990.

GED® Exam

- Computer-Based
- GED® registration, scheduling, and payment is completed online by the student at www.GED.com.
- 4 Tests:
  - Language Arts
  - Mathematics
  - Science
  - Social Studies
- Complete Set Test Fee: $164
- Single Subject Test Fee: $41

Visit www.GED.com for additional information on eligibility and testing dates.

We are a Pearson VUE Authorized GED® Test Center.

To schedule one of the 4 subjects of the GED® test, visit www.ged.com. Create a free account and schedule a subject test in the Norwalk-La Mirada Adult School's new test center equipped with the latest technology. If you need assistance, please visit our counseling center or call (562) 210-4000.

PEARSON
VUE-Authorized Test Center

Need to prepare for the GED® test? Enroll in our GED® Prep Program and study in our self-paced Individualized Learning Center using resources and practice tests designed to help you successfully pass all subjects of the GED® test. Stop by to meet with one of our academic counselors for details.

GED

HIGH SCHOOL DIPLOMA PROGRAM

TEACHER-DIRECTED HIGH SCHOOL SUBJECT CLASSES

Our teacher-directed classes give you practice in skills needed to confidently meet the challenges of college or career. Study in a comfortable, adult-centered learning environment with caring and experienced teachers who are interested in your success. **Teacher-directed classes meet both mornings 8:15 a.m. - 12:00 p.m. and evenings 5:15 p.m. - 9:00 p.m.** All students must meet with an academic counselor in order to enroll. Call (562) 210-4000 for academic counseling information and hours. **No Fee**

Spring Session I: January 6, 2026 - March 13, 2026
Spring Session II: March 16, 2026 - May 29, 2026

ADULT BASIC EDUCATION

Basic Reading and Writing

Improve your basic reading and writing skills for personal enrichment or to prepare for employment. No high school diploma or equivalency required. Individualized support provided. (Not for high school credit.) **No Fee**

Spring Semester: January 6, 2026 - June 3, 2026

M-Th	8:15 a.m. - 5:15 p.m.	Norwalk Campus	Rm. 116	Fraser/Platt

Life Skills and Functional Academics

This class is for the student who needs to learn skills that promote independence through training for proper health, hygiene, socialization and use of technology. Students will work on individual academic and social goals and gain greater independence in their lives. **No Fee**

Spring Semester: January 6, 2026 - June 3, 2026

T-F	9:00 a.m. - 12:00 p.m.	La Mirada Campus	Rm. 73	Zakaria

WELCOME -
GENERAL INFORMATION

Accreditation: The Norwalk-La Mirada Adult School has earned six-year Accreditation Status (the highest level of accreditation) from the Western Association of Schools and Colleges through June 30, 2031.

Admission: Any adult 18 or over who is not enrolled in a high school may attend the Norwalk-La Mirada Adult School. Any high school junior or senior may be admitted with approval from the High School Principal and the Director of Adult Education.

Enrollment Procedure: Students may enroll both online or in person. For most classes, students can enroll online on nlmas.org or in person at either the Norwalk or La Mirada Campus office. For enrollment into high school diploma classes, students need to first meet with an academic counselor to develop a program plan.

Attendance: Regular attendance must be maintained or student will be dropped. Students missing the 1st day of class will be dropped if there is a waiting list.

Payment Plan Policy: Payment plans are available for classes with fees above $500. Once a contract is agreed upon with established due dates, payments must be made on or prior to those dates. Failure to do so will result in dismissal from the class with no credits or time toward certification.

Refund Policy: All students may drop a class before the second class meeting and receive a refund of class fees less than the service charge. Credit or debit card payment refunds are subject to the card processing fee or a service fee up to $25, whichever is greater. No Career Training refunds will be issued after the third week of class. If the Adult School cancels a class, all fees will be refunded.

Parking: Parking is free! Student parking is available in identified lots around the Norwalk and La Mirada Campuses. Cars must be parked in designated parking spaces only. Failure to comply with parking rules may result in tickets, towing, or dismissal. The school and district does not assume liability for loss of or damage to property.

Standards of Conduct: In order to provide a safe and secure environment, students are expected to follow the Norwalk-La Mirada Adult School standards of conduct. Serious misbehaviors that will cause immediate dismissal from the Adult School include:

1) Possession or being under the influence of drugs and/or alcohol;
2) Fighting on campus;
3) Theft of personal or school property;
4) Malicious mischief or graffiti;
5) Threats or verbal abuse against other students, teachers, or Adult School staff;
6) Reckless driving in school parking lot;
7) Any form of overt defiance toward teachers or school personnel; and
8) Possession of weapons.

Uniform Complaint Procedure (Education Code 4622): NLMAS is committed to principles of equal opportunity and nondiscrimination. Students are advised that they may file a formal complaint to alleged violation of federal or state laws or regulations of educational programs. A copy of the uniform complaint policy (Policy 1340) is available at each site where adult education courses are offered.

Non-Discrimination Statement: The Board of Education of the NLMUSD is committed to equal opportunity for all individuals in education. District programs, activities, and practices shall be free from discrimination based on race, color, ancestry, national origin, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics.

Sexual Harassment (Board Policy 5510): The Governing Board prohibits unlawful sexual harassment of or by any student by anyone in or from the District. Any student who feels that he/she is being harassed should immediately contact the principal or designee or the District Sexual Harassment Officer. Complaints of harassment can be filed in accordance with Board Policy No. 1340 - Adult/Student Complaint Procedures.

Tobacco: NLMAS is a tobacco-free environment. Please refrain from using tobacco products on NLMAS property. (Board Policies 4023 and 5490).

State Funding: The district reserves the right to cancel any or all classes at any time during the semester due to low enrollment, low attendance, loss of funding, or loss of facilities.

Publicity and Photo Release: Norwalk-La Mirada Adult School reserves the right to photograph classes and program participants for promotional purposes. Enrollment in a class indicates your agreement to this policy. If you feel otherwise, please submit a letter to the Adult School Administration.

No Fees Policy (WIOA Programs): No fees of any kind are collected from students for participation in the Workforce Innovation and Opportunity Act (WIOA) Title II (Public Law 113-128) AEFLA programs. At Norwalk-La Mirada Adult School, no fees are collected for High School Diploma/GED, ABE, ESL, and U.S. Citizenship Preparation. (The United States Immigration Service (USCIS) requires the payment of a processing fee for its Citizenship application (USCIS Form N-400).

ADULT SCHOOL
MAIN OFFICES

1 Norwalk Campus

15711 Pioneer Blvd., Norwalk, CA 90650
(562) 210-3990

Office Hours
Monday - Thursday: 7:30 a.m. - 9:00 p.m.
Friday: 7:30 a.m. - 4:00 p.m.

2 La Mirada Campus

15920 Barbata Road, La Mirada, CA 90638
(562) 210-3170

Office Hours
Monday - Friday: 7:00 a.m. - 3:30 p.m.

3 District Office

12820 Pioneer Boulevard, Norwalk, CA 90650

WELCOME -
NORWALK-LA MIRADA USD

NORWALK- LA MIRADA UNIFIED SCHOOL DISTRICT
Every Student. Future Ready. Our Promise!

Mission Statement

In collaboration with our families and community partners, we educate and inspire all students to achieve their unique potential.

Vision Statement

Every student is empowered with the knowledge, skills and attitudes to become compassionate, confident leaders, and lifelong learners who impact our ever-changing world.

Core Value Statements

1. Embracing high expectations to foster achievement
2. Encouraging the intellectual curiosity, creativity, success, and individuality of each student
3. Promoting the mental and physical health of students and staff in a safe and inclusive environment
4. Supporting world-class learning environments with strategic, data-guided instructional and assessment practices
5. Communicating and acting with integrity and transparency
6. Managing our fiscal resources responsibly
7. Promoting staff, student, parent, family, and community engagement
8. Treating everyone with kindness, dignity, respect, and equity
9. Providing each student and staff member with resources and support in a safe and inclusive environment

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NORWALK-LA MIRADA UNIFIED SCHOOL DISTRICT

NORWALK-LA MIRADA ADULT SCHOOL

NLMAS 1937

EDUCATION OPENS DOORS

Norwalk Adult School *(Corner of Alondra & Pioneer)*
15711 Pioneer Blvd., Norwalk, CA 90650
(562) 210-3990

La Mirada Adult School *(On Alondra at Barbata Road)*
15920 Barbata Road, La Mirada, CA 90638
(562) 210-3170

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