

JANUARY - FEBRUARY 2025

AUSTIN WOMAN'S CLUB

NEWSLETTER

A Note from Dot...

Greetings AWC Members!

We have definitely had a banner year celebrating our Chateau! Thank you all for participating, volunteering and caring about the future of Chateau Bellevue. We have quite the legacy to uphold. The women who formed AWC could not possibly have known what the future would hold but they knew it was something special.

A new year, a new you? Forget making a resolution you won't keep. Instead, it's a perfect time of the year to set new goals and catch up on all those little annoying tasks we put aside during the holiday season. January is a great month for reflecting and reimagining. I was doing just that regarding the AWC and setting goals for the second half of my time as your President.

More change is coming our way. Your Board will be working hard to adjust our business model, develop new ways to increase our revenue, and also work hard to expose the Austin Community to the beautiful Chateau. We are all committed to providing a great experience to our members, while also focusing on preserving our home.

May the best of 2024 stay with you as we transition into a new year.

With Much Gratitude,

Dot Swanson

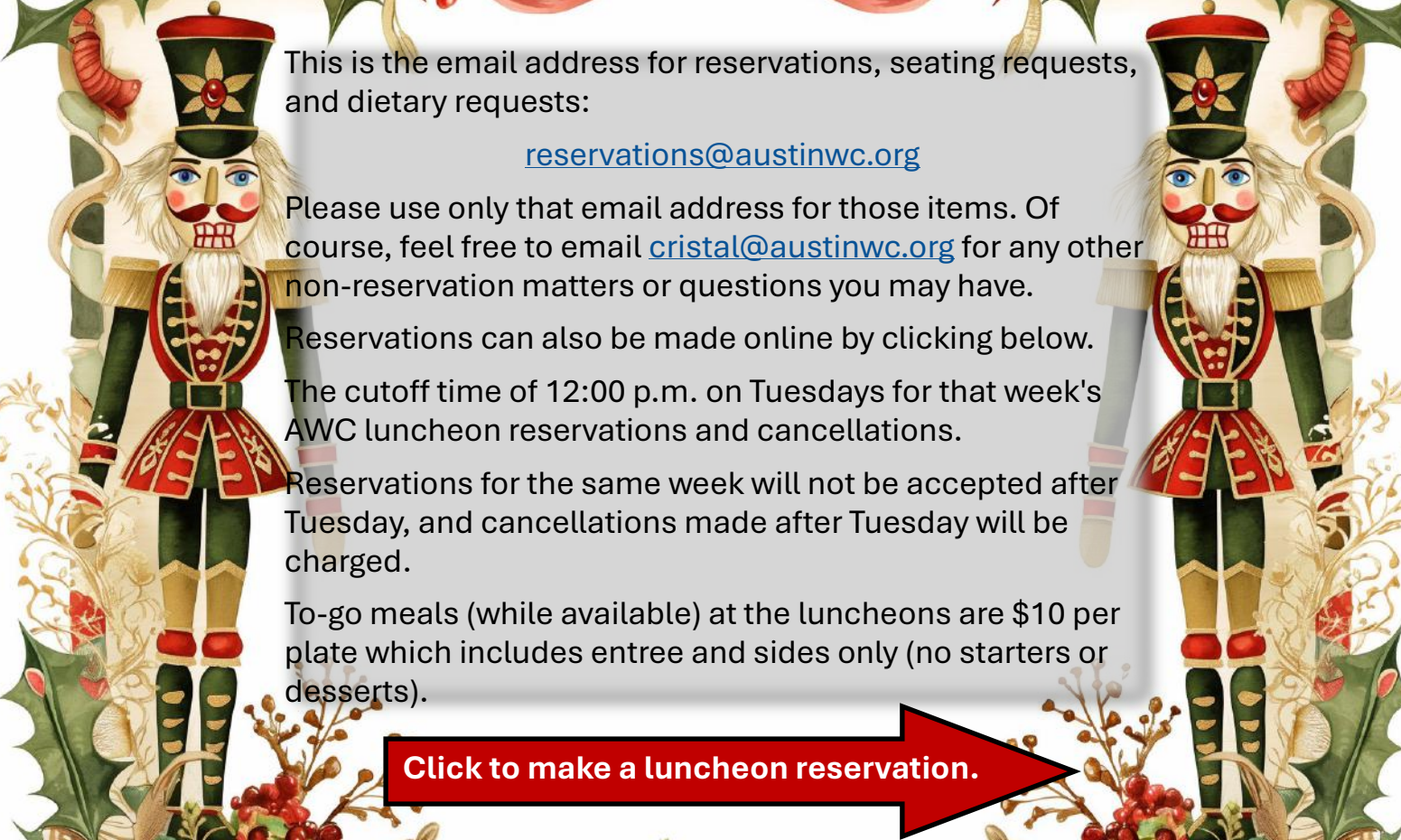

President, Austin Woman's Club



WELCOME NEW MEMBERS

Dinah Weems
Jane Stein
Karen Chitwood
Alissa Bayer
Patty Webb

RESERVATION PROCEDURES



This is the email address for reservations, seating requests, and dietary requests:

reservations@austinwc.org

Please use only that email address for those items. Of course, feel free to email cristal@austinwc.org for any other non-reservation matters or questions you may have.

Reservations can also be made online by clicking below.

The cutoff time of 12:00 p.m. on Tuesdays for that week's AWC luncheon reservations and cancellations.

Reservations for the same week will not be accepted after Tuesday, and cancellations made after Tuesday will be charged.

To-go meals (while available) at the luncheons are \$10 per plate which includes entree and sides only (no starters or desserts).

[Click to make a luncheon reservation.](#)



JANUARY 2025 EVENTS

THURSDAY, JANUARY 2, 2025

CHATEAU CLOSED

THURSDAY, JANUARY 9, 2025

11:30 - 1:00 P.M.

Introduction by Susan Ashworth



"I miss my mom. I don't get to see her much, so her reading means the world to me!"

Women's Storybook Project of Texas is a women's prison program that connects children with their incarcerated mothers through the joy of literature. Their primary goal is to reduce the rate of reincarceration among incarcerated mothers by strengthening the mother-child connection through literature. This project requires volunteers to travel to Texas female prisons to record incarcerated mothers as they read stories to their children.

These recordings provide a chance for children to hear their mother's voice while they are away. Connecting the children and mothers helps provide a reason for the mothers to work hard not to return to prison. The Storybook Project is a nonprofit organization.

JANUARY 2025 EVENTS

THURSDAY, JANUARY 16, 2025
11:30 - 1:00 P.M.

Introduction by Karen Haschke



austin classical guitar

Dr. Matthew Hinsley, Executive Director

From classrooms to hospitals, prisons, and concert halls, Dr. Matthew Hinsley and his teammates Austin Classical Guitar have spent the past three decades building service programs in music impacting tens of thousands near and far. Learn how the gentle change agents of beauty and kindness can connect and heal our communities. Dr. Hinsley will share stories and lessons learned making change with music in Austin, across Texas, and across the world.

Dr. Matthew Hinsley has been a community servant in the arts in Austin, serving as Executive Director of Austin Classical Guitar, since 1996. He passionately believes music and artistic expression is a powerful force for good. Dr. Hinsley received the 2020 Margaret Perry Award for Excellence in Education, was a 2019 recipient of the National Guild for Community Arts Education Milestone Award for more than twenty years of community service in the arts. He was named Public Citizen of the Year in 2017 by the Texas Statewide Division of the National Association of Social Workers, and was a winner of a 2015 Austin Under 40 award. He has raised millions of dollars for the arts and built systems impacting tens of thousands across the US and beyond and he has learned that positive change can be powered by kindness and good will. Dr. Hinsley was trained as a classical guitarist and vocalist at the Interlochen Arts Academy, the Oberlin Conservatory of Music, and the University of Texas at Austin. He has written seven books including *Form & Essence: A Guide to Practicing Truth*, *Classical Guitar for Young People*, *Creativity to Community: Arts Nonprofit Success One Coffee at a Time*, and the film-optioned fantasy series *Tinder & Flint*.

JANUARY 2025 EVENTS

THURSDAY, JANUARY 23, 2024

11:30 - 1:00 P.M.

Your Brain on Ethics

Jonathan E. Smaby

Executive Director
Texas Center for Legal Ethics

Introduction by Andrea Stone

Even the most ethical people can be unwittingly led astray by the way the brain considers – or fails to consider – ethical questions. Research in the field of behavioral ethics has uncovered many ways that your brain can take ethical shortcuts without you even being aware of it. In this presentation, you will learn how that happens and what you can do about it.

TUESDAY, JANUARY 28, 2024

6:00 - 9:00 P.M.

Winter Wine Dinner

Details Coming Soon!

JANUARY 2025 EVENTS

THURSDAY, JANUARY 30, 2025

11:30 - 1:00

Introduction by Gayle Hight

THE PERFECT STORM TO YOUR GRANNY'S GAIT

Dr. Barbara Bergin

Co-Founder, Texas Orthopedics

Learn how Dr. Bergin treats the bones and joints she herself didn't keep in good shape. How can older adults can live a safer, healthier, and happier life? Why you should ditch high-heeled shoes and other "No-Nos".

THIS PROGRAM IS "FOR WOMEN ONLY".

Dr. Bergin's Blog: www.drbarbarabergin.com



My patients often ask, "How did I end up walking like my grandma?" says Dr. Barbara Bergin. "There is a pathway, and I love to talk about it, starting with the definition and components of our normal gait, and ending with a discussion of the pathological components of your Granny's limp, how she got it, and some steps (no pun intended) you can take to prevent it! Does it hurt? Or is it just part of that aging process?"

In 1986, Dr. Barbara Bergin co-founded Texas Orthopedics, Sports & Rehabilitation Associates, at a time when other orthopedic groups in Austin and the country wouldn't readily choose to hire female orthopedic surgeons. Through her leadership, Texas Orthopedics is now one of the largest orthopedic practices in Texas. Dr. Bergin recently retired from her orthopedic practice. She and her husband, Dr. Paul Nader, moved to Sun City, Georgetown. Her parents moved nearby.

She's already active in the Georgetown community, as a volunteer for the Ride On Center for Children (R.O.C.K. equine-assisted therapy) and the Sun City Instrument Playing Performance Artist Charter Club. She is a novelist (Endings, Sunstone Press, 2007),



and a singer-songwriter-guitar player, performing and writing folk, bluegrass and country music, releasing her first CD in 2020, (Blood Red Moon). She is a cowgirl and a rancher.

BARBARA BERGIN

Blood Red Moon

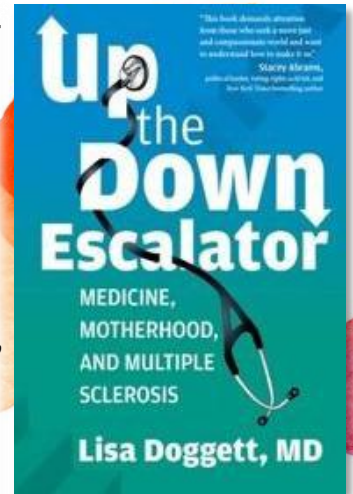
FEBRUARY 2025 EVENTS

THURSDAY, FEBRUARY 6, 2025

11:30 - 1:00

Introduction by Sandra Blevins

Lisa Doggett, MD, MPH is a family and lifestyle medicine physician and author of an award-winning memoir, *Up the Down Escalator: Medicine, Motherhood, and Multiple Sclerosis* (published Aug. 15, 2023, HCI Books). It chronicles her transformation from doctor to patient with MS while running a clinic for people without insurance. Lisa is a trustee on the South Central Board of the National MS Society and has completed the MS150 bike ride five times. She lives near downtown Austin with her husband, Don, and their two teenage daughters, Ella and Clara. Lisa is a 7th-generation Texan and the daughter of U.S. Congressman Lloyd Doggett.



Lisa will bring books to sell and to sign.

THURSDAY, FEBRUARY 13, 2025

11:30 - 1:00

General Meeting

THURSDAY, FEBRUARY 20, 2025

11:30 - 1:00

Introduction by Karen Haschke

Kathleen Stimpert

DEPUTY DIRECTOR, LANDMARKS • THE PUBLIC ART PROGRAM OF THE UNIVERSITY OF TEXAS AT AUSTIN



Works of public art have the capacity to resonate deeply, stimulate curiosity, and inspire the imagination in unexpected ways. At The University of Texas at Austin, the public art collection is one of the most distinguishing features of the main campus, shaping impressions and offering a distinctive setting for memorable experiences.

As the university's public art program, Landmarks enriches the lives of students and visitors by presenting art that is broadly accessible and free to all. Some fifty works of modern and contemporary art are throughout the 433-acre campus and viewed by thousands of people every day.

JANUARY 2025 EVENTS

THURSDAY, FEBRUARY 27, 2025

10:00 - 1:00



Spring Style Show!

Bring a friend or two to watch the lovely ladies of the Austin Woman's Club strut their stuff in the latest spring fashions from the Gift Solution!

Doors Open at 10:00 with Champagne and Shopping
Style Show begins at 11:30 followed by a lovely lunch.

Menu and Pricing Coming Soon!



A Membership Moment...

Many of you have heard the saying “ It wouldn’t be *Texas without the Exes*”. (*its a UT thing!*)

Well, we certainly would not have *New Members without our Sponsors!* *Our new members are the life blood of our Austin Woman’s Club. We need these new members so we can continue to grow as a club. Thank you to all our members who have stepped up to sponsor a friend and help our club remain viable. Many thanks to these sponsors:*

Ann Wilhelm, Emily Lucid, Ann Yeakel (2), Karen Watford (3), Mary Ellen Borgelt (2), Dale van Sickle (2), Katy Lindsay (6), Patrice Koen, Peggy Seiders, Melissa Goodrich, JohnEllen Becker, Gail Darling, Noel Roberts, Sidney Jones, Stephanie Whitehurst, Kathryn Clark, Elizabeth Gibson (4), Dot Swanson, Lorraine Maslin, Lisa Holzgrafe (4), Genie Nyer (3), Sandy Blevins, Sandy Cangelosi, Miranda Darr, Lisa Alverson, Karen Haschke, and Judi Mettlen.

Let’s make 2025 another great year for membership!

