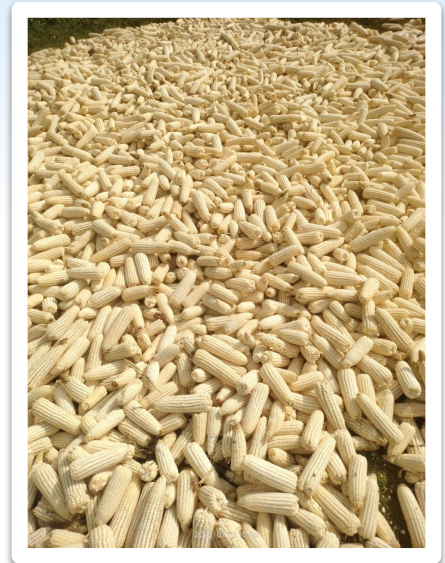


Harambee

SUMMER 2022

OFFICIAL NEWSLETTER OF FUTURE IN OUR HANDS-USA



New Posho Mill Completed in Gosese Village, Kenya

FIOH-USA was able to fund a posho mill for the village Gosese is a village in western Kenya that Linet Aluma brought to our attention. Approximately 3500 people, 280 families live there. The people raise 1000s of heads of indigenous cattle on very fertile land. Until now, the land was not used for farming because they lacked knowledge of modern farming methods, seeds, fertilizers and farming tools. The Agro Vet project, funded by FIOH-USA in July 2021 has begun to remedy this by making farming equipment available and demonstrating modern farming methods. Check out the picture of the current maize harvest.

Posho Mill (cont'd)

One of the main uses of corn is to make Ugali. This is a type of stiff porridge made from maize flour. It is a staple food in Kenya. Maize must be ground into flour at the posho mill. With no posho mill in the village, it was up to the children to walk 4 kms or more to the nearest grinding mill with over 12 kgs of corn on their heads. FIOH-USA was able to fund a posho mill for the village in February 2022. It was completed in early July. Happily it is still the job of the children to take the maize to the posho mill, but without the long walk! This is another example of how your donations continue to improve the lives of the people we serve in Kenya.

SAVE THE DATES

STUDENT SPONSORS

Notifications regarding tuitions due for high school students

FIRST-SUNDAY COFFEE SALES

St. Joseph University Church
Sat. 5:15
Sun. 9:15am, 10:45, 12:15

APPLE FESTIVAL OCTOBER 29

Clarence United Methodist Church
10205 Greiner Rd
Clarence, NY. Details to come via email

Student letter

The following is a verbatim letter from a young lady in high school who has been sponsored through the FIOH-USA Student Program. Donors to the student program are always needed because there are many very needy students, especially girls, in Kenya and Zambia. This young lady's name for sponsorship came to us through Angelic Ark Centre, an orphanage in Kisii, Kenya, founded and run by Linet Aluna.

Dear [Sponsor],

I am writing this letter with happiness and joy from my heart. Thank you so much for coming to my rescue, sponsoring me to continue with my education in secondary school. You brought hope, joy and happiness to me after staying at home for one term. My father died 6 years ago because he refused to take his HIV meds. Our uncle chased us away and refused to help my mother. Until when the chief took us to Angelic Ark and met Aunt Linet and since then me and my younger brother who is HIV positive found a place to call home. My mother went back to our sick grandmother.

To say the truth, you are a God sent angel to our family through Linet. She takes good care of us and even has sent my brother to primary school and reminds him to take medicine. I am happy because of you I am now in a boarding school and trying to catch up with others after missing one term. I am trying my best though I didn't do well in exams, but promise to do better. I had a D+ and position 206 out of 274. I love my new school because it is only having girls and through Catholic, we learn good morals.

Greetings to your family and my mother says to greet you too.

Thank you,
Mercyline

New Office in Kisumu is Open for Business



Funds sent by FIOH-USA to refurbish office space for FIOH-Kenya were successfully used to provide safe and easily accessible meeting rooms in the poor community it serves. Meetings pertaining to health have been held for youth groups as well as gatherings of women regarding reproductive health. A tuberculosis screening clinic site was now possible where people of the community came to the office for chest x-rays (machine was loaned) and to receive minor treatments as needed.

A New Well for Kenyan Village

After more than thirty years of teaching at Lindbergh Elementary School in Kenmore, Michele Sprada has decided to retire. She wanted to do something special to commemorate her years of teaching children about other cultures around the world through her work in Africa with FIOH-USA. She wanted to build a well in Kenya that would be dedicated to the students of Lindbergh School.

She launched a campaign to raise awareness about the millions of people in the world that do not have access to clean water. She created video presentations from her work in Kenya, sharing stories about how building wells has saved lives. The videos were played for the entire school on the morning video announcements. Miss Sprada also shared many picture books about people living without access to clean water. Some of the titles of the

books include *The Water Princess* by Susan Verde, *My Great Grandmothers' Gourd* by Cristina Kessler, *All The Water In The World* by G.A.Leon, *Nya's Long Walk* by Linda Sue Park among others. She shared these books with all of the teachers at the school. She also did a presentation after school via Zoom for parents.

In order to raise funds to build the well, Students were asked to bring in a donation for FIOH-USA. Each student who donated any amount, was given a paper cut out in the shape of a hand. They wrote their name on the hand and it was added to a bulletin board to show everyone's support for building a well in Kenya. This fund raiser ran throughout the month of March to honor the passing of our former president and co-founder, Sister Linda Glaser who passed away in March of 2020.

Altogether \$2,025 was raised by the students, parents teachers and staff of Lindbergh Elementary School. The rest of the funds to complete the well were donated by a friend of FIOH-USA. The FIOH-USA board of directors is consulting with our partners in Kenya to find the best location to build the new well.

P.S. Funds have been sent for building of a well in the Nyanagaguna Village and will be dedicated to "The Community of Lindberg Elementary School, Kenmore, NY, USA.



This is the type of well that will be built

GOT CANS? Drop them off at XTRA Dime Back



Western New York locals can bring redeemable cans and bottles to 1041 Englewood Avenue, Kenmore, New York to Xtra Dime Back and donate your returns to #67, Future in Our Hands - USA. This charitable-oriented company supports many organizations in their efforts to obtain monies for their organization. Bring your cans and bottles in now and designate #67 Future in Our Hands - USA as your donation of choice. Thank you.

XTRA DIME BACK
1041 ENGLEWOOD AVE.
KENMORE, NEW YORK
**TELL THEM THE CANS ARE FR #67
FUTURE IN OUR HANDS**



Donating to FIOH-USA has never been easier

You can donate from anywhere, any time, with these 3 secure and simple options:

Option 1: Visit futureinourhandsusa.org > click donate > that's it!

Option 2: Text the word Give to 844-930-2628

Option 3: Mail donations to:
FIOH-USA
c/o Sandra Warner
5200 Bank Street
Clarence, NY 14031

*100% of your donation goes to our projects.
Thank you for your generosity.*

Let's get social >>>



Do you know the best place to get updates, stories and pictures of the impact your donation is making? Our Facebook and Instagram pages! If you're not already following us on Facebook and Instagram, Here's how.

Facebook: Either log into Facebook and use the search icon to search for "fiohusa" OR click here to go directly to facebook.com/fiohusa. **Then click the LIKE button.**

Instagram: Either log into Instagram and use the search icon to search for "fiohusa" OR click here to go directly to instagram.com/fiohusa. **Then click the FOLLOW button.**

Kudos to Maureen Hamianze of FIOH-Zambia



Maureen and her co-workers won a national prize for their agricultural display and received a trophy from the President of Zambia!



Donations in Memory of or in Honor of January 2022 to August 2022

- In Honor of Phil and Maria by Terri Ricigliano
- In Honor of Christmas Spirit by Louise Heubusch
- In Honor of Mary Anne Stockpole by Mayfield Association
- In Memory of Sr. Linda Glaeser, SSJ by JoAnn Duke
- In Memory of Sr. Maria Zimmer, SSJ by Louise Heubusch
- In Honor of Kristen Lenz by Franklin and Hudson Lenz
- In Honor of Kristen Lenz by Lindburgh Elementary School
- In Memory of Sr. Linda Glaeser, SSJ by K.F. Krawck
- In Memory of Sr. Linda Glaeser, SSJ by Michael Ricigliano
- In Honor of Michele Sprada by Rachel Roberts
- In Honor of Michele Sprada by Lesley Maloney
- In Memory of Sr. Linda Glaeser, SSJ by Mary Ellen Kloss
- In Memory of Sr. Linda Glaeser, SSJ by Margaret Drew
- In Memory of Fr. Robert Pirelli by Louise Heubusch
- In Memory of Tony Federio by Louise Heubusch
- In Memory of Orin Kelkenburg by Barbara Frugoli
- In Memory of Frannie Witnauer by Louise Heubusch
- In Memory of Edward Rusin by Louise Heubusch

Please think of a donation to FIOH-USA in honor of or in memory of your loved ones.



MEET OUR PARTNERS

The following biography was sent to us by Linet Aluma of FIOH-Angelic Ark.

Meet Linet Aluma

Linet Aluma is the founder of Angelic Ark Centre –a home to 30 orphaned and vulnerable children-currently registered as a community based organization in Kenya Kisii as FIOH-AAK after partnering with FIOH – USA. It envisions a humanitarian fit society free from poverty, diseases and injustices.

Her scope of work revolves around the **HOPE**

H: helping children living with HIV gain self-confidence through learning life skills in order to succeed.

O: offering basic needs such as food, shelter, education, clothing, healthcare and counseling in a homely environment.

P: planning and producing sustainable income generating activities to alleviate poverty

E: eventually re-integrating children with responsible and financially secure relatives.

Linet is a trained medical laboratory technologist and also a psychologist, before devoting her work full time to Angelic Ark Centre, she worked for various hospitals under ministry of Health as a lab tech and various organizations both local and international including Hope worldwide, Care Kenya, University of Maryland under HIV care and treatment programs as a psychological counselor.



Linet Aluma, founder of FIOH-Angelic Ark

Linet is a human right activist and her passion lies around child right protection and hence is a member of area advisory councils within her community headed by children’s department and also a peace advocate at the county level - a committee that is headed by the County commissioner.

In addition to being a proud guardian and caregiver to 30 OVCs accommodated and enjoying good nutrition and education, Linet is also a coordinator for various community projects funded by FIOH-USA in Kisii revolving around Nutrition, WASH and youth/women empowerment.

In our next edition, we will feature another partner.

Thank you for everything you do for Future In Our Hands-USA

If you know anyone who would love to receive our newsletters, tell them to futureinourhandsusa.org/contact and scroll down to the **Subscribe** section to subscribe.