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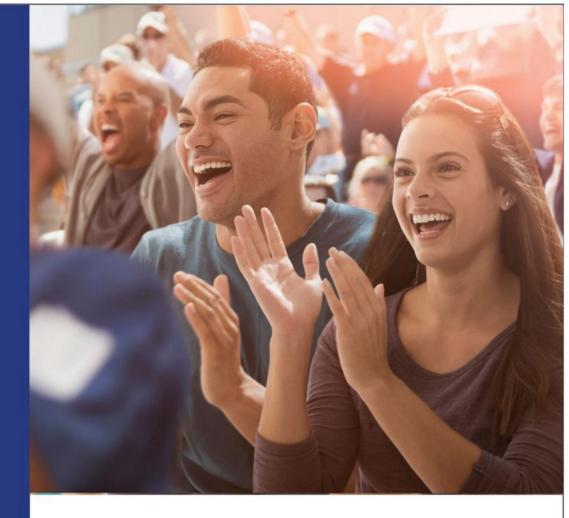
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Welcome from NMAA Executive Director



Sally Marquez NMAA Executive Director

It is funny how certain seemingly insignificant moments in our lives come rushing back to us from time to time. As I sat down to craft this letter, I remembered my high school days, sitting in History class, learning about the Spanish Flu. My teacher for that class was a coach, so I, of course, was deeply engaged and sitting in the front row. I can vividly remember him bringing in a mask to demonstrate how society lived and managed during that time and the measures they took to stay safe. It was the first time I had ever heard the word "pandemic."

Honestly, those memories were washed into the far corners of my mind, as they likely were for most of my classmates, as we considered it history and not something that would have any relevance in our lives. Fast forward over 40 years and the voice of my teacher and his lessons of the Spanish Flu have come back to me, as though my days in his class were just yesterday.

I had always wanted to be an educator. My teachers and coaches became my role models, so knowing what I wanted to study in college came at an early age. As educators, we are taught how to manage a classroom, how to deliver the curriculum in several different manners, how to write lesson plans, and how to communicate with our students. As administrators, we are taught how to evaluate teachers, how to ensure we are following both Federal and State standards, how to manage a budget, and how to

communicate with parents, the community and any other parties within our reach.

Of all of the lessons we were taught and the tools in our proverbial toolboxes, we were never taught how to handle a pandemic! We may have learned about crisis management or how to deal with stressful situations in our classrooms and our schools, but the management of a pandemic was never a lesson taught to or learned by any of us.

However, through our education, experiences, and backgrounds, we learned how to see the light through darkness and how to find the silver lining in the gloomiest and most dismal looking clouds.

"I will love the light for it shows me the way, yet I will endure the darkness for it shows me the stars." - Og Mandino

We learned how to endure difficult, treacherous and uncertain times.

"I ask not for a lighter burden, but for broader shoulders." - Jewish Proverb

We learned how to find success in the midst of our most challenging adversities.

"Tough times never last, but tough people do."- Robert Schuller

Most of all, we learned how to achieve, no matter the circumstances.

"Things turn out the best for the people who make the best of the way things turn out." - John Wooden

We are all in this together. The membership of the NMAA will persevere and overcome, fueled by the knowledge that what we do matters and is important to the students we serve and to the communities from every part of the Land of Enchantment. Our country endured and overcame the 1918 Pandemic, and we, too, will persist and reemerge from the 2020 pandemic stronger than we were before.

"I learned there are troubles of more than one kind. Some come from ahead, others come from behind. But I've bought a big bat. I'm all ready, you see. Now my troubles are going to have trouble with me." – Dr. Seuss

Let us all carry an attitude of positivity and success forward knowing that how we handle today will affect future generations.

Sally Marquez

Sally Marquez Executive Director





NMA

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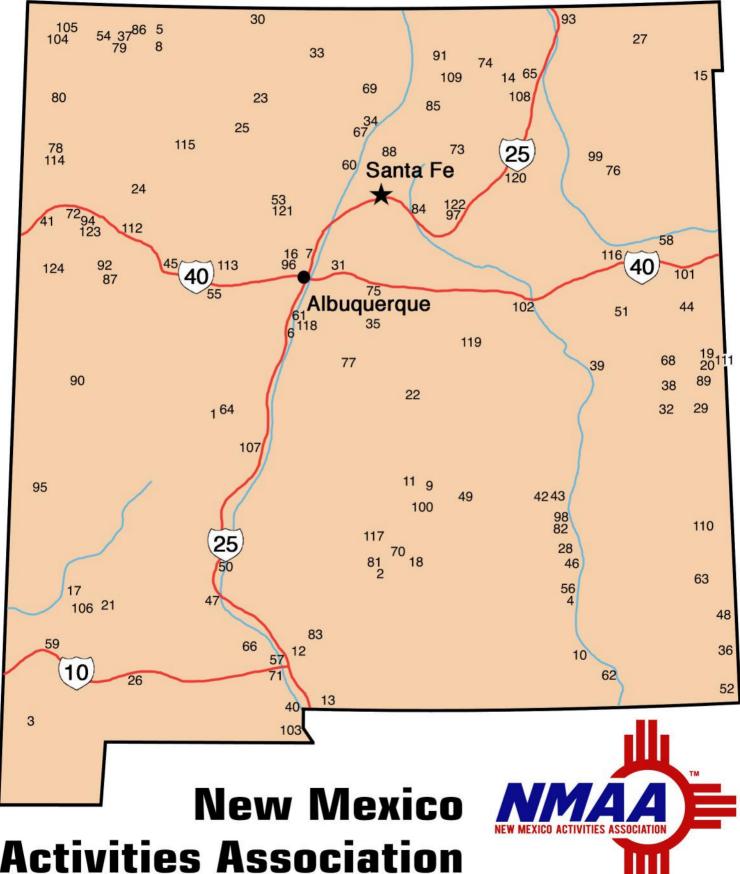
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Santa Fe Area

Academy for Technology and the Classics Capital Monte Del Sol NM School for the Deaf Santa Fe Santa Fe Indian School Santa Fe Prep Santa Fe Waldorf St. Michael's Tierra Encantada

- 1 Alamo Navajo
- 2 Alamogordo
- 3 Animas
- 4 Artesia
- 5 Aztec
- 6 Belen
- 7 Bernalillo
- 8 Bloomfield
- 9 Capitan
- 10 Carlsbad
- 11 Carrizozo
- 12 Centennial
- 13 Chaparral
- 14 Cimarron
- 15 Clayton
- 16 Cleveland
- 17 Cliff
- 18 Cloudcroft
- 19 Clovis
- 20 Clovis Christian

21 Cobre 22 Corona 23 Coronado 24 Crownpoint 25 Cuba 26 Demina 27 Des Moines 28 Dexter 29 Dora 30 Dulce 31 East Mountain 32 Elida 33 Escalante 34 Española Valley 35 Estancia 36 Eunice 37 Farmington 38 Floyd 39 Fort Sumner 40 Gadsden 41 Gallup 42 Gateway Christian 43 Goddard 44 Grady 45 Grants 46 Hagerman Hatch Valley 47 48 Hobbs Hondo Valley 49 50 Hot Springs 51 House 52 Jal 53 Jemez Valley 54 **Kirtland Central** 55 Laguna Acoma 56 Lake Arthur 57 Las Cruces 58 Logan 59 Lordsburg 60 Los Alamos 61 Los Lunas 62 Loving 63 Lovinaton 64 Magdalena 65 Maxwell 66 Mayfield 67 McCurdy Charter 68 Melrose 69 Mesa Vista 70 Mescalero Apache 71 Mesilla Valley Christian 72 Miyamura 73 Mora 74 Moreno Valley 75 Moriarty

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81 NM School for the Blind/Visually Impaired

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- 114 Tohatchi
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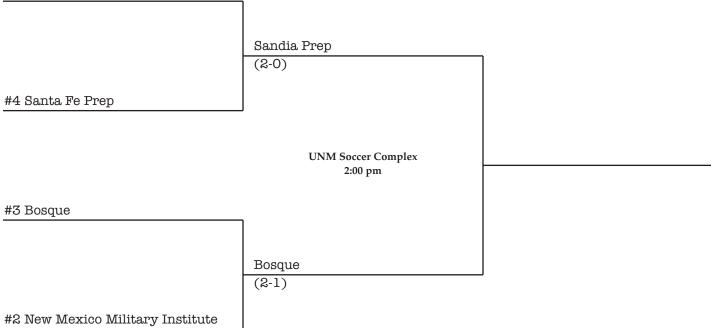




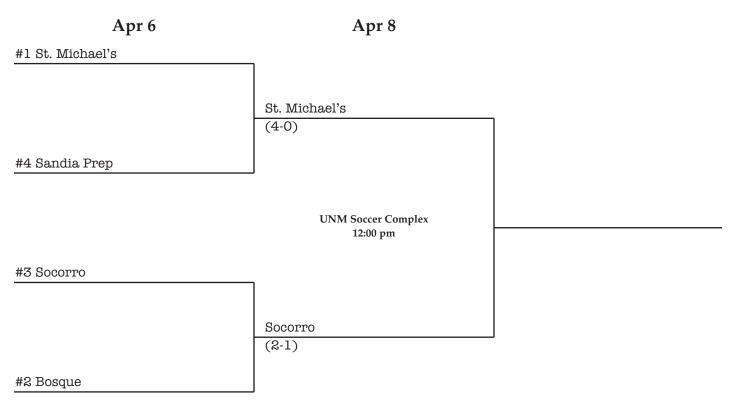
Apr 6

Apr 8

#1 Sandia Prep



A-3A Girls State Championship Bracket





| No. | Bosque Bobcats | I | | NMMI Colts | |
|---|--|--|--|--|---|
| 1 5 7 8 9 10 11 12 13 14 15 16 17 19 20 25 26 | Player Myles Launer Alex Simmons Emiliano Gomez Sam Shiller Evan Fort Cristian Fontana Elijah Mann Jacob Shiller Brody Prochnow Noah Shaulis Levi Lewis Mica Saville Freddie Ford Paolo Vela Davis Moran Ezra Duree Gabe Yoder Luc Carbonneau Coach: Jorge Vela | Yr. Fr. Fr. Jr. Sr. Jr. So. Sth Fr. Jr. Fr. Jr. So. Jr. | No. 0 1 2 3 4 6 7 8 9 10 11 12 15 16 17 18 19 21 22 23 24 25 Head | Player Deigo Monteverde Allen Varela William Castedo Saged Elsawi Alejandro Barcenas Diego Mata Jose Padilla Ruben Gonzalez Daniel Verdin Jose Donnadieu John Zimmerman Andres Moreno Luis Medina Jonathan Cuellar Aryan Armendariz Colton Felmar Bernardo Menchaca Alexander Laporte Diego Villalobos Ben Zimmerman Jesse Claney Oscar Corral | Yr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. |
| | | | пеац | Coach. John Barbour | |
| | Sandia Prep Sundevils | | | Santa Fe Prep Griffins | |
| No. 2 | Player | Yr. | No. | Player | Yr. |

Head Coach: Hersch Wilson



| Basque BobcatsNo.Player2Bella Brennan3Abigail Unruh4Abby Schneider6Claire Patterson7Zoë Kadlec9Lillie Lawrence10Aviva Elliott11Ophelia Ruddle12Miquela Karnas15Raila Jaffer17Alison Unruh18Kiera Thomas29Campbell Pacheco20Bella Cortez21Jordyn Brown | Yr. J.S.S.8 F.F.S.F.R.H.J.S.G.F.S.S.S.R.H.J.S.S.R.H.S.S.R.A.S.S.R.H.S.S.R.A.S.S.R.A.S.S.R.A.S.S.R.A.S.A.S.A | St. Michael's HorsemenNo.Player1Milena Keene3Cameren Gantt4Tara Schneidert5Frances Schneider6Elsa Ranney Smith8Gabrielle Farrah10Olivia Farrah13Rachel Morgan14Jada Lujan15Lauryn Pecos16Jacquelin Gorman18Farrah Baker20Grace Sandoval21Cassie Gravel22Eliana Lovato24Claire Patten30Logan Hunt | Yr. Jr. Fr. Sr. Fr. Sor. Sr. Fr. So. So. So. Sr. H. J. So. So. Sth. Jr. So. |
|--|--|---|--|
| Sanctian Prep SundevilsNo.Player1Kiran Hill2Alannah Davidson3Moorea Medina3Kiera Ortiz4Maddie Hashagen5Mimi Assed6Lauryn Biddle7Charlotte Clark-Slakey8Shawntel Jaramillo9Sidney Harenberg10Ava Forrester11Samantha Jeffries12Alex Mason13Austin Tackman15Avery Cordero16Maria Merritt18Jacqueline Rodriguez19Georgia Williams20Ellie Cook21Mika Juan22Cree Kennedy23Isa Gilbert24Isabella Abeyta-Jefferson26Skyler Gee20Zoe Crouch21Carmela DuranSydney HarenbergKennedy HusligCharlotte SlakeyAudrey Wilkening | Yr. So. So. Sr. | Socorro WarriorsNo.Player1Mia Tenorio4Faith Lucero9Michelle Prieto10Thalia Acosta11Lola Apodaca12Elise Madril15Aurra Kendall16Karma Trujillo17Karen Leon18Bryanda Leon19Alex Olguin20Alana Romero21Abrianna Romero22Katia Prieto23Kilee Mounyo24Shaydan Castillo25Jasmine Carothers28Aryanni Ochoa30Marae Angel31Jada Castillo88/GKChailynn AmaroHead Coach: Michael Olguin, Jr | Yr. Jr. F. Sr. H. J. Jr. S. S. F. Jr. J. Jr. S. |

Head Coach: Matthew Westerlund

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MOST OVERALL TITLES (TEAM)

| 18 | Sandia Prep | 2018, 2013, 2012, 2011, 2010, 2006, 2005, 2004, 2003, 2002, 2001, 1993, 1992, 1990, *1989, 1988, 1987, 1985 |
|----|--------------|---|
| 17 | St. Pius X | 2008, 2007, 2006, 2005, 2004, 2003, 2002, *2000, *1999, 1998, 1997, 1996, 1995, 1994, *1993, 1990, 1988 |
| 8 | ABQ. Academy | 2018, 2016, 2015, 2001, *2000, *1999, 1984, 1983 |

- 2018, 2016, 2015, 2001, *2000, *1999, 1984, 1983 ABQ. Academy
- 2016, 2012, 2009, 2008, 2002, 1996, 1984, 1983 8 La Cueva
- 8 Eldorado 2011, 2010, 2006, 2005, 2003, 2001, 2000, 1995
- * = Co-Champions

MOST CONSECUTIVE TITLES (TEAM)

- St. Pius X (1993-2000) 8
- 7 St. Pius X (2002-2008)
- 6 Sandia Prep (2001-2006)
- 4 Sandia Prep (2010-2013)
- 4 Sandia Prep (1987-1990)

MOST OVERALL TITLES (COACH)

- Jorge Tristani Jr., St. Pius X (2006, 2005, 2004, 2003, 2002, *2000, *1999, 1998, 1997, 1996, 1995, 1994, *1993, 1990, 1988) 15
- 11 Tommy Smith, Sandia Prep (2018, 2013, 2012, 2011, 2010, 2006, 2005, 2004, 2003, 2002, 2001)
- 7 Larry Waters, La Cueva/Highland (2008, 2002, 1996, 1994, *1989, 1985, 1981)
- 7 Juan Ramos, Sandia Prep (1993, 1992, 1990, *1989, 1988, 1987, 1985)
- 4 Walt Witkowski, Eldorado (2011, 2010, 2006, 2005)
- 4 Vladi Stanojevic, Eldorado (2003, 2001, 2000, 1995)

| YEAR C | | WINNING TEAM | HEAD COACH | RUNNERUP TEAM | HEAD COACH | SCORE |
|--------|--------|------------------------|-------------------|-----------------------|-------------------|-------|
| | | Albuquerque (21-0) | | | | |
| A | AAA | Los Lunas (19-3-1) | Eraclio Chavez | Los Alamos (17-6) | Ron Blue | 2-1 |
| A | -AAA | St. Michael's (13-9-2) | Michael Feldewert | NMMI (19-2-1) | John Barbour | 1-0 |
| 2018A | AAAA | Cleveland (20-3) | Shaun Gill | Mayfield (16-6-1) | Andy Polanco | 1-0 |
| | | ABQ. Academy (18-4-1) | | | | |
| | | Sandia Prep (15-8) | | | | |
| | | Albuquerque (19-1-1) | | | | |
| A | AAAA | Alamogordo (18-3-2) | Lee Wilder | ABQ. Academy (15-5-3) | Laney Kolek | 2-1 |
| | | Hope Christian (21-2) | | | | |
| 2016A | AAAAA | La Cueva (18-2-1) | Easy Jimenez | Albuquerque (16-3-2) | Lucien Starzynski | 2-0 |
| | | ABQ. Academy (19-3-1) | | | | |
| | | Santa Fe Prep (18-3) | | | | |
| | | Albuquerque (16-4-1) | | | | |
| | | ABQ. Academy (21-1-1) | | | | |
| | | Bosque School (16-3-3) | | | | |
| | | Volcano Vista (13-6-2) | | | | |
| | | Capital (20-2-1) | | | | |
| A | A-AAAA | Santa Fe Prep (19-3-1) | Hersch Wilson | Sandia Prep (16-5-2) | Tommy Smith | 3-2 |
| 2013A | AAAA | Las Cruces (18-5) | Erik Tuchfarber | Volcano Vista (15-6) | Billy Thiebaut | 2-1 |
| A | AAA | Roswell (22-1) | James Vernon | ABQ. Academy (22-2) | Laney Kolek | 1-0 |
| A | A-AAA | Sandia Prep (20-3) | Tommy Smith | Bosque School (19-4) | Klaus Weber | 3-1 |
| | | La Cueva (17-4) | | | | |
| | | Chaparral (20-2) | | | | |
| | | Sandia Prep (17-6) | | | | |
| | | Eldorado (18-3) | | | | |
| | | Frmington (21-2) | | | | |
| | | Sandia Prep (17-6) | | | | |
| 2010A | AAAA | Eldorado (18-3) | Walt Witkowski | Mayfield (18-3) | Art Garibay | 4-2 |
| A | AAA | Los Alamos (14-9) | Evan Gartz | Belen (19-3) | Brian Weems | 4-1 |
| | | Sandia Prep (13-9) | | | | |
| | | La Cueva (20-2) | | | | |
| | | Farmington (19-3) | | | | |
| | | Bosque School (20-3) | | | | |
| | | La Cueva (22-2) | | | | |
| | | St. Pius (21-3) | | | | |
| | | Bosque School (15-8) | | | | |
| | | Las Cruces (19-4) | | | | |
| | | St. Pius (19-3) | | | | |
| | | Hope Christian (20-4) | | | | |
| 2006A | AAAA | Eldorado (19-4) | Walt Witowski | Sandia (17-6) | Ron Allen | 2-1 |

NMA Boys Soccer State Champions

| | | WINNING TEAM St. Pius (20-3) | HEAD COACH | RUNNERUP TEAM | HEAD COACH | SCORE |
|------|---------------|---|--------------------|--|------------------|-------------|
| | | St. Plus (20-3) Sandia Prep (19-4) | | | | |
| | | | | | | |
| | | Eldorado (20-4) | | | | |
| | | St. Pius X (22-2) | | | | |
| | | Sandia Prep (24-0) | | | | |
| | | Las Cruces (18-4) | | | | |
| | | St. Pius X (16-6-1) | | | | |
| | | Sandia Prep (21-2) | | | | |
| | | Eldorado (19-3) | | | | |
| | | St. Pius X (19-4) | | | | |
| | | Sandia Prep (18-4-1) | | | | |
| | | La Cueva (23-2) | | | | |
| | | St. Pius X (24-1) | | | | |
| | | Sandia Prep (21-5) | | | | |
| | | Eldorado (25-0) | | | | |
| | | ABQ. Academy (20-3) | | | | |
| | | Sandia Prep (21-5) | | | | |
| | | Eldorado (18-4) | | | | |
| | AAAA (TIE) | ABQ. Academy (13-5-3) | Matt Ross | St. Pius X (20-2-1) | Jorge Tristani | 0-0 |
| | A-AAA | Santa Teresa (17-1-2) | Josie Francis | Sandia Prep (12-9-2) | Tommy Smith | 8-1 |
| 1999 | | Manzano (19-2-1) | Eric Boac | Sandia (21-1) | Ron Allen | 2-1 |
| | A-AAA (TIE) . | ABQ. Academy (16-5-1) | Manni Klar | St. Pius X (19-2-1) | Jorge Tristani | 1-1 |
| | | Clovis (12-8-2) | | | | |
| | | St. Pius X (18-2-2) | | | | |
| | | Hobbs (16-5-1) | | | | |
| | | St. Pius (22-1-1) | | | | |
| | | La Cueva (16-3) | | | | |
| | | St. Pius X (16-2-2) | | | | |
| | | | | | | |
| 1000 | | Eldorado (16-2) St. Pius X (17-1-1) | | L os Alamos (17.2) | lim Elint | 21 |
| | | La Cueva (16-3) | | | | |
| | | St. Pius X (15-2-2) | | | | |
| | | | | | | |
| 1993 | AAAA(IIE) | Alamogordo (18-0-1) Sandia Prep (15-4) | | SI. Plus $(11-0-2)$ | Jorge Instanti | 0-0 |
| 4000 | A-AAA | Sandia Prep (15-4) | | Wonarty (17-2) | Dave Dickerson | 1-0 |
| | | Sandia (17-2) | | | | |
| | | Sandia Prep (17-0-2) | | | | |
| | | Highland (12-3) | | | | |
| | | Aztec (11-2) | | | | |
| | | St. Pius X (17-2) | | | | |
| | | Sandia Prep (14-5) | | | | |
| | | Highland (11-3-3) | | | | |
| | | Pojoaque (14-3-2) | | | | |
| | | St. Pius (18-1) | | | | |
| | A-AAA | Sandia Prep (14-3) | Juan Ramos | Pojoaque (16-1-1) | Mike Thompson | 2-0 |
| 1987 | AAAA | Manzano (12-6) | Frank Martinez | ABQ. Academy (17-2) | Charles Wong | 3-2 |
| | A-AAA | Sandia Prep (15-3) | Juan Ramos | Hope Christian (17-3) | Paul Schmutterer | 5-1 |
| 1986 | AAAA | Los Alamos (17-0) | Vic Dalla Betta | Eldorado (13-6) | Gene Cross | 2-0 |
| | A-AAA | Bernalillo (14-2-1) | Paul Nelson Aikman | Hope Christian (13-4-1) | Paul Schmutterer | 3-1 |
| 1985 | | Highland (13-3-1) | Larry Waters | ABQ. Academy (14-2-1) | John Seymour | 1-0 |
| | | Sandia Prep (12-3) | - | , , , , , , , , , , , , , , , , , , , | - | |
| | | ABQ. Academy (16-1-1) | | | | |
| | | Hope Christian (14-4) | , | · · · · · · | | |
| | | ABQ. Academy (17-0) | | | | |
| | | Los Lunas (7-8) | | | | |
| | | Hope Christian (13-4-1) | | | | |
| | | Sandia (17-0) | | • • • • | • | |
| | | Santa Fe Prep (13-3-1) | | | | |
| | | | | | | |
| | AAA-AAAA | пiunianu (14-0-1) | Larry vvalers | Eldorado (14-2) | AI mernandez | 3 -1 |

To update information, please contact Tyler Dunkel, NMAA Assistant Director of Sports (505-923-3295) or e-mail tyler@nmact.org

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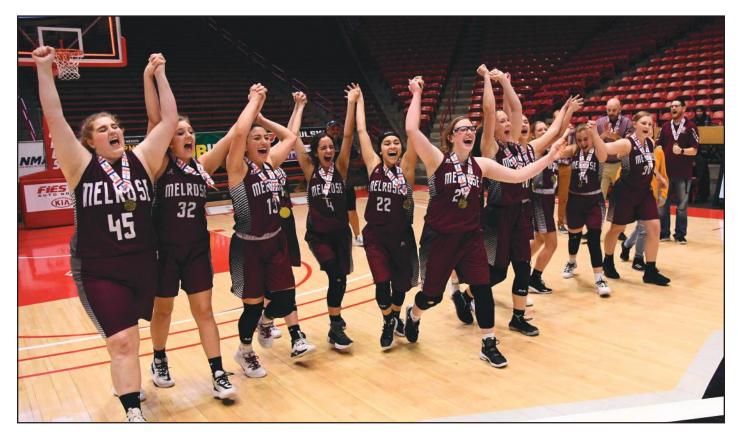
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Life Lessons Sports Teaches Us



Now more than ever, we are reminded how many life lessons can be taught by participating in sports. Coaches are teachers that can lead others in lessons such as how to stay positive, how to overcome adversity, how to work together for a common purpose, how to be resilient and how to be there for others. Achieving goals and overcoming obstacles can help teens persevere in uncertain times like these. Students can find a sense of belonging and accomplishment through individual sports and team dynamics.

Sports are symbolic of life. Life requires teamwork, discipline, resiliency, respect, compassion, and character. Sports can develop those skills to apply on the playing field and in their life.

We recently spoke with several different coaches from all over New Mexico, in a variety of sports, about the importance of sports and the lessons it can teach.

COMMITMENT

For coaches, sports are an extension of the classroom. They encourage their athletes to always do their best on the field, in the classroom, and in life. Champions can be determined by their commitment to goals.

"I remember a conversation with a former athlete of mine and they were contemplating dropping out of college. Then this person told me, 'Coach, I thought to myself that is not who I am. I never quit! I will fight to the end!' I was never more proud as a coach and, yes, he graduated!"-Ryan Galindo, Carlsbad High School Tennis

SELF-DISCIPLINE

Tough times don't last, but tough people do. It's a saying coaches are used to preaching. Get up when you get knocked

down. The self-discipline taught in sports allows a person to thrive in life with a work ethic to improve. Self-discipline spills over into every aspect of life and is a highly common trait among successful people.

"For me, the example that resonates over and over is that of the kid with a less than optimal home life. A kid that doesn't have the nice clothes, fancy shoes, or even a car to drive to school. This specific kid has every excuse to 'not make it' and no one would judge him for that. Yet, he decides to get involved in sports and realizes that dreams can come true through hard work and determination. Through the experiences and lessons learned in sports, new things are possible and maybe even attainable with the right mindset. Goals can be reached regardless of where you begin. Success can be achieved at any level if the proper selfdiscipline and work ethic are put in place. This example happens very often. A player falls in love with a sport, a coach, or a program and it drastically changes their attitude towards life and propels them to seek a future that once wasn't an option for them. I guess this life lesson can be summed up in one word that sports can provide... HOPE. Players need HOPE." -Heath Ridenour, Sue V. Cleveland High School Football

MENTAL TOUGHNESS

Sports can teach a person to be strong in body and mind. Athletes learn to push their bodies beyond what they ever believed they could to achieve their goal. Whether it's in practice or competition, a person can learn to overcome adversity they may not have faced without sports.

"The life-lesson I learned through volleyball came my Junior season in college when I tore my ACL & MCL during a spring workout. Volleyball was my life, my days revolved around the game and my teammates. I was devastated. However, through this injury and set back I learned what mental and physical toughness truly meant. My rehab took 9 months, many hours a day, was very painful and caused separation from my teammates. Nevertheless, it taught me so much about what I was really made of. The injury helped me develop a stronger faith in God, established new friends outside the game and led me to other passions as well as volleyball. I came back to the game stronger and a more complete player. I now use my injury every time a player in our program is injured...because, I lived it as well."-Kristen Scanlan, Texico High School Volleyball

LEARNING TO WORK WITH OTHERS

Everyone doesn't come from the same place. Everyone has different skills and talents to contribute, but everyone has value. Athletes learn quickly that a team can achieve success when everyone contributes. Through collective hard work, kids learn to contribute to a greater good.

"I had a young lady from our program who authored 'How to Survive Piedra Vista Softball: A guide by the 2016 Varsity Team'. I opened it up and read it again and, as always, got choked up on some of the things the girls wrote." -Kevin Werth, Piedra Vista High School Softball

SAMPLE FROM THE GUIDE

"I want everyone in this program to know the joy of a hardfought win, and also learn how to be gracious in defeat. I want everyone in the program to understand that adversity is inevitable, but that doesn't mean you still can't kick its butt. I want everyone in the program to believe in themselves and each other."-Haley Parson

"Probably just knowing that there's going to be a next pitch coming, there's going to be another day to come, that things are going to get better no matter what." – Katie Jensen

"Try to gain respect by giving respect the best you can, and love your teammates." – **Tyra Garcia**

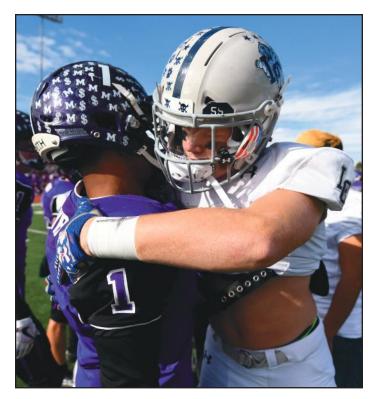
TEAMWORK

Sacrificing one's personal gain for the better of the group is a lesson taught in all team sports. Athletes understand how they can best contribute using their strengths. Together Everyone Achieves More (T.E.A.M.). Players learn quickly that their best chance at success will be through cooperation with the teammates.

"I had a young man back in 2001 by the name of Phil Sakala who had won the 800 meters and 1600 meters at the State Track Meet. He was favored to win the 3200 meters the next day and become one the first distance runners to sweep all three distance events. My 800-meter anchor leg, Frank Hemingway, in the Medley Relay developed a stress fracture in the prelims and could not run the Medley in the finals the next day. I spoke with Phil that night explaining to him that I know he has a chance of becoming a state champion in all three distance events, but we really need him to anchor our Medley since we had no other backup 800-meter runner. The next day, Phil sacrificed his personal individual 3200-meter opportunity for the principle of teamwork and he anchored our Medley relay to a state champion finish. Phil was quoted in our local paper as saying 'I just helped three of my best friends win a state title'. Phil went on to attend and graduate from the West Point Academy where today he carries a rank of Major continuing to apply the concept of teamwork, leading soldiers in military endeavors." – David Nunez, Onate High School Track and Field

HANDLING FEAR AND FAILURE

Whether it's striking out, making an error, or just losing a game, failures happen in sports as well as life. Learning that not



everyone gets to win can be a valuable lesson in someone's early development. Life isn't always fair. Injuries happen, calls are missed. Players learn that getting angry or frustrated doesn't always help and can affect their performance. Losing with dignity is just as important as winning with class. A person can find success after learning from their failures.

"I try to give as many life lessons through the game of baseball. I think sports closely parallels everyday life and the lessons you learn on the field can be applied to successful living. We teach kids to deal with frustration, controlling their emotions and adjusting to change. By playing sports you can learn maturity, honesty, loyalty, and patience." -Gil Padilla, Las Cruces High School Baseball

RESILIENCE

Not everything always goes according to plan. Sometimes you get thrown a curveball at the plate, and in life. Athletes need to know how to bounce back. It's ok to make a mistake, but how you come back from the setback will define you.

"The biggest life lesson that I have learned as a coach is that the sun will come up the next day. No matter the outcome of the day, process it, learn from it and make the best of the next day that has been given to you. Bad things are going to happen as a competitor and as a coach; how you react to those bad things are ultimately going to shape and mold you into the person you are." -Evan Copeland, Cleveland High School Wrestling

GOAL SETTING

Setting a goal in place and finding a way to accomplish that goal in the face of adversity is a useful skill. After setting a goal, an athlete knows to work hard to reach it. That goal can be a motivator for improvement.

"The best example I can think of was when our golf team played in the 2017 NMAA State Championship in Roswell. Our boys team put in the work all year and gotten their brains beat in by Cleveland High School, which was the best team in the state by far. The boys played with poise and a 'no-fear' attitude and ended up winning the tournament by 8 shots...until they didn't. One of our players got disqualified for signing an incorrect scorecard and we ended up losing by 3 shots instead of winning the school's first blue trophy in boys golf. The team had to juggle an emotional roller coaster of the highest high and the lowest low and also console a devastated teammate. The boys not only handled it with grace, but also put together a plan on the bus ride home to start preparing the very next day for 2018. They named the season 'The Redemption Tour' and ended up working harder than this coach thought was possible. In 2018, they left no doubt in winning their first ever state championship at Pinon Hills Golf Course. I have never seen a group of boys handle adversity of that magnitude and then channel their emotions into a positive goal for the next year. It truly was a story of redemption and it was quite a journey as a coach...and one I will never forget!" -**Tom Yost, Piedra Vista High School Golf**

TIME MANAGEMENT

Being a successful athlete takes a lot of dedication, but it also takes a lot of time. Athletes have to juggle their time between school, practice, and sometimes a job. Being on a team can be a job in itself. Sports teaches a person how to organize, prioritize, and focus on the importance of academics. Athletes know what they need to do and when to do it.

"I had a student-athlete that wasn't living up to the expectations of our volleyball team and herself. As a result, she did not attend a week-long summer trip/team camp as an upperclassman, and it definitely sent a message to the player. Years later, and after college, the player contacted me and said 'Thank you, coach. That was an experience that changed my life for the better, I owe a lot to you coach. My path to be successful began with the expectations/discipline that you provided a young kid." -**Toby Mananares, Rio Rancho High School Volleyball**

DEDICATION

Every athletic season has a beginning and an end. Coaches preach to their kids to finish what you start. It's one of the foundations of sport. Everyone wants to quit at some point, but dedication to improvement and becoming the best you can be is what keeps the athlete going.

"Sometimes my kids don't understand why I get on them for being 'a few minutes late to practice'. But in life, 'a few minutes late' here and there can cost you a job or an opportunity. Life is about dedicating and committing yourself to something you believe in and giving yourself to that belief even when it is hard and isn't maybe always going your way. You don't quit, you keep moving and giving everything you have." -Stacy Salinas, Rio Rancho/Sue V. Cleveland Swimming

OVERCOMING ADVERSITY

In sports, there are hurdles to get over, much like in life. Sometimes things can surprise you or catch you off guard. They say life is not about what happens to you, but how you deal with it.

"I had a player who lost both his parents. He lost his mom when he was 5 and dad when he was 15. This young man had several offers from families to move in with them, but he was a very proud young man and refused. Well, he was able to find housing and remained in the school district and on the team. The year after his dad died, he had many ups and downs but fought his way through it as he had a lot of support from friends, families, and coaches. This young man ended up contributing to 3 Cross Country Championships, 1 State Track Championship, and 2 State Basketball Championships. He more than overcame his adversity!" -Ira Harge, Espanola High School Athletic Director

PERSEVERANCE

Having the tenacity and determination to accomplish some-



thing despite the level of difficulty doesn't just apply to studentathletes, sports can teach the same perseverance to coaches too. Fight through it, don't run from a situation when adversity strikes. There will be setbacks. There will be obstacles, but success doesn't happen overnight.

"There was a girl who I coached almost 15 years ago, she was a good player, and was starting at the beginning of the year. But through the end of September, she could not keep her breath and was having a hard time running. Well, she went to the doctor and they could not find out what was wrong, but she was not getting any better. She was so loval to the team, never missed practice and was at every game. Even her senior year she still was around for everything, but would get sick quite often and had a hard time playing, but we kept a great relationship through all this. She went off to college and we always would meet when she came back into town. We talked life lessons each time, and each time she said how playing soccer taught her so much. She now has a wonderful professional job in New York City and what she has learned through sports has helped her with everything she has accomplished in her professional life. She still gets sick and has a hard time with her heath, but she never gave up and always pushed forward. Sports teaches you things like that." -Amber Ashcraft, La Cueva High School Soccer

PATIENCE

Winning takes time. Championship teams aren't built overnight. In sports you have a coach and in life you have a boss. You learn to take instruction, develop patience and become a member of a team.

"I tell my players that when we do something, we do it right and we do it that way every time. I give our players and parents a booklet every year. It talks about how to perform under pressure. They understand that the role of discipline and self-sacrifice play an important part of being successful. Experiencing the pains of commitment and the thrill and joy of success is an integral part of being a basketball player; those same feelings that will be experienced in the real world." -Marty Zeller, Los Lunas High School Girls Basketball, 41 Years of Coaching

RESPECT

Athletes must respect their coaches, officials, teammates, and their opponent. It is important to recognize the worth of another.

"As an athlete, I think the biggest thing I gained was confidence to pursue. I learned how to set my sights on something and be willing to put in the work even if I had underlying doubts. It's the idea of relentlessly putting one foot in front of the other, even when things get hard. Along with that came an ability to give to and receive from others in a collective effort."-Kathy Hipwood, Los Alamos High School Cross Country

INTEGRITY

Morals and ethics come into play every day in sports. Honesty and adherence to the rules is a foundation of every game. Many coaches will tell you that with some athletes it takes time and patience for them to realize their self-worth and value, but people can develop into some of the strongest members of their team when they realize there are no short cuts.

"My suggestions are to smile when the headwind makes us work harder, laugh when we fall down bleeding, and never let anyone else control our emotions." -Tim Host, ATC Cross Country

RESPONSIBILITY

Taking accountability is a major characteristic of successful student athletes. Participating in sports brings many obligations, to your teammates, to your coach, and to your academics.

"I had a athlete that started wrestling his sophomore year with no prior experience. He was failing in school and was ineligible to compete. His junior year, he was 2.8 GPA student with a less than .500 win percentage. His senior year, he was a 3.4 GPA student and made the state finials! I believe the lessons he learned on the mat has transformed him to the man he is today, being a highly well-respected police officer." -Nate Sellers, Miyamura High School Wrestling

COMPASSION

Athletes can learn about caring for another as their coach cares for them. Young adults can witness, first hand, the sympathy and care for the suffering of others. Coaches themselves can



relate to another's pain because it's something they might have gone through themselves at one time.

"The one incident that stands out to me was a life-long lesson learned by one of my athletes that decided they were going to run away from home with their significant other as a sophomore in high school. The couple had purchased bus tickets, and this athlete informed their grandparents they were living with, that they were leaving. The athlete was begged to stay and of course did not. The grandmother called me in the middle of the night begging me to talk to this individual as the departure time was getting closer. At first I was hesitant, but then I thought – 'what if this was my kid doing this and I had the confidence in their coach to try and assist during this time of need?' So, of course, I jumped in the car and headed to the bus station. By the time I arrived, my athlete was on the bus, the grandmother was crying in the parking lot and I was thinking to myself – 'What am I going to be able to say to change their mind?' I boarded the bus, looked my athlete in the eye and explained how disappointed I was that they could disrespect their grandmother like this, disrespect themselves and let their teammates down. The responsibility/commitment they made when becoming a part of the team was just about to be broken. I cried, they cried....we talked about feelings, respect, etc., and just as the time for departure arrived, the athlete grabbed their belongings and got off the bus. At this point, I don't know who cried more ... me, the athlete or the grandmother. This event that happened was unfortunate, however, I believe the athlete learned some very valuable life lessons, as did I, having children of my own. This individual had a very successful high school career both on and off the court and went on to play at the next level on a scholarship, graduated from college, married and has 3 beautiful children. To me, this is what coaching is all about." -George Maya, Mayfield High School Girls Basketball, 37 Years of Coaching

DREAM BIG, ANYTHING IS POSSIBLE

At all levels, sports have given us memorable moments when we say 'I can't believe that just happened!' Athletes think about what they want and forget all the reasons why it can't become a reality. They work hard to make their dreams come true. If you believe it, you can achieve it.

"I had a student athlete who happened to have down syndrome. She was on the dance team all 4 years of high school. She participated in everything but competition. Every year she would put on her uniform and get hair and makeup done for State. She would join me up front and cheer on the team. Her senior year, this young lady got to do the one thing left undone. She walked down the ramp and this time her teammates joined me upfront and cheered her on as she performed on the PIT floor in front of 15,000 people. I hope the lesson learned by my team and others, is that nothing is impossible. We can all achieve our dreams, and maybe help someone else achieve theirs." -Nicole List, Cheer/Dance Coach

All of those lessons we learn from competing. We haven't even touched on how sports can teach loyalty, leadership, and maturity. Sometimes self-improvement can't be measured in wins, losses, time or distance. Self-improvement is connected to one's determination in the face of unexpected obstacles.

I'd like to finish with this thought. Adversity is a part of life. Never quit. That's the lesson **Heath Ridenour** says sports taught him, both as a player and a coach. *"Find the light amidst the darkness," he reminds others. "Overwhelm the negative thought with a positive action. Choose to wake up and win every single day. This applies to athletics, but it is 100% relevant in every aspect of life as well."*

Spoken like a true coach.



Drunk driving? Game over.





| Apr 6 | Apr 8 | Apr 10 | |
|------------------------|------------------------------|--------------------------------|---|
| #1 Lovington | | | |
| #8 Kirtland Central | Lovington (5-0) | | |
| #5 Santa Teresa | _ | | |
| #4 Hope Christian | Hope Christian (1-1 W) | | |
| #3 Highland | | UNM Soccer Complex Time TBA | |
| #6 Albuquerque Academy | Albuquerque Academy (2-0) | | |
| #7 Los Alamos | | | J |
| #2 Taos | Los Alamos (2-1) | | |

4A Girls State Championship Bracket

| Apr 6 | Apr 8 | Apr 10 | |
|------------------------|----------------|--------------------|---|
| #1 St. Pius X | _ | | |
| | St. Pius X | _ | |
| #8 Silver | (5-0) | | |
| | | | - |
| #5 Los Alamos | _ | | |
| | Goddard | | |
| #4 Goddard | (4-0) | | |
| | | UNM Soccer Complex | |
| #3 Aztec | _ | Time TBA | |
| | Aztec | _ | |
| #6 Albuquerque Academy | (1-0) | | |
| | | | |
| #7 Del Norte | _ | | |
| | Hope Christian | | |
| #2 Hope Christian | (10-1) | _ | |



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| Taos TigersNo.PlayerYr.No.PlayerYr.0Victor TerrazasSo.1Milo CollignonSr.1Raul ChavezJr.2Jackson BoydSr.2Ezekiel CarrascoSr.3Hayden Greywolf8th3Micheal CastroSr.4Aidan HeflinSr.4Roberto MurilloSr.5Kian MorganSr.5Owen PichardoFr.6Nitis MorganSr.7Adan SotoSr.7Teva LeshemSr.8Gael CalderonSr.8Roberto MirileFr.9Beckam PichardoJr.9Kiran GauthierFr.11Jonathan BelmanFr.10Fol CavallerSo.12Jael DuranJr.13Ricky NicholsSr.13David HuitronSr.14Sam HastingsSr.14Jonathan HerreraJr.17Eric SolisSr.15Kevin BarraganJr.20Ben HastingsJr.17Robert LucasJr.21Julian CollignonSr.15Gabriel MartinezSr.22Alex WaggonerSo.17Robert LucasJr.23Otto Van WilligenSr.20Diego GonzalezSo.21Julia CollignonSr.21Luis DoradoJr.Head Coach: Michael HensleySr. | Los Alamos HiltoppersNo.P.1Noah Lyons23Abera Hettinga3Aiden McCleskey43Aiden McCleskey56Nick Mozyrsky7777899< | Yr. So. S. J. J. Sr. S. J. S. J. S. J. S. J. S. J. S. S. J. S. J | Lovington WildcatsNo.PlayerYr.0Jordi TaveraSr.2Lucas ContrerasSo.3Steven ValverdeJr.4Riley HernandezJr.7Yahir EsparzaSo.8Mason EnriquezJr.9Daniel Garcia MarinelarenaSr.10Cristian MendozaJr.11Christian ContrerasJr.12Jose GonzalezSr.13Joshua LopezSr.14Kevin GallegosSo.15Javier PrietoFr.16Alan EnriquezJr.18Carlos PonceSr.21Aiden RubioSo.25Payton PeacockSr.Head Coach: Reyes Marquez |
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| ABQ Academy Chargers | | | Aztec Tigers | | |
|---|--|--|---|--|---|
| No. | Player | Yr. | No. | Player | Yr. |
| 0 | Cara Anderson | Fr. | 1 | Emily Garcia | Sr. |
| 1 | Lily Spoerke Anna Babinski | So. So. | 2 | Ella Higgins | Jr. |
| 2 3 | Elizabeth Gutierrez | 30. Jr. | 3 | Samyra Valenzuela | So. |
| 4 | Ashley Shanks | Fr. | 5 7 | Winter Peace | Sr. Sr. |
| 5 | Willa Wiese | Sr. | 8 | Madison Frost Katelin Klepac | Jr. |
| 6 | Kiera Hadlich | So. | 9 | Ashle Sexton | Jr. |
| 7 | Piper Wiese | Fr. | 13 | Sierra Villanueva | Sr. |
| 8 | Claire Rembe | Sr. | 14 | Kira Roper | Sr. |
| 9 | Riley Barnard | Jr. | 15 | EdanJames Martinez | Sr. |
| 12 13 | Brigid Contreras-Ridlington Kate Alcalde | Sr. Sr. | 17 | Denym Seabolt | Sr. |
| 14 | Juliet Knouse | Jr. | 18 | Aspen Newland | Sr. |
| 15 | Jaclyn Lehrman | So. | 19 | Araceli Huaracha | Jr. |
| 16 | Krista Gorham | Sr. | 22 | Dionne Nelson | Sr. |
| 17 | Jessie Levandoski | So. | 27 | Alicia Sanchez | Fr. |
| 18 | Alex Patton | Fr. | 28 | Geremyah Martinez | So. |
| 19 | Clara Stroh-Willinghurst | So. | 29 32 | Stella Albright Helen Moore | Fr. Sr. |
| 20 21 | Tess Hatchell Reily Cates | So. 8th | 34 | Hallie Armstrong | Sr. |
| 22 | Sara Morneau | Jr. | 38 | Cecilla Huaracha | So. |
| 23 | Izzy Nguyen-Spiers | So. | 55 | Daniella Sanders | Sr. |
| | Emma Brown | Jr. | 99/4 | Legend Otero | Fr. |
| | Kennedy Huslig | Jr. | | 5 | |
| | | | Head | Coach: Grace Pinckley | |
| Head | Coach: Peter Glidden | | | | |
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| | Del Norte Knights | | | Goddard Bockets | |
| No. | Del Norte Knights | Yr. | No. | Goddard Rockets | Yr. |
| No. 1 | Player | Yr. Jr. | No. | Goddard Rockets Player Abi Edwards | Yr. Sr. |
| | • | Jr. Fr. | 1 2 | Player Abi Edwards Lexi Pinon | Sr. Fr. |
| 1 3 4 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero | Jr. Fr. Sr. | 1 2 3 | Player Abi Edwards Lexi Pinon Mariana Perez | Sr. Fr. So. |
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| 1 3 6 7 8 9 10 11 14 15 16 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry | Jr. Fr. Jr. Jr. Sr. Jr. Jr. Jr. Jr. | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria | Sr. Fr. So. Jr. Sr. Sr. So. Jr. So. Fr. So. |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 2 3 4 12 13 14 15 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. So. So. |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. Jr. So. Jr. |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 112 112 112 112 112 112 112 112 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. So. So. |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 112 112 112 112 112 112 112 112 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho Mariah Macks Bennett Roehlk Emily Mathison | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. Jr. So. Jr. Sr. So. Fr. So. So. So. So. So. So. So. So. So. Sr. Sr. Sr. So. So. So. So. So. So. So. So. So. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 3 4 5 6 7 8 9 10 112 112 112 112 112 112 112 112 112 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho Mariah Macks Bennett Roehlk Emily Mathison Sarah Mathison | Sr. Fr. So. Jr. Sr. Sr. Sr. Sr. So. Jr. So. Jr. Sr. So. Jr. Sr. Sr. Sr. Sr. Sr. So. So. So. Sr. Sr. Sr. Sr. Sr. So. So. So. So. So. So. So. So. Sr. Sr. Sr. So. Sr. Sr. Sr. So. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 23 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 5 6 7 8 9 10 11 2 3 4 5 5 6 7 8 9 10 11 2 3 4 5 10 11 2 3 4 5 10 11 2 3 2 3 | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho Mariah Macks Bennett Roehlk Emily Mathison Sarah Mathison Talina Holguin | Sr. Fr. So. Jr. Sr. Sr. Sr. Sr. So. Jr. So. Jr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. S |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\\22\end{array}$ | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho Mariah Macks Bennett Roehlk Emily Mathison Sarah Mathison Talina Holguin Azelin Aragon | Sr. Fr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. So. Jr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. S |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 23 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 5 6 7 8 9 10 11 2 3 4 5 5 6 7 8 9 10 11 2 3 4 5 10 11 2 3 4 5 10 11 2 3 2 3 | PlayerAbi EdwardsLexi PinonMariana PerezAilyn Miramontes-FierroAlma GonzalesAreli SanchezValeria LaraJasmine MacksAri PerezDaci SmithAlexis HooverLillie LewisItzayanna AvalosSara BegueriaClara HatchAmbrosia TeasyatwhoMariah MacksBennett RoehlkEmily MathisonSarah MathisonTalina HolguinAzelin AragonYamilett Soto | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. S |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | $\begin{array}{c}1\\2\\3\\4\\5\\6\\7\\8\\9\\10\\11\\12\\13\\14\\15\\16\\17\\18\\19\\20\\21\\22\end{array}$ | Player Abi Edwards Lexi Pinon Mariana Perez Ailyn Miramontes-Fierro Alma Gonzales Areli Sanchez Valeria Lara Jasmine Macks Ari Perez Daci Smith Alexis Hoover Lillie Lewis Itzayanna Avalos Sara Begueria Clara Hatch Ambrosia Teasyatwho Mariah Macks Bennett Roehlk Emily Mathison Sarah Mathison Talina Holguin Azelin Aragon | Sr. Fr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. So. Jr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. S |
| 1 3 4 6 7 8 9 10 11 14 15 16 17 | Player Casey Mariscal Shelby Becerra-Romero Alexis Lucero Aracely Sandoval Mina Zukhel Alexandria Estrada Ersie Posey Sarah Marquez Julianna Nicolary Vivian Gomez-Solis Michelle Cruz Kaliyah Grandberry Reese Nolen | Jr. Fr. Sr. Jr. Jr. Sr. Jr. Jr. Jr. Sr. | 1 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 6 7 8 9 10 11 2 3 4 5 10 11 2 3 4 5 10 11 2 3 4 5 10 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 3 11 2 2 3 2 11 2 2 2 2 | PlayerAbi EdwardsLexi PinonMariana PerezAilyn Miramontes-FierroAlma GonzalesAreli SanchezValeria LaraJasmine MacksAri PerezDaci SmithAlexis HooverLillie LewisItzayanna AvalosSara BegueriaClara HatchAmbrosia TeasyatwhoMariah MacksBennett RoehlkEmily MathisonSarah MathisonTalina HolguinAzelin AragonYamilett Soto | Sr. Fr. So. Jr. Sr. Sr. Sr. So. Jr. So. Jr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. Sr. S |



| | Hope Christian Huskies | | | Los Alamos Hilltoppers | |
|------|------------------------|-----|------|------------------------|-----|
| No. | Player | Yr. | No. | Player | Yr. |
| 1 | Dylan Rees | 8th | 0 | Annika Fox | Sr. |
| 2 | Ava Conticelli | Fr. | 1 | Dalia Drew | Jr. |
| 3 | Addison Anaya | Sr. | 2 | Olivia Bell | Jr. |
| 4 | Mia Spencer | Jr. | 4 | Meredith Brown | Fr. |
| 5 | Jamie Landavazo | Fr. | 7 | Aaliyah Walker | Jr. |
| 6 | Megan Chavez | Fr. | 9 | Aliya Richins | Sr. |
| 7 | Grace DiLorenzo | Sr. | 10 | Hannah Gram | Sr. |
| 8 | Mia Martinez | Sr. | 11 | Maddie Tapia | Jr. |
| 9 | Brooklyn Sciarrillo | 8th | 12 | Robin Chartrand | Sr. |
| 10 | Ava Estes | Fr. | 13 | Tara McDonald | So. |
| 11 | Mia Stafford | Jr. | 15 | Kyla Peterson | Jr. |
| 12 | Savanah Sanchez | Fr. | 16 | Katie Osburn | Jr. |
| 13 | Hannah Gutierrez | Jr. | 17 | Paetyn Miller | Jr. |
| 14 | Zylee Dominguez | Fr. | 18 | Jenna Harris | Sr. |
| 16 | Ravae Jaramillo | Fr. | 19 | Addy Witt | Jr. |
| 17 | Heather Gibbs | Jr. | 22 | Lily Shevitz | Jr. |
| 18 | Salome Freed | Fr. | 25 | Mackenzie Echave | So. |
| 19 | Hadley Collins | Jr. | | | |
| 22 | Ashlyn Salas | So. | Head | Coach: Ann Cernicek | |
| | Savanna Whisonant | Sr. | | | |
| Head | Coach: Amy Fankam | | | | |

| | St. Pius X Sartans | | | Silver Fighting Colts | |
|-----|--------------------|-----|------|--------------------------|-----|
| No. | Player | Yr. | No. | Player | Yr. |
| 1 | Gianna Maldonado | So. | 3 | Aujineah Rosales | So. |
| 2 | Eva Suarez | So. | 4 | Isabella Garcia | Fr. |
| 3 | Gabi Martin | Sr. | 5 | Annalisa Nieto | Fr. |
| 5 | Lauren Salas | Jr. | 6 | Anahi Venegas | Sr. |
| 6 | Nicole Taibbi | Sr. | 7 | Kyle Jones | So. |
| 7 | Emma Donlin | Sr. | 8 | Anna Leadbetter | Jr. |
| 8 | Mariah Sanchez | So. | 11 | Aryana Gomez | Sr. |
| 9 | Alyssa Doty | Sr. | 12 | Carina Frisch | Sr. |
| 10 | Enmarae Torres | Jr. | 13 | Lauren Armendariz | Jr. |
| 11 | Nora Hennessy | Sr. | 14 | Audri Sosaya | Fr. |
| 12 | Kyera Chavez | Jr. | 15 | Desirea Delfin | So. |
| 13 | Alicia Barela | Sr. | 17 | Kennedy Piper | Sr. |
| 15 | Marisol Valdez | So. | 18 | Courtney Wright | Sr. |
| 16 | Alexis Patalan | Jr. | 21 | Alizae Torres | So. |
| 17 | Amber Taibbi | Jr. | 24 | Morgan Lazzell | Sr. |
| 18 | Gabby Jeantete | Jr. | 25 | Krysten Jones | 8th |
| 19 | Allyson Swallows | Jr. | 27 | Mylena Venegas | Fr. |
| 24 | Grace Reyes | Fr. | 45 | Makayla Martinez | So. |
| 28 | Taylor Wilson | Fr. | | | |
| 35 | Mykel Torres | So. | Head | Coach: Pasty Mpiga-Tsiba | |
| 38 | Elena Valdez | So. | | | |
| 43 | Natasha Montoya | So. | | | |
| Mgr | Fallon Setter | So. | | | |
| - | | | | | |

Head Coach: David Sullivan Jr.





| Apr 6 | Apr 8 | Apr 10 | |
|----------------|----------------------|--------------------------------|--|
| #1 Hobbs | _ | | |
| #8 Centennial | Hobbs (1-0) | | |
| #5 Farmington | _ | | |
| #4 Albuquerque | Albuquerque (4-0) | | |
| #3 Mayfield | _ | UNM Soccer Complex Time TBA | |
| #6 Rio Rancho | Rio Rancho (2-0) | | |
| #7 Rio Grande | 1 | | |
| #2 La Cueva | La Cueva (6-1) | | |

5A Girls State Championship Bracket

| Apr 6 | Apr 8 | Apr 10 | |
|------------------|-------------|--------------------------------|---|
| #1 Carlsbad | _ | | |
| | Carlsbad | | |
| #8 Volcano Vista | (1-0) | | |
| | | | 1 |
| #5 Piedra Vista | | | |
| | Rio Rancho | | |
| #4 Rio Rancho | (2-0) | | |
| | | UNM Soccer Complex Time TBA | |
| #3 Centennial | 1 | Time TDA | |
| | Centennial | | |
| #6 Hobbs | (2-0) | | |
| | | | J |
| #7 Farmington | - | | |
| | Albuquerque |] | |
| #2 Albuquerque | (9-0) | | |



| No. 2 3 4 5 6 7 9 10 11 12 13 14 5 6 8 19 20 21 22 30 45 6 9 GK GK Head | Albuquerque Buildogs Payer Lukas Gannon Conner Puma Jonah Martinez Duncan Gilchrist Bennett Zellner Nico Hernandez Stephen Romero Dylan Castillo Ben Gannon Javen Hernandez Griffin Salvador Jorge Villalobos Barrett Davis Pasqual Manocchio Massimo Lapina Oliver Reuben Jesus Ojeda Meza Miguel Aguilar Foster Salvador Baela Brucker Ezra Chenven Alan Solorio Tyler Casias Gael Flores Julian Lucero | Yr. So. Sr. Jr. Sr. Jr. Sr. Jr. Sr. Jr. So. So. So. Fr. So. So. Jr. Jr. So. Jr. So. So. So. Jr. Jr. So. Jr. So. Jr. So. Jr. Jr. Jr. So. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr. Jr | No. 1 2 3 5 7 8 9 10 11 12 13 14 15 16 17 18 20 22 23 24 27 28 Head | <text></text> | Yr. Fr. Sr. So. So. So. Fr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. Jr. So. So. Jr. So. So. So. So. So. So. So. So. So. So |
|---|---|--|--|----------------------------------|---|
| | | | | | |
| No. | Farmington Scorpions | Yr. | No. | Hobbs Eagles | Yr. |
| 1 NO. 2 | Player Abram Gabaldon | ۲۲. Jr. | 0 0 | Player Misael Orona | ۲۲. Jr. |
| 3 | Kurtis Moore | So. | 1 | Vicente Cortez | Jr. |
| 4 | Gabe Montoya | Sr. | 2 | Jordan Berumen | Sr. |
| 6 | Aiden Churchill | Jr. | 3 | Joshua Chavez | Fr. |
| 7 | Broden Cahoon | Jr. | 4 | Malachi Rodriguez | Jr. |
| 8 | Jesus Flores | So. | 5 | Javier Rodriguez | Jr. |
| 9 | Michael Montoya | Fr. | 6 | Yahir Chacon | So. |
| 10 | Angel Garcia | Sr. So. | 7 | Sebastian Ron Abraham Mercado | Jr. |
| 11 12 | Caleb Allred Asher Allred | 8th | 8 9 | Andrew Chacon | Jr. Jr. |
| 15 | Colton Lincoln | So. | 10 | Bryan Valdez | Jr. |
| 16 | Henry Knight | 8th | 11 | Jose Gamez | Sr. |
| 17 | Ivan Gomez | Fr. | 12 | Luis Mercado | Sr. |
| 18 | Matt Brown | So. | 13 | Ryan Middleton | So. |
| 19 | Aiden Everson | Fr. | 14 | Jesus Hidalgo | So. |
| 20 | Jesus Quintana | So. | 15 | Ivan Segovia | So. |
| 21 | Luis Palma | So. | 16 | Eduardo Calendario | Jr. |
| 22 | Analy Evidence | So. | 18 | Alan Carreon | Jr. |
| | Andy Erickson | 00. | 10 | Alah Ganeon | 01. |
| 23 | Cj Toledo | 8th | 19 | Daniel Chaparro | Jr. |

- 23 CJ Toledo 25 Luc Djaman 27 Rhys Triplett
 - 33 Kayden Gonzales
- Head Coach: Victor Gil

Head Coach: Alejandro Chavez

Juan Camano

Luis Mercado

Brian Rico

Jr.

Fr.

Sr.

20

21

22

Jr.

So.

Jr.



| | La Cueva Bears | | | Mayfield Trojans | |
|-----|------------------------|-----|------|-----------------------|-----|
| No. | Player | Yr. | No. | Player | Yr. |
| 2 | Isaiah Zubiate | Jr. | 0 | Sean Bleimeyer | Jr. |
| 3 | Zach Erickson | Sr. | 1 | Xavier Calderon | Sr. |
| 4 | Keane Garcia | Sr. | 1 | Byran Cruz | Fr. |
| 5 | Brandon Boling | Fr. | 2 | Jesus Cruz | Sr. |
| 6 | Mason Baroni | So. | 4 | Byran Torres | Jr. |
| 7 | Aiden Romero | Jr. | 5 | Nathan Barela | Jr. |
| 8 | Timothy Wang | Sr. | 6 | Roman Moreno | Jr. |
| 9 | Troy Orgill | Sr. | 7 | David Pachaco | Sr. |
| 10 | Mikah Madrid | Jr. | 8 | Isaac Campos | Sr. |
| 11 | Noah Grega | Jr. | 10 | Soto Andrew | Sr. |
| 12 | Pablo Sanchez | Jr. | 11 | Abraham Soto | Jr. |
| 13 | Jace Sais | Fr. | 12 | Alejandro Esparza | Fr. |
| 14 | Rene Arechiga-Gonzales | Sr. | 13 | Joaquin Hernadez | Fr. |
| 15 | Sean Lyle | Jr. | 16 | Aidan Apodaca | So. |
| 16 | Bryan Judy | Jr. | 17 | Wilfredo Ortiz-Macias | Fr. |
| 17 | Chase Ricker | Fr. | 18 | Marcos Cortez | Sr. |
| 18 | Jackson Dubois | Fr. | 19 | Chandler Lujan | Jr. |
| 19 | Cole Bachuzewski | Fr. | 24 | Luke Catanach | Fr. |
| 20 | Evan Moedl | Sr. | 25 | Jayden Rosales | Jr. |
| 21 | Koby Hendzel | Sr. | | | |
| 22 | Malcom Starr | Fr. | Head | Coach: Andy Polanco | |
| 23 | John Mee | So. | | | |
| | | | | | |

Head Coach: Easy Jimenez

| | Rio Grande Ravens | | | Rio Rancho Rams | |
|------|--------------------------|-----|--------|------------------------|-----|
| No. | Player | Yr. | No. | Player | Yr. |
| 1 | Steven Hernandez | Fr. | 4 | Evan Spell | Jr. |
| 2 | Agustin Trejo | So. | 5 | Tyler Russell | Jr. |
| 3 | Ellis Mata | Sr. | 6 | Ezra Martinez | Jr. |
| 4 | Ricardo Medrano | So. | 7 | Nathan Watry | Jr. |
| 7 | Mario Hernandez | Jr. | 8 | Anwar Salinas | Sr. |
| 8 | Sergio Martinez | So. | 9 | Jordan Larios | Sr. |
| 9 | Carlos Martinez | So. | 10 | Douglas Cutshall | Fr. |
| 10 | Adrian Arreola | Jr. | 11 | Gerardo Hernandez | Sr. |
| 12 | Cristian Galindo | Sr. | 12 | Lamar Bynum | Sr. |
| 14 | Edwin Lujan | So. | 13 | Isaac Flores | Jr. |
| 15 | Anibal Guerrero | Sr. | 15 | Luke Cummings | Jr. |
| 17 | Joel Hernandez | Jr. | 16 | Grant Moen | Jr. |
| 18 | Eddi Quezada | So. | 17 | Jamal Bynum | So. |
| 19 | Jason Lopez | Sr. | 18 | Bijan Wright | Jr. |
| 20 | Jesus Mendosa | Jr. | 19 | Isaac Miller | Sr. |
| 22 | Ethan Scott | So. | 20 | Logan Hoyer | Jr. |
| 27 | Valentin Ceniceros | Fr. | 21 | Javier Trujillo | Fr. |
| | | | 22 | Kaden Schufft | Jr. |
| Head | Coach: Scott Simpson | | GK | Antonio Cross-Guillen | So. |
| | | | GK | Joseph Diaz | Jr. |
| | | | GK | Milo Goetz | Sr. |
| | | | GK/14 | Edgar Alarcon | So. |
| | | | Head C | Coach: John Shepard | |



| | Albuquerque Bulldogs | | | Carlsbad Cavegirls | |
|------|-------------------------|-----|-------|-----------------------|-----|
| No. | Player | Yr. | No. | Player | Yr. |
| 0 | Eleanor Hynsyon | So. | 00 | Korrine Bradford | Fr. |
| 1 | Ainsley Westlake | Sr. | 0 | Taylor McCrory | Fr. |
| 3 | Jade Gable | So. | 2 | Analicia Hernandez | Fr. |
| 5 | Luz Maria Houidobre | So. | 3 | Morgan Bradley | Sr. |
| 6 | Karina (Nina) Mendez | So. | 5 | Alisa Bernal | So. |
| 7 | Sabrina Reyes | Sr. | 6 | Dominique Chacon | So. |
| 8 | Sofia Trejo | Sr. | 7 | Madison Loera | Sr. |
| 9 | Sophia Hernandez | So. | 8 | Rosalia Rubio | Fr. |
| 10 | Janiz Castillo | Jr. | 9 | Alexa Dugan | Jr. |
| 13 | Yarelis Dedos-Pino | So. | 9 | Jessica Munro | Jr. |
| 14 | Karla Saenz | Fr. | 10 | Allie Meyers | So. |
| 15 | Elena Dunn | So. | 11 | Aisleen Whitzel | So. |
| 16 | Rylee Martineli | Sr. | 12 | Abbey Dugan | 8th |
| 18 | Abila Tapia | So. | 14 | Briley Brantley | 8th |
| 20 | Zaria Katesigwa | Sr. | 15 | Brayle Mullins | So. |
| 21 | Gabriela Meraz-Fishbein | Sr. | 16 | Emily Hervol | Sr. |
| 22 | Symmes Cannon | So. | 17 | Kiara Warton | Sr. |
| 24 | Madeline Everett | Fr. | 18 | Rylee Whitaker | So. |
| | | | 19 | Savannah Sonora | So. |
| Head | Coach: Sara Torrez | | 20 | Rylie Ryan | Sr. |
| | | | 21 | Marley Suggs | Jr. |
| | | | Hoad | Coach: Michael Mezey | |
| | | | lieau | Oddon. Wildhadi Wezey | |
| | | | | | |

| Centennial Hawks | | | Farmington Scorpions | | |
|------------------|-------------------|-----|----------------------|---------------------|-----|
| No. | Player | Yr. | No. | Player . | Yr. |
| 1 | Alexandra Reyna | Sr. | 1 | Makenzi Fitzsimmons | Jr. |
| 2 | Mariah Miranda | Sr. | 2 | Payton Frost | Fr. |
| 3 | Lauren Owens | Jr. | 3 | Jenna Elledge | 8th |
| 4 | DeeDee Luera | So. | 5 | Aubri Hatch | Sr. |
| 5 | Felicia Apodaca | Jr. | 6 | Kalynn Kenworthy | Sr. |
| 6 | Abbie Dickens | Jr. | 7 | Italia Quezada | Jr. |
| 7 | Chole Chavez | Fr. | 8 | Charlee Nystrom | Sr |
| 8 | Micaela Melendrez | Jr. | 9 | Jasmin Sais | Fr. |
| 9 | Maddy Anderson | So. | 10 | Alaina Ulibarri | Jr. |
| 10 | Kendra DuBois | Sr. | 11 | Alyssa Taft | So. |
| 11 | Jennifer Enriquez | Sr. | 12 | Brooke Edgar | Sr. |
| 12 | Devyn Gunn | Jr. | 13 | Kylee Miller | So. |
| 13 | Charly Boylston | Sr. | 14 | Cyneyia Cly | Fr. |
| 14 | Lauren Ocampo | So. | 15 | Riley Yates | Fr. |
| 15 | Natalie Boylston | So. | 16 | Bella Rascon | So. |
| 16 | Brooke Thatcher | Sr. | 18 | Mercedes Silva | So. |
| 17 | Jaydan Duran | Jr. | 19 | Laree Velasquez | So. |
| 18 | Rylee Thatcher | Sr. | 21 | Jessi Surry | So. |
| 19 | Alondra Zacarias | Jr. | 22 | Laticia Valenzuela | So. |
| 20 | Alexis Escalante | So. | | | |
| 21 | Marley GboGbo | Sr. | Head | Coach: Bryce Frost | |
| 22 | Kennedy Herrera | Jr. | | - | |
| | | | | | |

Head Coach: Alex H. Reyes



Hobbs Eagles

NMA

| No. 0 2 | Hobbs Eagles Player Ashley Chacon Brianna Baker | Yr. Jr. 8th | No. 2 3 | Piedra Vista Panthers Player Hailey Drake Makayla Ortiz | Yr. Fr. Jr. |
|---|--|--|---|---|---|
| 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 | Alisia Muro Kali Vasquez Jaidan Salazar Karyme Beltran Dani Rodriguez Hannah Davila Cecilia Saenz Jasmine Martinez Alexa Sanchez Alexi Wright Rozzy Ramsey Jasmyn Martinez Michaela Salazar Trinity Vasquez Brianna Rivera | Fr. So. Jr. Sr. Jr. Jr. Sr. Jr. So. Jr. So. Sr. 8th Jr. | 4 5 6 7 8 9 10 10 11 12 13 14 15 15 16 17 | Elizabeth Gephardt Rachel Rodriguez Tatiana Guerreo Leah Brady Lauren Jaqua Katie Korbas Sarah Lopez Annie Yost Olivia Rawson Jayme Notgrass Landry Bales Kasandra Funaro Kaitlyn Degner Mykah Garcia Kate Schwab Brooklyn Silseth | Jr. Fr. Jr. Jr. Sr. Fr. 8th Sr. So. Fr. Jr. So. So. |
| 18 19 20 22 23 | Dasari Muro Ja'Nya Banks Ivory Rico Reyna Navarette Kambree Luevano Coach: Alex Lopez | So. Jr. Fr. Sr. So. | 18 19 20 21 22 23 31 | Cheylah Bitsui Gabriella Frost Paige Roberds Maddy Clugston Kaytriel Krakow Elysia Kinney Michelle Dominguez Family Korbas | Sr. So. Jr. So. Fr. Fr. Sr. |
| | | | Head C | Coach: Shaun Taylor | |
| | Dio Donaho Domo | | | Valaana Viata Hawka | |
| No. 1 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 19 Head | Rio Rancho Rams Player Briana Gresham Shelby Moore Trinity Romero Aaliyah Garcia Samantha Shaver Ainsley Martin Sierra Martin Presley Saxon Maya Romero Angelina Farello Sophia Lau Kennedy Baugh Sara Tafoya Olivia Roskos Rebecca Gatz Autumn Huntington Marisa Molina | Yr. Sr. Jr. So. Jr. Jr. Sr. Jr. Sr. Sr. Jr. Sr. Jr. | No. 00 2 3 4 6 7 8 9 10 11 12 13 14 15 15 16 17 18 19 20 21 | Volcano Vista Hawks Player Elena Moya Alex Peralta Juliana Mares Kayla Peck Allie Reeves Carissa Benavidez Aidyn Hesuse Sienna Salazar Rhyen Brewingon Mya Salazar Kennedy Brown Maya Marquez Savannah Gutierrez Kayla Salazar Hailey Briceno Kayson Rhoden Alyssa Griego Aubrey Fox Lauren Machuca Cylee Acosta Shaylene Sanchez Hannah Dyer Lillianna Duncan Alexandria Trujillo | Yr. So. Jr. S. So. F. S. F. S. J. J. F. T. F. S. So. J. J. J. J. F. S. S. S. J. |



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MOST OVERALL TITLES (TEAM)

| 16 | La Cueva | 2017, 2014, 2012, 2011, 2006, 2004, 2002, 1998, 1997, 1995, 1994, 1993, *1992, 1991, 1990, 1989 |
|----|----------|---|
| 11 | Eldorado | 2013, 2009, 2001, 1999, *1992, *1989, 1988, *1987, 1986, 1984, 1982 |

2013, 2009, 2001, 1999, *1992, *1989, 1988, *1987, 1986, 1984, 1982

ABQ. Academy 2018, 2017, 2016, 2012, 2011, 2010, 2009, 2008, 2002, 2001, 2000

2019, 2015, 2014, 2013, 2007, 2006, 2005, 2004, 1999 St. Pius X

2018, 2008, 2000, 1996, *1985

2015, 2014, 2013, 2010, 2000

2009, 2007, 2001

- Sandia Prep 2019, 2018, 2017, 2016, 2012, 2011, 2006, 2004, 2002
- 6 Los Alamos 2003, 1998, *1987, *1985, 1983, 1981
- 5 Sandia

11

9

9

5 Hope Christian

3 St. Michael's

* = Co-Champions

MOST CONSECUTIVE TITLES (TEAM)

- 7 La Cueva (1989-1995)
- 5 ABQ. Academy (2008-2012)
- 4 Eldorado (1986-1989)
- St. Pius X (2004-2007) 4
- 4 Sandia Prep (2016-2019)
- 3 ABQ. Academy (2016-2018)
- 3 ABQ. Academy (2000-2002)
- 3 St. Pius X (2013-2015)
- 3 Hope Christian (2013-2015)

MOST OVERALL TITLES (COACH)

- 7 Amber Ashcraft (La Cueva)
- 7 Sarah Wilson (Eldorado)
- 7 David Sullivan (St. Pius X)
- 5 Pete Clinch (ABQ. Academy)
- Gregory M. Rusk (La Cueva) 4
- 4 Ronald Espinoza (Hope Christian)
- 3 Peter Glidden (ABQ. Academy)
- 3 Ed Velie (St. Michael's)
- 3 Rob Minear (Sandia Prep)

| YEAR CLASS | WINNING TEAM | HEAD COACH | RUNNERUP TEAM | HEAD COACH | SCORE |
|------------|-------------------------|-------------------|------------------------|-------------------|-------|
| 2019AAAAA | Volcano Vista (19-2) | Samantha Lucero | Centennial (20-2-2) | Alex H. Reyes | 2-0 |
| AAAA | St. Pius X (16-5) | David Sullivan Jr | ABQ. Academy (17-6) | Peter Glidden | 2-1 |
| A-AAA | Sandia Prep (22-1) | Matt Westerlund | Socorro (19-4) | Michael Olguin Jr | 4-1 |
| | Sandia (17-4) | | | | |
| | ABQ. Academy (21-2) | | | | |
| A-AAA | Sandia Prep (16-4-2) | Matt Westerlund | St. Michael's (16-7-1) | Anthony Cassaro | 1-0 |
| | La Cueva (20-1) | | | | |
| AAAAA | ABQ. Academy (19-4) | Peter Glidden | Los Alamos (17-6-1) | Ann Cernicek | 1-0 |
| A-AAAA | Sandia Prep (16-7) | Gina Cormier | Socorro (16-5) | Michael Olguin | 2-0 |
| | Cibola (16-3-2) | | | | |
| AAAAA | ABQ. Academy (16-7) | Peter Glidden | St. Pius X (17-5-1) | Dave Sullivan Jr | 1-0 |
| | Sandia Prep (21-1-1) | | | | |
| 2015AAAAAA | Cibola (17-5) | Gary Zink | Eldorado (16-4-1) | Paul Maestas | 2-1 |
| AAAAA | St. Pius X (20-3) | Dave Sullivan Jr | Los Alamos (16-6-2) | Gary Ahlers | 1-0 |
| | Hope Christian (20-3) | • | , , | , . | |
| 2014AAAAAA | La Cueva (19-2) | Amber Ashcraft | Rio Rancho (19-4) | Uwe Blazis | 2-0 |
| | St. Pius X (21-3) | | 3 () | 0 | |
| | Hope Christian (22-0-1) | | | | |
| | Eldorado (20-1) | | | | |
| | St. Pius X (22-1) | | | | |
| | Hope Christian (20-3) | | | | |
| 2012AAAAA | La Cueva (17-4) | Amber Ashcraft | Volcano Vista (15-7) | Samantha Lucero | 1-0 |
| | ABQ. Academy (20-3) | | | | |
| A-AAA | Sandia Prep (14-9) | David Disko | Hope Christian (19-4) | Ronald Espinoza | 1-0 |
| | La Cueva (17-4) | | · · · · · | | |
| | ABQ. Academy (17-7) | | | | |
| | Sandia Prep (13-7) | | | | |
| | Volcano Vista (17-4) | | | | |
| AAAA | ABQ. Academy (21-2) | Pete Clinch | Los Alamos (13-10) | Jiri Kubicek | 3-1 |

Girls Soccer State Champions

| | CLASS | WINNING TEAM | HEAD COACH | | HEAD COACH | SCORE |
|------|---------------|---|-----------------|-----------------------|-----------------|-------|
| | | Hope Christian (17-6) | | | | |
| | | Eldorado (18-6) | | · · · · · | | |
| | | ABQ. Academy (18-4) | | | | |
| | | St. Michael's (16-7) | | | | |
| | | Sandia (20-4) | | | | |
| | | ABQ. Academy (21-3) | | | | |
| | | Bosque School (17-7) | | | | |
| | | Rio Rancho (21-3) | | | | |
| | | St. Pius (22-1) | | | | |
| | | St. Michael's (23-1) | | | | |
| | | La Cueva (18-5) | | | | |
| | | St. Pius (22-1) | | | | |
| | | Sandia Prep (16-7) | | | | |
| | | Las Cruces (23-0) | | | | |
| | | St. Pius (22-2) | | | | |
| | | Santa Fe Prep (21-3) | | | | |
| | | La Cueva (18-4) | | | | |
| | | St. Pius (21-0-2) Sandia Prep (19-4) | | | | |
| | | Sandia Prep (19-4) | | | | |
| | | Las Gluces (19-2) Los Alamos (14-10) | | | | |
| | | Santa Fe Prep (18-4) | | | | |
| | | Santa Pe Prep (16-4) | | | | |
| | | ABQ. Academy (22-3) | | | | |
| | | Sandia Prep (19-6) | | | | |
| | | Eldorado (25-0) | | | | |
| | | ABQ. Academy (23-2) | | | | |
| | | St. Michael's (24-1) | | | | |
| | | Sandia (20-2) | | | | |
| | | ABQ. Academy (19-2-1) | | | | |
| | | Hope Christian (20-1-1) | | | | |
| | | Eldorado (20-1-1) | | | | |
| | | St. Pius (17-5) | | | | |
| | | La Cueva (19-3) | | | | |
| | | Los Alamos (18-4) | | | | |
| | | La Cueva (21-0) | | | | |
| | | Sandia (15-4) | | | | |
| | | La Cueva (13-6) | | | | |
| | | La Cueva (16-2-1) | | | | |
| | | La Cueva (18-1) | | | | |
| | | Eldorado (16-1) | | | | |
| | | La Cueva (13-4-1) | | | | |
| | | La Cueva (16-0) | | | | |
| | | Eldorado (13-1-2) | | | | |
| 1988 | A-AAAA | Eldorado (17-0) | Sarah Wilson | ABQ. Academy (12-4-2) | William Kuh | 1-0 |
| 1987 | A-AAAA (TIE). | Eldorado (13-1-2) | Sarah Wilson | Los Alamos (12-1-2) | Gail Murphy | 1-1 |
| 1986 | A-AAAA | Eldorado (17-0) | Sarah Wilson | Los Alamos (10-4-2) | Gail Murphy | 1-0 |
| | | Sandia (9-4-3) | | | | |
| | | Eldorado (17-0) | | | | |
| 1983 | A-AAAA | Los Alamos (16-1) | Doug Challenger | Eldorado (12-2-2) | Sara Emmons | 3-0 |
| | | Eldorado (17-0-1) | | | | |
| 1981 | A-AAAA | Los Alamos (16-0) | Joseph Gyetvai | Santa Fe (xx) | Martin Jacobson | 4-1 |

To update information, please contact Tyler Dunkel, Assistant Director of Sports (505-923-3295) or e-mail tyler@nmact.org







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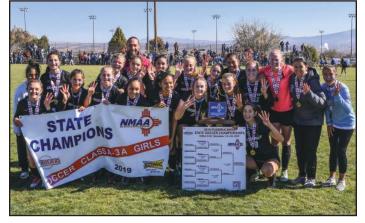


Alissa Wesbrook Assistant to Executive Director



Sandia Prep Wins Fourth Straight Blue Trophy

St. Pius X Hoists 4A Championship Trophy



The Sandia Prep girls' soccer team hoisted the blue trophy for the fourth year in a row, at the 2019 Fuddruckers A-3A Girls' State Soccer Championships, with a dominating 4-1 win over the Socorro Warriors. This was the second title under head coach Matt Westerlund.

The Sundevils got an early goal from Jacqueline Rodriguez less than 10 minutes into the match. The Sundevils also got goals from Ava Forrester and Isa Gilbert, giving Sandia Prep a 3-0 lead going to halftime.

Sandia Prep added another goal at the 60-minute mark of the game, a shot by Maddie Hashagen, to make it 4-0 Sundevils. Socorro's only goal of the game came in the 77th minute by Consuelo Apache. However, the three-goal lead was too much for the Warriors to overcome as Sandia Prep captured the 2019 Fuddruckers State A-3A Girls Championship.



The St. Pius X Sartans faced three-time defending State Champion Albuquerque Academy in the 2019 Fuddruckers 4A Girls' State Soccer Championship game, winning 2-1. This was the first title for the Sartans since 2015 and the ninth blue trophy for the program.

The Sartans scored first on a penalty kick by Emma Donlin in the 14th minute to make it 1-0, St. Pius X. Then, just under the 30-minute mark of the game, Grace Romero scored on a 3-on-1 shot to give the Sartans a 2-0 lead. The score remained the same at the half.

Albuquerque Academy got on the board in the second, as Alexis Lin found the back of the net, making it 2-1. In the end though, St. Pius X captured the 2019 State title and their ninth in school history.



Volcano Vista Back on Top of 5A

St. Michael's Boys Win A-3A Championship



The Volcano Vista Hawks defeated Centennial 2-0 in the 2019 Fuddruckers 5A Girls' State Soccer Championship, earning their first blue trophy in girls' soccer since 2010. It was the 18th shutout for the Hawks during the 2019 season.

On the first set piece of the game, the Hawks' Dalis Bruce knocked the ball in the back of the net off a corner kick, making it 1-0 Volcano Vista. The Hawks maintained the 1-0 lead into halftime.

Lauren Machuca added an insurance goal for the Hawks in the 76-minute.

Just minutes later, the whistle blew to end the game and the Hawks ended their nine year drought, capturing the 2019 5A Girls' State Championship.



The St. Michael's Horsemen captured their first boys' soccer title in school history with a 4-2 shootout win over New Mexico Military Institute Colts. The Horsemen knocked off the number one and number two seeds in the tournament on their way to the blue trophy.

Both teams had their chances in the game but superb defensive work on both sides did not allow a goal. The two teams played four overtimes with no score, so a shootout was needed to determine the 2019 A-3A champion.

The two teams went 1-1 to start the shootout but two misses by NMMI allowed St. Michael's to pull ahead, eventually winning 4-2 in the shootout.



Los Lunas Wins 4A Boys' Soccer Title

Albuquerque High Wins Third Blue Trophy



The Los Lunas Tigers and Los Alamos Hilltoppers squared off in a classic matchup in the 2019 Fuddruckers 4A Boys' State Soccer Championship game. In the end, The Tigers hoisted the blue trophy for the first time since 1983. It is the second boys' soccer championship for the Tigers in school history.

Los Lunas scored the first goal on a penalty kick by Bryan Tarango in the 34th minute. The Tigers took a one goal lead into half.

Late in the second half, Los Alamos got the equalizer with a penalty kick of their own by Syler Sylvester, to make it 1-1. But, less than two minutes later, Tarango scored the game winning goal, his second goal of the match, making it 2-1, with just seconds left in the game.

Moments later, the whistle blew to end the game and Los Lunas hoisted the blue trophy.

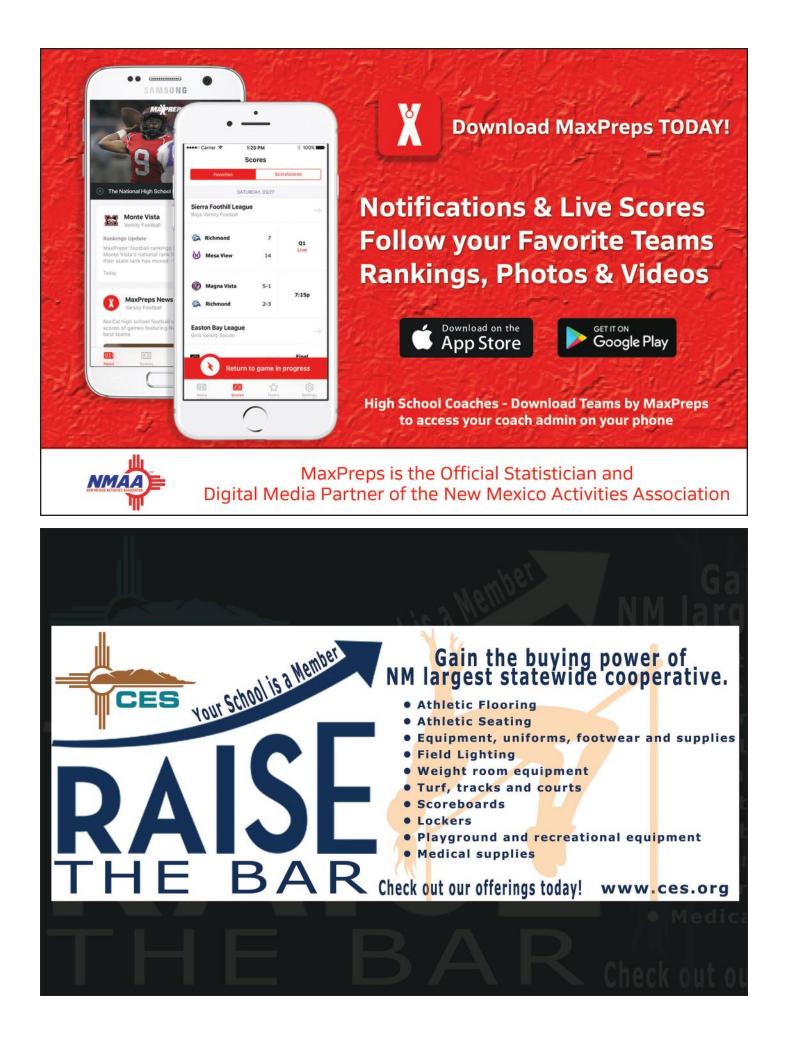


The No. 1 seeded Albuquerque High Bulldogs captured their third state title in five years, with a 2-0 victory over the Hobbs Eagles in the 2019 Fuddruckers 5A Boys' State Soccer Championship game. The Bulldogs have now won the state title in each odd year since 2015.

This match was scoreless in the first half of play, as neither team could find the back of the net.

In the second half, however, the Bulldogs got two quick goals in the final 40 minutes of play. Christian Nava was in the right place at the right time not just once but twice, finding the back of the net.

For the Eagles, the 2-0 deficit was just too much to overcome, as Albuquerque High hoisted the blue trophy overhead for the first time since 2017.





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