

ASIAN KALEIDOSCOPE

JANUARY 2026
Volume 4, Issue 7

MN BIZ VISION

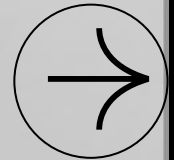


Photo Courtesy: Eric Mueller

**Interview with Sara
Ryung Clement:
Where Literature
Becomes Stage Magic**

**Digital Calming
Rooms with
Sound Healing at
the Center for
Wellness
Technology**

**Preparing
Tomorrow's
Citizens: The AI
Literacy Revolution
in Education**



Asian Media Access

This monthly e-Magazine is published by Asian Media Access and Multi Cultural Community Alliance to highlight the accomplishments of Asian American and Pacific Islanders' (AAPI) small businesses in MN.

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Bridging Cultures, Building Futures: Minnesota's AAPI Business & Workforce Magazine

Welcome to **MN Biz Vision: Asian Kaleidoscope**, a monthly e-magazine dedicated to empowering Asian American and Pacific Islander (AAPI) communities across Minnesota. More than a publication, this platform uplifts AAPI entrepreneurs while advancing workforce pathways through the **Center for Wellness Technology** - a visionary hub that integrates Agricultural Technology, Multimedia Technology, and Wellness Technology into culturally grounded IT career opportunities.

AAPI Entrepreneurship & the Need for New Pathways

AAPI entrepreneurs are vital to Minnesota's diverse business landscape, operating successful restaurants, grocery stores, salons, healthcare practices, consulting firms, and manufacturing businesses, etc.. While AAPIs comprise 6% of Minnesota's population, Asian-owned businesses represent only 3% of the state's small businesses—revealing persistent barriers to entrepreneurship. Yet these 15,500+ Asian-owned firms account for 35% of all minority-owned businesses in Minnesota, demonstrating the community's outsized economic impact and resilience. Targeted workforce development in specialized IT sectors can help bridge this entrepreneurship gap and create new pathways for community economic mobility and innovation.

The Center for Wellness Technology: Our Dual Mission

At the heart of MN Biz Vision stands the Center for Wellness Technology, which unifies three high-impact technology tracks designed for AAPI youth, families, and entrepreneurs:

- **Agricultural Technology (AgTech):** Blending modern engineering with ancestral agricultural knowledge, learners explore aeroponics, aquaponics, vertical farming, and sustainable food systems that support food sovereignty and sustainability.
- **Multimedia Technology:** Youth and creatives gain experience in game design, AR/VR development, digital storytelling, and AI-assisted media production—tools that amplify AAPI voices and ensure cultural stories are represented in the digital future.
- **Wellness Technology:** Integrating traditional healing practices with modern innovations, the Center supports healing with telehealth systems, VR calming room designs, and culturally informed wearable devices, advancing non-invasive and holistic care models.

Together, these tracks demonstrate why IT matters: technology becomes a vehicle for economic mobility, cultural preservation, and community innovation.

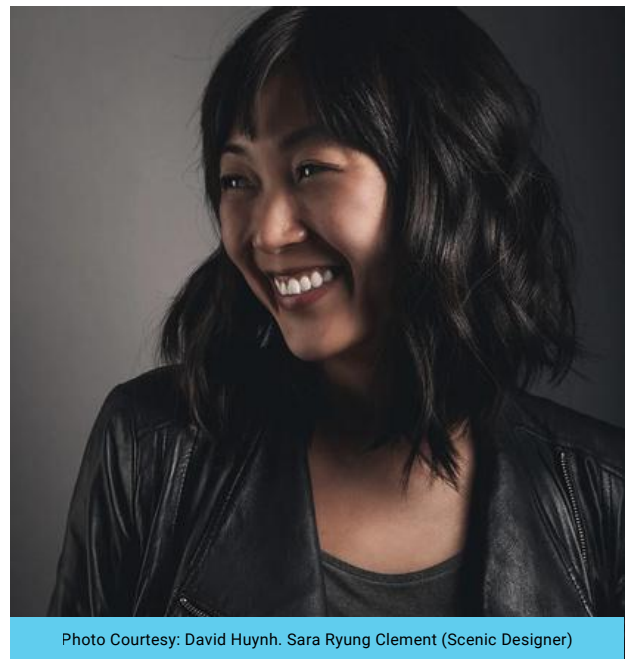
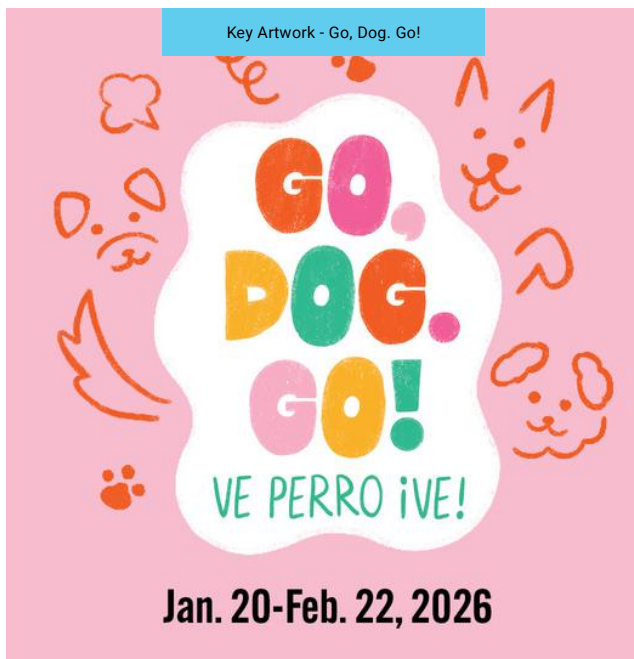
What You'll Discover Each Month

Every issue of MN Biz Vision highlights AAPI business owners across diverse sectors, celebrates immigrant and refugee success stories, and shares practical resources on financing, marketing, digital tools, and entrepreneurship. Workforce development features dive into emerging IT opportunities within AgTech, Multimedia, and Wellness Technology, supported by training programs and employer partnerships.

Building Economic Opportunity & Cultural Resilience

Whether you are strengthening a family business, exploring a career transition, entering tech fields, or launching a new venture, MN Biz Vision: Asian Kaleidoscope connects you to the networks, knowledge, and inspiration needed to thrive. Join us each month as we celebrate AAPI excellence - honoring cultural traditions while embracing the technological innovations shaping Minnesota's future.





INTERVIEW WITH SARA RYUNG CLEMENT: WHERE LITERATURE BECOMES STAGE MAGIC

Preface: Asian Media Access is honored to feature an interview with scenic designer Sara Ryung Clement for Children's Theatre Company's upcoming production, [Go, Dog. Go! • Ve Perro ¡Ve!](#) This joyful bilingual musical spectacle, based on P.D. Eastman's beloved classic book, opens on January 23, 2026. Tickets may be purchased at childrenstheatre.org/dog or by calling 612.874.0400.

On a gloomy winter afternoon, sitting inside the Children's Theatre set, Sara Ryung Clement shares her journey from California to the Twin Cities. As she speaks, her eyes sparkle with passion - brighter than the theater lights. Her light spoken tone shares her deep love of visual storytelling, cultural attentiveness, and a respect for artistic collaboration.

Designing a Bilingual World: Go, Dog. Go! • Ve Perro ¡Ve!

Designing for theatres across the country - including the Guthrie Theater, Oregon Shakespeare Festival, Mark Taper Forum, Arena Stage, and Geffen Playhouse, Sara has built a career defined by curiosity, rigor, and imagination. Her current work with Children's Theatre Company (CTC) on the bilingual musical Go, Dog. Go! • Ve Perro ¡Ve! reflects both her artistic range and her commitment to inclusive, joyful theatre that speaks to today's audiences.

In CTC's 2026 production of Go, Dog. Go! • Ve Perro ¡Ve!, Sara plays a key role in

shaping the visual language, as the lead of Set Design. The production - adapted from P.D. Eastman's beloved children's book and presented in both English and Spanish - embraces the playfulness through "Things That Go." Sara's design supports a kinetic world filled with car-driving, roller-skating, bike-riding, and scooter-scooting dogs.

During the interview, Sara described drawing inspiration from mid-century modern art, the book's original color palette, and theatrical traditions that prioritize simplicity and imagination, taking the inspiration from Peter Brook's work in *A Midsummer Night's Dream*. She describes her favorite opening scene - a simple white box that opens to reveal bright, colorful dogs rolling onto the stage, they are rollerskating, riding scooters and tricycles, pushing buggies and pulling wagons - combining surprise, playfulness, and smart design - with a balance of visual delight and functionality.

To honor the bilingual nature of the production, the set has also incorporated culturally resonant details - such as a Mexican oilcloth tablecloth and taco and torta lunch - that subtly reinforce the Spanish-language dimension of the show without overwhelming the narrative. Her sensibility aligns closely with the musical's vision to showcase the work where every child can see themselves reflected onstage—in language, movement, and imagination.



(L-R) Zachary David Hodgkins, Cooper Lajeunesse, Kimberly Richardson, Julia Diaz, and Anna M. Schloerb in Children's Theatre Company's production of 'Go, Dog. Go! Ve Perro ¡Ve!



Children's Theatre Company's production of 'Go, Dog. Go!

A Non-Linear Journey into Design

Sara's path into theatre design was far from a straight line. It was during her undergraduate years at Princeton University, particularly through exposure to visual arts courses, that Sara began to see design as a space where her literary interests, visual sensibility, and collaborative instincts could converge. For the first time, she learned how to draw and explore visual storytelling. A pivotal class with Christine Jones, the Tony Award - winning scenic designer known for *Harry Potter* and the

Cursed Child and *American Idiot*, helped Sara realize that she didn't just want to write about theatre—she wanted to create and design it.

Even then, the path was not straightforward - She explored many options, including spending a year in Korea through a Fulbright Fellowship to learn and experience life outside the U.S., and started doctoral program at UC Berkeley's Performance Studies. Each step helped her clarify her goals and ultimately led her to pursue an M.F.A. in Design at the Yale School of Drama, where she honed her craft in both set and costume design.

Looking back, Sara often describes her career as non-linear but intentional - shaped by exploration, doubt, privilege, and, ultimately, clarity about the kind of artist she wanted to be.



Asian American Identity and Creative Practice

As an Asian American artist of Korean heritage, Sara is deeply aware of how identity shapes both opportunity and perspective in the theatre field. During the interview, she reflected on how her cultural background informs her work - not always overtly, but through attention to detail, sensitivity to context, and an instinct for layered storytelling. She noted that while her Asian American identity is not always the central focus of a given production, it remains an integral part of how she approaches collaboration and representation.

Sara came of age professionally during what she describes as a surge in Asian American theatre over the past 15 years or so. Working alongside Asian American playwrights, directors, and designers has allowed her to experience creative spaces where cultural understanding is shared rather than explained - resulting in work that feels bolder, freer, and more emotionally precise. She emphasized that diverse creative teams are not simply about representation, but about expanding the range of

stories and aesthetics that can exist onstage.

Career, Community, and Connectedness

Now based in Minneapolis, Sara is part of the vibrant Twin Cities theatre ecosystem and currently teaches at the University of Minnesota. In conversations about the broader Asian American community here, Sara expressed concern and sadness about the continued presence of anti-Asian hate and ongoing threats to community safety. She emphasized the importance of visibility, solidarity, and mutual support - both within the arts and beyond. Her engagement in community-focused conversations reflects a belief that artists are also civic participants, with an important role to play in communication, education, and advocacy.

Sara Ryung Clement's future work spans a wide range of projects, from children's theatre to major regional and off-Broadway productions, including collaborations with acclaimed playwrights such as David Henry Hwang. Whether she is designing a playful bilingual world for young audiences or contributing to complex stories about identity and family, her approach remains consistent - collaborative, imaginative, and rooted in shared humanity.



Photo Courtesy: Jenny Graham. Oregon Shakespeare Festival, 2016

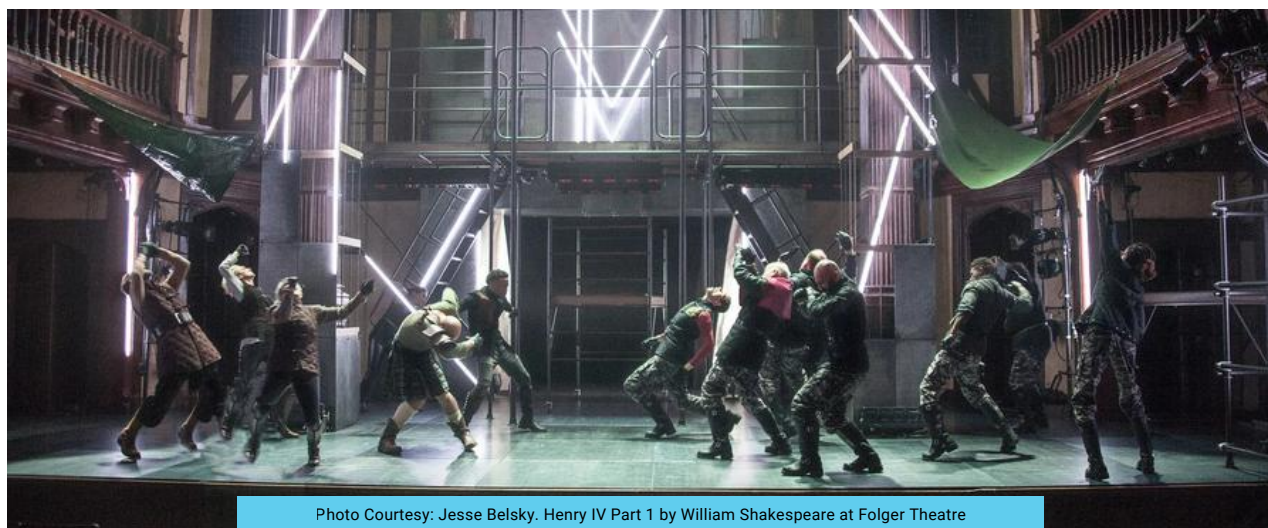


Photo Courtesy: Jesse Belsky. Henry IV Part 1 by William Shakespeare at Folger Theatre



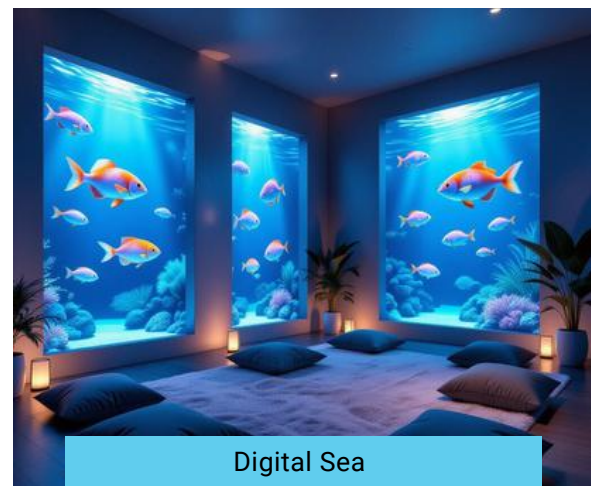
DIGITAL CALMING ROOMS WITH SOUND HEALING AT THE CENTER FOR WELLNESS TECHNOLOGY

Series 3: How AI Imagery Becomes a Modern Mental Health Comforter

The Need for New Forms of Calm

In an era marked by constant stimulation, social disruption, and collective stress, the need for accessible, culturally responsive mental health supports has never been greater. Schools, community centers, workplaces, and wellness organizations are increasingly adopting diverse wellness policies, along with a new trend known as - digital calming rooms—technology-enhanced spaces designed to reduce anxiety, regulate emotions, and restore mental balance. When combined with sound healing and AI-generated imagery, these rooms become powerful environments for comfort, grounding, and emotional regulation.

Digital calming rooms do not replace traditional therapy; rather, they serve as preventive, complementary tools that meet people where they are—emotionally, culturally, and technologically. They are especially impactful for youth, trauma-impacted communities, neurodivergent individuals, and those who may face barriers to accessing conventional talking therapy.



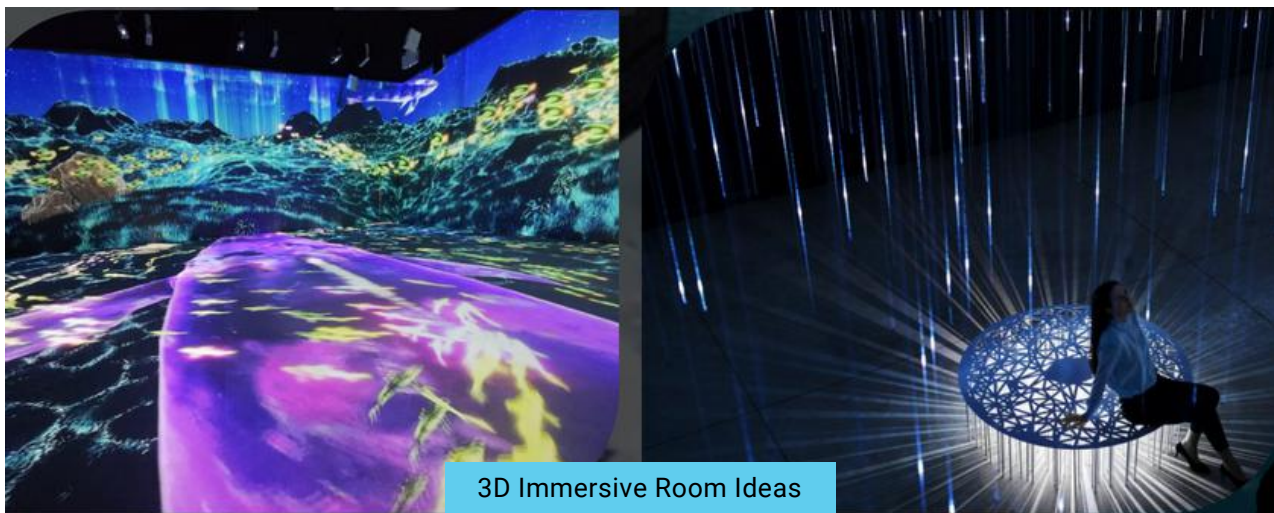
Digital Sea

What Is a Digital Calming Room?

A digital calming room is a physical or virtual space intentionally designed to promote relaxation and emotional self-regulation through immersive sensory experiences. These rooms typically integrate:

- Ambient lighting or projection mapping
- Calming visuals or nature-based scenes
- Sound healing elements such as frequencies, music, or guided audio
- Interactive or responsive digital content

Unlike traditional quiet rooms, digital calming rooms leverage technology to create adaptable environments that can respond to different emotional needs—stress, grief, anger, sensory overload, or fatigue. They can be deployed in schools, wellness hubs, libraries, clinics, shelters, and even mobile or pop-up installations.



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The Role of Sound Healing in Emotional Regulation

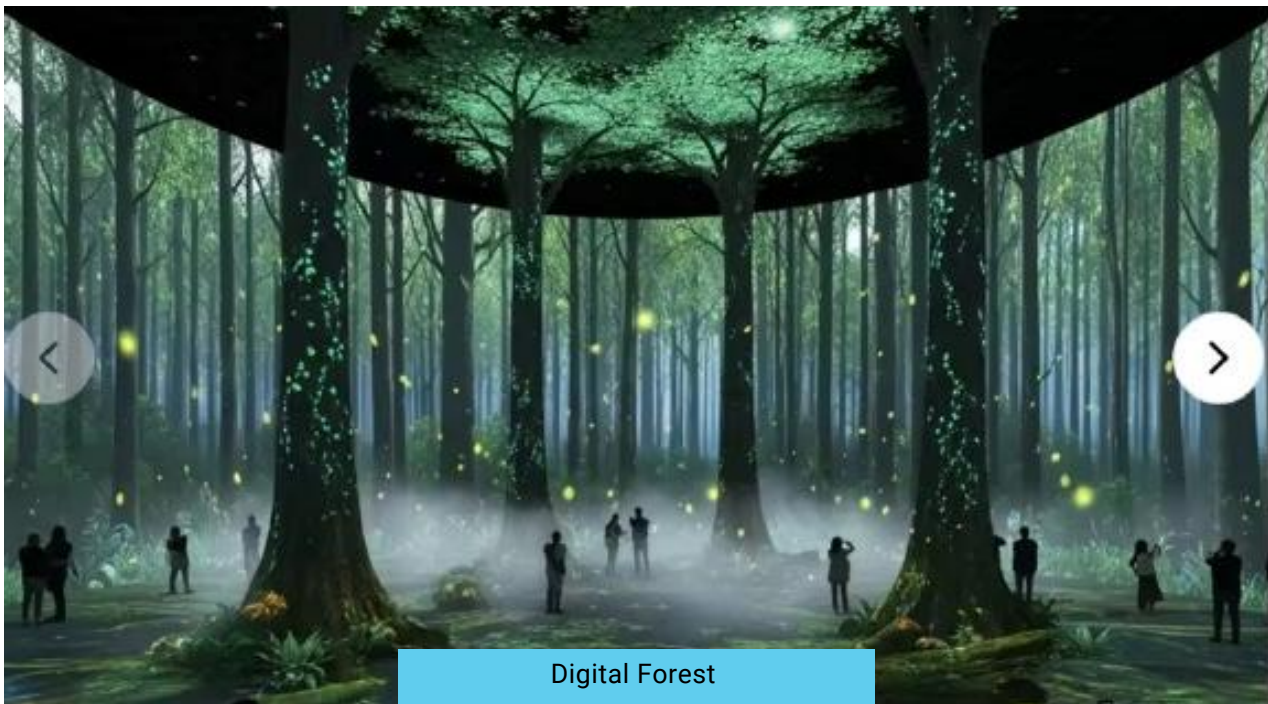
Sound healing is one of the oldest therapeutic practices across cultures, from Tibetan singing bowls and Indigenous drumming to chanting and breath-based vocalization. Modern neuroscience now confirms what many traditions have long understood: sound directly affects the nervous system and emotional regulation.

In a digital calming room, immersive environments can feature forest, ocean, and mountain scenes presented in a dimly lit setting, paired with music intentionally designed to support healing and emotional balance. Drawing from Traditional Chinese Medicine (TCM) beliefs, different soundscapes can be aligned with the energetic healing of specific organs—particularly the heart, lungs, and liver - which are deeply connected to emotional wellbeing. In Chinese healing traditions:

- The heart is associated with joy, emotional clarity, and the spirit (Shen). Gentle, steady rhythms and warm tones help calm anxiety and restore emotional coherence.
- The lungs govern breath, grief, and the ability to let go. Slow, flowing sounds—such as wind, water, or breath-like frequencies—support respiratory ease and emotional release.
- The liver is linked to stress, anger, and the smooth flow of energy (Qi). Expansive sound patterns and resonant vibrations help release tension and restore balance.

When combined with digitally rendered natural landscapes, these sound-healing elements create a multisensory environment that gently guides the nervous system toward calmness. This approach allows individuals to experience healing without words, making the calming room especially effective for those who process emotions somatically or come from cultures where non-verbal healing practices are central.





Research Foundations: AI, Immersive Displays, and Mental Health

A growing body of interdisciplinary research in neuroscience, psychology, and human–computer interaction demonstrates that immersive digital environments can positively support mental health and emotional regulation. Studies on virtual and augmented reality have shown reductions in stress, anxiety, and perceived pain when individuals are exposed to calming, nature-based digital scenes.

AI-enhanced systems further strengthen these outcomes by enabling personalization and responsiveness. Adaptive visuals, soundscapes, and lighting can be adjusted to user preferences, emotional states, or therapeutic goals, increasing engagement and effectiveness. Research suggests that when individuals feel a sense of agency and comfort within an environment, their nervous systems are more likely to shift from a stress response to a restorative state.

Importantly, immersive AI environments activate similar neural pathways as real-world nature exposure, particularly those associated with relaxation, attention restoration, and emotional processing. For communities with limited access to green spaces or consistent wellness resources, digital calming rooms provide an equitable alternative that brings the benefits of nature, mindfulness, and restorative presence indoors.

These findings reinforce the role of AI not as a replacement for human connection or clinical care, but as a scalable, supportive tool that enhances mental health infrastructure—especially in schools, community centers, and culturally responsive healing spaces.



3D Immersive Yoga Studio Design Ideas

Embodied Practices: Meditation and Yoga in Digital Calming Rooms

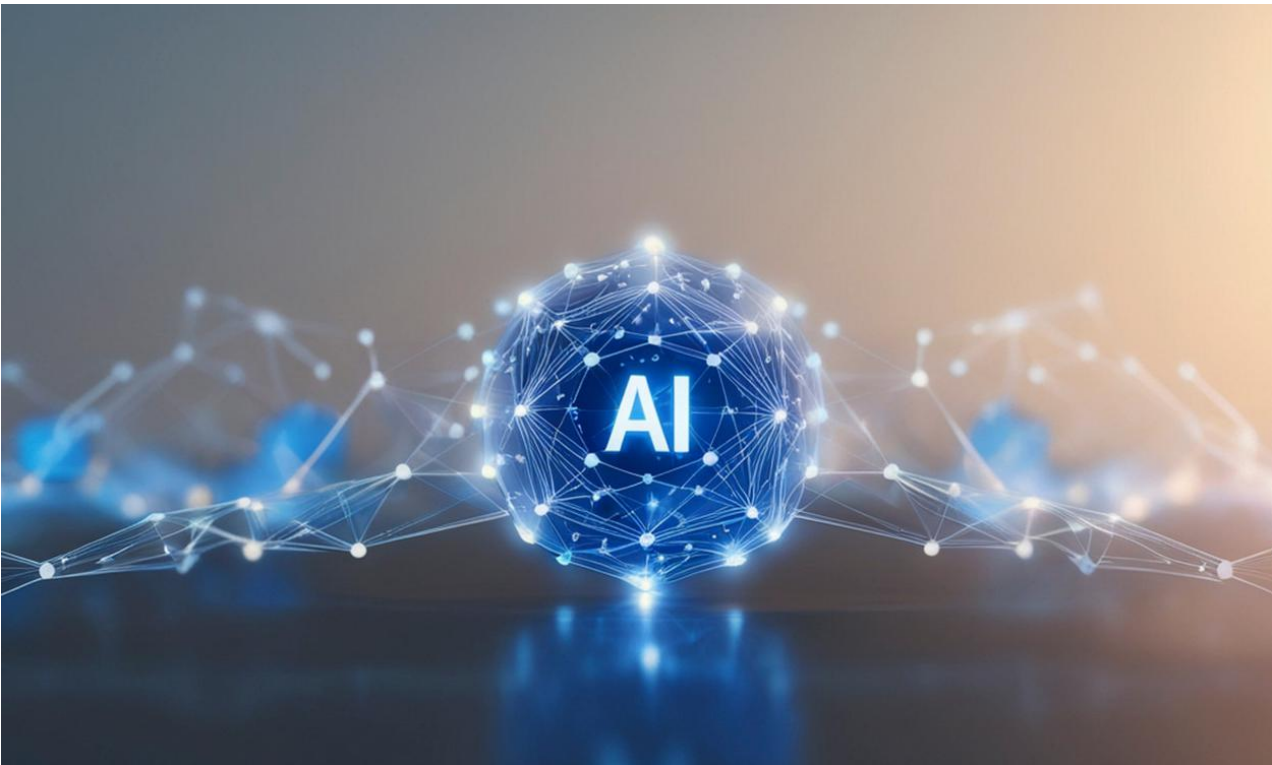
Digital calming rooms also serve as supportive environments for embodied practices such as meditation, mindfulness, breathwork, and gentle yoga. When individuals engage in these practices within immersive forest, ocean, or mountain scenes, the visual and auditory environment helps quiet external distractions and anchor attention in the present moment.

For meditation, slow-moving AI-generated imagery and responsive soundscapes can support sustained focus, regulate breathing, and reduce intrusive thoughts. For yoga and gentle movement, immersive displays encourage slower, more intentional motion while reinforcing a sense of grounding and safety. Dim lighting, combined with non-judgmental digital environments, allows participants to turn inward without feeling observed or overstimulated.

These features make digital calming rooms particularly effective for beginners, trauma-impacted individuals, and those who may feel intimidated by traditional wellness spaces. The technology does not instruct or correct; instead, it creates a compassionate container that supports self-paced healing and embodied awareness.

The Future of Digital Healing Spaces

As technology continues to evolve, digital calming rooms represent a hopeful direction for mental health innovation—one rooted in care, dignity, and accessibility. When sound healing and AI-generated imagery are guided by cultural awareness, ethical design, and human-centered values, they create spaces where people can simply breathe, feel, and recover. In a world that often demands constant productivity and resilience, digital calming rooms remind us that rest, beauty, and imagination are not luxuries—they are essential components of healing. Digital calming rooms are not about escaping reality. They are about restoring the nervous system so individuals can return to reality with greater clarity, balance, and strength.



PREPARING TOMORROW'S CITIZENS: THE AI LITERACY REVOLUTION IN EDUCATION

Columnist - Vivek Ekarat

The World Economic Forum unveils a groundbreaking framework that could reshape how we teach students to thrive in an AI-dominated world

The Question That Defines Our Era

How do we prepare students for a future shaped by artificial intelligence—when the future is already here? This isn't a philosophical exercise or a distant planning challenge. It's the most urgent educational imperative of our time, and it's happening in classrooms around the world right now.

While teachers explain fractions and literary themes, their students are quietly using ChatGPT to write essays, asking AI to solve math problems, and experimenting with image generators for art projects. The technology that will define their careers and lives isn't waiting for educational systems to catch up—it's already in their pockets, reshaping how they think, learn, and create.

This reality has prompted the World Economic Forum's Tanya Milberg to sound an alarm that educators worldwide are beginning to hear: artificial intelligence literacy must become a core educational competency, not just an optional upgrade for tech-savvy schools or computer science classes.

Enter the AI Literacy Framework: A Global Response

The urgency of this challenge has sparked an unprecedented collaboration between some of the world's most influential educational organizations. The European Commission, OECD, Code.org, and a coalition of global experts have joined forces to create the AI Literacy Framework (AIIit)—a comprehensive roadmap designed to equip learners with the knowledge, skills, and mindsets they need to engage with AI critically, ethically, and creatively across all disciplines.

This isn't just another educational initiative. It represents a fundamental reimagining of what literacy means in the 21st century and how we can prepare students not just to use AI tools, but to understand their implications, limitations, and potential for both good and harm.



The Challenge: When Technology Outpaces Education The Speed of Change

The pace of AI development has created an unprecedented challenge for educational systems. While traditional curricula take years to develop and implement, AI capabilities are evolving monthly. GPT-4 was revolutionary in March 2023; by 2024, it seemed almost quaint compared to newer models. Students are growing up with technology that's advancing faster than the institutions designed to guide them.

The Digital Divide Gets Deeper

This rapid evolution isn't just creating a gap between technology and education—it's creating new forms of inequality. Students with access to the latest AI tools and informal learning opportunities are developing capabilities that traditional assessments can't measure, while others are being left behind by systems that haven't yet acknowledged AI's educational relevance.

The Trust Crisis

Perhaps most concerning is the growing disconnect between what students experience with AI and what educators can confidently teach about it. Many teachers feel unprepared to address AI's educational implications, leading to policies that range from complete bans to unrestricted access—neither of which prepares students for the nuanced reality of living and working with AI.

The AILit Framework: A Comprehensive Solution

Four Pillars of AI Literacy

The framework organizes AI literacy around four fundamental areas that students need to master:

1. **Engaging with AI** Understanding how AI systems work, their capabilities and limitations, and how to interact with them effectively. This includes developing critical evaluation skills to assess AI-generated content and understanding when AI is and isn't appropriate for different tasks.
2. **Creating with AI** Learning to use AI as a creative and productive tool while maintaining human agency and creativity. This involves understanding how to prompt AI systems effectively, how to combine AI capabilities with human insight, and how to maintain ethical standards in AI-assisted creation.
3. **Managing AI** Developing the skills to oversee AI systems responsibly, including understanding privacy implications, managing data, and making decisions about when and how to deploy AI tools in different contexts.
4. **Designing AI** Building foundational understanding of how AI systems are created, trained, and implemented. While not every student will become an AI developer, understanding these processes is crucial for informed citizenship in an AI-driven world.



23 Competencies for the AI Age

Within these four pillars, the framework identifies 23 specific competencies that students should develop. These aren't abstract concepts but practical skills that can be adapted across subjects and grade levels:

Critical Thinking Competencies

- Evaluating AI-generated information for accuracy and bias
- Understanding the difference between AI predictions and facts
- Recognizing when human judgment is necessary

Ethical Reasoning Skills

- Considering the societal implications of AI decisions
- Understanding issues of fairness and representation in AI systems
- Developing frameworks for responsible AI use

Creative Collaboration Abilities

- Working effectively with AI as a creative partner
- Maintaining human creativity while leveraging AI capabilities
- Understanding the value of human insight in AI-assisted processes

Technical Understanding

- Grasping fundamental concepts of how AI learns and makes decisions
- Understanding data's role in AI system performance
- Recognizing the limitations and potential failures of AI systems



Beyond Computer Science: AI Literacy Across the Curriculum

Mathematics and AI

In mathematics classes, students can explore how AI systems use statistical patterns to make predictions, understand the role of probability in machine learning, and use AI tools to visualize complex mathematical concepts while developing critical thinking about algorithmic decision-making.

Language Arts and AI

English and literature classes can examine AI-generated text to understand narrative structure, explore the ethical implications of AI authorship, and develop skills in human-AI collaborative writing while maintaining authentic voice and creative agency.

Social Studies and AI

History and civics education can explore AI's societal implications, examine algorithmic bias through historical lenses, and help students understand their rights and responsibilities as citizens in increasingly automated societies.

Science and AI

Science classes can use AI to analyze data, model complex systems, and explore scientific questions while developing understanding of how AI can both advance and potentially mislead scientific inquiry.

Arts and AI

Creative arts education can explore AI as both tool and medium, examining questions of authorship and creativity while helping students develop unique artistic voices that incorporate rather than compete with AI capabilities.

Global Alignment and Local Adaptation**Building on Existing Initiatives**

The AILit Framework doesn't exist in isolation. It builds on and aligns with established programs like AI4K12, which has been developing AI education standards for American schools, and DigComp, the European framework for digital competence. This alignment ensures that the framework can integrate with existing educational standards rather than requiring completely new curricula.

Flexibility for Diverse Contexts

One of the framework's key strengths is its recognition that educational contexts vary dramatically around the world. Schools in different countries, regions, and communities have different resources, priorities, and cultural values. Rather than prescribing a one-size-fits-all approach, the framework provides a flexible foundation that can be adapted to local needs and constraints.

Watch the full article: <https://glintops.com/preparing-tomorrows-citizens-the-ai-literacy-revolution-in-education/>



January 1

KAREN NEW YEAR

Hosted by the Karen Culture Organization of Minnesota, the Karen American community celebrated the New Year on January 1, 2026, at Washington Technology Magnet School. It was a wonderful event supported by elders, youth, numerous sponsors, volunteers, and especially the amazing young dancers! Photo Courtesy: Karen Culture Organization of Minnesota



January 11

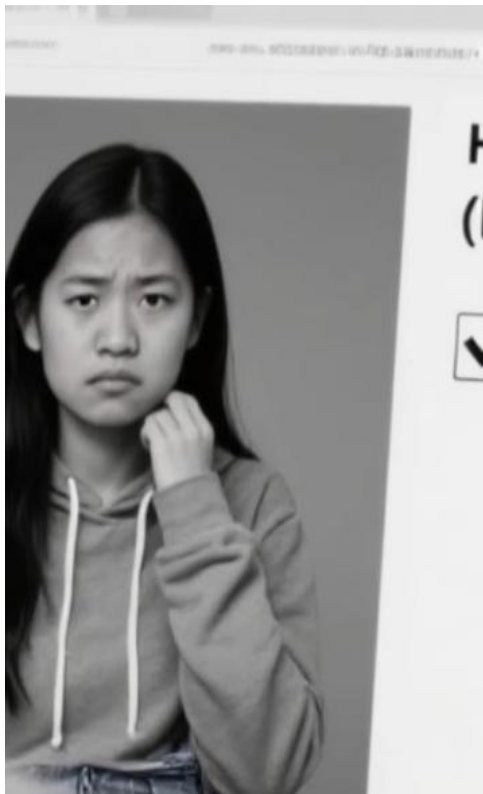
LOHRI CELEBRATION

The Hindu Society of Minnesota held a beautiful Lohri celebration at the temple, full of gratitude, devotion, and warmth. Photo Courtesy: Hindu Society of Minnesota



Identity & Background explores the diverse experiences within Asian American communities through personal storytelling. In this interview, we focus on the Hmong American experience—discussing culture, heritage, and how identity is shaped across generations.

Through lived experiences and reflection, this conversation highlights the importance of representation, cultural preservation, and the voices often missing from mainstream media. [View the video](#) >>



From the background and roots of a Hmong American woman, this video shares a deeply personal experience about identity, assumptions, and being misunderstood in higher education.

Growing up, she never took ESL classes. From elementary school through high school, she passed every English assessment without issue. But when she entered college, things changed. Simply because she was a minority, assumptions were made—that English was her second language, that she was a foreigner—and she was placed into ESL/EOS classes without being asked.

What followed felt disrespectful and confusing. The way the material was taught made her feel as if she was back in elementary school, relearning

things she already knew. At the time, she was young and unsure how to speak up for herself, so she went along with it—until it became clear she didn't belong in that space.

This video sheds light on a reality many Asian American and Hmong students face: being judged not by ability, but by appearance and background. It opens up a conversation about identity, microaggressions, and the importance of seeing students for who they are—not who others assume them to be. [View the video >>](#)



Hmong New Year 2025–2026 @ RiverCentre, MN!
Celebrating culture, color & community at the heart
of Minnesota

Traditional dance, music, fashion & family vibes!

[View the video >>](#)

The Princess Of Asia® Pageant Returns!

Step into a world of elegance, empowerment, and
transformation as the 4th Annual Princess Of
Asia® Pageant takes center stage on February
21–22, 2026 at the iconic Mall of America

Registration is NOW OPEN!

Girls and women ages 4 through adult are invited
to compete for prestigious Queen's titles

Boys ages 6 and up can participate as escort
volunteers, playing an important role during the
event

[View the video >>](#)





E-MAGINE!

60 hours in-person training + 18 hours Internship



Each participant will receive \$1000 incentive and Crown College certificate upon all requested tasks fulfilled



DATES/Time: 13 weeks, Monday-Tuesdays, 5:30pm - 8:30pm, starting February 2-April 28, 2026



Online, Zoom

- Creation –Leveraging generative AI for writing, image generation, audio/video production, and data visualization (e.g., GIS mapping).
- Distribution –Optimizing content through social media management, web development, and other digital platforms.

The State of Minnesota Department of Employment and Economic Development (DEED) funded part of this training through a grant. The grant recipient created this training. DEED does not endorse this publicity or training or make guarantees, warranties, or assurances of any kind, express or implied, regarding the accuracy, completeness, timeliness, usefulness, adequacy, continued availability or ownership of the information herein or elsewhere



ELIGIBILITY

All participants must be:

- Eligible to work in the United States and
- 18 years of age or older at the time of enrollment and
- Not enrolled in any K-12 school and
- Seeking employment or under-employment.

Shall be part of one or more of the following target populations:

- Individuals of color
- Individuals with limited English proficiency
- Individuals at or below 200% of the Federal Poverty Guideline

FOR MORE INFORMATION:

info@amamedia.org

Register:

<https://forms.gle/QDkZ5RDvyTw465mQ6>

SIGN UP FOR E-MAGINE!

“Generative AIs and Digital Marketing Specialist” Professional Development Course - emphasizes human-centered collaboration with AIs, ensuring technology enhances creativity along with human agency. It focuses on interactive co-creation processes, where AI serves as a tool for storytelling that reflects human imagination, cognition and emotional depth.

Designed for storytellers, creators, and digital professionals, this course bridges cutting-edge AI tools with timeless narrative craft.

Sign up here: <https://forms.gle/QDkZ5RDvyTw465mQ6>



We can help you find your focus

Building a budget that actually works.
Growing your network organically.
Mastering work/life balance. All this
and more with Digital Ready. What will
your focus be?

Check it out



BUDGETING TIPS AND NETWORKING KNOW-HOW

Struggling with budgeting, networking, or work-life balance? Digital Ready can help you find your focus and achieve your goals. Discover expert insights and practical tools to streamline your success at:

https://link.digitalready.verizonwireless.com/OTk2LUtXQy0zNzcAAAGZKn5A0-kz96GrTzwrOAAOnZ_2TNNWrU_BQXIGWbjvQHw_pjs1hSTgctExNiFQleIF4R3PHE=

Find the event that fits your goals:

<https://digitalready.verizonwireless.com/category/events>



Event • Ask the Expert

Authority on Demand:
Publish Your Way to
Profit

Jan 29, 2:00 pm-4:00 pm



Event • Networking Sessions

Peer to peer check-in

Jan 29, 3:00 pm-4:00 pm



Event • Hands-on Help

Pricing for profit

Feb 16, 11:00 am-1:00 pm

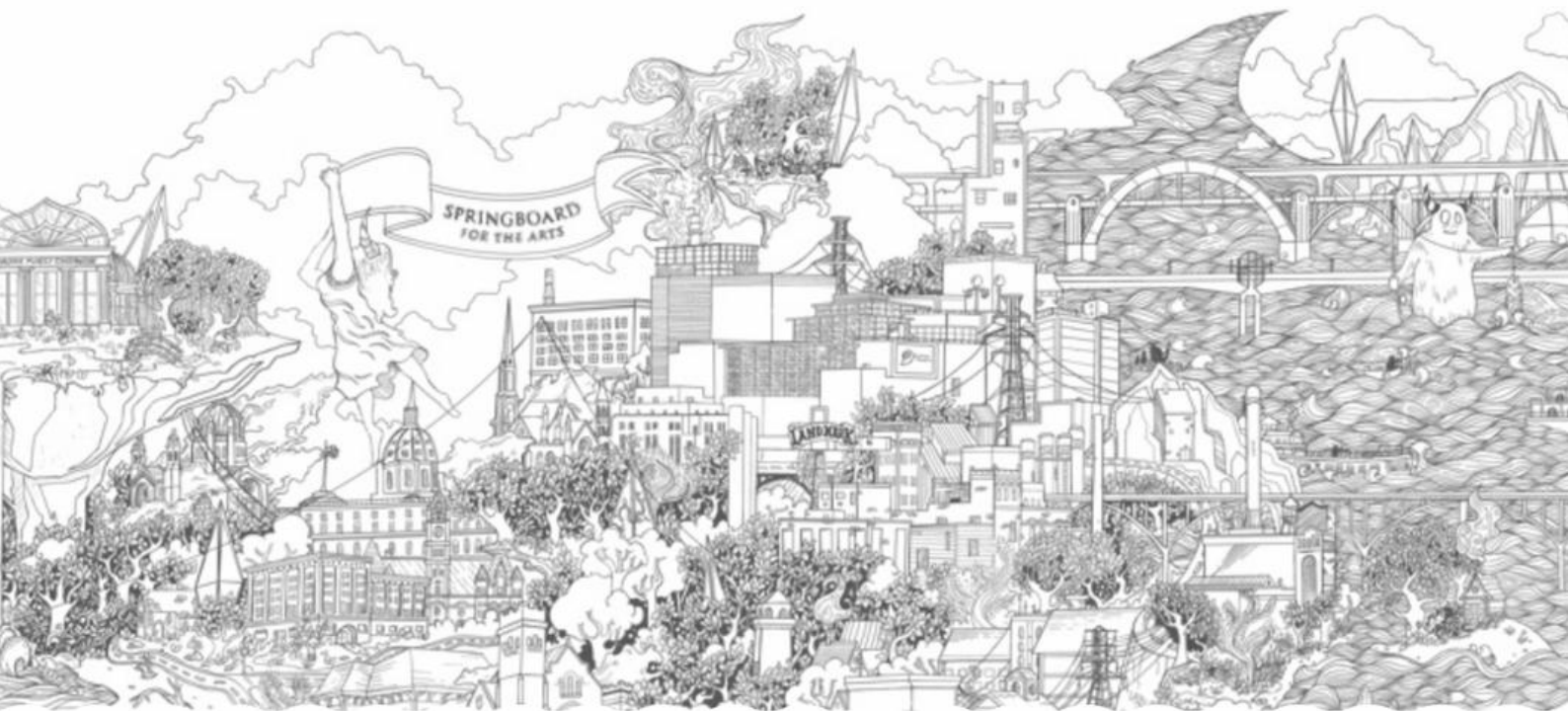


Event • Ask the Expert

The leadership shift:
Moving from doer to
visionary

Feb 16, 2:00 pm-4:00 pm





Springboard for the Arts Calendar of Events - Professional Development

- January 24, 2026 1:00 PM – 3:30 PM - Work of Art: Marketing
- January 28, 2026 6:00 PM – 8:00 PM - Income Tax Basics for Artists
- January 31, 2026 1:00 PM – 3:30 PM - Work of Art: Promotions
- February 07, 2026 1:00 PM – 3:30 PM - Work of Art: Pricing

Learn more and register at: <https://springboardforthearts.org/events/>

Additional Resources

- Get connected to Artist Career Consultants here:
<https://springboardforthearts.org/professional-growth/career-consultations/artist-career-consultants/>
- Work of Art Toolkit: <https://springboardforthearts.org/woa>
- Handbook for Artists Working in Community:
<https://springboardforthearts.org/artists-working-in-community/>

Tax Tips from the IRS



- [Here's what taxpayers need to know about business related travel deductions](#)
- [Companies who promise to eliminate tax debt sometimes leave taxpayers high and dry](#)
- [Get an Identity Protection PIN](#)
- [Tax Resources for Members of the Military](#)



JAN
21

1130am~1pm

Budget for Impact

Business Webinar

[LEARN MORE >>](#)

JAN
22

11am~1pm

How to Get More Google Reviews

Business Webinar

[LEARN MORE >>](#)

JAN
28

9:30am~10:15am

SBA Funding Options and Resources

Business Webinar

[LEARN MORE >>](#)

JAN
29

12pm~1pm

The 2026 Marketing Reset: Practical Strategies and AI Tools

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11
1pm~2pm

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24
1pm~2pm

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3
11am~12pm

An Entrepreneur's "101" Introduction to Artificial Intelligence

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