




# Muskie Community Center

## DINING MENU

May 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
	All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	<b>Breakfast Buffet</b> Served every Friday From: 8 - 9:30 a.m. Cost: \$8 per person	<b>1</b> BBQ Chicken Baked Beans Zucchini or Salad Bar Cornbread	<b>2</b> <b>Breakfast Buffet</b> Teriyaki Salmon Scalloped Potatoes Spinach or Salad Bar Dinner Roll
<b>5</b> Deli Day Chicken Salad, Tuna Salad, Potato Salad, 4 Bean Salad or Salad Bar Rolls or Bread	<b>6</b> Ham & Scalloped Potato Casserole Carrots or Salad Bar Dinner Roll	<b>7</b> Sweet & Sour Meatballs Egg Noodles Broccoli or Salad Bar Dinner Roll	<b>8</b> Roast Pork Sweet Potatoes Mixed Vegetables or Salad Bar Dinner Roll	<b>9</b> <b>Breakfast Buffet</b> Shrimp Scampi Linguine Peas or Salad Bar Dinner Roll
<b>12</b> BBQ Beef Patty Parsley Potatoes Corn or Salad Bar Dinner Roll	<b>13</b> Chicken Florentine Penne Pasta Spinach or Salad Bar Dinner Roll	<b>14</b> Pulled Pork on Bulky Roll Baked Beans Summer Squash or Salad Bar Dinner Roll	<b>15</b> Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll <i>Suggested Donation of \$8</i>	<b>16</b> <b>Breakfast Buffet</b> Baked Stuffed Haddock Baked Potatoes Beets or Salad Bar Dinner Roll
<b>19</b> Chicken Cacciatore Penne Pasta Peas or Salad Bar Dinner Roll	<b>20</b> Baked Ham Sweet Potatoes Cauliflower or Salad Bar Dinner Roll	<b>21</b> Baked Chicken Tenderloins Parsley Potatoes Broccoli or Salad Bar Dinner Roll	<b>22</b> BBQ Pork Ribs Baked Beans Roasted Green Beans or Salad Bar Dinner Roll	<b>23</b> <b>Breakfast Buffet</b> Salmon Pie Oven Fries Carrots or Salad Bar Dinner Roll
<b>Closed 26</b> 	<b>27</b> Chicken Stir Fry Rice Vegetable Medley or Salad Bar Dinner Roll	<b>28</b> Meatloaf Mashed Potatoes Green Beans or Salad Bar Dinner Roll	<b>29</b> Chicken Marsala Rice Pilaf Zucchini or Salad Bar Dinner Roll	<b>30</b> <b>Breakfast Buffet</b> Lemon Butter Haddock Parsley Potatoes Carrots or Salad Bar Dinner Roll

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



# Muskie Community Center

# ACTIVITIES

## May 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <b>Sign up at Reception - Veterans Play Free</b>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	8 a.m. - 3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	12:30 - 2:30 p.m.	★ Mahjong ~ <b>Beginners are welcome!</b>	\$2 per person
Tuesdays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <b>Sign up at Reception - Veterans Play Free</b>	\$5 per hour
	8 a.m. - 3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	9 - 11 a.m.	Quilts & Crafts	\$2 per person
	Noon - 2:30 p.m.	Hand & Foot ~ <b>Canasta ~ Rummy Type Card Game</b>	\$2 per person
	1 - 2:30 p.m.	Muskie Music Makers	\$1 per person
Wednesdays	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 - 10:30 a.m.	French Social Hour ~ <b>Converse with others in French !</b>	\$2 per person
	10 a.m. - 1 p.m.	★ Computer/Phone Classes	\$7 Per Class
	Noon - 2:30 p.m.	Cribbage	\$2 per person
	2 - 3:30 p.m.	Waterville Chess Club ~ <b>Beginners are welcome!</b>	\$2 per person
	May 14, 10 - 11 a.m.	★ Free Nutrition Class & Cooking Demo	Free
	May 21, 1 - 2:30 p.m.	★ Family Caregiver Support Group	Free
Thursdays	8 a.m. - 3 p.m.	★ Pool Table ~ <b>Sign up at Reception - Veterans Play Free</b>	\$5 per hour
	May 1, 8 a.m. - 2 p.m.	★ Veterans Assistance - Veterans' Service Officers	Free
	9 - 10 a.m.	Line Dancing Class	\$2 per person
	1 - 3 p.m.	★ Scrabble ~ <b>If interested sign up at Reception</b>	\$2 per person
	May 15, 9 a.m. - 1 p.m.	Power Hour with CMP Representatives	Free
	May 15, 9 a.m - 1:30 p.m.	★ AARP Smart Driver Course (\$25 AARP members/\$30 for non-members)	
	May 22, 10:30-11 a.m.	★ Guide to Acadia National Park Presentation	Donations Accepted
Fridays	8 a.m. - 3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	8:30 - 3 p.m.	★ Pool Table ~ <b>Sign up at Reception Veterans Play Free</b>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	1 - 3 p.m.	★ "63" Card Game ~ <b>Beginners are welcome!</b>	\$2 per person
	May 9, 9 a.m. - 2 p.m.	★ Always Listening Hearing Clinic	Donations Accepted
	May 23, 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Accepted

## AARP Smart Driver Course Offering on Wednesday, May 15

The AARP Smart Driver Course is the nation's first refresher course specifically designed for drivers aged 50 and older. Drivers may benefit from a discount on their auto insurance programs upon completing the course and you will learn something new along the way! Registration is required by calling (207)873-4745 or stop by the reception desk. Class size is limited to 20 participants. The day of the class please arrive before 9AM to complete paperwork with Instructor Penny Kern.

Price is \$25 for AARP members or \$30 for non-members.

