

# FOSSE NEWS

November 2022 | Latest news across Fosse Healthcare



## Out and about...

Joan always loved going out for walks around her local town of Warsop. However, recently it's been more difficult to walk for long distances so her carer Tamara sourced her a free wheelchair so that they could both get out and about more in the community.

Joan couldn't be more pleased with her new chair and can't wait to go on more trips!



**Fosse**  
Healthcare

# Children in Need 2022

PJ Days for our staff and clients!

This year, like every year, our Fosse family of staff and clients rally together to raise vital funds and awareness for the Children in Need. The cause funds thousands of charities and projects in every corner of the UK, that support children and young people to feel and be safer, have improved wellbeing, form more positive relationships and be given equal opportunities to flourish. We all did an amazing job putting on fundraising events and having our very own PJ days. Well done everyone!



## Wine and a good natter!

Newark Client, Rhoda, loves to have a glass of wine whilst spending some quality time catching up with her carers. She loves hearing about what they've been getting up to and she's always so grateful for the company. We're grateful for you Rhoda!



# A wonderful donation in Newark



Across the East Midlands we provide care and support to lots of lovely clients within number of housing with care facilities. This includes two schemes over in Newark.

In November, a family member of a former Fosse service user at one of our Newark sites, visited with lots of harvest boxes all made by a local pre-school where he worked. He said the children and staff wanted to make the donation to Fosse for all of our Newark clients to enjoy. What an amazing gesture!

# Helping out Annette

One of our lovely clients, Annette, over in Mansfield, has wanted her bungalow updating for a while now so her carers decided to help her out. So far they've helped her with a new sofa, put in new cabinets, brand new flooring and have even painted her walls! They are still going and have a lot more to do but Annette is so grateful for all of their help. We cannot wait to see the end result!



**It's that time  
of the year!**



Christmas is just around the corner! Our staff have been getting into the festive spirit dressing up and spreading some joy for their clients and community's now we are getting into the festive season.



## Carers

## Christmas

## wish & gifts

One of our care assistants, Rachel, over in Newark has recently requested to change her shifts around the festive period so that she can work on Christmas Day. Her reason for doing this was that so she could keep her clients (whom she adores) company, especially those who don't have visiting family, and so she can give them each one of these lovely Christmas presents (see left). What an wonderful thing to do, well done Rachel!

## Our carers are the best!

Take a look at these lovely messages we recieved from the family members of some of our clients...

“ **We are all so incredibly grateful for the amazing job you and the team are doing and that you are taking the time to keep us informed. I cannot tell you how supported we feel as a family after so many years of being ignored by everyone we asked for help.** - Daughter of a client

**I just wanted to say a huge thank you to you and all of your staff. The work you do to help those like us in our time of need is amazing and you always do it with smiles of your faces. We'd be a mess without you**

- Clients - Husband & Wife ”

# A long overdue outing

Catherine takes her first trip out for a very long time

One of our wonderful clients over in Derby, Catherine, hadn't been out and about in over one year. However, recently her daughter had arranged a special day out for them both so her carer, Linda, helped her to get ready. Linda said she was so excited. We hope you had a good time Catherine!



## "The funniest man in Warsop"

Client and funny man Len has started visiting his local social club with the support of his carers. He says he really enjoys it and has made some 'mates'. Recently he said he's going to start going in his best shades!



Check out that stitching!



**Check out  
our amazing  
new Fosse  
Mascot  
created by  
one of our  
talented  
clients!**

One of our Gladstone House residents in Newark created this for our staff and we absolutely love it. Great job!

If you have any talents or have created anything you'd like us to share, we'd love to see them! Please feel free to send in any photos to [luke.wheatley@fossehealthcare.co.uk](mailto:luke.wheatley@fossehealthcare.co.uk) and we'll feature you in our next Newsletter.

# We have new Job Opportunities

Recently we have attended a number of jobs fairs to try and attract new people into Fosse and the care industry. If you know anyone that would like to join us across any of our east midlands branches please get in touch!

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# Our project was shortlisted for the Community Care Initiative of the Year award at this year's HSJ Patient Safety



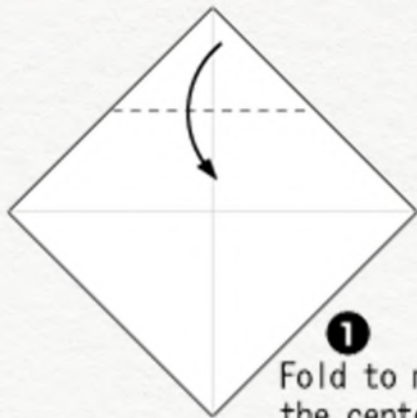
The joint project with Nottinghamshire County Council, birdie and EMAHSN uses digital tools to help bridge the gap between social home care and primary care to allow frontline care staff to spot early warning signs that a person was becoming unwell.

Although we didn't win the award, to be shortlisted amongst some of the other incredible projects across the country was a great honour. We are incredibly proud of the work we are doing and the positive impact that it having on people's lives.

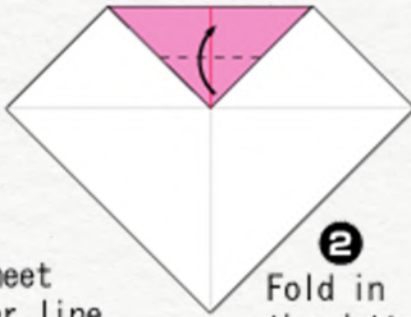
Our CEO, Volt Sacco, said: "This project demonstrates how collaboration, integration, technology and innovation can make a huge positive impact on people's lives. Given the financial pressures and the recruitment crisis across the health and social care system, the early detection of deterioration project showcases place-based delivery in action, through multi-disciplinary partnerships across domiciliary care and primary care."

# Christmas Origami

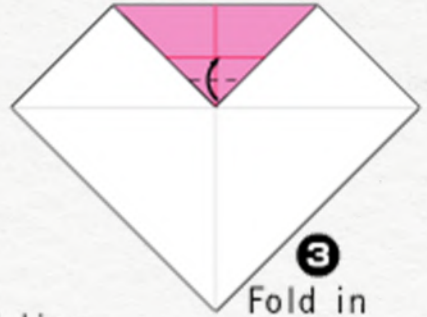
Follow the steps to make a santa!



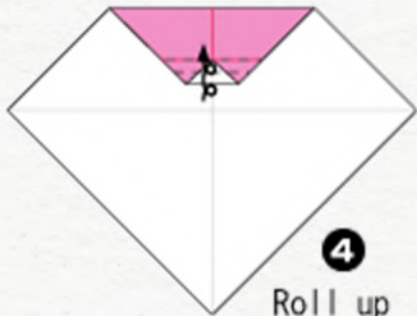
**1** Fold to meet the center line



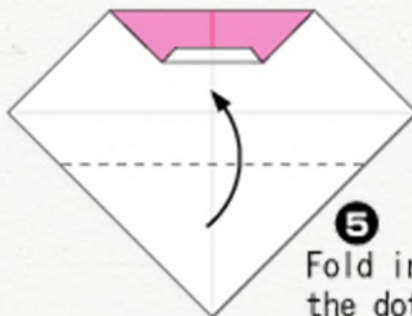
**2** Fold in the dotted line



**3** Fold in the dotted line



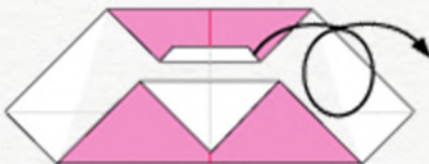
**4** Roll up



**5** Fold in the dotted line



**6** Fold in the dotted line



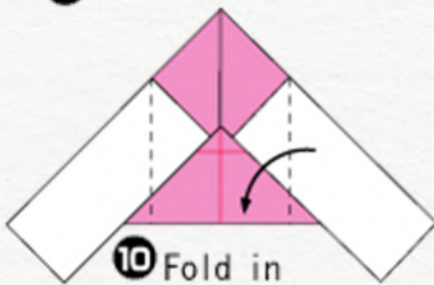
**7** Turn over



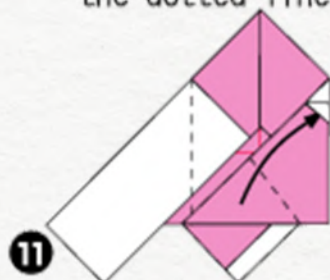
**8** Fold in the dotted line



**9** Fold in the dotted line

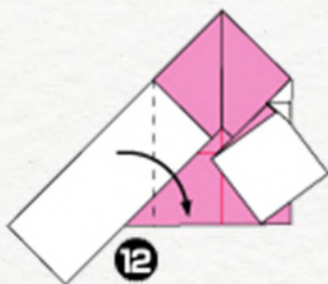


**10** Fold in the dotted line

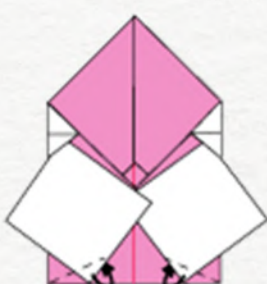


**11** Fold and it inserts it.

**15** Draw a face and Button and finished



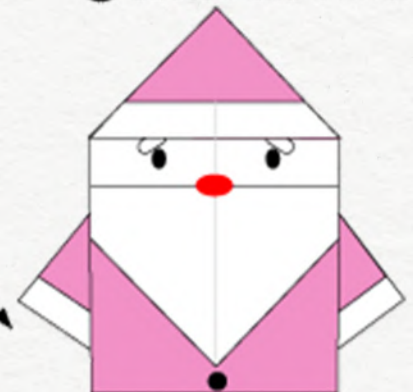
**12** folds as much as 10~11



**13** Fold inside



**14** Turn over



COLOUR ME IN





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