

2024 Annual Report

Building Community Connections



Message from our **Executive Director**

Dear Hub Family,

I'd like to express my excitement as I begin my tenure as the Executive Director at the Philipstown Behavioral Health Hub. The Hub is an important place for connection, partnership, healing, and a vital resource in our community. I'm deeply proud to be a part of an organization that does such impactful work in providing FREE pathways to mental health and addiction resources for anyone in need.

So much is happening! In 2024, The Hub is celebrating our fifth anniversary and opening an additional location on Route 9 to expand our Care Coordination services, while also providing new peer support groups and programs for caregivers, teens, seniors, and much more.

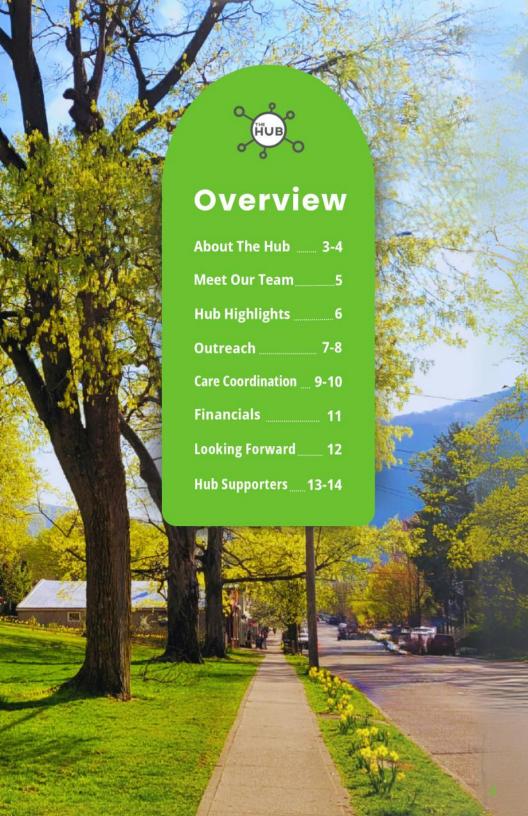
As we look towards the new year, I keep coming back to one word, gratitude. I'm thankful for an amazing Care Coordination team, our dedicated Board of Directors, our local government, emergency response teams, community advocates, donors, and most of all to the people who look to The Hub for help. Please know that our doors are open, and we are here for you!

With warmth and gratitude,

Genra

Semra Ercin Executive Director





About The Hub



Our Mission

To provide free mental health and addiction support, raise awareness, and empower our community through education, outreach, and compassionate care coordination.



Our Approach

Care Coordinators connect individuals and families with resources, tailoring services to meet diverse needs. We also offer a wide range of free peer support groups, programs, educational outreach, and community events. Our goal is to ensure access to mental health resources without shame.



Our Commitment

- Inclusive Care: Welcoming everyone. You matter!
- Community Focus: Engaging through events, programs, and education.
- **Empowerment:** Providing resources to support mental health journeys.
- Innovation: Continuously improving and adapting our services.



Our Vision

We imagine a community where everyone can access mental health and addiction resources within a supportive environment, without stigma. Our goal is to build a future that addresses these challenges with compassion and urgency, promoting a healthier and more connected community.



Meet Our Team

Hub Staff



Semra Ercin **Executive Director**



Jessica Quiñones Care Coordinator



Kyoko Gelber Care Coordinator



Alex Clegg, LMSW Community & Crisis Care Coordinator



Kait Timler, MSW Communications Manager

Board of Directors

Rebecca Pearsall, MSW: Board Chair

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Sylvia Wallin

Heather Zuckerman, LCSW



















Strengthening Connections

Dar Can: Dar Williams performs at the Hub event in support of mental health and addiction recovery at the Restoration Chapel on February 16, 2024.

Partnerships & Outreach



Dar Can Concert: Trained over 50 attendees in Narcan use. **Community Collaboration:** Partnered with local businesses and organizations to facilitate Narcan training sessions.

Support and Inclusion Initiatives

Parent Support: Free support groups at The Hub with local providers. **Learning Differences:** Hosted monthly discussions led by the Haldane-GUFS PTAs Learning Differences Committee, with about 20 attendees per session.

Addiction Awareness and Remembrance

Luminaria Event: A gathering at Cold Spring waterfront to honor overdose victims and raise addiction awareness in the community.

Community Engagement

Hub 5K & Fun Run: Promoted wellness and fostered community spirit.
 Modern Makers Market: Shared Hub resources and made connections.
 Cold Spring Aglow: Beneficiary for mental health and addiction support.
 Miles for Mental Health: Fundraiser for mental health initiatives.

Care Coordination at The Hub

The Hub is a welcoming and safe space for difficult conversations. We empower our community by transforming lives through growth and connection, making a meaningful impact one person at a time.

When individuals reach out to The Hub, our dedicated Care Coordinators take the time to assess their unique needs and challenges. This personalized approach allows us to provide tailored services and referrals that align with each person's preferences, location, and insurance coverage.

Care Coordinators check in with individuals to monitor progress and adjust care plans. Open communication fosters trust and empowers individuals in their care journey. This ongoing support leads to better outcomes and strengthens the community, reflecting a commitment to making a positive impact on lives.



Participants Served

Individuals supported by The Hub in the 2023-2024 fiscal year

Cases Under Management

106



Contacts Annually

3,000







Presenting Concern



Gender



*Other/Unspecified: 2%

Age of Participant

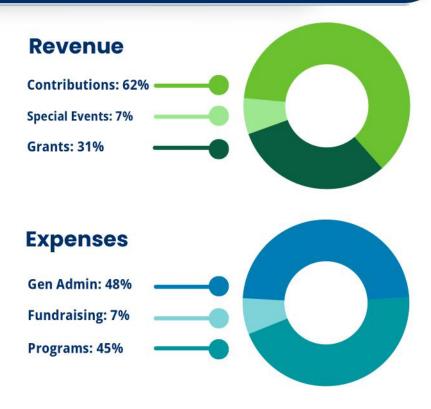


Feedback from Hub Participants

"I want to express my heartfelt gratitude to you. Your support was instrumental in getting my daughter the assistance she required! Thank you so much!"

"I just wanted to thank you again for your help finding me someone to talk to. I really like the therapist a lot. They are such a good fit for me!"

Financial Overview FY 2023/2024



You Matter Award 🚶



Congratulations to Aurora Preusser (GUFS) and Penelope Andreou (Haldane) for receiving the 2024 Hub YOU MATTER Award for their outstanding kindness, inclusivity, and compassion.



Looking Ahead The Hub on 9

The Hub has signed a multi-year lease for approximately 1,300 square feet of additional space on Route 9 and is in the process of solidifying partnerships with providers to offer more services. With this expansion, The Hub has already increased programming and will continue to do so in the new space.



The new location will provide more room for staff and greater privacy for visitors, featuring areas for community gathering, conversations, educational sessions, game nights, senior programs, and more.

The Hub on 9 allows us to better serve the needs of our community and ensure that **everyone has free** access to mental health and addiction resources.

You Can Make a Difference!

Scan the QR code or visit our website to donate to The Hub and help play a vital role in uplifting our community.





HUB SUPPORTERS

*Donors who contributed over \$100 between July 1, 2023 - June 30, 2024

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Thank you to our 2023/2024 event sponsors!



































Hub Supporter Highlight

The Cold Spring Lions Club have supported The Hub since our founding five years ago, recognizing the work we do to provide mental health and addiction resources. Thank you Lions Club!



The Hub appreciates every donation, recognizing its vital role in our mission and the lives we impact. Your generosity, no matter the amount, is essential for driving positive change in the community.

Individual Donors (\$100+)

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