

Parenting Education Department

SCHEDULE OF CLASSES

**Spring Term 2026**



Linn-Benton Community College

**Parenting  
Education**

parentinged@linnbenton.edu  
(541)917-4844



**Where families meet, have fun,  
and learn together since 1973**

LBCC Parenting Education has supported families in our community by providing opportunities for parents and caregivers to meet, build lasting friendships, share their experiences, all while learning about child development together. We offer programs to fit every family at every stage.





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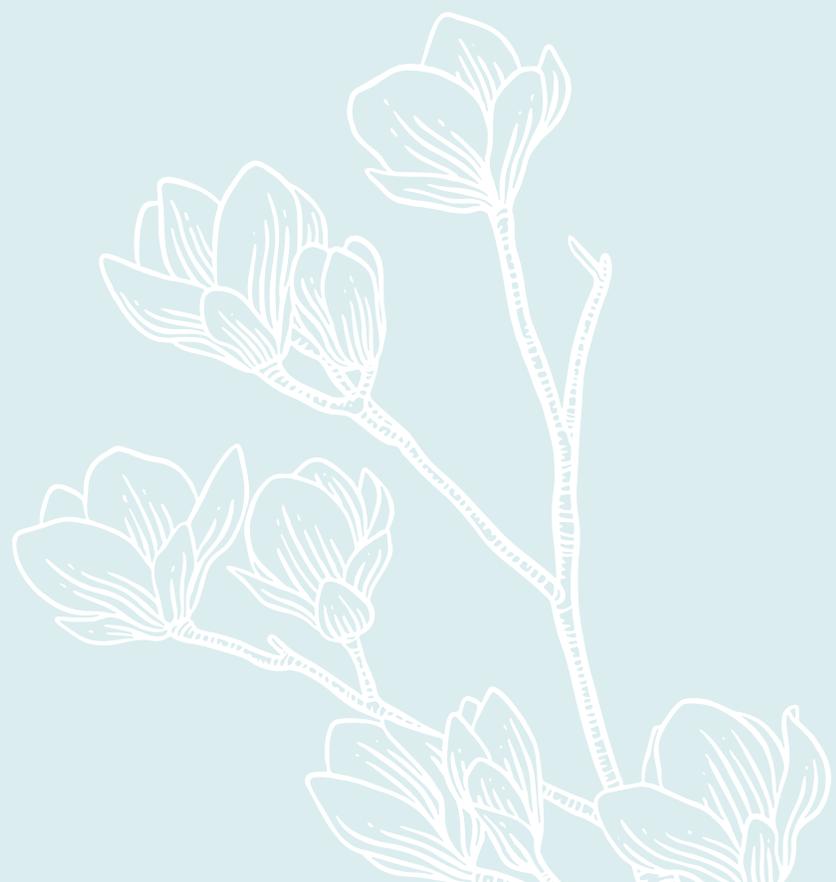
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**Registration links will be provided below each class  
description on the first day of open registration: 2/23/2026**



## Live & Learn Parent-Child Classes

The Live and Learn program is an immersive parenting education and early childhood education class series where you learn about your young child's development and best practice parenting techniques for supporting your child's growth. You will observe and participate with your newborn through preschool-aged child in activities designed specifically for your child's developmental stage by an experienced early childhood and parenting educator. These classes follow the college term calendar.

### Live & Learn Parent-child classes offer:

- a place to learn more about being a parent
- a chance to get to know and grow friendships with other parents in your community
- a time for your child to learn and play with other children

Each adult must be registered to attend.

Financial aid is available through the Parenting Education Tuition Scholarship Fund from monies raised during our annual fundraiser.



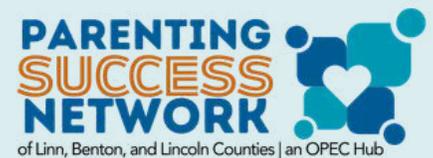
## Parenting Education Classes, Workshops, & Events

Linn-Benton Community College partners with the Parenting Success Network to offer classes, workshops and community events for parents/caregivers of children ages birth through teen. These offerings are **parent-only** classes unless otherwise noted, and often offer free childcare.

### Parenting Classes & Workshops offer:

- a great opportunity to build community
- learn parenting strategies with other parents of children in the similar age range or family situation.
- Class series vary in length from 8 to 12 weeks, meeting 1 evening per week.
- Some are in person, others are virtual.
- In-person classes often provide free child care and dinner or snacks during class sessions.

Classes are free of charge or offered at very reduced fees thanks to partnerships with other organizations and/or grants provided through the Parenting Success Network.



## Live & Learn Parent-Child Classes

The following classes are for parents and primary caregivers to attend with their child. In these classes, the adults are the students and therefore must enroll as an LBCC student. Classes follow the LBCC Fall, Winter, and Spring term schedule. Enrollment in each term is designed to align with the child’s **age on the first day of class.**



### Live & Learn with your Baby

Your baby is born learning! Join other parents/caregivers and their babies as you learn how to support your child’s emotional, physical, and intellectual development through songs, activities, and group discussions. All while building a community of support and friendships for you and your baby. Adults bringing more than one child will pay an additional lab fee of \$5 for each additional child on the first day of class to the instructor.

#### **ALBANY:**

Wednesdays, 10:30 a.m.-12:20 p.m., Apr. 1st - Jun. 3rd (10 sessions)

Albany Public Library, 2450 14th Ave SE, Albany

Instructor: Kimberly McCall - [Click here for bio](#)

Cost: \$25.00/adult (\$20 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)

#### **CORVALLIS:**

Thursdays, 9:30-11:20 a.m., Apr. 2nd - Jun. 4th (10 sessions)

LBCC Benton Center, BC-107, 757 NW Polk Ave., Corvallis

Instructor: Kelly Longway - [Click here for bio](#)

Cost: \$25.00/adult (\$20 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)

## [Live & Learn with Your Young Toddler](#) (beginner walkers-18 mos.)

Join other parents/caregivers with your young toddler in songs and games, build friendships with other parents in the community, and discuss the latest ideas about how to support the expanding growth of your young toddler's development. Adults bringing more than one child will pay an additional lab fee of \$5 for each additional child on the first day of class to the instructor.

For more info: [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu) or call Parenting Education at 541-917-4844.

### **ALBANY:**

Wednesdays, 10- 11:50 a.m.

Apr. 1st - Jun. 3rd (10 sessions)

[LBCC Albany Campus, Luckiamute Center, LM-115](#) (NW corner of campus)

Instructor: Amanda Sandberg - [Click here for bio](#)

Cost: \$50.00/adult (\$45 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)

### **CORVALLIS:**

Fridays, 9:30-11:20 a.m.

Apr. 3rd - Jun. 5th ( 10 sessions)

LBCC Benton Center, BC-107, 757 NW Polk Ave., Corvallis

Instructor: Kelly Longway - [Click here for bio](#)

Cost: \$50.00/adult (\$45 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)



## **Live & Learn with Your Toddler & Twos (1 ½ -2 ½ -year-olds)**

Join other parents/caregivers and their children as you learn the importance of play-based learning in an environment set up for exploration with your young child. Learn fun and easy ways to support your child's development as you and your child participate together in activities immersed in movement, music, stories, art, and science. Adults bringing more than one child will pay an additional lab fee of \$5 for each additional child on the first day of class to the instructor. For more info: [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu) or call Parenting Education at 541-917-4844.

### **ALBANY:**

Tuesdays, 9:30-11:20 a.m.

Mar. 31<sup>st</sup> - Jun. 2<sup>nd</sup> (10 sessions)

LBCC Albany Campus, Luckiamute Center, LM-115 (NW corner of campus)

Instructor: Marisa Mullins- [Click here for bio](#)

Cost: \$75.00/adult (\$70 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)

### **CORVALLIS:**

Wednesdays, 10-11:50 a.m.

Apr. 1<sup>st</sup> - Jun. 3<sup>rd</sup> (10 sessions)

LBCC Benton Center, BC-107, 757 NW Polk Ave., Corvallis

Instructor: Kahealani George - [Click here for bio](#)

Cost: \$75.00/adult (\$70 + \$5 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)

### **PHILOMATH (steady walkers- 36 mos. old):**

*This class is offered by Strengthening Rural Families in partnership with LBCC. Call 541-929-2535 for more information.*

## [Live & Learn Parent-Tot Gym \(18-36 mos. old\)](#)

Join other parents/caregivers and their children as you learn activities to support your child's development, connect with other families, and learn about resources in the community. You and your child will participate in play based activities that get you both moving, exploring, and having fun together. Adults bringing more than one child will pay an additional lab fee of \$5 for each additional child on the first day of class to the instructor. This class is offered in partnership with Boys & Girls Club of the Greater Santiam and the Parenting Success Network. **For families that live in Lebanon and Sweet Home School Districts only.** For more info: [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu) or call Parenting Education at 541-917-4844.

### **LEBANON:**

Wednesdays, 9:30-10:50 a.m.

Apr. 1st - Jun. 3rd (10 sessions)

Boys and Girls Club of the Greater Santiam 305 S. 5th St. Lebanon, 97355

Instructor: Marisa Mullins- [Click here for bio](#)

Cost: \$10.00/adult total \*Tuition scholarship not available for this class\*

[Click here to register.](#)



## Live & Learn Creative Development (2 ½ - 5-year-olds)

A parent and child art enrichment class with an emphasis on playing and creating with your child. Learn how creative and dramatic play enhances your child's growth and development. We do the messy projects you may not want to do at home! Adults bringing more than one child will pay an additional lab fee of \$10 for each additional child on the first day of class to the instructor. For more info: [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu) or call Parenting Education at 541-917-4844.

### ALBANY:

Fridays, 9:30-11:20 a.m.

Apr. 3<sup>rd</sup> - Jun. 5<sup>th</sup> (10 sessions)

South Albany High School, 3705 Columbus St SE, Albany, 97322

Instructor: Lauren Parker - [Click here for bio](#),

Cost: \$100.00/adult (\$90 + \$10 lab fee)

**\*Enrolled adults are required to pass the Greater Albany Public School's background check in order to participate\***

[Click here to register \(Includes Tuition Scholarship application\).](#)

### CORVALLIS:

Thursdays, 9:40-11:30 a.m.

Apr. 2<sup>nd</sup> - Jun. 4<sup>th</sup> (10 sessions)

LBCC Benton Center, BC-109, 757 NW Polk Ave., Corvallis

Instructor: Kahealani George - [Click here for bio](#),

Cost: \$100.00/adult (\$90 + \$10 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)



## Live & Learn Discovery Lab (2 ½ - 5-year-olds)

Learn how to follow your child's natural sense of wonder and desire to explore in this STEM (Science, Technology, Engineering, and Math) based class for parents/caregivers and their children. Participants will learn the importance of play-based learning as they measure, build, experiment, problem-solve, and discover the world together. Adults bringing more than one child will pay an additional lab fee of \$10 for each additional child on the first day of class to the instructor. For more info: [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu) or call Parenting Education at 541-917-4844.

### ALBANY:

Tuesdays, 9:30-11:20 a.m.

Mar. 31<sup>st</sup> - Jun. 2<sup>nd</sup> (10 sessions)

South Albany High School, 3705 Columbus St SE, Albany, 97322

Instructor: Patty Baker - [Click Here for Bio](#),

Cost: \$100.00/adult (\$90 + \$10 lab fee)

**\*Enrolled adults are required to pass the Greater Albany Public School's (GAPS) background check in order to participate\***

[Click here to register \(Includes Tuition Scholarship application\).](#)

### CORVALLIS:

Tuesdays, 9:40-11:30 a.m.

Mar. 31<sup>st</sup> - Jun. 2<sup>nd</sup> (10 sessions)

LBCC Benton Center, BC-109, 757 NW Polk Ave., Corvallis

Instructor: Kahealani George - [Click here for bio](#),

Cost: \$100.00/adult (\$90 + \$10 lab fee)

[Click here to register \(Includes Tuition Scholarship application\).](#)



## School District Partnership Classes

The following classes are offered in partnership with Greater Albany Public Schools (GAPS). Families must live in school district boundaries to attend.



### Laboratorio de Descubrimiento Creativo (2 años y medio a 5 años)

Una clase inmersiva de STEAM (Ciencia, Tecnología, Ingeniería, Arte y Música) para padres e hijos que fomenta la capacidad natural de asombro y el deseo de explorar de su hijo. Los padres aprenderán la importancia del aprendizaje lúdico mientras despiertan la curiosidad de sus hijos por el mundo mediante proyectos de arte y ciencia. Los niños aprenderán habilidades socioemocionales a través del juego que los prepararán para el kínder. Esta clase se imparte en español.

**\*Los adultos inscritos deben aprobar la verificación de antecedentes de las Escuelas Públicas de Greater Albany para participar\*** Llame al Centro de Bienvenido al 541-704-2376 para registrarse y obtener más información.

### GAPS Juntos/Together (para padres y sus hijos de 0 a 5 años)

Programa de aprender, leer, jugar y crecer juntos. Para niños de 0-5 años de edad acompañados con sus padres o proveedores de cuidado infantil. Aprenden destrezas de lectura para preparar los niños para kinder. Cada niño recibe libros y bocadillo gratis. Debe vivir dentro de los límites del distrito de GAPS. Matrícula limitada a una vez por año académico. Esta clase se ofrece en asociación con las Escuelas Públicas de Greater Albany. **\*Los adultos inscritos deben aprobar la**

**verificación de antecedentes de las Greater Albany Public Schools para poder participar.\*** Llame al Centro de Bienvenido al 541-704-2376 para registrarse y obtener más información.

For children 0-5 years old with their parents, guardians, or child care providers. Learn how to promote early literacy and reading skills through play based activities that help prepare children for kindergarten. Each child receives a free new book and a snack is provided for everyone at each class. Must live within the GAPS district boundary. Limited enrollment of one time per academic year.

Offered in partnership with GAPS. **\*Enrolled adults are required to pass the Greater Albany Public School's background check in order to participate.\*** Call the GAPS Welcome Center, 541-704-2376 to register or for more information.



Linn-Benton Community College

**Parenting  
Education**

# Live & Learn Cooperative Preschool

**Classes are currently full for Spring Term, but it's a great time to start thinking about joining us for Fall Term 2026!**

This preschool cooperative for parents/guardians and their 3-5-year olds. 3 mornings per week, an instructor facilitates play-based activities with the children during the preschool lab that fosters growth, development and school readiness. Parents sign up to assist the instructor during lab time, and attend evening parenting education sessions (seminars) with opportunities to reflect and share with other parents, expand their knowledge of parenting, and practice guidance and communication techniques.

## **Albany\***

Mon.,Wed.,Thurs, 9:10-11:30 a.m.  
South Albany High School

\*Enrolled adults are required to pass the Greater Albany Public School's background check in order to participate.

## **Scio**

Mon.,Wed.,Fri., 9:00-11:20 a.m.  
Scio Preschool

## **Corvallis**

Mon.,Wed.,Fri., 9:30-11:50 a.m.  
LBCC Benton Center

Parent/Caregiver Seminars are via Zoom.  
Dates & times vary based on class.

**\$350/Adult for the entire term  
(\$330 + \$20 lab fee)**

**Financial Assistance Available  
Each adult must register to  
attend.**

**Have questions about  
enrolling for Fall 2026?**

**Contact**

**[parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu)**

**or 541-917-4844**



## Live & Learn with Your Preschooler (3-5-year-olds)

A preschool cooperative for parents/guardians and their 3-, 4- and 5-year-olds. Children must be 3 or 4 years old by the first day of Fall Term of the current school year to enroll, independent with toileting, and ready to practice learning independently from their primary caregiver. Kindergarten eligible children are not eligible for enrollment.

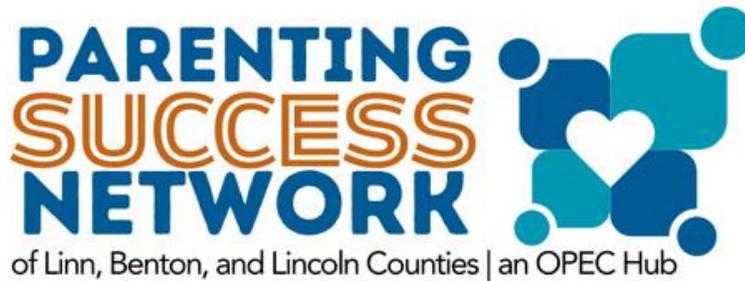
- 3 mornings per week, the instructor facilitates play-based activities with the children during the preschool lab that foster children's growth, development and school readiness.
- Parents/guardians sign up to assist the instructor during lab time 6-8x per term.
- In addition to the lab time, parents/guardians attend evening parenting education sessions (Seminars) with opportunities to reflect and share with other parents, expand their knowledge of parenting, and practice guidance and communication techniques. Seminar: Remote via Zoom plus additional readings and assignments for a total of 15 hours.
- Adults bringing more than one child will pay an additional lab fee of \$20 for each additional child on the first day of class to the instructor.
- Prerequisites for registration: Completed Preschool Agreement, proof of Conditional Enrollment in the Central Background Registry, and copies of Immunization Records or completion of the Vaccine Exemption Modules.



# LBCC Parenting Education Parent Classes & Workshops



Offered in  
partnership with



## Parenting is better with support.

We offer classes and workshops for families of all types, from all walks of life.

Get connected to parenting classes, useful advice, information, and support.

[parentingsuccessnetwork.org](http://parentingsuccessnetwork.org)



The Parenting Education Department at Linn-Benton Community College partners with the Parenting Success Network (PSN) to provide:

- Free or low-cost classes for parents/guardians in Linn, Benton, and Lincoln Counties.
- On-site childcare and food is often provided for in-person classes.
- These enriching classes and workshops are funded through local grants and/or partner agencies.



# Virtual Classes

## Make Parenting a Pleasure

In this free virtual class, caregivers of children ages 0-10 will take home practical ideas for improving self-care, reducing stressors, integrating children into family rules and routines, calming overwhelming emotions, establishing effective discipline, and celebrating children through recognition and special time. This is a “remote” learning course available to parent or guardian with access to an internet device with a camera and microphone.

**Time and Dates:** Tuesdays, 5:30-7:20 p.m., Mar. 31<sup>st</sup>-Jun. 2<sup>nd</sup> (10 sessions)

**Location:** Virtual via Zoom

**Instructor:** Nina Petrovich

**Cost:** FREE

[Click here to register](#)



# Benton County Classes & Workshops

## Create With Kids 5+ Spring Workshop Series - Alsea

This free workshop series inspires caregivers of children ages 5 and over to "Create With Kids!" Explore mixed media art projects with your child and learn ways to encourage their creative and social development through hands-on projects that you create together. Take home free, high-quality supplies to use at home! This workshop series is offered in partnership with Alsea School District, and the Parenting Success Network, and is sponsored by the Peace Initiative Grant at LBCC.

### **Session 1: Peaceful Luminaries**

Create and decorate beautiful solar-powered lanterns!

**Time and Date:** Thursday, Apr. 30<sup>th</sup> 3:30-4:20 p.m.

**Location:** Alsea School, 301 S 3rd St, Alsea, OR 97324

**Instructor:** Nina Petrovich

**Cost:** FREE

[Click here to register](#)



### **Session 2: Sculpting Kindred Animals**

Sculpt your own animal figurine out of air dry clay!

**Time and Date:** Tuesday, May 19<sup>th</sup>, 3:30-4:20 p.m.

**Location:** Alsea School, 301 S 3rd St, Alsea, OR 97324

**Instructor:** PK McCoy

**Cost:** FREE

[Click here to register](#)



## Parent Cafe: Rainbow Family Circle - Corvallis

The Rainbow Family Circle is a discussion and support group for LGBTQ2SIA+ parents, caregivers, families, and those who love them. Discussion topics will focus on broadening your perspectives on parenting and share resources to build your personal toolkit for navigating family life. Come and share alongside a group of folks with lived experiences similar to yours, and go home feeling seen and supported! The group is facilitated by affirming parenting educators and topics will be customized to suit the interests, needs, and perspectives of those who attend. Free childcare and dinner provided!

**Time and Dates:** Every other Thurs. evening

**Location:** Corvallis

**Cost:** FREE! childcare and dinner included!

**Registrants will receive exact time/location.** To sign up and be contacted, email [parkerla@linnbenton.edu](mailto:parkerla@linnbenton.edu).



## Active Parenting of Teens- Philomath

Learn and laugh with other parents as you turn the challenges of raising a teenager into opportunities for growth. You'll learn positive ways to relate to your teen by increasing your knowledge of the developmental needs of adolescents, thereby better understanding their behavior. Methods of respectful discipline, skills for clear, honest communication, concrete strategies to prevent risky behavior, and how to be an encouraging parent will be discussed.

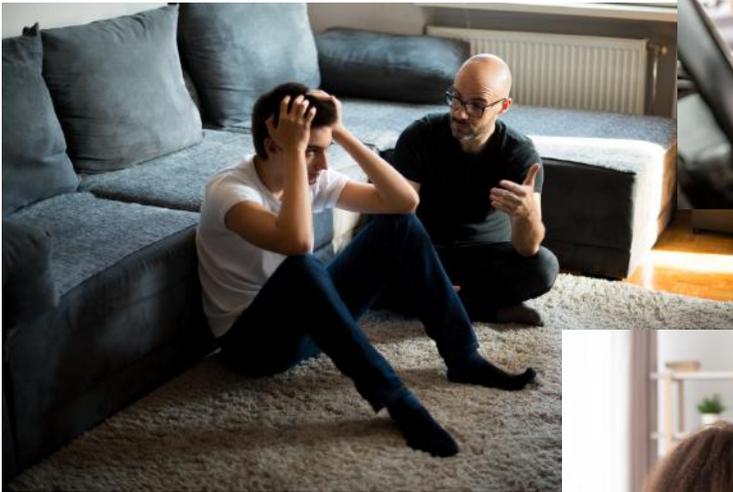
**Time and Dates:** Wednesdays, 5:30-7:30 p.m., Apr. 15<sup>th</sup>-Jun. 3<sup>rd</sup> (8 sessions)

**Location:** Philomath Middle School, 2021 Chapel Dr, Philomath, OR 97370

**Instructor:** PK McCoy

**Cost:** FREE! Free dinner and child care also provided.

Offered in partnership with Strengthening Rural Families. **For more information or to sign up, call Strengthening Rural Families at (541) 929-2535 or email [anna.srf@ruralfamilies.org](mailto:anna.srf@ruralfamilies.org)**



# Linn County Classes & Workshops

## Positive Solutions for Families

Join us for an evidence-based, user-friendly workshop series of 7 sessions to help parents and family caregivers to promote positive and effective parenting behaviors, which will, in turn, promote children's social and emotional development and address the challenging behavior of children ages 2-5 years.

**Time and Date:** Tuesdays Apr. 14<sup>th</sup>-May 26<sup>th</sup>, 6-8 p.m.

**Location:** Sweet Home Jr. High

**Instructor:** Susannah Prenoveau

**Cost:** FREE, Dinner and childcare included

Parents: [Click here to register](#) , If you're a child care professional, sign up instead at (541)917-4899 or connect@linnbenton.edu for free class and training documentation!

## Parenting Book Club: “Arroz Con Pollo and Apple Pie: Raising Bicultural Children” by Maritere Rodriguez Bellas

Se invita a padres, madres y cuidadores a participar en un club de lectura de 5 semanas. Se leerá “Arroz Con Pollo and Apple Pie: Raising Bicultural Children” de Maritere Rodríguez Bellas, un libro que apoya a las familias inmigrantes en la crianza de niños con identidades biculturales fuertes y adaptables. Será facilitado en español por Ita Valdés-Chavarría y se ofrece en colaboración con Colonia Paz FHDC

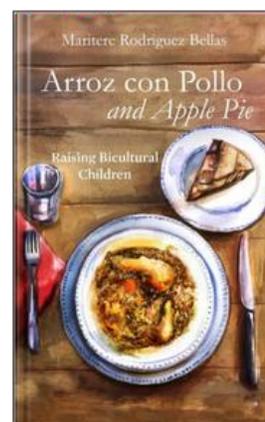
**Hora y Fechas:** Miércoles, 8 Abr. al 6 Mayo, 5 a 6:20 p.m.

**Ubicacion:** Colonia Paz FHDC, Lebanon

**Maestra:** Ita Valdés-Chavarría

**Precio:** Gratis

**Inscribirse:** Comunicarse con Susana Arroyo al susana.arroyo@fhdc.org o 971-493-8558



These PSN Classes are here for you thanks to Linn Benton Community College and our community partners & sponsors:



Established in 2005  
Celebrating 20 Years of Service





 **The first day of Spring Term**   
**is March 30, 2026!**

Questions? Reach out to [parentinged@linnbenton.edu](mailto:parentinged@linnbenton.edu)  
or call us at 541-917-4844



**Linn-Benton Community College**  
**Parenting**  
**Education**

For accommodation requests, contact Accessibility Resources (CFAR) at 541-917-4789 or [accessibility@linnbenton.edu](mailto:accessibility@linnbenton.edu) at least three business days in advance. LBCC does not discriminate based on any protected status in its programs or activities. For more information, visit [linnbenton.edu/nondiscrimination](http://linnbenton.edu/nondiscrimination).

