

NAME:

**ONE-YEAR
DAILY DEVOTIONAL
FOR GRADES
3 & 4**

QUIET TIME



CONQUEROR

Olympians

A Word of Life Ministry

Introducing your Quiet Time

a special time that you set aside each day to read God's Word, to get to know Him better, and to learn how He wants you to live. During this time, God speaks to you through His Holy Word, the Bible, and you speak to God through prayer. What an adventure! As a Christian, spending this time in God's Word every day is very important for you to grow closer to Him.

This book is divided into three sections:

Your Personal Prayer Diary

This is where you can write prayer requests to remind yourself to pray for people that you care about and things that are happening.

Quiet Time Activity Pages

These pages contain creative activities to challenge you to understand truths from the Bible every day.

Olympians Program Pages

This section tells you all about the Olympians program if you attend one at your church. It also provides a place to document your progress.



Hey, Parents! This Quiet Time is a great opportunity for you to have fun together with your child. Here are some tips to help your child get the most out of their time in God's Word.

- Sit down with your child around the same time each day.
- Gather supplies needed for activities.
- Use the Bible to look up references together.
- Talk through the activity and personal application.
- Encourage your child to use the prayer suggestions in the Pray section and pray with them.
- Complete the week by documenting how many days were completed and writing an encouraging note.

This Quiet Time is just one part of a comprehensive Children's Ministry program called Olympians. You can learn more about it in the back of this book, or go to wol.is/olympians for more information.

Your Daily Quiet Time

WEEKLY INTRODUCTION

Get a sneak peek into what you will learn about each week.

DAILY PASSAGE

Each day, read the verses shown from your Bible.

DAILY ACTIVITY

Complete the activity for that day.

PRAYER

Let the prayer statement guide you as you pray each day.

You can also write down prayer requests in the front of this Quiet Time. The important thing is to remember to spend time talking to God in prayer.

WEEK
1

SUNDAY

JAMES 1:1-6

Write "T" for true and "F" for false beside each statement.

- 1. Get angry when you face trials and temptations (v. 2).
- 2. If you aren't wise, ask your teacher for it (v. 5).
- 3. The testing of faith produces patience or endurance (perseverance) (v. 3).
- 4. You should ask in faith without doubting (or wavering) (v. 6).



GET STARTED

Do you think that sometimes you could use some wisdom? We all do, don't we? Right now ask God to give you wisdom to live for Him this week.

MONDAY

JAMES 1:12

TUESDAY

JAMES 1:19-20

Trace the dots to find the reward.

If a person endures trials and temptations, they will receive what? (v. 12)



GET STARTED

If you are going through hard times (trials), ask God to help you persevere and stay faithful to Him.

Circle the correct answer.

According to this passage, what should everyone do?



A. Be quick to talk, quick to get angry, and slow to listen.



B. Be slow to talk, slow to get angry, and quick to listen.

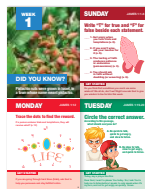
GET STARTED

Today, say a prayer like this:
Dear God, I want to please You today. So, I ask You to help me to listen before I speak, to only speak when it's my turn, and not to get angry so quickly. Amen.

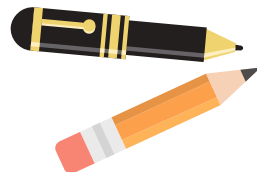
Things I need for my Quiet Time:



MY BIBLE



MY QUIET TIME



PEN OR PENCIL



A QUIET PLACE

My Quiet Time Schedule

Welcome to a new year of Quiet Time! With most trips, you'll want to map out where you're going to go, and this Quiet Time journey is no different. Below you will find some tools to help you plan and reach your destination of spending this year with God in His Word.

The following chart displays the Bible books and chapters that will be covered in this year's Quiet Time. You may want to use it to help you plan when you (or you and your family) want to study specific books of the Bible throughout the year. Since all Word of Life Quiet Times cover the same passages each day, the whole family (from preschool-adult) can stay connected with each other in God's Word.



Week #	Books (Chapters)	
week 1	James 1-3	_____
week 2	James 3-5	_____
week 3	Genesis 1-5	_____
week 4	Genesis 6-11	_____
week 5	Genesis 12-22	_____
week 6	Genesis 24-27	_____
week 7	Genesis 27-35	_____
week 8	Genesis 37-41	_____
week 9	Genesis 41-44	_____
week 10	Genesis 45-50	_____
week 11	Psalms 1-5, Proverbs 6	_____
week 12	Galatians 1-3	_____
week 13	Galatians 3-4	_____
week 14	Galatians 5-6	_____
week 15	Matthew 1-5	_____
week 16	Matthew 5-8	_____
week 17	Matthew 8-10	_____
week 18	Matthew 11-13	_____
week 19	Matthew 13-16	_____
week 20	Matthew 16-18	_____
week 21	Matthew 18-20	_____
week 22	Matthew 21-22	_____
week 23	Matthew 23-25	_____
week 24	Matthew 25-26	_____
week 25	Matthew 27-28, Psalm 19	_____
week 26	1 Thessalonians 1-3	_____
week 27	1 Thessalonians 4-5	_____
week 28	2 Peter 1-2	_____
week 29	2 Peter 3, Psalms 22-23	_____
week 30	1 Corinthians 1-3	_____
week 31	1 Corinthians 3-7	_____
week 32	1 Corinthians 7-10	_____
week 33	1 Corinthians 10-12	_____
week 34	1 Corinthians 12-15	_____
week 35	1 Corinthians 15-16	_____
week 36	Proverbs 1-3	_____
week 37	Nehemiah 1-4	_____
week 38	Nehemiah 5-8	_____
week 39	Nehemiah 9-13	_____
week 40	1 Timothy 1-4	_____
week 41	1 Timothy 4-6	_____
week 42	Mark 1-3	_____
week 43	Mark 3-5	_____
week 44	Mark 5-7	_____
week 45	Mark 7-9	_____
week 46	Mark 9-11	_____
week 47	Mark 11-13	_____
week 48	Mark 13-14	_____
week 49	Mark 14-16, Proverbs 2	_____
week 50	Psalms 27-5	_____
week 51	Ecclesiastes 1-12	_____
week 52	Jude 1, Proverbs 4	_____

For those that want to use an academic or calendar date schedule, the following QR code provides these two schedules for this year for you or your family.





My Personal Prayer Diary

Spend time with God through prayer.

Keeping a Personal Prayer Diary is a great way to remind yourself to pray for specific people and things. It also reminds you to thank God and to tell others when He answers your prayers.

FRIENDS AND FAMILY

Ask God to help you to be more obedient and get along with others, so you can become the person He wants you to be. Your prayer time could include praying for friends and family, especially those who don't know Jesus as their Savior.

MISSIONARIES

As you learn about missionaries who serve the Lord around the world, you can pray for them, too.

PRAISES AND THANKSGIVING

Some of your prayer time should be used to thank and praise God.

Thank Him for sending Jesus to die on the cross for your sins. You can thank Him for things like your family, home, friends, and church, and for creating the beautiful world we live in.

YOU CAN TALK TO GOD ABOUT ANYTHING!

Just like your best friend, God wants to hear what you're thinking and feeling. You can talk to Him about anything that's on your heart. God created you. He knows you better than anyone else. Prayer is the chance you have to talk to the One who loves you the most.



Prayer Requests

PRAYER REQUEST

HOW MY PRAYER WAS ANSWERED

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I am thankful to God for...

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I praise God for...

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WEEK 1

SUNDAY

JAMES 1:1-6

Write "T" for true and "F" for false beside each statement.

- ___ 1. Get angry when you face trials and temptations (v. 2).
- ___ 2. If you aren't wise, ask your teacher for it (v. 5).
- ___ 3. The testing of faith produces patience or endurance (perseverance) (v. 3).
- ___ 4. You should ask in faith without doubting (or wavering) (v. 6).



DID YOU KNOW?

Pistachio nuts were grown in Israel, in a town whose name meant pistachio.

GET STARTED

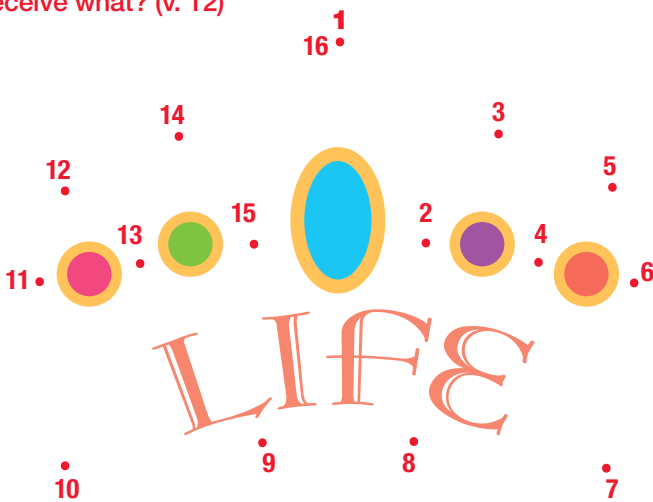
Do you think that sometimes you could use some wisdom? We all do, don't we? Right now ask God to give you wisdom to live for Him this week.

MONDAY

JAMES 1:12

Trace the dots to find the reward.

If a person endures trials and temptations, they will receive what? (v. 12)



GET STARTED

If you are going through hard times (trials), ask God to help you persevere and stay faithful to Him.

TUESDAY

JAMES 1:19-20

Circle the correct answer.

According to this passage, what should everyone do?



A. Be quick to talk, quick to get angry, and slow to listen.



B. Be slow to talk, slow to get angry, and quick to listen.

GET STARTED

Today, say a prayer like this:

Dear God, I want to please You today. So, I ask You to help me to listen before I speak, to only speak when it's my turn, and not to get angry so quickly. Amen.

Circle the people you would treat with kindness.



Now go back and circle all the people. We SHOULD treat ALL people with kindness.

GET STARTED

The Lord wants everyone to be treated with love and kindness, no matter where they come from or what they look like. Ask God to help you to be kind to everyone you come in contact with today and throughout this week.

Write James 2:26 on the lines below.

GET STARTED

God wants you to show others your faith by the works you do. This week, with your parent's permission and help, bake or buy some cookies and give them to a neighbor or friend that you aren't sure knows Jesus as their Savior.

Solve the code.

Go down the letter column and across the number row to find the correct letter. For example: B1=F, C3=O.



	A	B	C
1	S	F	I
2	A	H	T
3	W	D	O

--	--	--	--	--

B1 A2 C1 C2 B2

				U	
--	--	--	--	---	--

A3 C1 C2 B2 C3 C2

		R	K	
--	--	---	---	--

A3 C3 A1

		E		
--	--	---	--	--

C1 A1 B3 A2 B3

GET STARTED

Choose one:
 Today I'll show my faith by writing a card to someone to encourage them.
 Today I'll show my faith by being kind to my family.
 Today I'll show my faith by serving _____
 (write a person's name here).

Circle the right answer:

Fig trees produce:

Figs Grapes Oranges Olives

A fresh water spring pours out:

Fresh water Salt water

The ocean should have:

Salt water Fresh water

Our mouths should speak:

Mean words Nice words

GET STARTED

Your words can either help or hurt others. Think about how you are going to speak to others today.

Will you use words that will be: (Circle one.)

HELPFUL and KIND or HURTFUL and MEAN?

Olympians

is a fun Bible-based program for kids just like you in grades 1-6!

CHALLENGERS

(grades 1-2)

CONQUERORS

(grades 3-4)

CHAMPIONS

(grades 5-6)



Just like Olympic athletes train to be the very best they can be, your Olympians coaches will help train you to be the best you can be for Jesus!

HERE'S WHAT'S WAITING FOR YOU AT OLYMPIANS:

A FANTASTIC KICK-OFF followed by fun songs, exciting games, and a Bible lesson to learn from

A CARING OLYMPIANS COACH to help you learn about the Bible, pray for your needs, and have fun with you

A GREAT TIME WITH FRIENDS

Olympians will be the **highlight** of your week! Don't miss it!

HOW TO KEEP TRACK OF YOUR PROGRESS

Qualifier Award **QUALIFIER** Meeting 1 Meeting 2 Meeting 3 Motto

BRONZE LEVEL
 TARGET DATE _____
 VERSE TEST DATE _____
MEMORY VERSES 6 verses and pass the Test
 Genesis 22:8a Joshua 1:8a Ephesians 2:8-9
 Ephesians 6:1 John 14:15 Philippians 2:14
SERVICE ACTIVITIES
 Service 1 Description: _____
 Service 2 Description: _____
 Service 3 Description: _____
CHRISTIAN BOOKS
 Book 1 Title: _____
FAITHFULNESS
 Quiet Time Attendance

SILVER LEVEL
 TARGET DATE _____
 VERSE TEST DATE _____
MEMORY VERSES 6 verses and pass the Test
 Proverbs 17:17a Psalm 139:2 John 14:6
 Romans 15:13b Matthew 5:16 Acts 2:41a
SERVICE ACTIVITIES
 Service 4 Description: _____
 Service 5 Description: _____
 Service 6 Description: _____
CHRISTIAN BOOKS
 Book 2 Title: _____
FAITHFULNESS
 Quiet Time Attendance

GOLD LEVEL
 TARGET DATE _____
 VERSE TEST DATE _____
MEMORY VERSES 6 verses and pass the Test
 Luke 6:31 Psalm 119:11 Romans 5:8
 Matthew 6:14 Romans 12:20 Galatians 5:13
SERVICE ACTIVITIES
 Service 7 Description: _____
 Service 8 Description: _____
 Service 9 Description: _____
CHRISTIAN BOOKS
 Book 3 Title: _____
FAITHFULNESS
 Quiet Time Attendance
EXTRA CREDIT
 Memorize books of the Bible. Old Testament New Testament

This form is for those keeping records of program progress.
 Detailed instructions and a listing of Service Ideas are located in the Conqueror program pages in the back of this book.

QUALIFIER

Collect all these items to be a qualifier and get your Qualifier award!

MEMORY VERSES

Keep track of each Bible verse you memorize. Your Verse Sheets are in this Quiet Time.

SERVICE ACTIVITIES

Your Olympians coaches will help you show the love of Jesus to others through service activities.

CHRISTIAN BOOKS

Read some great Christian books written just for you.

FAITHFULNESS

Read your Bible and do your Quiet Time regularly, plus don't forget to come to Olympians weekly.

As you finish the **Bronze**, **Silver**, and **Gold** levels, you will be able to receive some great awards to recognize your hard work. **You can see them on the next page!**

Scripture Memory

✓ Check each verse as it is memorized.

Olympians Motto: "I press toward the mark for the prize of the high calling of God in Christ Jesus." **PHILIPPIANS 3:14**



Want to review your verses online? Scan the QR code to open the Quizlet App to help review your verses.

Who did Abraham say would provide the sacrifice?

1

Genesis 22:8a

And Abraham said, My son, God will provide himself a lamb for a burnt offering.

What did God tell Joshua to do?

2

Joshua 1:8a

This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night.

How am I saved?

3

Ephesians 2:8-9

For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: not of works, lest any man should boast.

Who should I obey?

4

Ephesians 6:1

Children, obey your parents in the Lord: for this is right.

How do I show Jesus that I love Him?

5

John 14:15

If ye love me, keep my commandments.

Should I murmur, grumble, or complain?

6

Philippians 2:14

Do all things without murmurings and disputings.

As a friend, how often should I show love to others?

7

Proverbs 17:17a

A friend loveth at all times.

What does God know about me?

8

Psalms 139:2

Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.

What is the only way I can come to God?

9

John 14:6

Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

Old Testament

Genesis	Joshua	1 Kings	Nehemiah	Ecclesiastes	Lamentations	Amos	Habakkuk
Exodus	Judges	2 Kings	Esther	Song of	Ezekiel	Obadiah	Zephaniah
Leviticus	Ruth	1 Chronicles	Job	Solomon	Daniel	Jonah	Haggai
Numbers	1 Samuel	2 Chronicles	Psalms	Isaiah	Hosea	Micah	Zechariah
Deuteronomy	2 Samuel	Ezra	Proverbs	Jeremiah	Joel	Nahum	Malachi

Scripture Memory

✓ Check each verse as it is memorized.

Who gives me hope?

10

Romans 15:13b

That ye may abound in hope, through the power of the Holy Ghost.

How can I show Jesus to others?

11

Matthew 5:16

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

What can I do to show others that Jesus is my Savior?

12

Acts 2:41a

Then they that gladly received his word were baptized.

How does Jesus want me to treat others?

13

Luke 6:31

And as ye would that men should do to you, do ye also to them likewise.

What will help keep me from sinning against God?

14

Psalms 119:11

Thy word have I hid in mine heart, that I might not sin against thee.

How does God demonstrate His love for me?

15

Romans 5:8

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

Why should I forgive others?

16

Matthew 6:14

For if ye forgive men their trespasses, your heavenly Father will also forgive you.

Should I be kind to someone who is against me?

17

Romans 12:20

Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head.

How should I serve others?

18

Galatians 5:13

For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.

New Testament

Matthew

Romans

Philippians

2 Timothy

1 Peter

Jude

Mark

1 Corinthians

Colossians

Titus

2 Peter

Revelation

Luke

2 Corinthians

1 Thessalonians

Philemon

1 John

John

Galatians

2 Thessalonians

Hebrews

2 John

Acts

Ephesians

1 Timothy

James

3 John