



Sukhā

Quality, Performance & Comfort



Exclusive to OrthoCanada

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Exclusive to OrthoCanada, Sukha is a carefully curated line of professional massage therapy products that brings performance, reliability, and value to the workplace. The design, quality and craftsmanship of Sukha products have been tested to meet Canadian safety standards, the daily needs of high-volume clinics, and patient comfort.





Sukhā

Enriched with
Aloe Vera & Vitamin E
Balanced Glide & Grip
Paraben & Fragrance-free
Hypoallergenic

The Sukha Professional Multipurpose Massage Lotion is a water and natural oil-based lotion and has been carefully formulated for a variety of massage therapy techniques. Its exceptionally light, smooth, silk-like feel, creamy texture and slow absorption rate provide an ideal and gentle drag across the soft tissues and delivers a nice balance between glide and grip for both superficial and deeper treatment across all body parts. Non-greasy, soothing formula enriched with Aloe Vera and Vitamin E leaves skin feeling soft, nourished, and moisturized. Free of fragrance, dyes, and nut oils to reduce the incidence of allergies. Made in Canada.

How to Choose the Right Massage Medium

Introducing the right massage medium requires careful consideration. Selecting the appropriate massage oil, lotion or cream can significantly impact the overall experience and effectiveness of the massage. By taking into account key considerations, such as intended use, glide & grip requirements, and absorption rate, you can select the product that meets the specific needs of your patient and the techniques involved.

	Massage Oil	Massage Lotion	Massage Cream
Intended use	For superficial massage, used for long gliding strokes	For most massage techniques, superficial and deep	Ideal for deep tissue massage
Viscosity	Low	Medium	High
Absorption	Slow	Moderate > High	Moderate
Glide	High	Moderate	Low
Grip	Low	Moderate	High
Moisturizing	Low	Moderate > High	High
Nourishing	Low	Moderate	High
Ingredients	Typically oil-based	Water-based with added oils, botanical extracts	Water-based with added oils, emollients, and butters

Sukha Professional Multipurpose Massage Lotion

OC-026300	1 gal
OC-026300-04	1 gal (case of 4)
OC-026301	1 L
OC-026303	Pump for 1 gal



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Sukha Flat Top Electric Massage Table

The Sukha Flat Top Electric Massage Table is an excellent choice and great value. Its actuator easily adjusts the exceptional height range of 17" to 38.5" smoothly and quietly with the touch of the pedal. The 3" multi-layer plush padding provides a comfortable and relaxing treatment setting for your patients. The frame has been reinforced, and the actuator carefully selected to accommodate a static load of 900lb and meet Canadian electric and load safety standards (CSA/QPS). Includes a face rest platform, ultra-soft face rest cushion and armrest shelf.

SU-700-B Black

Specifications

Width	30"
Length	72.5"
Length	with face rest 83"
Height	17" - 38.5"
Lifting Capacity	450 lb
Static Load Capacity	900 lb



Ultra-Soft Face Rest Cushion & Aluminum Face Rest Platform

Adjustable angle and removable for supine treatments.



Armrest Shelf

Adjustable for patient comfort and gives access to shoulders and back.





3" Plush Padding

Multi-layered plush padding with Soft-Touch upholstery fabric for added comfort

Rounded Corners

Provide a soft and aesthetically pleasing look.

**Canadian
Electrical Safety**
Meets Canadian electrical &
load safety standards



Adjustable Height
Easy, smooth and quiet height
adjustment from 17" - 38.5"

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Sukha Stationary Massage Table

This classic stationary massage table made of super-strong European beech wood includes an open storage shelf and double leg lock knobs that ensure patient safety. Table has outlets for the face rest at both ends, and height adjusts from 25" to 35.4". The 3" thick multi-layered soft-foam

cushion has rounded corners covered with a comfortable, Soft-Touch polyurethane upholstery for easy cleaning. Includes: Face rest platform, face rest cushion and armrest shelf.

SU-14000-B Black

Specifications

Width	30"
Length	75.5" (with face rest 86")
Height	25" - 35.4"
Weight Capacity	600 lb

Ultra-Soft Face Rest Cushion & Aluminum Face Rest Platform
Adjustable angle and removable for supine treatments.

3" Plush Padding
Multi-layered plush padding with Soft-Touch upholstery fabric for added comfort

Rounded Corners
Provide a soft and aesthetically pleasing look.

Armrest Shelf
Adjustable for patient comfort and gives access to shoulders and back.

Sukha Adjustable Face Rest Platform

Strong universal face rest platform fits virtually any massage table. Adjusts quickly and easily to the right position for every patient. Securely locks in place.

SU-040150-B A Black 2" x 10.2" x 2.4"

Sukha Universal Face Rest Cushion

The curved angular construction of the Sukha Universal Face Rest Cushion conforms to all individual face shapes. Made of 3.5" ultra-soft molded polyurethane foam.

SU-040100-B B Black 2" x 11.2" x 3.5"



Sukha Deluxe Portable Massage Table Bundle

SU-13001-B (Includes table, folding stool, oil holster, basalt knobble and body scrapers)

Sukha Deluxe Portable Table

This versatile massage table features a multi-layered 2.5" soft foam cushion, rounded corners, and a durable European beech wood frame. It offers safety and strength with non-gap finger joints, a full-length

piano hinge, and double leg lock knobs. Additional features include face rest outlets, Reiki endplates at both ends of the table, and Shiatsu release cables.

Includes: Face rest platform, ultra-soft face rest cushion, armrest shelf & Carrying case.

Specifications

Height	23.6" to 33.6"
Width	30"
Length	72.5" (Headrest adds 10.6")
Weight capacity	450lb
Weight	33.3lb
Colour	Black

SU-13000-B (Includes table only)



Sukha Portable Table with Adjustable Face Rest & Armrest Shelf

Standard Carrying Case

Sukha Folding Stool

Compact portable wooden stool has its own carrying handle and folds compactly for easy storage and transportation. Comfortable seat made of 2" semi-firm foam is covered with durable PVC vinyl upholstery. Fits nicely in carrying case side pocket. Weighs 5 lb and can support 265 lb.

SU-3181 C 13" X 13" X 19"

Sukha Oil Holster

For more efficient treatment delivery. Heavy-duty nylon pouch will hold any 8 oz. bottle.

SU-20120 D

Sukha Basalt Knobble

Mushroom shaped basalt stone can enhance the effectiveness of a massage when treating patients with increased muscle tension and trigger points.

SU-20100 E 2.5" x 2.5"

Sukha Guasha Body Scraper (2 pk)

Use with a smaller kneading motion to relieve increased muscle tension in specific areas.

SU-20105 F 4.7" x 2.3" x 0.24"

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Sukha Swivel Stool

This best seller includes a comfortable 15" diameter seat, with a 3" semi-firm foam cushion covered in durable PVC upholstery. Weight capacity 300lb.

SU-3180 A 19" to 24"H
 SU-3183 B 19" to 24"H w/Backrest



Sukha Saddle Stool

Designed for comfort and to improve posture while sitting. Made with 2" semi-firm foam padding and covered with durable PVC vinyl upholstery. Weight capacity 300 lb.

SU-3186 C 20.8" to 28.7"H

Sukha Full Round Bolster

Place under patient's knees, ankles, or lower abdomen (in prone lying) for support, or to relieve tension. Easy to clean polyurethane upholstery cover is zippered and has a strap handle.

SU-00826-B D 8.5"x 26"
 SU-00626-B E 6"x 26"

Sukha Knee & Positioning Wedge

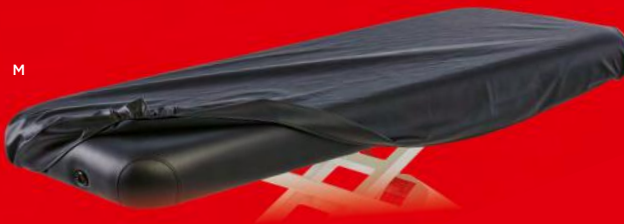
This versatile wedge enables patient treatment in an inclined position, or can be used to support knees and relieve pressure on the lumbar spine, ensuring optimal comfort.

SU-00500-B F 26"L x 18"W x 9"H

Sukha White Fitted Microfiber Face Rest Covers

Add comfort to your face rest cushion and protect it from facial oil and makeup. Made of 100% polyester with a universal size that fits most face rest cushions. Machine washable. 13" x 13"

SU-020200 H 12 pk



Sukha Pregnancy Cushion Package

For patients at any stage of pregnancy, this is an ideal solution to decompress the spine, relieve tension, and improve breathing. Includes an adjustable face cradle, removable chest cushion, pelvic support, leg bolsters, side armrests, and a carrying case.

SU-020400 G

Sukha Disposable Face Rest Cover

Soft, absorbent medical grade fibre is 100% polyester and twice the thickness of regular non-woven fabric covers. Dims 11.5" x 13"

SU-030100 I 100 pk

Sukha Disposable Fitted Face Rest Cover

Elastic, and easy-to-use to ensure safe and sanitary protection. Made from 100% polyester with a universal size that fits most face rest cushions.

Dims 13.4" x 13.4"

SU-030050 J 50 pk

Headrest Paper Sheets

High-quality paper with a smooth finish effectively protects face rest from makeup residue and facial oils. Dims 12" x 12"

OC-4614 K 1000 pk with Face Hole Slot
OC-4614-1 1000 pk without Face Hole Slot

Sukha Disposable Face Hole Cover

Effectively shields against contaminants, makeup, and facial oil. Its cross-cut design accommodates various breathing spaces, making it suitable for different shapes. Crafted from soft and thick non-woven fabric, it ensures a comfortable experience.

SU-030150 L 100 pk

Sukha Professional Vinyl Table Cover

Protect and revitalize your massage table with this soft and luxurious vinyl cover. It provides a hygienic barrier and protects against dirt, abrasions, and punctures. Its heavy-duty corner elastics make a secure fit for massage tables up to 31" wide and 75" long.

SU-020400 M Black

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Sukha Microfiber Pillowcases

Perfect blend of comfort and durability while boasting a design that's lighter than cotton, ensuring superior breathability and temperature regulation. Its stain-resistant properties make for effortless maintenance, while providing a wrinkle-free appearance. 100% polyester. Weight 90 GSM (gm/m²).

OC-020235 A 30.5" x 20.25" 12 pk



Sukha T180 Percale Pillowcases

Bring comfort to your patients during treatment and value to your clinic. Made of 50% cotton and 50% polyester, percale pillowcases provide a tighter weave, and a softer and more comfortable feel.

OC-020230 B 30.5" x 19.25" 12 pk

T180 Cloth Pillow Protectors

Offer simplified maintenance and optimal functionality, along with antibacterial and self-deodorizing properties. They are flame resistant, anti-static, and non-absorbent, ensuring. Each protector comes with a zipper for a secure closure.

OC-020270-12 C 20" x 26" 12 pk

Vinyl Pillow Protectors

Easy care waterproof vinyl pillow protectors can be wiped clean between patients. Choose between the lightweight, thin 3-gauge vinyl or the heavy-duty 6-gauge vinyl. Protectors are antibacterial, self-deodorizing, flame resistant, anti-static, and non-absorbent.

OC-020271-6G D 21" x 27" 6 Gauge 2 pk
OC-020271-2 21" x 27" 3 Gauge 2 pk
OC-020271-12 21" x 27" 3 Gauge 12 pk

Disposable Pillowcases

Single use pillowcases are the perfect solution for maintaining hygiene and convenience. Designed to provide a clean and fresh surface for each patient, they offer a soft and comfortable feel while ensuring protection against contaminants. Crafted from high-quality tissue poly-blend.

OC-4625P E 21" x 30" 100 pk



Vintex Pillow with Antibacterial Cover

Designed specifically for healthcare facilities and busy clinics, this antibacterial cover ensures simplified maintenance. The 100% PVC cover is waterproof, flame-resistant, and antibacterial, while the pillow itself is filled with 100% polyester for ultimate comfort.



OC-020269	F	20" x 25"	Blue	Single
OC-020269-10		20" x 25"	Blue	10 pk

D



Sweet Dreams Pillow

The Sweet Dreams pillow is made of hypoallergenic gel fibers and offers a very comfortable cervical support to patients. Easy to clean and machine washable.

OC-020272	G	24" x 16" x 4"	Single
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Sukha Towel Collection

Ideal for use in a clinical setting, our lightweight Sukha towel collection includes face, hand and bath towels. Made of 100% soft and durable ring spun cotton. The ring spun method uses mechanical twisting and thinning to strengthen and soften the cotton towels. It provides a tighter weave, softer, silkier, more comfortable feel and extends the life of the towels compared to open end cotton towels. Includes full terry (no decorative borders).



Understanding Towel Weight

Towels are classified by their weight categories - light, medium, and heavyweight. Towel weight is one of many quality indicators and is measured in pounds per dozen of a given size. The weight directly correlates to the absorbency and luxurious feel of the towel.

Light Weight

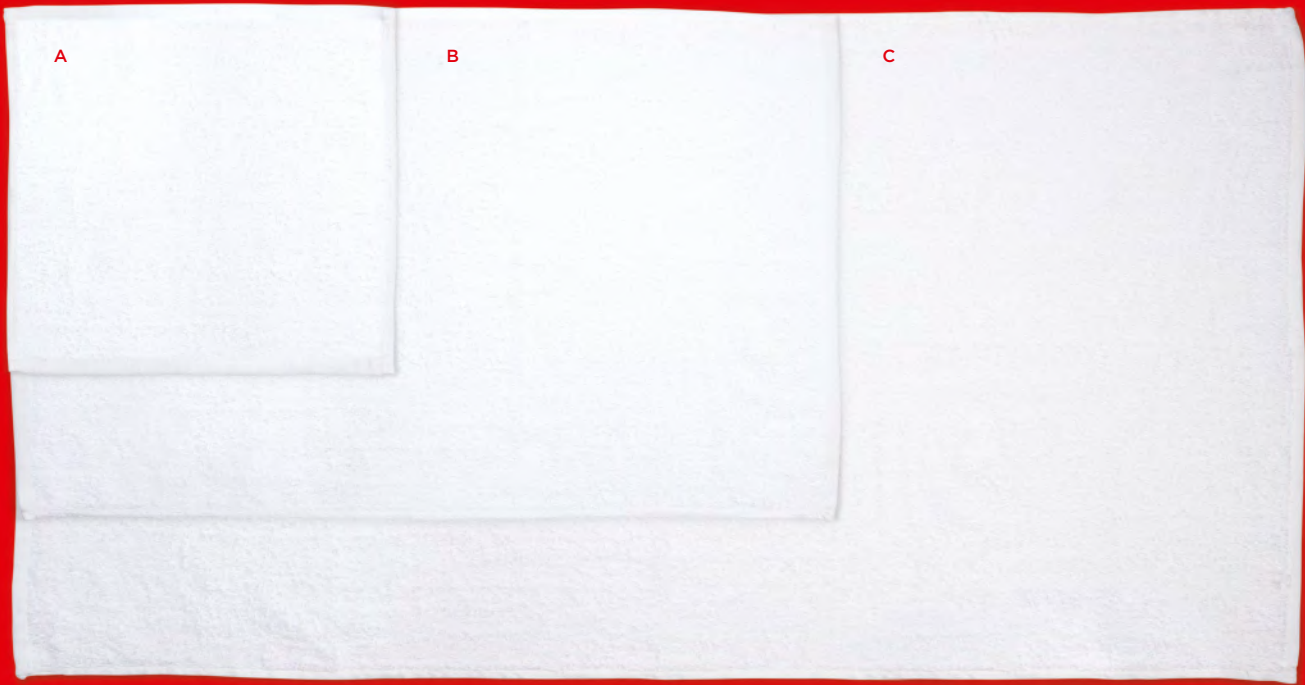
Light weight towels are an excellent cost-effective option for clinics and institutions with high towel usage, as they dry quickly.

Medium Weight

towels are a popular choice for institutions seeking a balance between absorbency and practicality. They are ideal for hotels, guests, and spas.

Heavy Weight

towels represent a luxurious choice, particularly for upscale hotels and resorts. These towels are denser, thicker, and offer the highest level of absorbency.



OC-020180-12	A	12" x 12"	Face Towels	12 pk	1 lb Weight
OC-020182-12	B	16" x 27"	Hand Towels	12 pk	3 lb Weight
OC-020185-12	C	22" x 44"	Bath Towels	12 pk	6 lb Weight



Nellie's Bulk Laundry Detergent

Eco-friendly, biodegradable, and free from SLS, SLES, gluten, phosphates, fragrance, and chlorine, Nellie's highly concentrated formula ensures effectiveness while being quick dissolving. With the 16.5 kg bulk container, you can enjoy up to 1100 loads of clean laundry, making it a long-lasting and cost-effective choice.

OC-1200-165 D 16.5kg

Myo-Ther N-Zyme Laundry Aid

A Bacteriostatic enzymatic cleaner, the Myo-ther N-Zyme contains 3 enzymes to entirely break down and dissolve carbohydrates, proteins, fats and oils. It can be used as a laundry spot pre-treatment in conjunction with your regular detergent or as a surface cleaner.

- Made of biodegradable materials
- Contains surfactants to help lift dirt and debris
- Contains 3 enzymes to fully breakdown stains
- Helps prevent microbial growth on items cleaned

OC-1210-4L E 4L

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Sukha 3 Piece Microfiber Sheet Set

The perfect blend of luxury, durability and outstanding value. This universal size of premium 100% polyester includes a fitted sheet, a flat sheet, and a face rest cover. Patients will appreciate the soft feel, while clinic owners will enjoy the long-lasting durability and reduced laundry costs. With a thickness of 120 GSM (g/m²), our Sukha microfiber sheets rival the comfort of a 300 thread count cotton sheet, ensuring ultimate comfort for your patients.

SU-020150	13" x 13"	Face Rest Cover
	33.5" x 75"	Fitted Sheet
	60" x 90"	Flat Sheet



Sukha 3 Piece White Cotton Flannel Sheet Set

Natural 100% cotton flannel sheet set provides a warm and cozy feeling. The elasticized hem on the fitted sheet ensures a snug fit over tables up to 32" wide.

SU-020100	15" x 6"	Face Rest Cover
	36" x 78"	Fitted Sheet
	61" x 100"	Flat Sheet



Sukha Microfiber Flat Sheets

Crafted from premium microfiber, these sheets offer a silky-smooth texture against the skin, creating a luxurious and soothing sensation. Wrinkle-resistant and generously sized, they provide a seamless fit for a serene and professional environment. 100% polyester, 90 GSM (g/m2).

OC-020192 54" x 90" 12 pk



Sukha T200 Percale Flat Sheets

Perfect blend of comfort and durability, while boasting a design that's lighter than cotton, ensuring superior breathability and temperature regulation. Its stain-resistant properties make for effortless maintenance, while providing a wrinkle-free appearance. 100% polyester, 90 GSM (gm/m2).

OC-020194 54" x 95" 12 pk



How to Choose the Right Sheets for Your Clinic

Not only do sheets protect your massage table from stains and wear, they're an essential component of patient comfort and should be chosen carefully. To assist you in making an informed decision, we have developed a comprehensive comparison of three popular fabrics: Percale, Microfiber, and Flannel. From fabric composition to breathability, durability, warmth, wrinkle and stain resistance, this guide will help you select sheets that combine a luxurious feel, practicality, and longevity, and are perfect for your clinic.

	Microfiber	Flannel	Percale
Fabric	Polyester	Cotton blend	Cotton blend
Texture	Soft & smooth	Soft & fuzzy	Crisp & cool
Breathability	Moderate	Low	High
Durability	Moderate	High	High
Warmth	Low	High	Low
Wrinkle resistance	High	Moderate	Moderate
Stain resistance	High	Low	Moderate