

# HOW TO TURN TRAVEL INTO A LIFESTYLE

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From Dream Destinations to  
Everyday Adventures



# TABLE OF CONTENTS

1. REDEFINE WHAT TRAVEL MEANS TO YOU
2. EARN PERKS AND REWARDS
3. TRAVEL WHILE YOU WORK
4. THINK ABOUT YOUR DREAM
5. DEVELOP A STRATEGY
6. MAKE TRAVEL YOUR LIFESTYLE
7. LET'S START
- CONCLUSION

*"THE FUTURE BELONGS TO THOSE WHO BELIEVE IN THE BEAUTY OF THEIR DREAMS."*



*This guide is for educational purposes only and does not constitute an employment offer or guarantee of income.*





## ABOUT THE AUTHOR

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Hi, I'm Natalia, the creator of BigTravelDream.com — international business owner, mentor, and passionate world explorer. I believe the world is meant to be experienced, not just visited. With my love for travel and expertise in the industry, I help others plan unforgettable vacations through my partnership with an international travel company. From beach escapes to cultural adventures and bucket-list journeys, I craft personalized travel experiences that match your unique style and dreams.

As a mentor, I also guide aspiring travelers and entrepreneurs on how to build their own travel-based lifestyle or business, helping them turn their passion into purpose.

*Make your big travel dreams come true — one journey at a time.*

NATALIIA DASKALIUK



# MEET ANGELINA



**An adventurous soul whose endless passion for culture, discovery, and meaningful experiences brings every journey to life.**

My trusted travel partner and a true inspiration for exploring the world. Her passion for discovering new destinations and sharing authentic experiences makes every journey more meaningful and exciting.

*Angelina*



LET'S DO IT!





# LET'S START HERE!

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IN THIS BOOK YOU'LL DISCOVER HOW TO TURN YOUR PASSION FOR TRAVEL INTO A BALANCED LIFESTYLE.



## WHAT YOU NEED TO DO FIRST

The first step toward turning this moment into your lifestyle is to make the decision to start — even if it's small. Begin by defining what it means to you and what kind of experiences you truly want. Set a simple goal: it could be planning your next trip, exploring a nearby city, or learning more about how does this industry works. Start creating a vision board or journal to visualize the destinations and lifestyle you dream about. From there, begin connecting with travel communities, advisors, or mentors who can guide you on your journey. Every big transformation starts with one decision — and today, that decision is to say yes to your travel dreams.



# 01

## REDEFINE WHAT TRAVEL MEANS TO YOU

Travel is more than moving  
from one place to another —  
it's about how you  
experience the world.

**"Life is a journey and  
those who travel live  
twice."**

OMAR KHAYYAM



**Nataliia Daskaliuk**

**[www.bigtraveldream.com](http://www.bigtraveldream.com)**

# TRAVEL YOUR WAY



Excursion is more than simply going from one destination to another — it's about rediscovering who you are through every journey. The more you explore, the more you understand your own dreams, values, and what truly makes you feel alive. It's not just about ticking off places — it's about creating moments that shape your story.

## KEY MINDSET SHIFTS

Trips isn't a break from life — it is life. You don't need unlimited money to see the world; you need purpose and strategy.

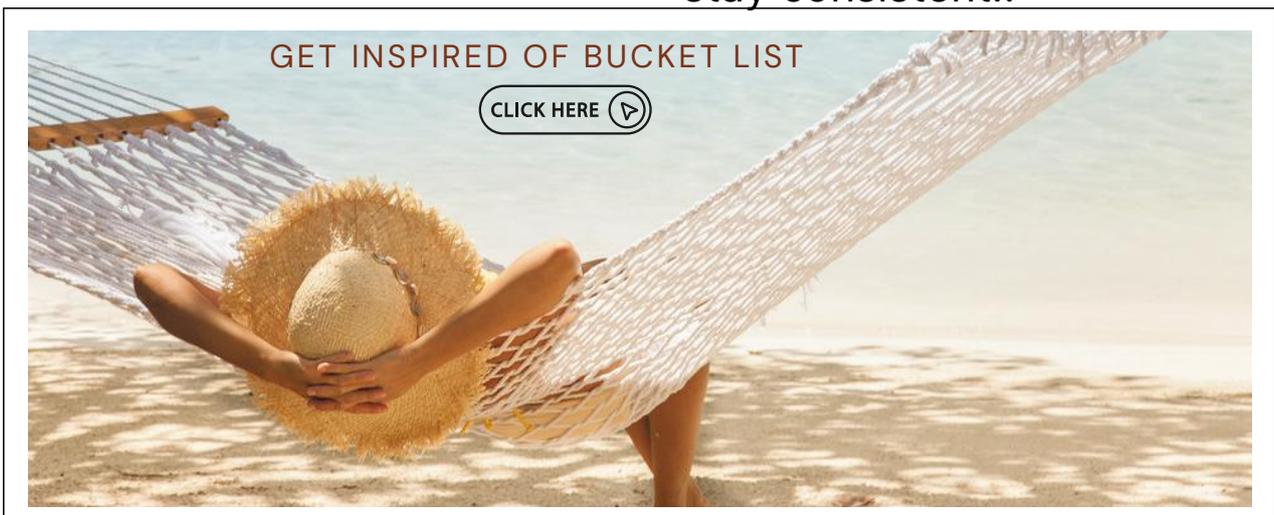
You can build a lifestyle that lets you work, learn, and grow while traveling.

Shift your perspective — travel isn't something you wait for, it's something you create.

## YOUR LIFE VISION

Imagine your ideal travel lifestyle: the destinations, the cultures, the people you'd meet. Write down your top three travel dreams — where you'd go, how long you'd stay, and what kind of experiences would fulfill you most.

Your vision is the map that will guide your next steps — dream big, start small, and stay consistent..



Every great changes begins with a decision — to see the world not as a visitor, but as a participant in its beauty. The moment you redefine what travel means to you, your journey truly begins.



## Big Travel Dream

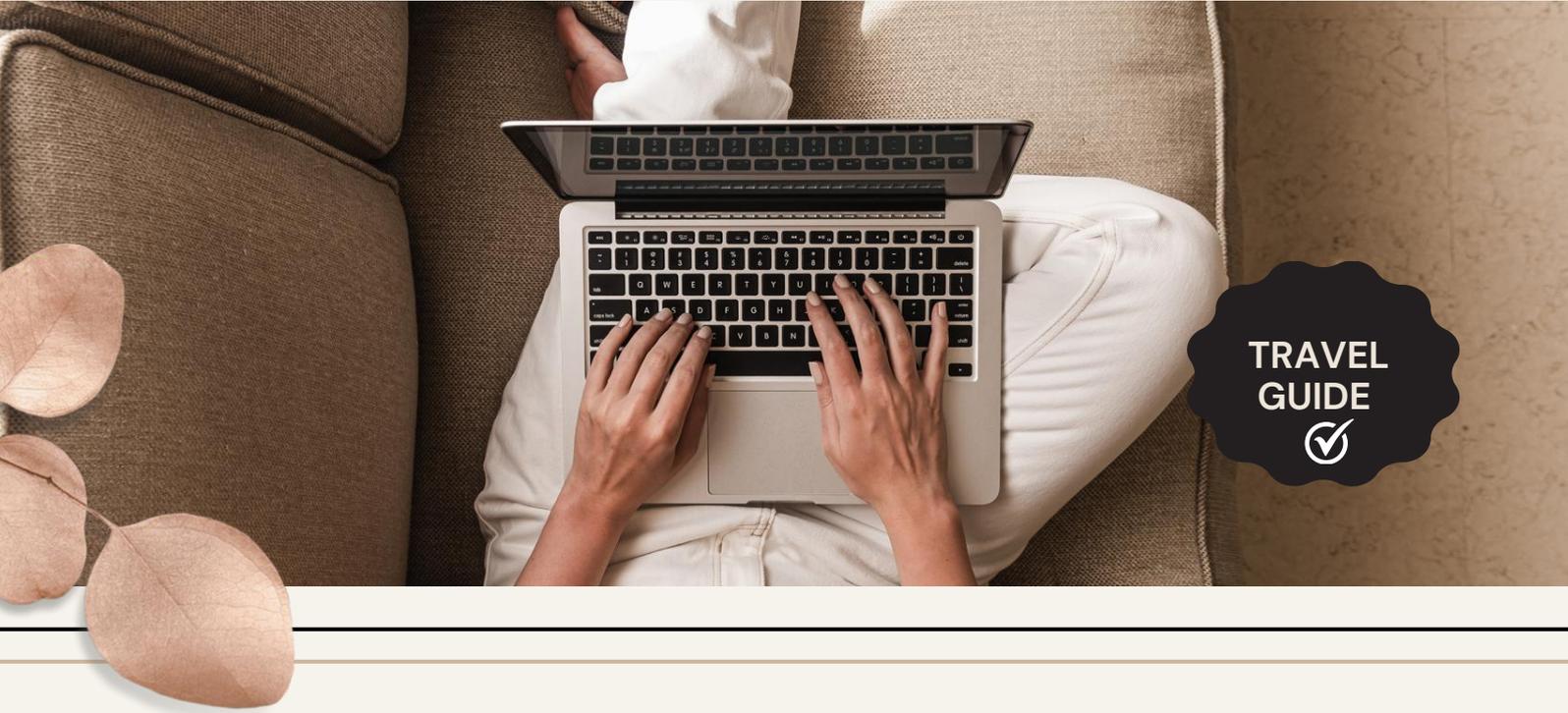


02

## EARN PERKS AND REWARDS

Maximize your travel experiences by taking advantage of perks and rewards offered by airlines, hotels, credit cards, and travel programs. From loyalty points and cash back to room upgrades and exclusive access, these benefits can help you exploring more often and with less expense. By strategically using reward programs, booking through preferred partners, and staying consistent with your travel habits, you can accumulate perks that make trips smoother, more luxurious, and even free in some cases. Over time, these rewards turn everyday planning into opportunities for unique experiences, letting you enjoy more of the world without constantly increasing your budget.

**LEARN HOW TO BUILD A TRAVEL-BASED LIFESTYLE**



*Let's Get Started*

# BUILDING YOUR PERSONAL WAY

CRAFTING A LIFESTYLE YOU LOVE BY FOLLOWING YOUR  
OWN MAP AND RHYTHM





"YOU HAVE THE  
POWER TO PROTECT  
YOUR PEACE."

# TRAVEL WHILE YOU WORK 03

Remote work and digital tools make it possible to keep your career going while exploring new destinations. By planning your schedule and staying organized, you can stay productive without missing out on travel experiences.

Traveling while working also inspires creativity and fresh ideas. With the right balance, every trip can boost both your personal growth and professional life.

*Discover ways to create a lifestyle that lets you travel more and work from anywhere.*



# THINK ABOUT YOUR DREAM 04

Imagine your dream life — working from anywhere while exploring the world. With the right planning and tools, you can turn this vision into reality, balancing work and travel without missing out on experiences.

Keep your dream in focus, and let travel inspire your work. Every trip becomes a chance to grow, create, and live the lifestyle you've always imagine.

# DEVELOP A STRATEGY

# 05

**Plan your trips with intention and clear goals. Break your travel dreams into simple, actionable steps.**

Traveling freely and often doesn't happen by chance — it requires a clear strategy. Start by defining your travel goals: where do you want to go, what experiences matter most, and how often do you want to travel?

Once you know your priorities, you can plan your time, budget, and resources more effectively. A strategy also means breaking down big goals into manageable steps, whether it's saving a certain amount each month, earning travel rewards, or scheduling trips around your work commitments.

Part of a strong strategy is learning to be flexible. Travel plans rarely go perfectly, so having alternatives and backup plans ensures you can adapt without stress. Track your progress regularly, celebrate milestones, and adjust your approach as needed. A solid strategy turns travel dreams into achievable actions, giving you confidence and direction. By planning thoughtfully and acting consistently, you can transform your desire to explore the world into a sustainable lifestyle — one trip at a time.

[READ MORE](#)





06

## MAKE TRAVEL YOUR LIFESTYLE

Living a travel-focused life means integrating exploration into your everyday routine, not just taking occasional vacations. It's about aligning your work, finances, and priorities so that seeing the world becomes a natural part of your lifestyle. By planning strategically, earning rewards, and staying flexible, you can create a rhythm where travel and life support each other. Surround yourself with people who inspire and encourage your journey, and let each experience shape your personal growth. Over time, travel stops being a luxury and becomes a way of life — full of adventure, learning, and lasting memories.

[CLICK HERE TO LEARN MORE](#)

# 07

# LET'S START



## DISCOVER YOUR WHY

Before you can turn travel into a lifestyle, you need to understand why it matters to you. Is it freedom, connection, culture, or creativity that drives you? When you define your reason, every travel choice becomes more meaningful. Write it down — your “why” will keep you grounded and motivated when life gets busy or uncertain.



## DESIGN YOUR VISION

Close your eyes and imagine your ideal travel lifestyle. How often do you travel? What does your work or daily routine look like? Designing your vision helps you turn daydreams into clear, realistic goals. The more specific you are, the easier it becomes to create habits and opportunities that match your dream life.



## SHIFT YOUR MINDSET

Living a travel lifestyle starts with how you think, not how much you spend. Replace limiting beliefs like “I can’t afford to travel” with empowering ones such as “I can create ways to make travel part of my life.” Mindset is your passport — it opens doors to experiences you once thought were out of reach.



## TAKE THE FIRST STEP

You don’t need a perfect plan — you just need to start. Book a local weekend trip, work remotely for a few days, or explore a nearby destination. Each step you take builds confidence and momentum. The travel lifestyle isn’t a distant dream — it’s a choice you begin living today.



# YOUR NOTES:

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## CONCLUSION

Travel is more than a series of trips — it's a mindset, a strategy, and a lifestyle. By focusing on your dreams, planning thoughtfully, leveraging rewards, and balancing work with exploration, you can turn your desire to see the world into a sustainable reality. Each step you take brings you closer to a life where adventure, growth, and inspiration are constants. Start small, stay consistent, and let your journey transform the way you live and experience the world.

*enjoy the process*



# THANK YOU FOR READING!



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