

Laboratoires
activa

Intracellular Nutrition®
Synergy of Science and Well-being

PRODUCT CATALOG



WELL-BEING



CHRONO



NUTRILAB



HUMAN STRUCTURE

HEALTH SUPPLEMENTS

NEW GENERATION



French laboratories
Products developed and
manufactured in France

FRENCH EXCELLENCE AND EXPERTISE

Intracellular nutrition®

The complexes from Laboratoires Activa are part of an Intracellular Nutrition® approach, designed to support the body's natural self-regulation mechanisms without acting on the symptom itself.

When cellular balance is altered, targeted nutrient intake nourishes the relevant cell groups, helping to restore their physiological function.

100% biocompatible, Activa solutions are immediately recognized by the body, ensuring bioavailability, tolerance, and therapeutic coherence.



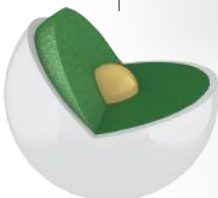
- Natural active ingredients from standardized dry extracts
- Sequential formulas for a synergistic action of the components
- Gastro-resistant microgranules that ensure rapid passage into the intestine and preservation of the active ingredients



We develop, formulate, and produce next-generation health supplements in France.



Microgranule® – A unique gastro-resistant delivery technology



INNOVATION - EFFECTIVENESS - SAFETY - TECHNOLOGY

A holistic approach to well-being.

Our goal is to help as many people as possible feel in harmony with their environment and achieve lasting vitality through essential natural solutions. We develop a new generation of health supplements, designed with the full range of the body's physiological mechanisms in mind.



"Activa was born from a desire to change the way we care for ourselves. We bring our expertise to "phytovitality", targeting specific imbalances in the body with natural precision—without interference or side effects."

EXPERT RECOMMENDATIONS



Suitable during pregnancy



Suitable during breastfeeding



Suitable for children



Not recommended during pregnancy



Not recommended during breastfeeding



Not recommended for children



Allergens and usage > Seek advice from your healthcare professional
precautions



Rigorous selection of actives, assembled via scientific protocols



Perfect assimilation of actives—without overload or disruption



Innovative delivery technology with gastro-resistant microgranules



Expertise ensuring optimal release of actives at the right time in the body



French laboratories specializing in highly bioavailable complexes

actiVa Well-being

- Effective from day 1
- Up to 1 month per box
- Natural ingredients
- Non-habit forming
- Easy compliance

Prevention and deep-acting support



32 products



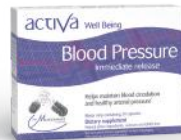
Well-being

Beauty & Radiance

- ▶ Helps keep skin hydrated
- ▶ Helps to restructure the skin
- ▶ Supports good capillary circulation

Cold-pressed blend of oils: Grape seed oil • Wheat germ oil • Evening primrose oil • Borage oil

30 softgels | 1 softgel per day



Well-being

Blood Pressure

- ▶ Helps maintain healthy blood circulation and blood pressure

Blackcurrant • Bilberry • Olive • Red vine • Bilberry • Galega • Grape seeds • Meadowsweet • Bearberry • Rhubarb • L-Carnitine • Wayfaring tree • L-Tryptophan • Grapefruit • L-Histidine

30 capsules | 1 capsule per day



Well-being

Cholesterol

- ▶ Helps maintain normal cholesterol levels
- ▶ Contributes to balancing blood lipid levels

Guggul • Red yeast rice • Phytosterols®

30 capsules | 1 capsule per day



Well-being

Circulation

- ▶ Helps maintain circulatory comfort and venous tone
- ▶ Supports healthy leg vein function (heavy legs)

Blackcurrant • Olive • Red vine • Bilberry • L-Arginine • Hibiscus • Hawthorn • Tryptophan • Taurine • Lemon Balm • Vitamin E

30 capsules | 1 capsule per day





Well-being

Detox

- ▶ Promotes elimination
- ▶ Helps purify the body
- ▶ Supports normal bowel transit

Fucus • Ascophyllum • Laminaria • Lithothamnium

45 capsules | 2 capsules per day



Well-being

Digestion

- ▶ Promotes daily digestive well-being
- ▶ Stimulates digestion and intestinal transit

Lemon balm • Dandelion • Sage

30 capsules | 1 capsule per day



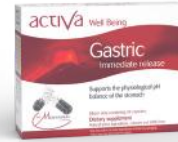
Well-being

Elimination

- ▶ Helps maintain urinary comfort and kidney elimination

Nettle • Cranberry • Elecampane • Maca • Horsetail • Couchgrass • Dandelion • Heather • Ginger • Linden • Sage • Artichoke

30 capsules | 1 capsule per day



Well-being

Gastric

- ▶ Helps maintain the stomach's acid-base balance

Fenugreek • Dandelion • Lemon Balm • Sage - Tryptophan - L-Alanine

30 capsules | 1 capsule per day



Well-being

Hair

- ▶ Helps fight hair loss
- ▶ Strengthens hair quality and vitality

Saw Palmetto • Marigold • Watercress • Nettle • Bilberry

45 capsules | 2 capsules per day



* by opening the capsule



Well-being

Immunity

- ▶ Guaranteed 4% 10-DHA content
- ▶ Helps support the body's natural defenses
- ▶ Helps soothe the respiratory tract

Propolis • Royal Jelly • Thyme • Glycine

45 capsules | 2 capsules per day



Well-being

Inflammlyse

- ▶ Supports joint comfort and soothing
- ▶ Helps maintain healthy nerve cell balance

Cysteine • Methyl-Sulfonyl-Methane • Tryptophan • Lysine • Acetic Acid • Glutathione • Thiamine (Vitamin B1) • Serine

30 capsules | 1 capsule per day



Well-being

Joint

- ▶ Helps maintain joint flexibility
- ▶ Contributes to healthy joints

Marine Chondroitin • Harpagophytum • Turmeric CSE • Cysteine • Glucosamine • Proline • Hyaluronic Acid • Glutathione • Glycine • Bamboo • Lysine • Acetic Acid • Type II Collagen • Methyl-Sulfonyl-Methane.

30 capsules | 1 capsule per day



Well-being

Man

- ▶ Supports sexual desire and function
- ▶ Helps protect urinary tract health

Squash seeds • Couchgrass • Cranberry • Ginger • Tribulus • Damiana • Maca

30 capsules | 1 capsule per day



Antihypertensive or antidiabetic treatment



Well-being

Memory

- ▶ Helps maintain optimal brain, visual and cardiovascular function

Pure, high-quality Omega 3 • EPA/ DHA

30 softgels | 1 softgel per day



Well-being

Menopause

- ▶ helps reduce hot flashes
- ▶ Helps regulate mood
- ▶ Supports female vitality

Hops • Wild yam • Tribulus • Yarrow • Maca • Royal jelly • Acerola • Damiana • Sage

30 capsules | 1 capsule per day



History of hormone-dependent cancer, antihypertensive or antidiabetic treatment.



Well-being

Mental+

- Helps reduce irritability
- Helps maintain a positive mood
- Helps cope with emotional stress
- Helps maintain mental balance

Ginseng • Rhodiola • Griffonia • Saffron • Ashwagandha • L-Theanine • L-Phenylalanine • L-Tyrosine • Zinc • L-Alanine

30 capsules | 1 capsule per day



Well-being

Myorelax

- Source of magnesium, helps relieve cramps
- Supports normal nervous system function.
- Antioxidant, contributes to proper muscle function

SOD melon • Magnesium (Citrate) • Citrulline • Ornithine • Pyridoxine (Vitamin B6) • Riboflavin (Vitamin B2) • Zinc

30 capsules | 1 capsule per day



Well-being

Respiration

- Helps relieve respiratory discomfort and soothes the throat
- Helps relieve irritation of the throat and pharynx

Marshmallow • Eucalyptus • Bilberry • Hawthorn • Elecampane • Mallow • Primrose • Yarrow • Mullein • Plantain

30 capsules | 1 capsule per day



Well-being

Serenity

- Helps restore calm and relaxation
- Helps cope with everyday stress

Eschscholzia • Passiflora • L-Arginine • Matricaria • Tryptophan • Glycine • Lime tree • Hawthorn • Lemon balm • L-Alanine • L-Tyrosine • L-Phenylalanine • L-Adenosine • Melatonin

30 capsules | 1 capsule per day



Well-being

SkinGlow

- Contributes to skin hydration
- Plumps and smooths the skin
- Supports skin radiance and glow

Hydrosoluble keratin • Marine collagen and elastin complex • L-Cystine • L-Threonine

30 capsules | 1 capsule per day





Well-being

Sleep

- ▶ Helps with falling asleep
- ▶ Helps prevent night-time awakenings
- ▶ Promotes relaxation, calm and serenity
- ▶ Contributes to restorative sleep

Eschscholzia • Passion flower • Matricaria • Hawthorn • Lime tree • Lemon balm • Tryptophan • L-Tyrosine • Phenylalanine



30 capsules | 1 capsule per day



Well-being

Slimness

- ▶ Helps refine the figure
- ▶ Supports fat breakdown

Green tea • Guarana • Fucus • Pineapple • Ginger

30 capsules | 1 capsule per day



Well-being

Spirulina

- ▶ Supports the immune system
- ▶ Has antioxidant properties
- ▶ Helps maintain energy and vitality.

Spirulina • Watercress

30 capsules | 1 capsule per day



Well-being

Starter Vit C

- ▶ **Natural Vitamin C: 300 mg**
- ▶ Helps reduce fatigue
- ▶ Promotes cell protection against oxidative stress

Acerola • Camu - Camu

45 capsules | 2 capsules per day



Well-being

Sun

- ▶ Helps optimize and maintain the skin's tan
- ▶ Helps support skin balance and elasticity

Cold-pressed oil complex: Evening Primrose oil • Borage oil • Avocado oil • Carrot oil • Lycopene

30 softgels | 1 softgel per day



Well-being

Symbiotic

- ▶ **2 prebiotics + 12 billion gastro-protected probiotics**

Fructooligosaccharides • Ribose • Bifidobacterium: longum & infantis • Lactobacillus: acidophilus & rhamnosus

30 capsules | 1 capsule per day





Well-being

Symbiotic Gyn

- ▶ 2 prebiotics + 10 billion gastro-protected probiotics
- ▶ Promotes the restoration of the female microbiota, essential to balance and to women's natural defenses

Fructooligosaccharides • Ribose • Lactobacillus: crispatus • gasseri, rhamnosus & reuteri

30 capsules | 1 capsule per day



Well-being

Symbiotic Digest

- ▶ 2 prebiotics + 8.4 billion gastro-protected probiotics.
- ▶ 3 plants with digestive properties for optimal digestive comfort

Fructooligosaccharides • Ribose • Bifidobacterium: longum & infantis • Lactobacillus: acidophilus & rhamnosus • Lemon balm • Dandelion • Sage

30 capsules | 1 capsule per day



Well-being

Synergy Plus

- ▶ Boosts and regenerates the body
- ▶ Helps maintain the normal function of the immune, cognitive and musculoskeletal systems.

L-Ornithine • L-Alanine • Vitamin B3 • L-Arginine • Tryptophan • Vitamin D3 • Magnesium • Calcium • Zinc •

30 capsules | 1 capsule per day



Well-being

Vitality

- ▶ Supports physical and mental performance
- ▶ Helps fight temporary fatigue effectively

Ginseng • Acerola • Guarana • Pineapple

30 capsules | 1 capsule per day



Well-being

Vision

- ▶ Supports healthy eye function
- ▶ Helps maintain eye health and normal vision

Synergistic complex of plants, vitamins and amino acids

30 capsules | 1 capsule per day



Well-being

Woman

- ▶ Helps stimulate female libido
- ▶ Supports feminine balance and well-being

Tribulus • Maca • Damiana • Achilea - Wormwood - Sage • Acerola

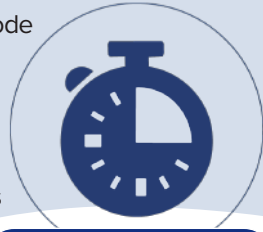
30 capsules | 1 capsule per day



actiVa Chrono

For ultra-fast action

- From the first signs of discomfort or in case of acute episode
- Can be used alone or alongside a treatment
- Natural active ingredients, with no colorants or GMOs
- Highly bioavailable complexes
- Adapted dosage for fast action
- Packaging and duration adapted to occasional conditions



13 products



Chrono

Circulation

ultra-fast Targeted action

- Helps maintain circulatory comfort and venous tone

Blackcurrant • Olive • Red vine • Bilberry • L-Arginine • Hibiscus • Hawthorn • Tryptophan • Taurine • Lemon Balm • Vitamin E

15 capsules | 2 capsules per day



Chrono

Digestion

ultra-fast Targeted action

- Helps promote good digestion
- Supports digestive comfort

Lemon balm • Dandelion • Sage

15 capsules | 2 capsules per day



Chrono

Elimination

ultra-fast Targeted action

- Promotes urinary comfort and kidney elimination

Cranberry • Hibiscus • Heather

15 capsules | 2 capsules per day



* by opening the capsule



Chrono

Gastric

ultra-fast Targeted action

- ▶ Helps maintain the stomach's acid-base balance

Fenugreek • Dandelion • Lemon Balm • Sage • Tryptophan • L-Alanine

15 capsules | 2 capsules per day



Chrono

HRPS

ultra-fast Targeted action

- ▶ Helps strengthen the body's natural defenses

Propolis • Royal Jelly • Thyme • Acerola • Achilea • Tribulus • L-Glycine

15 capsules | 3 capsules per day in one intake



Chrono

Inflammlyse

ultra-fast Targeted action

- ▶ Acts on the inflammatory process
- ▶ Supports joint comfort and soothing

Cysteine • Methyl-Sulfonyl-Methane • Tryptophan • Lysine • Acetic Acid • Glutathione • Thiamine (Vitamin B1) • Serine

15 capsules | 2 capsules per day



Chrono

Respiration

ultra-fast Targeted action

- ▶ Helps relieve respiratory discomfort and soothes the throat

Marshmallow • Eucalyptus • Bilberry • Elecampane • Hawthorn • Common mallow • Primrose • Yarrow • Mullein • Plantain

15 capsules | 2 capsules per day



Chrono

Serenity

ultra-fast Targeted action

- ▶ Helps restore calm and relaxation
- ▶ Helps cope with everyday stress

Eschscholzia • Passiflora • Matricaria • L-Arginine • Tryptophan • Glycine • Lime tree • Hawthorn • Lemon balm • L-Alanine • L-Tyrosine • L-Phenylalanine • L-Adenosine • Melatonin

15 capsules | 2 capsules per day



* by opening the capsule



Chrono

Symbiotic

ultra-fast Targeted action

► Helps maintain a balanced intestinal microbiota

4 Probiotics 24 Billion > Lactobacillus: acidophilus & reuteri & rhamnosus • Bifidobacterium: longum & infantis +
2 Prebiotics > Fructooligosaccharides • Ribose

15 capsules | 2 capsules per day



Chrono

Symbiotic Gyn

ultra-fast Targeted action

► Helps maintain a balanced vaginal microbiota

4 Probiotics 20 Billion > Lactobacillus: crispatus • gasseri • rhamnosus & reuteri + **2 prebiotics** > Fructooligosaccharides • Ribose

15 capsules | 2 capsules per day



Chrono

Symbiotic Oral Protect

ultra-fast Targeted action

► Helps maintain a balanced oral and gum microbiota

5 Probiotics 17 Billion > Lactobacillus : acidophilus, reuteri & rhamnosus • Bifidobacterium : longum & infantis +
2 Prebiotics > Fructooligosaccharides • Ribose

15 capsules | 2 capsules per day



Chrono

Transilax

ultra-fast Targeted action

► Promotes healthy bowel transit
► Helps relieve occasional constipation

Tamarind • Plum • Bilberry • Marshmallow • Milk thistle • Sage
• Tryptophan • Lysine • Common mallow • Alanine

15 capsules | 1 capsule per day



Chrono

Vitality

ultra-fast Targeted action

► Supports physical and mental performance
► Helps combat temporary fatigue effectively

Ginseng • Guarana • Acerola • Pineapple

15 capsules | 2 capsules per day



* by opening the capsule

A natural alternative to traditional treatments, developed through endocellular research by Nutrilab Laboratories in collaboration with Activa Laboratories



1 product



INNOVATION

Based on the clinical study of the first formula: Nutri Endo

Nutri Endo Plus



- ▶ Helps soothe periodic abdominal cramps
- ▶ Helps reduce menstrual pain

Cotton grass • Resveratrol • L-Tryptophan • Hibiscus • Rhodiola/Rose stonecrop • Ginger • Barberry • Threonine • Yarrow • Vitamin E • Vitamin C • Lysine • Phenyl L-Alanine

60 capsules | 2 capsules per day



Diabetic, hepatic or cardiac disorders

NOTES

To consult the clinical study Nutri Endo, scan me



actiVa Human Structure

For the self-regulation and balance of metabolic processes

- A range designed to help balance lipids, proteins, carbohydrates and the antioxidant defense system
- Suitable for sports practice



6 products



Human Structure

GlucidoTonic

ultra-fast Targeted action

- Supports carbohydrate metabolism
- Helps with the storage and release of sugars

Galega • Grape Seeds • Meadowsweet • Bearberry
 • Rhubarb • L-Carnitine • Bilberry • wayfaring tree •
 L-Tryptophan • Grapefruit • L-Histidine

60 capsules | 2 capsules per day



Salicylate derivatives
 Anticoagulant treatment
 Kidney failure
 Antidiabetic drugs



Human Structure

H2Tonic

- Helps protect the body and skin from oxidative stress
- Supports the normal function of the immune system

SOD (Superoxidedismutase) • Fermented Papaya • Blackcurrant
 • Manganese • Zinc • Copper • Glutamic Acid • Histidine •
 Threonine

60 capsules | 2 capsules per day



Human Structure

OleaTonic

- Promotes healthy venous and capillary circulation

Borage Oil • Evening Primrose Oil • Wheat Germ Oil • Grape
 Seed Oil • Omega 3 and 6

60 softgels | 2 softgels per day



Laboratoires
activa
Intracellular Nutrition®
Synergy of Science and Well-being

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French laboratories
Products developed and
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FOR THE EXCLUSIVE USE OF HEALTH PROFESSIONALS