



Mountfield Care Home



Residential care



Welcome to Mountfield, a bright and welcoming residential care home in the heart of Norwich.

**Nestled within easy reach of Old Catton, Hellesdon, and
Sprowston, our home offers a calm and friendly environment
where people can feel safe, valued and cared for.**

With cosy nooks, light-filled lounges, and a peaceful garden,
Mountfield offers comfort and a sense of community.

As dementia care specialists, we provide tailored short-term
and long-term support, ensuring each resident receives
the care they need to live a fulfilling life.

We understand that moving into care is a big life moment,
and our experienced team is here to provide thoughtful,
personalised support every step of the way.



**You are welcome to visit us – just call us and arrange
a date and time. Telephone 01603 576180**

We pride ourselves on providing person-centred care and support for people living with dementia, treating each person as an individual.

Features

- 1 Easy access garden areas
- 2 Communal lounge
- 3 Hairdressing salon
- 4 Lift
- 5 WiFi
- 6 24 hour care staff

Being your best self

We understand the importance of keeping your independence and staying true to who you are.

With our care package in place, you can enjoy as much independence as possible while receiving the support you need.

We have devoted wellbeing coordinators who partner with our managers and residents to develop various activities and events.

These activities are focused on nine key areas:

- 1 Physical
- 2 Cognitive
- 3 Creative
- 4 Social
- 5 Sensory
- 6 Esteem
- 7 Spiritual
- 8 Cultural
- 9 Emotional

We understand that being yourself means living life how you want to, and we are here to help support you in your new chapter.

Care and support

Norse Care works with local social and healthcare partners to deliver personalised care by passionate people who go above and beyond.

Our staff care completely.

We champion independence, offer a helping hand to those who need it, and build trust with families through empathy and person-centred care.

we



care

we



support

Your wellbeing is our key focus, but we realise that developing friendships, being a part of the local community, and maintaining independence are just as important as the care we provide.

Our wellbeing coordinators promote a wide range of programmes enabling you to live a bounteous life in a safe environment, allowing you to flourish as a person.

In addition to dementia residential care, we also offer:

- ① Respite care
- ② Palliative care
- ③ Convalescence care

We care about catering

Our menus are developed and carefully planned following extensive feedback from our residents and their families to

ensure we are providing favourite dishes such as fish and chips and gammon and egg, as well as encouraging new tastes and flavours from around the world.

We are blessed to be surrounded by excellent, fresh, locally sourced produce from suppliers in East Anglia, and we are proud to work with producers who care about the world around them.

Our kitchen teams understand the significant role of high-quality ingredients and home-style cooking that is healthy and nourishing. We offer:

- ① Communal and private dining areas;
- ② An on-site chef to cater to requests;
- ③ Textured and modified food as required. 





Care built around you

What you can expect from Norse Care

1

Personalised support

We will create a care plan that reflects your needs, wishes and choices

4

Compassionate staff

We ensure our team has the skills, training and compassion to deliver the highest standard of care

2

Respect and dignity

We place your dignity at the heart of everything we do

5

Innovation for better living

We will seek out new ideas and evidence-based approaches to enhance your quality of life

3

Independence and choice

We will support you to make decisions about your life and encourage your independence wherever possible

6

Commitment to excellence

We will continually evaluate our service to ensure you receive the best possible care, every day

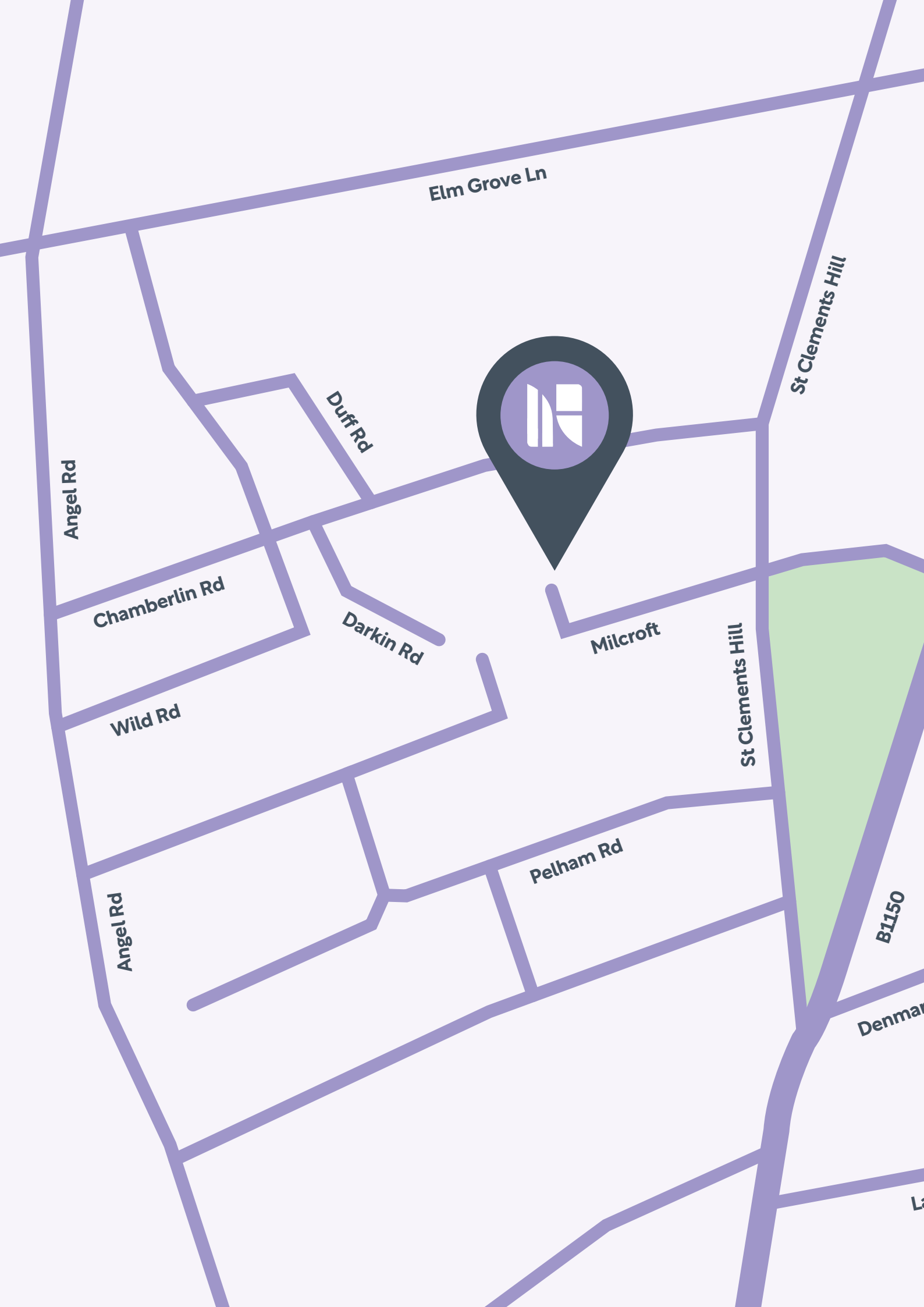


We care completely

we



provide



Elm Grove Ln

St Clements Hill

Angel Rd

Duff Rd

Chamberlin Rd

Darkin Rd

Wild Rd

Milcroft

St Clements Hill

Angel Rd

Pelham Rd

B1150

Denmar

L



Location information Mountfield

Nearby:

Lawson Road GP surgery

0.4 miles, 9 minutes by foot

**Norfolk and Norwich
University Hospital**

6.2 miles, 20 minutes by car

**Sewell Park, accessible
by wheelchair**

0.3 miles, 6 minutes by foot

**Regular buses to
Norwich city centre**

Bus lines 11, 12 and 21





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