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Muscle Groups Focus





Elliptical Trainer

An outdoor version of the best-known indoor cardio machine is now available from BeStrong. The elliptical trainer is an excellent cardio and endurance training tool. The elliptical trainer is an easy way to strengthen the trunk, buttocks and thigh muscles without putting strain on the user's joints and is therefore highly recommended for all ages.

Attributes

Product code	1-1-300
Certificate	EN 16630
Age group	14 + years
Capacity	1 person
Max. weight load	130 kg
Туре	Recreational
Difficulty level	Easy





Side View



Stop Retron

Installation information

Number of installers (concrete)	At least 2 people
Total installation time (concrete)	80-140 min.
Number of installers (equipment)	At least 2 people
Total installation time (equipment)	60-90 min.
Excavation volume	1.15 m ³
Concrete volume	1.15 m ³
Size of the base structure	0,8 x 1,8 x 0,8 m
Anchoring options In combined structures, the volume of concrete required v	Surface mounted aries.

Technical specification

Safety surfice area	Around 1,5 n
Net weight	
Material	S2
Critic fall height	5
Color options	
For more color options, discuss with your sales repres	

Warranty

5-10 years 2 years 5-10 years 1-3 years
2 years

Plan View

Material specification





The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.



The footrests are made of premium quality non-slip HDPE with a high wear resistance.



The device is equipped with an ergonomic non-slip HDPE phone holder for convenience.



At the end of the arms, the handle is rubber-coated for a more comfortable and secure grip.





