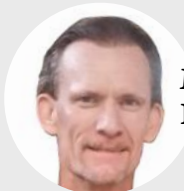


## CREATIVE CARPET &amp; FLOORING'S

## Creative Thinking



**Mark  
Bouquet**



**Mark  
Bouquet Jr.**

We promise that you'll love your new floors, or we'll replace them for **FREE!**\*

Call today for a complimentary Custom Interior Analysis!

**(888) 910-6585**

\*Residential only. Within first 30 days after installation. Does not include cost of installation or other labor. Style must be of equal or lesser value.

### INSIDE THIS ISSUE...

- "Mark" My Words... a message from Dawn Giganti
- Month at a Glance
- 6 Reasons to Take the Stairs
- Are You This Month's Mystery Winner?
- Did You Know...
- Meet Our New & Returning Friends & Clients
- Warning!
- 15 Surprising Facts About Winter Weather
- Mega Trivia Contest
- Meet our Carpet Cleaning Customers
- Thank You for the Kind Words
- Will Your Tongue Really Stick to a Frozen Flagpole?
- Referral THANK YOU'S
- Referral Rewards Program
- Community Events

### "Mark" My Words... a message from Dawn Giganti

Well, we've officially made it past the holidays. Hitting the grindstone after New Year always feels like, "...and now, back to our regularly scheduled program." Since I'm not really into New Year's resolutions, I use January as a "catch-up and re-group" month. Do you have a month like that? I think we all need one!

As I'm getting older, the more I realize that balance doesn't always mean dividing my time equally between responsibilities and such. Instead, it's learning how to focus ALL of my attention on the top priority at any given time. It's just the way life works. While our sun shines in one area, there's a shadow somewhere else.

A couple of years ago, I was all over the place - I was the high school band booster secretary, teaching private flute lessons at the school district, working at a private music and dance studio with three locations, being a mom to four children, being a wife to a truck driver that was always over the road, etc. How did I do it all? Simple... I DIDN'T.

Whenever you see me succeeding in one area of my life, that usually means I am failing in another. If I am rocking it on organizing chaperones for a band competition, I am probably missing helping out with a science project at home. If I am home cleaning band uniforms, I'm probably blowing off a music or dance recital... if I am succeeding at one, without a doubt, I'm failing at the other. That's the tradeoff.... you never feel 100% percent okay because something is always lost. There is always something missing.

In all honesty, I felt guilty for not being able to juggle it all at the same time. No matter how awesome I was doing in one area, something else was falling behind. Some other spinning plate that was crashing to the ground. Talk about frustrating!

I'm sure I'm not the only one that has felt like we're supposed to be able to do it all and have it together all the time. And if we can't manage all the things we want to and should be doing, we're failing. But guess what? We're not! No one can do it all. If someone says they can, they are full of it. There is always a shadow somewhere. There is still a spinning plate crashing to the ground.

If we are busy at work to put food on the table, then there's an endless pile of laundry sitting in the corner. If we are busy shuttling our kids and their friends back and forth from school activities, then a homemade dinner at home isn't going to happen. If we're focused on working every chance we get to make as much money as possible, then spending time with family and friends isn't going to happen. Even worse, if we are not careful... we won't have time to set aside for God!

At the end of the day, balance is just knowing which plates to spin and which ones to leave for when you can get to them later on. So, stop feeling guilty about the things you're not doing. Instead, make sure your sun is shining on the things that are most important to you right now and your shadow is where you want it to be.

Have a great month and God bless!

*Dawn Giganti*

Dawn Giganti, Marketing & Administrative Assistant  
Creative Carpet & Flooring

### January 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 CLOSED	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	Notes:				

### Month at a Glance:

**1st New Year's Day** - Good-bye to 2019... hello 2020!

**14th National Spaghetti Day** - Don't forget the meatballs and parmesan cheese! Did you know that Americans consume about 20 pounds of pasta per person per year?

**20th Martin Luther King Jr. Day** - To honor Dr King's inspiring legacy, find a way to serve your community today.

**23rd Measure Your Feet Day** - Now why would you want to do that?

**27th Tim Churchill's Birthday** - Happy birthday to the white elephant gift master of Christmas 2019... KUDOS!!!

**27th Bubble Wrap Appreciation Day** - Please bring your bubble wrap donations to our Mokena showroom for Chris Boerema, Director of Operations and Bubble Wrap.

**28th Fun at Work Day** - Any residual bubble wrap will be used to celebrate FUN AT WORK DAY... but due to Chris' addiction, we are not anticipating this to actually happen.

## 6 Reasons to Take the Stairs

"In order for man to succeed in life, God provided two means, education and physical activity. Lack of activity destroys the good condition of every human being, while movement and methodical physical exercise can save it and preserve it."—Plato, 400 B.C.



Need a good reason to take the stairs? Here are six of them:

### 1. Stair Climbing Burns More Calories Than Jogging

—Yes, it's true: studies have shown that stair climbing, which is considered vigorous-intensity physical activity, burns more calories per minute than jogging. Stair climbing expends 8 to 9 times more energy than sitting and about 7 times more energy than taking the elevator. As a bonus, you burn calories not only on the way up but also while going down the stairs! It is estimated that the average individual will burn at least 0.1 calories for every step she climbs (so, at least 1 calorie for every 10 steps ascended) and 0.05 calories for every step descended (so, 1 calorie for every 20 steps on the way down). Perhaps even more encouraging to those who are already struggling with overweight or obesity: the more you weigh, the more calories you burn when stair climbing.

### 2. Stair Climbing Reduces the Risk of Stroke

—According to results from the Harvard Alumni Health Study, which enrolled over 11,000 men, physical activity such as climbing stairs can reduce the risk of stroke. For instance, in men who reported climbing the equivalent of 3 to 5 flights per day, there was a 29 percent reduction in their risk of stroke over the long term—and that was in addition to any benefits they may have had from other forms of regular exercise.

### 3. Stair Climbing Improves Cardiovascular Fitness

—By virtue of being a form of vigorous exercise, stair climbing improves cardiovascular fitness—and, thus, cardiovascular health over the long term. Decades of research has shown that regular exercise improves cardiovascular fitness and can help prevent cardiovascular disease. Even adding just 15 minutes a day of aerobic physical activity to a previously sedentary lifestyle can increase healthy longevity by as much as three years!

### 4. Stair Climbing Strengthens Muscles

—Think about what it takes to climb the stairs. All the muscles in your legs, plus activating your abs, plus moving and perhaps pumping your arms—not to mention activating the muscles in your back. All of that translates into a stronger and healthier musculoskeletal system. And, since using skeletal muscle helps increase metabolism, that can translate into even more calories burned (and more weight lost) over the long run as lean muscle mass increases and muscle tone improves. Research has shown that using skeletal muscle also has a tremendous effect on improving blood sugar, which has implications for preventing and managing diabetes. Additionally, improving overall musculoskeletal health can help with arthritis pain, which tends to plague those who struggle with obesity as well.

### 5. Stair Climbing Is an Easy Way to Combat a Sedentary Lifestyle

—A great deal of research points to the all-too-common sedentary lifestyle of today's technologically advanced world as a major contributing factor to the global obesity epidemic. Taking the stairs whenever possible is a quick and easy way to break out of that sedentary lifestyle and add more physical activity and movement to your everyday life. The stairs are often right there in front of you, and so it can be a lot easier just to take the stairs than to get to the gym or get to the sports field.

### 6. You Don't Have to Listen to Elevator Music

Yasmine Ali, M. (2019, June 24). *6 Reasons to Take the Stairs*. Retrieved from Verywell Health: <https://www.verywellhealth.com/reasons-to-take-the-stairs-2509609>

## MEET OUR NEW & RETURNING FRIENDS & CLIENTS...

Al & Arlene	Craig Nass	Karen & Ed Haugh	Nick Jarman
Broniewicz	David Rozich	Karen Mariscal	Pat & Kathy Moore
Al & Sherry Vidal	Debbie Grizzle	Karen Sikora	Pat Larsen
Alan & Jeany Dean	Don & Denise Farr	Karyn Hermes	Patricia Wright
Amy & Paul Osmulski	Donna Keightley	Kathy Kostidis	Patrick Glynn
Andrew & Carol	Ed & Nancy Hayes	Kelly Calzaretta	Paul Gnap
Thorsen	Ed & Shirley	Kevin Callanan	Paula Sargent
Ann & Dale Mitchell	Berling	Kevin Holgate	Pearl King
Ann Fenlon	Emily Blauvelt	Kim Burd	PJ Bickett
Anne Brunner	Emmett Gordon	Kim Meister	Randy & Nancy Minas
Anthony & Alison	Faye Predny	Kim Syrios	Renee Kouris
Balthazor	Frank & Monique	Kristine Gholson	Reuben Sandoval
Anthony Andello	Saelens	Larry Lagesse	Robin & Ron Rezek
Barbara Barnes	Greg Obooy	Lauren Biskup	Rosemary & John
Belinda Korhaus	Hal & Kitty Gurgone	Laverne Doorn	Sanchez
Bill Dyke	Helen Lekavich	Leslie Mordus	Ryan Kerzman
Billie Clausing	Holly Krygowski	Linda Abramowicz	Sandra & Rob
Brennan & Nicole	James Kaczka	Lorene Evenhouse	Kokenes
Nemec	Jason & Paula	Lorna Lydick	Sandy Marciniac
Brian & Joyce	Kantor	Lorraine Walker	Scott Lorenz
Mulheran	Jennifer & Kyle	Marc Radovich	Sharon Santor
Bryan & Vickki	Vargas	Maren & Mark	Shelia & Philip
Tsikouris	Jenny Bence	Cunnington	Jones
Carmel Finnegan	Jerry & Patricia	Marie Downs	Sherry Orel
Carol Anderson	Klaich	Marilou Gerlich	Tammy & Mark
Carolyn Vaccaro	Jim & Audrey Hagan	Marilyn Conerty	Bouquet
Catherine Becka	Jim & Greta Paglis	Mark & Michelle	Teri Habel
Charles & Kelly	Jim & Sis Abraham	Gogerty	Theonita Wright
Lara	Jim Oosterbaan	Mark Gonzalez	Theresa & John
Cheryl Zeck	Jim Rzepka	MaryJo Sexauer	Orowick
Christy & Greg	Joe Williamson	Matt Galocy	Tim & Kim Studniarz
Mullin	John & Monte Novak	Matt Nantais	Tina Kaepflinger
Chuck & Caroline	John Landenberger	Maureen Zawisza	Tom & Dawn
Minski	John Weidenaar	Michelle Uher	Woolworth
Chuck & Sue Carroll	Julie & Andrew	Mike & Denese	Wally Smith
Cindy Hickey	Farrell	Paszko	Wayne & Pat Summers
Cindy Zaeske	Julie Janicek	Mimi & James Royer	Wendy Boneau
Courtney Doyle	Julie Norton	Nancy Tkach	Zivka McDonald
Courtney Rangle	Karen Adams	Naomi Brimer	

**WAYNE**

**POULTON**

of Chicago Heights, IL

You are this month's

**MYSTERY WINNER!**

We have a \$50 Creative  
Carpet & Flooring gift card  
reserved just for you!

Stop in your nearest showroom to claim  
your prize!

NOTE: Must be picked up before 1/31/2020

## Did You Know?

Living in the Midwest... where it dips below freezing in the winter, you understand how quickly snow and salt get tracked into your home or office. Follow these simple floor care tips to protect your floors from snow and salt this winter.

- The best floor cleaning advice is this: Prevention is easier than restoration. Prevent damage to your floors by keeping snow and salt off of them as much as possible.

- Use floor mats. Put a bristly floor mat outside the front door and encourage your family members and guests, or staff and customers to wipe their feet before coming inside. This will remove the largest particles of salt and clumps of un-melted snow. Place additional mats inside for guests to dry their feet.

- Keep old towels or cleaning rags near the door. Wipe up puddles immediately. Standing water can damage your floors.

- If your office floors become slippery quickly, consider laying down plastic runners. Not only will these keep your floors clear of snow and salt, but they may prevent slip and fall injuries.

- Increase the frequency of your regular home or office floor cleaning. If you normally clean your floors with a damp mop once a week, you may need to clean them two or three times per week depending on foot traffic.

Creative Carpet & Flooring is one of the most trusted carpet cleaning service providers in Illinois & Indiana! We will gladly do the carpet cleaning for you. Contact us whenever you need... we're always here for you!

**Schedule a Carpet Cleaning online at:**  
[www.CreativeCarpetInc.com/carpet-cleaning/](http://www.CreativeCarpetInc.com/carpet-cleaning/)  
or call us at (888) 910-6585 ext 100

**WARNING!** Don't visit any  
flooring dealer until  
you call us for a **FREE**  
Consumer Awareness  
Guide! You will learn...

- ✓ 4 predatory sales tactics
- ✓ 7 costly misconceptions about flooring
- ✓ 5 questions to ask a dealer before buying

Visit our website to obtain your copy!



## 15 Surprising Facts About Winter Weather

Whether you enjoy bundling up in your coziest gear or are already counting down the days until spring, here are 15 facts about what's happening outdoors this time of year.



- 1. IT SOMETIMES SNOWS WHERE YOU LEAST EXPECT IT.** You wouldn't be shocked to see snow on the ground of Siberia or Minnesota when traveling to those places during the winter months. But northern areas don't have a monopoly on snowfall—the white stuff has been known to touch down everywhere from the Sahara Desert to Hawaii. Even the driest place on Earth isn't immune. In 2011, the Atacama Desert in Chile received nearly 32 inches of snow thanks to a rare cold front from Antarctica.
- 2. SNOWFLAKES COME IN ALL SIZES.** The average snowflake ranges from a size slightly smaller than a penny to the width of a human hair. But according to some unverified sources, they can grow much larger. Witnesses of a snowstorm in Fort Keogh, Montana, in 1887 claimed to see milk-pan sized crystals fall from the sky. If true that would make them the largest snowflakes ever spotted, at around 15 inches wide.
- 3. A LITTLE WATER CAN ADD UP TO A LOT OF SNOW.** The air doesn't need to be super moist to produce impressive amounts of snow. Unlike plain rainfall, a bank of fluffy snow contains lots of air that adds to its bulk. That's why what would have been an inch of rain in the summer equals about 10 inches of snow in the colder months.
- 4. YOU CAN HEAR THUNDER SNOW WHEN THE CONDITIONS ARE RIGHT.** If you've ever heard the unmistakable rumble of thunder in the middle of a snowstorm, that's not your ears playing tricks on you. It's likely thunder snow, a rare winter weather phenomenon that's most common near lakes. When relatively warm columns of air rise from the ground and form turbulent storm clouds in the sky in the winter, there's potential for thunder snow. A few more factors are still necessary for it to occur, namely air that's warmer than the cloud cover above it and wind that pushes the warm air upwards. Even then, it's entirely possible to miss thunder snow when it happens right over your head: Lightning is harder to see in the winter, and the snow sometimes dampens the thunderous sound.
- 5. SNOW FALLS AT 1 TO 6 FEET PER SECOND.** At least in the case of snowflakes with broad structures, which act as parachutes. Snow that falls in the form of pellet-like graupel travels to Earth at a much faster rate.
- 6. IT DOESN'T TAKE LONG FOR THE TEMPERATURE TO DROP.** Don't take mild conditions in the middle of January as an excuse to leave home without a jacket. Rapid City, South Dakota's weather records from January 10, 1911, show just how fast temperatures can plummet. The day started out at a pleasant 55°F; then, over the course of 15 minutes, a wicked cold front brought the temperature down to 8 degrees. That day still holds the record for quickest cold snap in history.
- 7. THE EARTH IS CLOSEST TO THE SUN DURING THE WINTER.** Every January (the start of the winter season in the northern hemisphere), the Earth reaches the point in its orbit that's nearest to the Sun. Despite some common misconceptions, the seasonal drop in temperature has nothing to do with the distance of our planet to the Sun. It instead has everything to do with which direction the Earth's axis is tilting, which is why the two hemispheres experience winter at different times of the year.
- 8. MORE THAN 22 MILLION TONS OF SALT ARE USED ON U.S. ROADS EACH WINTER.** That comes out to about 137 pounds of salt per person.
- 9. THE SNOWIEST CITY ON EARTH IS IN JAPAN.** Aomori City in northern Japan receives more snowfall than any major city on the planet. Each year citizens are pummeled with 312 inches, or about 26 feet, of snow on average.
- 10. SOMETIMES SNOWBALLS FORM THEMSELVES.** Something strange happened earlier this year in northwest Siberia: Mysterious, giant snowballs began washing up on a beach along the Gulf of Ob. It turns out the ice orbs were formed naturally by the rolling motions of wind and water. With some spheres reaching nearly 3 feet in width, you wouldn't want to use this frozen ammunition in a snowball fight.
- 11. WIND CHILL IS CALCULATED USING A PRECISE FORMULA.** When the weatherman reports a "real feel" temperature of -10 degrees outside, it may sound like he's coming up with that number on the spot. But wind chill is actually calculated using a complicated equation devised by meteorologists. For math nerds who'd like to test it at home, the formula reads:  $\text{Wind Chill} = 35.74 + 0.6215T - 35.75(V^{0.16}) + 0.4275T(V^{0.16})$ .
- 12. CITIES ARE FORCED TO DISPOSE OF SNOW IN CREATIVE WAYS.** When snow piles up too high for cities to manage, it's usually hauled away to parking lots or other wide-open spaces where it can sit until the weather warms up. During particularly snowy seasons, cities are sometimes forced to dump snow in the ocean, only to be met with criticism from environmental activists. Some cities employ snow melters that use hot water to melt 30 to 50 tons of snow an hour. This method is quick but costly—a single machine can cost \$200,000 and burn 60 gallons of fuel in an hour of use.
- 13. WET SNOW IS BEST FOR SNOWMAN-BUILDING, ACCORDING TO SCIENCE.** Physics confirms what you've likely known since childhood: Snow on the wet or moist side is best for building your own backyard Frosty. One scientist pegs the perfect snow-to-water ratio at 5:1.
- 14. SNOWFLAKES AREN'T ALWAYS UNIQUE.** Snow crystals usually form unique patterns, but there's at least one instance of identical snowflakes in the record books. In 1988, two snowflakes collected from a Wisconsin storm were confirmed to be twins at an atmospheric research center in Colorado.
- 15. THERE'S A DIFFERENCE BETWEEN FREEZING RAIN AND SLEET.** Freezing rain and sleet can both have scary effects on driving conditions, but their formations differ in some keyways. Both types of precipitation occur when rain formed in warm air in the sky passes through a layer of cold air near the ground. Thicker layers of cold air create sleet, a slushy form of water that's semi-frozen by the time it reaches the Earth. Thinner layers don't give rain enough time to freeze until it hits the surface of the ground—it then forms a thin coat of ice wherever it lands.

## MEGA Trivia Contest

Who wants to WIN a  
\$50 Gift Card towards dinner at  
TGI Friday's, Olive Garden or  
Beggars Pizza?

**Take our Trivia Challenge!**

This month's Mega Trivia question:

**What was the original  
purpose of bubble wrap?**

**(A) Football helmet liner**

**(B) Toy**

**(C) Surgical bandage**

**(D) Wallpaper**

To enter, visit our website at [www.creativecarpetinc.com](http://www.creativecarpetinc.com), click on "MEGA Trivia" under *Specials* and take your best guess. Your chances of winning are better than you think! Winner will be announced in the following month's newsletter. Entry deadline, January 20<sup>th</sup>, 2020. Good luck!!!

**Answer to December's quiz:  
B) 1953**

Congratulations to last month's  
winner:

**Ray  
Loffredi**  
of Mokena, IL

*Stop by Creative Carpet & Flooring to claim  
your prize by January 31, 2020!*

### **MEET OUR CARPET CLEANING CUSTOMERS...**

Aaron Huynh	Joe & Nancy	Patrick Glynn
Andy & Robin	Biggio	Paul
Stephens	June Wolfrum	Kjelstrom
Barbara	Kim Meister	Richard Mcrae
Barnes	Linda &	Rosemary &
Christy &	William Duran	John Sanchez
Greg Mullin	Lorene	Rosemary
Dave & Carrie	Evenhouse	Regnier
Stapleton	Luann &	Shelia &
Derryl Epps	Vernon Seiler	Philip Jones
Diane &	Maureen	Thomas &
William	McCormick	Charlotte
Tamborski	Mike & Bonnie	Lane
Dorothy Pate	OGrady	Tom & Dawn
Doug Hutson	Mike & Vikki	Woolworth
Faye Predny	Medlik	Tom & Gail
Fred Lauzon	Mike Faber	Durocher
Greg Meyer	Nancy	Valerie & Bob
Holly	DeCourcy	Timm
Krygowski	Patricia	Virginia
Jen Heemstra	Wright	Miller

**Call for more info on our  
expert carpet cleaning  
services! 888.910.6585**



**THANK YOU FOR THE KIND WORDS!**

"We are so happy with our floors! We have already had heavy duty running by our kids on them and spills, and it is amazing with the water how there is no damage. For this particular flooring I have to say how easy they are to clean, and it is incredible how real to wood flooring they look. We are so happy with the decision we made and thankful for all your help and guidance in this process. The workers that did the install were very friendly and their attention to detail is amazing, especially with the trim work. And install was completed way before estimated end day would be. We will certainly be submitting high ratings on internet and please free to use this email or us as reference to new clients deciding on whether to hire Creative Carpet. Thank you so much for everything!"

~ Paul and Natalie Reed of Mokena, IL

**A gigantic THANK YOU to all who referred us last month...**

Cathy Wrigley	Jeff Bence
Cheryl Goodman	Joey & Michelle Piatek
Dino & Konstantinos	John & Brenda Landers
Manousopoulos	Kim & Bob Padjen
Eric Messmer	Lois Reil
Frances & Mark	Marc McKinley
Gonzales	Michelle Thompson
Greg & Karen Rigoni	Sharon Schuit

**Get A Night Out At One Of Your Favorite Restaurants Through Creative Carpet's**

**Referral Rewards Program**

As you probably know, advertising is very expensive. Instead of paying the newspaper or other place to advertise, we'd rather reward you. So I've assembled my **Referral Rewards Program**. Every time you refer someone who becomes a client and purchases, we will send you a **\$25 gift card** to one of the following: **Olive Garden, TGI Friday's or Beggars Pizza.**

*Creative*  
Carpet & Flooring

[www.creativecarpetinc.com](http://www.creativecarpetinc.com)  
**(888) 910-6585**



**19845 S La Grange Road  
Mokena IL 60448  
(708) 479-8600**

10am - 6pm Mon, Wed, Fri  
10am - 8pm Tue, Thu  
10am - 4pm Sat



**2315 45th Street  
Highland IN 46322  
(219) 595-5561**

9am - 6pm Mon, Tue, Thu, Fri  
10am - 6pm Wed  
10am - 4pm Sat

The material contained in this newsletter is for informational purposes only and is based upon sources believed to be reliable and authoritative; however, it has not been independently verified by us. This newsletter should not be construed as offering professional advice.

## Will Your Tongue Really Stick to a Frozen Flagpole?



The next time someone triple-dog dares you to stick your tongue to a frozen metal pole — don't. Your tongue will be joined to the pole, and you'll have plenty of time to ponder the thermal conductivity of metal while you await the rescue squad.

Your tongue is covered with moisture, which beings to freeze if its temperature drops below 32 degrees Fahrenheit. Your body counteracts the freezing by pumping warm blood to your tongue.

Heat from your blood warms the moisture through a process called conduction. Heat energy from the blood excites atoms in your tongue. The atoms absorb energy and vibrate. The more they vibrate, the more their temperatures increase. This incites vibrations in neighboring atoms, which take the energy and pass it up the line like a hot potato and eventually warms the surface moisture.

So why is the Fire Department on its way?

"It's because of the high thermal conductivity of the pole," explains Frank J. DiSalvo, director of the Cornell Center for a Sustainable Future and co-director of the Cornell Fuel Cell Institute. "The metal takes heat faster than your body can replenish it."

metal is a much better conductor than your tongue (up to 400 times more powerful). The metal takes heat faster than your body can replenish it."

The atoms in solid metals are packed tightly and transfer thermal energy more readily. They also have free electrons that boost conductivity. Free electrons are free to move from atom to atom. The electrons absorb heat energy and move through the flagpole, stirring up other atoms.

As your tongue touches the flagpole, the moisture on your tongue is robbed of heat. The temperature of the moisture drops. Water freezes inside tiny pores and surface irregularities on your tongue and the pole. You're stuck.

So now you're thinking, "Maybe if I just pull hard it will come off." Yes, it will — a piece of your tongue, that is.

Kent Sperry is a 911 dispatcher at a place where people know about cold and snow — Boulder, Colorado. He offers a less painful alternative, assuming you happen to have the necessary remedy at hand: "Pour warm water on the area where the tongue meets the pole, and the tongue should come free."

Frederick, G. (2012, November 6). Will Your Tongue Really Stick to a Frozen Flagpole? . Retrieved from Live Science: <https://www.livescience.com/32237-will-your-tongue-really-stick-to-a-frozen-flagpole.html>



## Community Events

**SAT - Jan. 11, 2020 10am-5pm**

**GRIFFITH HIGH SCHOOL TRAVEL MATTRESS FUNDRAISER**

Griffith Senior High School  
600 N Wiggs St, Griffith IN

*They will have an entire mattress store set up at the school. Every purchase benefits the school!*  
Contact (219)924-4281 or [webster@griffith.k12.in.us](mailto:webster@griffith.k12.in.us) for info.

**FRI - Jan. 24, 2020 8am-5:45pm**

**SCIENCE FAIR**

Noonan Elementary Academy  
19131 Henry Dr, Mokena IL  
*Open viewing of elementary student's unique science fair projects.*  
Contact (708)479-8988 for info.

**SAT - Jan. 25, 2020 10am-5pm**

**CROWN POINT CHRISTIAN SCHOOL MATTRESS FUNDRAISER**

Crown Point Christian School  
10550 Park Pl, St John IN

*Come get a better night's sleep & support the 2nd annual Crown Point Christian School Mattress Fundraiser!*

Contact (219)365-5694 or [media@crownpoinchristian.org](mailto:media@crownpoinchristian.org) for info.

**WED - Jan. 29, 2020 5pm-5:45pm**

**MINI MAD SCIENCE LAB**

New Lenox Public Library District  
120 Veterans Pkwy, New Lenox IL  
*Grades K - 2 discover awesome hands-on experiments & activities.*  
Contact (815)485-2605 or [info@newlenoxlibrary.org](mailto:info@newlenoxlibrary.org) for info.

If you have a community event or fundraiser that you would like us to feature in February 2020's Creative Thinking newsletter, please email [marketing@creativecarpetinc.com](mailto:marketing@creativecarpetinc.com) by January 15, 2020.



The more you  
spend...

the more  
you

**SAVE!**



Now through January 31<sup>st</sup>, 2020

**Purchase carpet  
priced from:**

*Price per sq. yd.*

*\$ off per sq. yd.*

**\$20 - \$29.99 = \$2.00 off**

**\$30 - \$39.99 = \$3.00 off**

**\$40 - \$49.99 = \$4.00 off**

**\$50 - \$59.99 = \$5.00 off**



19845 S La Grange Road  
Mokena IL 60448  
708.479.8600

*Creative*  
**Carpet & Flooring**  
[www.creativecarpetinc.com](http://www.creativecarpetinc.com)  
888.910.6585

2315 45th Street  
Highland IN 46322  
219.595.5561





STORE NAME  
1234 5678 9000 0000  
SHAW CARDHOLDER

# Get the flooring you want today. And the freedom to pay for it over time.\*

Take advantage of our special financing offers for convenient payment options so you can purchase the floor you've always wanted.

To learn more and apply visit [shawfloors.com/financing](http://shawfloors.com/financing)

\*Subject to credit approval. Ask for details.

*Creative*  
Carpet & Flooring

[www.creativecarpetinc.com](http://www.creativecarpetinc.com)  
(888) 910-6585

19845 S La Grange Road  
Mokena IL 60448  
(708) 479-8600

2315 45th Street  
Highland IN 46322  
(219) 595-5561