

BECAUSE OF YOU, BOBBIE CAN RECEIVE CANCER TREATMENT CLOSE TO HOME

Bobbie Johnson was diagnosed with stage 4 breast cancer one month before her 72nd birthday. With an aggressive form of breast cancer, Bobbie was quickly introduced to Niagara Health's Walker Family Cancer Centre where she underwent a mastectomy.

"It all happened so fast," says Bobbie. "I was scared and so overwhelmed with emotions, but the staff at Niagara Health made me feel safe." Following the mastectomy, Bobbie came to the Walker Family Cancer Centre every two weeks to complete her chemotherapy, testing, and other treatments.

"It is a true blessing to have the Walker Family Cancer Centre in St.Catharines. I was able to receive all my treatments close to home, especially near my son." Bobbie has a 26-year-old son with autism so having her treatments close to home was reassuring and eased any additional worries.

"I am so thankful for the care I received at Niagara Health and I wanted to give back to the place that gave me hope during my journey." Bobbie has used her natural talent of photography to create and sell calendars with 100% of the proceeds benefitting the Walker Family Cancer Centre. To date, Bobbie has raised over \$11,000.

These calendars are her way to say *thank you* to all the doctors, nurses, and other patients she's met who have been so kind to her during a difficult time.

"I cannot think of one negative thing to say. It is a wonderful place."



MADE POSSIBLE WITH YOUR SUPPORT:

RECORD BREAKING BIG MOVE

THE 2019 BIG MOVE CANCER RIDE RAISED OVER \$395,000 FOR CANCER CARE IN NIAGARA



75 COMMUNITY FUNDRAISERS

THE FUNDS RAISED THROUGH COMMUNITY EVENTS HELP US PURCHASE STATE-OF-THE-ART EQUIPMENT FOR NIAGARA HEALTH

YOU MADE A DIFFERENCE

On behalf of the entire Niagara Health family, thank you so much for your generosity. The incredible outpouring of support that we have received from our community is heartwarming and inspiring. Because of you, our health care teams have the tools they need to provide extraordinary caring, every person, every time.

This report highlights the lasting impact of your gifts on the lives of our patients and their loved ones. Your impact is felt by 300,000 patients who visit Niagara Health each year. We have always known Niagara to be a thoughtful and generous community. Even in the face of difficult times, we have been truly humbled to witness the full extent of our community's willingness and commitment to support Niagara Health.

It is through gifts that come in many shapes and sizes that our patients have access to state-of-the-art equipment and high-quality patient care. It is truly remarkable to see the support the community has for our patients, staff and volunteers at Niagara Health. There are so many gifts we are thankful for and excited to show you the impact you had in the pages that follow.

Thank you again for your generous support to healthcare in Niagara. By working together, we are able to improve the care experience for our families, friends, neighbours and community members.



Vita Gauley Chair, Niagara Health Foundation



Lynn Guerriero President, Niagara Health

YOUR DONATION HAS TOUCHED THE LIVES OF THOUSANDS OF FAMILIES IN NIAGARA



Indar Persaud was 68-years-old when he suffered his first heart attack. After collapsing to the ground during his daily walk, Indar was rushed by EMS to Niagara Health's St.Catharines Site. Doctors immediately detected an irregularity from Indar's heart and arranged an ultrasound. The cardiologist on duty examined Indar and concluded a pacemaker would be required to regulate Indar's heart rate. The surgery was a success and Indar now has a pacemaker in his left shoulder for which he feels blessed. Today, Indar is deeply thankful for the care he received at Niagara Health.

An average of 165 ultrasounds are performed each day at Niagara Health.



Although managed behind the scenes, the dispensing of medications to patients while in hospital is extremely important in their treatment and care. At Niagara Health, each component of pharmacy automation integrates into the hospital computer system, ensuring seamless transfer of patient medication-related information. This move from a traditional manual medication system to an automated, bar-code driven system strengthens Niagara Health's commitment to patient safety and raises the standard for patient medication-related care.

More than 2.5 million medications were dispensed from Niagara Health sites.

3 ULTRASOUNDS - \$250,000

LEADING-EDGE ULTRASOUND EQUIPMENT WILL HELP DIAGNOSE AND TREAT OUR PATIENTS MORE ACCURATELY AND EFFICIENTLY

\$1.2 MILLION COMMITTED

PHARMACY EQUIPMENT AT NIAGARA HEALTH WILL SOON BE REPLACED WITH NEW TECHNOLOGY



Michael Olsen was rushed to Niagara Health's Welland Site after experiencing severe pain from a blocked intestine. Michael was told he needed surgery and was admitted to the St. Catharines Site where he stayed for three and a half weeks. Being able to provide our patients with a comfortable bed during their time at Niagara Health is so important to their safety and healing. A bed is the centre of care, and a vital part of treatment for our patients. Thanks to your support, Niagara Health was able to diagnose, treat, and care for patients like Michael.

Last year, over 36,000 patients were admitted to Niagara Health sites.



Baby Leo was born with a heart defect which left him and his family to spend two weeks in the Niagara Health Special Care Nursery immediately after his arrival. Leo's health care team discovered one of the valves in his heart didn't close properly and that he needed immediate care. Your generosity ensures the youngest patients at Niagara Health have access to vital patient care equipment. "There is not a day that goes by when I don't think about the hospital staff and life-saving equipment that helped care for my baby boy," said Katrina, Leo's Mother.

Every year, over 3000 babies are born at Niagara Health.

35 BEDS - \$298,647

A HOSPITAL BED IS WHERE PATIENTS SPEND MOST OF THEIR TIME GETTING MUCH-NEEDED REST TO HELP THEM HEAL

6 MONITORS - \$45,292

BEDSIDE MONITORS HELP DETECT SEVERAL DIFFERENT VITAL SIGNS IN OUR WOMEN'S AND BABIES UNIT

BECAUSE OF YOU, CARMINE IS ON THE ROAD TO RECOVERY

On March 25, 2020, Carmine Posteraro learned he had tested positive for COVID-19. That same day, the Niagara Falls resident was taken by ambulance to the Emergency Department at Niagara Health's Greater Niagara General Site. He had severe damage to his lungs, he was struggling to breathe and his oxygen levels were low.

Shortly after his arrival, the 39-year-old was intubated: A breathing tube was inserted through his mouth and into his airway so he could be connected to a ventilator that would keep him breathing.

Twelve days later, Carmine woke up in the Intensive Care Unit, which cares for the most critically ill patients, at Niagara Health's St. Catharines Site. He was disorientated. He was alive.

"I remember the nurse Marina saying to me, 'Do you know where you are?' and I said, 'No.' "

Three days later, after his condition had improved, Carmine was moved to the unit dedicated to caring for COVID-19 patients at the St. Catharines Site. He spent 10 days on Unit 4A before returning home.

"When they brought me out of the ICU to the fourth floor, the health care team was clapping for me. It was just amazing," Carmine recalls. "I'm thankful for the Niagara Health team. From the person who cleaned my room, to the personal support workers, to the nurses and doctors, the care was amazing. Everybody treated me with dignity. I thank God every day that I'm here and that I was able to survive this. I feel like I was a miracle."



4 VENTILATORS - \$263,052

MASK STERILIZER - \$78,500



OUR STAFF THANK YOU



"The support from our community has been truly heartwarming.
From homemade lawn signs to PPE (Personal Protective Equipment) donations to staff lunches, we have been touched by the generosity and the thoughtfulness of our community. Niagara has really stepped up to show their appreciation for our frontline teams. I can speak on behalf of the entire ICU team when I say, thank you." – Sandra Ingribelli, Registered Nurse



OVER 70,000 MASKS DONATED

PROVIDED FRONTLINE WORKERS WITH THE TOOLS THEY
NEED TO RESPOND TO COVID-19

ACTS OF KINDNESS

MORE THAN 180 GIFTS WERE DONATED BY OUR COMMUNITY
FOR OUR FRONTLINE TEAMS

niagarahealth ———— foundation