#### **COUNCIL MEMBERS**

Newly elected council members were elected for the year 2022-23

#### **CHESS OLYMPIAD**

44th Chess olympiad was conducted in Chennai

#### CPS BASKETBALL TEAM

CPS Basketball team showing their dominance in recent matches

#### **ADANI GROUP**

Adani group ruling the world by becoming the 3rd richest person on earth

## CENTE PERIODICO

SEPTEMBER 2022

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#### EDITORIAL COMMITTEE'S MESSAGE

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KEERTHANAA P

THE EDITOR

Dear Readers,

Greetings to you! We, the New Editorial Committee feel immense pleasure to take over Gente Periodico for the year 2022-23. To maintain the legacy of the magazine we have planned to not use any templates and customize each element on the page with our mark. One of the major goals of this magazine was to produce information about everything a student seeks help with and entertain you all with knowledge. We have tried our best to incorporate many things to keep you entertained. We have made sure the magazine will look aesthetically pleasing to your eyes and mind. Each magazine will have their own character depending on the season of release. As this is our first magazine we are learning and unlearning many things in this process. Your feedback and appreciation is much needed for us. Hope you will enjoy reading this magazine till the end and are eager to read our next edition.

Dear Readers,

Secretary.

We take great pride in presenting Gento Periodico, a kaleidoscope of tender thoughts and impressions created through the endeavor of the young minds of the school. The magazine aims at polishing the inborn talents of each student and also at providing ample opportunity for the students to express their creativity. We have made an earnest effort to display a blend of diverse themes, artistic skills, academic achievements and a myriad of happenings in the school. We at the Editorial recognize and appreciate each and every article presented, each article was rich and unique in its own way, but we deeply regret our inability to find space for all the articles in this edition. I am deeply indebted to the Principal, my teachers and students of the school for their belief in me and entrusting me with the responsibility of Editorial



VAISHNAV VINOD BRANDING



SHRUTHIKA P CONTENT PLANNER

Dear Readers,

I would like to start by extending a warm welcome to this issue of Gente Periodico. This booklet is more than just a few pieces of writing; it is a compilation of all of our recent efforts, as well as the contributions of the pupils and the support given by our understanding teachers. As a new student, I am incredibly grateful to my fellow members, teachers, students, and the school for sharing this lovely collection of memories with me and giving me the chance to participate in it. I am very eager for you to read through our magazine and share your feedback on the same. Since everyone has a varied set of interests, we have sections for every category of people. I sincerely hope you have pleasure in reading our content. The satisfaction you feel after reading this magazine is the fruit of all our efforts and toil. So, thank you for taking the time to read our content. I hope this magazine meets your standards and that you will enjoy reading it.

Hello readers, I have been a part of Gento Periodico, and I have gained a lot of experience and fun with the team. Our magazine has emerged to provide articles with the best quality and has a lot of sections to scroll to feel entertained. We have worked hard to give you the best. People of all ages can read this magazine. I hope you guys would love this magazine and gain knowledge. "Reading is to the mind what exercise is to the body."



ABISHEK EMMANUEL CONTENT PLANNER



NITHEN ASWANTH CONTENT PLANNER

Hello friends, teachers, parents, and everyone reading this. I am Nithen Aswath of 9D. I am delighted and honored to have been a part of this magazine, as well as this Editorial Committee. I thank you, the reader, for taking the time to read this note. I am grateful to the School Principal for giving us the chance to write this magazine. We have put our heart and soul into making this edition of Gente Periodico as immersive and entertaining as possible. I hope you find this edition useful, entertaining, and fun. And don't forget to stay tuned until the next edition drops.



ANNET ANNA ANTO CONTENT CREATION

Hello Everyone! I'm Annet Anna Anto from 8E. I'm really grateful to be a part of the Editorial Committee for the academic year 2022–23. I'm extremely grateful to the teachers for giving me an opportunity to be a part of this community. This magazine is the epitome of the reflection of the students' creativity and achievements. Students have put forth their ideas and thoughts that are too deep to be expressed and too strong to be suppressed! We really hope you enjoy reading this.

I am honored and proud to be a part of the Editorial committee Gento Periodico for the year 2022–23. This has allowed me to embark on a very special journey that involves walking through all the creative corners of this school and helping bring out the talents of novel minds onto one platform: our school magazine. The goals here encompass passing on knowledge, showcasing one's creativity, and most importantly, awakening both the reader and writer in each one of us. We are looking forward to putting up exciting content and unique ideas to keep you informed. Hope you

enjoy reading them as much as we enjoyed compiling them



RACHEL RALLY CONTENT CREATION



MICHAEL MATHEW CONTENT CREATION

Hello! Dear Readers. I'm Michael Mathew from class 7D. Being a part of the Editorial Committee gives me immense joy and pride to present you with this Gento Periodico. I'm grateful to our Principal, teachers, and student friends for this great opportunity to enlighten and empower the readers. I hope this magazine will quench our thirst for knowledge with information of different kinds and also interesting facts that make you wonder. I want to quote the words of American author Lloyd Alexander – "Keep reading. It's one of the marvelous adventures that anyone can have ". I am eager to join you for our next edition. Thank you.

#### PRINCIPAL'S DESK



MR.S CHITRAKALA RAMACHANDRAN

Today's young people take even the smallest failure as a serious disaster. If you look into the lives of some of the most eminent personalities, you would see that they would have walked on a very rugged path. Most successful people will have a story of their bitter failures from which they would have revived like a UNICORN. To mention a few:

Michael Jordan, the world-famous football player, was rejected by his high school

"Varsity Basketball Team"- can you believe it?

Amithabh Bachan was rejected by All India Radio for his unusual bass voice. This is unbelievable, isn't it?

Steve Jobs was fired from the Apple company that he founded. He then joined a couple of other computer companies which were also bankrupt. Later he rejoined APPLE and led it to make it a profitable company. J.K. Rowling once said, "You might not have failed on the scale I did" ... What a powerful statement this is! Yes, I think her perseverance and determination was what led her to what she is today.

She also says, "But it is impossible to live without failing at something or sometimes unless you live so cautiously that you may have not lived at all. Everyone will have a setback in life at some point in time, may it be in a business or a company or a profession, or others.

The ability to adapt by improving our skills on decision–making rather than cowering in a passive mode due to the fear of failure engulfing us, is imperative to live a successful life. What can you do that failure does not overrule you?

-Chitrakala Ramachandran

#### SCHOOL PUPIL LEADER'S MESSAGE



ELAMUKIL VIJAY

I am Elamukil Vijay, The school Pupil leader for 2022-23. I believe a leader is one who knows the way, goes the way, and shows the way. I am privileged to receive this opportunity and will make good use of it. It is indeed a pleasure for me to carry out the assigned responsibilities in a sincere, systemic, and dedicated manner. I will be happily available for every necessity of my school. I will take all the responsibility of guiding the juniors and motivating them to strive towards excellence. My time at CPS marked me to reflect on what school has all been about — "A school isn't just a place where students come to learn, it is a secure environment that plays a key role in moulding us for our future." This year's Student Council worked in collaboration to achieve the best for our school, along with the support from the teachers. I appreciate the efforts of the Council members for their coordinated efforts.

Leadership comes with great responsibilities and I am honored to take those responsibilities. We the youth of today face several challenges in society. I am determined to bring a change by leading as an example. I also believe that leadership is not only about taking charge but also about teamwork, so I expect to simultaneously learn from my fellow council members along our journey through this year. I, along with my team, am also committed to making this year a significant one. Leaders are those who empower others and I intend to do the same. I promise to abide by the school regulations and bring laurels to the school. I will also encourage others to showcase their talents and become high achievers in different fields. I will ensure to be approachable to my fellow students and act as a good mediator between the teachers and students, if necessary. "leadership is not a position or title, it is action and example"



ANVEE AGARWAL

## The School Scoop

## INVESTITURE CEREMONY

The Investiture Ceremony of 2022–23 was held at Chennai Public School, Thirumazhisai with great vigour. The School Pupil Leaders Elamukil Vijay and Anvee Agarwal, along with the newly elected Council Members, were donned with the mantle of leadership and took an oath to carry out their duties with utmost diligence. The Chief Guest, Lt. Col. Prashant Dixit, addressed the gathering highlighting the five mantras of leadership.



#### NOTE FROM STUDENT

The ceremony was every bit as magical as I had hoped it would be. From the moment we received our coats and badges to hoisting the national flag all the way to the end. The guest of honour decorated our coats with our badges and gave us the advice that he had learned the hard way through many tough years. That will remain one of the proudest moments of our lives.

-Thejas Arun IIB

#### YOGA DAY



The 21st of June, being the 'International Day of Yoga', Chennai Public School, Thirumazhisai dawned with a brief introduction to yogic practice and its benefits followed by a few 'Yogasanas' by the students across the grades. To throw light on the fact that yoga's incorporation of meditation and breathing improve a person's mental well-being, our tiny tots as well as the students of grades I to 12 started Mass Yoga display with breathing practices. Around 1900 students participated in the event, showcasing their pliability in performing asanas. The yoga day celebration by the students as well as the staff of CPS, was indubitably a grand success.

#### NOTE FROM STUDENT

It was my pleasure to be a part of yoga day for the 6th time. Firstly, there was an introduction to yoga. There was a display of yoga Asanas to do on a daily basis by students, which I was part of. We took this day to show the fact that breathing and meditation improve a student's well-being by doing mass yoga in all grades. I felt calm and relaxed during the display and could also see my fellow mates enjoying a few minutes of the day to improve their mental health.

- Keerthanaa P II Al

#### FRENCH DAY

Reinvigorated in the year 2016, with a reach over 8000+ schools, 164 cities and 25 Indian states, the Youth Policy Dialogue (YPD) the first of its kind in India is a student led dialogue. The purpose of Youth Policy is to create conditions, learning, opportunity and experience, which enable upcoming leaders to develop knowledge, skills and competence. It kick- started its Chennai round recently at Chennai Public School, Thirumazhisai — the school that is committed to create lifelong learners and future global leaders capable of ushering in a better social order. IPN YPD welcomed over 200 students making its mark in shaping up future policy makers of the world.



#### NOTE FROM STUDENT

While organising French day I gained a lot of experience as we French students have a great connection. We worked day and night while creating a lot of memories. Though we had a lot to do, it did not feel like a boring responsibility. It was more of a fun task. At the end, it was a very successful event where everyone had a great time.

- Pari Gauray II A2

#### CPS PRIME MUN



The Chennai Public School, Thirumazhisai hosted the first of its kind Model UN, CPS Prime MUN on 22 & 23 July, amplifying the voice of tomorrow's leaders by placing students in the shoes of real UN diplomats. Oscar Berry, Secretary General, Harvard Model UN India was the Chief Guest of the Opening Ceremony. He addressed the diplomats virtually and delivered the keynote address. The event conducted by the students, backed by the school, led to success under the leadership of Director General – Atheeb Hussain, PRO Head — Tanush C P, and Treasurers Muskan Sehgal & Nitin Josh. The student delegates took on the roles of diplomats from different countries, representing their nation in discussion on a particular agenda topic at the conference, they also addressed international issues and how these issues affect humanity as a whole. For the first time in MUNs across India, the UNSC committee did not fail, creating history in CPS Prime MUN by having its members march over to the UNGA committee and passing the motion to remove veto powers.

#### NOTE FROM STUDENT

Hello, I am Soniah, I7 years old. Having participated in several debates, it was a great honour to be the Co-Chair of the Commission on the Status of Women during this year's CPS Prime MUN. I feel extremely pleased that I got to Chair UNCSW. My time at Prime MUN helped strengthen my sense of responsibility and learn a lot more about international politics. It was truly a delightful and extraordinary experience that I'll remember. It was a great opportunity for the delegates to reinforce their political awareness and broaden their horizon.

- Soniah Naren 12 A2

#### YOUTH POLICY DIALOGUE

Reinvigorated in the year 2016, with a reach over 8000+ schools, 164 cities and 25 Indian states, the Youth Policy Dialogue (YPD) the first of its kind in India is a student led dialogue. The purpose of Youth Policy is to create conditions, learning, opportunity and experience, which enable upcoming leaders to develop knowledge, skills and competence. It kick- started its Chennai round recently at Chennai Public School, Thirumazhisai — the school that is committed to create lifelong learners and future global leaders capable of ushering in a better social order. IPN YPD welcomed over 200 students making its mark in shaping up future policy makers of the world.









#### NOTE FROM STUDENT

It was my first such experience. I may not have been the best delegate but it helped me gain many skills needed for such sessions. It was a fantastic experience and I have attained the confidence to participate in such events. I had the opportunity to meet many students from different schools and socialise with them

- Lakshaya II A2

#### SPARROW CONSERVATION







CPS Group of Institutions in association with OT Ravindran Foundation initiated the Sparrow Conservation Project on the theme "Let's Bring Them Back" at CPS Global Education Campus, Thirumazhisai recently. Sparrows are rapidly moving towards being endangered. With mushrooming concrete buildings overtaking the green cover, the habitat loss is affecting sparrows as never before. These tiny birds, which were considered one of farmers' best friends, are easily out of sight and one's consciousness and these birds have borne the brunt of human expansion in numbers. This message was brought out beautifully in a skit presented by our students.

#### NOTE FROM STUDENT

I enjoyed the sparrow conservation program as it helped me learn a lot about sparrows or birds in general and how we can preserve them. I am extremely honoured that I got an opportunity to spread such a beautiful message among all the students, teachers, and our respected Principal. I enjoyed being able to spread a wonderful message on sparrow conservation through a beautiful dance and I hope to do more in the future.

- Hiranmayi 7D

#### INDEPENDENCE DAY

On account of the 76th Independence Day celebration, Chennai Public School Thirumazhisai was festooned with the colours of the Indian flag. Our school Principal, Mrs. Chitrakala Ramachandran unfurled the tricolour flag and everyone sang the flag song in unison, expressing the joy of freedom. The Principal addressed the gathering of teachers and Council members, making a special mention of 'Azadi ka Amrit Mahotsav', indicating the celebration of 75 years of India's independence from foreign rule. Tricolour flags were distributed to every student and teacher to hoist the national flag at their residence, keeping in step with the 'Har Ghar Thiranga' campaign initiated by the Government of India to honour the sacredness of our national flag. Students and teachers were asked to take a picture of the flag at their houses. The program concluded with the national anthem.



#### NOTE FROM STUDENT

We were very much honoured to celebrate our country's Independence Day. The ceremony was short and meaningful with a flag hoist. The celebration ended with an inspirational message from our respected Principal. We were also given a flag to hoist in our homes. It was a patriotic yet proud moment when everyone showed their respect to our nation.

-Mark Thomas IIB

## INTERCE

## M

#### ental health

When we think about health, we think of diseases and illnesses, deaths and infections. We think of being sick and going through bodily damage, yet health is way more than the dictionary definition given to it. The term encompasses a diverse range of subtopics, and one that is often ignored or not given enough importance is mental health. This isn't extremely linked to our brain, mental health is used to define our social, emotional, and psychological well-being, and the state of our thoughts.



Mental health is often projected as something that's solely related to trauma, stress, and abuse, while that's far from true. Yes, painful experiences in the past and present do impact your well-being, but mental health isn't often understood properly.

Many myths surrounding it claim that it's something that concerns adults or people in dire situations alone, and not the average person. Of course, that's not true.

## PTION

#### WAYS TO KEEP A CHECK ON YOUR MENTAL HEALTH

#### **1.ACCEPT YOURSELF**

"Wanting to be someone else is a waste of the person you are."

This is a pretty famous line, quoted by the icon herself, Marilyn Monroe. In today's world, accepting yourself just as you are is not an easy job. There are so many expectations to meet, so many eyes to please, and so many perspectives to satisfy. We tend to focus on our flaws and mistakes, while there are so many more good sides to us. No one is perfect. Many of us have insecurities, and they can get really tough sometimes. You might feel like you're not worth it or that you can be better. But the truth is, you're perfect just the way you are. Never change yourself for someone else, because no one can play your role better than you. No matter how hard you try, you know for a fact that not everyone is going to like you. So don't waste your energy trying to please them. Use that energy to focus on being your true self. At the end of the day, YOU are what makes you special.

#### 2.JOURNALING

This is a pretty common method of letting out all of your mental stress. Writing everything down instead of keeping it in your head is a much more organized way of life and keeps you calm. It feels like you have someone to talk to and express everything to.



#### 3.THE INNER DEVIL



We all have this inner devil inside us that goes, "Oh you can't do that. Nobody will like you. Look at them, They're better than you". But when we let it take control of our minds, it can really disturb us. Stop expecting not only from yourself but also from others. Don't expect yourself to be a certain version of yourself based on someone else.

#### **4.SELF CARE**

This is a common term that many people are using right now. Self-care is all about loving yourself and caring for yourself. It's not selfish to have some time kept to focus on ourselves. Make sure that you spend at least 10 minutes doing something that makes you happy. It could be a hobby, a class, an event, or anything, but if it keeps you relaxed, then go for it.



#### **5.ASK FOR HELP**

Sometimes, doing everything alone can be hard, and when things get out of hand, you might be hesitant to ask for help. Asking for help doesn't make anyone smaller. Don't be reluctant to get professional help if required.

#### **6.IDENTIFY YOUR STRESSORS**

All of us have different problems. You might be insecure about your looks, while another classmate might be worried about their grades. Not everyone shares the same stressors. So it's important to figure out what causes your stress so that you can tackle it easily.

You wake up. You're running late. You somehow get ready and get to school. You left your homework at home, and your teacher just chose this day to give you all the world's homework. You come back home. You take your dog for a walk. You start studying. You do your homework, and you're about to call it a day when your science teacher posts a new assignment. Time passes and you feel overwhelmed with so many things on your plate, and you just wish you could finish it all and be productive. Sound familiar? You guessed it. Each of us feels the same way every day.



## DON'T WORRY, HERE ARE A FEW TIPS ON HOW TO BE MORE PRODUCTIVE

#### I. Set goals.

Whether you have small dreams or high expectations, setting goals helps you plan your life. Some may take years to achieve, while others may be completed in days. Break down your goals into smaller tasks. State each goal as a positive statement.

#### 2. Make a list of tasks.

Make a list of your responsibilities. Get some free storage by getting all those tasks out of your head and onto your to-do list. You can make several lists instead of just one, as it helps to avoid mix-ups.

#### 3. Take breaks.

When working on a difficult problem or when we feel that you have too much to do, we convince ourselves that we do not have the time to take breaks. But this is wrong. Breaks help you have a good relationship with productivity. A break helps clear your mind and helps you think more clearly.



## 4. Reward yourself after you complete a task.

Imagine you have worked very hard, had sleepless nights, but don't get anything in return. How does that make you feel? Demotivated, right? Now imagine rewarding yourself with a vacation, a movie, a spa session, a day off, a shopping spree, or maybe some chocolate cake. How do these treats make you feel? I'm guessing these rewards bring a smile to your face. Reward yourself whenever you achieve a goal because you worked hard for it.

### 5. Try to avoid distractions.

Your ability to stay focused should be developed as it's a huge influence on your success or failure. Getting things done is important, and focus is the key to this. The main distraction is social media. The best way to avoid it is to go offline.

#### 6. Brain dump

Sometimes, our brains are a mess. We often have so many thoughts running through our heads at once that it can seem so devastating. We get worried or stressed that we need to get so much stuff done. The brain dump is one of the best solutions to this problem. A brain dump is simply dumping everything going on in your mind onto paper. Write down all the thoughts running through your head onto a piece of paper. Write until you feel less stressed. Then you will have achieved a brain dump. This method helps you focus on things and always remember that everything needs to go on this list.



## ocializing

The world is always changing, and technology evolves along with us. The universe was drastically different a century ago, and we now live in a world where our fingers are almost always glued to the screens of our devices, and social media has virtually replaced all in-person methods of contact. That comes with both positive and negative afflictions, the pros being that it makes it much easier for people across the globe to connect and to keep in touch with their loved ones, no matter the situation, and yet there are cynical effects as well. And maybe, somewhere along the two years of quarantine, the pandemic has ruined all our social skills. It's officially safe to make eye contact and talk with our faces uncovered.



# TO MAKE IT EASIER FOR YOU TO SOCIALIZE, HERE ARE FEW TIPS

### I. Start with friends and family.

At family get-togethers, instead of just being on your phone, sitting in a corner, and keeping to yourself, try and get yourself out of your comfort zone. Meet some new people and just have fun. To all the people who say 'Oh friends, I don't have any of them, this is your chance to get out there and find some new people.

#### 2. Conversation starters

Have some conversation starters beforehand. Instead of being unprepared, try playing different scenarios in your mind, planning out what you're going to say. But remember that not everything has to be planned; some can be unscripted.

#### 3. Conversation pointers

Some people might be alright with starting a conversation, but sustaining it is where the tough part comes in. Get the conversation moving with some already prepared pointers and also play to your surroundings. You don't have to do the cliched "Oh what a lovely day it is." They talk about their interests and easy topics.

#### 4. Start with small talk.

You can't dive deep into the ocean at once, can you?
You've got to take it slow and not too quickly. Start with easygoing topics. Talk about their interests, the place, what brought them here, etc. Talk about topics that they're interested in. If it seems like they're not interested in a certain topic, skip it and move on to something else

### 5.Follow up questions

Don't just end it with one question. Follow it up with more conversation goers so that it will be more interactive.

## 6.Don't make it all about them; include yourself as well.

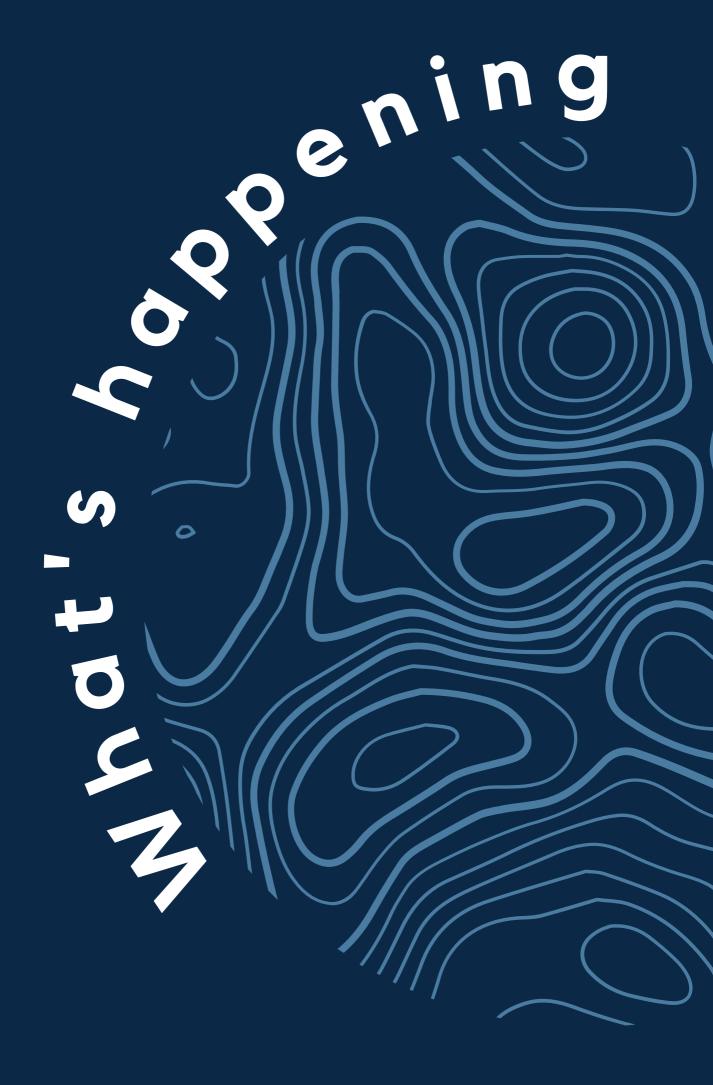
It's not true that people only want to talk about themselves. We're not so selfish. So also sprinkle a little bit about yourself here and there, but don't go fully loaded on yourself.

## SPENDING TIME

Now that you've seen these tips, the next step is to get yourself out there. Don't be too hard on yourself, take baby steps, you've got this.

It's a weekend, and you've got nothing to do. Your textbooks are well-hid in the back of your closet, and you'd like it to stay that way. You don't have any plans for the day; everyone you know is busy; you're too sluggish to accomplish anything useful; lunch is still a way off; and, most tragically, your device's battery is dead and you can't find the charger.

Well, according to a recent survey, 70% of kids don't have full-fledged conversations with their parents. Talking with your family can be helpful as it improves mental health and gives you the emotional support you need. It makes you feel less lonely and the best thing is you have someone to talk to, who knows what to do and can give you the right advice. It gives you a sense of responsibility and boosts your self-confidence. So what are you waiting for? Go and join your family and get a conversation rolling. Make some fun memories, plan a trip, and talk about each other's lives. "Families: Small moments in time creating memories that last a lifetime".



#### Russian strikes pummel Ukrainian cities

Fresh Russian strikes hit towns and cities across Ukraine's sprawling front line, killing at least one person in the south and hitting a school in Kharkiv, officials said Saturday. The mayor of the southern city of Mykolaiv — close to where Ukrainian troops are seeking to stage a counter- offensive — said one person was killed when rockets pounded two residential districts overnight. In Ukraine's second city of Kharkiv, rockets from an S-300 surface- to-air system destroyed part of an educational facility in a strike. Kharkiv, close to the Russian border in northeast Ukraine, has also been subjected to frequent bombardment by Moscow's forces stationed nearby. The governor of the eastern Donetsk region, where Moscow is focusing the brunt of its offensive, said that six civilians were killed and 15 wounded by strikes.









## Google Map Street View in India

Google Maps launched its "street view service" in 10 cities in India in association with two locals companies Genesys International and Tech Mahindra. Earlier, government had not allowed to show the panoramic images of roads and other sited, highlighting the security reasons. Google also announced to collaborate with Central Pollution Control Board (CPCB), in a bid to provide air quality information. Information regarding the air quality can be accessed through 'Layers' button at top right in Maps app and clicking the 'Air Quality' option

#### **Chess Olympiad**

The 44th Chess Olympiad which was hosted by All India Chess Federation (AICF) was conducted in Mahabalipuram, Chennai. It was started on 28, July and got over on 10 August. Out of 188 teams, Youngsters of Uzbekistan won the gold medal. India 2 won the bronze medal.





## Newly Elected president of India

Droupati Murmu (née Puti Biranchi Tudu) is currently serving as the 15th president of India since 25 July 2022. Murmu is a member of the Bharatiya Janata Party. She is the first president belonging to the tribal community.



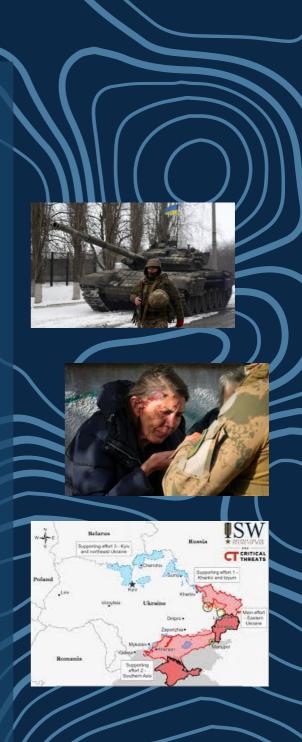
## 75th Independence Day

India celebrated its Diamond Jubilee Independence Day Jubilee on 15th August. Thisyear the theme of I ndependence Day 2022 was 'Nation first, always first'. As India celebrated it's Diamond Jubilee, the government came up with the campaign called 'Har Ghar Tiranga' which encouraged people to hoist Indian National Flags at home.



## Russia- Ukraine war updates:

- Putin amends partial mobilisation order: Russian President Vladimir Putin amends the partial mobilisation order to defer student conscription, following a wave of criticism. The Russian leader earlier signed a law to formally annex four Ukrainian regions, a move dismissed by Ukraine and the international community.
- Three villages in Kherson region recaptured from Russia: Ukraine President Volodymyr Zelenskyy says three villages I the country's southern Kherson region had been recaptured from Russian troops.
- Zlenskyy: Joint 2030 World Cup bid 'symbol of faith' in Ukraine victory: Ukrainian President Volodymyr Zelenskyy says the joint bid from his country to host the 2030 World Cup with Spain and Portugal was "more than a symbol of faith in our joint victory". "Ukraine will endure, prevail and be rebuilt thanks to the solidarity of its partners", Zelenskyy said on Twitter.



# NALSA to have "legal aid" defense counsel system in every district:

Justice Uday Umesh Lalit said the National Legal Services Authority (NALSA) was planning to have a programme where legal aid defence counsel would be provided to those who cannot afford lawyers across the nation. The National Legal Services Authority (NALSA) is going to establish a "legal aid" system for the poor and the marginalised in all districts on the lines of the office of public prosecutors, Supreme Court judge Justice Uday Umesh Lalit said on Saturday. Justice Lalit, who is also the executive chairperson of the NALSA, was addressing the first All India District Legal Services Authorities Meet here. Prime Minister Narendra Modi and Chief Justice of India N. V. Ramana also addressed the meet and dealt with various issues, including the release of undertrials languishing in jails awaiting legal aid.





CPS Football team won runners up in the ORR turf football tournament.

The team consisted of Adith, Druva (captain), Jeethesh, Sridev, Saran, Ryan and Aadithya. Adith was awarded the best goal keeper by ORR TURF Foundation.





## Achiev

CPS Football team won runners up in under 17 football tournament in Sudharshanam Vidyaashram.

The team consisted of Druva Sivakumar (Captain), Siddhart, Rishi Kumar, Jeerthesh, Dhurgesh, Pranay, Ojayith, Kamalesh and Triam. Rishi Kumar was awarded the best player by the association.



#### CPS Basketball team has been showing their dominance in their recent matches

They won first place in Under 13 RMK Sports Fest, second prize in under 13 San Academy tournament, second prize in under 13 Trivallur District competition and third prize in under 16 RMK Sports Fest under the captaincy of Haritha of grade 9.



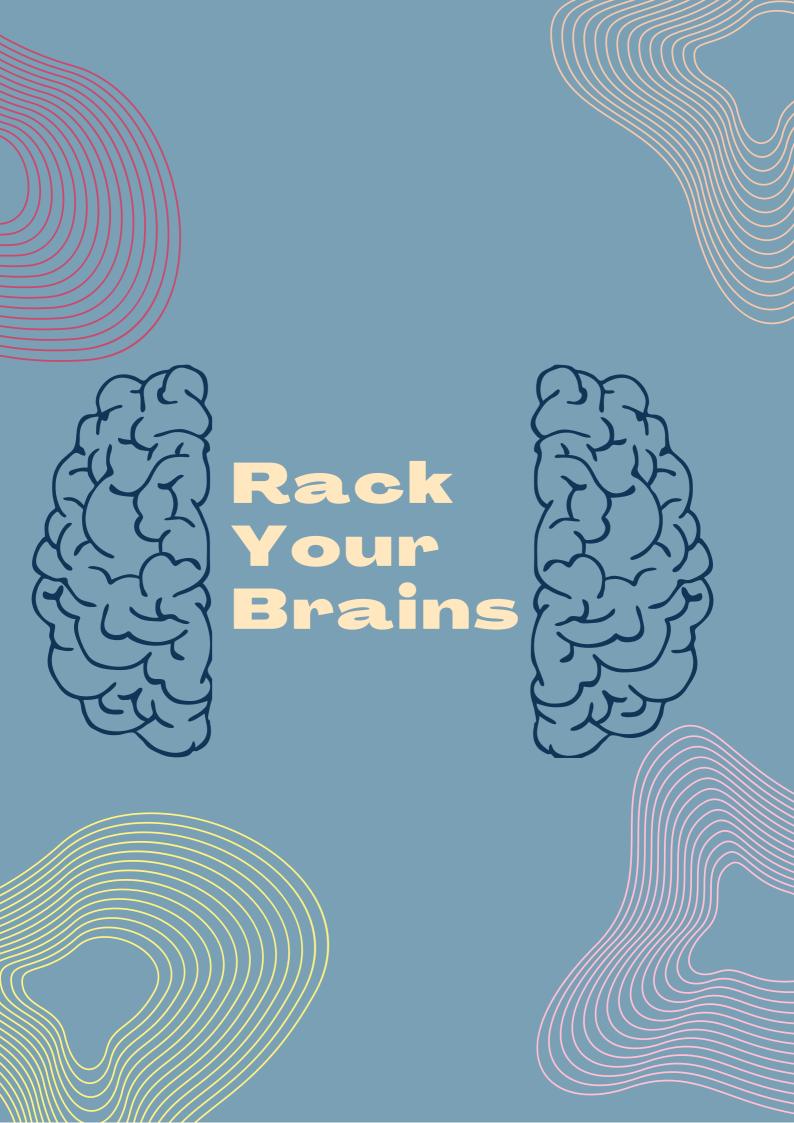


## ements

Two Team has been qualified for Tournament of Champions round in Yale (World Scholars Cup)

They were two teams which got qualified for global TOC. Soniah Naren won two silver, D.Arati won One silver, Muhammed Farhan Khan won one silver, Tarun Mohandas won two silver and Sidhartha Vedagiri won one gold. Both the teams got qualifed but were unable to attend TOC as they are in grade 12.





Estimated population of india is 139.34 crores

India is third in the world for billionaires yet it lies in the top 5 for poverty

India has the largest democracy

#### KNOW YOUR COUNTRY

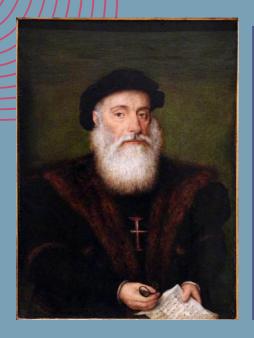
White in the flag stands for peace and truth

Green in the flag stands for green represents fertility,growth and auspiciousness of the country.



Saffron in the flag stands for the strength and courage of the country

#### DO YOU KNOW HIM/HER?



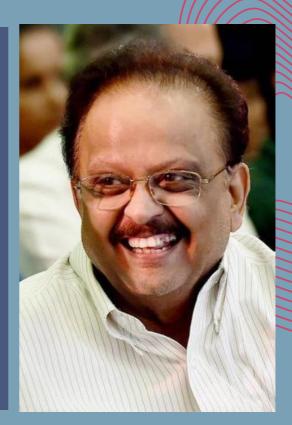
This is Vasco da Gama, 1st Count of Vidigueira European Portuguese: . 1460s — 24 December 1524, was a Portuguese explorer and the first European to reach India by sea.

His initial voyage to India by way of the Cape of Good Hope (1497—1499) was the first to link Europe and Asia by an ocean route, connecting the Atlantic and the Indian oceans.

Born poor, Orpah Gail Winfrey (January 29, 1954), or simply Oprah, is an American talk show host, television producer, actress, author, and philanthropist She is best known for her talk show, The Oprah Winfrey Show, broadcast from Chicago, which ran in national syndication for 25 years, from 1986 to 2011. She is now one of the richest women in the USA



Sripathi Panditaradhyula
Balasubrahmanyam (4 June 1946
– 25 September 2020), also
referred to as SPB or SP Balu, was an
Indian playback singer, television
presenter, actor, music composer,
dubbing artist, and film producer.
He is widely regarded as one of the
greatest Indian singers of all time.
He predominantly worked
in Telugu, Tamil, Kannada,
Malayalam, and Hindi films and
sang in a total of 16 languages.





Gautam Shantilal Adani is an Indian billionaire tycoon. He is the first richest person in India. He is the chairman and founder of Adani Group, an Ahmedabad-based multinational conglomerate involved in port development and operations in India. Adani is also the president of the Adani Foundation. His market capitalisation is 150 billion dolors.

### THINGS YOU PROBABLY DIDN'T KNOW

The circulatory system is more than 60,000 miles long





That tiny pocket in jeans was designed to store pocket watches

Dolphins sleep with one eye open.





Apples give you more energy than coffee

The Eiffel Tower can be 15 cm taller during the summer, due to thermal expansion





Australia is wider than the moon.

### EARNA ANGUAGE

### **JAPANESE**

Hi - Kon'nichiwa

What is your name? - Namae wa nandesu ka?

My name is - Watashinonamaeha

How are you- Genkidesuka

I am fine- Daijōbudesu

See you later- Mataatode

No - Īe

have a great day- Sutekina tsuitachi o

you look good- Anata wa yoku mieru

I am sorry- Gomen'nasai

Thank you- Arigatōgozaimashita

Your welcome - Dōitashimashite

Excuse me - Sumimasen

Benefits of learning a new language

- Deepen your connections with other culture
- feed your brain
- Advance your career
- Enhance your problem solving skills

## Creativity orner

### 70

#### Child Labour

Labourers below the age of 14 years are called child labourers. The problem of child labour is quite rampant in all parts of India. Despite the enforcement of many anti-child labour laws, the problem still exists. The adverse effects of this problem affect the growth, development and progress of our nation.

Childhood is a golden time for any person. But, when the burden of responsibilities is put on the little shoulders of a child, his or her childhood along with their whole life gets spoiled because the children do hard work for a few rupees which add to the family income. Hence, the child who should be in school is unable to read or write. This makes the child unable to do any job, so he is forced to work throughout his life. His whole life is spent in poverty.

The children below the age of 14 years are working in factories, shops, glass-blowing industries, mines, etc. They are even forced to work in the most unhygienic work conditions. According to census data, there are over 82 lakh child labourers in India. India needs more and more skilled manpower to achieve the objectives of growth, development and advancement. With a huge number of children employed in menial jobs, without education, how can India achieve its goals? We should carry out the duty of being true citizens of India. Whenever you see a child doing child labour, complain to the police station. Till we spread awareness among ourselves of the laws made by the government, such ignorance will continue.

A

R

#### **Air Pollution and Its Effects**



A

R

Air pollution is caused by solid and liquid particles and certain gases suspended in the air. The solid and liquid particles suspended in the air are called aerosols. Air pollution happens when these aerosols and certain gases end up in the air. These particles and gases can be bad for the planet and our health, so keeping track of them is important. For example, in cities, a gas called ozone is a major cause of air pollution. Ozone is a greenhouse gas that can be both good and bad for our environment. It all depends on where it is in Earth's atmosphere. But, when ozone is closer to the ground, it can be really bad for our health. When particles in the air combine with ozone, they create smog. Light-coloured particles reflect the Sun's light and heat away from Earth making the global temperature cooler. In the same way, dark surfaces—whether it's a black t-shirt or a dark particle in the atmosphere—absorb the Sun's heat. Dark-coloured particles that absorb the Sun's light can make the global temperature warmer.

How does air pollution affect our health? Breathing in polluted air can be very bad for our health. That's why we need to monitor air pollution. Air pollution is linked with millions of deaths globally each year. About 4.3 million people die from household air pollution and 3.7 million from ambient air pollution. In Iran, as a developing country, the level of air pollutants has increased gradually since the beginning of industrialization. Ahvaz is the most air-polluted city in the world with microdust blowing in from neighbouring countries, and particulate levels three times that of Beijing. Air pollution caused almost 4460 deaths in 2013 only in Tehran although the reality seemed higher and is getting worse every year.

Air pollution is mainly caused by vehicles. The petroleum and diesel used to power vehicles release dangerous gases which cause a lot of diseases like Chronic Obstructive Pulmonary Disease (COPD), asthma, lung cancer etc. This can be solved by using electric cars, wind turbines and solar power. Electric cars are powered by electricity which is very eco-friendly. There are electric cars everywhere but in India. My suggestion is that we switch our petrol-powered cars with electric cars such as Tesla, Lucid Motors, Zoox, Aptiv, Rivian, NIO, Nissan, and Volvo.

For the power sources for cars, we should use more sustainable energy like wind and solar energy. This can be done by a wind turbine, we should place one every 10 metres on every main road. This generates electricity that can power the cars, and is fully sustainable. Solar power is more cost-effective than wind turbines. If this is done in our towns, cities, states and our country this will reduce a lot of pollution, and make our world better.

-G. SANRISH 8 A

### Yoga: Fitness for Humanity

Yoga is an act that adds to human essence,,
A groove which is acquiescence
A routine which is ancient; not insanity,
Few thousand Years ago, was its nascence.

Yoga is a blessing to get us maintained, Our lives, whole health regained. Being lazy won't improve one's yoga grade, Practise yoga and get fitness in trade.

Don't regret what you all ate,
Habituate Yoga to make one great.
It brings truly no bad fate,
M Yoga keeps the mind sedate.

Yoga as a passion,
Form your own fashion.
Yoga gives a long life with heartiness
As well as fitness and happiness.

To live without menace, perform yoga with onus, take Tejas as bonus, Feels like surfing in Venice. We laugh at stress, Let's give yoga some press.

Yoga in Ticonderoga with Toga, Makes everyone Go Gaga.

-RITHISH THOLKAPPIAN 9 C









This is a drawing by P. Varushika Lakshmi (8 C) of the famous inspiring lady in politics of Tamil Nadu, J Jayalalithaa who died as a Chief Minister

This is a drawing by Ajith Gaurrav Thejo S (9-C).





This is a drawing by P. Varushika Lakshmi (8 - C) of the famous politician/actor. Who has implemented so many well-fare schemes, Maruthur Gopalan Ramachandran (MGR) former chief minister of Tamil Nadu.

PUPIL LEADERS



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Pupil Leader Anvee Agarwal II C



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Jr.Pupil Leader Sashika S D



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Deputy Pupil Leader Hitika A



Deputy Pupil Leader Srineesh K

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Sports Secretary Sujeet S II H

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Canopus Captain Aadithya Krishnan II C



Diadem Captain Melanie Veera Saldanha II C



Plasma Captain Druva Sivakumar II Al

JUNIOR. HOUSE CAPTAINS



Jr.Alphard Captain R Moshika



Jr.Canopus Captain Adarsh



Jr.Diadem

Captain

T.Thulasimaraya



Jr.Plasma Captain Aaradhana T L

#### VICE HOUSE CAPTAINS



Vice Captian Alphard D. Priyal 9 D



Vice Captian Canopus K Bala Sri Krishna 9 D



Vice Captian Diadem Deepshika S 9 D



Vice Captian Plasma Krishnaganth B 9 B

JUNIOR. VICE HOUSE CAPTAINS



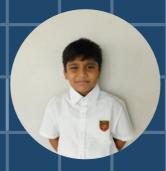
Jr. Vice Alphard Captain R Moshika



Jr.Vice Canopus Captain Joshini Anand



Jr.Vice Diadem Captain Besilda \$ Nion



Jr.Vice Plasma Captain Shourya Singam

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Redressal Committee Rishika T



Redressal Committee B Jaswanth



Redressal Committee Netra K M



Jr.Redressal Committee Parneel P.K



#### WHAT IS REDRESSAL COMMITTEE?

Chennai Public School, TMZ has taken a step to improve their student's mental health by introducing a new committee called redressal committee. The committee consists of members from different grades. They are Dhakshantana IIB, Shyam Karthikayan IIB, Jashwanth B 9E, Rishika T 9, Nethra KM 8A, and Praneel 5D. The committee members with the teachers have a mission to improve the mindset of the students and make them better versions of themselves. The main problem faced by students is that nobody is here to listen to their problems. The committee members will listen to the problems of students and help them to overcome the problem. They have taken an oath to secure the information shared by students and will not judge or comment on you.

#### HOW CAN YOU REACH THEM?

You can approach them during lunch or a short break if not you can drop your queries in the redressal committee box kept before principal office. This committee also consists of 24 teachers. You can feel free to talk to them about your problems.

In order to get featured in Gente Periodico. You can send us your artworks, articles, poems and achievements to genteperiodico2022@gmail.com

NEXT ISSUE
ON 25TH
DECEMBER
2022

Thank you for reading the magazine till end. Hope you have enjoyed the first magazine from this committee. Any feedbacks can be sent to genteperiodico2022@gmail.com



genteperiodico2022@gmail.com