Birth and Beyond News

Edition 2: May 25

Birth & Beyond
empowering the Teenage Mother

Birth and Beyond, the organisation based in the suburbs of Nairobi, Kenya that helps disadvantaged young mothers and adolescent girls holds its annual fundraising charity run on Saturday 7 June.

Patricia Njeri (centre) with some of the mothers she helps

The charity was created by Patricia Njeri, herself a former teenage mother. It has gone from strength to strength and this event will be the best yet.

Njeri says: "Birth and Beyond is a grassroots organisation passionately working in Kajiado, to empower teenage mothers and adolescent girls from low-income communities. Over the past four years, we have journeyed with over 2,000 young women, offering counselling, mentorship, vocational training, and economic empowerment opportunities. Every success story — from the young mother now running her own salon to the budding caterer growing her business — is a living testament to resilience, transformation, and renewed hope."

Birth and Beyond events get full community support

"The Birth and Beyond Charity Run is not just a race; it is a movement of hope. We are running to spotlight the struggles and triumphs of teenage mothers and to raise vital resources to keep their dreams alive. Every stride taken fuels programs that provide education, training, dignity and support for young mothers navigating some of life's hardest paths."

Some of these graduates are in the Birth and Beyond program

Event details

- **Date:** Saturday 7 June 2025
- **Location:** Nairobi Chapel Ongata Rongai
- **Categories:** 5km Fun Run and 10km Challenge Run
- **Participation Fees:**
  - **Adults:** Ksh. 1,200 (US$9.50)
  - **Children:** Ksh. 800 (US$6.20)

Even the smallest help out

Support options

- **Run with Us:** Lace up for a cause, you can run virtually or physically.
- **Donate towards the cause**: https://www.mchanga.africa/fundraiser/112628
- **Sponsor a Young Mother:** Support training, dignity kits, or counselling sessions.
- **Corporate Sponsorship:** Align your brand with empowerment, transformation, and community impact.
- **Volunteer:** Bring your energy — help us with coordination, cheering, and love on race day!

Call to action

Join the movement. Run with purpose. Stand with teenage mothers rewriting their stories.

Together, we can ensure no young mother walks alone.

To register or to explore support opportunities, please contact

info@birthandbeyondkenya.org or visit

https://birthandbeyondkenya.org/en/run/.

Birth & Beyond
empowering the Teenage Mother

BIRTH & BEYOND
CHARITY RUN
Run for Skills

Child 800/-

Adult 1200/-

Saturday
7 June, 2025

Location
Nairobi Chapel Rongai

RUN DISTANCES:
10 KMS, 5KMS

CROTON MOTORS
SPONSOR

+254-735-875215
www.birthandbeyondkenya.org

REGISTER NOW

PAYBILL	ACCOUNT
891300	112628

This year's event will be the best yet!

TROPICAL Creole Media
tropicalcreolemedia.com

Created by : Ron Shillingford +44 7931 686672 ron@tropicalcreolemedia.com
Designed by : SeizerStyle Designs. 1767 615 8442 designs@seizerstyle.com