Woodbridge New Jersey
United States 250th Anniversary
1776 ★ 2026

Woodbridge Township

Senior Services Directory

Ten Small Towns, One Great Community













John E. McCormac, *Mayor*

Michele Morgan, MSW,
Director of Senior Services

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Greetings Woodbridge Township Senior Resident:

We are pleased to offer the 2026 edition of the Woodbridge Township Senior Services Directory - a complete compilation of all of the services and programs available to Woodbridge Township Senior residents from Township, County, State and Federal agencies.

The Department of Senior Services works tirelessly under the leadership of Director Michele Morgan, MSW and her professional staff, providing attentive services and programs via the Division on Aging that takes care of our frail, elderly and homebound Senior population. These Senior's rarely see any Township employees except their Social Worker but that does not stop them from telling us how happy they are through calls and emails.

The Department of Senior Services hosts the ever-popular and reliable Senior Transportation of Woodbridge (S.T.O.W.) – that provides FREE transportation services to Township Seniors so they can get to medical appointments, shopping, summer concerts and to our six Senior Centers, which opens them up to opportunities that they otherwise would not experience. You can call 732-726-2394 to schedule your ride.

Explore the Senior Services Directory and our Senior Centers, where Senior residents experience a camaraderie of togetherness whether it be exercise programs, recreation activities, entertainment, informative seminars and themed-luncheons:

- Evergreen Senior Center in Colonia
- Sycamore Senior Center in Sewaren/Port Reading
- Five Branches Senior Center in Colonia/Iselin
- Hickory Senior Center in Fords
- Maple Tree Senior Center in Avenel
- Oak Tree Senior Center in Iselin

The 2026 Senior Services Directory highlights other resources like recreation facilities and libraries and provides references and contact information for Medicaid, Medicare, Social Security, prescription programs and caregiver referrals. It also contains valuable information about consumer protection, nutritional advice, energy assistance, veterans' programs and services and regular Township offerings like the Mayor's Summer Concert Series, Tooling Around the Township and our countless community celebrations.

For more information about all of the Department of Senior Services programs, services and opportunities call (732)726-2368, or to obtain a copy of the Senior Services Directory, call the Division on Aging at (732)726-6262 or visit the Township Web Page at: www.twp.woodbridge.nj.us.

Sincerely,

John E. McCormac
Mayor
Woodbridge Township

Table of Contents

Section 1: Woodbridge Township Senior Services

DEPARTMENT OF SENIOR SERVICES 8

ENTERTAINMENT AND RECREATION 9

Mayor's Summer Concert Series 9

Avenel Performing Art Center (APAC) 9

Barron Arts Center 9

Woodbridge Township Annual Events 10

EMERGENCY SERVICE REGISTRIES 12

CodeRed 12

National Public Safety Alliance for Individuals with Disabilities (NPS-AID) 12

FOOD PANTRY/HOME DELIVERED MEALS 13

We Feed Woodbridge 13

HEALTH AND WELLNESS 14

Mayor's Senior Summit and Older Adults Expo 14

Woodbridge Community Center (WCC) 14

The Club at Woodbridge 14

Senior Olympics 14

Mayor's Health Expo 15

Woodbridge Township Mobile Health Services 15

Division of Nursing 15

Woodbridge Behavioral Health Services, Mental Health, and Substance Abuse 15

HOME MODIFICATION PROGRAMS 17

Tommy Toolbox and ADA Ramp 17

Tooling Around the Township 17

Woodbridge Home Improvement Program 17

HOMELESSNESS PREVENTION 19

Homeless Veterans 23

HOUSING 24

Senior Citizen Low-Income/Affordable Housing 26

Affordable Housing Rental Opportunities 27

Assisted Living, Skilled Nursing and Memory Care Facilities 28

Adult Day Care 28

55+ Apartment Community 28

IDENTIFICATION CARD 29

INCOME TAX PREPARATION 29

LEAF BAGS 30

PASSPORT 31

PETS "Beloved Companions" 32

Pet Licensing 32
Free Rabies Clinic 32
Woodbridge Animal Shelter and Pet Adoption Center 32
PHARMACIES IN WOODBRIDGE TOWNSHIP 33
PROPERTY TAX RELIEF PROGRAMS 34
Property Tax Relief Application (PAS-1)-Senior Freeze, ANCHOR, STAY NJ 34
Annual Property Tax Deduction for Senior Citizens, Surviving Spouses, and the Disabled 35
Annual Deduction for Veterans and Widows of Veterans 35
Property Tax Exemption for Disabled Veterans and Widows 35
SENIOR CITIZEN CENTERS 36
Evergreen, Five Branches, Hickory, Maple Tree, Oak Tree and Sycamore 36
SENIOR CITIZEN CLUBS 42
SENIOR TRANSPORTATION OF WOODBRIDGE (STOW) 43
SOCIAL WORK SENIOR SERVICES – DIVISION ON AGING 44
VETERAN ORGANIZATIONS 45
VOTING 47
Woodbridge Township Municipal Clerk 47
New Jersey Division of Elections 47
First, Second, Third, Fourth and Fifth Ward Polling Locations 48
WOODBRIDGE POLICE DEPARTMENT 51
National Public Safety Alliance for Individuals with Disabilities (A.I.D) 51
Project Lockbox 51
Woodbridge Domestic Violence Response Team (DVRT) 51
Prescription Drug Take Back Program 52
Senior Citizen's Police Academy 52
Handicap TEMPORARY Placard: How to Apply 52
WPD Safe Place Program 52
WOODBRIDGE PUBLIC LIBRARIES: Main, Fords, Henry Inman and Iselin 53
Homebound Delivery 53
The Talking Book and Braille Center (TBBC) 53
Sewaren Free Public Library 53
WOODBRIDGE PUBLIC WORKS 54
Convenience and Recycling Center 54
Curbside Pick-up 54
Keep Your Trash and Recycling Carts Clean! 54
Roads Department 54
ReUse It Center and Recycle Coach 55

SECTION 2: County, State and Federal Senior Services

ADVANCE CARE PLANNING 58
ALZHEIMER'S and CAREGIVER RESOURCES 63
CONSUMER PROTECTION 67
COUNSELING and MENTAL HEALTH RESOURCES 72
Emergency Services 72
Geriatric Outpatient Services 75
Family Supports/Services 77
DENTAL 78
DISABILITY LICENSE PLATES & PLACARDS 80
DISABILITY SERVICES 81
DOMESTIC VIOLENCE 84
ELDER ABUSE 86
EMERGENCY SERVICE REGISTRIES 87
ENERGY and UTILITY ASSISTANCE 89
DCAid 89
Low Income Home Energy Assistance (LIHEAP) 89
Lifeline Utility Assistance Program 89
Universal Service Fund (USF) 90
SHARES Assistance Program 90
Payment Assistance for Gas and Electric (PAGE) 90
USF Fresh Start Program 90
Winter Termination Program (WTP) 91
Comfort Partners 91
Weatherization Assistance Program (WAP) 91
ENTERTAINMENT AND RECREATION 92
HEALTH CENTERS 93
HEARING 95
HOME CARE SUPPORT PROGRAMS 96
HOUSING RESOURCES 97
HOUSING RESOURCES-Subsidized/Public Housing Authorities 101
IMMIGRATION/ CITIZENSHIP 104
LEGAL SERVICES 106
LGBTQ+ AGING RESOURCES 108
MEDICAID 111
MEDICARE 112
Medicare Fraud, Waste and Abuse 114
MIDDLESEX COUNTY OFFICE OF AGING & DISABLED SERVICES 116
NUTRITION 120

NJ SNAP 120
Home Delivered Meals 120
Shopping from Home 121
PRESCRIPTION ASSISTANCE 122
Pharmaceutical Assistance to the Aged & Disabled (PAAD) 122
Senior Gold Prescription Discount Program 122
Extra Help with Prescription Drugs – Low Income Subsidy (LIS) Program 122
Good Rx Prescription Drug Saving Card 122
PRO ACT - Middlesex County Prescription Drug Savings Card Program 123
SOCIAL SECURITY 123
Social Security Fraud and Identity Theft 125
TELEPHONE AND INTERNET ASSISTANCE 129
SafeLink Wireless 129
Assurance Wireless 129
Lifeline Program 129
TRANSPORTATION 130
Middlesex County RIDE 130
Access Link-ADA Paratransit 130
NJ Travel Independence Program 130
EZRYDE4Life 131
VETERAN SERVICES 132
VISION 135
VISTING MEDICAL SERVICES 137
I**MPORTANT PHONE NUMBERS** 138

DEPARTMENT OF SENIOR SERVICES

400 Inman Avenue, Colonia (732)726-2368

Welcome to the Woodbridge Township Senior Services Directory. As Director of Senior Services, it is my privilege to introduce a resource designed to support older adults, caregivers, and families in navigating the aging process with confidence, dignity, and grace.

Our work is made possible through the collaboration of the Social Work Division on Aging, Senior Transportation and Senior Centers. Together, we serve residents age 60 and older with compassion and purpose, building a connected network of programs and services that recognize the experiences of older adults while responding to their changing needs. We are guided by a shared commitment to advocacy, best practices, and a fostering a community where older adults feel valued, empowered, and inspired to thrive– emotionally, socially, physically, intellectually, culturally, and financially.

Aging is a natural part of life, and having the right support can make the journey more manageable and meaningful. This directory is intended to be a helpful guide, connecting older adults and caregivers to Township, County, State, and Federal resources that promote independence and enhance quality of life.

Division on Aging is comprised of specialized, geriatric-trained, licensed clinical social workers who address the psychosocial needs of our senior residents. Through case management, education, individualized support, and conferences, they help older adults and their families make informed decisions, while providing emotional support, crisis intervention, and advocacy.

Senior Transportation serves as a vital lifeline, connecting residents to medical appointments, shopping, and community-based activities – supporting both mobility and independence. It ensures the lack of transportation is never a barrier to accessing essential services and maintaining a active, engaged lifestyle.

Senior Centers offer welcoming environments where older adults can remain active, engaged, and connected. Social and wellness programs help reduce social isolation, improve mental health, and foster a sense of purpose and belonging.

This directory reflects the dedication of the Department of Senior Services - Division on Aging, which carefully compiles and updates these resources each year. It serves as both a practical tool and a starting point for accessing services and support. As we continue to expand and promote our services, we remain committed to making a meaningful impact in the lives of those we serve.

We are proud to serve Woodbridge Township, where strong leadership and community commitment have made Senior Services an essential and valued part of daily life. The work we do touches countless individuals and families, and we remain dedicated to excellence and compassion in all that we do.

I am honored to have served this community for more than two decades as a social worker, Division leader, and Director, and to have been a resident of Woodbridge Township for over thirty years. Supporting older adults and their families has been both my profession and my privilege. Older adults represent wisdom, strength, resilience, and pride. It is our responsibility to support them in aging with dignity, remaining engaged, and continuing to thrive.

Gratefully,
Michele Morgan, MSW
Director of Senior Services

SECTION 1
Woodbridge Township Senior Services

ENTERTAINMENT AND RECREATION

Mayor's Summer Concert Series
(732)596-4048 | Concert Weather Hotline (732)602-6045
www.twp.woodbridge.nj.us | WoodbridgeNJMusic.com

FREE LIVE MUSIC ALL SUMMER LONG
WoodbridgeNJMusic.com

MONDAYS	*"Golden Oldies"*	7:30pm	Joseph R. Lewis Concert Field @ WHS
TUESDAYS	*"Tuesday Tributes"*	7:30pm 7:00pm	Joseph R. Lewis Concert Field @ WHS (June 9 – Sept. 1) Joseph R. Lewis Concert Field @ WHS (Sept. 8 – Sept. 29)
WEDNESDAYS	*"Woodbridge Wednesday"*	7:30pm 7:00pm	Parker Press Park (across from Town Hall (June 10 – Aug. 26)) Parker Press Park (across from Town Hall) (Sept. 2 – Sept. 23)
THURSDAYS	*"Local Band Thursday"*	7:30pm	Herbert Rankin Park, Sewaren
FRIDAYS	*"Fun Friday"*	7:30pm	Anchors Tiki Bar, 616 Cliff Road, Sewaren
SUNDAYS	*"Country Sunday"*	6:00pm	Anchors Tiki Bar, 616 Cliff Road, Sewaren

Avenel Performing Arts Center (APAC)
150 Avenel Street, Avenel
(732)314-0500 | www.avenelarts.com



- Professional theatre, music, comedy, dance and live performances.

Barron Arts Center
582 Rahway Avenue, Woodbridge
(732)634-0413 | www.twp.woodbridge.nj.us

- Historic arts center offering exhibits, lectures, concerts, and community events.
- Highlights:
  Senior Art Show, Poet Wednesday, Annual Model Train Exhibit
- Senior Art Show (60+):
  Includes oils, acrylics, watercolor, pastels, drawing, photography, sculpture, and mixed media.
  Art must be officially registered at The Barron Arts Center, and Evergreen, Five Branches, Hickory, Maple Tree, Oak Tree and Sycamore Senior Centers.

ENTERTAINMENT AND RECREATION

Woodbridge Township Annual Events
For more information, contact the Woodbridge Recreation Department at (732)596-4048
www.twp.woodbridge.nj.us

Chili Cook Off (1st Sunday in March)
Acacia Center, 95 Port Reading Avenue, Woodbridge



- Enter your chili in the cook-off for an afternoon of fun, friendly competition and the chance to win a cash prize or come spend the afternoon sampling the best chili and local brew Woodbridge has to offer for a $10 admission fee.
- Applications for the cook-off can be picked up at Woodbridge Community Center (732)596-4000

St. Patrick's Day Parade (2nd Sunday in March @ 1:30pm)
Woodbridge High School to Main Street and concludes in front of Town Hall.



- Sponsored by the American Irish Association of Woodbridge.

Earth Day (3rd Saturday in April)
Acacia Center, 95 Port Reading Avenue, Woodbridge

- Eco friendly vendors, green giveaways, seed library, houseplants, tree seedlings.



Feria de Sevilla (dates vary)
Parker Press, 400 Rahway Avenue, Woodbridge

- Join us for a beautiful day of art, dance and culture in the park! Be inspired by the beauty and majesty of traditional Spanish dance.

Woodbridge Township Annual Fire Works (dates vary)
Alvin P. Williams Memorial Park, Port Reading Avenue, Sewaren



- Bring your lawn chairs and join us under the stars.
- Gates open at 4:00PM

St. James Street Fair and Hispanic Heritage Festival (3rd Saturday in September)
Main Street, Woodbridge and Town hall parking lot

- Fun filled and educational day to recognize the contributions of the Hispanic and Latino Americans in Woodbridge as we celebrate their heritage and culture.

National Public Lands Day (4th Saturday in September)
Ernie Oros Wildlife Preserve, Omar Avenue, Avenel



- Clean up of our parks, playgrounds, and public lands.

ENTERTAINMENT AND RECREATION

Ghost Walk (dates vary)



Parker Press Park, 400 Rahway Ave, Woodbridge

- A 50-minute guided tour into a spirit-filled past. Costumed characters tell the stories of New Jersey's first European settlers, war heroes, members of high society and much more! The tours are Family friendly and appropriate for all ages.

Veteran's Day Parade (2nd Sunday in November @ 1:30pm)

Ross Street School to Woodbridge Municipal Building

- Salute Woodbridge Township Veteran's and Military Personnel.

Turkey Trot



Saturday before Thanksgiving

- Walk from Oak Ridge Heights School #21 to Evergreen Senior Center. Crafts, refreshments, hay rides, pumpkin painting and face painting. The cost for this event is a food item that we can use for Thanksgiving Baskets for needy families in Woodbridge Township.
- 4th Saturday in November: Recreation Department hosts the 5K Walk/Run Turkey Trot at Alvin P. Williams Park, Sewaren.

Holiday Light Parade, Stroll and Tree Lighting (Saturday after Thanksgiving)



Main Street, Woodbridge

- Light Parade of vehicles, holiday stroll and official tree lighting on Main Street. Follow the Light Parade "Live" on TV-35 and YouTube as it travels through all 10 towns.

Holiday Parade (1st Sunday in December @ 1:30pm)

- Parade begins at Woodbridge High School and ends at Town Hall.

EMERGENCY SERVICES REGISTRIES

CodeRED Emergency Notification System

www.twp.woodbridge.nj.us

- Woodbridge Township can deliver important, time-sensitive information to individuals who have registered to receive alerts. Go to the Township Website Homepage and click CodeRED. Use your Google, Facebook or Twitter credentials to create an account for a quick log-in process. Include multiple points of contact to ensure public safety officials will be able to reach you in an emergency. Make sure you keep this information up to date, especially if you move.

National Public Safety Alliance for Individuals with Disabilities (NPS-AID)

Woodbridge Township Police Department in partnership with Middlesex County Prosecutor
For information call Woodbridge Community Affairs Unit: (732)602-7370, or
Email: communityaffairs@twp.woodbridge.nj.us
How to Enroll: Online: https://mcpo.opsnetwork.org/special-needs-registry
Call (732)745-3300 or Email: PSAID@co.middlesex.nj.us

- The National Public Safety Alliance for Individuals with Disabilities (NPS-AID Program) is a no-cost program to help public safety professionals better assist individuals with disabilities and/or special needs during emergencies, missing person incidents, or routine public safety interactions. Open to any person who has a physical or mental impairment that substantially limits one or more major life activities due to physical and /or intellectual disability.
- Provides first responders and police officers with participant-approved information prior to and during a contact, helping responders understand an individual's needs. Information may include emergency contacts, physical descriptors, current photograph, communication considerations, medical/behavioral alerts, and critical guidance on how best to assist the individual safely and respectfully.
- The goal is to ensure that every community member with a disability or special need can receive informed, compassionate, and effective assistance-whether during an emergency, a missing person investigation, or a routine interaction with public safety personnel, while at the same time providing critical information needed for our first responders.
- Each enrollee will be provided with decals to be placed on front entrance of home, window of vehicle to signify to first responders that someone in residence/vehicle has a disability and they should respond accordingly. Strictly voluntary and not required.



⚠ Emergency notification systems and registries are helpful tools, but personal preparedness remains the first line of defense. Seniors, caregivers, and families are encouraged to develop their own emergency plan and make arrangements in advance to ensure safety and care needs are met. During emergencies, responders and agencies many not be able to meet every need right away. Registration does not guarantee assistance, but it can help provide important information to emergency personnel.

FOOD PANTRIES

Registration required along with proof of income and residency.

Fellowship Bible Church (732)636-7727
121 East Prospect Avenue, Woodbridge
Sunday 12noon-2pm

First Presbyterian Church (732)634-1024
600 Rahway Avenue, Woodbridge
1st & 2nd Monday of each month 9am-11am

First Presbyterian Church (732)283-1188
1295 Oak Tree Road, Iselin
2nd Monday of each month 9am-12noon

First Presbyterian Church (732)634-1631
621 East Woodbridge Avenue, Avenel
Last Tuesday of each month 10am-11:30pm

Heavens Helper's (732)501-7972
343 Pearl Street, Woodbridge
1st Wednesday of each month 12noon-3pm
1st Thursday of each month 11am-2pm

Evangel Church (732)283-3440
48 Berkeley Boulevard, Iselin
Last Thursday of each month 6pm-7:30pm

St. Anthony of Padua (732)634-1403
436-A Port Reading Avenue, Port Reading
3rd Wednesday of each month 10am - 12noon

St. Cecelia Church (732)283-0150
45 Wilus Way, Iselin
Every Tuesday 10am-1pm

St. James Church (732)636-4310
174 Grove Street, Woodbridge
Tuesday 11am-1pm
Wednesday & Thursday 9am-11am
Thursday Evenings 5:30pm-7pm

Trinity Episcopal Church (732)634-7422
650 Rahway Avenue at Trinity Lane, Woodbridge
Every Thursday 4pm-5:30pm
Every 1st Saturday of the month 10:30am-11:30am
Soup Kitchen Hours: Every Friday 10:45am-12:00pm

HOME DELIVERED MEALS

Celebrate the Senior Nutrition Program

Meals on Wheels in Metuchen – Edison – Woodbridge
2 George Frederick Plaza, Woodbridge
(732)634-4141

WE FEED WOODBRIDGE

We Feed • Woodbridge
Feeding our Community

2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5034

A network of 10 food pantries in Woodbridge Township which provide food to individuals and families in need, offers outreach on social service benefits, and coordinates township- wide food drives year-round. Donations may be sent to We Feed-Woodbridge, c/o Woodbridge Township Department of Health and Human Services, 2 George Frederick Plaza, Woodbridge, NJ 07095, or Woodbridge Town Hall, 1 Main Street, Woodbridge, NJ 07095.

HEALTH AND WELLNESS

Wellness, prevention, and personal responsibility are cornerstones of healthy aging and making informed decisions that support independence. Socialization plays an important role in supporting the health and wellness of older adults by encouraging physical activity and mental engagement. Participating in activities helps build social connections, reduce isolation, and enhance overall quality of life. It also provides opportunities to explore new interests or continue lifelong hobbies, promoting a sense of purpose and well-being.

Mayor's Senior Summit and Older Adults Expo

Division on Aging-Department of Senior Services

Department of Senior Services
400 Inman Avenue, Colonia
(732)726-6262

- Hosted by the Department of Senior Services-Division on Aging. Senior Summit is held annually in May in honor of Older Americans Month for older adults and caregivers to learn about Township, County, State, and Federal Senior Services, and connect with a variety of valuable programs. The Senior Summit empowers older adult residents with resources, connections, and information they need to live healthy, independent, and engaged lives.

Woodbridge Community Center (WCC)

600 Main Street, Woodbridge
(732)596-4170 | www.njwcc.com

- WCC offers a variety of classes tailored to senior citizen members, including Chair Yoga, Walk It Off, Zumba Gold, Core & More, Boom Move, Aqua Zumba, and SilverSneakers.
- Enrichment programs include rummikub, mahjong, scrabble and weekly "Brown Bag Senior Movies."
- "Coffee and Bagel" Seminars are held monthly for senior citizen members about a variety of topics ranging from healthcare to financial planning.

The Club at Woodbridge

585 Main Street, Woodbridge
(732)634-5000 | www.theclub.org

- The Club at Woodbridge offers a variety of classes tailored to senior citizen members including Gentle Fit and Strength, Gentle Chair Yoga, Senior Conditioning, Zumba Gold, and Forever Fit Sampler.

Senior Olympics (1st weekend after Labor Day)

- Woodbridge Township is proud to host the New Jersey Senior Olympic Games. More than 1,500 Senior Olympians from around the state visit Woodbridge Township to participate in the three-day Olympic competition.
- New Jersey's Senior Olympians enjoy world-class competition venues, sport and athletic facilities– including the WCC, The Club at Woodbridge, and WHS running track and event fields.

HEALTH AND WELLNESS

The mission of the Woodbridge Department of Health and Human Services is to improve the health and well-being of the residents of Woodbridge through health education programs and direct intervention services.

Mayor's Health Expo

Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5024 | www.twp.woodbridge.nj.us

- An event held annually in *October*, providing residents with access to free or reduced-cost health screenings, including blood pressure, glucose, cholesterol and body mass index screenings. Local healthcare providers and medical assistance agencies will be present to provide information on health care products, services, programs, including Medicare, pharmaceutical assistance, substance use support services, and additional related resources.

Woodbridge Township Mobile Health Services



Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5030 | www.twp.woodbridge.nj.us
wdbghealthmobile@twp.woodbridge.nj.us

- Offers residents free health screening throughout the Township including:
  Blood pressure, Glucose, Cholesterol, Blood Oxygen, Heartrate, Height, Weight, Health Literature, and much more. Visit Mobile Health Services Unit tab under Health and Human Services section of Township website for calendars and updates.

Division of Nursing



Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5012 | www.twp.woodbridge.nj.us
nursing@twp.woodbridge.nj.us

- Annual Flu Vaccine Clinic
- Adult Vaccine Clinic
- Mantoux Tuberculosis-TB skin test
- Communicable Disease Program

Woodbridge Township Behavioral Health Services



Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5022 | www.twp.woodbridge.nj.us

- Pathways to Wellness
  Offering Mental Health Peer Support Services.
  Peer Helpline (732)596-4199 | 24/7 Free & Confidential

HEALTH AND WELLNESS

Woodbridge Township Behavioral Health Services
Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5022

ROAD TO RECOVERY TRUST

- **Substance Abuse and Mental Health Support**
  Offers free peer recovery support, education, and prevention awareness, as well as, resource navigation for individuals and families impacted by substance misuse or mental health challenges.
- **Opioid Overdose Recovery Program-BLUE CARES HOTLINE**
  A 24/7 hotline connecting individuals and families to Peer Recovery Specialists for help with substance misuse concerns, treatment options, and recovery resources. Call (732)596-4199 if you would like help for yourself, a friend, or a family member affected by substance abuse. Call Blue Cares Hotline anytime for support from a Peer.
- **Connect and Protect- Pathway to Wellness Mental Health Hotline**
  A 24/7 hotline that connects Woodbridge residents to a trained mental health peer who has lived experience and is in Recovery. Residents can call (732)596-4199 and request to speak to a mental health peer. Peers offer support, guidance, and connections to valuable resources.
- **Woodbridge Addiction Recovery mentors (WARM)**
  Peer-led recovery support groups made up of individuals in recovery and those affected by addiction. Meetings are held at Sycamore Senior Center and virtually. For more information on meetings, see schedule below or call Woodbridge Behavioral Health Services at (732)855-0600 ext. 5022.



Behavioral Health Services Weekly Meeting Schedule Meetings held weekly at Sycamore Senior Center 290 Old Road, Port Reading NJ 07064 Narcotics Anonymous meetings are open to anyone struggling with substance abuse.	
Monday **7:30pm – 9:15pm** **Masks have to Go**	**NA MEETING** Open Speaker Basic Text Discussion/Participation
Recovery Court **1st Monday of Month** **7pm-8pm**	**Recovery Court Alumni** Provides participants/graduates of Recovery Court support in dealing with the legal system.
Wednesday **8:15pm – 9:30pm** **Old Road New Life**	**NA MEETING** Open Just for Today Study Speaker Discussion meeting
Wednesday **7pm – 8pm** **VIRTUAL ON ZOOM**	**SMART RECOVERY** Self-Management and Recovery Training is an all-recovery meeting. To log on you can sign up at: www.smartrecovery.org
Saturday **12:30pm – 2:00pm** **Youth Gone Wild**	**NA MEETING** Just for today Book

HOME MODIFICATION PROGRAMS

For individuals with limited mobility, home modifications can significantly enhance comfort, accessibility, and safety, supporting the ability to age in place.

Tommy Toolbox and ADA Ramp

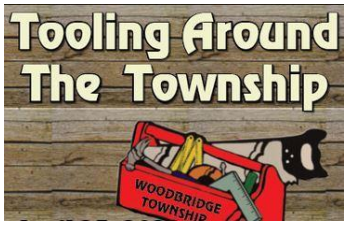
1 Main Street, Woodbridge
(732)634-4500 ext. 6445 | www.twp.woodbridge.nj.us



- Tommy Toolbox is a home repair program for low-income, elderly and disabled Woodbridge Township homeowners. Depending on size of repair, homeowner may pay for materials and labor is at no-cost.
- ADA Ramp program provides assistance for exterior handicapped ramps and lifts in owner occupied single-family dwelling.

Tooling Around the Township (last weekend in April)

1 Main Street, Woodbridge
(732)634-4500 ext. 6496 | www.twp.woodbridge.nj.us



- Mayor's Office organizes teams of local community volunteers during the last weekend in April to make repairs to homes of senior citizens and disabled or low-income homeowners who are unable to do so themselves or residents presently facing financial hardship.
- Call for more information or visit website for an application.

Woodbridge Home Improvement Program

Sponsored by Woodbridge Township and Administered by CGP&H
(609)366-9010 | www.hip.cgph.net to submit a preliminary application



- Receive up to $22,000.00 in repairs to your home including but not limited to roof, foundation, heating, electrical, windows, insulations and plumbing.
- Funds are provided at no interest, ten (10) year forgivable loan, a professional inspector oversees the process and no monthly payment. No cost to apply.
- Must be a Woodbridge Township resident, own your home and meet income eligibility guidelines.

HOME IMPROVEMENT PROGRAM



HOMELESSNESS PREVENTION

A network of agencies helps individuals and families experiencing homelessness achieve stability and self-sufficiency by connecting them to services like housing and prevention programs. Call 2-1-1, the State Homeless Hotline, to access support.

Findhelp.org

- A free-to-use-search engine. Put in your zip code and findhelp connects you to a list of programs broken into categories such as food, housing, care and transit.

Coming Home of Middlesex County
www.cominghomemiddlesex.org

- Provides community-based case management to those experiencing homelessness who enter the system by calling the State Homeless Hotline by dialing 211.

State Homeless Hotline:
Dial: 2-1-1 or 1(877)652-1148 (TTY dial 7-1-1 first) | **Text:** text your zip code to 898-211
Email: info@nj211 | **Website/Chat:** www.nj211.org

- NJ residents experiencing homelessness or who are at risk of losing housing MUST call 2-1-1 to be linked to appropriate resources to address immediate need and underlying issues related to homelessness that may help them with breaking the cycle of homelessness. When a county declares **Code Blue**, NJ 211 has county-level Code Blue instructions and warming center listings. Confidential. Multilingual. Free.
- **Visit an Access Center to meet with an Access Navigator to get connected to resources:**

Perth Amboy YMCA: Center for Support, Success, and Prosperity
392 Smith Street Perth Amboy, NJ 08861 | (732)771-9910
https://www.rbaymca.org/main/case-management-snap-navigation/
Monday-Friday, 9am-5pm

Unity Square Community Center
81 Remsen Avenue, New Brunswick, NJ 08901 | (732)545-0329
https://ccdom.org/usq
Monday-Friday, 8am-4pm

First Presbyterian Church of Metuchen
270 Woodbridge Avenue, Metuchen NJ 08840 | (732)491-2300
Monday – Thursday 9am-2pm

Middlesex County Board of Social Services: Emergency Assistance Services
181 How Lane, New Brunswick, NJ 08901
(732)745-3500 | https://middlesexsocialservices.com/

- Homeless individuals/families facing eviction may be assisted with shelter and emergency services. Can also include payment of overdue rent, utility payments or placement in temporary shelter.
- Eligibility is based on if you have or are applying for the following benefits: GA (cash assistance), TANF, and SSI. Apply in person or online: www.MyNJHelps.gov

HOMELESSNESS PREVENTION

Hackensack Meridian Health Housing Support Initiative (**Woodbridge & Perth Amboy only)**

- Apply for Housing Stabilization Services: Direct Payments to landlords, One-time rental support, security deposits, move-in support, and utilities. To apply visit: https://www.hackensackmeridianhealth.org/en/services/hackensack-meridian-healthy-connections/hackensack-meridian-health-housing-support-initiative

Office of Eviction Prevention

New Jersey Department of Community Affairs
PO Box 800, Trenton, NJ 08625-0800 | (609)376-0810 | Email: evictionprevention@dca.nj.gov
https://www.nj.gov/dca/dhcr/offices/dhcroep.shtml

- Oversees programs and services in eviction prevention and diversion, including rental assistance programs, social services support, and expanding access to counsel to low-income tenants facing or threatened with eviction. The Office also handles general inquiries about landlord-tenant rights and responsibilities, and publishes the bi-annual Truth in Renting Guide.
- **Comprehensive Eviction Defense & Diversion (CEDD):** Eligible low-income households facing or threatened with eviction are provided free and quality access to both an attorney, who can best advocate for them in court to prevent their eviction and negotiate settlements with their landlords, and with a case worker called a resource navigator who can best connect them to necessary resources including to rental assistance and relocation support.
  The CEDD Provider in Middlesex County is Garden State Home. Contact (732)532-6865 ext. 902.

Office of Homelessness Prevention

New Jersey Department of Community Affairs
PO Box 800, Trenton, NJ 08625-0800 | (609)292-4080 |https://nj.gov/dca/
https://www.nj.gov/dca/dhcr/offices/dhcrohp.shtml

- Provides the contact information to State agencies that provide assistance for the following homelessness prevention programs:
- **Homelessness Prevention Program:** Provides up to three months of assistance to pay past due rent to households in imminent danger of eviction due to temporary financial problems beyond their control. Contact Puerto Rican Association for Human Development, Inc. at (732)638-2814.
- **Homeless Diversion Pilot**: Deploys rapid housing stabilization case management paired with flexible funding to rapidly prevent and exit eligible households from risk of unsheltered homelessness and shelter placement. Contact Garden State Home at (732)532-6865
- **Homelessness Prevention and Rapid Re-Housing Program:** Provider assistance to households in imminent risk of homelessness due to an eviction summons and temporary rapid re-housing assistance to individuals and families living on the streets, in places not meant for human habitation (e.g., encampments and vehicles) and in emergency shelters (up to 90 days) to obtain permanent housing. Contact Catholic Charities at (732)826-6278.

Puerto Rican Association on Human Development (PRAHD)

100 First Street, Perth Amboy NJ 08861 | (732)638-2800 | (732)442-1081
100 Cooke Avenue, Carteret, 07008 | (732)979-2465
Hotline for Rental Assistance: (732)638-2870

- Homelessness Prevention Program – provides rental arrears and relocation assistance.

HOMELESSNESS PREVENTION

Garden State Home

141 Raritan Ave, Highland Park, NJ 08904
(732)532-6865 | https://www.gardenstatehome.org/

- Services include: Eviction Prevention, Housing Assistance and Homeless Services.
- Diversion program – offers problem solving with limited financial assistance.

Catholic Charities

Edison Family Service Center - Multi Service Program
26 Safran Avenue, Edison, NJ 08837
(732)826-6278 | (732)738-1323 | www.ccdom.org

- Homeless individuals can receive assistance with fist month's rent and security deposit
- Assistance with utility bills, mortgage in arrears, court ordered eviction notice or currently homeless. Education on tenants rights provided.
- ***Homeless Prevention and Rapid Re-Housing (HPRP)***
  https://ccdom.org/middlesex-homeless-prevention-rapid-re-housing
  - Short-term financial assistance program for individuals and families who are having difficulty maintaining their rental housing, utility bills, have a court ordered eviction notice or have lost their housing and are currently homeless.
  - Types of financial assistance include rental arrears, short-term rental assistance, security deposits and/or utility deposits/arrears.
- ***The Project for Assistance in Transition from Homelessness (PATH) Program***
  https://ccdom.org/middlesex-project-for-assistance-in-transition-from-homelessness
  - Assists mentally ill individuals who are homeless or on the verge of homelessness by securing entitlements, mental health treatment and housing opportunities. Services provided for one year with linkage to services.

Project for Assistance in Transition from Homelessness (PATH)

University Behavioral Healthcare: Homeless Case Management
AccessCenter:1(800)969-5300 | ubhc.rutgers.edu/clinical/community/community-based-programs.xml

- PATH assists severely and persistently mentally ill adults (ages 18 and over) who are homeless or on the verge of homelessness to secure entitlements, mental health treatment and housing opportunities.

Homesharing INC

(908)526-4663 | https://homesharing.org/

- Home "providers" who have a separate bedroom for rent.

Central Jersey Housing Resource Center (CJHRC)

92 East Main Street, Suite 407 Somerville, NJ 08876
(908)446-0036 | Email: 2cjhrc@gmail.com | https://cjhrc.org/

- HUD approved agency that provides information about affordable housing options, application assistance for housing or assistance programs, educates on tenant rights and fair housing laws, and financial literacy.

HOMELESSNESS PREVENTION

Reformed Church of Highland Park Affordable Housing Corp (RCHP-AHC)
19-21 South Second Avenue, Highland Park, NJ 08904
(732)249-7349 | Email: reformedchurchhp@gmail.com | https://www.rchighlandpark.org/

- Sublease Program – provides financial assistance for the homeless, must have a source of income.
- Special Populations Medical Group Program – provides homeless individuals with medical conditions with assistance with paying two months of rent, must have a source of income.

Fish Inc. – Dunellen Area
450 New Market Road, Piscataway NJ 08854
(732)356-0081 | https://www.fishdunellenarea.org/

- A service organization of volunteers who respond to the needs of the poor, the elderly, the homeless, and those who "fall between the cracks" of public assistance. Major programs of Fish include food bank, clothing, blankets and bedding, holiday meals and Christmas toys.
- All services are by appointment only through the Hotline, (732)356-0081, Mon - Fri, 9AM-5PM.

NJSHARES Mortgage Assistance, Rent & Taxes (NJ SMART) Program
SHARES | APPLY ONLINE: https://sharesnation.org/njsmart/

- Provides assistance to eligible New Jersey residents who are in a temporary financial crisis and are facing housing emergencies. The NJ SMART Program will provide up to a $5,000 grant for overdue rent, mortgage, or property tax payments. Rent, mortgage or property tax payments must be past due a minimum of one month. Payments will be made in a one-time, lump-sum payment directly to the landlord, mortgage company or tax collector on behalf of the applicant.
- Apply online ONLY. No paper applications will be accepted.

Housing Coalition of Central Jersey (HCCJ)
PRAB, 754 Rt. 18, Suite 202, East Brunswick, NJ 08816
(732)832-7535 | https://www.prab.org/programs-services/housing-services/

- ***Mortgage Counseling, Mortgage Assistance & Foreclosure Mediation:*** Homeowners faced with mortgage delinquency and default receive counseling to determine the reasons for delinquency and can explore options to avoid foreclosure. This includes mortgage modification, mortgage assistance, and asset preservation.
- ***Landlord-Tenant Mediation:*** Landlords and tenants are informed of their rights and responsibilities. Tenants who are summoned to court receive assistance with state, county, or local intervention.
- ***Homelessness Prevention:*** Families and individuals who are housed in inadequate conditions, are at risk of eviction or foreclosure, or are homeless receive the appropriate support. They receive assistance while considering options, completing applications for subsidized housing, and locating financial resources for rent, security, and utility deposits.

Central Jersey Legal Services
317 George Street, New Brunswick, NJ 08901 | (732)249-7600
313 State Street, Perth Amboy, NJ 08861 | (732)324-1613
https://centraljerseylegalservices.org/

- Assists with housing problems such as eviction, foreclosure, rent, tenant and Section 8 issues.

HOMELESSNESS PREVENTION
Homeless Veterans

Middlesex County Veterans Housing Assistance Program (VHAP)
Division of Housing, Community Development, and Social Services
75 Bayard Street, 2nd floor, New Brunswick, NJ 08901
(732)745-4051 | (732)745-5918
www.middlesexcountynj.gov | search: veterans housing assistance program

- Temporary rental assistance program for at-risk or homeless veterans and their families.
- Assists with security deposit, first month's rent or rental arrears.

NJ SOS Veterans Homeless Hotline
1(855)289-8527 | Monday- Friday, 9am-9pm, Weekends 11am-7pm

- Provides assistance for homeless veterans or veterans in danger of becoming homeless. This program can provide a one-time emergency motel placement for one or two nights. NJ SOS then makes a referral to Soldier On and Community Hope for further assistance.

Bringing Veterans Home
https://bvh.dca.nj.gov/

- Through a partnership between the New Jersey Department of Community Affairs (DCA) and New Jersey Department of Veterans Affairs (DVA), the mission is to effectively end veteran homelessness by enhancing existing systems, creating rapid access to housing, and ensuring homelessness becomes rare, brief, and non-recurring. Self-referral through online form, NJ Vet2Vet, or NJ 211

Supportive Services for Veteran Families Program (SSVF)
1(855)483-8466 | ssvf@communityhope-nj.org

- A homeless prevention program that provides case management services to assist *homeless and at-risk veterans and their families* in securing housing and a housing stability plan to avert or overcome homelessness, mental illness, addiction and poverty.
- To qualify for SSVF: low-income single veterans or veteran families who are currently residing in permanent housing and at imminent risk of becoming homeless OR currently homeless.

Soldier On
1(866)406-8449 | www.wesoldieron.org

- Provides in-home case management, referral services, and temporary financial assistance for housing to veterans facing homelessness or eviction.

Community Hope
1(855)483-8466 | (973)463-9600 | www.communityhope-nj.org

- Provides case management services to assist veterans, helps individuals, including veterans, and their families overcome mental illness, addiction, homelessness and poverty.

Hope for Veterans Program
(908)647-5717

- Provides a safe, supportive environment where veterans can sustain their recovery and start to rebuild their lives by offering shelter (transitional housing and permanent supportive housing), homelessness prevention and mental health counseling. Transitional housing program is located at the VA New Jersey Healthcare Campus in Lyons, NJ where veterans can address issues that lead to their homelessness. Call Veterans Intake Coordinator (201)643-7799.

HOUSING

Affordable Homes New Jersey
a CGP&H service

AFFORDABLE HOUSING IN
WOODBRIDGE TOWNSHIP

For information about affordable housing opportunities in Woodbridge, please click here.

On this website, you will be able to:

- *Complete a preliminary application*
- *Join waiting lists*
- *Find out about other affordable housing opportunities*
- *Search our FAQ database*
- *Review income guidelines*





www.AffordableHomesNewJersey.com

APPLY ONLINE TODAY!

EQUAL HOUSING OPPORTUNITY

If you have additional questions, please leave a detailed message at 609-664-2769 extension 5.

New Jersey HOUSING Resource Center
www.njhrc.gov

HOUSING

Additional contact information on pages: 26-27

Woodbridge Affordable Housing Rental Opportunities:

	Number of Units	Unit Mix	How To Apply?
CGP&H/ AffordableHomesNewJersey.com			
875 Port Reading	1	1 bedrooms	AffordableHomesNewJersey.com. Call 609-664-2769 ext. 5
The Grande at Metro Park	36	1 bedrooms; 2 bedrooms	
444 Lincoln Highway Apartments	7	1 bedrooms; 2 bedrooms; 3 bedrooms	
LUXE	10	1 bedrooms; 2 bedrooms; 3 bedrooms	
Quincy Heights	10	1 bedrooms; 2 bedrooms; 3 bedrooms	
414 Rahway Avenue	5	1 bedrooms; 2 bedrooms; 3 bedrooms	
Boulevard East	3	2 bedrooms; 3 bedrooms	
Cooper Towers (62 +)	75	studio, 1 bedrooms	
Avenue & Green	35	Studios; 1 bedrooms; 2 bedrooms; 3 bedrooms	
The Park at Woodbridge Station	22	Studios; 2 bedrooms; 3 bedrooms	
Ingerman			
Reinhard Manor	62	1 bedrooms; 2 bedrooms	livebirchwood.com/communities/reinhard-manor/ Call (732) 428-0300 *This is an age restricted community age 62 years of age or older.*
Dalina Manor	57	1 bedrooms; 2 bedrooms	livebirchwood.com/communities/dalina-manor/ Call (732) 486-7326 *This is a 55+ community.*
Jacobs Landing	204	1 bedrooms; 2 bedrooms; 3 bedrooms	Call (732) 352-4390
Maple Tree Manor	88	Studios; 1 bedrooms; 2 bedrooms	livebirchwood.com/communities/maple-tree-manor/ Call (833)752-6215 *This is an age restricted community age 62 years of age or older.*
Pennrose Properties			
Greens at Avenel	100	1 bedrooms; 2 bedrooms; 3 bedrooms	GreensAtAvenel@pennrose.com Call (732) 554-0862
Piazza and Associates			
Station Village at Avenel	50	1 bedrooms; 2 bedrooms; 3 bedrooms	Piazzanj.com/affordable-housing/ Call (609)786-1100.
Autumn Hills	24	1 bedrooms; 2 bedrooms; 3 bedrooms	
Village at Falcon Point	9	1 bedrooms; 2 bedrooms; 3 bedrooms	
Vermella Woodbridge	57	1 bedrooms; 2 bedrooms; 3 bedrooms	
Modera Woodbridge	42	1 bedrooms; 2 bedrooms; 3 bedrooms	
Sterling Properties			
Metro Woodbridge	4	1 bedrooms; 3 bedrooms	Sterling Properties Call (973) 535-1888.
Woodbridge Housing Authority			
Red Oaks Senior Housing	60	1 bedrooms	Woodbridgehousingauthority.org/senior-disabled-pre-application/ Call (732) 634-2750
Green Oak Towers	75	Studios; 1 bedrooms	
Adams Towers	65	Studios; 1 bedrooms	
Finn Towers	70	Studios; 1 bedrooms; 2 bedrooms	
Greiner Towers	70	Studios; 1 bedrooms; 2 bedrooms	



HOUSING

Senior Citizen Low-Income and Affordable Housing

WOODBRIDGE HOUSING AUTHORITY

800 Bunns Lane, Woodbridge, NJ 07095

(732)634-2750 | Fax (732)634-8421

WHO: Senior Citizens/Disabled

HOW TO APPLY:

- Pre-applications available in person or online at: www.woodbridgehousingauthority.org
- Return by mail or in person.

LOCATIONS:

Adams Towers	555 Rahway Avenue, Woodbridge NJ 07095
Finn Towers	19 Martin Terrace, Woodbridge, NJ 07095
Greiner Towers	460 Inman Avenue, Colonia, NJ 07067
Green Oak Towers	535-537 New Brunswick Avenue, Fords, NJ 08863
Red Oak Manor	300 Old Road, Port Reading, NJ 07064
Cooper Towers 62+	1422 Oak Tree Road, Iselin, NJ 08830 Cooper only, apply online: http://affordablehousingonline.com/preliminary-application or call (609)664-2769

Senior Citizen Affordable Housing

INGERMAN COMMUNITIES

HOW TO APPLY: Call, visit or apply online through each community website.

LOCATIONS:

- **Dalina Manor** (55+)
  113 James Street, Hopelawn, NJ 08861
  (732)486-7326
  www.livebirchwood.com/communities/dalina-manor/

- **Maple Tree Manor** (62+)
  1255 Rahway Avenue, Avenel, NJ 07001
  (732)636-1313
  www.livebirchwood.com/communities/maple-tree-manor/

- **Reinhard Manor** (62+)
  401 Fairview Avenue, Colonia, NJ 07067
  (732)428-0300
  www.livebirchwood.com/communities/reinhard-manor/

- **The Willows @ Jacobs Landing**
  800A Bunns Lane Suite A, Woodbridge, NJ 07067
  (732)352-4390
  livewillows.com/communities/Jacobs-landing/

HOUSING



Affordable Housing Rental Opportunities

CGP&H/ AffordableHomesNewJersey.com

HOW TO APPLY:

- Call: CGP&H at (609)664-2769 Ext.5 | Online: www.AffordableHomesNewJersey.com

LOCATIONS:

875 Port Reading Avenue	875 Port Reading Avenue, Woodbridge, NJ 07064
The Grande at Metro Park	3 Ronson Road, Iselin, NJ 08830
444 Lincoln Highway Apt	444 Lincoln Highway, Iselin, NJ 08830
LUXE	One Woodbridge Center Drive, Woodbridge, NJ 07095
Quincy Heights	175 Quincy Court, Hopelawn, NJ 08861
414 Rahway Avenue	414 Rahway Avenue, Woodbridge, NJ 07095
Boulevard East	355 Edgerton Boulevard, Avenel, NJ 07001
Cooper Towers 62+	1422 Oak Tree Road, Iselin, NJ 08830
Avenue & Green	10 Green Street, Woodbridge, NJ 07095

PENNROSE PROPERTIES

HOW TO APPLY:

- Call (732)554-0862 | Online: www.pennrose.com/apartments/new-jersey/greens-at-avenel
- Email application to: GreensAtAvenel@pennrose.com or call

LOCATIONS:

Greens at Avenel	1450 Rahway Avenue, Avenel, 07001

PIAZZA AND ASSOCIATES

HOW TO APPLY:

- Call (609)786-1100 | Online: www.piazzanj.com/affordable-housing

LOCATIONS:

Station Village at Avenel	2000 Station Drive, Avenel, NJ 07001
Autumn Hills	400 Hoover Way, Woodbridge, NJ 07095
Village at Falcon Point	405 Falcon Point Way, Port Reading, NJ 07064
Vermella	6000 Vermella Way, Woodbridge, NJ 07095
Modera	10 Main Street, Woodbridge, NJ 07095
The Park at Woodbridge Station	55 Brook Street, Woodbridge, NJ 07095

STERLING PROPERTIES

HOW TO APPLY:

- Call (973)535-1888 | Online: www.piazzanj.com/affordable-housing

LOCATIONS:

Metro Woodbridge	154 Harriot Street, Woodbridge, NJ 07095

HOUSING



Findhelp.org

- A free-to-use-search engine. Put in your zip code and findhelp connects you to a list of programs broken into categories such as housing, financial assistance, food, health, transit, care, work, and legal.

ASSISTED LIVING, SKILLED NURSING & MEMORY CARE FACILITIES

- St. Joseph's Senior Home – Assisted Living and Nursing
  3 Center St. Joseph's Terrace, Woodbridge
  (732)750-0077

ADULT DAY CARE

- Iselin Adult Day Care
  477 NJ-27, Iselin
  (732)283-1373

- Nirvana Adult Day Care
  835 US-1 South, Iselin
  1(848)200-7343

55+ APARTMENT COMMUNITY

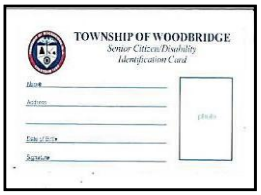
- Woodbridge Hills
  400 Hampton Lane, Iselin
  (732)889-7015

- Hyde Park Seniors
  55 South Hyde Avenue, Iselin
  (732)855-2999

SEARCH FOR NJ ASSISTED LIVING, NURSING HOMES/ SPECIALIZED CARE

- https://www.nj.gov/health/healthfacilities/
- https://healthapps.nj.gov/Facilities/fsSearch.aspx
- www.alzheimersupport.com/memory-care/new-jersey/
- https://www.assistedliving.org/new-jersey/
- https://www.assistedliving.org/assisted-living-near-me/
- https://www.assistedliving.org/cost-of-assisted-living/
- https://www.assistedliving.org/senior-housing/
- https://www.medicare.gov/care-compare/?providerType=NursingHome

IDENTIFICATION CARD



Senior Citizen ID
Division on Aging
Department of Senior Services
400 Inman Avenue, Colonia
(732)726-6262

- Free Identification Cards provided by appointment only to Woodbridge Township Senior Citizen residents 60 years of age or older; or residents who are on Social Security Disability.
- Must show proof of residency and/or Social Security Disability Award letter.

INCOME TAX PREPARATION



Division on Aging
Department of Senior Services
400 Inman Avenue, Colonia
(732)726-6262

- Free AARP Tax-Aide preparation assistance coordinated by Division on Aging.
- By appointment only. Space is limited. Woodbridge Township residents. 60+ with low/moderate income.

On-Line Income Tax Filing (NJ e-File-State of NJ Division of Taxation
1(800)323-4400 | (609)292-6400
https://www.nj.gov/treasury/taxation/forms/efile.shtmt

- As a New Jersey resident, you can file your *state* income tax returns, upload tax documents, and pay owed taxes online directly the Division of New Jersey Taxation, and it is FREE. To qualify, you must provide the New Jersey Gross income amount from your prior year's New Jersey income tax return. It takes an average of four weeks for returns to be processed.

Federal-State Modernized e-File (MeF)
1(800)323-4400 | (609)292-6400 https://www.nj.gove/treasury/taxation/forms/efli.shtmt

- With MeF, you can either use vendor-supplied software or Internet applications to file your New Jersey income tax return. You can file the current year's return and/or returns from two years prior. The transmission and receipt confirmation cycle for filing a return takes one to two business days. For a list of approved MeF software vendors, please click the vendors link on the MeF website (https://www.nj.gov/treasury/forms/efli.shtmt).

INCOME TAX PREPARATION



IRS Free-File Option

1(844)545-5640 | http://irs.gov/e-file-do-your-taxes-for-free

- If you have an adjusted gross income of $89,000 or less, you can file your federal income tax returns online. The IRS has partnered with the Free File Alliance, a coalition of tax preparation software companies, to allow free filing of income tax returns on the IRS website.
- Start at IRS.gov/freefile to access the IRS Free File tax preparation software. You can choose either a Free File partner software program or Free File Fillable Forms to download on your personal computer. Assistance offered in multiple languages.

LEAF BAGS



Leaf Bags

Public Works Complex
225 Smith Street, Keasbey
(732)738-1311

- Woodbridge resident and proof of residency required. Distributed at outreach events in October-December while supplies last. Check local senior centers for dates/times/locations of distribution locations throughout Township.
- Leaf bags available at DPW during April (if supplies are available) for Spring Clean-up.
- Only leaves in biodegradable bags will be collected. No plastic bags.

PASSPORT



Woodbridge Main Library (WPL)
1 George Frederick Plaza, Woodbridge
(732)634-4450| www.twp.woodbridge.nj.us/1219/Passport-Services

- ***WPL is a designated passport acceptance facility***. By appointment only.
  - Schedule appointment: https://woodbridgelibrary.setmore.com/
- *What You Need*:
  - Visit: https://travel.state.gov/content/travel/en/passports.html to review required documents before your appointment.
- *Apply In Person If:*
  - First-time U.S. passport
  - Under age 16
  - Passport lost, stolen, or damaged
  - Issued before age 16
  - Issued more than 15 years ago
  - Expired more than 5 years ago
- *Bring With You*
  - Completed application (DS-11)
  - Passport photo
  - Forms Available at WPL or visit: https://travel.state.gov/content/travel/en/passports/how-apply/forms.html.
- *Emergency Passport*
  - Call 1(877)487-2778 | 1(888)874-7793 (TDD/TTY)

Office of the County Clerk
Middlesex County Administration Building
4th Floor, 75 Bayard Street, New Brunswick, NJ 08901
(732)745-3405 | www.middlesexcountynj.gov | search: passport services

- ***Middlesex County is designated as an acceptance agent for U.S Passport applications.*** *Call to schedule an appointment.*
- *What You Need*:
  - Visit https://travel.state.gov/content/travel/en/passports.html to know what documents to bring with you on the day of your appointment.
- *Bring With You*
  - Forms are available at the Main Library, or by visiting https://travel.state.gov/content/travel/en/passports/how-apply/forms.html.

PETS “Beloved Companions”



Pet Licensing
Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5004 | www.twp.woodbridge.nj.us

- All pets must have current rabies vaccine to be licensed.
- Dogs must have rabies vaccination valid until 10/31 of current year or longer. Cats must have rabies vaccination until 6/30 or later of current year.
- Cat licensing begins September 1 annually.
- License your pet via mail or in person. Applications can be found at Township website. Woodbridge Health Department, Animal License Division, 2 George Frederick Plaza Woodbridge.
- Discount applicable if pet is spayed/neutered with proof and/or if you are 65+years of age.



Free Rabies Clinic
Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 5004 | www.twp.woodbridge.nj.us

- Offered multiple times a year for dogs seven (7) months or older and cats six (6) months or older.
- For Woodbridge residents, animals must be licensed with Woodbridge Township.
- Bring license, proof of prior year rabies vaccination, and spaying/neutering certificate.
- Pet licenses can be purchased at the clinic.

Woodbridge Animal Shelter and Pet Adoption Center
Department of Health and Human Services
2 George Frederick Plaza, Woodbridge
(732)855-0600 ext. 2034 | www.twp.woodbridge.nj.us | animalshelter@twp.woodbridge.nj.us

- If interested in adopting a cat or dog, visit the shelter or call. Applications to adopt can be found on Township website.
- Call or visit shelter for volunteer opportunities.
- If you are a resident who is unable to keep your pet, call the Woodbridge Animal Shelter for information and assistance.



PHARMACIES IN WOODBRIDGE TOWNSHIP

Ar-Ex Pharmacy
370 New Brunswick Ave
Fords
(732)738-1085

Avenel Pharmacy
994 Rahway Ave
Avenel
(732)634-1914

Colonia Pharmacy
515 Inman Ave
Colonia
(732)381-3400

CVS Pharmacy
107 Main Street
Woodbridge
(732)634-6394

Iselin Pharmacy
1186 Green Street
Iselin
(732)283-1111

ShopRite Pharmacy
877 St Georges Ave
Woodbridge
(732)636-4151

Super Amboy Pharmacy
101 New Brunswick Ave
Hopelawn
(732)934-6134

The Medicine Shoppe Pharmacy
458 Amboy Ave
Woodbridge
(732)636-0011



Walgreens Pharmacy
1303 St Georges Ave, Colonia
(732)827-2904
555 Inman Ave, Colonia
(732)396-8701
17 Green St, Woodbridge
(732)326-9782

Walmart Pharmacy
360 U.S. Highway 9 N
Woodbridge
(732)826-6084

Wegmans Pharmacy
15 Woodbridge Center Drive
Woodbridge
(732)596-3245

Wellcare Pharmacy
517 Avenel Street
Avenel
(732)874-5788

ScriptAbility
En-Vision America
www.envisionamerica.com/scriptability | scriptability.com
Toll Free: 1(800)890-1180 | Phone: 1(309)452-3088

- ***ScriptAbility*** is a suite of products designed to help pharmacists meet the needs of their blind, visually impaired, print impaired patients or those patients who speak English as a Second Language. It is one system offering multiple solutions: Talking Prescription Labels, Large Print Labels, Dual Language Labels, Controlled Substance Safety Labels and Braille Labels.
- Call your pharmacist to ask if they are a participating pharmacy. If your pharmacist does not participate with Scriptability, call 1(800) 890-1180 or visit https://www.envisionamerica.com/participating-pharmacies to find a participating ScriptAbility pharmacy near you.

ScriptAbility



PROPERTY TAX RELIEF PROGRAMS

The State of New Jersey offers tax relief in various forms to certain property owners. You may be eligible for deductions, which reduce your property tax liability and reimbursed for property tax increases.

Property Tax Relief Application (PAS-1)

State of NJ - Department of the Treasury - Division of Taxation
1(800)882-6597 | 1(888)238-1233
www.nj.gov/treasury/taxation/ | **To apply**: propertytaxrelief.nj.gov

- The PAS-1 is a combined application for the Senior Freeze (PTR), ANCHOR, and STAY NJ tax relief programs.
- Eligibility requirements, including income limits, and benefits available for all property tax relief programs are subject to change by the State Budget.

Senior Freeze (formerly PTR)

- The Senior Freeze Program reimburses eligible senior citizens and disabled persons for property tax or mobile home park site fee increases on their principal residence (main home). To qualify, you must meet all the eligibility requirements for each year from the base year through the application year. **You must apply every year.**
- The Senior Freeze application is part of the PAS-1application for New Jersey's property tax relief programs for homeowners and renters, aged 65, or older or actually receiving Social Security Disability benefits.
- You have to meet certain income limits, which are subject to the current year state budget and residency requirements.

ANCHOR Program

- ANCHOR offers property tax relief to New Jersey residents who own or rent property in New Jersey as their main home and meet certain income limits.
- The ANCHOR application is part of the PAS-1 application for New Jersey's property tax relief programs for homeowners and renters, aged 65, or older or actually receiving Social Security Disability benefits.
- You have to meet certain income limits, which are subject to the current year State budget.

STAY NJ

- Offers property tax benefits to eligible homeowners aged 65 and older. It reimburses applicants for 50% of their property tax bills, up to a maximum of $13,000, with a 2025 benefit cap of $6,500. To qualify, you must have owned and lived in your home for the full 12 months of 2025 and have an income below $500,000. If you made P.I.L.O.T. (Payments-in-Lieu-of-Tax) payments to your municipality, you are eligible for the Stay NJ benefit. *Mobile homeowners are not eligible.*
- Applicants will submit a PAS-1 application to claim benefits from Senior Freeze, ANCHOR, and the STAY NJ program. Eligibility for this benefit is based on residency, income, and age as of 2025. Eligibility is subject to the current year State budget.
- STAY NJ benefits are calculated after ANCHOR and Senior Freeze benefits are determined.

PROPERTY TAX RELIEF PROGRAMS

Annual Property Tax Deduction for Senior Citizen, Surviving Spouses and Disabled

Administered by Woodbridge Township, Tax Assessor Office, 1 Main Street, Woodbridge
(732)602-6002 | www.twp.woodbridge.nj.us

- Annual deduction up to $250.00 from property taxes due.
- Homeowners 65+ or under 65 receiving Social Security Disability Benefits.
- Income must be less than $10,000.00 excluding Social Security; for married couples combined income.
- Obtain application at Township Tax Assessor office or visit: www.state.nj.us/treasury/taxation
- *Submit* application to Township Tax Assessor office between October 1-December 31.
- In order to maintain deduction, submit re-application to Township Tax Collector office between January 1 – September 30.

Annual Deduction for Veterans and Widows of Veterans

Administered by Woodbridge Township, Tax Assessor Office, 1 Main Street, Woodbridge
(732)602-6002 | www.twp.woodbridge.nj.us

- Annual deduction up to $250.00 from property taxes due.
- To qualify: Must have served active duty during time of war, DD-214 required as proof, Honorably Discharged, live in the home as owner occupied.
- Obtain application at Township Tax Assessor office or visit: www.state.nj.us/treasury/taxation
- *Submit* application to Township Tax Assessor office between October 1-December 31.
- In order to maintain deduction, submit re-application to Township Tax Collector office between January 1 – September 30.

Property Tax Exemption for Disabled Veterans and Widows

Administered by Woodbridge Township, Tax Assessor Office, 1 Main Street, Woodbridge
(732)602-6002 | www.twp.woodbridge.nj.us

- Exemption from property taxes on principal residence for certain totally/permanently disabled war veterans and war veterans who served in peacekeeping missions and operations.
- Obtain application at Township Tax Assessor office or visit: www.state.nj.us/treasury/taxation
- Submit application to Township Tax Assessor office any time to maintain deduction.
- Deduction is prorated by date of application.

SENIOR CITIZEN CENTERS

Woodbridge Township senior centers foster healthy aging and support older adults in living safely and independently. We offer social, recreational, educational, health, and wellness programs that promote engagement, purpose, and overall quality of life.



Evergreen Senior Center

400 Inman Avenue, Colonia, NJ 07067
(732)726-6261 | www.twp.woodbridge.nj.us
Hours: Monday - Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Evergreen is the longest standing Senior Center in Woodbridge Township!

Programs & Activities



- Billiards
- Bingo
- Board/Card Games
- Bocce Ball
- Chair Yoga
- Computer Lab/Wi-Fi
- Dance Class & Zumba
- Enrichment Programs
- Exercise Classes
- Karaoke & Choir
- Movies & Socials
- Mahjongg
- Monthly Luncheons
- Puzzles
- Seminars



Special Activities



- Summer Splash Party
- Atlantic City Trips
- Ballroom Dancing
- Coffee with Councilwoman
- Outdoor Gazebo
- Ping Pong
- Recipe Club



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency

EVERGREEN SENIOR CENTER
400 Inman Ave Colonia NJ 07067
732-726-6261

SENIOR CITIZEN CENTERS



Five Branches Senior Center

1 Brown Avenue, Iselin, NJ 08830
(732)726-6276 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Programs & Activities



- Active Silver
- Billiards
- Bingo
- Canasta & Card Games
- Chair Yoga/Pilates
- Computer Lab/Wi-Fi
- Crochet/Knitting
- Darts
- Exercise Classes
- Karaoke & Piano
- Mahjongg
- Monthly Luncheons
- Movies
- Pinochle & Poker
- Rummikub
- Seminars
- Zumba



Special Activities



- Art Class
- Arts & Crafts
- Corn Hole
- Enrichment Programs
- "Fun with Jo"
- Garden Club
- Shuffleboard
- Social Hour



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency

FIVE BRANCHES SENIOR CENTER
1 Brown Ave, Iselin
New Jersey 08830

Five Branches Senior Center is Post home to the American Legion.

SENIOR CITIZEN CENTERS



Hickory Senior Center

17 Corrielle Street, Fords, NJ 08863
(732)726-6285 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Programs & Activities



- Bingo
- Card Making Crafts
- Computer Lab/Wi-Fi
- Outdoor Seating
- Puzzles
- Crochet/Knitting
- Mahjongg
- Monthly Luncheons
- Rummikub
- Scrabble
- Trivia
- Qigong(virtual)



Special Activities



- Card Making & Yarn Art
- Chair Yoga
- Color by Pencil
- Enrichment Programs
- Jewelry & Beading
- Movies
- Seminars
- Senior Exercise
- Socials
- Trivia



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency

HICKORY
SENIOR CENTER

Hickory Senior Center hosts the Fords-Keasbey Senior Citizens Club

SENIOR CITIZEN CENTERS



Maple Tree Senior Center

109 Morrisey Avenue, Avenel, NJ 07001
(732)259-0910 |www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Programs & Activities



- Billiards
- Bingo
- Card Table
- Yoga
- Checkers & Chess
- Crochet
- Group Exercise
- Rummikub
- Scrabble
- Seminars
- Walking Club
- Yoga



Special Activities



- Book Club
- Enrichment Programs
- Line Dancing
- Monthly Luncheons
- Senior Strengthening
- Pinochle
- Veterans Celebration
- Women's Billiard



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency



Maple Tree Senior Center is home to the Avenel Knights of Columbus Hall and hosts the Golden Circle Avenel Senior Citizens Club.

SENIOR CITIZEN CENTERS



Oak Tree Senior Center

571 Lincoln Highway, Iselin, NJ 08830
(732)259-2008 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Programs & Activities



- Active Seniors
- Bingo
- Card Games
- Chair Yoga
- Chess
- Crochet/Knitting
- Line Dancing
- Mexican Dominoes
- Movies
- Puzzles
- Seminars
- Senior Exercise
- Strength & Stretch
- Tai Chi (virtual)
- Yoga
- Zumba Gold



Special Activities



- Carrom Board
- Color Creation
- Community Circle
- Enrichment Programs
- Mahjongg
- Monthly Luncheons
- Rummikub
- Socials



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency

Oak Tree Senior Center is home to the Iselin Knights of Columbus Hall.

SENIOR CITIZEN CENTERS



Sycamore Senior Center

290 Old Road, Port Reading, NJ 07064
(732)726-6272 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM | Hotline: (732)726-6264

Programs & Activities



- Billiards
- Bingo
- Card Games
- Crochet/Knitting
- Computer Lab/Wi-Fi
- Line Dancing
- Mahjongg
- Monthly Luncheons
- Movies
- Ping Pong
- Senior Chess Club
- Zumba Gold
- Seminars
- Senior Chess Club



Special Activities



- Art Class
- Bocce Ball & Horse Shoes
- Canasta
- Chair Pilates & Yoga
- Cornhole
- Garden Club
- Puzzles
- Senior FIT and Zumba Gold
- Shuffle Board
- Socials
- Tea Time & Crafts



Membership

- Age 60+
- Woodbridge resident
- Registration required
- Proof of residency

SYCAMORE
SENIOR CENTER
290 Old Road, Port Reading

Sycamore Senior Center hosts the Woodbridge Senior Citizens Club and Port Reading- Sewaren Senior Citizens Club.

SENIOR CITIZEN CLUBS

Better Together

Avenel Golden Circle Senior Club
Meets at Maple Tree Senior Center
109 Morrisey Avenue, Avenel
2nd & 4th Thursday of the month at 11:30am

Colonia Senior Club
Meets at Colonia Fire House
250 Inman Avenue, Colonia
1st & 3rd Tuesday of the month at 12noon

Stronger Together

Fords-Keasbey Senior Club
Meets at Hickory Senior Center
17 Corrielle Street, Fords
(732)726-6285
1st Friday of the month at 12:30pm

Port Reading-Sewaren Senior Club
Meets at Sycamore Senior Center
290 Old Road, Port Reading
(732)726-6272
1st & 3rd Wednesday at 12:00pm

Woodbridge Senior Club
Meets at Sycamore Senior Center
290 Old Road
Port Reading
(732)726-6272
Every Thursday at 1:00pm

Woodbridge Township Senior Billiards Club
Meets at Woodbridge Community Center
600 Main Street
Woodbridge
(732)596-4000

SENIOR TRANSPORTATION OF WOODBRIDGE (STOW)

Department of Senior Services

S.T.O.W.

400 Inman Avenue, Colonia, NJ 07067
(732)726-2394 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:00 AM – 4:00 PM

Transportation to Mayor's Summer Concert Series, Shopping, Local Doctors, Senior Centers & More!

Senior Transportation of Woodbridge (S.T.O.W) provides curb-to-curb, reservation-based, shared-ride transportation services free of charge to Woodbridge Township senior citizens, age 60 and older for Township Senior Centers, WCC, Main Library, shopping, Local Doctor appointments, and other designated township events.

How to Register, Schedule & Cancel

- Call (732)726-2394 to request a Senior Transportation Client Form
- Download and print registration form at www.twp.woodbridge.nj.us. Mail completed form to: STOW, 400 Inman Avenue, Colonia, NJ 07067 with Township Proof of Residency.
- Upon completion of registration, applicant receives a Client Transportation ID Number required for all trip reservations. Call S.T.O.W. to schedule an appointment.
- Notify the office of cancellations at least 24 hours in advance of scheduled pick-up time by calling the office or leaving a voice message.

Shopping Schedule:

Maximum of three bags. You must be able to lift and carry your own bags. Reservations must be made at least 24 hours in advance

Shoprite:

- Senior Housing: Tuesdays
  - First pick-up at 9:00am Adams, Finn, Red Oak, and Maple Tree | Bus returns at 11:00am
  - Second pick-up at 11:00am at Cooper, Greiner, and Olsen | Bus returns at 1:00pm
- Private Homes: Thursdays at 9:00am - 11:00am and 11:00am - 1:00pm. Depending on what section of town resident resides.

Woodbridge Mall: 2nd Friday of the month from 11:00am-2:00pm.
Wegmans: 3rd Wednesday of the month from 11:00am-2:00pm.
Wal-Mart: 4th Friday of the month from 11:00am-2:00pm.

Doctor and Medical Trips:

- Doctor appointments between 9:00am – 2:30pm withing Woodbridge Township. Must schedule medical appointments at seven business days in advance. We accept appointments a couple months in advance. Limited service to James Street, May Street, and Progress Street in Edison. Subject to availability.

Times, routes and dates subject to change and based upon availability.
Call S.T.O.W at (732)726-2394 for more information.



SOCIAL WORK SENIOR SERVICES

Department of Senior Services

Division on Aging

400 Inman Avenue, Colonia, NJ 07067
Evergreen Senior Center
(732)726-6262 | www.twp.woodbridge.nj.us
Hours: Monday – Friday, 8:30 AM – 4:30 PM

The Division on Aging is a Social Work agency open to Woodbridge Township residents age 60 and older, and caregivers. The mission is to provide Senior Services to frail, vulnerable, isolated and homebound elderly through home and office appointments to maintain their continued independence and to deter long-term placement.

Division Social Workers provide assistance designed to support older adults in leading independent lives with dignity during challenging times by providing emotional, financial, health, mental health and social support services. These services include information, referral and assistance; benefit screening for program eligibility, application assistance, supportive counseling and care management, educational seminars and community outreach.

We put the pieces together by connecting older adults to support services, which help them to age in place and improve their quality of life.

Support services include:



SHIP Counseling:
Medicare
Medicaid
Health Insurance
Fraud/Identity Theft
Vision, Hearing, Dental Programs
Social Security
Prescription Assistance



Nutrition:
Home Delivered Meals
Senior Farmers Market
NJSNAP (food stamps)



Emotional Supports:
Individual/ Family
Caregiver Concerns
Mental Health
Educational Seminars
Community Outreach

Home and Utility Assistance:
PAS-1 (PTR, ANCHOR, STAY NJ)
Senior/Veteran Property Tax Deduction
Income Tax Assistance
Utility/Telephone Bill Assistance



Maintaining Independence:
Home Health Programs
Home Modification Programs
Additional Transportation Service
Assistive Technology



General Welfare:
Elder Abuse Concerns
Housing Referrals
Legal Service Referrals
Homelessness Prevention
Senior IDs





VETERAN ORGANIZATIONS

Memberships in the various veteran organizations vary. Veterans need only apply.
Contact for more information:
VETERANS ALLIANCE, George R Schnepf, Jr.,
(732)216-1767

American Legion

The nation's largest wartime veteran's service organization committed to mentoring youth and sponsorship of wholesome programs in communities, advocating patriotism and honor, promoting strong national security, and continued devotion to our fellow service members and veterans.

American Legion Post #87
314 Berry Street
Woodbridge, NJ 07095

American Legion Post #471
25 Brown Avenue
Iselin, NJ 08830

American Legion Post #248
806 Middlesex Avenue
Colonia, NJ 07067

Veterans of Foreign Wars (VFW)

Nonprofit veteran's service organization comprised of eligible veterans and military service members from the active, guard and reserve forces. Its mission is to foster camaraderie among United States veterans of overseas conflicts, to serve our veterans, the military and our communities and to advocate on behalf of all veterans.

VFW Post #4410
393 Pearl Street
Woodbridge, NJ 07095

VFW Post #2636
20 Auth Avenue, Iselin, NJ 08830
(Iselin Firehouse)

VFW Post #6061
606 Inman Avenue
Colonia, NJ 07067

VFW Post #7164
60 W. Park Avenue
Avenel, NJ 07001

VFW Post #1352
110 Worden Avenue
Hopelawn, NJ 08861

VFW Post #6090
411 New Brunswick
Fords, NJ 08863



VETERAN ORGANIZATIONS

Disabled American Veterans
Woodbridge Memorial DAV Chapter 56
186 Winding Road, Iselin, NJ 08830

- Nonprofit charity that provides a lifetime of support and advocacy for veterans of all generations and their families.

Marine Corps League
Cpl. Kevin J. Reinhard Det. 189 NJ.
P.O. Box 2
Avenel, NJ 07001

- Promotes the interest and to preserve traditions of the United States Marine Corps.

Montford Point Marine Association
NMPMA NJ – Chapter 45
P.O. Box 348
Woodbridge, NJ 07095



VOTING



Woodbridge Township Municipal Clerk
1 Main Street, Woodbridge, NJ 07095
(732)602-6007

- The Municipal Clerk's Office is considered the "hub" of municipal government operations; serving as liaison between governing officials and taxpayers and between the Executive and Legislative bodies.

New Jersey Division of Elections
https://nj.gov/state/elections/vote.shtml
1(877)658-6837



- **Online Voter Registration**

www.voter.svrs.nj.gov/register

- **Voter Registration Application**

www.nj.gov/state/elections/assets/pdf/forms-voter-registration/68-voter-registration-english- middlesex.pdf

- **Register To Vote**

www.nj.gov/state/elections/voter-registration

- **Am I Registered?**

https://voter.svrs.nj.gov/registration-check



- **Search for My Voting Location?**

https://voter.svrs.nj.gov/polling-place-search

- **Vote-By-Mail**

https://nj.gov/state/elections/vote-by-mail.shtml

- **Early Voting**

https://nj.gov/state/elections/vote-early-voting.shtml

- **Track My Ballot**

https://nj.gov/state/elections/vote-track-my-ballot.shtml

- **Be A Poll Worker**

https://nj.gov/state/elections/pollworker.shtml

VOTING

FIRST WARD

1st & 11th District: Ross Street School #11 (110 Ross St)

2nd, 5th, 9th, & 14th District: Woodbridge Middle School (525 Barron Ave)

4th & 7th District: Mawbey Street School #1 (275 Mawbey St)

3rd & 12th District: Housing Authority (800 Bunns Ln)

6th & 10th District: Municipal Building (1 Main St)

13th & 15th District: Matthew Jago School #28 (Glen Cove Ave)

8th District: Iselin Middle School (900 Panther Way)

SECOND WARD

1st & 14th District: Keasbey Fire House (420 Smith St)

2nd & 10th District: Hopelawn Fire House (127 Loretta St)

3rd, 4th, 6th & 11th District: Fords Fire House (667 King Georges Rd)

5th & 12th District: Fords Library (211 Fords Ave)

7th & 8th District: Fords Middle School (Fanning St)

9th & 15th District: Woodbridge Community Center (600 Main St)

13th District: Lafayette Estates School #25 (Ford Ave & Arlington Dr)

VOTING

THIRD WARD

1st, 3rd, 4th & 7th District: Port Reading School #9 (77 Turner St)

2nd & 5th District: Avenel Street School #4&5 (Avenel St)

9th, 11th & 13th District: Avenel Middle School (85 Woodbine Ave)

6th & 12th District: Avenel Knights of Columbus (109 Morrisey Ave)

8th & 10th District: V.F.W. Post 7164 (60 W. Park Ave)

FOURTH WARD

1st, 2nd & 9th District: Iselin Middle School (900 Panther Way)

3rd & 12th District: Iselin Fire House (20 Auth Ave)

4th District: First Presbyterian Church of Iselin (1295 Oak Tree Road)

5th & 11th District: Indiana Ave School #18 (Indiana Ave)

7th & 8th District: Menlo Park Terrace School #19 (Maryknoll Rd)

6th & 13th District: Robert Mascenik School #26 (300 Benjamin Ave)

10th District: Cooper Towers (1422 Oak Tree Rd)

14th District: Lynn Crest School #22 (98 Ira Ave)

VOTING

FIFTH WARD

1st, 3rd and 4th District: Claremont Ave School #20 (90 Claremont Ave)

2nd District: Avenel Middle School (85 Woodbine Ave)

5th District: Lynn Crest School #22 (98 Ira Ave)

6th, 9th & 13th District: Pennsylvania Ave School #27 (Pennsylvania Ave)

7th & 8th District: Evergreen Center (400 Inman Ave)

10th, 11th & 12th District: Oak Ridge Heights School #21 (Inman Ave)

14th & 15th District: First Presbyterian Church of Iselin (1295 Oak Tree Road)

16th District: Reinhard Manor (401 Fairview Ave)

17th and 18th District: Iselin Middle School (900 Panther Way)

WOODBRIDGE POLICE DEPARTMENT

National Public Safety Alliance for Individuals with Disabilities (NPS – AID)

Woodbridge Township Police Department (partnering with Middlesex County Prosecutor)
Woodbridge Community Affairs Unit:(732)602-7370 | Email: communityaffairs@twp.woodbridge.nj.us
To Register for NPS-AID program:
Online: https://mcpo.opsnetwork.org/special-needs-registry
Call (732)745-3300 | Email: PSAID@co.middlesex.nj.us

- NPS-AID Program is a no-cost program to help public safety professionals better assist individuals with disabilities and/or special needs during emergencies, missing person incidents, or routine public safety interactions. Open to any person who has a physical or mental impairment that substantially limits one or more major life activities due to physical and /or intellectual disability.
- Provides first responders and police officers with participant-approved information prior to and during a contact, helping responders understand an individual's needs. Information may include emergency contacts, physical descriptors, current photograph, communication considerations, medical/behavioral alerts, and critical guidance on how best to assist the individual safely and respectfully.
- The goal is to ensure that every community member with a disability or special need can receive informed, compassionate, and effective assistance-whether during an emergency, a missing person investigation, or a routine interaction with public safety personnel, while at the same time providing critical information needed for our first responders.
- Each enrollee will be provided with decals to be placed on front entrance of home, window of vehicle to signify to first responders that someone in residence/vehicle has a disability and they should respond accordingly. Strictly voluntary and not required.

Project Lockbox

Woodbridge Township Police Department – Community Affairs Unit
1 Main Street, Woodbridge | (732)602-7370
www.twp.woodbridge.nj.us | Email: communityaffairs@twp.woodbridge.nj.us

- Program designed for individuals who have a known medical condition, reside alone, or are elderly. Individuals are provided a free lockbox to place outside of their home containing a spare key to the home. Lockbox location and passcode to access the house key are kept confidential and will only be known to the First Responders.
- On many calls for service where an individual needs WPD assistance and resides alone, they are unable to open the door. Under these circumstances, WPD is forced to damage the structural integrity of the door to make entry. Sometimes insurance companies do not cover these damages leaving the homeowner with a large bill or an unsecured home. To register call or email.

Woodbridge Domestic Violence Response Team (DVRT)

1 Main Street, Woodbridge | (732)634-4500 ext. 2802
www.woodbridgedvrt.org | Email: dvteam@woodbridgedvrt.org

- Together with the Police Department, DVRT is a volunteer organization that provides advocacy, support and assistance to victims of domestic violence. The team provides around-the-clock support to victims and meets with them at Police Headquarters. If in immediate danger, please call 911.
- Anyone who wishes to volunteer is required to submit an application and mandatory training. Download application at https://woodbridgedvrt.org/about/ or call (732)634-2812.

WOODBRIDGE POLICE DEPARTMENT



Prescription Drug Take Back Program
Woodbridge Police Department
1 Main Street, Woodbridge (*lower level*) | (732)634-7700
www.twp.woodbridge.nj.us

- A prescription drug "Take Back" program to aid in the safe disposal of unused, unwanted and/or expired prescription medications.

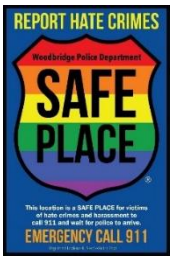
Senior Citizen's Police Academy
Woodbridge Township Police Department – Community Affairs Unit
1 Main Street, Woodbridge | (732)602-7370
www.twp.woodbridge.nj.us | Email: community.affairs@twp.woodbridge.nj.us

- A five-week course designed to increase communication, understanding and awareness between senior residents, the WPD, and the public by providing crime prevention information, a tour of the WPD and municipal court, CPR skills, a 2-hour ride along with an officer, a trip to the pistol range, and a graduation ceremony. Daily breakfast and t- shirt provided. To register call or email Woodbridge Community Affairs Unit.



Handicap TEMPORARY Placard: How to Apply
Woodbridge Township Police Department
1 Main Street, Woodbridge | (732)602-7390 | (732)634-4500
www.twp.woodbridge.nj.us/DocumentCenter/View/16802/Temp-Handicap-Placard

- The following information is Woodbridge Police Department policy on how to obtain a *temporary* placard. Temporary placard is valid for no longer than six months from date of issue and recertified once for a period not to exceed six months
- Pick up an application at the WPD or online.
- Return completed application, signed by a physician to WPD at the "Permit" window.
- Check or money order only for four ($4.00) dollars made out to: NJMVC. Cash will *not* be accepted.
- Refer to Section 2 of this Directory for instructions on NJ Handicap Permanent Placard



WPD Safe Place Program
Woodbridge Township Police Department
1 Main Street, Woodbridge | (732)634-7700 non-emergency
Email: Safe Place@twp.woodbridge.nj.us
Community Affairs Unit | (732)602-7370 | Email: communityaffairs@twp.woodbridge.nj.us

- WPD SAFE PLACE enhances relationship between the Woodbridge Police Department, LGBTQ+ community, victims of bias incidents, local businesses, schools and allies.
- Decals provided to local businesses, schools, organizations and allies encouraging those locations to post the decals in publicly visible areas as symbol of safe haven for victims of LGBTQ+ crime. Decals indicate safe locations for community members to seek services and show support for the LGBTQ+ Community. Decals are FREE of charge. Call non-emergency phone number or email. WPD Safe Place Program decals are NOT to be displayed in private residences.

WOODBRIDGE PUBLIC LIBRARIES

Woodbridge Public Library is the Township's premier location for personal growth, community engagement and lifelong learning.

View the online calendar of events and programs, visit https://woodbridgelibrary.org.
Woodbridge Public Library is a designated Passport Acceptance Facility



Main Library
1 G Frederick Plaza
Woodbridge
(732)634-4450



Fords Branch
211 Ford Avenue
Fords
(732)726-7071



Henry Inman Branch
607 Inman Avenue
Colonia
(732)726-7072



Iselin Branch
1081 Green St.
Iselin
(732)726-7073

WPL provides social, recreational, educational and wellness programs and activities:

Book Clubs	Computer Skills Classes	Genealogy Information
Cultural Events	Literacy ESL Classes	Notary and Passport Svcs.
Audio, eBooks & Film	Educational & Health Seminars	Movie Matinees and Nights
Art Exhibits	History Programs	Remote Printing

Homebound Delivery
(732)634-4450 ext. 7133
https://woodbridgelibrary.org

- Woodbridge Township residents who are unable to visit the library will be issued a homebound library card profile that provides loans without fines. Books and audiobooks are delivered and picked up by the library. Call the Main Library for more information.

The Talking Book and Braille Center (TBBC)
1(800)792-8322
https://www.loc.gov/nls/
https://www.njstatelib.org/talking-book-braille-center/

- TBBC provides no-cost, home-delivered services, on behalf of the **National Library Service for the Blind and Print Disabled (NLS)** to children, teens and adults who have difficulty reading standard print or trouble holding a book. NLS is a free braille and talking library for people with temporary or permanent low vision, blindness, or a physical, perceptual, or reading disability that prevents them from using regular print materials. Through a national network of cooperating libraries, NLS circulates books and magazines in braille and audio formats, that are instantly downloadable to a personal device or delivered by mail free of charge.

Sewaren Free Public Library
546 West Avenue, Sewaren
(732)634-7571 | sewarenlibrary@gmail.com
https://www.sewarenlibrarynj.org/



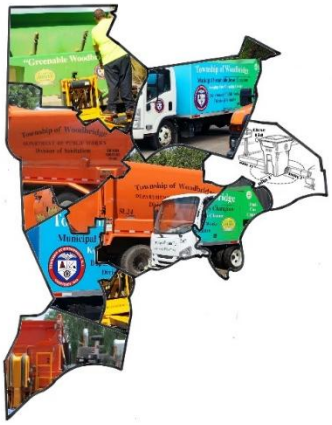
- Independent library from Woodbridge Main Library. Visit website above for programming.

WOODBRIDGE PUBLIC WORKS

Department of Public Works is responsible for trash & recycling collection, sewers, storm drains, snow removal, parks, the maintenance of township roadways, and properties.

Convenience and Recycling Center

(732)738-1311 ext. 3035
225 Smith Street, Keasbey | www.twp. woodbridge.nj.us
Monday-Saturday 8am-2pm



- For Woodbridge Township residents only. Residents must check in with the Guard when entering the center. Proof of residency required. When doing work on your home please check your permit for proper debris disposal. Separate recyclable materials from bulk items before coming to Center. NO commercial vehicles or vehicles with commercial plates, rental vehicles, box trucks. Residents ONLY.

Need A Curbside Pick-up? Give Us a Call!

(732)738-1311
225 Smith Street, Keasbey | www.twp.woodbridge.nj.us



- Call Sanitation at (732)732-1311 EXT. 3600 for bulky items, furniture, mattresses, carpeting, garbage cans, playsets, ride on toys
- Call Recycling at (732)732-1311 EXT. 3035 for appliances, electronics or metal, refrigerators, freezers, washers, dryers, computers, TV's, metal shelves, grills and lawnmowers
- Call Roads at (732)738-1311 EXT. 3044 for concrete, asphalt, brick, block or stone from small homeowner repairs.
- Sanitation Department is responsible for the curbside collection of trash and recycling. Handles the scheduling of all curbside collections except for large tree wood, stone, brick, block, asphalt & concrete handled by Road (Streets & Sewers) Department.

Keep Your Trash and Recycling Carts Clean!

(732)732-1311 ext. 3600
Sanitation Department



- Curbside Cart Cleaning Program: carts will be cleaned, disinfected & deodorized right at the curb. Cart cleaning system is 100% environmentally friendly and fully contained.

Roads Department

(732)738-1311 ext. 3044



- Sewer Emergency
  Call (732)738-1311
- Report a Pothole Hotline
  Call (732)726-2325
- Division of Streets and Sewers is responsible for maintaining all township streets, sewers, storm drains and trees.

WOODBRIDGE PUBLIC WORKS

ReUse It Center
(732)738-1311 ext. 3035
225 Smith Street, Keasbey | www.twp.woodbridge.nj.us
Hours: Monday-Friday, 10am to 2pm | Saturdays 10am to 2pm, when staffing available.
Call to confirm hours.



Recycle Coach

- Whether it is remembering to take out the trash or figuring out what you can and cannot recycle, we have you covered. We worry about your garbage and recycling so you do not have to.
- Woodbridge Township offers Recycling & Solid Waste Internet ePortal and Smartphone Apps featuring a detailed Collection Calendar customized to your address. Search the 'What Goes Here' database for specific item type instructions.
- Keep track of upcoming Special Collection Events such as Hazardous Household Items, Prescription Disposal and even confidential Document Shredding! Report a Waste Problem or Send Comments and Suggestions through the App.

recycle coach

WOODBRIDGE PUBLIC WORKS

IN WOODBRIDGE I CAN RECYCLE

WHAT	WHERE
Cooking Oil Eyeglasses & Sunglasses Hard Covered Books Motor Oil Paints, Stains & Spray Paint Propane Tanks (BBQ Size) Rechargeable Batteries ONLY Shredded Paper Styrofoam Tires (Limit 4 Tires Per Month)	At The Recycling Center in Keasbey
Branches Bulky Rigid Plastics- Buckets, Laundry Baskets, Etc. Electronic Waste- Computers, TV's & Printers Mixed Metal	At The Recycling Center in Keasbey OR You Can Call For A FREE Curbside Pick Up. 732-738-1311 ext. 3600
Cardboard	Curbside (Breakdown Boxes to Fit into Blue Recycling Cart) or Bring to the Recycling Center in Keasbey.
Single Stream Items- Plastic, Tin, Glass, Aluminum, Mixed Paper	Curbside (All Items Must Fit into Blue Recycling Cart) or Bring to the Recycling Center in Keasbey.
Appliances	At The Recycling Center in Keasbey OR You Can Call For A PAID Curbside Pick Up. 732-738-1311 ext. 3600
Leaves	At The Recycling Center in Keasbey
Food Waste	At The Recycling Center in Keasbey
Plastic Bags, Film, & Shrink Wrap	At The Recycling Center in Keasbey, Town Hall, All Senior Centers, Community Center, The Club & Local Retailers
Textiles	At The Recycling Center in Keasbey OR At Local Clothing Drop Boxes



SECTION 2
Woodbridge Township Senior Services

ADVANCE CARE PLANNING

Preparing today for peace of mind tomorrow. Advance care planning helps individuals take control of their future healthcare by outlining their wishes ahead of time. By completing documents like advance directives and naming a healthcare proxy, individuals can ensure their values and preferences are honored when it matters most.

Getting Your Affairs in Order



Essential documents to have in place

Healthcare Documents

Advance Directive: An advance directive is a legal document that allows you to spell out your decisions about end-of-life care ahead of time. Each state's advance directive varies. In New Jersey, you do not need a lawyer to complete an advance directive. If you choose to get your advance directive notarized, you don't need additional witnesses; if you choose not to get your advance directive notarized, you must sign and date it in front of two adult witnesses who must also sign and date the document. The form can be updated and/or cancelled at any time. In New Jersey there are two parts to the Advance Directive—the **Living Will (Instruction Directive)** and the **Power of Attorney (Proxy Directive).**

- **Living Will (Instruction Directive):** A living will is a written, legal document that spells out medical treatments you would and would not want to be used to keep you alive, as well as other decisions such as pain management or organ donation. Have conversations with your primary care doctor, family, friends, and anyone you feel comfortable with to determine your personal wishes regarding these issues.

- **Durable Power of Attorney for Health Care (Proxy Directive):** The proxy directive is where you name a person to make decisions for you when you are unable to do so. This person can be anyone—family or friend—except for your personal doctor. The Proxy Directive will only go into effect if you are no longer able to speak for yourself.

Five Wishes: The Five Wishes is an alternative form that is acceptable as an Advance Directive in the state of New Jersey. The Five Wishes form is written in everyday language and has become the most popular Advance Directive in America. Visit https://www.fivewishes.org/ to obtain a copy.

POLST: A medical order indicating your preferences for end-of-life care. In New Jersey, the POLST form can be filled out at any time. It is filled out with your doctor, nurse practitioner, or physician's assistant based on your discussions with them, the contents of your directives, and your treatment preferences. POLST forms are intended for people who have already been diagnosed with serious illness, so even if you have one before, it is important to speak with your doctor or nurse practitioner regularly and update your POLST form as your preferences change as you age. The POLST serves as practitioner-ordered instructions—not unlike a prescription—to ensure that, in case of an emergency, you receive the treatment you prefer. A POLST travels with you, at whatever facility you are being cared for.

ADVANCE CARE PLANNING

Financial & Legal Documents

- **Will:** Specifies how your estate — your property, money, and other assets — will be distributed and managed when you die. A will can also address care for children under age 18, adult dependents, and pets, as well as gifts and end-of-life arrangements, such as a funeral or memorial service and burial or cremation. If you do not have a will, your estate will be distributed according to the laws in your state.

- **Durable Power of Attorney:** A Durable Power of Attorney is a legal document that allows you to designate someone to manage your financial and legal affairs if you are unable to do so. It remains in effect even if you become incapacitated.

- **Living Trust (if applicable):** A living trust names and instructs a person, called the trustee, to hold and distribute property and funds on your behalf when you are no longer able to manage your affairs.



ADVANCE CARE PLANNING



CONSIDER

- Consider your priorities for end-of-life care.
- Consider what might happen if you don't discuss end-of-life care and become unable to make healthcare decisions for yourself.



COMMUNICATE

- Communicate your end-of-life care wishes with your loved ones and doctors.



CREATE

- Designate your health care agent (the person who can legally make decisions for you if you are incapable of making them on your own), and formalize this relationship by signing your Proxy Directive.

- Put your end-of-life care wishes in writing. There are several options. You do not need to fill out all of these forms. Take a look at them and decide what is right for you.
    - New Jersey Instruction Directive (requires two witness signatures or notarization)
    - 5 Wishes (requires two witness signatures)
    - POLST (requires signature of attending doctor or nurse practitioner)

- Share your advance directives with loved ones and your health care providers.

- **Keep your advance directives in an accessible and secure location:** You can set up a file, put everything in a desk or dresser drawer, or list the information and location of papers in a notebook. For added security, you might consider getting a fireproof and waterproof safe to store your documents. If your papers are in a bank safe deposit box, keep copies in a file at home. Inform a **trusted** person where they are located.

- Revisit your advance directives and end-of-life conversations every few years especially after major life changes such as illness, marriage, divorce, or relocation.

Conversation of Your Life (COYL)
New Jersey Health Care Quality Institute
www.njhcqi.org/COYL

- The program aims to bring advance care planning conversations to NJ communities.
- For additional resources and to learn more, visit website above.

ADVANCE CARE PLANNING

Middlesex County Office of the Surrogate
75 Bayard Street, 1st floor, New Brunswick, NJ 08901 | (732)745-3055
www.middlesexcountynj.gov | search: surrogate

- Services of the Surrogate include: Probate Wills and administration of Estates without Wills.

Middlesex County Bar Association
87 Bayard Street, New Brunswick, NJ 08901
(732)828-3433
Lawyer Referral Service (732)828-0053
https://www.mcbalaw.com/

- A lawyer referral service which is a reduced fare program for senior citizens who cannot afford to pay attorney's fees at rates which would ordinarily be charged and who do not qualify for free legal assistance from the Middlesex County Legal Services Corporation

Central Jersey Legal Services
317 George Street, Suite 201, New Brunswick, NJ 08901
(732)249-7600
313 State Street, Suite 308, Perth Amboy 08861
(732)324-1613
www.lsnj.org/cjls | Hotline Web Intake at: www.lsnjlawhotline.org

- Free civil legal advice to low-income residents of central New Jersey including: Powers of Attorney, Advance Directives, Wills, Guardianships, Nursing homes and other health care issues, Access to Health Care, such as: Medicaid, Medicare, Charity Care, Housing Problems such as eviction, foreclosure, tenant/landlord issues, Public Benefits such as Supplemental Security Income (SSI), Social Security Disability, and SNAP (food stamps), and Consumer problems such as bankruptcy, shut-offs, debt relief.

Legal Services of New Jersey
100 Metroplex Drive, Suite 101, Edison, NJ 08817
(732)572-9100
Hotline Tel: 1(888)576-5529
https://www.lsnj.org

- An independent non-profit organization that coordinates a statewide legal assistance service. Free legal help is provided to low-income individual in civil matters.

State of NJ Department of Health
P. O. Box 360, Trenton, NJ 08625-0360
https://www.nj.gov/health/advancedirective/

- Resources on palliative and end-of-life care for patients and families.
- Access Instruction Directive and Proxy Directive here: https://www.nj.gov/health/advancedirective/ad/forums-faqs/

ADVANCE CARE PLANNING

National Academy of Elder Law Attorneys

1(703)942-5711 | Email: naela@naela.org | www.naela.org

- The National Academy of Elder Law Attorneys, Inc. (NAELA) was founded in 1987 as a professional association of attorneys dedicated to improving the quality of legal services provided to older adults and people with disabilities.
- Visit the Resources page to find a licensed practicing NAELA member attorney, to learn more about the unique qualities of an elder and special needs law attorney and other important elder law topics.

National Elder Law Foundation

1(520)881-1076 | Email: info@nelf.org | www.nelf.org

- The National Elder Law Foundation (NELF) is the only national organization accredited by the American Bar Association (ABA) to certify attorneys in elder and special needs law. The Certified Elder Law Attorney (CELA) designation is a mark of distinction, affirming a lawyer's advanced knowledge and expertise in these specialized areas of law.
- Click Find an Attorney to locate an Elder Law Attorney in your area.

The Conversation Project

1(866)787-0831 | https://theconversationproject.org

- The Conversation Project is an initiative of the Institute for Healthcare Improvement, to provide resources to help everyone talk about their wishes for care through the end of life, so those wishes can be understood and respected.

Five Wishes

https://www.fivewishes.org/

- The Five Wishes Advance Directive Document is widely-known for being easy to follow, understand, and complete. An excellent patient education tool, it provides a conversation framework that covers medical, emotional, spiritual, and communication wishes. Clear, user-friendly wording is accessible across reading levels and in 30 different languages and braille. Available in booklet, online, and virtual formats, with solutions for electronic storage and retrieval.



ALZHEIMER'S AND CAREGIVER RESOURCES

Alzheimer's New Jersey

Central Regional Office: 197 Route 18 South, Suite 3000, South Tower, East Brunswick, NJ 08816
Helpline: 1(888)280-6055 | Central Regional Office: (609)275-1180 | https://www.alznj.org/

- *The Respite Care and Wellness Program:* A $1,000 scholarship is provided to help offset the expense associated with respite care services for family caregivers of a loved one with Alzheimer's.
- *Clinical Trial Connections:* Provides assistance to individuals and families who may be interested in participating in a clinical trial to detect, treat and prevent Alzheimer's disease and other types of dementia.
- *Supportive Services:* Family Support Groups offer caregivers a place to share feelings and concerns, discuss challenges, and learn about available resources: https://www.alznj.org/services/family-support-groups/
- *Educational Services:* Webinars to provide caregivers, families and friends with the emotional support and education they need to better understand and manage Alzheimer's disease and other forms of dementia so they can have the best days possible.
- Visit https://www.alznj/services/community-education-program

Alzheimer's Association

1(800)272-3900 | https://www.alz.org

- 24/7 Support Hotline - Provides services and resources for caregivers and people living with Alzheimer's.
- Online and in-person support groups offered for caregivers and individuals diagnosed with Alzheimer's.

A Place for Mom (Alzheimersupport.com)

1(888)595-9951 | https://www.alzheimersupport.com/

- Locate Dementia and Memory care facilities.

Rutgers University Behavioral Healthcare, Care 2 Caregivers

151 Centennial Drive, Piscataway, NJ 08854
1(800)424-2494 | www.care2caregivers.com

- A Peer Support Helpline for those caring for loved ones diagnosed with Alzheimer's or other related dementias.
- Online support groups.

Comprehensive Services on Aging (COPSA) Program

Rutgers University Behavioral Healthcare Access Center
UBHC Memory Disorders Clinic
100 Metroplex Drive, Suite 200, Edison, NJ 08817
1(800)424-2494
https://ubhc.rutgers.edu/clinical/outpatient/comprehensive-services-on-aging-(copsa).xml

- Provides mental health care, psychiatric & medication evaluation, support groups, case management and in-person/virtual appointments to elderly individuals dealing with memory loss, Alzheimer's disease and other dementias & their caregivers.

ALZHEIMER'S AND CAREGIVER RESOURCES

Geriatric Evaluation and Management Services (GEMS)
St. Peter's Healthcare System
254 Easton Avenue, New Brunswick, NJ 08901
(732)565-5432
https://www.saintpetershcs.com/Services/Geriatric-Medicine

- Doctors within the geriatric department utilize (GEMS), a comprehensive assessment tool that helps diagnose and develop a plan of care for patients who suffer from Alzheimer's disease and other forms of Demetria.
- Integrated geriatric medicine program specializes in diagnosis, treatment and the maintenance of good health for older adults.

Rutgers University Behavioral Healthcare, Intensive Family Support Services (IFSS)
1(800)969-5300
https://ubhc.rutgers.edu/clinical/community/community-based-programs.xml

- Provides support services to families in Middlesex County who have an adult family member who may have or diagnosed with a serious mental illness.

Wandering Resources

AngelSense
Middlesex County Office on Aging and Disabled Services | Middlesex County Office of the Sheriff
75 Bayard Street, New Brunswick, NJ 08901 | 701 Livingston Ave, New Brunswick, NJ 08901
(732)745-3295 | (732)745-3271
www.middlesexcountynj.gov | search: angelsense

- The AngelSense monitoring device and mobile app is the only GPS and monitoring solution designated specifically for individuals who have a history of eloping due to illness or disability (for example: Autism, Alzheimer's). This program in conjunction with the Middlesex County Sheriff's Office is offered free to county residents

New Jersey's Silver Alert System
NJ State Police
(609)882-2000 ext. 2554
Email: missingpinformation@njsp.gov

- A public notification system to broadcast information about missing persons, especially senior citizens with Alzheimer's disease, dementia or other cognitive impairment in order to aide in their recovery.
- The local lead law enforcement agency requesting a Silver Alert activation shall contact the NJ State Police at (609)963-6900 for authentication and broadcast.

ALZHEIMER'S AND CAREGIVER RESOURCES
Wandering Resources (continued)

National Public Safety Alliance for Individuals with Disabilities (NPS – AID)
Woodbridge Township Police Department in partnership with Middlesex County Prosecutor
For information call Woodbridge Community Affairs Unit: (732)602-7370 or
Email: communityaffairs@twp.woodbridge.nj.us
How to Enroll: Online: https://mcpo.opsnetwork.org/special-needs-registry
Call (732)745-3300 | Email: PSAID@co.middlesex.nj.us

- The National Public Safety Alliance for Individuals with Disabilities (NPS-AID Program) is a no-cost program to help public safety professionals better assist individuals with disabilities and/or special needs during emergencies, missing person incidents, or routine public safety interactions. Open to any person who has a physical or mental impairment that substantially limits one or more major life activities due to physical and /or intellectual disability.
- Provides first responders and police officers with participant-approved information prior to and during a contact, helping responders understand an individual's needs. Information may include emergency contacts, physical descriptors, current photograph, communication considerations, medical/behavioral alerts, and critical guidance on how best to assist the individual safely and respectfully.
- The goal is to ensure that every community member with a disability or special need can receive informed, compassionate, and effective assistance-whether during an emergency, a missing person investigation, or a routine interaction with public safety personnel, while at the same time providing critical information needed for our first responders.
- Each enrollee will be provided with decals to be placed on front entrance of home, window of vehicle to signify to first responders that someone in residence/vehicle has a disability and they should respond accordingly. Strictly voluntary and not required.

Help with Bill Pay

Representative Payee
Family and Children's Service
191 Bath Avenue, Long Branch, NJ 07740
(732)859-2586
https://www.fcsmonmouth.org/

- Family & Children's Service (FCS), a representative payee program is approved by the Social Security Administration (SSA) to assist individuals and families who are unable to appropriately manage their finances due to physical, mental or emotional impairment and/or substance abuse.
- Clients may be young or elderly, developmentally disabled or suffering from drug or alcohol addiction or mental health problems. They may be referred to FCS by a local social service organization, a mental health facility, the NJ Division of Developmental Disabilities, the Social Security Administration, the Veterans Administration and/or a private physician. For more information call: (732) 859-2586.

ALZHEIMER'S AND CAREGIVER RESOURCES

Adult Day Care

Adult day care is a planned program of activities in a professional care setting designed for older adults who require supervised care during the day, or those who are isolated and lonely. Adult day care centers enable seniors to socialize and enjoy planned activities in a group setting, while still receiving needed health services. At the same time, they offer family caregivers respite from caregiving duties while knowing that their loved one is in a safe place. Refer to Middlesex County Office of Aging and Disabled Services pages in this Directory for more options.

Statewide Respite Care Program (SRCP)
Middlesex County Office of Aging and Disabled
75 Bayard Street, New Brunswick, NJ 08901
(732)745-3295
www.middlesexcountynj.gov | https://www.nj.gov/humanservices/doas/services/q-z/srcp

- NJ Statewide Respite Care Program gives a short-term or periodic break to family (or other caregivers) from the demands of daily care for functionally impaired persons, including older adults. Slicing scale fee ranges based on care recipient's (and spouse's) income.
- Services include adult day care, home care, companion services, or a short stay in a facility allowing a caregiver to have a break "respite", cover care when caregiver needs surgery, has an emergency or run errands.

Adult Day Care Centers in Woodbridge Township

- **Iselin Adult Day Care Center**
  477 Lincoln Highway 27, Iselin
  (732)283-1373
- **Nirvana Adult Care**
  835 Route 1 South, Iselin
  1(848)200-7343

Caregiver Education & Support

Trualta Program
In Partnership with Middlesex County Office of Aging & Disabled Services
75 Bayard Street, New Brunswick, NJ 08901
(732)745-3295 | https://middlesex.trualta.com/

- Middlesex County Office of Aging & Disabled Services has partnered with Trualta for a web-based training platform built for family and self-directed caregivers. The goal is to develop confident and competent family caregivers that can manage care at home. Training is delivered via an informal and interactive online learning system tailored to each caregiver's situation.
- Topics Covered Include: communication changes, behavior management, transition from hospital to home, personal care, heart and lung health, mobility and fall prevention, grief and loss. For more information and to register, visit https://middlesex.trualta.com/

ALZHEIMER'S AND CAREGIVER RESOURCES

Caregiver Education & Support

Middlesex County Office of Aging and Disabled Services
75 Bayard Street, 5th Floor, New Brunswick, NJ 08901
(732)745-3295

- **Caregiver Retreat:** Caregivers come together for this outdoor event designed to focus on self-care, mindfulness and learn tips on how to defeat caregiver burn out. This event is held in-person at Rutgers Gardens.
- **Caregiver Conference:** Come together with other caregivers and professionals to discuss common issues, share ideas, and learn more about supportive services. This event takes place in November during National Caregivers Month.
- **Elder Abuse & Exploitation Awareness Conference:** With a feature presenter, this event provides an opportunity to bring awareness to the types of elder abuse affecting older adults.
- **Active Daily Living Senior and Caregiver Information and Newsletter:** Helps older adults and their family caregivers by providing free, personalized advice to enhance health, independence, and aging-in-place. Register at: middlesexcountynj.dailylivingadvice.com

CONSUMER PROTECTION

Seniors are frequently targeted by financial scams and often don't report them due to embarrassment, lack of awareness, or not knowing how.

If you think you have been a victim of identity theft or fraud:

1. File a report with your local police.
2. Place both a fraud alert and a credit freeze on your credit reports by contacting all three credit reporting companies:
   Equifax.com 1(800)525-6285 *Experian.com* 1(888)397-3742 *TransUnion.com* 1(800)680-7289
3. Report identity theft to Federal Trade Commission (FTC). Call or visit: (202)326-2222 | www.ftc.gov
4. Close accounts that you know, or believe have been tampered with.

Middlesex County Office of Inspections
Division of Consumer Affairs and Weights and Measures
Consumer Affairs: (732)398-2300 | Weights and Measures: (732)398- 2307
www.middlesexcountynj.gov | search: office of inspections

- The Division of Consumer Affairs protects consumers by making an effort to stop unfair, unconscionable and deceptive business practices and safeguard buyers of goods and services. Educates the public on how to be better consumers. Advises businesses how to comply with the Consumer Fraud Act to avoid consumer complaints and possible fines. To file a consumer complaint, call the number above.
- The Division of Weights and Measures is responsible for maintaining all regulatory standards, testing and inspection activity to set and enforce standards in the commercial trade within the county. Anything that is sold to the consumer by weight, volume, length, time or count falls under the Weights and Measures standards.

CONSUMER PROTECTION

Middlesex County Clerk's Office of Property Alert Service –FREE Registration

(732)745-3364 or (732)745-3365

https://mcrecords.co.middlesex.nj.us/propertyalert

- Register to sign up for e-mail alerts immediately if a document with your name or property description is recorded in the Middlesex County Clerk's Office for any type of land owned in Middlesex County, whether occupied or vacant. Visit website to register.
- Property and mortgage fraud is a fast-growing scam with individuals recording fraudulent documents like fake deeds or fake liens against property owners.
- If you are victim of fraud, call the Middlesex County Office of Consumers Affairs at (732) 398-2300 or the Middlesex County Clerk's Office at (732)745-3364/3365.

New Jersey Division of Consumer Affairs

1(800)242-5846

www.njconsumeraffairs.gov

- Protects senior citizen consumers against identity theft, unlawful invasions of privacy and other computer-related violations.
- If you believe you have been cheated or scammed by a business, or wish to report a suspected incident of cyber fraud report it to NJ Division of Consumer Affairs (800) 242-5846 or the Middlesex County Division of Consumer Affairs (732)398-2300.

Report Fraud to the Office of the Inspector General's Fraud Hotline (OIG)

1(800)HHS-TIPS (1(800)447-8477) | TTY: 1(800)377-4950

https://oig.hhs.gov

- Call the OIG hotline to report fraud, waste or abuse related to Social Security, disability, NJSNAP, housing, Medicare, Medicaid or the health insurance marketplace. You will be redirected to the appropriate agency.

Report Identity Theft to the Federal Trade Commission (FTC)

1(877)IDTHEFT (1(877)438-4338) | [TTY: 1(866)653-4261]

www.identitytheft.gov.

- If you think you have tax issues because someone has stolen your identity, go to www.irs.gov/uac/Identity-Protection or call 1-800-908-4490. Identity theft happens when someone uses your personal information without your consent to commit fraud or other crimes; personal information like your name, Social Security, Medicare, or credit card numbers.

Federal Trade Commission (FTC) Consumer Response Center

1(877)382-4357

https://reportfraud.ftc.gov/

- FTC can guide you on how to protect yourself for scams/fraud not related to identity theft. Report a scam, a company, or an unwanted call.

CONSUMER PROTECTION

Better Business Bureau (BBB)

Local BBB: BBB Serving New Jersey

Building 1262, Suite A, Whitehorse Hamilton Sq. Rd, #202, Hamilton Township, NJ 08690
(609)588-0808
https://www.bbb.org/us/nj/middlesex

- Provides information about a company before doing business with it, helps to resolve a complaint you might have against a company, provides good consumer information so that you can make intelligent buying decisions.
- For information about national charitable organizations call the Better Business Bureau's Wise Giving Alliance at 1(703) 247-9321

Helpful resources and links:

The "Anti-Fraud Toolkit" – NJ Division of Consumer Affairs

https://www.njconsumeraffairs.gov/fightingfraud

- Learn how to recognize scams and get tips on how to prevent becoming a victim of fraud.

The "Cyber Safe NJ" – NJ Division of Consumers Affairs

https://www.njconsumeraffairs.gov/cybersafe

- Provides useful tips to help senior citizen consumers protect their information in the online world, such as protecting information on your computer.

IdentityTheft.gov

- A federal government resource that provides streamlined checklists and guide through the recovery process.



How to Report Fraud?
Middlesex County Prosecutor's Office: (732) 745-3300
Consumer Affairs: 1(800)242-5846 | (732) 398-2300
NJ Better Business Bureau: 1(609) 588-0808

CONSUMER PROTECTION

Older adults are increasingly targeted by scams that lead to significant financial loss and emotional distress. Staying informed and exercising caution are essential steps in protecting yourself and your loved ones. Awareness is your strongest defense. The information provided offers a helpful guide to common scams and practical tips to safeguard against them.



CONSUMER PROTECTION



COUNSELING AND MENTAL HEALTH RESOURCES

Emergency Services

Rutgers Acute Psychiatric Services/Screening
Rutgers University Behavioral Healthcare
671 Hoes Lane West, Piscataway NJ 08854
1(855)515-5700 | https://ubhc.rutgers.edu/

- 24/7 access to emergency evaluations for individuals of all ages at imminent risk of harm to self or others due to a mental condition. Outreach evaluations in community settings including consumer home location. Referral and linkage to appropriate aftercare including outpatient treatment, partial hospitalization, and substance abuse treatment, voluntary hospitalization, and involuntary hospitalization. Linkage to case management and family support as appropriate.

Trinitas Crisis Assessment Response and Enhanced Services (CARES)
Trinitas Regional Medical Center – RWJ Barnabas Health
225 Williamson Street, Elizabeth, NJ 07202
1(888)393-3007, 24 hours a day, 7 days a week | https://www.rwjbh.org

- Serves individuals in NJ with developmental disabilities in mental health or behavior crisis. Offers response and stabilization services for a period up to 120 days to adults (age 21 and older) with intellectual and developmental disabilities.

Carrier Behavioral Health at Raritan Bay Medical Center
530 New Brunswick Ave, 3rd floor, Perth Amboy NJ 08861
(732)324-5119 | https://hackensackmeridianhealth.org

- Geriatric Inpatient Program: Services include specialized units and programs designed for the unique behavioral health needs of older adults.

ReachNJ
1(844)732-2465 | https://nj.gov/humanservices/reachnj/

- 24/7 Addiction Helpline for New Jersey residents who are looking for help with a substance use disorder (SUD). Each call to ReachNJ is answered by a live person in the first 30 seconds. Trained staff will screen callers to identify their exact needs, are able to provide referrals to supportive services and a seamless connection to a local treatment provider.

Caring Contact
(908)232-2880 | https://caringcontact.org

- Volunteer-staffed caring and crisis hotline and listening community. Support and empathize, help you stay safe and keep conversations confidential 9:00am-10:00pm (Monday-Friday) 10:00am-6:00pm (Saturday-Sunday) subject to volunteer availability.

Crisis Text Line
https://www.crisistextline.org/
Text **HOME** to 741741

- Volunteer Crisis Counselors provide 24/7, free, confidential mental health support via text.

COUNSELING/MENTAL HEALTH RESOURCES

Emergency Services

988 for 24/7 Suicide and Crisis Lifeline
Call or Text 988
www.988lifeline.org | www.njhopeline.com

- **For Deaf, Hard of Hearing or if have hearing loss:**
  - Call 988 Videophone
  - Online chat
  - 988 Text
- **For TTY Users:** Use preferred relay service or dial 711 then 988.
- **VETERAN SERVICE MEMBERS AND THEIR LOVED ONES**
  - Dial 988 then press 1
  - Text with a Veterans Crisis Line responder – Send text message to 838255
  - Chat online at https://www.veteranscrisisline.net/
- **For TTY Users:** Use your preferred relay service or dial 711 then 988.
- **Disaster Distress Helpline**
  - Call or Text 1(800)985-5990
- **Free and confidential support** for people in emotional distress or suicidal crisis, prevention and crisis resources for you and loved ones. Calls, texts, or chats to 988 will connect you with a trained counselor who will listen, understand, and provide support and access to resources to address your immediate needs as well as our ongoing care.
- *Para acceder al apoyo en espanol, marque 988 y presione 2. Escuchara un mensaje que le dice que ha llegado a la linea 988 de prevencion del suicidio y crisis. Luego, escuchara un poco de musica de espera mientras lo transferimos a una persona calificada. Esta persona le escuchara, le brindara apoyo y compartira cualqueier recurso que le pueda ser util. Para iniciar uma conversacion de mensaje de texto en espanol con el 988 Lifeline, envia la palabra AYUDA a 988. Quando envies un mensaje el 988 Lifeline, veras un mensaje de tiempo de espera mientras lo conectamos con una persona calificada. Una vez conectado, el consejero lo escuchara, entendera y lo apoyara. Nuestros centros pueden responder a preguntas generales sobre la salud mental, depression, suicidio, recursos de salud comunitarios y mucho mas.*

NJ Vet 2 Vet
1(866)838-7654
https://www.njvet2vet.com

- 24-hour support to New Jersey National Guard members, active military personnel, veterans, their families, and caregivers, statewide. Coordinated by Rutgers University Behavioral Health Care and NJ Department of Military and Veterans Affairs.

COUNSELING AND MENTAL HEALTH RESOURCES

Emergency Services

NJ Crisis Services: Who Should I Call?

There are many types of emergencies. What number is best to call during a crisis?

Someone to Call For...	988 SUICIDE & CRISIS LIFELINE Behavioral Health Crisis	9-1-1 Emergency Response	2-1-1 New Jersey Basic Needs
24/7 services	✓	✓	✓
Serves adults	✓	✓	✓
Serves youth[1]	✓	✓	✓
Overdose in progress or medical emergency		✓	
Fire		✓	
Immediate rescue required[2]		✓	
Crime		✓	
Suicide attempt in progress		✓	
Someone is a threat to self or others		✓	
Mental health crisis	✓		
Substance use crisis	✓		
Suicidal thoughts	✓		
Crisis stabilization[3]	✓		
Follow-up services	✓		✓
Referrals	✓		✓

[1]**For children/youth under 21**, contact PerformCare (877-652-7624) which provides a family-centered, community-focused, single point of entry to obtain services for behavioral health, intellectual/developmental disabilities, or substance use. Available 24/7. Parent/legal guardian consent required for youth under 18.

[2]**Immediate rescue required** for self-injury, serious threats of harm to self/others, severe disorientation, and/or agitation, etc.

[3]**Crisis stabilization** provides short-term care for an individual experiencing an acute mental health or substance use crisis.

Updated January 2026

STATE OF NEW JERSEY

DEPARTMENT OF HUMAN SERVICES

COUNSELING/MENTAL HEALTH RESOURCES

Community based supportive services to optimize success in community settings.

Geriatric Outpatient Services

Integrated Case Management Services (ICMS)

Rutgers University Behavioral Healthcare
671 Hoes Lane, Piscataway, NJ 08855
1(800)969-5300 Access Center
https://ubhc.rutgers.edu/clinical/community/community-based-programs.xml

- Case management services for severely and persistently mentally ill adults (ages 18 and over) residing in Middlesex County who have been discharged from a psychiatric hospital or are at risk of hospitalization. Referral sources from State or County Psychiatric Hospitals, Short Term Care Facilities, and Local Mental Health Service providers.

Specialized Case Management and Outreach Services (SCMOS)

Rutgers University Behavioral Healthcare
671 Hoes Lane, Piscataway, NJ 08855
1(800)969-5300 Access Center
https://ubhc.rutgers.edu/clinical/community/community-based-programs.xml

- Services for elderly, adults and young adults who are unengaged and need mental health services in Middlesex County. Individuals or families seeking service can make referrals; including from outpatient/inpatient mental health providers, and social service agencies.

George J. Otlowski, Sr. Center for Mental Health Care

570 Lee Street, Perth Amboy, NJ, 08861
(732)442-1666
https://www.middlesexcountynj.gov/

- Provides support and counseling to older adults with a wide range of behavioral and emotional issue.

Division of Behavioral Health Planning

Middlesex County Office of Human Services
75 Bayard Street, New Brunswick, NJ 08901
(732)745-4186 Front desk to Human Services
www.middlesexcountynj.gov | search: behavioral health navigators

- Provides information and referral services for behavioral health care programs, with a focus on consumer empowerment, recovery awareness, prevention, wellness, cultural competence and ending stigma.
- **Behavioral Health Navigators** provide free support for all Middlesex County residents dealing with mental health and substance abuse disorders. Call 732-745-3810 to be connected to a Navigator. Hours of operation are from 8:30am – 4:15pm, Monday through Friday.

COUNSELING/MENTAL HEALTH RESOURCES

Geriatric Outpatient Services

Jewish Family Services of Middlesex County
219C Blackhorse Lane, North Brunswick, NJ 08902
(732)777-1940

- Provides counseling, support groups and multi-services for older adults.

Program of Assertive Community Treatment (PACT)
https://ccdom.org/middlesex-program-of-assertive-communitytreatment-pact
(732)324-8200 Access Center

- Serves persons in the community with serious and persistent mental health illness.
- Locations available:
  - Maple Street Family Service Center, 319 Maple Street, Perth Amboy, NJ 08861
  - East Brunswick Family Service Center, 88 Rues Lane, East Brunswick, NJ 08816
  - St. John of God Family Service Center, 24 Abeel Street, New Brunswick, NJ 08901

Princeton House Behavioral Health – Senior Link (Older Adult) Program
1(888)437-1610
https://www.princetonhcs.org/care-services/princeton-house-behavioral-health

- Behavioral partial hospital and intensive outpatient programs for Older Adults 65 and older suffering from major anxiety, depression, and other mood disorders.

Carrier Clinic – Hackensack Meridian (Older Adult Program and Active Senior Program)
252 County Road 601, Belle Mead, NJ 08502
1(800)933-3579 available 24/7
www.carrierclinic.org

- The Older Adult Program focuses on patients experiencing an acute phase of psychiatric illness or behavioral disturbances related to Alzheimer's disease or other dementias.
- The Active Senior Program was created for adults who are working, approaching retirement, or recently retired and supports those experiencing mood, anxiety, or substance-related challenges. Participants benefit from a higher level of therapeutic engagement while connecting with peers in similar life stages.

COUNSELING/MENTAL HEALTH RESOURCES

Family Supports/Services

Intensive Family Support Services (IFSS)
Rutgers University Behavioral Healthcare
671 Hoes Lane, Piscataway, NJ 08855
1(800)969-5300 Access Center
https://ubhc.rutgers.edu/clinical/community/community-based-programs.xml

- Family support, advocacy and education, multi-family groups, educational conferences, referral and linkage to family members of mentally ill adults (mentally ill member must be 18 or over) residing in Middlesex County.

NAMI NJ (National Alliance on Mental Illness)
1562 Route 130
North Brunswick, NJ 08902
(732)940-0991 | 1(866)626-4664
Email: info@naminj.org
https://naminj.org/

NAMI Middlesex (National Alliance on Mental Illness)
P. O. Box 726
East Brunswick, NJ 08816
(732)745-0709
Email: namiofmiddlesex@gmail.com
https://namiofmiddlesex.org/

- NAMI NJ and NAMI Middlesex provide education, support, multicultural programming, advocacy and public awareness for individuals and families affected by mental illness.

DENTAL

Maintaining good oral health supports comfortable eating, proper nutrition, and overall well-being, helping to promote better health and quality of life.

JFK University Medical Center - Dental Clinic
65 James Street, Edison, NJ 08820
(732)321-7608

- Services by appointment only. Most Medicaid plans accepted.

Jewish Renaissance Foundation- JRF Community Health Center
1931 Oak Tree Road, Lower Level, Edison, NJ 08820
(732)482-9600
https://jrfnj.org/health-center/

- Exams, cleanings, fillings, crowns, dentures, tooth replacements. Offers sliding fee discount dental program.

Eric B. Chandler Health Center - Dental Care
Rutgers, Robert Wood Johnson Medical School
(732)235-6700 for more information and office locations
http://rwjms.rutgers.edu | Search: Eric B. Chandler Health Center

- Provides primary and preventive dental services that assess and treat tooth decay, oral cancers, and gum disease. Sliding scale fee and Medicaid insurance accepted.

Dental Lifeline Network-Donated Dental Services (DDS) Program
(732)821-3056 to request an application or apply online
https://dentallifeline.org

- Dentists provide volunteer services for comprehensive treatment (does not provide emergency services or cosmetic treatment) to those who are over 65 years of age, permanently disabled if under 65 years of age, or who need medically necessary dental care. DDS program supports veterans. You must exhaust all available dental insurance and benefits prior to receiving care through the donated program.

Central Jersey Medical Center - Dental Department
Perth Amboy Dental Center: 275 Hobart Street, Perth Amboy, NJ 08861
(732)376-9333, Select option 2
www.cjmc.us/dental-services/

- Dental services include exams, cleanings, emergency care, fillings, crowns, denture replacements, extraction and much more. Charity Care, Medicaid, Medicare and Private Insurance plans are accepted. Sliding Scale is offered.

DENTAL

NJ Dental Association (NJDA)
1 Dental Plaza, Suite 2, North Brunswick, NJ 08902
(732)821-9400
https://www.njda.org/for-the-public

- **Senior-Dent Program**
  https://www.njda.org/for-the-public | Select: Find Dentist +, Dental Clinics & Programs, NJDA Senior-Dent Program
  - Receive a minimum 15% courtesy discount on all dental services from participating dentists. Eligibility requirements: age 65 + or between ages 18 - 64 and receiving Social Security Title II Disability benefits, meet income guidelines or have a Pharmaceutical Assistance to the Aged and Disabled (PAAD) card. To apply for PAAD, call 1(800)792-9745.
  - Participating Dentists: https://www.njda.org/for-the-public/senior-dent-locations

- **Dental Treatment for the Homebound**
  https://www.njda.org/for-the-public | Select: Find Dentist +, Dental Clinics & Programs, Dental Treatment for the Homebound, View Homebound Visiting Dentists
  - Patients and caregivers needing a dental visit at their home should call to be connected with dentists who make house calls. The individual dental office fees will apply and, in some cases, a house call fee may apply.

- **AccessCare Directory**
  https://www.njda.org/for-the-public | Select: Find Dentist +, AccessCare Directory Provider List
  - Connects you with trusted NJDA member dentists committed to making dental care more accessible. Browse listings by county, featured services, dental specialties, and accepted payment.

DISABILITY LICENSE PLATES & PLACARDS

Apply for Wheelchair Symbol Plates and Persons with a Disability Placards





Options on how to apply:

1. Access application online at https://www.nj.gov/mvc/pdf/vehicles/SP-41.pdf
2. Retrieve application from a motor vehicle agency
3. Call NJ Motor Vehicle Commission's Special Plate unit at (609)292-6500 ext. 5061 to have an application and a checklist mailed to you.
4. Request application through the mail.

Send request and/or completed application to:

New Jersey Motor Vehicle Commission
225 East State Street
PO Box 015
Trenton, NJ 08666-0015

Reminders before submitting application:

1. Include a copy of the vehicle registration with the plate or placard application.
2. An authorized medical practitioner must sign application. The following medical practitioners can authorize certifications: a physician, podiatrist, chiropractic physician, physician assistant or nurse practitioner licensed to practice in NJ or a bordering state or a physician stationed at a military or naval installation located in NJ who is licensed to practice in any state.

***Applicants without a driver's license or non-driver identification (ID)** card must prove identity by meeting the 6 Points of ID verification requirements. 6 Points if ID: https://www.nj.gov/mvc/license/6pointid.htm

For more information, visit: https://www.nj.gov/mvc/vehicles/disability.htm

NJMVC
New Jersey Motor Vehicle Commission

DISABILITY SERVICES

NJ Division of Disability Services (DDS)
11A Quaker Bridge Plaza, PO BOX 705, Trenton, NJ 08625
1(888)285-3036 | https://www.nj.gov/humanservices/dds/

- DDS is a state agency that ensures people with disabilities receive quality services to assist in navigating and connecting to programs and services to support in living, working and participating in their communities based on individualized needs. DDS works in partnership with some benefit programs such as NJ WorkAbility and Managed Long-Term Services and Supports (MLTSS) and community-based service provider agencies to expand opportunities for people with disabilities. Contact a DDS Community Resource Specialist to learn more.

1. Traumatic Brain Injury Fund
1(888)285-3036, press option 1

- The Traumatic Brain Injury (TBI) Fund provides NJ residents of any age, who have survived a TBI, the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life when insurance, personal resources, and/or public programs are unavailable to meet to needs. To apply call or download application from website.

2. Personal Assistance Services Program (PASP)
Alliance Center for Independence
1090 King Georges Post Road suite 1201. Edison, NJ 08837
(732)738-4388 (TTY (732)738-9644)
www.adacil.org | Email: adacil@adacil.org

- Call the Alliance Center for Independence for PASP. A program that provides up to 40 hours per week of routine, non-medical personal care assistance to adults with permanent physical disabilities who are 18 years of age or older, who are employed, preparing for employment, attending school or involved in community volunteer work and who are able to self-direct their own services. Eligibility is not income based, but there is a cost share based on income. Participants choose who will provide the service of personal assistant to help with personal tasks, including driving or using public transportation.

3. NJ ABLE-Achieving A Better Life Experience
www.savewithable.com to open an account and begin saving!

- ABLE accounts are tax-advantaged saving accounts and investment account specifically for people with disabilities to encourage and assist individuals with disabilities and their families to save private funds to supplement benefits provided to them through Medicaid, Supplemental Security Income (SSI), employment, and other sources. With NJ ABLE, those qualifying disabilities can save money beyond the $2,000 (a typical asset limit), maintain eligibility for programs such as Medicaid or SSI, and plan for their futures.

DISABILITY SERVICES

4. NJ WorkAbility

https://www.nj.gov/humanservices/dds/programs/njworkability/

- The NJ WorkAbility program offers full Medicaid coverage to working disabled individuals on Social Security Disability whose income/assets would otherwise make them ineligible for Medicaid. Visit NJ Department of Human Services-Division of Medical Assistance & Health Services to apply for NJ Family Care, Aged, Blind and Disabled Program online at https://dmahs-nj.my.site.com/abd/abdstart or in person at the Middlesex County Board of Social Services, New Brunswick (732)745-3500.

New Jersey Travel Independence Program @ Rutgers (NJTIP)

Rutgers, The State University of New Jersey
Alan M. Voorhees Transportation Center
Phone: 1(848)932-4499
Email: njtip_info@njtip.rutgers.edu
https://vtc.rutgers.edu/njtip/

- The mission of the NJTIP @ Rutgers is to increase the independence and self-sufficiency of people with disabilities, older adults, and others by empowering them to use the public transit system safely and independently.
- Travel Instruction is a spectrum of services meant to teach safe independent travel skills on public transit: the bus, train, light rail, county and private systems. NJTIP customers learn how to read bus and train schedules; plan their trips; pay their fares; and take safety precautions.
- After finishing training, our customers enjoy traveling on their own to go to work, school and medical appointments and to visit family and friends.
- NJTIP Travel Instructors are seasoned professionals with experience in teaching, special education and assisting individuals with special needs.
- Travel Instruction Services: One-on-One instruction, Group instruction, Connect-to-Transit Seminars and In-School Travel Instruction.
- Call phone number above for more information or to register.

NJ Division of Developmental Disabilities (DDD)

222 South Warren Street, 5th Floor, Trenton, NJ 08608
1(800)832-9173
https://www.nj.gov/humanservices/ddd/individuals/applyservices/

- DDD is a state agency that ensures NJ adults with intellectual/developmental disabilities (I/DD) age 21 and older receive quality services to support in living, working and participating in their communities. DDD collaborates with community-based support coordination service provider agencies to expand opportunities for adults with I/DD to live as independently as possible, exercise their right to make choices and reach their goals. A wide array of day and residential services are available to eligible individuals who meet the functional criteria for an intellectual/developmental disability and are eligible for Medicaid. To talk with a DDD intake worker or request to have an application for eligibility mailed to you, contact the DDD Community Services Office that serves the county where the individual lives; for Middlesex County contact (609)292-1922.
- DDD Services Available (Based on Individual's Assessed Needs)

DISABILITY SERVICES

Disability Connections: An Information and Resource Fair
Middlesex County Office of Aging and Disabled Services
75 Bayard Street, New Brunswick, NJ 08901
(732)745-3295
www.middlesexcountynj.gov

- An information and resource fair for people with disabilities and their caregivers. The fair helps attendees find the benefits and services that are available in the county and takes place in October.

Arc of Middlesex County
1100 Cornwall Road, Suite 100, Monmouth Junction, NJ 08852
(732)821-1199
https://www.arc-middlesex.org

- Offers a variety of programs to help and advocate for children and adults with disabilities including family support, residential services, vocational services and supported employment.

Disability Rights NJ
210 South Broad Street, 3rd Floor, Trenton, NJ 08608
(609)292-9742 | (800)922-7233
TTY: (609)633-7106
https://disabilityrightsnj.org/

- A private, non-profit, consumer-directed organization established to provide information and referral, technical assistance and training, individual and system advocacy, legal and non- legal advocacy, and outreach and education.

Easter Seal Society of NJ
241 Forsgate Drive, Suite 200, Jamesburg, NJ 08831
(732)257-6662
https://nj.easterseals.com/

- Has numerous programs in the state that provide residential services, case management, day programs, employment services and recreation for people with disabilities and special needs.

DOMESTIC VIOLENCE

Domestic violence can affect individuals of any age, background, or circumstances, and often has lasting emotional, physical, and financial impacts. No one should face abuse or feel unsafe in their own home. Support services and legal protection are available to help individuals find safety, regain control, and move forward. The resources listed below provide guidance and assistance for those in need.

National Domestic Violence Hotline (24-Hour Hotline)
1(800)799-7233 | NJ Statewide Domestic Violence Hotline: 1(800)572-7233
www.thehotline.org/help/ | Text "START" to 88788
Chat online: thehotline.org
Multilingual staff, accessible to the deaf, and hearing impaired.

- Confidential access to domestic violence information/services, including crisis intervention, referral, education, safety planning and advocacy.

Women Aware (24-Hour Hotline)
(732)249-4504 | 1(833)249-4504
www.womenaware.net/

- Multilingual staff provide safety planning, crisis intervention, legal advocacy, community education, support groups, children's counseling emergency shelter and resources for victims of abuse. All services are free and confidential.
- Family Justice Center located on 4th floor of 100 Bayard Street New Brunswick, NJ 08901. connects victims with legal advocates Walk-ins are welcome with staff Monday through Friday, 8:30am to 4:00pm.

Middlesex County Center for Empowerment
1(877)665-7273 24 hours a day or texting Mon-Fri 9am-4pm
444 Hoes Lane, Building 6, Suite 120, Piscataway, NJ 08854
https://www.middlesexcountynj.gov/ | search: center for empowerment

- State designated sexual violence program for Middlesex County to support and empower survivors and significant other affected by sexual violence, and to eliminate all forms of sexual violence through community awareness and education. If you or someone you care about has been affected by sexual assault, sexual harassment, stalking, sexual abuse, or any other form of sexual violence, support is available 24-hours a day.
    - Free services/programs: counseling, arts & wellness program, advocacy, prevention education, volunteer program and Sexual Violence Prevention Coalition.
    - For more information: Email empowerment@co.middlesex.nj.us or call the Center for Empowerment, 732-321-1189 during normal business hours.

Central Jersey Legal Services – Legal Assistance for Victims of Domestic Violence
317 George Street, Suite 201, New Brunswick, NJ 08901
313 State Street, Suite 308, Perth Amboy 08861
(732)249-7600 | TDD: (732)249-8167 | (732)324-1613
https://centraljerseylegalservices.org | www.lsnj.org/cjls

- Provides legal assistance with divorce, child custody & parenting time, child & spousal support, guardianship, domestic violence, restraining orders, and other assistance for domestic violence survivors.

DOMESTIC VIOLENCE

If you are in immediate danger, please call 911 to ensure your safety.

Partners (formerly Partners for Women and Justice)
(973)233-0111 or (732)535-6318(Middlesex County)
Text: (732)535-6318
https://partnersnj.org/
Email: gethelp@partnersnj.org

- Non-profit public interest law firm that is dedicated to making a difference in the lives of domestic violence and sexual assault victims through legal representation, advice and counseling sessions, and by advocating for procedural and legislative change to benefit victims.

New Jersey Address Confidentiality Program (ACP) Hotline
New Jersey Department of Children and Families – Division on Women
1(855)463-6323 | 1(800)572-SAFE (7233) | https://www.nj.gov/dcf/women/acp/
Email: dcf.askacp@dcf.nj.gov

- ACP is a statewide program that provides each participant a laminated ACP card to signify use of a substitute address for victims and survivors of domestic violence, stalking, sexual violence, and reproductive health patients and providers. The intent is to protect the location of a survivor's physical address (residential, work and/or school) as part of a comprehensive plan to reduce the risk of future harm. All state and local government agencies must accept the legal substitute address as the participant's legal address of record.
- ACP relies on the assistance of victim service agencies and other private entities to enroll participants in the program. To meet eligibility criteria, applicants must have experienced fear or threat of abuse and must relocate to a new location. ACP is unable to remove addresses that are already publicly recorded but can protect future exposure.

Woodbridge Township D.V.R.T
(732)634-4500 ext. 2802
https://woodbridgedvrt.org/
Email: dvteam@woodbridgedvrt.org

- Domestic Violence Advocates are trained in crisis intervention and provide resource information and guidance to victims and survivors of domestic violence at Woodbridge Police Department. The team is available 24/7. **Please note that this is a mailbox which is checked daily and calls will be returned within 24 hours.
- Provides talks to school and other community groups in an effort to combat domestic violence in our community.



ELDER ABUSE

If you are aware of or suspect abuse, neglect or financial exploitation of a vulnerable adult living in Middlesex County, please call Adult Protective Services at (732)745-3635. Reports can be made by anyone, and the person making the report is assured anonymity if requested.

Adult Protective Services
Family and Children's Services | Serving Monmouth and Middlesex Counties
191 Bath Avenue, Long Branch, NJ 07740
(732)745-3635
www.fcsmonmouth.org

- APS investigates reports of abuse, neglect and exploitation of vulnerable adults living in the community.
- To report suspected abuse, you can call adult protective services at 732-745-3635 or complete an online referral form at https://www.fcsmonmouth.org/aps-contact-form/
- **Who is at risk?**
  Vulnerable adults who cannot adequately protect themselves, the frail, mentally or physically disabled, and those who live alone and are isolated with no family or other social support.
- **What is Elder Abuse?**
  Abuse may be physical, psychological, sexual, or financial.



ELDER ABUSE

The New Jersey Office of the Long-Term Care Ombudsman (NJLTCO)
1(877)582-6995
www.nj.gov/ooie

- Advocates for the rights of elderly residents of long-term care facilities and investigates allegations of abuse, neglect and exploitation of vulnerable institutionalized elderly by providing conflict resolution, education and guidance to families and facilities.
- To file a complaint, call 1(877)582-6995, submit an online complaint form at https://www.nj.gov/ooie/contact/contact-complaint.shtml, or email ombudsman@ltco.nj.gov or write to: NJ LTCO, PO Box 852, Trenton, NJ 08652

NJ Department of Health Facilities, Evaluation and Licensing
Complaint Hotline: 1(800)792-9770
www.nj.gov/health/healthfacilities
NJ Department of Health, P.O. Box 360, Trenton, NJ 08625-0360

- Report concerns about health care settings quality of care, such as hospitals, nursing homes, assisted living residences, home health care, medical day care and others.
- To file a complaint, call their 24-hour hotline 1(800)792-9770 or file an online complaint online at https://www.nj.gov/health/healthfacilities/

EMERGENCY SERVICE REGISTRIES

New Jersey Office of Emergency Management
https://www.nj.gov/njoem/plan-prepare/staying-informed.shtml | https://www.nj.gov/njoem/

- OEM provides numerous ways for NJ residents to stay informed before, during and after emergencies. You can receive alerts and warnings.

NJ Register Ready
www.registerready.nj.gov

- Registry Ready is a free, secure, voluntary database designed to help emergency managers and first responders plan for and support people with disabilities and access and functional needs who may need help evacuating, sheltering in place or at a public shelter, or requiring emergency assistance should register.
- **TO REGISTER:** Visit www.registerready.nj.gov or call 2-1-1 or 1(877)652-1148 toll free (TTY/TDD and translation services available)

Nixle
1(866)436-4911 | www.nixle.com

- Stay safe and informed before, during, and after a critical event in your community. Receive alerts for severe weather, missing persons, severe traffic, criminal activities or local events. Everbridge Nixle keeps you up-to-date with relevant information from your local public safety departments and schools.
- To receive alerts, text your ZIP code to 888777.

EMERGENCY SERVICE REGISTRIES

Personal preparedness is the first line defense during effects of a disaster. The government and other agencies may not be able to meet your needs during an emergency. All citizens should make their own emergency plans and prepare for their own care and safety in an emergency. Registering is not a guarantee that emergency officials will be able to assist you in an emergency.

National Public Safety Alliance for Individuals with Disabilities (NPS – AID)

Woodbridge Township Police Department in partnership with Middlesex County Prosecutor
For information call Woodbridge Community Affairs Unit: (732)602-7370 or
Email: communityaffairs@twp.woodbridge.nj.us
How to Enroll: Online: https://mcpo.opsnetwork.org/special-needs-registry
Call (732)745-3300 | Email: PSAID@co.middlesex.nj.us

- The National Public Safety Alliance for Individuals with Disabilities (NPS-AID Program) is a no-cost program to help public safety professionals better assist individuals with disabilities and/or special needs during emergencies, missing person incidents, or routine public safety interactions. Open to any person who has a physical or mental impairment that substantially limits one or more major life activities due to physical and /or intellectual disability.
- Provides first responders and police officers with participant-approved information prior to and during a contact, helping responders understand an individual's needs. Information may include emergency contacts, physical descriptors, current photograph, communication considerations, medical/behavioral alerts, and critical guidance on how best to assist the individual safely and respectfully.
- The goal is to ensure that every community member with a disability or special need can receive informed, compassionate, and effective assistance-whether during an emergency, a missing person investigation, or a routine interaction with public safety personnel, while at the same time providing critical information needed for our first responders.
- Each enrollee will be provided with decals to be placed on front entrance of home, window of vehicle to signify to first responders that someone in residence/vehicle has a disability and they should respond accordingly. Strictly voluntary and not required.

HELPFUL LINKS

- Federal Emergency Management Agency (FEMA): www.fema.gov | 1(800)480-2520
- Disaster Distress Helpline: www.cdc.gov | 1(800)985-5990
- New Jersey Department of Health (NJDOH): https://www.nj.gov/health/ | 1(800)367-6543
- NJDOH Communicable Disease Services: http://nj.gov/health/cd/ | (609)826-5964
- New Jersey Poison Control Center: 1(800)222-1222
- U.S. Department of Health & Human Services - Centers for Disease Control and Prevention (CDC) 1(800)232-4636 OR visit: www.cdc.gov



ENERGY AND UTILITY ASSISTANCE

Get help paying your electric, gas, deliverable fuel, water and sewer bills.

DCAid

New Jersey Department of Community Affairs
https://dcaid.dca.nj.gov/

- Check your eligibility for a variety of utility assistance programs, including the following: Low Income Home Energy Assistance Program (LIHEAP)/Universal Service Fund (USF), USF-Fresh Start, and Weatherization Assistance Program (WAP). See below for more information.

Findhelp.org

- A free-to-use-search engine. Put in your zip code and findhelp connects you to a list of programs broken into categories such as food, housing, care and transit.

Low Income Home Energy Assistance (LIHEAP)

NORWESCAP
350 Marshall Street, Phillipsburg, NJ 08865
(908)454-7000 | www.norwescap.org

- LIHEAP/ HEA helps low-income households pay for heating and cooling costs (includes electric, natural gas, oil and other deliverable fuels). Even if your heat is included in your rent, you may qualify.
- LIHEAP grants are in the form of a credit on utility bills or a check for tenants/oil providers. Benefits are also available for medically necessary cooling costs and may provide emergency assistance funds. LIHEAP provides grants in the winter so that eligible households can pay their heating bills and continue using heating equipment. Administered by the Department of Community Affairs.
- Apply online at https://dcaid.dca.nj.gov/
- Send LIHEAP Application via US Mail, drop off in-person or visit at outreach event. For paper application: https://www.nj.gov/dca/dhcr/offices/hea.shtml
- If you are over the income threshold for LIHEAP/USF, you may qualify for Payment Assistance for Gas and Electric (PAGE) grant.

LIHEAP Application Stations- IN PERSON APPLICATION ASSISTANCE

- Elijah's Promise, 18 Neilson St. New Brunswick, NJ 08901 (Tuesdays & Thursdays by appt only)
  - 120 Finderne Ave, Bridgewater, NJ 08807 (Thursdays by appt only)

Lifeline Utility Assistance Program

NJ Department of Human Services, Division of Aging Services
1(800)792-9745 | www.aging.nj.gov

- Assists with electric and gas utility costs. Eligible low-income senior citizens, persons on PAAD or Supplemental Security Income (SSI), homeowner utility customers, and tenants whose utility bills are included in their rent can receive a $225 annual benefit in the form of a credit on electric and gas utility bills.
- Apply with the NJSave application at: www.aging.nj.gov

ENERGY AND UTILITY ASSISTANCE

Utility assistance programs designed to help low-income families/ individuals meet heating and medically necessary cooling costs.

Universal Service Fund (USF)

NORWESCAP
350 Marshall Street, Phillipsburg, NJ 08865
(908)454-7000 | www.norwescap.org

- The LIHEAP application is also an application for USF. USF can lower the amount you have to pay for natural gas and electricity for low-income households by providing a monthly credit on your utility account. Check off USF when applying for LIHEAP. Administered by the Department of Community Affairs.
- Apply online at https://dcaid.dca.nj.gov/
- Send Application via US Mail, drop off in-person or visit at outreach event.

SHARES Assistance Program

1(866)657-4273 | https://sharesnation.org/energy

- Assists low to moderate-income households who are in need of temporary help paying their utility bills due to financial crisis. Some of the utility assistance programs include expanded income guidelines/assistance for senior citizens (65 years of age or older) and those receiving federal Social Security Disability (SSD).
- Apply online or download, print and mail application on their website.

Payment Assistance for Gas and Electric (PAGE)

1(866)657-4273 | https://sharesnation.org/programs/

- PAGE grants help gas and electric customers to prevent disconnection of service or restore service. PAGE-Payment Assistance for Gas and Electric is an annual assistance program designed to help households who are experiencing economic hardship and struggling to pay their electric and natural gas bills. If you rent or own a home and are NOT currently receiving USF or HEA, are facing a crisis that includes a documented notice of overdue payment for gas and/or electric service and have a history of making regular payments towards your utility bills—you may qualify.
- Apply online or download, print and mail application.

USF Fresh Start Program

Board of Public Utilities
1(800)624-0241 | https://www.nj.gov/bpu/assistance/programs/

- Fresh Start is a partnership between the customer and USF to forgive past due balances and improve your payment record. Simply pay your current monthly charges on time and in full every month and after 12 months of full on-time payments, your pre-USF program overdue balance will be erased. **You cannot apply for Fresh Start**; if you are eligible for Fresh Start, you will be automatically enrolled by your energy company and will be sent additional information in the mail about how the Fresh Start program works.

ENERGY AND UTILITY ASSISTANCE

Winter Termination Program (WTP)
NJ Board of Public Utilities
1(800)624-0241 | www.nj.gov/dca/

- NJ Department of Community Affairs implemented WTP to prevent service discontinuation for eligible residential customers receiving residential electric, sewer and water service between November 15 through March 15. Service cannot be disconnected during this period to residential customers receiving HEA, PAAD, SSI, TANF, USF, and Lifeline; including unemployment, illness, recent death of immediate family member and any other circumstances, which might cause financial hardship.
- Call your utility company to request WTP protections.

Reduce your heating and cooling costs with FREE Energy upgrades to your home.

Comfort Partners
Board of Public Utilities-Clean Energy Program
1(866)378-4345 | https://www.njcleanenergy.com/residential/comfort-partners

- Energy saving program that directly installs energy savings measures FREE of charge for qualified low-income seniors to lower energy bills. Households that receive USF, Lifeline and/or PAAD are eligible. Must be primary residence and ratepayer of gas or electric utility.
- Installation of cost-effective energy measures in the home can include: Water heater insulation, Energy-saving showerheads, Replacement of inefficient refrigerators and thermostats, Insulation of attic, Heating and cooling equipment efficiency measures
- Apply online or call.

Weatherization Assistance Program (WAP)
PRAB
754 Route 18 North, Suite 202, East Brunswick, NJ 08816
(732)832-7535 | https://www.nj.gov/dca/dhcr/offices/hea.shtml

- Assists low-income elderly in weatherizing their homes, improving their heating system efficiency and conserving energy for FREE. Households that receive Pharmaceutical Assistance to the Aged and Disabled (PAAD), USF, and Lifeline are eligible.
- A FREE home energy assessment to see how much money can be saved on energy bills through weatherization will be conducted and the installation of recommended free energy efficiency measures may include: Sealing cracks and drafts to reduce heat loss, Insulation upgrades, example: attics, Efficient lighting upgrades, Inefficient refrigerator and thermostat replacement, Window sealing, Hot water conservation measures, and much more.
- Apply using the LIHEAP application and check off Weatherization. Download and print application at: www.nj.gov/dca/dhcr/offices/hea.shtml. Mail application to PRAB.

ENTERTAINMENT AND RECREATION



PNC Bank Arts Center
116 Garden State Pkwy, Holmdel, NJ 07733
Garden State Arts Foundation, Senior Citizen Performances
(732)442-9200 | https://gsafoundation.org/

- Senior performances are presented FREE of charge by the Garden State Arts Foundation for New Jersey's senior citizens and residents with special needs.
- In order to obtain tickets, call or visit website.

Middlesex County Office of Aging & Disabled Services
75 Bayard Street, 5th Floor, New Brunswick, NJ 08901
(732)745-3295

- **90s Birthday Bash**
  An annual luncheon and celebration to recognize County residents over the age of 90. There are four 90s Birthday Bash Luncheons held throughout the County during the month of May which is National Older Americans Month.

- **Senior Art Contest & Show**
  An annual juried contest and show that promotes the creative talents of seniors residing in Middlesex County. The art contest is held at Middlesex College during the months of July and August.

- **Senior Health and Fitness Walk**
  An annual countywide event, which promotes the benefits of exercise and healthy living to Middlesex County seniors. Includes wellness information, health screenings, boxed lunches, raffles, t-shirts, and entertainment. The walk is held every September at Roosevelt Park in Edison, NJ. Please bring a nonperishable food donation in support of REPLENISH and the food pantries in Middlesex County.

Middlesex County Office of Parks and Recreation
1030 River Road, Piscataway, NJ 08854
(732)745-3900
https://www.middlesexcountynj.gov | Search: Parks and Recreation

The Arts Institute of Middlesex County
9 Livingston Avenue, 3rd Floor, New Brunswick, NJ 08901
(732)745-4489
www.middlesexcountynj.gov | search: The Arts Institute of Middlesex County
Arts, History, and Cultural Public Events Website: https://www.middlesexcountyculture.com/

HEALTH CENTERS

Federally Qualified Health Centers (FQHCs) deliver high quality health care to all people regardless of their ability to pay. You don't need insurance to receive care at a health center. They serve the uninsured as well as patients with Medicaid, NJ Family Care, Medicare and private insurance. If you are uninsured, fees are charged based on income level using a sliding fee scale. No one is turned away for lack of funds.

Health Centers provide a wide range of services: Comprehensive Primary and Preventive Health Care, Dental Care, Women's Health, Behavioral and Mental Health, Lab Services, HIV/AIDS Counseling and Testing, and much more.

To locate the health center nearest you, please visit: https://www.nj.gov/health/fhs/primarycare/fqhc/

Central Jersey Medical Center
275 Hobart Street, Perth Amboy, NJ 08861
(732)376-9333 | www.cjmc.us | Email:contactus@cjmc.us

- Adult medicine, gynecology, dental care, behavioral health, substance use disorder services, endocrinology, podiatry, pharmacy services, and imaging.
- Other locations in Carteret and Newark, visit website for more information.

Eric B. Chandler Health Center at Rutgers Robert Wood Johnson Medical School
277 George Street, New Brunswick, NJ 08901 | (732)235-6700
https://www.rwjms.rutgers.edu/eric-b-chandler-health-center/english/overview

- Adult and family medicine, internal medicine, infectious disease, gynecology, podiatry, laboratory services, dental care, nutrition/dietary management, and referrals. Social services available.
- Medicaid, Medicare, Private/Commercial Insurance, and various types of managed care accepted. The center also offers a sliding fee scale based on verified income and dependents.

Jewish Renaissance Foundation- Community Health Center
1931 Oak Tree Road, Edison NJ 08820
(732)482-9600 |www.jrfnj.org/

- Annual Physicals, laboratory, gynecology, mental health, dental care services and referrals to specialists.
- Personalized assistance offered with applying for NJ Family Care and/or enrolling in Affordable Care Act coverage through the Healthcare Marketplace.

HEALTH CENTERS

State of New Jersey Department of Health -Federally Qualified Health Centers (FQHCs)
https://www.nj.gov/health/fhs/primarycare/fqhc/

- New Jersey's Federally Qualified Health Centers (FQHCs) deliver high quality health care to all people regardless of pay. Health centers provide a wide range of services which include: Comprehensive Primary and Preventive Health Care, Pediatric Services, Dental Care, Women's Health, Behavioral/Mental Health, Lab Services, HIV/AIDS Counseling and Testing, and much more
- If you are uninsured, fees are charged based on your income level using a sliding fee scale. No one is turned away for lack of funds. Medicaid, NJ FamilyCare, Medicare and private insurance accepted.

Middlesex County Office of Health Services
444 Hoes Lane, Piscataway, NJ 08854 (administrative office)
(732)745-3100
https://www.middlesexcountynj.gov/ | search: health services

- Offers a wide array of Public Health services such as food protection, disease surveillance, well infant classes, immunizations, and cancer screening and education; monitor air, water, waste, and streams to ensure County's natural resources provide opportunities for residents to enjoy; and respond to needs of residents during natural disasters.
    - **Middlesex County Public Health Clinic**
      11 Kennedy Blvd, East Brunswick, NJ 08816
        - Call (732)745-3100 for appointment.
        - Services include Adult Health, Adult and Child Immunization Clinics, Blood Pressure Screening, Flu/Pneumococcal Vaccination Clinics, Health and Education Counseling, STD/HIV/TB Counseling and Testing Program, and Cancer Education and Early Education.
        - Middlesex County residents (proof of residency required) and income eligibility may apply.

HEARING

Hearing plays a vital role in overall health and quality of life for older adults. Being able to clearly hear supports understanding and following medical advice, responding to important sounds such as alarms or doorbells, maintaining meaningful communication with family and friends. Untreated hearing loss can lead to isolation and impact memory and cognitive function. Addressing hearing needs can help individuals say engaged, sage, and mentally sharp.

Hearing Aid Assistance to the Aged and Disabled (HAAAD)

NJ Department of Human Services – Division of Aging Services
1(800)792-9745 | nj.gov/humanservices/ddhh/services/hearingaid/haad/

- Provides a $500 reimbursement to eligible persons who purchase a hearing aid or $1000 for two hearing aids.
- One reimbursement allowed per calendar year. If a hearing aid is purchased in a subsequent calendar year, a new HAAAD application is required.
- Beneficiaries must be currently enrolled in the Pharmaceutical Assistance to the Aged and Disabled (PAAD) program or Lifeline Utility Assistance (Lifeline) program, or meet the PAAD and Lifeline income eligibility criteria.
- Call 1(800)792-9745 for income eligibility criteria, to request an application or complete an NJSave application online at www.aging.nj.gov.

NJ Division of Deaf and Hard of Hearing – Hearing Aid Project

1(800)792-8339
https://www.nj.gov/humanservices/ddhh/services/hearingaid/project/

- Provides reconditioned hearing aids to income eligible seniors or individuals who have a hearing loss and are disabled receiving Social Security Disability Income (SSDI). PAAD beneficiaries automatically qualify. Other services include: interpreter referral service, information and referral hotline, and telephone equipment.
- A program to ensure that New Jersey residents with hearing loss have access to telecommunications and visual alerting status home safety equipment needed to live independently.
- Free devices such as an amplified telephone, Captel telephones which display every word the caller says throughout the conversation with real-time captioning for someone with hearing loss at no cost, and smoke detector.

Clear Captions

1(866)868-8695
www.clearcaptions.com

- Federally funded program offers telephones with real-time captioning for someone with hearing loss at no cost.

CapTel

1(800)233-9130
www.captel.com

- Federally-funded program offers captioned telephones which display caller conversation.

HOME CARE SUPPORT PROGRAMS

You may be used to handling everything yourself, dividing duties with your spouse, or relying on family for minor help around the home. However, as you get older and your circumstances change, getting around and taking care of yourself can become more and more difficult. Home care services are supports to help older adults remain safe, independent and engaged in leading enriched lives in their own home.

Middlesex County Office of Aging & Disabled Services
75 Bayard Street, 5th Floor New Brunswick, NJ 08901
(732)745-3295 to apply to Home Care Programs
https://www.middlesexcountynj.gov | Search: Aging and Disabled Services

- ***Who?*** In-home care services and care management services are available to older adults (60+) and individuals with disabilities (18+) who qualify based on income and assets.
- ***How?*** Call the Middlesex County Office of Aging & Disabled Services for more information and applications for home care programs.
- ***What is Home Care?*** Home care provides assistance with activities of daily living such as:
  - Bathing, showering, and dressing
  - Light housekeeping, personal laundry, and meal preparation
  - Social and Medical Adult Day Care for those who require a safe, supervised environment outside the home.
  - Barrier Free Assistance-lifetime grant for home modifications to make the home safe and accessible.
  - Home Delivered Meal Service
  - Respite Care for caregivers in-home or at a facility.
  - Special Medical Equipment and Supplies and Personal Emergency Response System
- ***Types of Home Care Programs:***
  1. **Jersey Assistance for Community Caregiving (JACC)**
     Provides in-home and community-based services to seniors at risk of placement in a nursing home. JACC is designed to supplement the assistance given by the individual's caregiver. Qualified individuals may have the opportunity to hire their own eligible family, friends, or neighbors to provide the care they need.
  2. **Middlesex County Multi-Assistance Program (MCMAP)**
     Provides in-home health care support services to homebound/frail/elderly and disabled adults to help them remain safe in the community. Qualified individuals may have the opportunity to hire their own eligible family, friends, or neighbors to provide the care they need.
  3. **Statewide Respite Care Program (SRCP)**
     Provides support and relief to family or other uncompensated caregivers in meeting the demands of the daily care of frail elderly and other functionally impaired persons. SRCP provides short-term, intermittent relief to a caregiver and may include adult day care, home care, companion services, or a short stay in a facility. Qualified individuals may have the opportunity to hire their own eligible family, friends, or neighbors to provide the care they need.
  4. **Managed Long Term Services and Supports (MLTSS)**
     A Medicaid NJ Family Care program, which helps older adults and individuals with disabilities who require long-term care at home or in a nursing home. Call the Middlesex County Office of Aging & Disabled Services to start the process.

HOUSING RESOURCES



Housing Choice Voucher Program for Woodbridge Township ONLY
Woodbridge Housing Authority,
800 Bunns Lane, Woodbridge
(732)634-2750
https://woodbridgehousingauthority.org/

- Provides rent subsidy to low and very low-income households and individuals.

NJ Department of Community Affairs
Division of Housing and Community Resources
101 South Broad Street, PO Box 051, Trenton, NJ 08625-0800
(609)292-4080 | www.state.nj.us/dca/

- Administers housing assistance programs such as the Homelessness Prevention Program (HPP), the Housing Choice Voucher Section 8 Program (Section 8) and the State Rental Assistance Program (SRAP).

New Jersey Housing and Mortgage Finance Agency (NJHMFA)
NJ Department of Community Affairs
637 South Clinton Avenue, Trenton, NJ 08611
(609)278-7400
https://nj.gov/dca/hmfa/index.shtml

- Programs include first-time homebuyer programs, foreclosure prevention support and foreclosure hardship relief, and housing assistance programs.
- Contact 1 (855) 647-7700 for information about the *Emergency Rescue Mortgage Assistance (ERMA)* Program or visit https://njerma.com/

New Jersey Housing Resource Center
Administered by the New Jersey Housing and Mortgage Finance Agency
1(877)428-8844 | https://nj.gov/njhrc/

- A FREE, online searchable registry of affordable and accessible housing units throughout the State of New Jersey, including: Affordable Rental Housing, Affordable For-sale Housing and Housing with Accessibility Features.
- Visit **https://nj.gov/njhrc/** and to find housing, click the "Find Housing" tab. To begin your search, choose your desired type of housing. Your results will open in a new window.

NJSHARES Mortgage Assistance, Rent & Taxes (NJ SMART) Program
SHARES
1(866)657-4273
APPLY ONLINE: https://sharesnation.org/njsmart/

- Provides assistance to eligible New Jersey residents who are in a temporary financial crisis and are facing housing emergencies. The NJ SMART Program will provide up to a $5,000 grant for overdue rent, mortgage, or property tax payments. Rent, mortgage or property tax payments must be past due a minimum of one month. Payments will be made in a one-time, lump-sum payment directly to the landlord, mortgage company or tax collector on behalf of the applicant.
- Apply online ONLY. Paper applications are not accepted.

HOUSING RESOURCES



Housing Coalition of Central Jersey (HCCJ)
PRAB
754 Rt. 18, Suite 202, East Brunswick, NJ 08816
(732)832-7535 | https://www.prab.org/programs-services/housing-services/

- ***Mortgage Counseling, Mortgage Assistance & Foreclosure Mediation***
  Homeowners faced with mortgage delinquency and default receive counseling to determine the reasons for delinquency and can explore options to avoid foreclosure. This includes mortgage modification, mortgage assistance, and asset preservation.
- ***Landlord-Tenant Mediation***
  Landlords and tenants are informed of their rights and responsibilities. Tenants who are summoned to court receive assistance with state, county, or local intervention.
- ***Homelessness Prevention***
  Families and individuals who are housed in inadequate conditions, are at risk of eviction or foreclosure, or are homeless receive the appropriate support. They receive assistance while considering options, completing applications for subsidized housing, and locating financial resources for rent, security, and utility deposits.

Affordable Housing Online
https://affordablehousingonline.com

- Sign Up for Housing Choice Voucher Wait List Alerts and Public Housing Wait List Alerts.
- Search low income and affordable senior apartments and waiting lists.

CGP&H/ AffordableHomesNewJersey.com

- **HOW TO APPLY**: For application call CGP&H at (609)664-2769 Ext.5 or online at www.AffordableHomesNewJersey.com.

Housing Help NJ
https://www.housinghelpnj.org/

- A website developed to connect New Jersey renters, landlords, & homeowners to information available from multiple sources to assist in preventing eviction by providing information on utility assistance programs, rental assistance programs, education on tenant rights, housing and more.
- A program funded through grants from New Jersey Pandemic Relief Fund and the NJ Department of Community Affairs - Affordable Housing Trust Fund, and is Administered Through the Housing and Community Development Network of New Jersey

Central Jersey Housing Resource Center (CJHRC)
92 East Main Street, Suite 407 Somerville, NJ 08876
(908)446-0036 | Email: 2cjhrc@gmail.com | https://cjhrc.org/

- HUD approved agency that provides information about affordable housing options, application assistance for housing or assistance programs, educates on tenant rights and fair housing laws, and financial literacy.

Homesharing INC.
(908)526-4663 | www.homesharing.org

- Home “providers” who have a separate bedroom for rent.

HOUSING RESOURCES



Central Jersey Legal Services

317 George Street, New Brunswick, NJ 08901 | (732)249-7600
313 State Street, Perth Amboy, NJ 08861 | (732)324-1613
https://centraljerseylegalservices.org/

- Assists with housing problems such as eviction, foreclosure, rent, tenant and Section 8 issues.

Middlesex County Clerk's Office of Property Alert Service –FREE Registration

https://mcrecords.co.middlesex.nj.us/propertyalert
(732)745-3364 or (732)745-3365

- Sign up for e-mail alerts if a document with your name or property description is recorded in the Middlesex County Clerk's Office for any type of land owned in Middlesex County. Visit website to register.
- Property and mortgage fraud is a fast-growing scam with individuals recording fraudulent documents like fake deeds or fake liens against property owners.

Findhelp.org

- A free-to-use-search engine. Put in your zip code and findhelp connects you to a list of programs broken into categories such as food, housing, care and transit.

Browse Apartments for Rent

- www.apartments.com
- www.apartmentfinder.com
- www.rent.com

HOUSING RESOURCES



Supportive Housing

Collaborative Support Programs of New Jersey (CSPNJ)
11 Spring Street, Freehold, NJ 07728
(732)780-1175 | For questions about Supportive Housing call (732)637-5189
https://cspnj.org/ | https://cspnj.org/cause/unhoused-services/ https://cspnj.org/cause/supportive-services/

- Supportive housing and homeless services.
- Services provided to adults 18 years of age, who are low-income, and living with a mental health or other co-occurring disorder.
- Supportive services are available to individuals living in CSPNJ leased-based affordable housing locations, overseen by Community Enterprise Corporation (CEC), CSPNJ's HUD approved Public Housing Agency.
- To apply for CSPNJ supportive housing, download the application at https://cspnj.org/cause/supportive-services/ and email to amorales@cspnj.org, fax to (732)637-5187 or mail to Community Enterprises Corporation, P.O. Box 980, Freehold, NJ 07728.

SERV Behavioral Health System
Community Support Services (formerly Supportive Housing)
1(833)-CAN-SERV (226-7378) | Email: AccesstoCare@servbhs.org | https://servbhs.org/

- Provides supportive housing for individuals with serious mental illness needing support in order to live independently.

Bridgeway Behavioral Health Services
Residential Intensive Support Team (RIST)
1(877)692-5664 | https://www.bridgewaybhs.org/

- An intensive residential support program designed to address the needs of individuals who may require intensive but varying degrees of residential support in the transition from hospital to community living. Bridgeway's RIST programs are comprehensive, flexible, mobile teams skilled in state-of-the-art interventions that provides person centered recovery and wellness services to people re-entering the community from a psychiatric hospital.
- Eligibility: Presence of a major DSM Axis I psychiatric illness and need for intensive support in order to maintain independent living.
- Services include: Assistance in locating permanent housing utilizing state subsidized rental assistance vouchers, personal assistance approach with emphasis on education and development of living skills, including apartment management, nutrition, budgeting, personal hygiene, housekeeping, and medication management, intensive outreach to engage service recipients into mental health, substance abuse, and medical services, structured, on-going coordination with other service providers, 24 hours per day/7 days per week availability of staff when needed and 24 hour on-call rapid response, assistance in developing peer and community social supports, career counseling, job seeking skills training and ongoing support to workers and students.

HOUSING RESOURCES



Apartments for seniors and/or disabled have income eligibility guidelines & age restrictions apply.

CARTERET
Carteret Housing Authority
96 Roosevelt Avenue Carteret, NJ 07008
(732)541-6800
TDD/TTY: 800-545-1833 ext. 845
https://www.carteret.net/housing-authority/

Jeanette Smith Village
A1 Edwin Street
Carteret, NJ 07008
(732)541-6800

Joseph Hermann Gardens
Union Street
Carteret, NJ 07008
(732)541-6800

Victoria Copeland Senior Home
Union Street
Carteret, NJ 07008
(732)541-6800

CRANBURY
Cranbury Housing Associates, Inc.
216 Rockingham Row
Princeton, NJ 08540
(609)786-1102
cranburyhousing.org

Birchwood at Cranbury
1 Justin Drive
Cranbury, NJ 08512
Livebirchwood.com/communities/birchwood-at-cranbury/

EAST BRUNSWICK
Halls Corner
551 Cranbury Road
East Brunswick, NJ 08816
(732)257-1906
Liveathallscorner.com
62 and older only

Oak Creek Village
401 New Brunswick Avenue
East Brunswick, NJ 08816
(732)254-4488
eastbrunswick.org

EDISON
Edison Housing Authority
Robert E. Holmes Gardens
14 Rev. Samuel Carpenter Blvd.
Edison, NJ 08820
(732)549-3301
www.edisonha.org

Inman Grove Senior Housing
1061 Inman Avenue
Edison, NJ 08820
(908)561-2203

Julius Engel Gardens
Willard Dunham Drive
Edison, NJ 08837
(732)549-3301

Residence at Roosevelt
1 Roosevelt Drive
Edison, NJ 08837
(732)844-8491
pennrose.com/apartments/new-jersey/residence-at-roosevelt-park

St. Paul the Apostles Senior Residence
635 Amboy Avenue
Edison, NJ 08837
(973)743-2300

Durham Woods
32 North Reading Road
Edison, NJ 08817
(732)744-1464

HIGHLAND PARK
Highland Park Housing Authority
242 South 6th Avenue
Highland Park, NJ 08904
(732)572-4420
highlandparkhousing.org

AHEPA - Highland Apartments
239 South 6th Avenue
Highland Park, NJ 08904
(732)572-0700

Samuel J. Kronman Complex
242 South 6th Avenue
Highland Park, NJ 08904
(732)572-4420

JAMESBURG
Barclay Village
20 Lake Street
Jamesburg, NJ 08831
(732)521-5003

METUCHEN
Metuchen Senior Citizens Housing
35 Lincoln Avenue
Metuchen, NJ 08840
(732)494-6700

MIDDLESEX
Watchung Terrace
100 Watchung Terrace
Middlesex, NJ 08846
(732)356-0681

NEW BRUNSWICK
New Brunswick Housing Authority
7 Van Dyke Avenue
New Brunswick, NJ 08901
(732)745-5157
newbrunswickhousing.org

HOUSING RESOURCES



55 Harvey at Providence Square
55 Harvey Street
New Brunswick, NJ 08901
(732)387-6548
TDD: 1(800)545-1833 ext. 648

John P. Fricano Towers
90 Neilson Street
New Brunswick, NJ 08901
(732)246-7681

Livingston Manor
116 Livingston Avenue
New Brunswick, NJ 08901
(732)246-7320

Lord Stirling Senior Apts.
40 Hassart Street
New Brunswick, NJ 08901
(732)214-9124
lordstirlingseniorhousing.com

Providence Square
217 Somerset Street
New Brunswick, NJ 08901
(732)828-4083

St. Mary's Apartments
260 Remsen Avenue
New Brunswick, NJ 08901
(732)247-8470

NORTH BRUNSWICK
No. Brunswick Housing Authority
710 Hermann Road
North Brunswick, NJ 08902
(732)549-3301

Martin Gerber Apts.
550 Remsen Avenue
North Brunswick, NJ 08902
(732)246-7788

North Brunswick Senior Housing
740 Hermann Road
North Brunswick, NJ 08902
(732)296-7122
nbseniorhousing.com

OLD BRIDGE
Old Bridge Housing Authority
2000 Route 18 North
Suite 100
Old Bridge, NJ 08857
(732)607-6383
www.oldbridgehousing.com

Birchwood at Old Bridge
100 Mimi Road
Old Bridge, NJ 08857
(732)416-1400

Chuck Costello Complex
1998 Rt. 18 North
Old Bridge, NJ 08857
(732)679-0534
*For individuals with special needs.

Rotary Senior Housing
100 Ticetown Road
Old Bridge, NJ 08857
(732)679-9070

Maher Manor
2000 Rt. 18 North
Old Bridge, NJ 08857
(732)679-1763

PERTH AMBOY
Perth Amboy Housing Authority
881 Amboy Avenue
Perth Amboy, NJ 08861
(732)826-3110
perthamboyha.org

High Street Apartments
315 High Street
Perth Amboy, NJ 08861
(732)826-4222

Birchwood at Perth Amboy
1618 New Brunswick Avenue
Perth Amboy, NJ 08861
(732)442-2428
Livebirchwood.com/communities/Birchwood-at-perth-amboy

The Parkview
618 New Brunswick Avenue
Perth Amboy, NJ 08861
(732)324-1600

Richard F. Stack Apartments
333 Rector Street
Perth Amboy, NJ 08861
(732)826-3110 & (732)826-2250

Wesley T. Hansen Apartments
415 Fayette Street
Perth Amboy, NJ 08861
(732)826-3110 & (732)826-2250

PISCATAWAY
Piscataway Affordable Housing
505 Sidney Road
Piscataway, NJ 08854
(732)562-6570

Sterling Village
1 Sterling Village Drive
Piscataway, NJ 08854
(732)699-0033

SAYREVILLE
Sayreville Housing Authority
Gillette Manor
650 Washington Road
Sayreville, NJ 08872
(732)316-0177
sayrevilleha.org

HOUSING RESOURCES



Lakeview at Sayreville
1 Kulas Lane
Parlin, NJ 08859
(201)592-9020

SOUTH AMBOY
South Amboy Housing Authority
250 South Broadway
South Amboy, NJ 08879
(732)721-1831
southamboyhousing.com

Hillcrest Manor at South Amboy, LLC
2097 Route 35
South Amboy, NJ 08879
(732)721-5300

Robert Noble Manor
241 Gordon Street
South Amboy, NJ 08879
(732)721-7500

Dohaney Homes Affordable Housing
250 South Broadway
South Amboy, NJ 08879
(732)721-1831

Woodrow McCarthy Towers
250 South Broadway
South Amboy, NJ 08879
(732)721-1831

SOUTH BRUNSWICK
Citizens for Independent Living
100 Woods Lane
Monmouth Junction, NJ 08852
(732)329-6027

Charleston Place
3424 Route 27
Kendall Park, NJ 08824
(732)297-7966
sbseniorhousing.org

Oak Woods Senior Residence
700 Woods Lane
Monmouth Junction, NJ 08852
(732)355-9009
sbseniorhousing.org

Woodhaven at South Brunswick
1401 Jones Drive
Princeton, NJ 08540
(732)329-6807
www.emess.com

SOUTH PLAINFIELD
South Plainfield Senior Residence
151 Morris Avenue
South Plainfield, NJ 07080
(908)755-6600
(908)412-1517

SOUTH RIVER
South River Landing
20 Wojie Way
South River, NJ 08882
(732)238-3838

Willett Manor
340 Whitehead Avenue
South River, NJ 08882
(732)257-8221

SPOTSWOOD
Woodmere Senior Housing
250 Crescent Avenue
Spotswood, NJ 08884
(732)251-3242

Crescent Park
1 Arlington Avenue
Spotswood, NJ 08884
(732)723-0008

IMMIGRATION/CITIZENSHIP

Office of New Americans
New Jersey Department of Human Services
P.O. Box 0700, 222 South Warren Street, Trenton, NJ 08625
www.nj.gov/humanservices/njnewamericans/
(609)292-5293 | Email: ona@dhs.nj.gov

- Supports new Americans through outreach and education, and works on priorities to build trust, improve access to social services, workforce development and employment services, and legal services for immigrants. The ONA seeks to increase accessibility to State programs available to new Americans, including those who speak languages other than English. The ONA also serves as a resource for other state agencies to amplify education and outreach on state initiatives and programs to ensure they reach all new American communities in our state.
- ***Welcome to New Jersey, Information for Newcomers Booklet:*** A welcome packet with resources and services: legal services, food, income assistance, health care, mental health services, school enrollment, state identification card, and transportation.
  - **English version:** https://www.nj.gov/humanservices/njnewamericans/newcomers/docs/Welcome-Booklet_en2.pdf
  - **Spanish version**: https://www.nj.gov/humanservices/njnewamericans/newcomers/docs/Welcome-Booklet_sp2.pdf

United States Department of Homeland Security: Citizenship & Immigration Services (USCIS)
New Jersey Central Field Office:
8 Cedar Brook Drive, Cranbury, NJ
1(800)375-5283

USCIS National Customer Service Center
1(800)375-5283 | TTY 1(800)767-1833

The following agencies provide assistance in citizenship services:

Catholic Charities 319 Maple Street Perth Amboy, NJ 08861 (732)324-8200	**Puerto Rican Action Board (PRAB)** 754 Route 18, Suite 202 East Brunswick, NJ 08816 (732)425-8704	**El Centro Hispano Americano** 525 East Front Street Plainfield, NJ 07060 (908)753-8730
Catholic Charities 56 Throop Avenue New Brunswick, NJ 08901 (732)324-8200	**Jewish Family Services of Middlesex County** 219 Blackhorse Lane, Bldg C North Brunswick, NJ 08902 (732)777-1940	**Casa de Esperanza NJ** 213 West Union Avenue (Rt. 28) Bound Brook, NJ 08805 (732)748-1111

IMMIGRATION AND CITIZENSHIP

New Jersey Refugee Resettlement Program

New Jersey Department of Human Services
P.O. Box 0700, 222 South Warren Street, Trenton, NJ 08625
www.nj.gov/humanservices/njnewamericans/
(609)292-5293 | (609)633-7720

- Helps new populations maximize their potential in the United States by linking them to critical resources that assist them in becoming integrated members of American society.
- ORR benefits and services are available to eligible persons from the following groups:
  Refugees, Asylees, Cuban/Haitian entrants, Special Immigrant Visa (SIV) holders, Amerasians, Victims of Trafficking.
- ORR's Survivors of Torture program provides rehabilitative, social, and legal services to individuals regardless of immigration status who have experienced torture, which occurred outside the U.S.
- ORR also provides care and placement for unaccompanied children who enter the United States from other countries without an adult guardian.

For a list of Refugee Service Providers, please visit:
https://www.nj.gov/humanservices/njnewamericans/programs/refugees/agencies/

Refugee Services Providers off a variety of programs to meet the needs of newly arrived refugees, individuals granted asylum or humanitarian parole, and the local immigrant population including reception and placement services, case management, ongoing support services, family reunification, employment services, career development, English classes, job readiness classes and civics and citizenship classes

LEGAL SERVICES



Central Jersey Legal Services
317 George Street, Suite 201, New Brunswick, NJ 08901 | (732)249-7600
313 State Street, Suite 308, Perth Amboy 08861 | (732)324-1613
www.lsnj.org/cjls **|** Hotline Web Intake at: www.lsnjlawhotline.org

- Free civil legal advice to low-income residents of central New Jersey including: Powers of Attorney, Advance Directives, Wills, Guardianships, Nursing homes and other health care issues, Access to Health Care, such as: Medicaid, Medicare, Charity Care, Housing Problems such as eviction, foreclosure, tenant/landlord issues, Public Benefits such as Supplemental Security Income (SSI), Social Security Disability, and SNAP (food stamps), and Consumer problems such as bankruptcy, shut-offs, debt relief.

Legal Services of New Jersey
100 Metroplex Drive, Suite 101, Edison, NJ 08817
(732)572-9100
Hotline Tel: 1(888)576-5529
https://www.lsnj.org

- An independent non-profit organization that coordinates a statewide legal assistance service. Free legal help is provided to low-income individual in civil matters.

Supplemental Security Income (SSI) Project at Legal Services of New Jersey
100 Metroplex Drive, Suite 101, Edison, NJ 08817
1(877)576-5774
https://www.lsnj.org

- Provides free legal assistance with Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) claims for welfare recipients in New Jersey. SSI Project can assist at all stages of the process including the hearing and Federal Court level.

Community Health Law Project
Central Jersey Main Office: 3635 Quakerbridge Road, Suite 14, Hamilton, NJ 08619
(609)392-5553 | https://chlp.org | Email: Trenton@chlp.org

- Provides legal and advocacy services, training, education, and related activities to persons with disabilities and chronic health conditions and, in certain issues, to organizations representing their interests, with an emphasis on those who are low-income, live in the community and are most vulnerable and needy.
- Areas of expertise: Public entitlements (Supplemental Security Income, Social Security Disability benefits, county and municipal Welfare, emergency assistance, food stamps), Medicaid, Medicare, prescription coverage and other health insurance benefits, as well as fee-for-service and managed health care disputes, Housing advocacy (habitability, landlord-tenant issues, foreclosure prevention), Consumer law (debt collection, bankruptcy, contracts), Family law (child support, visitation, domestic violence), Discrimination (housing, employment, education, and public accommodations), Advance directives and living wills, and Outreach and support for persons with disabilities.

LEGAL SERVICES

Middlesex County Office of the Surrogate
75 Bayard Street, 1st floor, New Brunswick, NJ 08901 (732)745-3055
www.middlesexcountynj.gov | search: surrogate

- Services of the Surrogate include: Probate Wills and administration of Estates without Wills.

Middlesex County Bar Association
87 Bayard Street, New Brunswick, NJ 08901
(732)828-3433 | Lawyer Referral Service (732)828-0053 | https://www.mcbalaw.com/

- A lawyer referral service which is a reduced fare program for senior citizens who cannot afford to pay attorney's fees at rates which would ordinarily be charged and who do not qualify for free legal assistance from the Middlesex County Legal Services Corporation

Same-Sex Couples and Transgender Older Adults:

- Federal law protects you from discrimination based on sex-including sexual orientation and gender identity-by health entities or care providers who receive federal funds, either directly or indirectly. If you have experienced discrimination, you can file a complaint with the Office of Civil Rights at Department of Health and Human Services (HHS), www.hhs.gov/civil-rights. If you receive Medicare through a Medicare Advantage plan, you can also file a grievance.
- ***RESOURCES***
    - National Resource Center on LGBTQ+Aging: www.lgbtagingcenter.org
    - GLBTQ Legal Advocates and Defenders: www.glad.org
    - Justice in Aging: www.justiceinaging.org
    - Lambda Legal: https://www.lambdalegal.org
    - National Center for Lesbian Rights: www.nclrights.org
    - Advocates for Trans Equality: www.transequality.org
    - SAGE: www.sageusa.org
    - Transgender Law Center: www.transgenderlawcenter.org

National Academy of Elder Law Attorneys
1(703)942-5711 | Email: naela@naela.org | www.naela.org

- The National Academy of Elder Law Attorneys, Inc. (NAELA) was founded in 1987 as a professional association of attorneys dedicated to improving the quality of legal services provided to older adults and people with disabilities.
- Visit the Resources page to find a licensed practicing NAELA member attorney, to learn more about the unique qualities of an elder and special needs law attorney and other important elder law topics.

National Elder Law Foundation
1(520)881-1076 | Email: info@nelf.org | www.nelf.org

- The National Elder Law Foundation (NELF) is the only national organization accredited by the American Bar Association (ABA) to certify attorneys in elder and special needs law. The Certified Elder Law Attorney (CELA) designation is a mark of distinction, affirming a lawyer's advanced knowledge and expertise in these specialized areas of law.
- Click Find an Attorney to locate an Elder Law Attorney in your area.

LGBTQ+ AGING RESOURCES

SAGE: Advocacy and Services for LGBTQ+ Elders

National: 1(212)741-2247 | https://www.sageusa.org/ | Email: info@sageusa.org

- Since 1978, SAGE has led the way in advocating for policies, services, and resources that empower LGBTQ+ elders to live openly and authentically. Dedicated team members work nationally and globally to protect LGBTQ+ rights, build health and longevity, and preserve the vibrancy of the LGBTQ+ community as they age.

Programs

- **SAGEServes:** Offers innovative services and programs to LGBTQ+ elders and their peers throughout New York and through replicated programs in Florida. Specialized programming for homebound elders, LGBTQ+ veterans, caregivers, and older people living with HIV/AIDS. Provides care management, friendly visiting, and in-person programming for LGBTQ+ elders.

- **SAGEYou:** An online initiative from SAGE. Create a free account to find virtual meet ups, workshops, resources, and connect with other LGBTQ+ older adults.

- **SAGECents:** A digital wellness platform made specifically for LGBTQ+ people to increase financial stability and reduce economic stress. Create a free account to gain access to tools, information, and resources that are curated for the LGBTQ+ experience to help elders make the financial decisions that are right for their life. This includes information such as what benefits are available through Medicare, how to create a health proxy and a living will, and tips for increasing credit scores.

- **National Resource Center:** A collection of best practice guides, articles, reports, and webinars on LGBTQ+ aging.

Garden State Equality

308 Main Street, Asbury Park, NJ 07712

(973)509-5428 | Email: hello@gardenstateequality.org | https://www.gardenstateequality.org/

- Largest LGBTQ+ advocacy organization in NJ.
- Visit the website for a directory of healthcare providers that have proactively identified themselves as LGBTQ-friendly, gender affirming garment assistance, information on name changes and report Anti-LGBTQ+ discrimination.

Edge NJ

35 Waterview Blvd, Suite 201, Parsippany, NJ 07054

(973)285-0006 | edgenj.org

- Provides supportive services (linkage to medical providers, insurance navigation, Ryan White eligibility) housing opportunities, prevention strategies, and education.

LGBTQ+ AGING RESOURCES

Hudson Pride Center

3000 John F. Kennedy Blvd, Suite 306, Jersey City, NJ 07306 | Mon-Fri from 10am-6pm
4428 Bergenline Ave, Union City, NJ 07087 | Mon-Fri from 10am-6pm
(201)963-4779 | email: info@hudsonpride.org | https://hudsonpride.org/

- Largest LGBTQ+ social services center in New Jersey that offers a variety of free services to support, affirm and connect the LGBTQ+ community to each other and to the services they need.
- Health Services & Support: HIV Awareness and Preventative Services, Mental Health referrals, Specialty Health and Wellness Services, Services for Queer Women, Services for Transmen and Transmasculine People, Gender Affirming Services & Community Resources, Emergency Housing and Latinx Community Services Provided in Spanish.
- Support groups: **BIPOC SOCIAL** (LGBTQ+ Black, Indigenous, and People of Color), **Beyond the Binary** (transgender, gender non-conforming, and/or non-binary), **Lezfest** (social platform to connect Queer women and provide beneficial resources).

    - **Rainbow Elders of NJ:** Rainbow Elders of New Jersey is a contact, information and support group whose mission is to improve the lives of LGBTQ+ older adults 50+. In partnership with two organizations— The Hudson Pride Center in Jersey City and SAGE: A national LGBTQ+ organization dedicated to supporting and advocating for LGBTQ+ older adults. For more information contact Gordon Sauer at Gordon@hudsonpride.org.

The Pride Center of NJ

85 Raritan Avenue, Suite 100, Highland Park, NJ 08904 | Pridecenter.org

- Provides a safe space for all individuals who identify as LGBTQ+ to find support, educat health and education resources, and social opportunities within a community of acceptance. Comprehensive programming in support of this mission includes lesbian, gay, trans and family resources, social groups and free HIV testing.

Gay Activist Alliance in Morris County (GAAMC)

(973)285-1595 | https://www.gaamc.org/

- GAAMC is the longest continually operating LGBTQ+ group in New Jersey, started in 1972 by four people looking for a place to meet others like themselves.
- GAAMC is a not-for-profit volunteer-run organization that provides social, educational, and outreach programs. GAAMC also offers opportunities for individuals to become politically active on issues related to the LGBTQ+ community. The intent is to maintain a positive, healthy, respectful and supportive environment in a safe space.
- In person meetings on Monday evening at the Morristown Unitarian Universalist Fellowship, 21 Normandy Heights Road in Morristown. Our meetings begin at 6:00 PM, and run until roughly 8:30 PM. Light snacks, soda, and coffee are served. Voluntary donation requested to cover rent and refreshments.
- Zoom meeting every Wednesday at 5:00 PM. For an invitation, email zoom at gaamc.org.

LGBTQ+ AGING RESOURCES

PROUD Gender Center of New Jersey at RWJUH

181 Somerset Street, 2nd Floor, New Brunswick, NJ 08901
1(833)247-7683 | (908)243-8647 | https://www.rwjbh.org/

- A multidisciplinary team of family medicine physicians, gynecologists, urologists, endocrinologists, plastic surgeons and otolaryngologists provides specialized care for LGBTQ patients. The Center offers a broad range of gender affirming services and surgeries, educational trainings, support groups, advocacy resources and referral to mental health services.

Babs Siperstein PROUD Center

Robert Wood Johnson University Hospital Somerset
128 Rehill Avenue, Suite 1100, Somerville, NJ 08876
1(855)776-8334 | https://www.rwjbh.org/

- Provides health services to the LGBTQ+ community in an evidence-based, culturally-competent manner.
- Located on the hospital's campus, offering adult patients access to comprehensive health care services such as laboratory, radiology, cardiology, emergency, oncology, and rehabilitative services, and an on-site Walgreen's pharmacy.

MEDICAID

Middlesex County Board of Social Services (MCBSS)
181 How Lane, New Brunswick, NJ 08901
(732)745-3500
http://middlesexsocialservices.com/
Apply for programs at https://www.njhelps.gov/

- Administers Federal and State public assistance programs for individuals 65 years old and older, blind and disabled. All programs have income and asset guidelines. Programs including:
  1. SNAP – formerly Food Stamps
  2. General Assistance
  3. Emergency Assistance, Refugee Resettlement Program
  4. Medicaid NJ Family Care Aged, Blind and Disabled (ABD)
     a. For individuals who are 65 years old or older, blind and/or disabled who need access to health care services in the community, or in long-term care facilities.
     b. Information on eligibility requirements and to apply: www.state.nj.us/humanservices/dmahs/clients/medicaid/abd/.
  5. **Medicaid Managed Long Term Services and Supports (MLTSS)**
     a. For individuals who are 65 years old or older, blind and/or disabled, need a nursing home level of care at home and who require home health care support services at home with activities of daily living such as bathing, dressing, and meal preparation. MLTSS also includes home delivered meals, respite, and personal emergency response systems.
     b. Has a higher income limit than Medicaid Aged, Blind and Disabled. Applicants must meet income and asset eligibility criteria, as well as, clinical medical assessment.
     c. Medicaid through MLTSS can be converted to institutional Medicaid, should the individual require care beyond the services provided in this program.

APPLICATION PROCESS:

Submit an application to Middlesex County Board of Social Services for financial eligibility.

1. Download and print NJ Family Care Aged, Blind and Disabled Medicaid application at www.state.nj.us/humanservices/dmahs/clients/medicaid/abd/.
2. Applicant must also call the Middlesex County Office of Aging and Disabled Services (732)745-3295 to apply for MLTSS clinical medical review.

MEDICARE

1-800-MEDICARE (800-633-4227)
www.medicare.gov

- Obtain information and apply for Medicare A, B, C and D, Medicare Open Enrollment and benefits; check covered services, find health and drug plans, claims and providers.

Medicare Annual Enrollment Period (AEP) *October 15- December 7*
1-800-Medicare (633-4227) | www.medicare.gov

- AEP is when **Medicare beneficiaries can add, change, or drop Medicare Part D or Medicare Advantage plan coverage** for the next year.

Medicare.gov - Create an Account
https://www.medicare.gov/account/login

- Medicare's FREE, SECURE, online service of managing personal information. Create an account and use it to check information about your coverage, enrollment status, and claims.

NJ Medicare Savings Programs
NJ Department of Human Services – Division of Aging Services
1(800)792-9745
For eligibility guidelines: https://www.nj.gov/humanservices/doas/services/l-p/msp/.
Apply with the **NJSave** application at www.aging.nj.gov or print and mail.

- ***Qualified Medicare Beneficiary (QMB): Program*** helps pay for Part A premiums, Part B premiums, and deductibles, coinsurance, and copayments for services and items Medicare covers.
- ***Specified Low Income Medicare Beneficiary (SLMB)*****:** Program pays Medicare Part B premiums.
- ***Qualifying Individual (QI):*** Program pays Medicare Part B premiums

State Health Insurance Assistance Program (SHIP)
1(800)792-8820 | https://www.nj.gov/humanservices/doas/services/q-z/ship/

- Free help to Medicare beneficiaries who have questions about Medicare insurance coverage and benefits, supplement policies (aka Medigaps), Medicare Advantage plans (aka managed health care plans or Medicare HMOs), prescription plans, Annual Enrollment Period, and programs to help pay Medicare premiums, copays and prescription costs.
- To contact a SHIP counselor call Middlesex County Office of Aging and Disabled Services at (732)745-3295 or Division on Aging at (732)726-6262. Compare plans by viewing charts detailing Medigap, Medicare Advantage and Part D drug plans at above website.
- Apply for programs to save money on Medicare premiums, prescription costs, and other living expenses- complete the universal NJ SAVE application at www.aging.nj.gov.

Medicare Rights Center
1(800)333-4114
www.medicarerights.org | www.medicareinteractive.org

- Helps people with Medicare understand their rights and benefits navigate the Medicare system and secure quality care.

MEDICARE

Medicare and Same-Sex Couples & Transgender Older Adults

- Medicare recognizes marriages performed in any state as well as marriages performed in other states. Couples considering marriage need to know what they can lose or gain through marriage. Contact a SHIP counselor.
- On January 31, 2025, the Social Security Administration issued guidance prohibiting changes to the sex on Social Security records. When applying for Medicare, Medicaid, or health insurance through the marketplace, an individual should use the sex that matches their Social Security. Private health plans not purchased through the marketplace generally do not match their information with Social Security. If you experience a denial of insurance coverage for services that appear inconsistent with the sex on your insurance records, that type of denial can usually be resolved by having your provider's office add a specific billing code, contact the plan, or appeal the denial.
- Medicare covers medically necessary gender affirming surgeries to address gender dysphoria on a case-by-case basis. The Centers for Medicare & Medicaid Services (CMS) is not issuing a National Coverage Determination (NCD) at this time on gender reassignment surgery for Medicare beneficiaries with gender dysphoria because the clinical evidence is inconclusive for the Medicare population. In the absence of a NCD, coverage determinations for gender reassignment surgery, under section 1862(a)(1)(A) of the Social Security Act (the Act) and any other relevant statutory requirements, will continue to be made by the local MACs on a case-by-case basis. To clarify further, the result of this decision is not national non-coverage rather it is that no national policy will be put in place for the Medicare program.
- Federal law protects you from discrimination based on sexual orientation and gender identity by health entities or care providers who receive federal funds, directly or indirectly. To file a complaint: Office of Civil Rights at Department of Health and Human Services (HHS), https://www.hhs.gov/civil-rights/filing-a-complaint/index.html

Commence Health

1(866)815-5440 (TTY 1(866)868-2289) https://www.commencehealthqio.cms.gov/en/states/new_jersey

- Handles discharge appeals from hospital, nursing home, rehab facility, and hospice; including quality of care medical reviews.

Senior Medicare Patrol of NJ (SMP)

(732)777-1940 ext. 1117
http://seniormedicarepatrolnj.org

- Report suspected Medicare fraud, errors, and abuse to SMP. Jewish Family Service of Middlesex County is the designated agency for NJ's SMP that educate Medicare beneficiaries about preventing, detecting and reporting health care fraud.

JRF Community Health Center

1931 Oak Tree Road, Edison NJ 08820
(732)482-9600

- Non-Medicare. Free personalized assistance with applying for NJ Family Care and/or enrolling in the Affordable Care Act coverage through the Healthcare Marketplace.

MEDICARE FRAUD, WASTE AND ABUSE

Suspect Medicare Fraud, Waste or Abuse?

- Involves doctors and beneficiaries abusing/deceiving the Medicare system for their own personal gain to receive payment when they should not or to receive a higher payment than they should. You are encouraged to report it!
- Report Medicare fraud or abuse to:
    - **Medicare**, call **1-800-MEDICARE** (1(800)633-4227), (TTY: 1(877)486-2048)
    - **New Jersey's Attorney General**, call the Insurance Fraud Tipline at 1(877)55-FRAUD (1(877)553-7283), online at https://www.njoag.gov/report-fraud/
    - **Federal Trade Commission**, call the Scam Hotline at 1(877)FTC-HELP (1(877)382-4357), online at https://reportfraud.ftc.gov/
- To report fraud or abuse in a Medicare Advantage Plan or Medicare Drug Plan call **1-800-MEDICARE** (1(800)633-4227) (TTY: 1(877)486-2048) OR **the Investigations Medicare Drug Integrity Contractor (I-MEDIC)** at 1(877)7SAFERX (1(877)772-3379).

Tips to Protect • Detect • Report

DO'S:

- **Only** give personal information to trusted people in the community who work with Medicare such as your STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP).
- Medicare **will not** call you to ask you for your Medicare number. Medicare, or someone representing Medicare will only call you and ask you for personal information if: ***You*** have called and left a message, if a representative said that someone would call you back, or a Medicare health and drug plan can call if you are *already* a member of the plan.
- **Keep a calendar** of your medical visits, tests, and procedures. Save your Medicare Summary Notices (MSN) and review them to compare the dates and services on your calendar; look for charges for services you didn't get or were not ordered by your doctor and check if you were billed twice for the same service.
- Having an **online Medicare account** provides secure access to check your Medicare claims early. Log onto https://www.medicare.gov/account/login to view your Original Medicare claims as soon as they are processed or visit https://www.medicare.gov.
- **Guard your Medicare card** like it's a credit card.

DON'TS:

- **Don't** give your Medicare card, Medicare Number, Social Security card, Social Security number, and credit card numbers to strangers who contact you by phone, email, or approach you in person, unless you give permission in advance.
- **Don't** accept offers of money or gifts for free medical care.
- **Don't** allow anyone, except your doctor or other Medicare providers, to review your medical records or recommend services.
- **Don't join a Medicare health or drug plan over the phone unless you called and asked for help.**



MEDICARE FRAUD, WASTE AND ABUSE

If You Suspect It, REPORT It!

The sooner you SEE and REPORT errors, the sooner you can help STOP FRAUD!

Medicare open enrollment period presents opportunities for fraudsters to take advantage of Medicare beneficiaries. If someone calls you and asks for your Medicare Number or other personal information, hang up and call **1-800-MEDICARE** (1(800)633-4227 (TTY 1(877)486-2048) **New Jersey's Attorney General's Insurance Fraud Tip line** at 1(877)55-FRAUD (1(877)553-7283), or the **Federal Trade Commission's Scam Hotline** at 1(877)FCT-HELP (1(877)382-4357).

If you suspect identity theft, or feel like you gave your personal information to someone you should not have, contact the **Federal Trade Commission's Identity Theft Hotline** at 1(877)438-4338, TTY 1(866)651-4261, or report online at https://www.identitytheft.gov/.



SMP
Senior Medicare Patrol
Preventing Medicare Fraud

MIDDLESEX COUNTY OFFICE OF AGING & DISABLED SERVICES

Middlesex County Administration Building
75 Bayard Street, 5th Floor, New Brunswick, NJ 08901
(732)745-3295 | https://www.middlesexcountynj.gov | search: aging and disabled services

The Office of Aging & Disabled Services is the state designated Area Agency on Aging to advocate, plan, coordinate, and provide area-wide programs and services for senior citizens and disabled persons residing in the County. The office serves as the connecting link between County government, State, Government and local communities in the development of various programs and initiatives.

The office is the recognized lead agency for ADRC (Aging & Disability Resource Connection), the statewide system that coordinates access to services, care management and support services for seniors and the disabled. The office is responsible for taking the lead in providing information, referral and assistance to seniors, the disabled, their caregivers, provider agencies, and the general public who need to obtain services in the County.

The Middlesex County Office of Aging & Disabled Services provides a broad array of services:

Information and Assistance

- Provides information, assistance, referral and advocacy for seniors, persons with disabilities, their caregivers and the general public needing access to services.

Homecare and Care Management Services

- All home care programs have financial criteria which must be met to qualify and may include the following services:
  - Care Management
  - Chore service
  - Companion
  - Environmental modification/Barrier Free Assistance
  - Home delivered meals
  - Home Healthcare/Personal Care Assistance/Homemaker
  - Medical equipment and supplies
  - Medical or Social adult day care
  - Medical transportation
  - Personal care assistance
  - Personal emergency response system
  - Respite for Caregivers in home or in facility
- Care Managers assess individuals for community service needs, determine eligibility for various home care programs, and coordinate the ongoing services provided.

MIDDLESEX COUNTY OFFICE OF AGING & DISABLED SERVICES

Personal Assistance Services Program (PASP)

- To support individuals with physical disabilities so they can remain active in the community and life. The program provides up to 40 hours per week of routine non-medical personal care assistance to adults with permanent physical disabilities between 18years of age and older. Eligibility is not income based, but there is a cost share based on income. **Contact your County PASP coordinator, Alliance Center for Independence at (732)738-4388.**

Trualta Program

In Partnership with Middlesex County Office of Aging & Disabled Services

- Middlesex County Office of Aging & Disabled Services has partnered with Trualta for a web-based training platform built for family and self-directed caregivers. The goal is to develop confident and competent family caregivers that can manage care at home. Training is delivered via an informal and interactive online learning system tailored to each caregiver's situation.
- Topics Covered Include: communication changes, behavior management, transition from hospital to home, personal care, heart and lung health, mobility and fall prevention, grief and loss, and much more. For more information and to register, visit https://middlesex.trualta.com/.

GetSetUp – Free Online Classes

https://www.getsetup.io/partner/NJ

- GetSetUp provides hundreds of online classes to keep you mentally, physically and socially active. Classes are interactive, easy to join, offered day and night and free for our community. Classes include Fitness, Technology, Arts & Creative, Food, Health & Wellness, Medicare, Money & Jobs, Lifestyle, Travel & History, and Communication.

Senior Art Contest & Show: An annual juried contest and show that promotes the creative talents of seniors residing in Middlesex County. The art contest is held at Middlesex College during the months of July and August.

Senior Health and Fitness Walk: An annual countywide event, which promotes the benefits of exercise and healthy living to Middlesex County seniors. Includes wellness information, health screenings, boxed lunches, raffles, t-shirts, and entertainment. The walk is held every September at Roosevelt Park in Edison, NJ. Please bring a nonperishable food donation in support of REPLENISH and the food pantries in Middlesex County.

Disability Connections: An Information & Resource Fair: An information and resource fair for people with disabilities and their caregivers. The fair helps attendees find the benefits and services that are available in the County and takes place in October.

Caregiver Mindfulness Retreat: Caregivers come together for this outdoor event designed to focus on self-care, mindfulness and learn tips on how to defeat caregiver burn out. This retreat is held in June.

MIDDLESEX COUNTY OFFICE OF AGING & DISABLED SERVICES

State Health Insurance Program (SHIP)

- SHIP provides free help to New Jersey Medicare beneficiaries who have problems with, or questions about their health insurance. SHIP is a statewide program sponsored by the New Jersey Department of Human Services with major funding from the Centers for Medicare & Medicaid Services, the federal Medicare agency. To contact a SHIP counselor, contact the Middlesex County Office of Aging and Disabled Services at (732)745-3295, Jewish Family Services at (732)777-1940, or if you are a Woodbridge Township resident, Division on Aging at (732)726-6262.

Prescription Assistance

Middlesex County Multi Assistance Program (MCMAP)

- MCMAP provides prescription assistance, annual maximum of $1,500, to eligible consumers who qualify for the program and who are financially ineligible for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold and who have no other prescription coverage, including Medicare Part D. Contact the Middlesex County Office of Aging & Disabled Services at (732)745-3295.

Other Office Initiatives

- **The File of Life** is a red magnetic refrigerator pouch that holds a reference card that captures vital health and emergency information, including doctors, medications, medical conditions and emergency contacts. Available to older adults and disabled adults in Middlesex County. To obtain a File of Life, contact the Middlesex County Office of Aging and Disabled Services at (732)745-3295.

- **The AngelSense** monitoring device and mobile app is the only GPS and monitoring solution designated specifically for individuals who have a history of eloping due to illness or disability (for example: Autism, Alzheimer's). This program in conjunction with the Middlesex County Sheriff's Office is offered free to county residents. To register, call the Middlesex County Office of Aging and Disabled Services at (732)745-3295.

- **Pyx Health** can help to support your mental and physical health by connecting you with compassionate people for a friendly chat and providing self-management tips and help with resources. Pyx Health is a wellness program that offers a trusted combination of people, mobile app, and health care resources. Together they help to reduce loneliness and improve health. Support calls with a staffed call center are available Monday through Friday 8:30 am to 5:00 pm Eastern (supporting all time zones) for both inbound support and outbound enrollment calls. Feel better each day with companionship and humor. To register, call the Middlesex County Office of Aging and Disabled Services at (732)745-3295.

- **Personal Medical Record – USB (PMR-USB)** is a USB drive that allows for medical information to be entered. It may be carried conveniently in a wallet and assists in relaying important medical history during an emergency. To obtain a PMR-USB, contact the Middlesex County Office of Aging and Disabled Services at (732)745-3295.

MIDDLESEX COUNTY OFFICE OF AGING & DISABLED SERVICES

Caregiver Conference: Come share with other caregivers and professionals to discuss common issues, share ideas, and learn more about supportive services. This event takes place in November during National Caregivers Month.

90s Birthday Bash: An annual luncheon and celebration to recognize County residents over the age of 90. There are four 90's Birthday Bash Luncheons held throughout the County during the month of May, which is National Older Americans Month.

Senior Fraud Prevention Conference: Partnership between County offices to learn more about common fraud schemes affecting older adults and resources available to them.

Elder Abuse & Exploitation Awareness Conference: With a feature presenter, this event provides an opportunity to bring awareness to the types of elder abuse affecting older adults.

LGBTQ+ & Aging: This event features LGBTQ+ related resources and presenters to discuss common topics related to the LGBTQ+ community and how to best support them.

NUTRITION SERVICES

Available to address nutritional needs of seniors 60 years of age and over.

- Senior Farmers' Market, Senior Meal Program, Home Delivered Meals. Call (732)745-3295 for more information.
- **Nutrition Congregate Meal sites:**
  Each dining location sponsors guest lectures, holiday parties, health screenings, entertainment, and a unique social atmosphere. Transportation can be arranged to congregate meal sites. All sites are open Monday through Friday, except holidays. For locations and hours, see below.

Thomas J. Deverin Community Center 100 Cooke Avenue Carteret, NJ 07008 (732)541-6221 Hours: 8:30 a.m. - 2:30 p.m.	Sayreville Senior Center 423 Main Street Sayreville, NJ 08872 (732)254-4299 Hours: 8:30 a.m. - 2:30 p.m.	Alexander J. Jankowski Community Center. 1 Olive Street Perth Amboy, NJ 08861 (732)442-0930 Hours: 8:30 a.m. - 2:30 p.m.
Edison Senior Center 2963 Woodbridge Avenue Edison, NJ 08817 (732)452-0377 Hours: 8:30 a.m. - 2:30 p.m.	South Plainfield Senior Center 90 Maple Avenue South Plainfield, NJ 07080 (908)753-1040 Hours: 8:30 a.m. - 2:30 p.m.	Piscataway Senior Center 700 Buena Vista Avenue Piscataway, NJ 08854 (732)743-9844 Hours: 8:30 a.m. - 2:30 p.m.
Old Bridge Senior Center 1 Old Bridge Plaza Old Bridge, NJ 08857 (732)607-1582 Hours: 8:30 a.m. - 2:30 p.m.	South Brunswick Senior Center 540 Ridge Road Monmouth Junction, NJ 08852 (732)329-6171 Hours: 8:30 a.m. - 2:30 p.m.	

NUTRITION

Supplemental Nutrition Assistance Program (NJ SNAP)
Middlesex County Board of Social Services
181 How Lane, New Brunswick, NJ 08901
(732)745-3500 | https://www.nj.gov/humanservices/njsnap/ | To apply: www.mynjhelps.gov

- SNAP formerly known as Food Stamps. SNAP provides food assistance to help buy groceries through a Electronic Benefits Transfer (EBT) card that works like a debit card. Download the Connect EBT App to check on balance, confirm last deposit, change your PIN, review up to 12 months of transaction history. This card can be used in most grocery stores and some farmers markets. Eligibility is set by several factors, such as income and household size.
- **SNAP Retailer Locator:** https://www.fns.usda.gov/snap/retailer-locator

Middlesex County Office of Aging and Disabled Services - Senior Meal Program
75 Bayard Street, 5th floor
New Brunswick, NJ 08901
(732)745-3295 | www.middlesexcountynj.gov | search: aging and disabled services

- Available to seniors aged 60 and over. Home Delivered Meals for isolated homebound seniors who do not have a caregiver and are unable to attend a congregate meal program.
- Congregate Sites: Available at eight locations around the County. Each dining location sponsors guest lectures, holiday parties, health screenings, entertainment, and a unique social atmosphere. Transportation can be arranged to congregate meal sites. All sites are open Monday through Friday, except holidays. See last page under Nutrition Services for locations.

Meals on Wheels in Metuchen – Edison - Woodbridge
Woodbridge Health Center
2 George Frederick Plaza, Woodbridge, NJ 07095
(732)634-4141

- Offers nutritious, hot, midday home delivered meals.



Kosher Meals on Wheels (KMOW)
(732)777-1940 | www.jfsmiddlesex.org

- Provides home delivered kosher meals to homebound seniors.
- Jewish Family Services hosts lunch programs for older adults (60+ years of age), where participants can enjoy a Glatt kosher meal and stimulating activities, such as musical performances, guest speakers, games, and more. For dates and locations contact JFS.

Mom's Meals
1(877)508-6667 | https://www.momsmeals.com/

- Call or visit website to inquire about privately paying for home delivered meals.
- Some government programs cover the cost, to find out more call your Medicaid or Medicare Advantage plan directly.

NUTRITION

Shopping from Home

Stop & Shop
1(800)767-7772
https://stopandshop.com

- Convenient online grocery shopping. Delivery or pick up at any Stop & Shop location.
- **Telegrocers**
  1(888) 902-SHOP (7467) | http://www.telegrocers.com/home.html
- Will only deliver to: Colonia, Fords, Hopelawn, Iselin, Keasbey, Sewaren
- Place an order over the phone if you do not have a computer to order online. For Stop and Shop only.

Instacart
1(888)246-7822
https://www.instacart.com/ or download application on smart phone

- Online grocery delivery Service Company that works with local stores to deliver groceries to your door. Delivery and service fees apply.

ShopRite from Home
For assistance with online grocery orders or accounts: 1(800)746-7748
Woodbridge store: (732)636-3500, ext. 2401 to inquire about online order
https://www.shoprite.com/

- Convenient online grocery shopping. Delivery or pick up at any ShopRite location.
  ShopRite of Woodbridge: 877 St Georges Ave, Woodbridge Township, NJ 07095



PRESCRIPTION ASSISTANCE

Pharmaceutical Assistance to the Aged & Disabled (PAAD)

NJ Department of Human Services, Division of Aging Services
P.O. Box 715, Trenton, NJ 08625 | 1(800)792-9745 | https://www.nj.gov/humanservices/doas/

- State-funded program that helps eligible older adults and individuals with disabilities save money on prescription drug costs. Covers prescribed legend drugs, insulin and insulin supplies, and needles/syringes for injectable medicines used for the treatment of multiple sclerosis. Eligibility requirements: NJ resident age 65 or older or between ages 18-64 receiving Social Security Title II Disability benefits, income qualified, and required to enroll in a Medicare Part D plan.
- The PAAD co-payment will be $5 for each PAAD covered generic drug prescription and $7 for each PAAD covered brand name drug prescription. PAAD beneficiaries may pay less for generic drugs if their Medicare prescription drug plan charges them less than the $5 PAAD co-payment for generics.
- Apply with NJSave online application: https://nj-dhsas.my.site.com/njsave/quickstart. NJSave helps low-income older adults and individuals with disabilities save money on prescription costs, Medicare premiums, and other living expenses.

Senior Gold Prescription Discount Program (SG)

NJ Department of Human Services, Division of Aging Services
P.O. Box 715, Trenton, NJ 08625 | 1(800)792-9745 | https://www.nj.gov/humanservices/doas/

- State-funded prescription program that helps to make Medicare prescription drug coverage more affordable by reducing any other out-of-pocket costs associated with that coverage, such as deductibles and co-insurance–between ages 18-64 receiving Social Security Title II Disability benefits, income qualified, and required to enroll in a Medicare Part D plan.
- Members pay a copayment of $15 plus 50% of the remaining cost of each Senior Gold covered drug.
- Apply with NJSave online application: https://nj-dhsas.my.site.com/njsave/quickstart. NJSave helps low-income older adults and individuals with disabilities save money on prescription costs, Medicare premiums, and other living expenses.

Extra Help with Medicare Prescription Drug Costs - Low Income Subsidy (LIS) Program

Social Security Administration
190 Middlesex Turnpike, 3rd Floor, Iselin | 1(800)772-1213
https://www.ssa.govmedicare/part-d-extra-help

- Medicare Part D provides drug coverage. Extra Help-LIS is federal program that helps with the cost of your prescription drugs, like deductibles and copays. You can apply for Extra Help any time before or after you enroll in Part D. Must enroll in a Part D plan. Resource and income limits apply. Apply online or in person.

Good Rx Prescription Drug Saving Card

1(855)268-2822 | Goodrx.com

- For residents who do not have prescription coverage. Save 80% on prescription drugs.

PRESCRIPTION ASSISTANCE

ProAct - Prescription Savings Card

1(855)702-7283 | https://www.proactmedsavings.com/proact

- Free to all NJ residents regardless of age, income, or current health coverage. Every Rx medication, including some pet medications, is eligible for a discount. Simply present your savings card at a participating pharmacy when filling a new script. Search for lowest price on your Rx at the nearest participating pharmacy. Option for residents who do not have prescription coverage and/or whose current prescription plan does not cover a particular medication.
- Get your Prescription Savings Card by text, email, printing, or download at https://www.proactmedsavings.com/proact/rx-savings-card, enter your zip code and select your county of residence, then click continue.

SOCIAL SECURITY

Social Security Administration

190 Middlesex Turnpike, 3rd floor, Iselin, NJ 08830

1(800)772-1213 (TTY 1(800)325-0778)

English: www.ssa.gov

Spanish: www.segurosocial.gov

- Most Social Security services are available online by visiting www.ssa.gov. You can:
  - File a claim for retirement, disability, or Medicare benefits Part A and Part B benefits
  - Apply for Extra Help with Medicare Prescription Drugs
  - Check your application status
  - Request a replacement Social Security card (in most areas)
  - Print proof of benefits, such as SSA – 1099 Award Letter
  - Request a replacement Medicare card
  - Change your address, if you receive benefits
  - Change the way you receive information if you are blind or visually impaired.
  - Check your Social Security benefits and earnings statement
  - Explore all of the benefits you may be eligible for at Benefits.gov
  - Set up or change your direct deposit.
  - Make of change an appointment.

Create a *my* Social Security account at: https://ssa.gov/myaccount to obtain access to:

- Get a Social Security 1099 (SSA-1099) form
- Get personalized retirement benefit estimates using the Retirement Calculator
- Check your application status
- Access Representative Payee Portal
- Change your address
- Request a replacement Social Security card
- Set up or change direct deposit
- Review your Social Security Statement

SOCIAL SECURITY

Replacement Social Security Card

- **Online**. Visit https://www.ssa.gov/number-card/replace-card and click "Answer a few questions".
- **Visit a local office**. Complete form SS-5 (https://www.ssa.gov/forms/ss-5.pdf) and bring it to your local office along with unexpired identification. Documents must be original or have a signature, stamp, or raised seal from the issuing agency. **No photocopies accepted.**
    - See required documentation here: https://www.ssa.gov/ssnumber/ss5doc.htm
    - Closest SSA office: 190 Middlesex Turnpike, 3rd floor, Iselin, NJ 08830
- For assistance, call SSA at 1(800)772-1213 or go to your local SSA office.

Social Security Publications

English: https://www.ssa.gov/pubs
Spanish: www.ssa.gov/espanol/publicaciones/

- Find publications on popular topics such as retirement, disability, survivor's benefits, Medicare, and Supplemental Security Income (SSI).

Extra Help with Medicare Prescription Drugs – Plan Costs - Low Income Subsidy (LIS) Program

Social Security Administration
190 Middlesex Turnpike, 3rd Floor, Iselin
1(800)772-1213 | www.ssa.gov | https://www.ssa.gov/medicare/part-d-extra-help

- Medicare Part D provides coverage. Extra Help-LIS is federal program that helps with the cost of your prescription drugs, like deductibles and copays. You can apply for Extra Help any time before or after you enroll in Part D. Must enroll in a Part D plan. Resource and income limits apply. Apply online or in person.

Supplemental Security Income (SSI)

Social Security Administration
1(800)772-1213
https://ssa.gov/ssi

- A monthly benefit paid by Social Security to people with limited income and resources who are 65 years or older, blind and disabled. NOT the same as Social Security retirement and disability benefits. If eligible, may also be eligible for Medicaid medical health insurance. Apply online or in person at Social Security.

SOCIAL SECURITY FRAUD AND IDENTITY THEFT

Securing Today and Tomorrow

The Official Blog of Social Security – Social Security Matters

Visit the official website at: https://www.ssa.gov/blog/en/

DO YOU SUSPECT SOMEONE OF COMMITTING FRAUD, WASTE, OR ABUSE AGAINST SOCIAL SECURITY?

REPORTING FRAUD TO THE SSA OFFICE OF THE INSPECTOR GENERAL IS EASY, SAFE, AND SECURE.

REPORT SOCIAL SECURITY SCAMS
https://oig.ssa.gov/scam-awareness/report-the-scam/

REPORT OTHER SOCIAL SECURITY FRAUD, WASTE, AND ABUSE AT
https://oig.ssa.gov/report/

OTHER WAYS TO REPORT FRAUD

U.S. MAIL:
SOCIAL SECURITY FRAUD HOTLINE
OFFICE OF THE INSPECTOR GENERAL
PO BOX 17785 BALTIMORE, MD 21235

PHONE: 1(800)269-0271
TTY: 1(866)501-2101
FAX: 1(410)597-0118

10:00 A.M. TO 2:00 P.M.
MONDAY TO FRIDAY,
EXCEPT FEDERAL HOLIDAYS

If You Suspect It, REPORT It

Report Fraud to the Office of the Inspector General's (OIG) Fraud Hotline
SSA Fraud Hotline: 1(800)269-0271
https://oig.ssa.gov/report

Criminals continue to impersonate SSA and other government agencies in an attempt to obtain personal information or money. Scammers might call, email, text, write, or message you on social media calming to be the Social Security Administration or the Office of the Inspector General. They might use the name of a person who really works there and might send a picture or attachment as "proof." Social Security employees do contact the public by telephone for business purposes.

Report Identity Theft to the Federal Trade Commission (FTC)
1(877)IDTHEFT (1(877)438-4338)
(TTY 1(866)653-4261)
https://www.identitytheft.gov

IdentityTheft.gov
A federal government one-stop resource for identity theft victims. The site allows you to report identity theft, guides you on how to deal with a data breach, and provides recovery steps.

If you think you have tax issues because someone has stolen your identity, go to https://www.irs.gov/identity-theft-central or call 1(800)908-4490. Identity theft happens when someone uses your personal information without your consent to commit fraud or other crimes; personal information like your name, Social Security, Medicare, or credit card numbers.

SOCIAL SECURITY AND IDENTITY THEFT

For the most current scam updates and to learn how to protect yourself against Social Security Fraud and Scams, visit: https://www.ssa.gov/scam/

OIG Warning: SSA Provides New and Replacement Social Security Cards for FREE!

The Social Security Administration (SSA) Office of the Inspector General (OIG) is reminding the public that they DO NOT have to pay for Social Security card-related services.

There are numerous online websites that offer Social Security card-related services for a fee. You ARE NOT required to use one of these services for your Social Security card-related needs.

Whether you are applying for a Social Security card for the first time for a child or yourself, because of a name change, or because you lost your card, the Social Security Administration will help you get your new or replacement Social Security card for FREE.

Consider creating your own personal my Social Security account at ssa.gov/myaccount. Depending on your situation, you may be able to apply for a replacement card online. Visit SSA's official website (ssa.gov/number-card) to learn more about managing your Social Security number, or call SSA at 1(800)772-1213.

OIG Warning: SSA Office of the Inspector General Warns Public of Surge in Fraudulent Social Security Statement Emails

The Social Security Administration (SSA) Office of the Inspector General (OIG) is warning the public about a significant increase in government imposter scam emails that falsely claim to provide access to a recipient's Social Security statement. Clicking links within the email may lead to identity theft, financial loss, or compromised data.

"We are seeing a sharp increase in fraudulent emails designed to look like official Social Security Administration communications," said Michelle L. Anderson, Assistant Inspector General for Audit as First Assistant. "These messages are not from Social Security. Anyone who receives one should delete it immediately and report it."

Official SSA communications originate from email addresses ending in ".gov." These scam emails are designed to appear legitimate and often use official-looking language, logos, colors, and formatting to mislead recipients into clicking links or downloading attachments. Once clicked, the links may install malware or direct victims to fake websites intended to steal personal and financial information.

These emails are not from the Social Security Administration.

TYPE Don't Tap! To access my Social Security account, **type** in ssa.gov/myaccount.

SOCIAL SECURITY AND IDENTITY THEFT

OIG Warning: Unexpected Letter, Text, or Email from the Social Security Administration Office of Inspector General? Think Scam First

The Office of the Inspector General (OIG) for the Social Security Administration is warning the public about a new government imposter scam. Victims receive an email with the subject line "Alert: Social Security Account Issues Detected," containing an official-looking attachment on fake SSA OIG letterhead titled, "SUSPENSION OF SOCIAL SECURITY NUMBER DUE TO CRIMINAL ACTIVITIES." This high-pressure scam claims the recipient's Social Security number will be suspended within 24 hours and their case referred for criminal prosecution, listing several charges. The attachment is stamped "Official Document" and "Official Government Communication," urging recipients to immediately contact the OIG using the provided number. Be aware! It's a scam!

If you call the number, a scammer may answer as the "Social Security Administration Office of the Inspector General," or an automated message may prompt you to send a text. The scammer impersonates an SSA employee and may use a real employee's name to request personal information.

"The SSA Office of the Inspector General will never send letters like this," stated Michelle L. Anderson, Acting Inspector General. "Scammers continue to exploit fear and confusion by using official-looking letters and real SSA employee names to threaten you and convince you they're legitimate so that you will respond and provide them with your personal information and money. If you get an unexpected call, text, email, letter, or social media message from SSA OIG or any government agency, pause and think scam first. The person contacting you may not be who they claim to be."

Real Social Security Employees Will Not:

- Tell you that your Social Security number has been suspended.
- Contact you to demand an immediate payment.
- Ask you for credit or debit card numbers over the phone.
- Require a specific means of debt repayment, like a prepaid debit card, a retail gift card, or cash.
- Demand that you pay a Social Security debt without the ability to appeal the amount you owe.
- Promise a Social Security benefit approval, or increase, in exchange for information or money.

Four Basic Signs of a Scam

Recognizing the signs of a scam gives you the power to ignore criminals and report the scam. Scams come in many varieties, but they all work the same way:

1. Scammers **pretend** to be from an agency or organization you know to gain your trust.
2. Scammers say there is a **problem** or a prize.
3. Scammers **pressure** you to act immediately.
4. Scammers tell you to **pay** in a specific way.

SOCIAL SECURITY AND IDENTITY THEFT

If you receive a suspicious call or are unsure of the identity of someone who claims to be from Social Security:

- **Hang** up.
- **Don't** believe them
- **Don't** trust your caller ID
- **Don't** give them money
- **Don't** give them personal information
- Report the scam to the Office of the Inspector General at **https://oig.ssa.gov**

SCAM ALERT

Watch out! Scammers target everyone.

Recognize scammers. They may:

- **PRETEND** to be from an agency or organization you know.
- Say there's a **PROBLEM** or promise a prize.
- **PRESSURE** you to act immediately.
- Tell you to **PAY** in a specific way.



Do not give scammers money or personal information – Ignore them!

How to avoid a scam:

- **Remain calm.** Talk to someone you trust.
- **Hang up or ignore** the message. **DO NOT** click on links or attachments.
- **Protect your money.** Criminals will insist that you pay in a hard-to-trace manner, such as with a gift card, prepaid debit card, cryptocurrency, wire transfer, money transfer, or by mailing cash.
- **Protect your personal information.** Be skeptical of a contact you didn't initiate.
- **Spread the word.** Share your knowledge of Social Security-related scams. Post on social media using the hashtag #SlamtheScam to share your experience and warn others. Visit **ssa.gov/scam** for more information. Please also share with your friends and family.

Social Security Administration
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TELEPHONE AND INTERNET ASSISTANCE

Communication is essential, especially for maintaining strong family relationships and staying connected to the world around us. For older adults, access to reliable phone and internet services supports regular contact with loved ones, healthcare providers, and community resources. Staying connected can reduce isolation, improve emotional well-being, and enhance overall quality of life. Access to these tools helps older adults remain informed, engaged, and independent.

Safelink Wireless
1(800) SafeLink (1(800)723-3546)
https://www.safelinkwireless.com

- A federal Lifeline-supported government benefit program provided by Tracfone Wireless Inc., a Verizon company. Eligible consumers can **use your own smartphone unlimited talk & text, 10GB of data**. There are no contracts, no monthly charges or bills. Residents of shelters and nursing homes can apply. Benefit limited to one per household.

Assurance Wireless
1(888)321-5880
https://www.assurancewireless.com

- Assurance Wireless is a federal Lifeline Assistance program. Assurance Wireless provides eligible consumers with free monthly 10 GB High-Speed Data, unlimited talk & text on the T-Mobile network. Two options when it comes to choosing a phone. You can Bring Your Own Phone and we'll check to see if it's compatible with our network. Or you can choose to purchase a low-cost phone starting at $25 plus tax, compatible with the Assurance Wireless network. One wireless or wireline account per household. Residents of shelters and nursing homes can apply.

Lifeline Program
https://www.lifelinesupport.org
1(800)234-9473

- A Federal Communications Commission (FCC) program that provides monthly phone or internet service discount for qualifying low-income consumers and participation in federal assistance programs: Supplemental Nutrition Assistance Program (SNAP), Medicaid, Supplemental Security Income (SSI), Veteran pension/survivors benefit, Federal Public Housing Assistance, or Tribal Assistance Programs. Verizon offers Lifeline plans for home service and Administered by USAC. One discount per household.
- To apply visit Lifeline National Verifier at https://nv.fcc.gov/lifeline

TRANSPORTATION

Middlesex County RIDE

Middlesex County Department of Transportation
97 Apple Orchard Lane, North Brunswick, NJ 08902
1(800)221-3520 | (732)745-7456
www.middlesexcountynj.gov | search: ride

- Reservation based, curb-to-curb transportation service for persons 60 years of age and older and to persons with disabilities age 18 years and older. Shared ride with other passengers within Middlesex County and 5 miles outside of County in NJ. Based on availability. Vehicle operators not permitted to assist passengers beyond the curb. Dialysis transportation provided to Middlesex County locations only. Ticket discounts for individuals on PAAD – Pharmaceutical Assistance Program.

Access Link-ADA Paratransit

NJ Transit
(973)491-4224
www.njtransit.com | accesslink.njtransit.com

- Transportation available to senior citizens and disabled unable to use the NJ Transit bus or light rail system. Available weekends and holidays. To apply, call NJ Transit to schedule telephone appointment. Applicant's doctor to fax NJTransit letter indicating diagnosis and how diagnosis prevents person from using local bus service.
- Once approved, to make a reservation create an account online at accesslink.njtansit.com or use the Access Link mobile app on IOS or Android.

New Jersey Travel Independence Program @ Rutgers (NJTIP)

Rutgers, The State University of New Jersey
Alan M. Voorhees Transportation Center
Phone: 1(848)932-4499
Email: njtip_info@njtip.rutgers.edu
https://vtc.rutgers.edu/njtip/

- To increase independence and self-sufficiency of people with disabilities, older adults, and others by empowering them to use the public transit system safely and independently on the bus, train, light rail, county and private systems. Learn to read bus/train schedules, plan trips/fares, and safety precautions to go to work, school and medical appointments and to visit family and friends. Travel Instruction Services: One-on-One instruction, Group instruction, Connect-to-Transit Seminars and In-School Travel Instruction. Call phone number above for more information or to register.

TRANSPORTATION

EZRYDE4Life

EZ Ride
144 Park Place East, Woodridge, NJ 07075
(201)939-4242
https://ezride.org/transportation/ezryde4life/

- On demand transportation for adults 18 years or older in partnership with transportation network companies (TNCs) like Lyft and Uber throughout New Jersey. Membership-based program available to NJ residents only. Riders fill out a registration form and establish a transportation account using a credit or debit card.
- All you need is a cell phone to call (201)939-4242 Option 4 and speak to an EZ Ride Operator to request a ride from 8AM-8PM Monday-Friday and Saturday from 8AM-5PM. Rides are provided in real time with no advance reservations.
- Fees/charges collected in advance from credit/debit card by charging $50 to fund your account; fees are deducted from available balance, and additional money will be debited from your card when account balance drops to $25.
- To register, call 1(201)939-4242 or visit https://ezride.org/transportation/ezryde4life/ to register online or print a registration form and mail to: EZ Ride, 144 Park Place East, Wood-Ridge, NJ 07075.

Modivcare

1(866)527-9933 | https://member.modivcare.com/en/login

- Only eligible if you have NJFamilyCare, you can request a ride from Modivcare for non-emergency medical appointments throughout New Jersey.

VETERAN SERVICES

New Jersey Department of Military Affairs

101 Eggerts Crossing Road, Lawrenceville, NJ 08648 | https://www.nj.gov/dma/

- Links veterans to resources such as NJVet2Vet, Vet4Warriors, Bringing Veterans Home, Save NJ Vets, and more.
- Offers the New Jersey National Guard Family Programs which promotes self-reliance and resiliency in service members, their Families and volunteers by preparing, assisting and supporting them for the obligations of both State and Federal duty due to military service.

New Jersey Department of Veterans Affairs (NJDVA)

101 Eggerts Crossing Road, Lawrenceville, NJ 08648
Main Number: (609)530-6892 | Benefits Hotline: 1(888)8NJ-VETS (1(888)865-8387)
https://www.nj.gov/dva/

- The New Jersey Department of Veterans Affairs is the principal department responsible for the delivery of state-provided veterans' benefits, programs, and services.
- The DVA's mission is to deliver exceptional services, support, and advocacy for Garden State Veterans, families, caregivers, and survivors.
- *New Jersey Veterans Benefit Guide Booklet:* https://www.nj.gov/dva/assets/documents/NJ%20Veterans%20Benefits%20Guide.pdf

Middlesex County Veteran Service Program

75 Bayard Street, 2nd floor, New Brunswick, NJ 08901
(732)745-4051 | http://www.middlesexcountynj.gov search: veterans services

- Assists Veterans and dependents in preparing claims for benefits or privileges to which they may be entitled as administered by the US Department of Veteran Affairs.

Middlesex County Veteran Service Card

Middlesex County Clerk, 75 Bayard Street, New Brunswick 08901
(732)745-3827 | http://www.middlesexcountynj.gov search: veterans services

- Courtesy service card to all veterans in acknowledgment of service rendered to the United States of America.

Veterans Administration New Jersey Health Care System

https://www.va.gov/new-jersey-health-care/

- Provides in- and out-patient medical, psychiatric, and rehabilitation services at different locations.
  - ***East Orange VA Medical Center*** 385 Tremont Avenue, East Orange, NJ 07018 (973)676-1000
  - ***Lyons Outpatient VA Medical Center*** 151 Knollcroft Road, Lyons, NJ 07939 (908)647-0180
  - ***Piscataway VA Clinic*** 14 Wills Way, Building #5, Piscataway, NJ 08854 (732)981-8193 ext. 295481
  - ***For more locations visit:*** https://www.va.gov/new-jersey-health-care/locations/

Apply for VA Health Benefits

https://www.va.gov/health-care/apply/application

- By phone: 1(877)222-8387
- Online: https://www.va.gov/health-care/apply-for-health-care-form-10-10ez/introduction
- In person: Complete the VA Form 10-10EZ (https://www.va.gov/forms/10-10ez/) and go submit to your nearest VA medical center or clinic

VETERAN SERVICES

My HealtheVet

1(877)327-0022 | https://www.va.gov/health-care/manage-health/

- A secure website for veterans to manage their health care, schedule appointments online, refill prescription, view health records.

VA Health Connect

1(800)877-6976 | https://www.va.gov/initiatives/va-health-connect/

VA Mental Health Care: (973)676-1000 ext. 201485

- VA Health Connect allows you to get your health care concerns answered at your convenience and if necessary be seen virtually by a VA provider.
- Call to: Talk to a provider, ask questions about medications, Refill medications, address mental health concerns, receive lab test results, Schedule, verify, or reschedule appointments, get assistance with referrals, and receive patient education.
- A VA provider will review your medical records, give advice and treatment options, and follow up with your health care team.

Newark Veterans Affairs Regional Benefit Office

20 Washington Place, Newark, NJ 07102

1(800)827-1000

- Administers a variety of services, including Compensation, Education, Insurance, Loan Guaranty, Pension, and Veteran Readiness and Employment for Veterans, Service members, their families and survivors in New Jersey.
- Additional Services: Counseling about eligibility for VA benefits and how to apply, Information about VA health care and memorial benefits, Outreach to Veterans, including those who are homeless or at risk for homelessness and older, minority, and women Veterans and Public affairs.

Apply for VA Pension and Survivors Pension

Online: https://www.va.gov/pension/application/527EZ/introduction

Over the phone assistance: 1(800)827-1000

VA Aid & Attendance Benefits/ Housebound Allowance as a Veteran or Surviving Spouse

Middlesex County Veteran Services

(732)745-4051 | https://www.va.gov/pension/aid-attendance-housebound

- VA Aid and Attendance or Housebound benefits provide monthly payments added to the amount of a monthly VA pension for qualified Veterans and survivors.
- Available for veterans need assistance with activities of daily living, like bathing, feeding, and dressing; or a veteran who is housebound; the veteran spends a large portion of day in bed due to illness, or the veteran is a patient in a nursing home due to loss of mental or physical abilities related to a disability, or the veterans' eyesight is limited.

Request Military Service Record including DD214

1(866)272-6272 | Email: inquire@nara.gov | https://www.archives.gov/veterans

- Call the National Archives and Records Administration at 1(866)872-6272 or download and print a copy of Form SF-180 to Request Military Service Records.

VETERAN SERVICES

Veteran Memorial Cemetery:
Brigadier General William C. Doyle Veterans Memorial Cemetery
350 Provinceline Road, Wrightstown, NJ 08562
(609)738-2400 | https://www.nj.gov/dva/veterans/services/cemetery/

- Military Honors, Burial Flag, Headstone
- National Cemetery Scheduling Office 1(800)535-1117
  NCA.Scheduling@va.gov | https://www.va.gov/burials-memorials

Menlo Park Veterans Memorial Home
132 Evergreen Road, Edison, NJ 08837
Main Phone: (732)452-4100 | Admissions / Tours: (732)452-4272|
https://www.nj.gov/dva/veterans/memorial-homes/menlo-park/

Hotlines

NJ Veterans Benefits Hotline: 1(888) 865-8387

Veterans Crisis Line: Dial **988**, press 1 | Text 838255

NJ Vet 2 Vet New Jersey: 1(866)838-7654
https://www.njvet2vet.com | Email: njvet2vet@ubhc.rutgers.edu

- 24 hour/7day a week peer support helpline to support veterans, their families, and caregivers, NJ National Guard members, active military personnel, statewide. Coordinated by Rutgers University Behavioral Health Care.

Vets4Warriors: 1(855)838-8255
www.vets4warriors.com

- A military peer-support program staffed by veterans. Supported by the Wounded Warrior Project and housed at Rutgers University Behavioral Healthcare.
- Links veterans and their caregivers to community, state and federal services and supports.

Vet Center Call Center (Readjustment Counseling): 1(877)927-8387

- 24/7 confidential call center where combat Veterans and their families can call to talk about their military experience or any other issue they are facing in their readjustment to civilian life. The staff is comprised of combat Veterans from several eras as well as families' members of combat Veterans.

Homeless Veteran Services

*See Homelessness Prevention in Section 1 of Directory**

VISION

New Jersey State Library Talking Book and Braille Center (TBBC)

1(800)792-8322

https://www.njstatelib.org/talking-book-braille-center/

- The local Public Library is a service center for the TBBC which offers a wide variety of the same kinds of informational and recreational books that are available in an active public library. Braille newspapers and magazines, talking books, records and cassettes on loan, as well as the use of a machine to play them, are available to registrants with disabilities. Contact the Main Library for further information or call TBBC directly.

The NJ Commission for the Blind and Visually Impaired (CBVI)

(732)308-4001 | https://www.state.nj.us/humanservices/cbvi/home/

- This agency works to provide and/or ensure access to services that will enable people who are blind or visually impaired to obtain their fullest measure of self-reliance and improved quality of life.
- Offers **independent living training** designed to help people of any age who are blind or visually impaired gain the skills of daily living needed to lead a full and productive life. Through a joint partnership between the blind or visually impaired individual and the instructors, an assessment, and plan of instruction is developed. Areas of instruction include, rehabilitation teaching, orientation and mobility, eye health education, and low vision.
  There are specific programs that are geared to seniors age 55 and older.
- **Senior Hands-On Retreat Experience (SHORE)** is a retreat program for 55 and *better*, blind or visually impaired CBVI participants. Takes place in NJ Shore community. Participants will obtain information and skills in: independent living, coping with vision loss, assistive technology, self-advocacy, health and wellness, orientation and mobility, leisure activities and confidence building.
- **Assistive Support Programs for Independence Renewal and Education (ASPIRE)** is a statewide network of peer support groups designed to provided individuals who are living with vision loss the opportunity to gain necessary coping skills, information and education needed to thrive.
- **Assistive technology includes:** Medication dispensers that provide audible medication reminders, writing guides to help write a check, a device that can identify color, a watch that announces the time, a talking audible device that can read certain grocery store labels, kitchen safety, meal preparation as well as recreation and leisure activities are also taught in the home.
- **Eye Health** Project BEST "Better Eye-Health Services and Treatment provides adult vision screenings (three locations in Middlesex County) and special diabetic detection. Project BEST also provides follow-up services to individuals who need further eye evaluations or eye care services, and who have no health insurance, and do not qualify for other state programs.

Eye Care America Program

655 Beach Street, PO Box 429098 San Francisco, CA 94142-9098

1(877)887-6327 | www.eyecareamerica.org | Email: eyecareamerica@aao.org

- The Seniors Program connects eligible seniors 65 and older with local volunteer ophthalmologists who provide medical eye exams often at no out-of-pocket costs and up to 1 year follow up care for conditions diagnosed during initial exams.

VISION

ScriptAbility
En-Vision America
825 4th Street W, Palmetto FL 34221
1(800)890-1180 or 1(309)452-3088 | www.envisionamerica.com/scriptability | scriptability.com

- ***ScriptAbility*** is a suite of products designed to help pharmacists meet the needs of their blind, visually impaired, print impaired patients or those patients who speak English as a Second Language. It is one system offering multiple solutions: Talking Prescription Labels, Large Print Labels, Dual Language Labels, Controlled Substance Safety Labels and Braille Labels.

  ScripTalk Talking Labels
  - All medication information is programmed by your pharmacist into a small electronic tag that fits on any size or shape containers. This prescription information can be read out loud with a FREE ScripTalk iPhone or Android App or a ScripTalk Station (similar in size to an old, portable CD player).

  ScriptView Extended Content Labels
  - Is the print on your prescription medication hard to read? ScriptView presents three different labeling options to assist you with your medication safety.
    - **Large Print Labels:** Your pharmacist attaches a large print, booklet-style label to your medication.
    - **Dual Language Labels:** Your pharmacist attaches a booklet style label that features an easy-to-read font and includes prescription information in both English and a second language. There are 25 languages available to choose from.
    - **CSSL:** Controlled Substance Safety Labels are attached to your prescription in a booklet-style form that clearly identifies the medication as a controlled substance and provides a link to a safety video to help ensure compliance and adherence.

  BrailleRx Braille Labels
  - A clear, Braille overlay is added on top of your existing prescription medication label. It features the label information in Grade 2 Braille. These labels let you quickly gather important information about your prescription, including: Patient Name, Drug Name and Instructions.

- **To find a participating ScriptAbility pharmacy near you, visit:**
  https://www.envisionamerica.com/participating-pharmacies or call 1(800) 890-1180.

VISITING MEDICAL SERVICES

Visiting Physician Services' (Parker Advanced Institute at VNA Health Group)
23 Main Street, Suite D1, Holmdel, NJ 07733
(732)571-1000 | Email: info@visiting-physician.com | vnahg.org/visiting-physicians-services/

- Visiting Physician specializes in treating adult and geriatric homebound patients. House calls are made to private residences, senior housing buildings and assisted living facilities.
- Comprehensive home health care ranges from treating minor ailments to serious, chronic illnesses as well as diagnostic testing like bloodwork and x-rays.
- To make an appointment call (732)571-1000, email info@visiting-physician.com or complete the "contact us" form here: https://vnahg.org/scheduling-an-appointment/

Rutgers Health Home Visit Service
1(888)784-5773 | (732)235-5801
https://patientcare.rutgershealth.org/services/

- Provide primary care ranging from the routine physical to care of multiple complex and serious conditions, like congestive heart failure, chronic obstructive pulmonary disease (COPD), dementia, and Parkinson's disease.
- Services include: Medical examinations, X-rays, EKGs (electrocardiograms), blood tests, urinalysis and ultrasounds
- The Home Visit Service works closely with area nursing agencies, therapists, social workers, podiatrists, and dentists to provide comprehensive care that includes managing medications, wound care, hospice care, and hospital follow-up.

Clare Medical (Through Ennoble Care)
137 High Street, Suite 2A, Mount Holly, NJ 08060
(609)474-0120 | (973)241-1356 | contact@getclare.com | www.getclare.com

- Provides comprehensive in-home medical care allowing patients to age in place.
- Services include: Primary Care, Annual Wellness Exams, Remote Patient Monitoring, Chronic Care Management, Behavioral Health Counseling, Telehealth, Post-Hospital and Skilled Nursing Discharge Visits, Medication Management, In-Home Diagnostic and Lab Services, Optometry, Fully HIPPA Compliant Patient Portal, and Coordination with All Other Healthcare Providers.
- Can coordinate: Laboratory services (blood draws), Heart monitoring and EKG testing, Home health services, On-site x-ray and ultrasound services, Post hospital discharge monitoring.

IMPORTANT PHONE NUMBERS

Town Hall: (732)634-4500

Tax Office: (732)602-6010

Department of Senior Services: (732)726-2368

Woodbridge Health Department: (732)855-0600

Non-emergency Police: (732)634-7700

Division on Aging: (732)726-6262

Evergreen Senior Center: (732)726-6261

Five Branches Senior Center: (732)726-6276

Hickory Senior Center: (732)726-6285

Maple Tree Senior Center: (732)259-0910

Oak Tree Senior Center: (732)259-2008

Sycamore Senior Center: (732)726-6272

Senior Transportation of Woodbridge (STOW): (732)726-2394

Meals on Wheels: (732)634-4141

Medicare: 1(800)633-4227

NJ 211

NORWESCAP: (908)454-7000

Suicide and Crisis Hotline: 988

PRAB: (732)832-7535

Public Works: (732)738-1311

Social Security Administration: 1(800)772-1213

The Club at Woodbridge: (732)634-5000

Woodbridge Community Center (WCC): (732)596-4000

Woodbridge Public Library: (732)634-4450

Woodbridge Housing Authority: (732)634-2750

DISCLAIMER: This directory is intended as a resource for information and assistance. Details are subject to change; please confirm directly with providers. Listings do not imply endorsement.

Revised 4/2026

NOTES

Woodbridge Township Senior Services Directory

John E. McCormac, *Mayor*

Michele Morgan, MSW,
Director of Senior Services

Mayor's Social Media Contact Information

Facebook: Mayor John E. McCormac

Instagram: MayorJohnEMcCormac Town

Website: www.twp.woodbridge.nj.us

Woodbridge Music Website: www.woodbridgenjmusic.com

Woodbridge Television You Tube: WoodbridgeTV