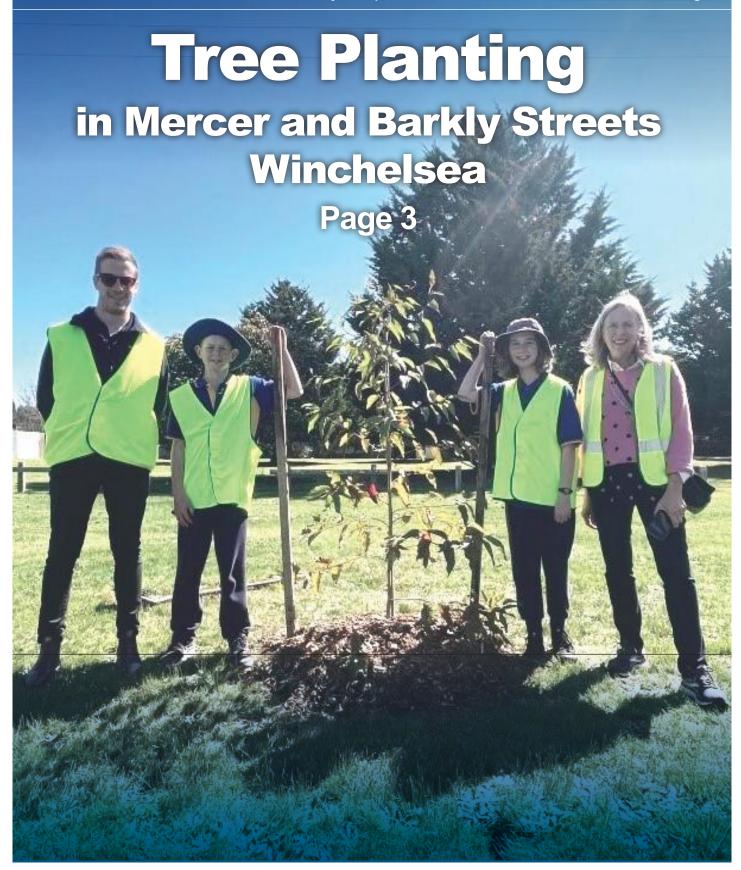
Your Weekly Community Newspaper

Since 1977

Vol 45 Ed 38

Tuesday 27 September 2022

winchelseastar.org.au







October is Positive Ageing Month

To celebrate the contributions, achievements and resilience of older Victorians on the Surf Coast, we are inviting you to get out and enjoy a range of events and activities taking place around Winch throughout the month of October.

What's happening in Winchelsea and Moriac?

Moriac and District History Group Sunday Afternoon History Session

Sunday 2 October 2pm-4pm @Moriac Community Centre

Moriac and District History Group has been working on digitising historical photos and artifices depicting the history of the area. Join them for a presentation and discussion of some of their fascinating work. A delicious afternoon tea will be served.

To register: Contact Lyn Batson on 0419 500 353 or lbato@bigpond.com



Mad Hatter's Morning Tea Party

Wednesday 12 October 10am-12.30pm @Winchelsea Shire Hall

It is Mental Health Week this week as well as Positive Ageing Month.

Join us for a Mad Hatter's Morning Tea Party at the Winchelsea Shire Hall!

Jules Haddock from Art of the Minds will present on "Letting go of future worries through improved mental health". Jules will guide you in understanding how our thoughts impact us, but can be changed. We can see the world as a safer and wonderful place. Regardless of what

the storms of life throw at us, we can learn to be resilient in our own boats with a little brain training! Make or bring a special Mad Hat and try and win a prize! Includes a scrumptious morning tea.

This is a free event and places are limited so get in quick!

To register: Contact Jenny Mathison on 0409 672 054 or jmathison33@gmail.com

Registrations close: Friday 7 October

Tech Café Winchelsea IPad and IPhone Tips and Tricks

Thursday 20th October 1pm-4pm @Winchelsea Shire Hall

Would you like to learn how to get the best out of your IPad or IPhone? With guidance from volunteer tutors this session will provide you with all the tips and tricks you need to maximise the use of your digital devices. There will be time for one-on-one support and a delicious afternoon tea will be served! It's also Get On-Line Week so get on board!

To register: Contact Jenny Mathison on 0409 672 054

Registrations close: Friday 14 October

Victorian Seniors Festival 40 Years 2022





For more information about Positive Ageing Month in the Surf Coast Shire contact our Age Friendly Officer on **5261 0600** or email **rsalvo@surfcoast.vic.gov.au**





Earlier this year Growing Winchelsea made a submission for funding from the Planting Trees for The Queen's Jubilee Program. The objective of the program is to mark the occasion of Her Majesty's Jubilee through community tree planting events across Australia.



The program also intends to:

- increase community awareness and celebration of Her Majesty's Jubilee
- create a legacy of tree plantings across the nation
- increase an/0r enhance the area of tree canopy.

The program complements other initiatives occurring across the Commonwealth to mark the Queen's Jubilee, such as the tree planting initiative in the United Kingdom which is

inviting people to "Plant a Tree for the Jubilee".

The submission was successful and resulted in a grant for funding for 60 trees. On Wednesday the 14th of September 2022, 60 established lemon scented gums, (botanical name, Corymbia Citriodora) were planted along Mercer and Barkly Sts. on a beautiful sunny day with the bonus of good rain on the trees on their first night in the ground. There was some reflection on the fact that these trees were planted within a few days of the death of Her Majesty, Queen Elizabeth II, who in her lifetime made a significant contribution to the environment, having planted over 1500 trees all over the world.

The planting was done very efficiently with on-site assistance from representatives of the Surf Coast Shire and the contractor and his team. Two senior students from Winchelsea Primary School, Karlee Warner and Levi Coverdale, were accompanied by David Peel the Deputy Principal, and the children assisted with the planting. We



are grateful to them all for their contribution. The trees make a strong and beautiful visual impact.

At 2pm Friday 2 December, the Avenue will be opened by a Landscape Architect, known to many listeners across Victoria. Invitations will be sent to the Hon Dan Tehan, MP Member for Wannon, Hon Libby Coker, MP member for Corangamite, Richard Riordan, Member for Polwarth. At the Opening, a plaque will be unveiled which acknowledges the occasion and the contribution of the Australian



Best Start Best Life



Free Kinder from 2023 will give Victorian children the best start in life.

Three- and Four-Year-Old Kinder will be FREE across the state at participating services. In 2022, funded Three-Year-Old Kinder continues to roll out across the state.

And over the decade, we'll transition Four-Year-Old Kinder to Pre-Prep and establish 50 Victorian Government-owned and affordable childcare centres.

Learn more at vic.gov.au/kinder











Surf Coast Shire Council **GRANTS**

NOW OPEN!

Community Natural
Initiative Environment
Grants up to \$5,000 Grants up to \$5,000

CLOSE 30 SEPTEMBER

Business CollaborationGrants of **\$2,000**







To find out more: **surfcoast.vic.gov.au/Community/Grants**, scan the QR code, or call our grants team on **5261 0600** to discuss your idea and ask any questions.





NATURAL GAS CONNECTIONS

M. & L DRAYTON
PLUMBING SERVICES

YOUR LOCAL LICENSED

- •PLUMBERS (24356)
- •GAS FITTERS
- •GAS CONVERTERS
- **•CARBON MONOXIDE TESTING**

MARK 0428 520 142



Detox your home

FREE DROP-OFF for household chemicals Saturday 29 October, 9am - 12pm

130 Messmate Road, Torquay

Registrations essential: surfcoast.vic.gov.au/detox







sustainability.vic.gov.au/detoxyourhome





Nominations open 12 September for our Local Legends recognition program

The program recognises Surf Coast Shire residents who have made a positive contribution to our community.

It could be an individual or group:

- Helping others and strengthening our community
- Caring for our environment
- Improving inclusion and celebrating diversity
- Promoting healthy eating and active living

We feature Local Legends in digital channels and local media showcasing the great work they do.

Recognising someone is really easy and nominations close on Monday 31

For more information and to nominate a local legend, visit surfcoast.vic.gov.au/LocalLegends







Wightons Lawyers

Dispute Resolution & Litigation **Debt Collection** Wills & Estates Powers of Attorney **Business Law**

Family Law

22 Willis Street, Winchelsea ph. 5221 8777

www.wightons.com.au



Moksha Project

40 Main Street, Winchelsea info@mokshaproject.com.au



www.mokshaproject.com.au

Massage Therapy Dry Needling **Physical Rehabilitation** Ayurvedic Medicine Liberate Life Coaching Financial Health and Wealth Coaching

Appointments available face-to-face and via telehealth. For further information visit our recently updated Website. Supported by the Surf Coast Shire Council's COVID 19 Recovery Program.

03 52672948 - 0428177964



Servicing Geelong & the Surf Coast

Specialising in all residential electrical work including:

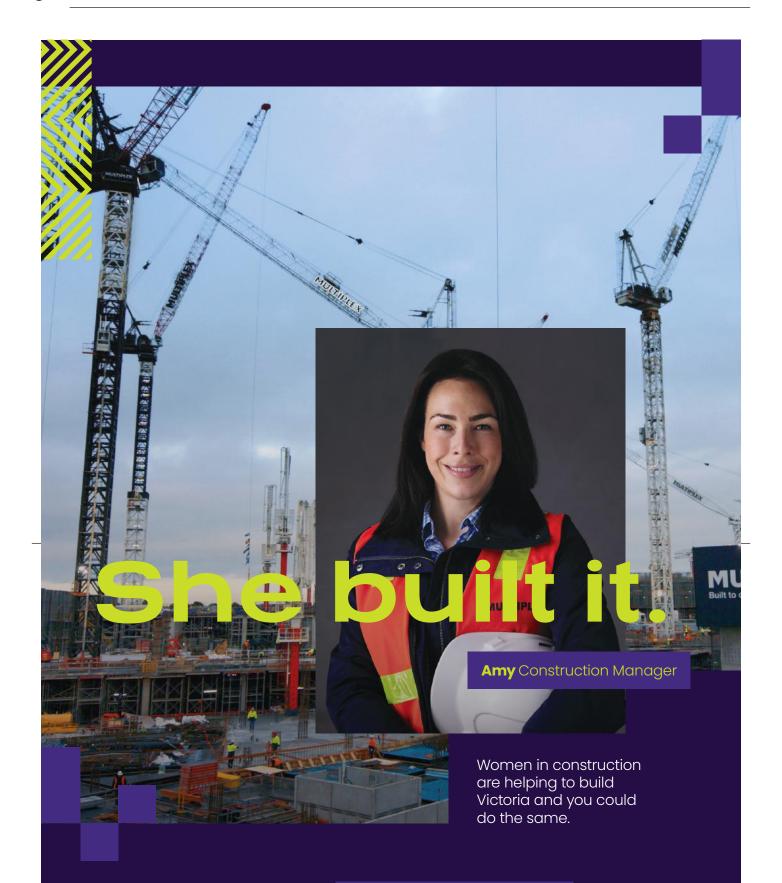
- Switch board & lighting upgrades
- Outdoor lighting
- · Electrical safety checks
- Energy efficient LED lighting
- Ceiling sweep fans & ventilation
- Energy saving advice

Phone Martin Wilkinson:

0467 097 101

greenlead@outlook.com





Join the growing female workforce building the future.





womeninconstruction.com.au/shebuiltit

PROBUS Wedding Day

Winchelsea Probus had a visit from Margaret Fava and her wonderful collection of wedding dresses.

She brought along about 20 dresses from all era's from the 1900's onward.

All saved from Op Shops, one she has even dyed very successfully, sequins, pearls and all.

Margaret has no idea how it all came about, it was one of those things that just snowballed.

Now she has over 200 and has been known to give them away to brides in need of a dress.

She must have a very understanding husband who has even built special wardrobes for her.

Margaret was a bit taken aback as apparently this was the first time she had spoken publicly about her collection and the recent exhibition was the first time they had ever been displayed, it has always just been a personal thing that she loves.

Members also brought along wedding memorabilia and some wonderful old photographs etc.

We had canapés and fruit cake for morning tea and members came dressed as if they were going to a wedding so it was a very festive morning and certainly something different for our monthly speaker.

At our next meeting on October 10th the speaker will be Cam Ward who is food writer for the Geelong Advertiser and GT Magazine.

Anyone interested is most welcome. 10 am Monday October 10th at the Senior Citizens Rooms.

Story and pictures Linda Carter











New railroad crossing safety campaign

The Victorian Government is rolling out a new safety campaign to save lives at regional railway crossings.

The Obey the Stop Signs campaign targets drivers in regional Victoria who fail to stop and look for trains at crossings

with 'Stop' signs, reminding them that the consequences of being complacent when making regular trips could be fatal.

The Victorian rail network has almost 1,700 public road level crossings on passenger and freight lines. Almost 20 per cent are Stop sign crossings, without lights, bells or boom gates.

Drivers should bring their vehicle to a complete stop at Stop signs and should slow down, check for trains and come to a complete stop at Give Way sign crossings unless it's clear to cross the tracks.

For information about road rules around crossings visit the VicRoads website at www.vicroads.vic.gov.au

The Winchelsea Star Tuesday 27 September 2022

Free Community Service Advertisements

Services and Activities in Winchelsea



TRAIN SERVICES

To Geelong

Mon - Fri 6:41 am, 7.59am, 11:34am, 2:01pm, 7:37pm Sat and Sun 9:35am, 1:36pm, 7:18pm

To Warrnambool:

Mon - Fri 9:29am, 2:56pm, (to Colac 5:27pm), 6:45pm, 8:53pm Sat and Sun 8:47am, 2:49pm, 8:37pm

Country Women's Association



7pm Second Wednesday of Month Winchelsea Senior Citizens' Hall

Bus to the Hub

For reservations on the weekly bus to the Eastern Reserve Hub, please phone 52671202.

Surf Coast Mobile Library

Surf Coast Mobile Library parked in Hesse Street (outside Shire Hall) on Fridays between 2:00 and 5:00pm unless it is a Public Holiday. Hesse St, Fridays, 2pm-5pm

Winchelsea Taxi

0429 672 888 or 5267 2888 Wheelchair accessible 10 seater bus available.

Winchelsea SES

Meeting and training 2nd Wednesday

Training 4th Wednesday

Visitors and inquiries welcome

0408 102 802



Winchelsea and District Combined Probus Club

Meets 1st Monday of the month at 10am. Senior Citizens Rooms, Harding St, Winchelsea. New members always welcome.

Enquiries Linda 0439 817 263.

Body Therapy Classes

Yoga, Pilates, Qi Gung and Mindfullness Meditation Practices

Tuesdays 6.15pm \$13 Cash Catholic Church Hall -School Term Only

Dr Haidee Benning, 0428 177 964

Winchelsea Playgroup

Every second Thursday 10am-12pm St Thomas Anglican Church Hall cnr Barwon Tce and Hopkins St, Winchelsea Contact: Melissa 0456181268 Facebook - Winchelsea Playgroup 2019

New families welcome

Winchelsea Girl Guides

Our Unit meets at the Catholic Church
Hall, Harding St Winchelsea
each Monday 4.30pm-6pm
All girls 5yrs- 15yrs Welcome!
Contact Yvonne Orchard 0448 672 630
or Bonnie Stokes 0401 386 274

1st Modewarre and Winchelsea Scout Group

Joeys: Tuesdays of school term 5-6pm Cubs: Mondays of school term 6:30-8pm Scouts: Tuesdays of school term 6:30-8:30pm

All at Modewarre Hall, Cape Otway Rd **Venturers:** Wed at Walton's Rd Venturer Den Contact Marie McPadden 0409 330147

Winchelsea Transfer Station

Opening Hours

Monday Closed
Tuesday 2pm-4pm
Wednesday Closed
Thursday 2pm - 4pm
Friday Closed

Saturday 1.30pm - 3.30pm Sunday 9.30am - 12.30pm

55 Cressy Road, Winchelsea.

Accepts household garbage,
mixed commercial and industrial waste,
mixed construction and demolition waste.
Accepts recyclable materials.
Accepts one recycle bin two waste bins.

Does NOT accept clean fill.

Thank you from the Guides

Many thanks to the patrons of our Sat matinee film fund-raiser for our local Wildlife shelter.

A total of \$390 was raised by the Guides to help support our sick/ injured wildlife.

Thanks also to the Bendigo bank for its sponsorship.

Guides will resume next term on 10th Oct 4.30pm at the Catholic hall.

All girls 5-15yrs welcome!

Contact Yvonne ph 0448 672 63 or Bonnie ph 0401 386 274







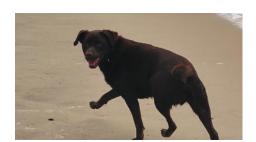


Star Classifieds LOST DOG

SUNNY. Lab x kelpie male. Chocolate brown colouring. Blue collar.

Olney St Winchelsea ph. 0418693444

Desperately seeking any news













HESSE

RURAL

HEALTH

- Acute Hospital
- Urgent Care
- Residential Aged Care
- Dementia Specific Care
- Home Care Packages
- District Nursing
- Diabetes Education
- Dietician
- Occupational Therapy
- Occupati
 Podiatry
- Physiotherapy
- Planned Activity Groups
- Community Health Groups
- · Palliative & Continence Care
- Maternal Child Health

5267 1200

Servicing Winchelsea, Bannockburn, Beeac, Rokewood, Teesdale and Districts



Articles are most welcome and must carry the name and address of the sender.

Weekly deadline is 5pm Friday.

Copy for sports results and weekend events is Sunday 6pm (4pm for hard-copy articles/results left at IGA) unless by prior arrangement.

Copy should be emailed to news@winchelseastar.org.au or left at IGA Supermarket.

The Winchelsea Star reserves the right to edit or not publish any article.

Views expressed are not necessarily those of the Winchelsea Star or its Committee.

500 online subscribers, 250 copies printed for outlets around Winchelsea.

Free subscription to digital version at winchelseastar.org.au

> © Winchelsea Star Org. Inc. All rights reserved.

Winchelsea Star Organisation Inc. Reg. No. A1479, ABN: 57 207 411 958 winchelseastar.org.au Po Box 5, Winchelsea, Vic, 3241

Editors:

Cerrie Fogan, Yvonne Stevens Judy Cameron editor@winchelseastar.org.au

Advertising:

Sasha Gauntlett and Neil McInnes advertising@winchelseastar.org.au 0408 102 802

Layout/Sub Editors:

Susan Corby, Charles Corby Stuart Fountain production@winchelseastar.org.au

Committee

President: Mick O'Mara president@winchelseastar.org.au

Treasurer: Cathy Cheadle treasurer@winchelseastar.org.au

Secretary: Tony Phelps secretary@winchelseastar.org.au

Committee Members:

Linda Carter

Printer: Mud Group Website: Winch Websites



WINCH WALKERS.

WE would love to see you for a weekly walk.....anyone new to the area or would like to reconnect with our walking group- everyone is welcome......



Heart Foundation Walking Group

MEET: MUD HUT- Barwon Terrace - opposite La Hoot

WHEN: every Wednesday at 9:30am - 10:30am (approx.)

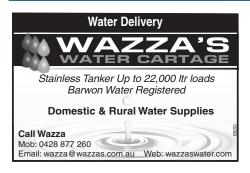
WHY: Walking is a terrific way to catch up with people and be active!

COST: It's FREE!

Walking routes are tailored to ensure they are accessible to everyone.

The Walking Group follows the Heart Foundation COVID safe guidelines.

For further information please call Vanessa Berry (Health Promotion Officer) on 0436195616 or email <u>-vberry@hesse.vic.gov.au</u> Or call by the Mud Hut with your walking shoes on and come down to meet us..... we would love to see you!!





Knuckey's Winchelsea Ph: 5267 2011

Knuckey's have in stock a complete range of batteries to suit tractor, heavy machinery, cars, utes

The largest range of the best oil for your vehicles—CASTROL— 'when only the best will do'

The largest range of V belts. A, B, C, D M Sections Bolts and nuts for all occasions Steel cut to size



Repairs to all makes and models of ride on mowers, domestic mowers, pumps, chainsaws, brushcutters and small engines.

Trading Hours: Mon - Fri 8am - 5pm Saturday 8am - 12 noon Cnr Princes Hiwy & Lennox St Winchelsea

www.allaboutmowers.com.au 57/HL GRIGGSASTRATION VICTA accounts@allaboutmowers.com.au





Yara Valley Tour with Spirit Travels

By Jessie Gardner

With Tony at the helm and an early pick up in Colac, Winchelsea and Highton, It was off on our 3 day tour of the Yarra Valley.

Firstly a Home made morning tea at Werribee after touring around the Market gardens. Next we visit the Victoria Market where a few unexpected purchases were made. On through the Mullum Mullum Tunnel and up the Burwood Highway in misty rain to Knoxfield through Ferntree Gully, then up through the ferny mountains to Sassafrass, Olinda where we visit the Rhododendron Gardens, Past Cloud Hill Gardens. Silvan Dam and Tesslars Tulips with the rain getting heavier, a few hail stones as well. Warburton Valley. Coming in to Lilydale we arrive at the York Hotel for the next two nights. An enjoyable 2 course dinner and free time before we retire to our very comfortable beds.

Day.2. Welcoming Debbie as our driver today, an enjoyable breakfast, on board again for Marysville, passing Dame Nellie Melba's home {still in the family) the many grape vines Domaine Chandon and the cherry orchards, Rochford where they have the day on the green concerts. travelling through the rolling hills and the green country side also very wet paddocks we come to the Healsville Gin Distillery. Going into the Black Spur with the extremely tall trees and ferns, Mirrindini, Narbethong, Granton. Passing Marysville Trout Farm and seeing where the big fires were. Over the flooded Stephensons Creek to a lovely little park and lolly shop. Up to Stevensons Falls. 'Back down past the beautiful trees in blossum To Healsville





for lunch. then back down the Black Spur to the Chocolaterie, plenty of ice cream being tried here, next the Alowyn Gardens, a must see if out this way spectactular. On we go back to the Motel for another 2 course dinner then back to our rooms to watch the Queens funeral.

Day .3. After a very appertising breakfast we packed the bus, with Tony driving again then on our to Hastings

with a very interesting talk by Geoff at the Do;phin research Institute Western port Marina. Next Bittern,Dromana,Rosebud, to Rye R.S.L. for a 2 course lunch.

Blairgowrie, Sorrento. Back into Geelong we say goodbye to Peggy and Jenny then on to Winch, Thanking Tony And Debbie for another memorable trip and to the Colac passengers. A great trip with good company.



Café La Hoot

have you tried 'owl' coffee?

1 willis st cafelahoot@gmail.com 0407 528 999



Winchelsea Community House

Hours: Monday - Friday, 9.00am - 2.00pm Address: 28 Hesse Street, Winchelsea Phone: 5267 2028 Email: reception@winchhouse.org.au





WINCH HOUSE SCHOOL HOLIDAY CLOSURE THURSDAY 22ND SEPTEMBER TO FRIDAY

30TH SEPTEMBER INCLUSIVE

FOOD HANDLERS COURSE FOR ALL AGES

TO BE HELD OVER 2 EVENINGS (MUST AT-**TEND BOTH)**

MONDAY 24TH OCT AND WEDNESDAY 26TH OCT AT 6.30PM

BOOKINGS ESSENTIAL PLEASE EMAIL

manager@winchhouse.org.au

COST \$150

LEVEL 2 FIRST AID COURSE AND CPR UP-**DATES**

SATURDAY 12TH NOVEMBER AND SATUR-**DAY 3RD DECEMBER**

FULL COURSE \$160 (8.30-3.30)

CPR ONLY \$65 (8.30-11.00)

BOOKINGS ESSENTIAL

PLEASE EMAIL

manager@winchhouse.org.au

MINI MOVERS

3-5 YEAR OLD's

6 Weekly Sessions commencing

Friday 14th October

10.00am to 10.45am—child must be supervised by an adult.

Cost \$90 for 6 sessions

Bookings via email

manager@winchhouse.org.au by 6/10/22

POWER SAVING BONUS

\$250

WINCH HOUSE IS ABLE TO HELP WITH YOUR **POWER SAVING BONUS CLAIM OF \$250**

PLEASE PHONE US FOR AN APPOINTMENT

IN TERM 4

52672028

Winch House and Community Engagement Goals

by Tony Phelps, Committee Chair

In a previous article, I outlined the general Strategic Plan goals that Winch House is aiming for over the next 4 years.

We subsequently delved into Goal 1, Positive Revenue (financial sustainability being a key responsibility of any Committee or Board). This week, we look at Goal 2, Community Engagement. As a community house, the place exists to foster connections between people, get people engaged in activities and courses, draw people together around issues and topics of interest, to combat inequality, help improve mental health and generally build a shared community spirit for the Winchelsea area. So this goal maps out what will get people (that's you!) through the doors to make life better in big and small ways.

Our community engagement goal splits into an email newsletter, social media activity, a course/learning schedule, an activities calendar, and community groups support. Let's take a look at each of these.

Email Newsletter

The single biggest challenge for Winch House is awareness. At the recent market, one of our Committee (who also happens to be a key driver in the Winchelsea Country Women's Association) was surprised by how many people thought the Occasional Child Care service was just a playgroup. It has been a long-standing issue that Winch House is physically tucked around the back of the Shire Hall and so many simply don't know it's there or what can be found there. With the growth of Winchelsea and significant numbers of newbies to the area, we have to find a way to let people know about Winch House and what's on offer. A regular email newsletter is an easy, low-cost way to go to people (instead of expecting them to come to us) and keep everyone informed. The challenge is to build up the mailing list, stick to a regular newsletter schedule, create interesting newsletters, and of course to find someone to handle it.

Social Media Interaction

Email newsletters, in spite of what some may say, are still very successful as a communications channel. But of course, social media is also extremely popular. Winch House is active on Facebook, Twitter and Instagram but trying to get attention is extremely difficult as all those channels get both busier and more commercial. Facebook & Insta in particular throttle what people see in their feed, and unless a person is constantly interacting with Winch House posts, Winch House disappears from view for all but a small fraction of its followers. How to deal with this to ensure that Winch House continues to appear in social media to locals? The answer is paid adverts. That in turn requires a proper strategy and plan for what ads to put out, who to target them at, and how much to pay. Easy enough, but as with the newsletter the challenge is to make posts & ads interesting, to schedule them for appropriate times, to work out what they best appeal to, and again, finding someone to do it all.

Course Schedule

One of the key services Winch House provides is learning opportunities. For career & job, or just for interest and lifestyle. Winch House offers what you might call 'official' courses that aim to give people skills such as certificates in aged care, responsible service of alcohol, first aid etc. Winch House can also put on courses and workshops that are not officially recognised (and are therefore less regulated) such as cheese-making, keeping bees, using technology, dance style class (eg "No lights, no lycra"), fermenting classes, cooking classes, mushroom growing and a baby paramedic class. If we can publish and promote a course schedule in advance (eg. each term or maybe even coving a year), then people will know and can share what's on and arrange their own diaries to suit. Focus is actually now turning to planning a course schedule, watch this space for what's coming up in 2023!

Activities Calendar

Alongside courses and learning are the regular and ongoing activities. Two great

examples already underway are the Craft Group and the Crochet Group. The Craft Group are a very happy group of ladies who come together on Wednesdays to work on their own Individual craft activities and for socialisation. Vee leads a small informal interest group on alternate Saturdays to learn some crochet skills. Other activities have been suspended during the Covid pandemic ructions, we are hopeful they will return in due course. Winch House doesn't have the resources to manage such activities beyond scheduling and maybe a bit of room preparation. The challenge here is to find activities that are self-sustaining in terms of people who can keep them going, are of interest to enough people, and fit within the lifestyles and budget of those who want to join in.

Community Groups Support

This final aspect of community engagement is another core for Winch House. One of our Values & Philosophy statements is "Advocacy - assist our community to have a voice". Did you know that Winch House provides an auspice service? In other words, small community groups can get at official & legal status in the eyes of government by setting up an agreement with Winch House who will provide the group with an umbrella coverage for things like accounts, insurance and an ABN particularly useful when applying for grants. How best can Winch House support community groups who have a special interest and objective around a particular issue, within the very limited resource constraints available?

All of the above are aimed at getting you (yes, you) to join us at Winch House - to grow our sense of community, to give you interesting things to do, to add to your life in some way. I hope you can help us achieve this. Keep a look out for what's on at Winch House, and if something piques your interest, please support us by coming along. If you want to organise a group, run a workshop, put on an activity, or even just make a suggestion - we're listening!! Get in touch with manager Wendy - contact details on the website at winchhouse.org.au.







LIONS CLUB OF WINCHELSEA

PAPER RECYCLING

Paper depot rear of **Senior Citizens Rooms Harding Street** NEWSPAPERS, MAGAZINES, PHONE BOOKS WANTED

SHEEP POO FOR SALE

\$5 per bag. Available at paper depot rear of **Senior Citizens Rooms Harding Street** most mornings between 10 and 12 or contact David on 0410 029 857.



RAISING FUNDS FOR OUR **TOWN & DISTRICT** 5267 2011 or 0408 520 606



Fun, Interactive music sessions for pre-school children (0-4 y.o.) and parents/caregivers

When: Mondays from 10 to 11 am (runs during school terms) Where: St Thomas' Hall

25 Barwon Tce.

To Enquire ring: 0407838256

Plasterer & Painter

Daryl Hecker

Domestic & Commercial Renovations & Repairs Suspended Ceilings **Dustless Sanding New Homes Extensions**





Driveways · Sheds · Decorative Concrete · Raft Slabs

Robert Murphy

40438 235 237

winchelseaconcreting@outlook.com

Winchelsea Football Netball Club Inc

Blues News

Welcome to Blue's News.

This week sees the winding down of the 2022 season which was completed without interruption from COVID or other issues, a welcome return to some sort of normality.

The running of Sporting Clubs around the State has been with plenty of challenges and thanks go to the Presidents, Committee members, and Volunteers of those Sporting Clubs – including the W.F.N.C. INC. Thanks go to the supporters of Grass Roots Football – crowds have been great this year – especially at the Blues home games.

Thanks also go to all those who are supporting the Club in the way of patronage of "The Blue's Bistro".

Our Sponsors and the Catering are what keeps this Club ticking over.

2022 has been a successful year with vast improvement in both the Reserves and the Senior football sides finishing just above expectations in a 2 tier plan.

On the Netball side of operations the Club has made huge in roads in many aspects both on and off the field. Congratulations to all concerned the Blues look forward to seeing what will eventuate in 2023 on the courts.

The G.D.F.N.L. Presentation Night will take place at Buckley's Entertainment Centre on Friday 7 October. The Winchelsea Football & Netball Club will be honoured for our A grade Netballer Gemma Stavenuiter to receive the A Grade Best & Fairest Award the Margaret Webb Medal. This is the first time for a Blues Player to receive this honour since joining the G.D.F.N.L.

A Grade Coach Casey Carroll was named joint Coach of the Year in what capped of a significant year for A Grade. Bronte Middleton also has had a great really solid season in C Grade.

The W.F.N.C. Presentation Night is on 8 October at the Empire Grill at 6pm for a 6.30 start. Tickets are \$100.

The Blue's Bistro wraps up for the year on Thursday evening, there will be a variety of meals available including a limited number of Hamburgers with the Lot. If possible could those requesting a Take Away meal please bring their own plate or bowl with them for our last week.

And to all Geelong Cat fans out there – ENJOY!

GO BLUES!!





Winchelsea Community Facebook pages

What's on in Winchelsea

FLYERS, LOCAL EVENTS, SMALL BUSINESS, PROMOTING WINCHELSEA facebook.com/WhatsoninWinchelsea

Winchelsea FREE ONLY facebook.com/groups/winchelseafree

Winchelsea Community Information

AUSTRALIA POSITIVE DISCUSSION facebook.com/ groups/207538644446972

Winchelsea Classifieds 3241

FOR SALE ONLY facebook.com/ groups/216942861684082

Winchelsea Lost and Found

LOST PETS facebook.com/ groups/768187693217518

Winchelsea Op Shop

facebook.com/ HospitalAuxiliaryOpShopWinchelsea

Winchelsea Tea Rooms

(community centre) facebook.com/WinchelseaTeaRooms

Winchelsea Community House

facebook.com/ winchelseacommunityhouse

Winchelsea Coronavirus Community Support Group

facebook.com/ groups/2676957719207927/

The Green Winchelsea Residents

facebook.com/ groups/515322772623126

Growing Winchelsea Inc

facebook.com/growingwinch

Winchelsea Star

winchelseastar.org.au/step/subscribe/

Winchelsea Movie Club

facebook.com/winchelseamovies

Winchelsea Community Market facebook.com/winchelseafarmersmarket

Winchelsea Land and River Care Group

facebook.com/envirowinchelsea/

Upper Barwon Landcare Network

facebook.com/UpperBarwonLandcare

Winchelsea & District Historical Society Inc.

facebook.com/ Winchelseaanddistricthistoricalsociety/

Winchelsea Wildlife Shelter

www.winchelseawildlifeshelter.com/

SCARS - Surf Coast Animal Rescue Service

facebook.com/groups/415211698950674

Winchelsea Gardeners

facebook.com/ groups/779878518703025

Winchelsea & District Historical Society

facebook.com/ Winchelseaanddistricthistoricalsociety/

Winchelsea Repertory Society Inc

facebook.com/winchrep/

Winchelsea Globe Theatre

facebook.com/Winchelsea-Globe-Theatre-164790897641678

Winchelsea Uniting Church

facebook.com/winchelseaunitingchurch

St Thomas' Anglican Church

facebook.com/StThomasWinchelsea

St John the Baptist Catholic Church

facebook.com/pages/Winchelsea-Catholic-Church/101775670163180

Winchelsea Mainly Music

facebook.com/ groups/668500343953191/

Winchelsea Health Club

facebook.com/WinchelseaHealthClub

Winchelsea Playgroup 2019

facebook.com/ groups/551663435367031

Winchelsea Girl Guides

www.guidesvic.org.au/

Winchelsea/Modewarre Scouts

facebook.com/1stModewarreScouts

Winchelsea Fire Brigade

facebook.com/winchelseafirebrigade/

Winchelsea SES

facebook.com/groups/WinchSES

Country Women's Association -

CWA Winchelsea Branch facebook.com/pg/CWAWinchelsea/

Winchelsea Bowls Club

facebook.com/Winchelsea-Bowls-Club-533783333344345/

Winchelsea Blues Cricket Club

facebook.com/groups/8999049476/

Winchelsea Blues FC

facebook.com/WinchelseaFNC/

Mel's Dance Studio

facebook.com/melsdancecentral

Winchelsea Golf Club

facebook.com/winchelseagc/

facebook.com/ groups/1324943804676697

Winchelsea Kyokushin Karate Club

facebook.com/winchelseakyokushin

WYLD Winchelsea Youth Leisure and Drop in

facebook.com/ groups/569737570027065/

Lions Club of Winchelsea

facebook.com/LionsWinchelsea

Winchelsea Probus

10am 1st Mon month at Sen Citz Hall

THE LITTLE KNOWN WONDER: How Chiropractic can improve your brain function and what this means for you and your family....

Every time you get a chiropractic adjustment it literally improves the accuracy of communication between your brain and your body. The adjustment allows the brain to break the cycle of continuous maladaptive plastic changes and instead, to be more accurately aware of what is going on in and around the body, thus enabling it to control the body more efficiently and more accurately.

This enables it to appropriately respond to internal and environmental cues, including the reversal of maladaptive plastic changes involved in the recurrence and maintenance of chronic pain. This is supported by the clinical evidence that clearly shows chiropractic care can improve both acute and chronic neck pain, back pain, and certain types of headaches.

But beyond pain these clinical and anatomical studies have shown crossed

reciprocal connections between the cerebellum and the prefrontal cortex, these parts of the brain are known to control accurate sensorimotor function and are vitally involved in the "redrawing" or continuous adaptations of the inner body schema or body maps.

What is fascinating is the emerging and indisputable research that is showing that these parts of the brain are also vitally involved in

Executive intelligence functions

Play a key role in how one experiences pain

Vital for emotional control

Emotional intelligence

Social intelligence

Mental health

Critically involved in regulating the Autonomic Nervous System, the Endocrine System and the Immune System

That this function can be altered in these parts of the brain

with chiropractic care is why each and every adjustment is so exciting.

These brain areas are so important for how someone thinks and feels, how they experience themselves and the world they live in, thus reflecting who they are and how they function as a human being.

It provides an explanation for why so many people who do receive chiropractic care report they feel better, feel less stressed, sleep better, and even why some report they have better relationships with others when they are under chiropractic care.

If you are interested in knowing more, please connect with us on Facebook or Instagram or through our website at www.onebodychiroractic.com.au

Dr. Emily is an expert at locating dysfunction through spinal alignment, posture and the central nervous system that may be affecting your ability to be at your best when it comes to sleep, behavior, mood, coping with stress,

HESSE RURAL HEALTH COMMUNITY NEEDS SURVEY



Hesse Rural Health is interested in hearing from you about the current and future health needs of our community. This survey will inform our health promotion plan for 2022-2025. This survey is for all community members in the Hesse Rural Health Catchment, you do not need to have used the service to respond.

All responses are anonymous and data will be used for planning purposes only.

Please scan the code to complete the survey on your phone.







Community past families teachers & students

MEMORABILIA & PHOTOS ON DISPLAY
ALL ENQUIRIES - SCHOOL OFFICE 52661298

EMAIL: moriac.ps@education.vic.gov.au

Let everybody know about this special event!!!

Simco Plumbing and Gasfitting

24/7 Emergency service Ph:0400643976

- All General Plumbing and Gasfitting
- Roof and Gutters, Hot Water service changeover
- · Split Systems, Air Conditioning and Wood Heaters
- · Irrigation, Septic and Treatment plants
- Excavation, Bobcat and Tipper
- · Rain water Tank installation
- Renovations and Extensions
- · Gas conversions and servicing

Simon McGillivray

Lic: 109610. Free quotes, Fast and friendly service



St Vincent de Paul Society

Covering Meredith, Bannockburn, Anakie, Lethbridge, Inverleigh, Teesdale, Shelford, Elaine and Winchelsea

52219170

Monday - Friday 9am to 2 pm http://www.vinnies.org.au

A caring Catholic organisation offering "a hand up" to all people in need.



p 0418 672 334 e mrpsteelworx@yahoo.com.au

Welding Service

- Onsite welding
- Farm maintenance
- Farm machinery & equipment repairs
- Cattle & sheep yards
- Custom built trailers
- Supply & install gates

BUILDING? RENOVATING? NEW HOME? EXTENSION?

- ♦ BUSHFIRE ASSESSMENTS
- ♦ 6-STAR
 ENERGY RATINGS
 BRUCE ST. CLAIR
 0435 892 799

CORPORATE MEMBER



OZ TREES NURSERY & TREE PLANTING SERVICES

- Affordable seedlings—over 200 species
- Complete plantation service—farm forestry, shelter, aesthetics
- Deep ripping & mound ploughing. Rotary bed forming
- Our experienced staff will help you select species for your site conditions and needs Also available—tree planting tools, milk cartons, plastic tree guards & bamboo stakes



569 Warrowie Rd. Colac P: 5233 6280 F: 5233 6393 E: info@oztrees.com.au W: www.oztrees.com.au Open Monday—Friday 9am—4:30pm

Phone OzTrees for professional advice,

WINCHELSEA GAS CONNECTIONS

Are you connected to natural gas? We organize service pipes & meter connections.

Any appliance you wish connected:

- •Gas log fires
- Gas heaters
- Hot water services
- Hot plates
- Ovens
- •BBQs

RM & ME Plumbing Pty Ltd Ross 0417 561 558 Murray 0434 600 139

Antique Repairs

By Doug Burns est. 1976

- All Furniture
- French polishing
- Carving
- Veneering
- Wood Turning
- Porcelain



Unusual Requests Welcome

180 Barwon Terrace, Winchelsea

0428 672 704

B & H Modifications Bob Verity

55 Stephenson Road Winchelsea 3241 Ph: 5267 2467 Mobile: 0411 610 678

Industrial Sewing Machine Work

Caravan Annexes, Trailer Covers,
Shade Sails, Alterations and
Repairs to
Camping and Tents.
Clear PVC Blinds
Repairs to CLEAN Horse Rugs
No Job Too Small
Email: bobverity@southernphone.com.au

Telehealth Tuesdays

Counselling is now available for people over 18 in the Hesse Rural Health region via telehealth.

What will you need?

An email address
A device with a camera
A good internet connection

Sessions are private and confidential and only \$10 for community members.

To make a booking please call Hesse Reception on 5267 1200



Winchelsea Churches

Thought for the Week

"Just as the strokes of a surgeon's knife can bring about immense good.

Even the saving of a life.

So can God create good out of apparent evil.

Trust in the healing hand of God, who is wiser than any doctor."

John Bader (Lay Preacher)
Uniting Church.



artists are available.

Entry by gold coin donat Love Cancer Centre.

pportunity to discovue Christmas gifts !

For enquiries phone Dave on 0402 941 943 Mark Greskie

Winchelsea Uniting Church

Hesse St, Winchelsea 3241 uca.winchelsea@gmail.com 0475 777 301

Services 9.30am Sundays

St John the Baptist Catholic Church

Harding St, Winchelsea 3241
Father Joseph Panackal
0404598558

St Thomas' Anglican Church

Barwon Tce,

Winchelsea 3241

Rev'd A. Lynne Clarke stthomaswac@gmail.com 0477 672 042

Whats on in Winchelsea

Notice of AGM Winchelsea and District Historical Society

ANNUAL MEETING (rescheduled) will be held on Friday October 7th at 1.30pm at the History Centre, Hesse Street. All welcome.

Notice of AGM Winch Community House

Inc. No. A6247K

Notice is hereby given of the Annual General Meeting to be held on Wednesday 19th October, 2022, at 7.00pm in the Shire Hall Building, 28 Hesse St Winchelsea.

An invitation will be sent to all current 2021 members. All other interested people are asked to email manager@ winchhouse.org.au so an invitation can be sent. Membership, which allows attendees to vote, is 20 cents.

AGENDA ITEMS INCLUDE:

1/ Annual reports from co-ordinators & Committee of Management including annual statement of income & expenditure.

2/ Nominations called from the floor for Chairperson, Treasurer, Secretary/ Public Officer as well as five (5) Ordinary Members for the Committee.

The Chairperson will allow any business that is relevant to the Annual General Meeting to be brought forward.

Tony Phelps, Chairperson



WINCHELSEA OPPORTUNITY SHOP FUNDRAISER

TWILIGHT



COCKTAIL PARTY

SATURDAY.8 OCTOBER. 2022

6.30 PM TO 11 PM

\$100 PER PERSON INCLUDES DRINK ON ARRIVAL. CANAPES & ENTERTAINMENT

DRESS - OP SHOP GLAMOUR

TICKETS AVAILABLE AT INGLEBY.COM.AU/EVENTS







Come and chat at my mobile office

Wednesday, 5 October 2022, Outside the Post Office

- Winchelsea | Rotunda, Corner Palmer and Main St 8:45-9:45 am
- Beeac | 65 Main Street | 10:15 -10:45 am
- Lismore | 35 High Street | 11:15 -11:45 am
- For appointments call 1300 131 692





Winchelsea Supermarket

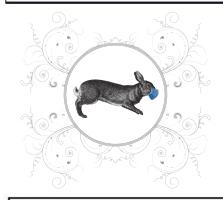
Trading Hours Monday to Saturday

8.30am to 7.30pm Sunday

10am to 7pm

Ph: 5267 2676

29 Main St, Winchelsea



BROWN,

The Funeral Service to Celebrate the Life of Mr Trevor Brown will be held on FRIDAY (30th September) at 11am at The Hub, Eastern Reserve, Hopkins St, Winchelsea.

A Private Burial will follow.

In lieu of flowers, donations may be made to the Andrew Love Centre. Envelopes will be available at the service.



Winchelsea Football Netball Club Inc

Blues

WINCHELSEA FOOTBALL & NETBALL CLUB INC. NOTICE OF 2022 ANNUAL GENERAL MEETING

Winchelsea Football & Netball Club Inc: A0042798Y
70 Hopkins Street, Winchelsea 3241.
Post Office Box 56. Winchelsea 3241.
www.winchelseafnc.vcfl.com.au

Affiliated with the Geelong & District Football League.

Monday the 7th November at 7pm. Members Room. Eastern Reserve.

All positions have been declared vacant:
President, Vice President (2) Secretary, Treasurer and General Committee.
New nominations will be presented.

If you wish to nominate please fill out a nomination form (available from the Foxes Den Cafe, and /or Janet Fletcher 0400 783 408) and send to the Secretary, P. O. Box 56, Winchelsea Post Office, or e-mail winchelseafnc@hotmail.com

WINCHELSEA FOOTBALL & NETBALL CLUB INC.

COMMITTEE NOMINATION FORMS:

Ι_			ninate for the incoming Committee of Mar 3 (please tick the position nominating for)	
S	Signature:			
	PRESIDENT	VICE PRESIDENT_	VICE PRESIDENT	
	TREASURER	_ SECRETARY	_COMMITTEE MEMBER	
	NOMINATED BY _		Signature	-
	SECONDED BY		Signature	

Winchelsea Trading—agents for:

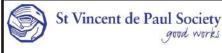
UNIVERSAL TOOL SHARPENING

For all your sharpening needs Rural—Domestic—Industrial

- Hand tools
- Garden tools
- TCT Blades
- Brobos
- Chainsaws
- Firewood saws
- Kitchen tools
- Bandsaws
- Chipper & planer blades
- Drill and router bits
- Dog & horse clipping blades

5248 2061

'We give you the edge you need'



Covering Meredith, Bannockburn, Anakie, Lethbridge, Inverleigh, Teesdale, Shelford, Elaine and Winchelsea

52219170

Monday - Friday 9am to 2 pm http://www.vinnies.org.au

A caring Catholic organisation offering "a hand up" to all people in need.

NO MATTER WHAT YOUR PROBLEM, DODDS ELECTRIX CAN DEFUSE THE SITUATION.

RURAL, INDUSTRIAL, COMMERCIAL. DOMESTIC PHONE 0438 887 360 EMAIL: DODDSY@FASTMAIL.FM PO BOX 36 BIRREGURRA, VICTORIA 324 REC: 17520 ABN: 64 581 250 880



5234 6585 0417 385 984 For all your domestic & stock water. Also available for road and civil construction Local owned and operated.

TRENCHES & HOLES PTY LTD.



PHILLIP ROBERTSON

© 0427 672 945

WINCHELSEA

- · General Earth Works
- Driveways
- · Trencher
- · Kanga Loader
- · Grader
- Excavator Work (3.5 & 6.5 Tonne)
- · Tip Truck
- · Rock Breaker
- · Post Holes & Shed Footings

A.B.N 74006896898



GROW business
INCREASE reach
SAVE time

Find out what a website could do for you winchwebsites.com.au 04 887766 20

CONCRETER

Alister Aitken

No job to big or small

 - Driveways - Carports - Crossovers - Footpaths -Sheds Slabs - Colored Concrete - Concrete sealing - Exposed Aggregate - & more -

Call or text for a no obligation free quote

Servicing our local Winchelsea & Surrounding Areas

alaitken.aa@gmail.com or Alister - 0411 871 950

A.B.N. 47 228 574 460























www.colactrees.com.au



Funeral Planning

Working out what is best for you.
Prepaid Funerals, Funeral Bonds, Pay-by
instalments...

There are many options and its important to make the right choice.

Alyson Burchell will be available by appointment to answer any questions about funerals and planning ahead.



For more information or to make an appointment contact Sue on 5221 4788

Tuckers Community Office, Surf Coast Taxation Services, 22 Willis Street, Winchelsea

First Tuesday of the Month, by appointment 10.00am - 12.00pm

Caring for families since 1883

Tackers 5221

5221 4788 www.tuckers.com.au





CARTAGE CONTRACTORS

WINCHELSEA WAS

SUPPLIER OF ALL QUARRY MATERIALS, TRUCK HIRE CARTAGE OF GRAIN, LIME, GYPSUM & SUPER

LANDSCAPE & GARDEN SUPPLIES

56 WILLIS ST, WINCHELSEA

Ph - 5267 2094

Ryan - 0438 672 281

Email: rakdavis@bigpond.com



Charles Stewart & Company are leading livestock and real estate service providers covering Victoria's south west

Office 56 Bromfield Street, Colac www.charlesstewart.com.au LIVESTOCK
Jamie McConachy | 0418 522879
Peter McConachy | 0408 522878
Matt Nelson | 0428 315400
Gerard Bohan | 0400 005541
Lachie Barclay | 0438 346291
John Thornton | 0408 526367
Dougal McIntyre | 0439 575612
Ross Spitty | 0419 539717

REAL ESTATE
Michael Stewart | 0418 520467
Daryl Oborne | 0419 388341
Anthony McDonald | 0418 593597
Gerard Bohan | 0400 005541
Stephen Lugg | 0417 556098
Josh Lamanna | 0417 586032









- 🛚 LOG BOOK SERVICI
- **S** AUTO ELECTR**I**CAL
- **TOWING**
- 🛚 AIR CONDITIONING
- **S** CLUTCH & BRAKES
- **S** TYRES
- **WHEEL ALIGNMENT**
- 17 Alsop Drive BATTERIES

CAR, TRUCK REPAIRS & Roadworthys

PH: 5267 3001

Mob: 0417 137 457







- Domestic and Commercial hire equipment Industrial welding gas
- Digging and Earthmoving equipment New trailers and trailer repairs
 - Firewood Stockists of Royal Oil Lubricants products

LPG for domestic and commercial requirements

Give Chris and the Team a call on 5232 1177 or email info@colachire.com.au

www.colachire.com.au 101 Wallace St Colac 3250



M & L DRAYTON PLUMBING SERVICES

REG No 24356 C/A No C02594

- Domestic and Rural Plumbing
- Roofing
- Sewerage & Septic
- LPG & Natural Gas Connections
- Motorised Drain Cleaning
- Backhoe Hire

Phone Mark 5288 7244
PO BOX 98 WINCHELSEA 3241
Mobile 0428 520 142





AG SUPPLIES FERTILISER GRAIN STORAGE SEED CLEANING

(03) 5267 2351

HF RICHARDSON

PROPERTY

Servicing all your real estate needs Ken McDonald 0418 524 150



Residential | Rural Lifestyle | Agricultural Farms



Breeze Health and Wellness, Exercise Physiology 32-34 Main Street, Winchelsea (old post office)

Chronic disease? Injured? Wanting improved athletic performance?
We can help you manage, rehabilitate and prevent many common ailments through movement.

Speak with your GP about a referral for a care plan.

Private health accepted - no referral needed.

Call Brenton on 0428 790 023 to discuss or email breezehealthandwellness@gmail.com Exercise is Medicine, Motion is Lotion. Move with Ease at Breeze.

Winchelsea Taxis is now Surfcoast Taxis

Our fleet of vehicles are growing to all late models and we are covering an extended area including Winchelsea, Colac, Bannockburn, Inverleigh, Great Ocean Road and Geelong.

We have a fleet of 10 seater Maxi Vans, all with capacity to carry wheelchairs.

Surfcoast Taxis Pty Ltd All Bookings: 0408 325 992

Fax: 5267 2699

Email: bannotaxis@gmail.com

(Admin or Stan 0429 672 888)

66A Batson Street Winchelsea 3241





Accounts NDIS provider. TAC, DVA etc

NDIS provider number 4050001044 NDIS provider number 4050001048

RM & ME PLUMBING Pty Ltd

All General & Rural Plumbing

NEW HOMES, RENOVATIONS, EXTENSIONS
SEPTIC TANK INSTALLATIONS
SAND FILTERS, TREATMENT PLANTS

Agents for CLARK WATER TANKS

Ross Matthews 0417 561 558

Murray Ellis 0434 600 139



SIMPLE STORAGE SOLUTIONS

- Personal & Business Storage
- Boat, Caravan & Vehicle Storage
- High Security Premises
- Individually Alarmed Units
- Electric Gate Access
- 7 Day Access & CCTV

YOUR STORAGE PROBLEMS SOLVED

5267 3116 6 ALSOP DRIVE, WINCHELSEA 3241



Winchelsea Towing 24 Hour Accident and Breakdown Towing 0418 535 402







Big on products. Big on service.

And big on local banking

Find out more. Call us on 5267 3189 or search Bendigo Bank Winchelsea & District.





Community Bank Winchelsea & District

Bendigo and Adelaide Bank Limited ABN 11 068 049 178, AFSL/Australian Credit Licence 237879 A1455027 OUT_25157106, 18/08/2022

