

WORD OF LIFE

Quiet Time

Interactive for Students

ONE YEAR DAILY DEVOTIONAL

MY QUIET TIME SCHEDULE

Welcome to a new year of Quiet Time! With most trips, you'll want to map out where you're going to go, and this Quiet Time journey is no different. Below you will find some tools to help you plan and reach your destination of spending this year with God in His Word.

The following chart displays the Bible books and chapters that will be covered in this year's Quiet Time. You may want to use it to help you plan when you (or you and your family) want to study specific books of the Bible throughout the year. Since all Word of Life Quiet Times cover the same passages each day, the whole family (from preschool-adult) can stay connected with each other in God's Word.

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 1	Colossians 1-2	_____
WEEK 2	Colossians 2-4	_____
WEEK 3	Ruth 1-4	_____
WEEK 4	1 John 1-2	_____
WEEK 5	1 John 2-4	_____
WEEK 6	1 John 5, 2 John, 3 John	_____
WEEK 7	Joshua 1-5	_____
WEEK 8	Joshua 6-14	_____
WEEK 9	Joshua 20-24	_____
WEEK 10	1 Peter 1-3	_____
WEEK 11	1 Peter 3-5	_____
WEEK 12	Jonah 1-4, Haggai 1-2	_____
WEEK 13	Luke 1-2	_____
WEEK 14	Luke 2-4	_____
WEEK 15	Luke 4-6	_____
WEEK 16	Luke 6-8	_____
WEEK 17	Luke 8-9	_____
WEEK 18	Luke 9-11	_____
WEEK 19	Luke 11-13	_____
WEEK 20	Luke 13-15	_____
WEEK 21	Luke 16-18	_____
WEEK 22	Luke 19-20	_____
WEEK 23	Luke 21-23	_____

MY QUIET TIME SCHEDULE

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 24	Luke 23-24	_____
WEEK 25	Proverbs 7, Psalm 119	_____
WEEK 26	1 Samuel 1-9	_____
WEEK 27	1 Samuel 10-17	_____
WEEK 28	1 Samuel 17-20	_____
WEEK 29	2 Samuel 5-15	_____
WEEK 30	2 Samuel 18-24	_____
WEEK 31	Psalms 73, Psalm 119	_____
WEEK 32	2 Corinthians 1-4	_____
WEEK 33	2 Corinthians 5-8	_____
WEEK 34	2 Corinthians 9-13	_____
WEEK 35	Esther 1-5	_____
WEEK 36	Esther 6-9, Philemon 1-10	_____
WEEK 37	Acts 1-3	_____
WEEK 38	Acts 3-5	_____
WEEK 39	Acts 5-8	_____
WEEK 40	Acts 8-10	_____
WEEK 41	Acts 10-12	_____
WEEK 42	Acts 13-15	_____
WEEK 43	Acts 15-17	_____
WEEK 44	Acts 17-20	_____
WEEK 45	Acts 20-22	_____
WEEK 46	Acts 23-25	_____
WEEK 47	Acts 26-28	_____
WEEK 48	Proverbs 12-13, Daniel 1	_____
WEEK 49	Daniel 2-3	_____
WEEK 50	Daniel 3-6	_____
WEEK 51	Daniel 6-9, Titus 1-3	_____
WEEK 52	2 Thessalonians 1-3	_____
WEEK 53	Proverbs 27-29	_____

For those that want to use an academic or calendar date schedule, the following QR code provides these two schedules for this year for your group or family.



THE BIBLE CHANGES YOU

The Word of God, the Bible, is the most powerful resource that every Christian has. It changes us as we read it, think about it, and do what it says. The Holy Spirit who lives inside every believer also uses the Bible to speak to us. He takes the words written in the Bible and tells us what God wants us to know for our lives. When something is interactive, it works in a way to have an effect on another. Quiet Time Interactive does just that: it is a tool that helps you to interact with the powerful Word of God and with God Himself, which will have an incredible effect on your life.

QUICK START GUIDE

Follow these simple steps to grow in your relationship with God.

1. **ASK – Ask God to speak to you.**

Ask God to take the words written in the Bible to tell you what He wants you to know. Ask Him to help you do what He tells you to do.

2. **READ – Read and interact with the passage.**

Read the verses and answer the questions as they apply to your life.

3. **DO – Think of one action to take.**

Applying God's Word is where you do something with what you have read. Here are some easy ways for you to act on what you learned:

- Post a verse or a key thought from the reading on your favorite social media platform.
- Tell or text a friend what you learned.
- Create a very short application phrase and review it throughout the day.

**That's what Quiet Time is all about:
spending time with God.**



HOME CONNECT Family or Group **Devotions**

Home Connect simplifies the organization of your family or group devotions, providing a curated weekly devotional centered around the Word of Life Quiet Times. Every devotion begins with a shared reading of the text, followed by discussions on its significance and practical applications in daily life. Tailored questions cater to various age groups, ensuring engagement from grades 5-6 to Teens and Adults, fostering inclusive growth and participation.

The beginning of each week features a Home Connect document for a particular day of the week. It can be used online or printed. Fifty-two devotions are included with this quiet time.



THE CAUSE CIRCLE

The Cause Circle is a simple tool that will help you be more intentional about sharing Jesus' message, the Gospel, with your friends. It is built around three simple priorities: **Prayer. Care. Share.**

Prayer. Jesus knew how important it was to talk to God about people, before He talked to people about God...and the same is true for us. When we start by praying for the people we are seeking to reach with the Gospel, it prepares their hearts to hear the Good News of Jesus.

Care. Jesus often healed the sick, fed the hungry, and helped the hurting. In the same way, we must show love to those we are trying to reach. We do this by listening to them and caring for them.

Share. We must lovingly share the Gospel message clearly and confidently. A restored relationship with God is the absolute best news on the planet, so don't be afraid to ask them to put their trust in Jesus! If they say "No," or "Not now," continue the Prayer, Care, Share process. And if they say "Yes," celebrate! Then get them plugged into a good church, help them grow deeper in the faith, and challenge them to begin their own Cause Circle of Prayer, Care, Share with their own friends.



My Prayer List

DATE / REQUEST

DATE / ANSWER

Weekly Action Sheet

DO IT!

Write the action step you will take to live out what you have learned this week from God's Word.



MY CAUSE CIRCLE

CARE: Write how you will show Christ's love to your lost friend this week.



SHARE: Write where, when, and how you will share the gospel this week.

MY WEEKLY PRAYER



REQUESTS

Home
Connect



Featured day: **Friday**

Use the QR code to open this week's Home Connect devotional.

TRUTH: Colossians 1:1-8

Colossians 1:1-5

The Apostle Paul wrote this letter to the church in Colosse. There, the brothers and sisters in Christ were known for their faithfulness.

For what do others know me?

- My outward appearance
- My athletic ability
- My personality—funny, kind, shy, etc.
- My intellect

Not only were the Colossians known for their faith, but they were also known for their _____ for God's people. (v. 4)

Where did their faith and love come from? (v. 5) _____

Colossians 1:6-8

Just as when Paul wrote this letter, the Gospel continues to spread across the world.

How has the Gospel changed my life? _____

Epaphras shared the Good News with the Colossians. Who shared the Good News with me? _____

- If I have not heard or understood the Gospel, I will ask for help from my pastor or friend.
- I will commit to sharing the Gospel with one person from my Cause Circle this week.



My love for others is not something that comes from my own strength.

It is a gift from the _____. (v. 8)

How will I show faithfulness to God and love for others this week? _____



Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

TRUTH: Colossians 1:9-14

Colossians 1:9

Is there someone in my life who prays for me on a regular basis?

Y N I'm not sure.

Who do I pray for continually? _____

What does Paul pray for the believers in Colosse?

Colossians 1:10

As I grow in my relationship with God, my life will bear (or be): _____.

Read **Galatians 5:22-23**.

What kind of fruit will the Holy Spirit produce in my life?

Colossians 1:11-14

Jesus bought our freedom and forgiveness of our sins by dying for us. When I trust in Jesus as my Savior and surrender my life to Him, God provides me with all that I need. God's power strengthens me with the _____ and _____ I need. (v. 11)

When have I seen God's power at work in my life or the life of another?

In what current situation do I need to be strengthened with God's power?

Even in difficult circumstances, with God's strength, I will choose to be:

joyful and grateful. shy and isolated.
 kind and compassionate. determined.

Who is God prompting me to pray for right now? _____

I will stop to pray for them and let them know I did.



TRUTH: Colossians 1:15-19

Many theologians believe Paul was quoting an early Christian hymn here. The way these verses were written provided an opportunity for worshiping the Lord.

What are some different ways believers in Jesus can worship God?

Do I set aside time each day to worship God? Y N

If not, will I start doing this? Y N

Colossians 1:15-17

Jesus is the image of the _____ God. (v. 15)

Jesus is the _____ over all creation. (v. 15)

Read **Psalm 89:27** and fill in the blank.

“Also, I will make him My _____, the highest of the kings of the earth.”

The term “*firstborn*” (**Ps. 89:27** and **Col. 1:15**) does not refer to time but rather to rank. Jesus is superior to all creation.

What was created by Jesus? (v. 16)

Nothing Some things All things

What is held together (consists) by Jesus? (v. 17)

Nothing Some things All things

Colossians 1:18-19

Jesus is the head of the church as well.

How does knowing that Jesus is the creator of all things, the ruler of all things, and the sustainer of all things change the way I deal with...?

My life: _____

My emotions: _____

My thoughts: _____

My relationships: _____

My identity: _____

My family: _____

My friends: _____

My education: _____

My extracurricular activities: _____

My church: _____

My free time: _____

My money/possessions: _____

I will spend some time worshiping Jesus, the Creator and Sustainer.



SHARE IT

Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

TRUTH: Colossians 1:20-23

Colossians 1:20-22

Through Jesus' sacrifice on the cross, all people can now be **reconciled** (have a right relationship) to God.

Have I ever felt far from God? Y N

If so, this was my experience: _____

What did my life look like when I was separated from God by sinful behaviors and thoughts? _____

How is my relationship with God right now? _____

I will talk with my youth leader or Christian friend if I am struggling with my relationship with God.

By God's grace, salvation... (Check all that apply.)

makes me holy and blameless.

reconciles me to God.

brings me into God's presence.

gives me peace with God.

Colossians 1:23

Am I currently continuing in the faith, grounded, stable, and steadfast? Y N

Have I shifted from the hope of the Gospel in any way? Y N

In what situations do I have the most difficult time standing firm in my faith?

Why? _____

Who can I ask to pray for me and encourage me in these situations?

Along with Paul, I am called to share my faith with others.
Who in my Cause Circle will I share my faith with this week?



Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

TRUTH: Colossians 1:24-29

Colossians 1:24

Jesus suffered and sacrificed for me when He laid down His life for me. As a believer in Jesus, I am called to consider suffering a privilege as I identify with Him. This is often difficult in the moment of a trial.

I will ask a friend to pray for me and remind me of this truth when I am struggling through a trial, and I will commit to doing the same for them.

Colossians 1:25-26

Paul set an example of serving God as he served others. What are some practical ways I can serve God as I serve others...?

At home: _____

At church: _____

At school: _____

In my community: _____

Other: _____

Colossians 1:27-29

No matter what my job is or will be in the future, it is the calling of all believers to share the Gospel with the world. (See **Matthew 28:19-20.**)

Am I prepared to share the Gospel with others? Y N

What friend or acquaintance in my Cause Circle needs to hear about the hope that can only be found in the Gospel? _____



Christ works _____ in me by His Spirit.

Since I was born separated from God because of my sinful nature, having a personal relationship with Jesus changes everything.

Do I fully appreciate the difference my relationship with Jesus has made in my life? Y N

If I do not have a personal relationship with Jesus, what is keeping me from making that decision today? _____

I will discuss this with my youth leader or pastor.

I will spend time thanking Jesus for all He went through for me.



Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

TRUTH: Colossians 2:1-7

Colossians 2:1-3

Paul agonized over the faith of his fellow believers.

What did he want for them? _____

Who am I taking the time to pray for right now? _____

Who can I ask to pray for me so that my faith will grow? _____

Where are all the treasures of wisdom and knowledge hidden? (vv. 2b-3) _____

If I seek knowledge and wisdom from Christ, how will this affect my daily decisions? _____

Colossians 2:4-5

Could others say that I am living as I should? Y N
Why or why not? _____

Could others say that I have a strong faith in Christ? Y N
Why or why not? _____

Colossians 2:6-7

Am I walking with Jesus? Y N
Am I firmly grounded/rooted in God's Word? Y N
Am I being built up in Him? Y N
Am I being established/strengthened in the faith? Y N
Am I being taught in the faith? Y N
Am I overflowing with thanksgiving and gratitude? Y N

Out of these questions, what needs to change in my life? _____

I will pray now and ask God for wisdom and help with making these changes.



Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

TRUTH: Colossians 2:8-15

Colossians 2:8-10

Is there any area in my life where I feel a sense of lacking, like there's some standard to which I don't measure up? Y N

If so, this is why: _____

In my relationship with Christ, I am **complete**. (v. 10)

How does this fact change the way I think of myself regarding my...?

Physical attributes: _____

Mental capabilities: _____

Family relationships: _____

Friendships: _____

Personality traits: _____

Spiritual gifts: _____

Who is the head over all rulers and authority?

Government Media Jesus Christ Culture

Colossians 2:11-15

Fill in the blanks using the word bank.

WORD BANK:

Triumphed | Forgiving | Cross | Sins

I was dead in my _____.

But Jesus made me alive by _____ me of all my sins.

He canceled my debt, and He nailed all of my charges that were against me to the _____.

He disarmed Satan and all his demons of their power and made a public spectacle of them, and _____ over them by His death and resurrection.

What are my thoughts on what Jesus did for me? _____

Right now, I will stop and thank Jesus for making me alive by dying for me and forgiving my sins.



Realizing my Quiet Time isn't done until I have shared it with someone, this is what I will share:

This is who I will share it with:

MOBILIZE FOR THE CAUSE

A GUIDE TO SHARE AND GROW YOUR FAITH

This guide is designed to help in two ways.

For those of you who have recently put your faith in Jesus for the forgiveness of sins and received eternal life, these lessons will show you how to have a meaningful relationship with Jesus and guide you in sharing Jesus with your friends.

For those of you who have led a friend to faith in Jesus, these lessons will help you teach your friend how to have a meaningful relationship with Jesus and how to share Jesus with their circle of friends.

Jesus said we should go and make disciples (Matthew 28:19–20). As you progress through these lessons, you are joining the greatest cause ever: to reach your generation with the Gospel.

Remember, God wants to use you, your words, and your life to reach your friends. It's time to get going and mobilize for THE CAUSE!

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LIFE WITH JESUS LASTS FOREVER

List a few things that don't last.

1. _____
2. _____
3. _____
4. _____

Most everything in our world wears out and needs to be replaced. We get new clothes, new phones, and sometimes new friends. When we are really pressed to think about it, we realize not much lasts forever. That is what makes God's promise of eternal life, life with Jesus forever, so amazing.

Read Romans 6:23

According to this verse, what has God given to us as a gift?

- A better attitude
- Eternal life
- The ability to do good works

Notice that the verse says eternal life is a gift. If something is a gift, all you need to do is receive it and it is yours; there is no work involved!

Read Romans 3:23

According to this verse, what is it that we all do?

- Seek God
- Try to do good
- Sin

If eternal life, life with Jesus forever, depended on you and me being good enough to deserve it, it would be a lost cause because we all come far short of God's standard of sinless perfection. We all think, say, and do things that disobey God; we all have sin as a part of our "DNA." We were born with a natural propensity to sin. Think about it: no one had to teach you how to lie, you just did it instinctively.

Read John 3:16

This verse says God gives eternal life to everyone who believes. That is so simple. Anyone who believes in God's one and only Son (Jesus) can have eternal life, life with Jesus forever. Jesus is God. He was born of a virgin and lived a perfect life without sin. Jesus took the punishment for our sins. He died and rose again, proving He is God and has the power to forgive our sins and give us eternal life. By believing in Jesus, we receive the forgiveness of sins and eternal life that lasts forever.

Read John 10:28

What promises do you see in this verse? (Check all that apply.)

- I will never perish.
- If I am a good person, I receive eternal life.
- Jesus gives me eternal life.
- No one will take me out of God's hand.

This verse teaches that eternal life is *given*, it's not something you work for or something you have to work to maintain. **ETERNAL LIFE IS A GIFT THAT LASTS FOREVER!**

We can have confidence that eternal life is a gift from the loving and never-changing God of the universe. The next time you are thinking about those things that DON'T last forever, let it remind you of the one thing that *does* last forever, eternal life. Remember, eternal life started the day you believed in Jesus and will last forever.

ACTION STEPS

- As you wake up each day this week, take a few minutes to thank Jesus for giving you eternal life that lasts forever.
- Write out a prayer to God thanking Him for the forgiveness of sins.

QUIET TIME

Now that you have begun a relationship with the Best Friend you will ever have, you will want to spend time with Him every day; this is called a quiet time. Quiet time is all about spending time with God, learning how to listen to Him (by reading the Bible) and learning how to talk to Him (through prayer).

Read Psalm 42:1-2

What words do you see in this verse that show the writer's desire to spend time with God? (Check all that apply.)

THIRST LOOK LONG PANTS

In the following paragraph, put a box around “Word of God,” circle “the Bible,” and highlight “Best Friend.”

The Word of God, the Bible, changes us as we read it, think about it, and do what it says. God's Holy Spirit, Who lives inside every believer, also uses the Bible to speak to us. He takes the words written in the Bible and tells us what God wants us to know for our lives. Investing time to read the Bible, trying to understand it, and then applying it in your life, will have an incredible effect on you!

YOUR QUIET TIME PLAN

Think through your typical day and decide what time you will set aside for your quiet time. Select a time that you can make consistent each day, when things are quiet, and you can really think. Choose a place that is quiet and has no distractions. Put a reminder somewhere, like on your phone, to help you build the habit. Plan to share what you learn each day with a friend, youth leader, or parent. The more detailed you are about the plan, the more likely you will be to follow through with it.

YOUR TIME WITH GOD

Pray

Before you start reading, take some time to talk with God by asking Him to speak to you through His Word. Ask Him to help you understand what you read and also to help you do whatever He tells you.

Peruse: “to examine with attention”

Go to the Quiet Time page and look up the Bible verses. If you aren't sure where the verses are, use the index in the front of your Bible, do a Google search, or use a Bible app. Read the verses and answer the questions. Your Word of Life Quiet Time will help you think about the meaning of the verses and how they can apply directly to your own life. You can use some of the following questions to help you with this:

- What does this passage teach me about God, others, myself, or life?
- Is there a command to obey?
- Is there a promise from God that applies to me?
- Is there a warning for me to pay attention to?
- Is there an example to follow or avoid?

If you have any questions, get stuck or have a hard time understanding something, feel free to ask for help from the person going through this lesson with you.

Practice

The last step is to apply God’s Word. This is when you take what you read and do something about it. Ask yourself, “If I were to take action on what I have learned, what would I do?” These questions can help you think through your application:

- Is there sin in my life I need to stop?
- Is there a way of thinking or an attitude that needs adjustment?
- Is there something I can celebrate and thank God for?
- Is there an action I need to take or a conversation I need to have?
- How will I live this out in my life today or this week?

You can reinforce what you learn by:

- Posting what God shows you to your favorite social media platform.
- Make a note about what you learned somewhere and read it a couple of times a day.
- Text what you learned to your parents, a friend, youth leader, or pastor and ask them what they learned from their quiet time with God.

ACTION STEPS

- Get your own Quiet Time this week at wol.is/Quiettime. If needed, have the friend going through this lesson help you. Once you have your Quiet Time, use the information in this lesson to set up your plan. (Scan the QR code)



- **WHEN** - I will have it: ■ morning ■ afternoon ■ evening.
- **WHERE** - I plan to have it at this location: _____
- **WHO** - I will daily share what I learn with: _____
- Have at least one day of Quiet Time before your next meeting.