



**THE DAILY DOSE 2024 - ADITYA SEHGAL**

Life's rhythm: today is siesta, tomorrow is fiesta, and everything else? That's mañana. Embrace the art of taking it easy!

Have a wonderful 2025!





'What's done is done. What's gone is gone. One of life's lessons is always moving on. It's okay to look back to see how far you've come but keep moving forward.' -Roy T. Bennett,

**JANUARY 2, 2024**



'He stood at the gateway between two worlds, at the place where imagination passed into creation.' -Michael Bedard

**JANUARY 3, 2024**



'I have noticed that the people who are late are often so much jollier than the people who have to wait for them.' -E. V. Lucas

JANUARY 4, 2024



'Straight is the line of Duty, Curved is the line of Beauty, Follow the straight line, thou shall see. The curved line ever follow thee.' -Hilary Mantel

JANUARY 5, 2024





'We fake perfect so others don't have to experience any unpleasant realities.' -Bryant McGill,

JANUARY 6, 2024



'If you can't show it, you don't know it.' -Aron Ra

JANUARY 7, 2024



'The pen is mightier than the sword unless it's a real sword in which case the guy with the pen should run away fast.'

- Roger Eschbacher

JANUARY 8, 2024



'There are no foreign lands. It is the traveler only who is foreign.'

-Robert Louis Stevenson Location: V&A museum earthenware of a foreigner: AD 581-618, Chinese Sui dynasty

JANUARY 9, 2024





'Feelings come and go like clouds in a windy sky.  
Conscious breathing is my anchor.' -Thich Nhat Hang

**JANUARY 10, 2024**



'Step one: ascertain whether God exists. Step two:  
figure out who He is. Because it's no good spending  
your life devoutly worshipping the Invincible Sun if God  
turns out to be the Eternal Flame. That's not just  
useless, that's counterproductive.' -KJ Parker

**JANUARY 10, 2024**



'True friends chop the onions and cry together.' - Ljupka Cvetanova

JANUARY 11, 2024



'A tiger's function in the scheme of things is to help maintain balance.' - Jim Corbett  
Tiger-shaped finial from the throne of Tipu Sultan

JANUARY 12, 2024





'Progress isn't made by early risers. It's made by lazy men trying to find easier ways to do something.' -Robert Heinlein

**JANUARY 13, 2024**



'Real beauty is in the fragility of your petals. A rose that never wilts isn't a rose at all.' -Crystal Woods

**JANUARY 14, 2024**



'It was like rising slowly out of a pink cloud, or a magnificent dream which, try as you might, drains out of your mind as the daylight shuffles in, leaving a terrible sense of loss; nothing, you know instinctively, nothing you're going to experience for the rest of the day is going to be one half as good as that dream.' - Terry Pratchett

**JANUARY 15, 2024**



'They ran to the museums for paintings. I ran to the roof for sunsets.' -Darnell Lamont Walker

**JANUARY 16, 2024**





'Why they always look so serious in Yoga? You make serious face like this, you scare away good energy. To meditate, only you must smile. Smile with face, smile with mind, and good energy will come to you and clean away dirty energy. Not to hurry, not to try too hard. Too serious, you make you sick. You can calling the good energy with a smile.' (From Ketut Liyer, the Balinese healer) -Elizabeth Gilbert

**JANUARY 17, 2024**



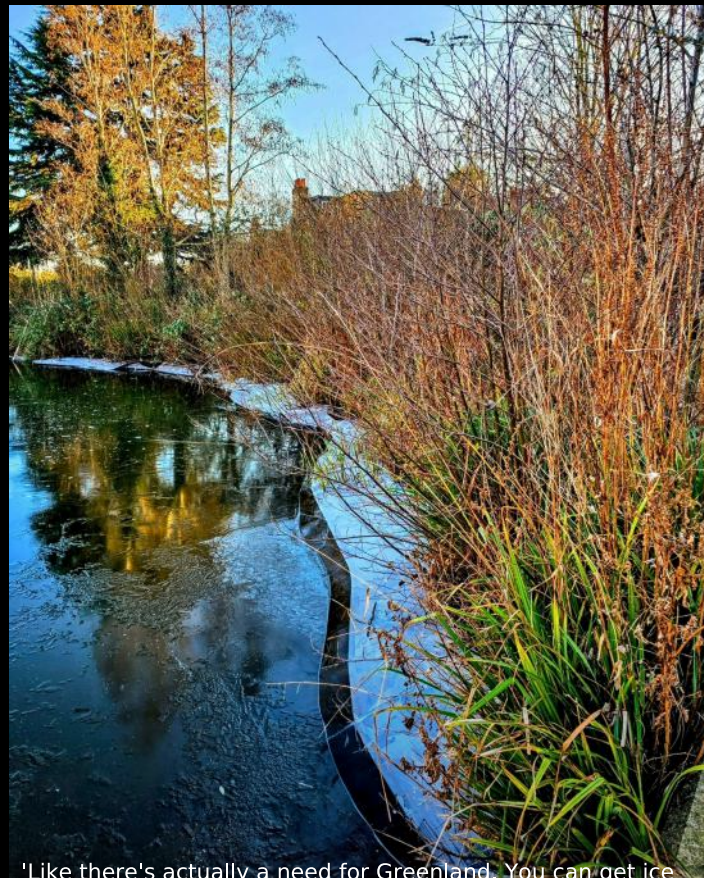
'Don't be drawn into any web of entanglement created by others.' -Steven Redhead

**JANUARY 18, 2024**



'It is a pretty structure, isn't it? It makes you think of something solid, stable, well linked. In fact it happens in chemistry as in architecture that 'beautiful' edifices, that is symmetrical and simple, are also the most sturdy.' -Primo Levi

**JANUARY 19, 2024**



'Like there's actually a need for Greenland. You can get ice at 7-Eleven.' -Steve Kluger

**JANUARY 20, 2024**





'Time marches on. Nothing we build lasts forever, not without others to keep it.' - Pierce Brown

JANUARY 20, 2024



'The sky was low at night, full of the presence of a strange and watchful God.' -F.Scott Fitzgerald

JANUARY 21, 2024



'Men build too many walls and not enough bridges.' -Joseph Fort Newton

JANUARY 21, 2024



'Don't take yourself so seriously. You're just a monkey with a plan.' -Naval Ravikant

JANUARY 22, 2024





'Only a shard of sky. But it shone so bright, so strong, piercing her vision. For some reason, looking up at it, she felt herself smiling.' -E. C. Colton

**JANUARY 22, 2024**



'It ought to be plain how little you gain by getting excited and vexed. You'll always be late for the previous train, and always on time for the next.' -Piet Hein

**JANUARY 23, 2024**



'When you live up to your down as much as your up, you can then be OK with everything in between. Therein lies life.' -Julianne O'Connor

JANUARY 24, 2024



'The universe is all about balance. The forces of light and darkness are meant to keep a check on one another. If one becomes too powerful and starts overrunning the other, that balance will be upset. For the tyranny of virtue is as unbearable as the stranglehold of vice.' -Shatrujeet Nath

JANUARY 25, 2024





'Being the richest man in the cemetery doesn't matter to me. Going to bed at night saying we've done something wonderful... that's what matters to me.' -Steve Jobs

JANUARY 25, 2024



'We expect too much of new buildings, and too little of ourselves.' -Jane Jacobs

JANUARY 27, 2024



'You need to focus on takeoff and landing. The flight should be on autopilot.' -Dr Sanjeev Juneja

**JANUARY 27, 2024**



'I realise there's something incredibly honest about trees in winter, how they're experts at letting things go.' -Jeffrey McDaniel

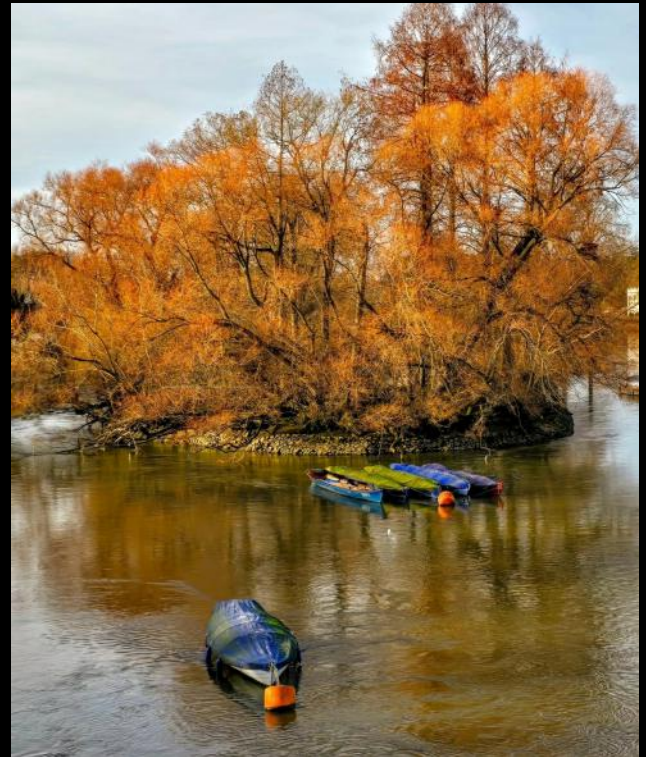
**JANUARY 28, 2024**





The glass ceiling of happiness is held in place by two stout pillars, one psychological, the other biological. On the psychological level, happiness depends on expectations rather than objective conditions. We don't become satisfied by leading a peaceful and prosperous existence. Rather, we become satisfied when reality matches our expectations. The bad news is that as conditions improve, expectations balloon.' -Yuval Noah Harari

**JANUARY 28, 2024**



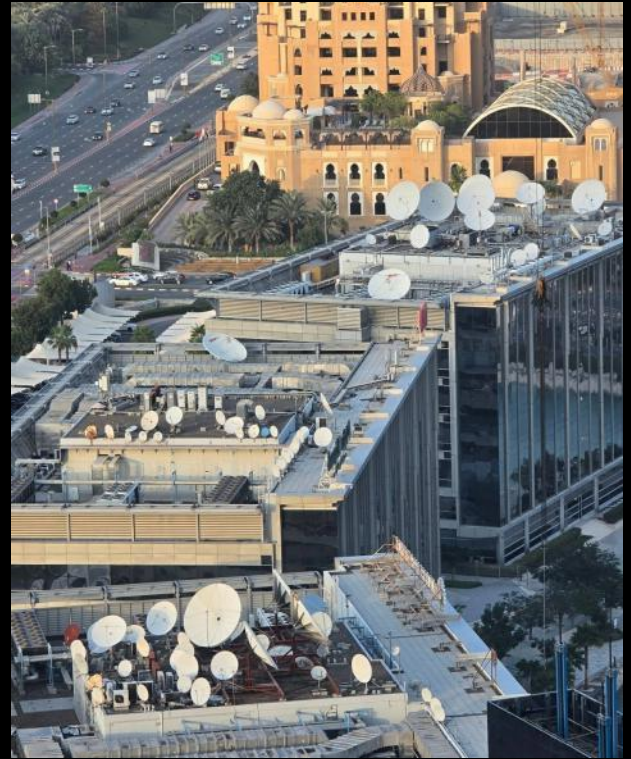
'His boat sank. They were all on his side.' -Ljupka Cvetanova

**JANUARY 29, 2024**



'To know how to read is to light a lamp in the mind, to release the soul from prison, to open a gate to the universe.' -Pearl S. Buck

**JANUARY 31, 2024**



'President Kennedy asked me about the satellite. I told him that it would be more important than sending a man into space. "Why?" he asked. "Because," I said, "this satellite will send ideas into space, and ideas last longer than men.' -Newton N. Minnow

**FEBRUARY 1, 2024**





'Morning is wonderful. Its only drawback is that it comes at such an inconvenient time of day.' -Glen Cook

FEBRUARY 1, 2024



'I came to realise that there are two types of cities in the world. The first are those you cannot penetrate. Even when you've entered this type of city, you are always on the outside, constantly circling its walls. You are always at a distance, never crossing its threshold. The other type, meanwhile, you can never leave. Once you enter, you remain imprisoned there forever.' -

Bakhtiar Ali

FEBRUARY 2, 2024



'No man can see over his own height. Let me explain what I mean. You cannot see in another man any more than you have in yourself. Your own level strictly determines the extent to which he comes within your understanding. If your intelligence is unawakened, mental qualities in another, even though they be of the highest kind, will have no effect on you at all... his higher mental qualities will no more exist for you than colors exist for those who cannot see.' -Arthur Schopenhauer

**FEBRUARY 2, 2024**



'That's rule number one for a photographer, isn't it? Fill your frame?' -David Cronenberg

**FEBRUARY 3, 2024**





'It is hard to make the boat go as fast as you want to. The enemy of course, is resistance of the water, as you have to displace the amount of water equal to the weight of the men and equipment, but that very water is what supports you and that very enemy is your friend. So is life: the very problems you must overcome also support you and make you stronger in overcoming them.' -George Yeoman Pocock

**FEBRUARY 4, 2024**



'Isn't it strange how a lamb can feel like a lion when comparing itself to a mouse, whereas a lion feels like a lamb when measuring itself against dragons?' -Richelle E. Goodrich

**FEBRUARY 5, 2024**



'I love you when you bow in your mosque, kneel in your temple, pray in your church. You and I are sons of one religion, and it is the spirit.' -Khalil Gibran

**FEBRUARY 6, 2024**



'Twist a tongue, and tongue a twist how many twists can a tongue twister twist around their twisting tongue. If a tongue twister's tongue could twist, how many twists would the tongue twister's tongue twist while their tongue was a twisting.' -Jazz Feylynn

**FEBRUARY 7, 2024**





'Those who can make you believe absurdities, can make you commit atrocities.' -Voltaire

FEBRUARY 9, 2024



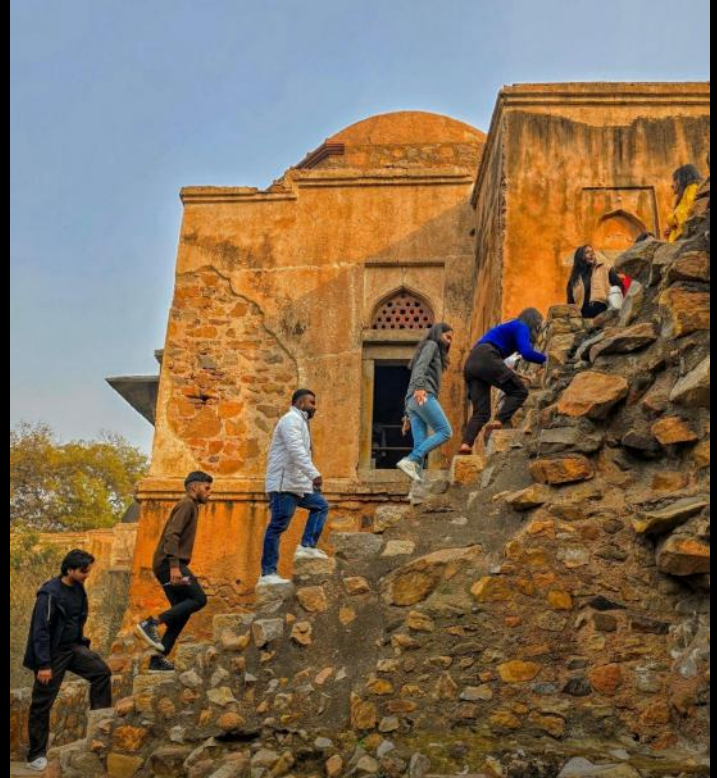
'Great minds see unity whereas small minds see division.' - Wald Wassermann

FEBRUARY 9, 2024



'You just can't differentiate between a robot and the very best of humans.' -Isaac Asimov

FEBRUARY 10, 2024



'It's like algebra, that's all. I just have to figure it out, step by step.' -Hollis Seamon

FEBRUARY 11, 2024





'It was the kind of conversation you could only hold in whispers.' -Aimee Bender

FEBRUARY 13, 2024



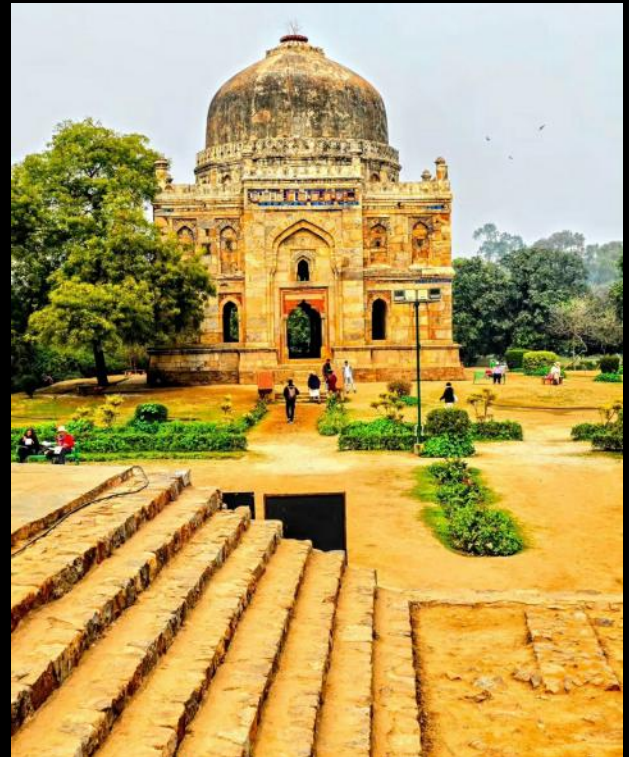
'Don't make a great effort, or struggle, or fight as you sit. Let go of everything. This prevents backache, shoulder-ache, or headache. If you are able to find a cushion that fits your body well, you can sit for a long time without feeling tired.' -Tich Nhat Hanh

FEBRUARY 14, 2024



'Most of us carry loads on ourselves that we really don't need to carry.' -Abhishek Ratna

FEBRUARY 15, 2024



'What are the hopes of man? Old Egypt's King Cheops erected the first pyramid And largest, thinking it was just the thing To keep his memory whole, and mummy hid; But somebody or other rummaging, Burglariously broke his coffin's lid: Let not a monument give you or me hopes, Since not a pinch of dust remains of Cheops.'  
-Lord Byron

FEBRUARY 16, 2024





'Sometimes you don't realize your fear of heights until you stand at the edge of the cliff, ready to jump.' -BlueMystique

FEBRUARY 17, 2024



'You have your way. I have my way. As for the right way, the correct way, and the only way, it does not exist.' - Friedrich Wilhelm Nietzsche

FEBRUARY 18, 2024



'We don't need a handful of people going green perfectly. We need millions of people doing it imperfectly.' -adapted from Anne Marie Bonneau

**FEBRUARY 19, 2024**



'The ultimate purpose of money is so you do not have to be in a specific place at a specific time doing anything you don't want to do.' -Naval Ravikant

**FEBRUARY 20, 2024**





'While this dump was reviled by humans, to Shadow it was a magical place of the most succulent fragrances . . . of rotting meat and fermenting apples. He braved the ravaging moths and the mad hornets to romp among the piles of garbage, intoxicated by the smells of life on earth.' -Steven James

**FEBRUARY 21, 2024**

'Never let hard lessons harden your heart; the hard lessons of life are meant to make you better, not bitter.'

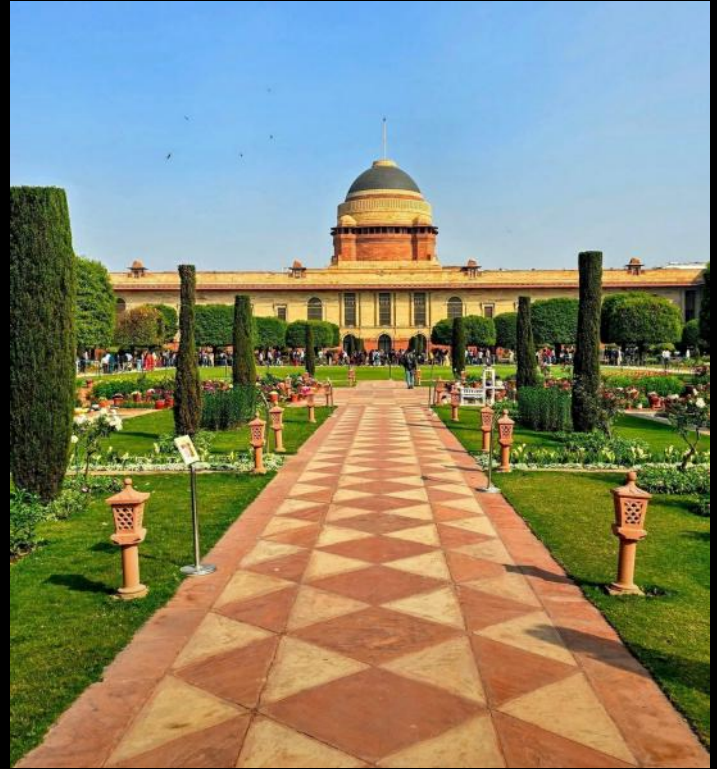
-Roy T. Bennett

**FEBRUARY 22, 2024**



'At 240 pm, bees are the stoics of the garden, buzzing away without a care for the clock, reminding us that sometimes the best way to deal with life's buzz is to just keep buzzing along!' -Chat GPT

FEBRUARY 22, 2024



'Only he who has no use for the empire is fit to be entrusted with it.' -Zhuangzi

FEBRUARY 23, 2024





'...history, as you may know, is much like a spiral staircase that gives the illusion of going up, but never quite goes anywhere.' -Robert Jackson Bennett

**FEBRUARY 24, 2024**



'A howl is as infectious to a wolf as a yawn is to a human.' - Kevin Ansbro Wolf Moon 24 2 24

**FEBRUARY 24, 2024**



'It was deep afternoon when shadows begin to grow, light becomes gold, and you realize that this particular day has reached its destiny. Like old age, it's not yet over, but there's no denying the time of day.' -Vicki Covington

**FEBRUARY 25, 2024**



'India is a place where colour is doubly bright. Pinks that scald your eyes, blues you could drown in.' -Kiran Millwood Hargrave

**FEBRUARY 26, 2024**





'We live on a blue planet that circles around a ball of fire next to a moon that moves the sea, and you don't believe in miracles?' -Anonymous

FEBRUARY 27, 2024



1. Donald Trump: "Believe me, folks, nobody hangs upside down on a branch like a pigeon. Nobody." 2. Boris Johnson: "Well, you see, the pigeon, it's uh, it's like a bat, but with feathers, hanging upside down. Quite remarkable, really." 3. Elon Musk: "The pigeon, much like our ambitions, defies gravity, embracing innovation even in the face of convention." 4. Steve Jobs: "Here's to the crazy ones, the pigeons who hang upside down, the ones who see things differently." 5. Aristotle: "The pigeon,

FEBRUARY 28, 2024



'Happy and free like a bumblebee' -Independent Zen

FEBRUARY 29, 2024



"No helmet will protect you from old age."

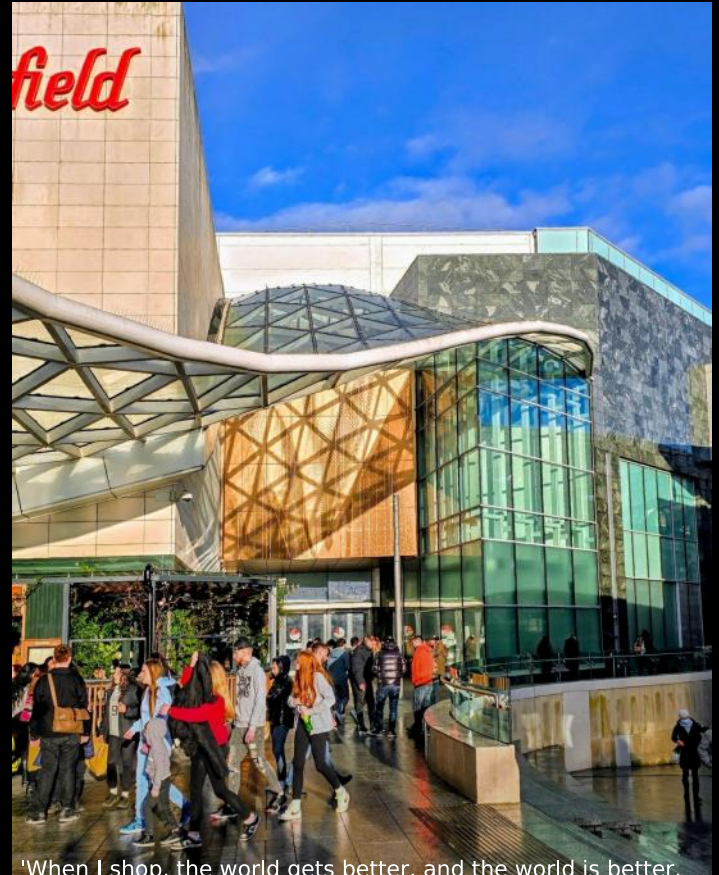
MARCH 1, 2024





'Tears are the noble language of eyes, and when true love of words is destitute. The eye by tears speak, while the tongue is mute.' -Robert Herrick

**MARCH 2, 2024**



'When I shop, the world gets better, and the world is better, but then it's not, and I need to do it again.' -Sophie Kinsella

**MARCH 3, 2024**



'Living in new shapes, reshapes our thinking.' -Lois Farfel Stark

MARCH 4, 2024



'The mystery of life isn't a problem to solve, but a reality to experience.' -Frank Herbert, Dune

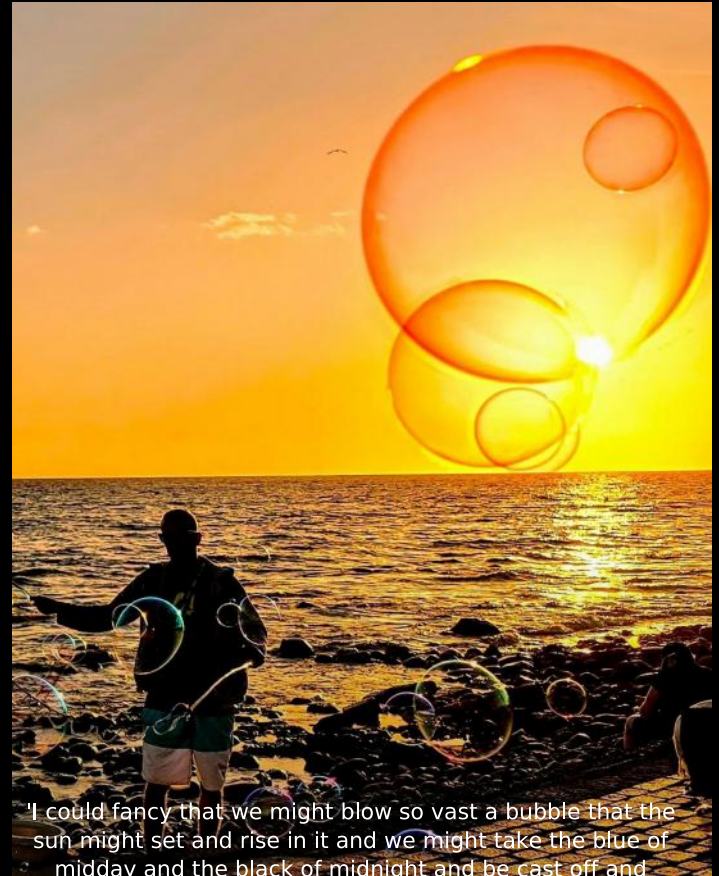
MARCH 4, 2024





'Reality is one, bubbles are many.' -Wald Wassermann

MARCH 5, 2024



'I could fancy that we might blow so vast a bubble that the sun might set and rise in it and we might take the blue of midday and the black of midnight and be cast off and escape from here and now.' -Virginia Woolf

MARCH 5, 2024



'It's a dangerous business, Frodo, going out your door. You step onto the road, and if you don't keep your feet, there's no knowing where you might be swept off to.' -J.R.R.

Tolkien

MARCH 5, 2024



'People are not cactuses, they need plenty of water and, when talking about friendship, the water is our time.' -

Biruté Sol

MARCH 6, 2024





'Life's journey does not take place down an easy roadway, as some might imagine. It takes place inside a giant house with a million doorways. Every day of our lives we are faced with decisions to make, doorways to walk through. It can be confusing at times, like walking through a carnival maze. Some decisions we make are big, some small, but they all have consequences.' -K. Martin Beckner

**MARCH 7, 2024**



'When pigs fly, believe you must, for bacon in the sky, there is!' -Yoda GPT

**MARCH 7, 2024**



'Do not worry that your life is turning upside down. How do you know the side you are used to is better than the one to come?' -Rumi

**MARCH 8, 2024**



'Like the way the sun is right now, with the long shadows, and that kind of bright, soft light you get when the sun isn't quite setting? That's the light that makes everything better, everything prettier, and today, everything just seemed to be in that light.' -John Green

**MARCH 8, 2024**





'Plato said that we are trapped inside a cave and know the world only through the shadows it casts on the wall. The skull is our cave, and mental representations are the shadows.' -Steven Pinker

**MARCH 8, 2024**



'Who's to say which is stronger? Flowers break concrete just like hammers do.' -Bethanee Epifani J. Bryant

**MARCH 9, 2024**



'The camouflaged dragon looked like the air itself took the shape of a living creature.' -A.J. Sky At Mirador del Balcon -  
The Tail of the Dragon, Gran Canaria

**MARCH 9, 2024**



'Take the stones that failure throws at you and build legacies the world will always remember you for.' -  
Israelmore Ayivor

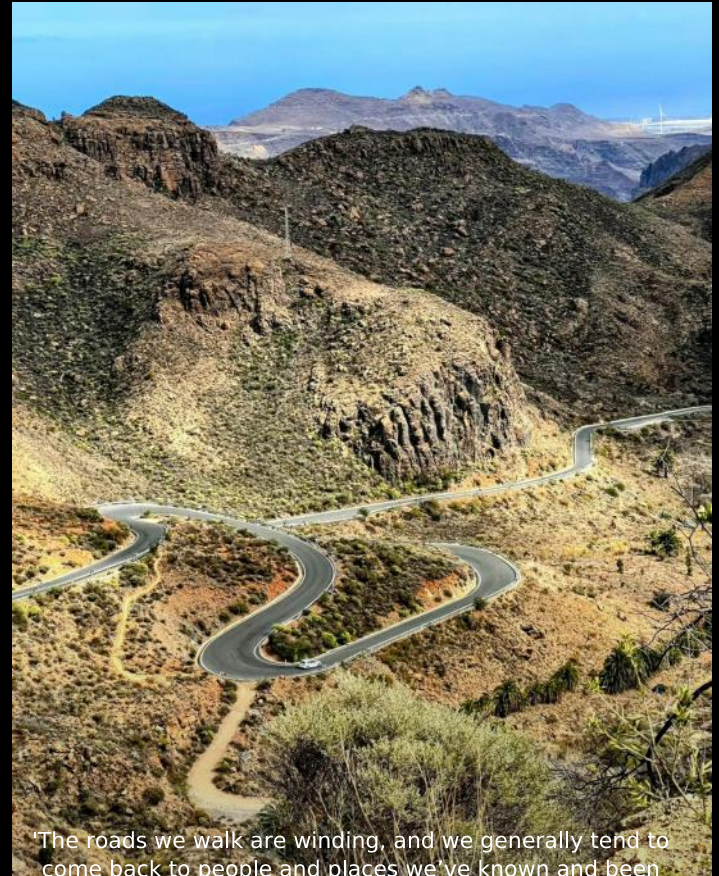
**MARCH 10, 2024**





'When the sun has set, no candle can replace it.' -George R.R. Martin

**MARCH 11, 2024**



'The roads we walk are winding, and we generally tend to come back to people and places we've known and been before, and often at just the right time.' -Sean Gibson

**MARCH 12, 2024**



'Without sound, There would be no music. And without music, There would be no life. And without a life force, There would be no matter. But it does not matter - Because what is matter, If there is no light?' -Suzy Kassem

**MARCH 13, 2024**



-The snowdrop and primrose our woodlands adorn, and violets bathe in the wet o' the morn.' -Robert Burns

**MARCH 14, 2024**





'Life is not light, but refracted colour.' -Johann Wolfgang  
von Goethe

**MARCH 14, 2024**



'But he calls down a blessing on the blossom of the may,  
Because it comes in beauty, and in beauty blows away.' -

W.B. Yeats

**MARCH 15, 2024**



'English people don't like to be told 'enjoy your meal'. They will enjoy their meal if they feel like enjoying it. It is advisable not to command them such things in case they have other plans with their meal, such as preferring to dislike it.' -Angela Kiss

**MARCH 16, 2024**



'The sparrow is sorry for the peacock at the burden of its tail.' -Tagore

**MARCH 17, 2024**





'Making blue has always been magic: the domain of alchemists since the beginning of human history. To find red only required blood or berries or the smearing of red clay. To make brown was as simple as reaching down to the earth beneath one's feet. White chalk is plentiful in many places, or can be replaced by fire ash. But blue appears rarely in forms from which paints or dyes can be made...blue requires earthly magic.' -Lucy H. Pearce

MARCH 18, 2024



'Some people drink to drown their sorrows, others drink so they can swim in them.' -Alice Feeney

MARCH 18, 2024



'We'd all be lucky in life if we had the chance to experience an unexpected adventure, and then make our way back safely to a place of comfort. Sometimes the only way we can appreciate our home and the simple happiness it has to offer is to be away from it for a while.' -Noble Smith

**MARCH 19, 2024**

'Beauty, to me, is about being comfortable in your own skin. That, or a kick-ass red lipstick.' -Gwyneth Paltrow

**MARCH 19, 2024**





'If you cross an onion with a UFO, what you get is a flying saucer that brings tears to your eyes.' -Terence McKenna

**MARCH 21, 2024**



'He turned slowly like a fridge door opening.' -Douglas Adams

**MARCH 21, 2024**



'Air is the element most needed by fire. This is why you need open spaces, the wind, and to fly. Because you have fire in you. This is why you look into the sky, why you make wishes, why you tread lightly. You, too, are the air, because inside you there is fire. Why do you think we breathe? Because we are kindling our fires.' - C. JoyBell C.

**MARCH 22, 2024**



'Call it walking meditation or a neighborhood stroll; by whatever name suits you, rediscover the art of meandering' -Gina Greenlee

**MARCH 23, 2024**





'The potential of the average person is like a huge ocean unsailed, a new continent unexplored, a world of possibilities waiting to be released' -Brian Tracy

**MARCH 23, 2024**



'There are not more than five primary colours, yet in combination they produce more hues than can ever been seen.' -Sun Tzu

**MARCH 23, 2024**



'Where did you go to, if I may ask?' said Thorin to Gandalf as they rode along. To look ahead,' said he. And what brought you back in the nick of time?' Looking behind,' said he.' — J.R.R. Tolkien

MARCH 24, 2024



'There are people ahead of you who are on the right path. Follow them. There are people behind you on the wrong path. Lead them.' -Aegelis

MARCH 24, 2024



'Focus like a laser, not a flashlight.' -Michael Jordan

**MARCH 25, 2024**



'There's always that one bench with a great view. Where you can sit, think and plan your tomorrow. And when your tomorrow arrives, you come back to add memories to your memories.' -M. Boria

**MARCH 25, 2024**





'I will come again & conquer you because as a mountain you can't grow, but as a human, I can.' -Sir Edmund Hillary

**MARCH 26, 2024**



'An entrepreneur is someone who will jump off a cliff and assemble an airplane on the way down.' -Reid Hoffman

**MARCH 27, 2024**



'The Road goes ever on and on  
Down from the door  
where it began. Now far ahead  
the Road has gone, And I  
must follow, if I can,  
Pursuing it with eager feet,  
Until it joins some larger way  
Where many paths and errands  
meet.' -J.R.R. Tolkien

**MARCH 27, 2024**



'Climate change is like a bullet about to leave a gun aimed at our heads. If it were a real gun and bullet, we'd react immediately and run for cover. But the climate change bullet won't kill us immediately, and we know it. It will take time to reach us—maybe a decade, several decades, or even a century. We might not be around when it hits, and instead of killing us, it will affect our children, grandchildren, or someone else's children, making it less frightening to us.'— Jorge Daniel Taillant

**MARCH 28, 2024**



'Mother Nature is a self-taught engineer.' -Stewart Stafford

**MARCH 28, 2024**



'Alone of all the races on earth, they seem to be free from the 'Grass is Greener on the other side of the fence' syndrome, and roundly proclaim that Australia is, in fact, the other side of that fence.' -Douglas Adams

**MARCH 29, 2024**





'You never really know what's coming. A small wave, or maybe a big one. All you can really do is hope that when it comes, you can surf over it, instead of drown in its monstrosity.' -Alysha Speer

**MARCH 30, 2024**



'The gull sees farthest who flies highest.' -Richard Bach

**MARCH 30, 2024**



'See? The line between good things and bad things is very thin. Most of the time, you can find them at the same place.' -Yumi Tamura

MARCH 31, 2024



'Support and encouragement are found in the most unlikely places.' -Raquel Cepeda

MARCH 31, 2024



'One day your life will flash before your eyes. Make sure its worth watching.' -Edward

APRIL 1, 2024



'Suddenly, I saw ocean again—then another horizon—  
but this time the deep blue sky was on the wrong side of  
the line...the Holy crap, we're upside down side.' -M.A.  
George

APRIL 1, 2024





'The effect or impact any occurrence has is only temporary,  
even though at first it may indeed be overburdening.' -  
Steven Redhead

APRIL 2, 2024



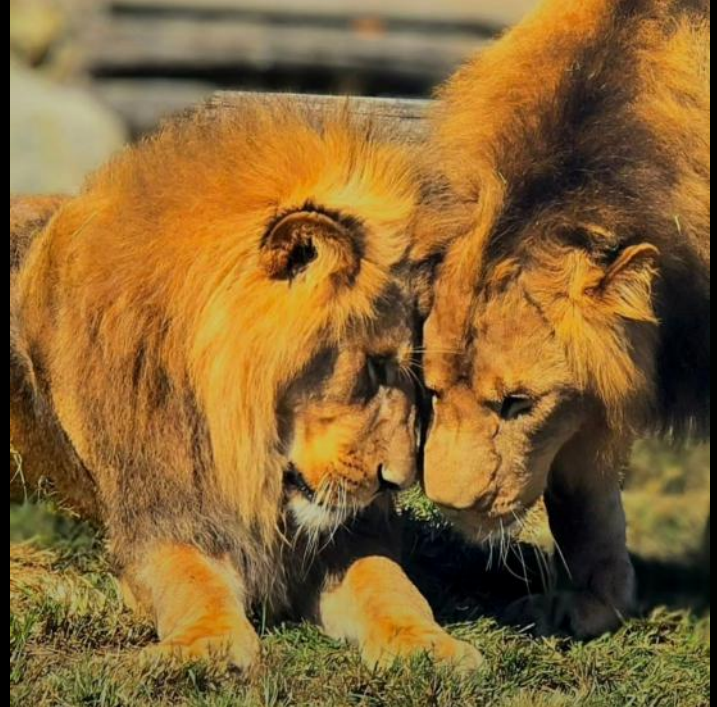
'Thinking is hard work, which is why you don't see many  
people doing it.' -Sue Grafton

APRIL 3, 2024



'Traffic in Joburg is like the democratic process. Every time you think it's going to get moving and take you somewhere, you hit another jam.' -Lauren Beukes

APRIL 4, 2024



'Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.' -Leo F. Buscaglia

APRIL 4, 2024





'Only half the story is true. The rest is necessary.' -John Yau

APRIL 5, 2024



'The tongue may hide the truth but the eyes—never!' -  
Mikhail Bulgakov

APRIL 5, 2024





'Stay alert at all times, alert to any opportunity for rest.' -  
Ulysses Brave

APRIL 5, 2024



'What hath night to do with sleep?' -John Milton

APRIL 5, 2024



'As big and wide and wondrous as the world can be,  
everyone eventually wants to come home.' -Erin A. Craig

APRIL 6, 2024



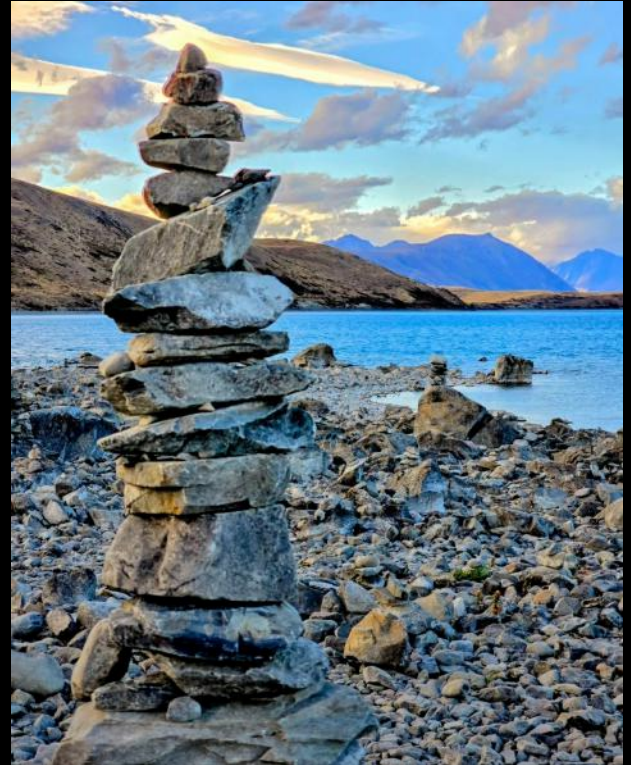
'Not all treasure is silver and gold, mate' -Johnny Depp

APRIL 7, 2024



'It is not the jumps you made in your life but mostly the jumps you haven't made are the real source of regrets in your life!' -Mehmet Murat ildan

APRIL 8, 2024



'If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.' -Regina Brett

APRIL 8, 2024





'You're not a performing seal. If you need to perform tricks to keep his/her attention, you never really had it to begin with. Imagine how exhausting that would be long term. You're starting an intimate, supportive relationship, not joining the circus' -Catherine Gray

APRIL 9, 2024



'The stairway to heaven is not a sweeping spiral vanishing to infinity but a tiny step that leads to the next step.' -Chloe Thurlow

APRIL 10, 2024



'People usually consider walking on water or in thin air a miracle. But I think the real miracle is not to walk either on water or in thin air, but to walk on earth. Every day we are engaged in a miracle which we don't even recognize: a blue sky, white clouds, green leaves, the black, curious eyes of a child—our own two eyes. All is a miracle.' -Thich Nhat Hanh

**APRIL 11, 2024**



'Spring is proof that there is beauty in new beginnings.'  
-Matshona Dhliwayo

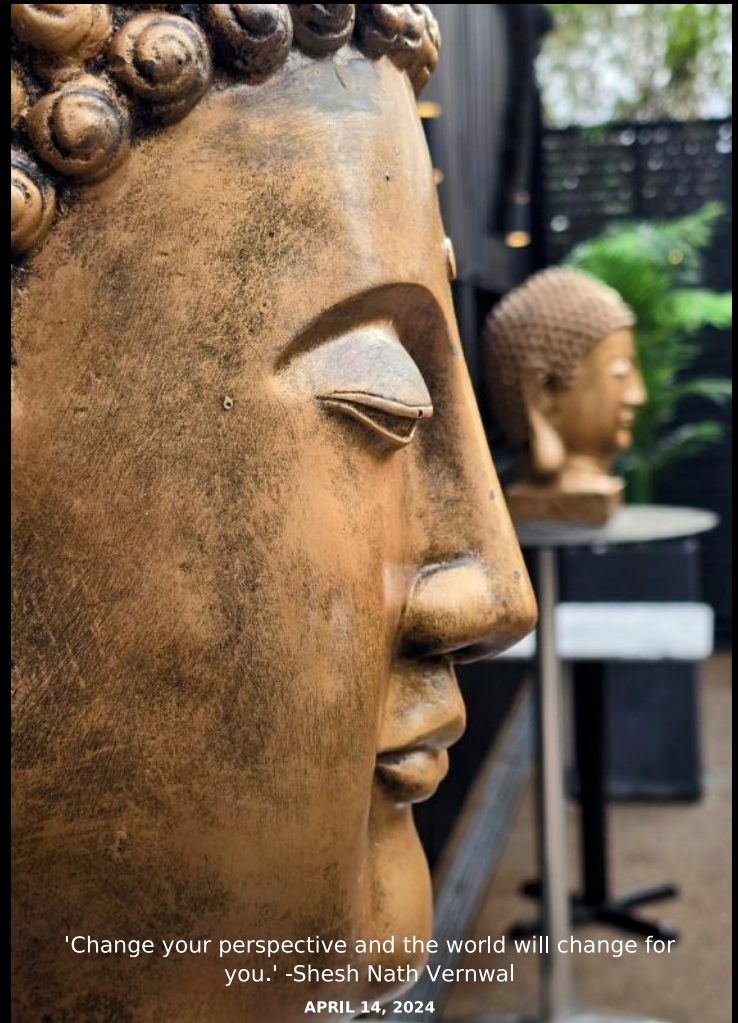
**APRIL 12, 2024**





'They blossomed, they did not talk about blossoming.' -  
Dejan Stojanovic

APRIL 13, 2024



'Change your perspective and the world will change for  
you.' -Shesh Nath Vernwal

APRIL 14, 2024





'The slope that leads toward insanity has the paradoxical distinction of being both steep and yet undetectable to the person sliding down it.' -Suzanne Rindell

APRIL 15, 2024



'But it's the government that says: you have to live in these cubes. And freedom is reduced to the choice to put a flowerpot in the window.' -Thom Mayne

APRIL 16, 2024



'In order to be irreplaceable, one must always be different.'  
-Coco Chanel

APRIL 18, 2024



'That was the trouble with younger siblings, wasn't it? Tell them to do one thing and they'd immediately do the opposite, was how the complaint usually went.'  
-F.C. Yee

APRIL 19, 2024





'There is nowhere morning does not go.' -Leah Hager  
Cohen

APRIL 20, 2024



'It was the size of a palace and gilded from top to bottom as if the owner had said, "Try for blindingly ugly, but I'll settle for merely gaudy if I must.'" -Sarah K.L. Wilson

APRIL 21, 2024





'There are no perfect symmetries, there is no pure randomness, we are in the gray region between truth and chaos. Nothing novel or interesting happens unless it is on the border between order and chaos.' -R.A. Delmonico

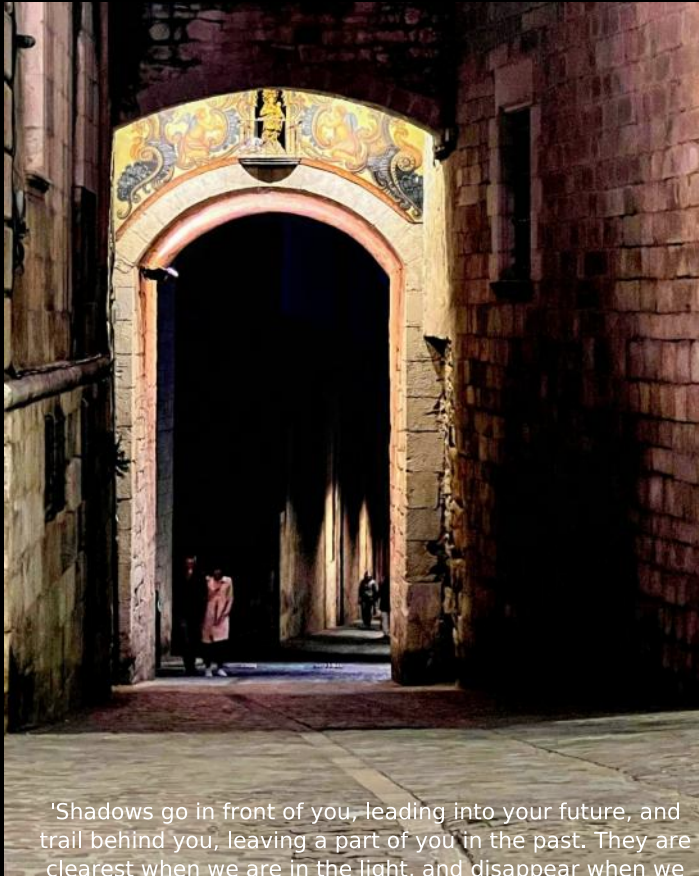
APRIL 21, 2024



-The most important thing about quests, he decided, was not in finding what you went looking for, but in finding what you never could have imagined before you ventured forth.

-Lois McMaster Bujold

APRIL 22, 2024



'Shadows go in front of you, leading into your future, and trail behind you, leaving a part of you in the past. They are clearest when we are in the light, and disappear when we lose ourselves in darkness.' -Kiersten White

APRIL 22, 2024



'The greater part of our happiness or misery depends upon our dispositions, and not upon our circumstances.' -Martha Washington

APRIL 23, 2024





'Why it's simply impossible! Alice: Why, don't you mean impossible? Door: No, I do mean impossible. (chuckles) Nothing's impossible!' -Lewis Carroll

APRIL 23, 2024



'Sooner or later, everything old is new again.' -Stephen King

APRIL 24, 2024





'Life is a juggling act, and balance is the magician's wand that keeps all the chaos up in the air with style.' - Don Santo

APRIL 25, 2024



'Some say knowledge is power. Some tell us that all power comes from the gods. Others say it derives from law. Yet that day on the steps of Baelor's Sept, our godly High Septon and the lawful Queen Regent and your ever-so-knowledgeable servant were as powerless as any cobbler or cooper in the crowd. Varys smiled. "Here, then. Power resides where men believe it resides. No more and no less."— George R.R. Martin

APRIL 25, 2024



'Clean the lamps and fixtures gently, as if you are polishing your heart and soul to make them shine the brightest' - Shoukei Matsumoto [A Monks guide to a clean house and mind]

APRIL 26, 2024



Everyone you meet is a part of your journey, but not all of them are meant to stay in your life. Some people are just passing through to bring you gifts; either they're blessings or lessons.' -Roy T. Bennett '

APRIL 26, 2024





'Shopping is a woman thing. It's a contact sport like football. Women enjoy the scrimmage, the noisy crowds, the danger of being trampled to death, and the ecstasy of the purchase.' -Erma Bombeck

APRIL 27, 2024



'The updated version of Descartes's Cogito is 'I am seen, therefore I am' - and that the more people who see me, the more I am...' -Zygmunt Bauman

APRIL 28, 2024



'The three most harmful addictions are heroin, carbohydrates, and a monthly salary.' Nassim Nicholas Taleb

APRIL 29, 2024



'If I was to establish a system, it would be, that Mountains are produced by Volcanoes, and not Volcanoes by Mountains.' -William Hamilton

APRIL 29, 2024





'What is important is to spread confusion, not eliminate it.' -Salvador Dalí

APRIL 30, 2024



'It was a time I slept in many rooms, called myself by many names. I wandered through the quarters of the city like alluvium wanders the river banks. I knew every kind of joy, ascents of every hue. Mine was the twilight and the morning. Mine was a world of rooftops and love songs.' -Roman Payne

APRIL 30, 2024



'If you go beyond the clouds, you will get endless sunshine.' -Mwanandeke Kindembo

MAY 2, 2024



'In the end we are all just clouds wandering around without fighting off the winds.' -Sijdah Hussain

MAY 2, 2024





'If love be blind, love cannot hit the mark.' -William Shakespeare, Romeo and Juliet

MAY 2, 2024



'Dusk is just an illusion because the sun is either above the horizon or below it. And that means that day and night are linked in a way that few things are there cannot be one without the other yet they cannot exist at the same time. How would it feel I remember wondering to be always together yet forever apart?' - Nicholas Sparks

MAY 3, 2024



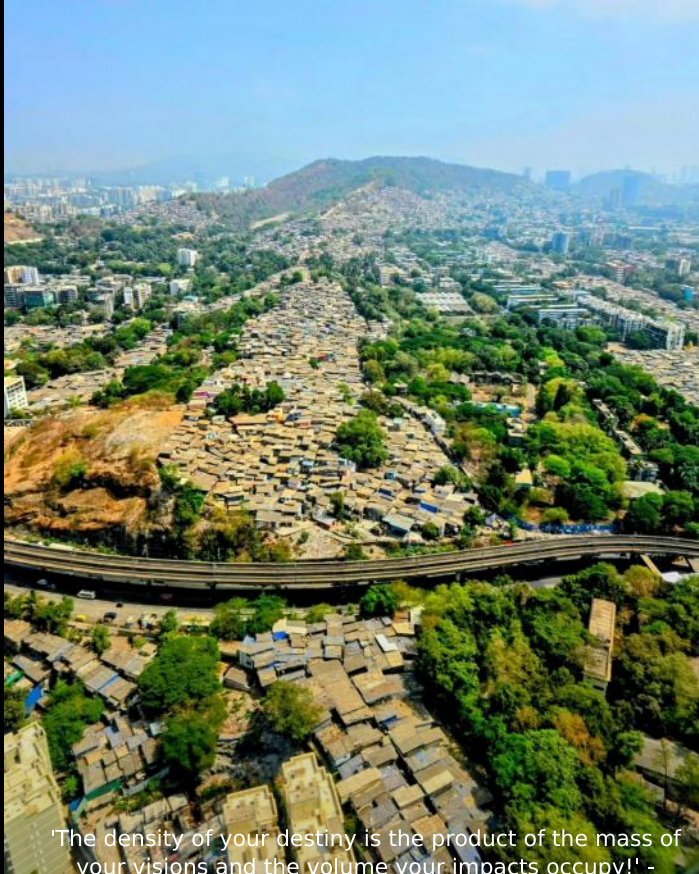
'We are often unaware of the gradual decline and the erosion in our lives but not unaware of the gnawing feeling it brings.' -Eric Samuel Timm

**MAY 3, 2024**



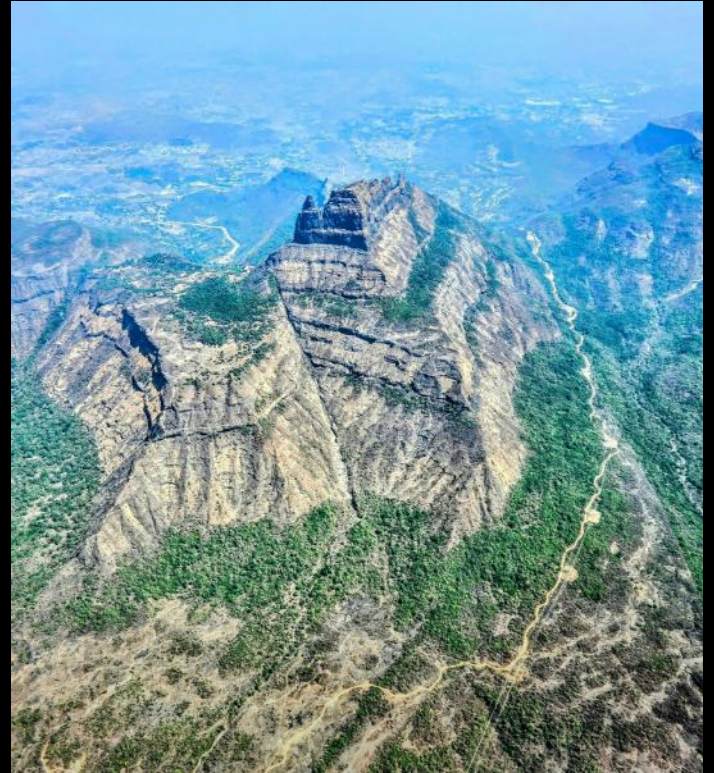
'I know windmills very much.' -Donald Trump

**MAY 4, 2024**



'The density of your destiny is the product of the mass of  
your visions and the volume your impacts occupy!' -  
Israelmore Ayivor

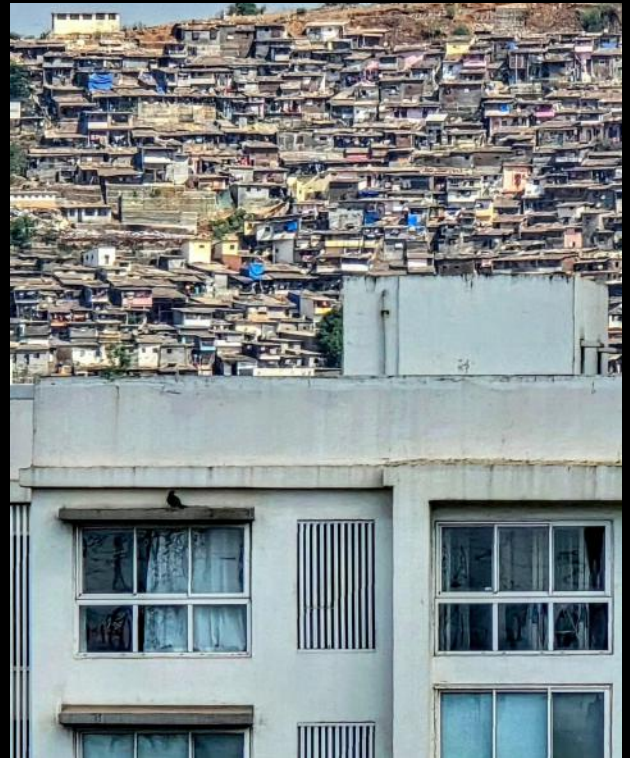
**MAY 5, 2024**



'Speak to me, oh rocks and streams, Tell me tales of  
mountains tall... Oh boulders cleft and thunder cleaved,  
Beneath the veil of waterfalls...!' -M P Ceran

**MAY 6, 2024**





'Life is not linear. I see it as an ascending spiral. Issues or challenges we face run vertically alongside the spiral. We move along the path of the spiral, and we will see reoccurring challenges and issues, but they really are different each time because we are different.'

-Melissa Heisler

MAY 7, 2024

'More than anything she wanted the world to be uncomplicated, for right and wrong to be as easily divided as the black and white sections of an Oreo. But the world was not a cookie.'

MAY 8, 2024



'Always operate on the basis that everything is distorted.' - Henry Joseph-Grant

MAY 9, 2024



'Behind every great man is a woman rolling her eyes.' -Jim Carrey

MAY 10, 2024



'Reality is not digital, an on-off state, but analog. Something gradual. In other words, reality is a quality that things possess in the same way that they possess, say, weight. Some people are more real than others, for example. It has been estimated that there are only about five hundred real people on any given planet, which is why they keep unexpectedly running into one another all the time.' -Terry Pratchett

MAY 10, 2024



'The question is: why can't parking lots be modest paradises?' -Eran Ben-Joseph

MAY 11, 2024





'May the week end But the weekend never end.' -  
Hrishikesh Agnihotri

MAY 11, 2024



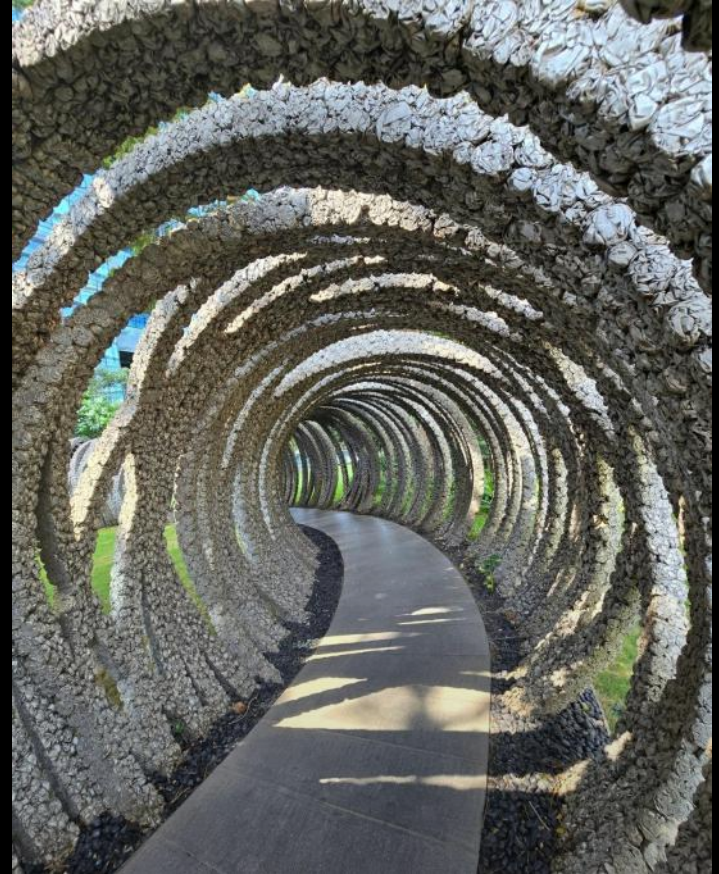
'Those who drink whiskey with the owls at night, cannot  
soar with the eagles the next day.' -Brian D. Ratty

MAY 12, 2024



'Even four harnessed horses cannot bring imprudent words back into the mouth.' -Confucius

MAY 12, 2024



'Grief is a tunnel, not a cave.' -Richie Norton

MAY 13, 2024





'And let's not forget the cigarette. His eternal cigarette, connecting him to heaven by the fine coil of smoke twisting and rising above him.' -Kamel Daou

MAY 14, 2024



'I keep trying to rationalise everything and it's driving me crazy. Did you spot that flying horse earlier? I found myself trying to explain it with Darwin's Theory of Evolution.' -

Victor Kloss

MAY 14, 2024





'Better thorns than flowers -- for flowers fade.'  
-Abram J. Ryan

MAY 15, 2024



'Happiness is a warm puppy.'  
-Charles M. Schulz

MAY 15, 2024



'If you only read the books that everyone else is reading, you can only think what everyone else is thinking.' -Haruki Murakami

MAY 16, 2024



On September 24, 1599, near where Shakespeare penned Hamlet, a revolutionary event unfolded. In a half-timbered building off Moorgate Fields, the East India Company was born. Ownership was divided into small, tradeable pieces, akin to silver, allowing anonymous buying and selling. One could own a part of the company without involvement or disclosure. The East India Company marked Tudor England's most groundbreaking invention, transforming the landscape of business forever.

MAY 16, 2024





'At old age, one realizes that life is truly a dream.' -Michael Bassey Johnson

MAY 17, 2024



'His heart has always been too big for a ribcage. Whoever noticed that, broke it.' -Nitya Prakash

MAY 17, 2024



'Togetherness is not a destination, togetherness is the journey.' -Abhijit Naskar

MAY 18, 2024



'I don't think I've drunk enough beer to understand that.' - Terry Pratchett

MAY 18, 2024





'People are inclined to believe that you're a diamond only when you have a lot of diamonds.' -Tamerlan Kuzgov

MAY 19, 2024



'Don't regret the minefields you stepped into, just try and learn not to step into the same one twice.' -Stewart Stafford

MAY 20, 2024



'To see a World in a Grain of Sand And a Heaven in a Wild Flower Hold Infinity in the palm of your hand And Eternity in an hour' -William Blake

MAY 20, 2024



'When you look at a piece of delicately spun glass you think of two things: how beautiful it is and how easily it can be broken.' -Tennessee Williams

MAY 22, 2024





'Remember the story of the house with golden windows? A boy saw it across the meadow every morning. He asked his father to visit. They walked to the house but found no golden windows. A girl inside asked if they were looking for something. The boy explained. She replied, 'You've come to the wrong place. Wait until sunset and I'll show you the house with the golden windows I see every evening' pointing to his house'

MAY 23, 2024



'To put it squarely, as I say in my memoir, the eternal triangle has come full circle.' —Muriel Spark

MAY 23, 2024



-There's nothing quite like a properly fluffed pillow.' -A.D. Aliwat

MAY 25, 2024



'Most men lead lives of quiet desperation and go to the grave with the song still in them. Live your beliefs and you can turn the world around. Nothing can be more useful to a man than the determination not to be hurried.' -Henry David Thoreau

MAY 26, 2024





'What if everything is an illusion and nothing exists? In that case, I definitely overpaid for my carpet.' -Woody Allen

MAY 26, 2024



'I got a flue shot and now my chimney works perfectly.' -

Steve Martin

MAY 27, 2024



'If a black cat crosses your path, it signifies that the animal is going somewhere.' -Groucho Marx

MAY 28, 2024



'One clear moment, one of trance One missed step, one perfect dance One missed shot, one and only chance Life is all...but one fleeting glance.' -Sanober Khan

MAY 28, 2024





'I love fried okra. The fact that it's okra makes me feel like it's good for you - I forget the fact that it's fried.' - Jason Aldean

Aldean

MAY 29, 2024



'Photographers have become particular about background and candid shots. Pose as though you aren't posing.' - Bienvenido N. Santos

Bienvenido N. Santos

MAY 30, 2024



'A little rule, a little sway, A sunbeam in a winter's day, Is all the proud and mighty have Between the cradle and the grave.' —John Dyer

MAY 31, 2024



'Drove my Chevy to the levee but the levee was dry' -Don McLean

JUNE 1, 2024





'Its hard enough to know the past. Knowing the future is virtually impossible' -Paul Johnson

JUNE 1, 2024

'While we try to teach our children all about life, our children teach us what life is all about.' -Angela Schwindt

JUNE 2, 2024



-How do I explain where my mind goes? How I float out of myself.' -Erin Stewart

**JUNE 3, 2024**



'Dark and light striking each other, vividly etching wild colors through the horizon. The charm of sunset makes me want to scurry home.' -Tara Estacaan

**JUNE 4, 2024**





'Do you know why the nose of the bull dog is sloped backwards? So it can keep on breathing without ever letting go.' -Winston Churchill

JUNE 5, 2024



'If our brains were simple enough for us to understand them, we'd be so simple that we couldn't.' -Ian Stewart

JUNE 6, 2024



'At bottom every man knows well enough that he is a unique being, only once on this earth; and by no extraordinary chance will such a marvelously picturesque piece of diversity in unity as he is, ever be put together a second time.' -Friedrich Nietzsche

**JUNE 7, 2024**



'I have lost my dewdrop", cries the flower to the morning sky that lost all its stars.' -Rabindranath Tagore

**JUNE 8, 2024**





'If God wanted humans to play chess, he would have made us black or white.' -Zenna Henderson

JUNE 9, 2024



'I love hearing the stories that they tell They've seen places beyond my land and they've found new horizons They speak strangely but I understand' -Abba

JUNE 10, 2024



'Read a saying: "Whatever you focus on - grows." Focus on worry your worry grows Focus on opportunity you see them everywhere and they grow Focus on appreciation it grows Most people allow their focus to slide around... Guide yours' -Dr Julia Garner

JUNE 11, 2024

'Transition always starts with an ending. To become something else, you have to stop being what you are now; to start doing things a new way, you have to end the way you are doing them now; and to develop a new attitude or outlook, you have to let go of the old.' - William Bridges

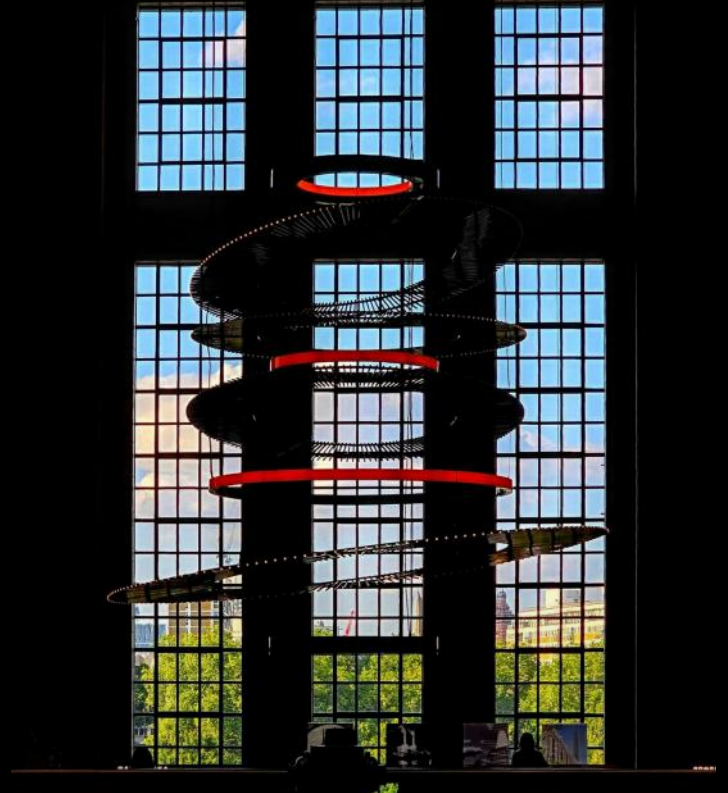
JUNE 12, 2024





'Like wildflowers; You must allow yourself to grow in all the places people thought you never would.' -E.V

JUNE 13, 2024



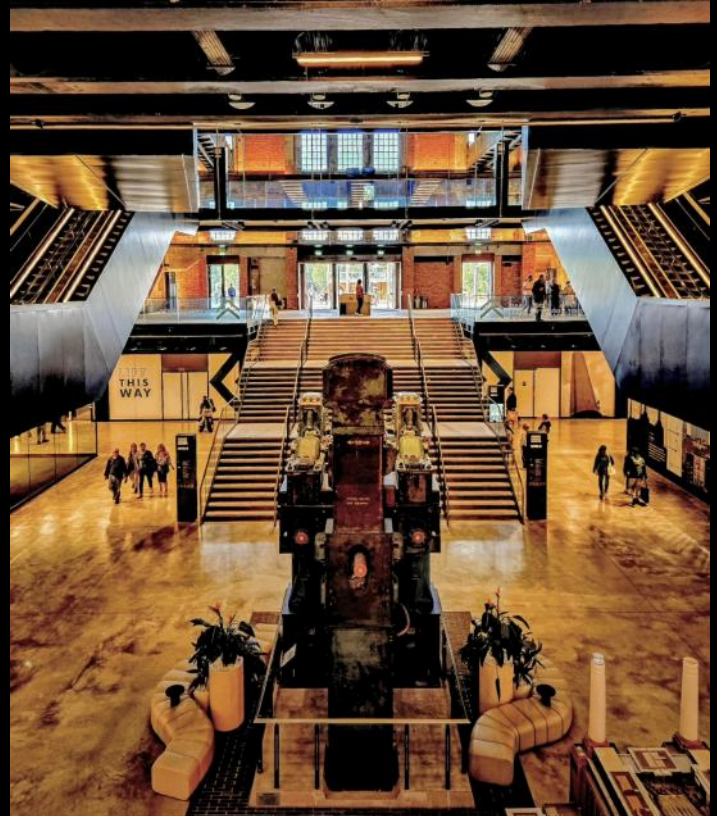
'Ideas become reality. once you hit that reality, you get a new idea. it's a virtuous upward spiral. However, the majority are satisfied living within the idea of the reality instead of the reality of the idea.' -Richie Norton

JUNE 14, 2024



'Keep your sunny side up' -Jennifer L. Holm

JUNE 15, 2024



'Man created Guilt. Guilt is the Perpetual Engine that Drives the World.' -Vineet Raj Kapoor

JUNE 16, 2024





'One who makes himself a worm cannot complain afterwards if people step on him.' -Immanuel Kant

JUNE 17, 2024



'It's nice to have things to look forward to.' -Stephen Chbosky

JUNE 18, 2024



'The more you don't want to be like your parents, the more you will resemble them.' -Yong Kang Chan

JUNE 19, 2024



'Any landing you could walk away from was a good landing.' -Ilona Andrews

JUNE 20, 2024





'Being regal is a state of mind. Act like a queen, believe it in your heart, and a queen is what everyone will see.' -C.L. Wilson

JUNE 21, 2024



'The giant tree starts out as the tiniest shoot, the tallest tower starts out as a single brick, the longest journey starts with the first step.' -Lao Tzu

JUNE 21, 2024



'The miracle of children is that we just don't know how they will change or who they will become.' -Eileen Kennedy-Moore

JUNE 23, 2024



'I do mindless stuff while watching mindless stuff.' -Jazz Feylynn

JUNE 24, 2024





'Despite their illusive nature, twilight never fails to provide a magical quality to the day—a transitional space between day and night, light and dark, head and heart...' -Felisa Tan

JUNE 26, 2024



'The Scientist's clear mind sees a foggy world, full of complexity and nuance and messiness, the Zealot's foggy mind shows them a clear, simple world, full of crisp lines and black-and-white distinctions.' -Tim Urban

JUNE 27, 2024



'Success comes from the inside out. In order to change what is on the outside, you must first change what is on the inside.' -Idowu Koyenikan

JUNE 28, 2024



'Manchester is in the south of the north of England. Its spirit has a contrariness in it -- a south and north bound up together -- at once untamed and unmetropolitan; at the same time, connected and wordly.' -Jeanette Winterson

JUNE 30, 2024





'You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one.'

-John Lennon

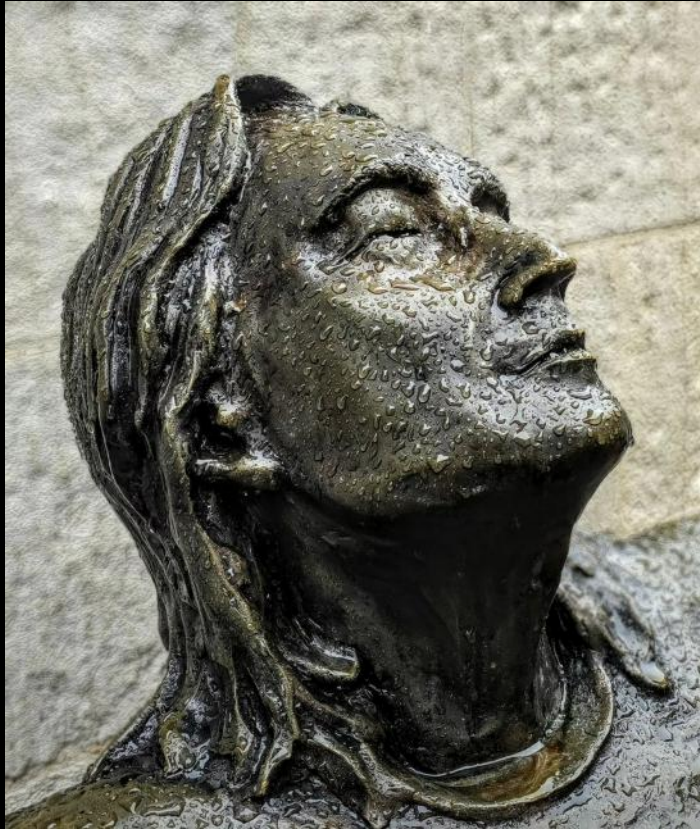
JULY 3, 2024



'Build me up and I with you. For we are more one than two.'

-Deborah Day

JULY 4, 2024



'The summer sun was not meant for boys like me. Boys like me belonged to the rain.' -Benjamin Alire Sáenz

JULY 5, 2024



'It is the people who control the Government, not the Government the people.' -Winston S. Churchill

JULY 5, 2024





'When women have a conversation, they're communicating on five levels. They follow the conversation that they're actually having, the conversation that is specifically being avoided, the tone being applied to the overt conversation, the buried conversation that is being covered only in subtext, and finally the other person's body language.' -Jim Butcher

JULY 6, 2024



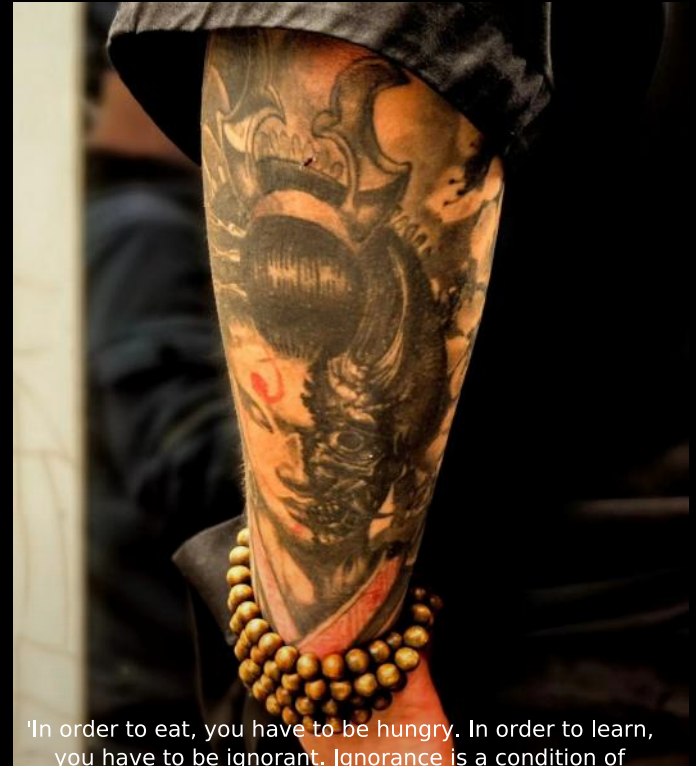
'Whenever two people meet, there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is.' -William James

JULY 7, 2024



'The English winter - ending in July to recommence in August.' -Lord Byron

JULY 7, 2024



'In order to eat, you have to be hungry. In order to learn, you have to be ignorant. Ignorance is a condition of learning. Pain is a condition of health. Passion is a condition of thought. Death is a condition of life.- Robert Anton Wilson

JULY 8, 2024





'To straddle that fundamental duality is to be balanced: to have one foot firmly planted in order and security, and the other in chaos, possibility, growth and adventure. When life suddenly reveals itself as intense, gripping and meaningful; when time passes and you're so engrossed in what you're doing you don't notice—it is there and then that you are located precisely on the border between order and chaos.' -Jordan B. Peterson

JULY 9, 2024



'Tennis taught me so many lessons in life. One of the things it taught me is that every ball that comes to me, I have to make a decision.' -Billie Jean King

JULY 10, 2024



'When men are easy in themselves, they let others remain so.' -Anthony Ashley-Cooper, 7th Earl of Shaftesbury

JULY 11, 2024



'To live in hearts we leave behind is not to die.' -Thomas Campbell

JULY 13, 2024





'...there ain't no journey what don't change you some.' -  
David Mitchell

JULY 14, 2024

'How many roads must a man walk down  
Before you call him a man? How many seas must a white dove sail  
Before she sleeps in the sand? Yes, and how many  
times must the cannonballs fly  
Before they're forever banned? The answer, my friend, is blowin' in the wind  
The answer is blowin' in the wind.' -Bob Dylan

JULY 15, 2024



'Rocks and minerals: the oldest storytellers.' -A.D. Posey

JULY 16, 2024



In 1909, Eleanor Thornton's essence was immortalized by Charles Sykes as a figurine for Rolls-Royce, symbolizing liberty and freedom from conformity. Known as the Spirit of Ecstasy, she leans forward, arms outstretched, dress billowing, embodying dreams of energy, grace, and beauty. This iconic figure challenges social norms and represents the aspirations of a unique, progressive group. It remains a tribute to their vision and timeless legacy, capturing the pursuit of personal freedom.

JULY 17, 2024





'Whoever fights monsters should see to it that in the process he does not become a monster. And if you gaze long enough into an abyss, the abyss will gaze back into you.' -Friedrich Nietzsche

JULY 18, 2024



'The man who passes the sentence should swing the sword. If you would take a man's life, you owe it to him to look into his eyes and hear his final words. And if you cannot bear to do that, then perhaps the man does not deserve to die.' -George R.R. Martin

JULY 19, 2024



'A flower of light pointlessly beautiful' -Stephen Baxter

JULY 20, 2024



'The important thing is not what they think of me, but what I think of them.' -Queen Victoria

JULY 21, 2024





'I am very fond indeed of it, and of all the dear old Shire;  
but I think I need a holiday.' -J.R.R. Tolkien

JULY 22, 2024



'No bridge has ever taken sides.' -Ljupka Cvetanova

JULY 23, 2024



'You see a lot of UFOs with closed eyes and opened mind.' -  
Toba Beta  
JULY 23, 2024



'It takes a special kind of personality to enjoy watching the  
grass grow.' -Forrest Pritchard  
JULY 24, 2024





'Success seems to be largely a matter of hanging on after others have let go.' -William Feather

JULY 26, 2024



'Before you know it you have a bright future behind you' - Rishi Sunak

JULY 28, 2024



'I am always doing that which I cannot do, in order that I may learn how to do it.' -Pablo Picasso

JULY 29, 2024



'Rock bottom became the solid foundation on which I rebuilt my life.' -J.K. Rowling

JULY 30, 2024





'His breaths were silent, his gaze was steady, and his eyes were hollow.' -Nick Oliveri

JULY 31, 2024



'Potential," I said, "doesn't mean a thing. You've got to do it. Almost every baby in a crib has more potential than I have.' -Charles Bukowski

AUGUST 1, 2024



'If you want to support others you have to stay upright yourself.' -Peter Hoeg

AUGUST 2, 2024



'Well, there's a light in your eye that keeps shinin', like a star that can't wait for the night.' -Led Zeppelin

AUGUST 3, 2024





'Keep the lanterns burning against the night. Hold the darkness at bay.' -Elizabeth D. Marie

AUGUST 4, 2024



'New ideas need old buildings.' -Steven Johnson

AUGUST 5, 2024



'Remember how to shine.' -E. G. Sparks

AUGUST 6, 2024



'You miss the time when happiness was all about collecting  
raindrops on your palms.' -Nitya Prakash

AUGUST 7, 2024





'Our prism can become our prison.' -Lois Farfel Stark

AUGUST 8, 2024



'Don't waste your energy in fighting the old. Use it to build the new.' -Abhijit Naskar

AUGUST 9, 2024



'Anybody have plans to stare at their phone somewhere exciting this weekend?' -Nitya Prakash

**AUGUST 10, 2024**



'Optically transparent, structurally sound and chemically inert, glass is a fabulous building material and has been for over four thousand years. Still, the production and use of hundreds of billions of glass facad components every year in the US alone begs the question; What if we can utilize this immense surface area for harvesting solar energy in efficient and effective ways.' -Neri Oxman

**AUGUST 11, 2024**





'When you feel like you've only got a bit part in your own life, write the script yourself.' -Benny Bellamacina

AUGUST 12, 2024



'Life, like a dome of many-coloured glass Stains the white radiance of Eternity.' -Percy Bysshe Shelley

AUGUST 14, 2024



"You know, rust is just oxidation. The same chemical process as fire. Oxygen interacts with steel, electrons drift from one element to the other. So really, rust is a slow fire. Isn't that weird? Water causes something to burn." -Leah Raeder

AUGUST 16, 2024



'The grass is always greener...wherever you water and mow. No matter how big or how small, take care of the things you currently have.' -Jason Versey

AUGUST 17, 2024





'Think about Charon the ferryman rowing the souls across the Styx to the Isle of the Dead. Pretty grim stuff. Unless you think that, perhaps, at times, old Charon rows souls back to the land of the living too.' -Sean J Halford

**AUGUST 18, 2024**



'The Artist always has the masters in his eyes.' -Ralph Waldo Emerson

**AUGUST 22, 2024**



'You will be hollow. We shall squeeze you empty, and then we shall fill you with ourselves.' -George Orwell

**AUGUST 23, 2024**



'Out of damp and gloomy days, out of solitude, out of loveless words directed at us, conclusions grow up in us like fungus one morning they are there, we know not how, and they gaze upon us, morose and gray. Woe to the thinker who is not the gardener but only the soil of the plants that grow in him.' -Nietzsche

**AUGUST 24, 2024**





'The line of life is a ragged diagonal between duty and desire.' -William Rounseville Alger

AUGUST 26, 2024



'Happiness is a full larder.' -Neil Ansell

AUGUST 27, 2024



'How can I study from below, that which is above?' -  
Aristophanes

**AUGUST 28, 2024**



'We have only begun to encounter the realities of a  
connected world: the good, the bad and the worrisome.' -  
Eric Schmidt

**AUGUST 30, 2024**





'You have so many layers, that you can peel away a few, and everyone's so shocked or impressed that you're baring your soul, while to you it's nothing, because you know you've twenty more layers to go.' -Craig Thompson

AUGUST 31, 2024



'Reality is frequently inaccurate.' -Douglas Adams

AUGUST 31, 2024



'The past is a whirlpool. If you let it dominate your present moment, it will suck you in,' said Shams as if he had read my thoughts. "Time is just an illusion. What you need is to live this very moment. That is all that matters.'" -Elif Shafak

SEPTEMBER 1, 2024

'Why do people have to be this lonely? What's the point of it all? Millions of people in this world, all of them yearning, looking to others to satisfy them, yet isolating themselves. Why? Was the earth put here just to nourish human loneliness?' -Haruki Murakami

SEPTEMBER 2, 2024





'Learning is good. Unlearning is even better.' -Rajiv Chandra

SEPTEMBER 4, 2024



'Some people become cops because they want to make the world a better place. Some people become vandals because they want to make the world a better looking place.' -Banksy

SEPTEMBER 5, 2024



'If the rate of change on the outside exceeds the rate of change on the inside, the end is near.' -Jack Welch

SEPTEMBER 6, 2024



'Never judge another knight without first knowing the strength and cunning of the dragons he fights.' -Richelle E. Goodrich

SEPTEMBER 7, 2024





'Smoke rose straight up from the chimney, as if the house raised its hand. As if the house knew the answer.' -Seré Prince Halverson

SEPTEMBER 8, 2024



'How do you know, when you think blue — when you say blue — that you are talking about the same blue as anyone else?' -Christopher Moore

SEPTEMBER 9, 2024



'Architecture should speak of its time and place, but yearn for timelessness.' -Frank Gehry

SEPTEMBER 10, 2024



'Why would you be given wings if you weren't meant to fly?' -Leslye Walton

SEPTEMBER 11, 2024





'Work is the curse of the drinking classes.' -Oscar Wilde

SEPTEMBER 12, 2024

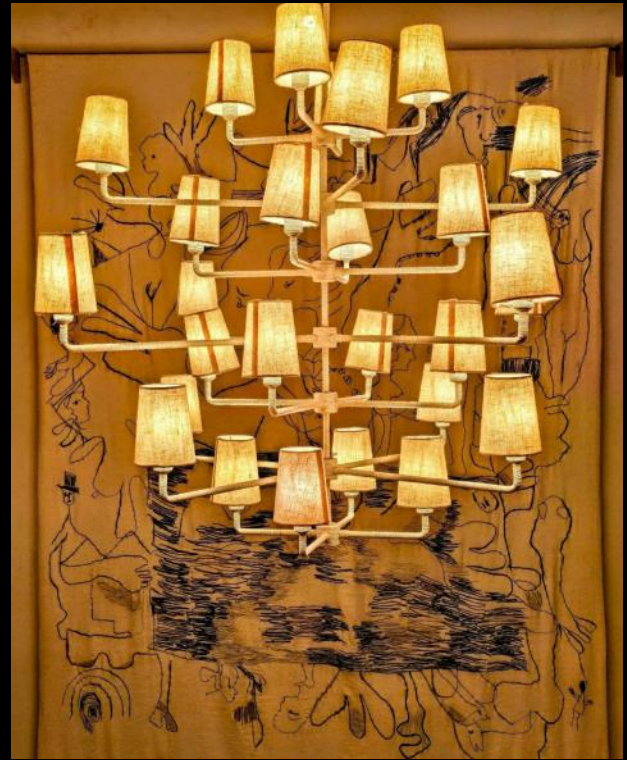
'There are only patterns, patterns on top of patterns, patterns that affect other patterns. Patterns hidden by patterns. Patterns within patterns. If you watch close, history does nothing but repeat itself. What we call chaos is just patterns we haven't recognized.' -Chuck Palahniuk

SEPTEMBER 13, 2024



'Any fact becomes important when it's connected to another.' -Umberto Eco

SEPTEMBER 13, 2024



'We humans are the victims of an asymmetry in the perception of random events. We attribute our successes to our skills, and our failures to external events outside our control, namely to randomness. We feel responsible for the good stuff, but not for the bad.'

-Nassim Nicholas Taleb

SEPTEMBER 15, 2024





'Before you know it you have a bright future behind you' -  
Rishi Sunak

SEPTEMBER 16, 2024



'And will I tell you that these three lived happily ever after?  
I will not, for no one ever does. But there was happiness.  
And they did live.' -Stephen King

SEPTEMBER 20, 2024



'A glass needs to be broken to become dangerous' -  
Anonymous

SEPTEMBER 21, 2024



'Somewhere over the rainbow Way up high There's a land  
that I heard of Once in a lullaby' -Judy Garland

SEPTEMBER 26, 2024





..she passed a bar and was so grateful for the strength of mind that prevented her walking in and ordering a drink that she stopped at the next one to celebrate.' -Mick Herron

SEPTEMBER 28, 2024



'The people in your life are like the pillars on your porch. Sometimes they hold you up, and sometimes they lean on you. Sometimes it's enough to know they are standing by.'

-Merle Shain

SEPTEMBER 28, 2024



'As we live a life of ease (a life of ease) Every one of us  
(every one of us) Has all we need (has all we need) Sky  
of blue (sky of blue) And sea of green (sea of green) In  
our yellow (in our yellow) Submarine (submarine, aha)'  
- John Lennon/Paul McCartney

SEPTEMBER 29, 2024



'We travel, some of us forever, to seek other states,  
other lives, other souls.' - anaïs nin

SEPTEMBER 30, 2024





'Universities are truly storehouses for knowledge: students arrive from school confident they know nearly everything, and they leave five years later certain that they know practically nothing. Where did the knowledge go in the meantime? In the university, of course, where it is dried and stored.' -Terry Pratchett

OCTOBER 1, 2024



'Goat shit small, but goat shit plenty.' -Roy A.K. Heath

OCTOBER 2, 2024



'An excellent plumber is infinitely more admirable than an incompetent philosopher. The society which scorns excellence in plumbing because plumbing is a humble activity, and tolerates shoddiness in philosophy because it is an exalted activity, will have neither good plumbing nor good philosophy. Neither its pipes nor its theories will hold water.' -John W. Gardner

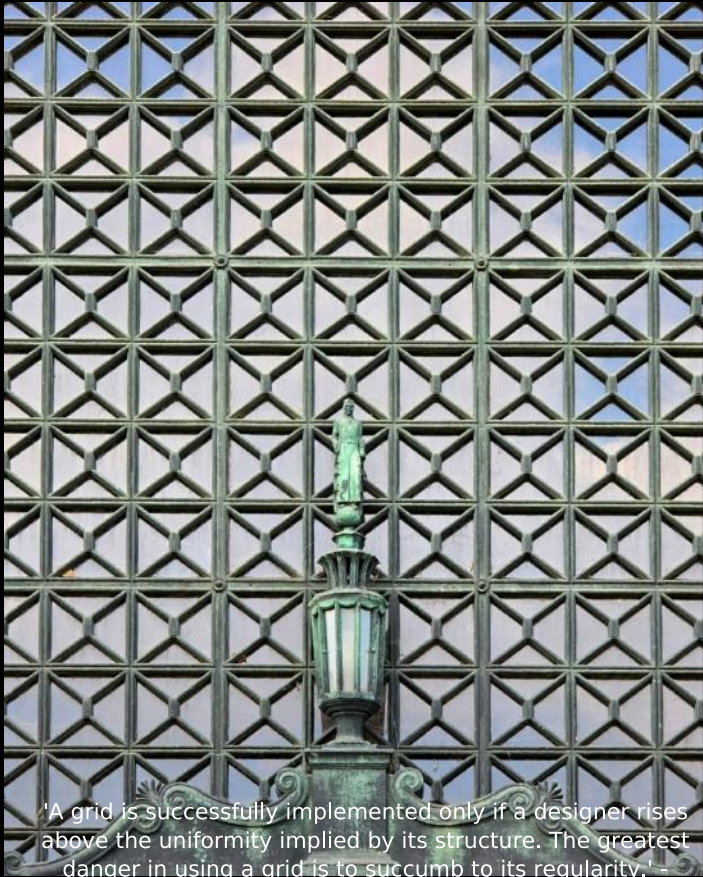
OCTOBER 3, 2024



'Everyone of us is shadowed by an illusory person: a false self..We are not very good at recognizing illusions, least of all the ones we cherish about ourselves' - Thomas Merton

OCTOBER 4, 2024





'A grid is successfully implemented only if a designer rises above the uniformity implied by its structure. The greatest danger in using a grid is to succumb to its regularity.'

Timothy Samara

OCTOBER 5, 2024



'There is beauty in finding the silver lining, even through the darkness. It is there if you search for it.'

-Tracey Ehman

OCTOBER 6, 2024



'Is the deer crossing the road, or is the road crossing the forest?' -Freequill

OCTOBER 7, 2024



'Concealed within his fortress, the lord of Mordor sees all. His gaze pierces cloud, shadow, earth, and flesh. You know of what I speak, Gandalf: a great Eye, lidless, wreathed in flame.' - J.R.R Tolkien

OCTOBER 8, 2024





'When nations grow old the Arts grow cold  
And commerce settles on every tree.' -William Blake

OCTOBER 9, 2024



'Some things in life are like ice cream: They're only good  
for a while and then they melt. The trick is enjoying it and  
making the most of it while it's still ice cream.' -Anonymous

OCTOBER 10, 2024



'Shine your light at all times; you never know who you are leading out of the dark.' -Matshona Dhliwayo

OCTOBER 11, 2024



'Morning found us calmly unaware  
Noon burn gold into our hair  
At night, we swim the laughin' sea  
When summer's gone  
Where will we be?  
Summer's almost gone  
Summer's almost gone  
We had some good times  
But they're gone  
The winter's comin' on  
Summer's almost gone' -The Doors

OCTOBER 12, 2024





'His boots were immaculate. His valet had polished them to such a fearsome brilliance, the dust of London's streets could only stagger away, blinded.' -Loretta Chas

OCTOBER 13, 2024



'You don't need a weatherman to know which way the wind blows.' -Bob Dylan

OCTOBER 15, 2024



'Vegetables don't set out to be food. They just are.' -  
Anthony T. Hincks

OCTOBER 17, 2024



'I wear a necklace, cause I wanna know when I'm upside  
down.' -Mitch Hedberg

OCTOBER 18, 2024





'There's no peace like the peace of an inner courtyard on a sunny day.' -Yann Martel

OCTOBER 19, 2024



'Refraction, he called it. The way light is broken up into component colors when it passes through a prism. I felt like a refraction of a person. So many different shades that layer to create the illusion of a solid thing.' -Graham Moore

OCTOBER 20, 2024



'What a feeling to fly Over mountains and forests and seas  
And to go anywhere that I please' -ABBA

OCTOBER 21, 2024



'Be a rainbow in somebody else's cloud' -Maya Angelou

OCTOBER 21, 2024





'Mumbai is different! It's busy, it's dusty, it's posh, it's different from everything I've ever known. You can barely see the sky, hidden behind the tall buildings, the moon seems so detached, the trees look indifferent and distant.' -Debalina Halder

OCTOBER 22, 2024



'Men build too many walls and not enough bridges' - Joseph Fort Newton

OCTOBER 23, 2024



'A way up is a way down.' -FX Holden

OCTOBER 23, 2024



'The more complicated the better, presumably: the more complications, the more genius must've gone into making it.' -KJ Parker

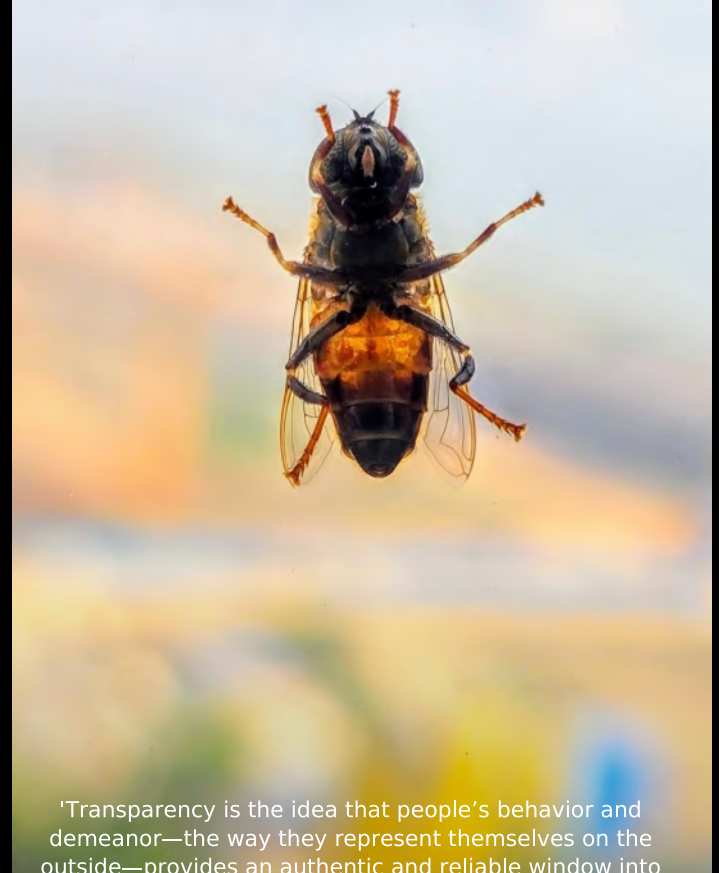
OCTOBER 24, 2024





'I'm starting with the man in the mirror, I'm asking him to change his ways; And no message could have been any clearer, If you wanna make the world a better place, Take a look at yourself, and then make a change!' -Michael Jackson

OCTOBER 25, 2024



'Transparency is the idea that people's behavior and demeanor—the way they represent themselves on the outside—provides an authentic and reliable window into the way they feel on the inside.' -Malcolm Gladwell

OCTOBER 27, 2024



'The river is everywhere.' -Herman Hesse

OCTOBER 28, 2024



'Vision is the art of seeing things invisible.' —Jonathan Swift

OCTOBER 29, 2024





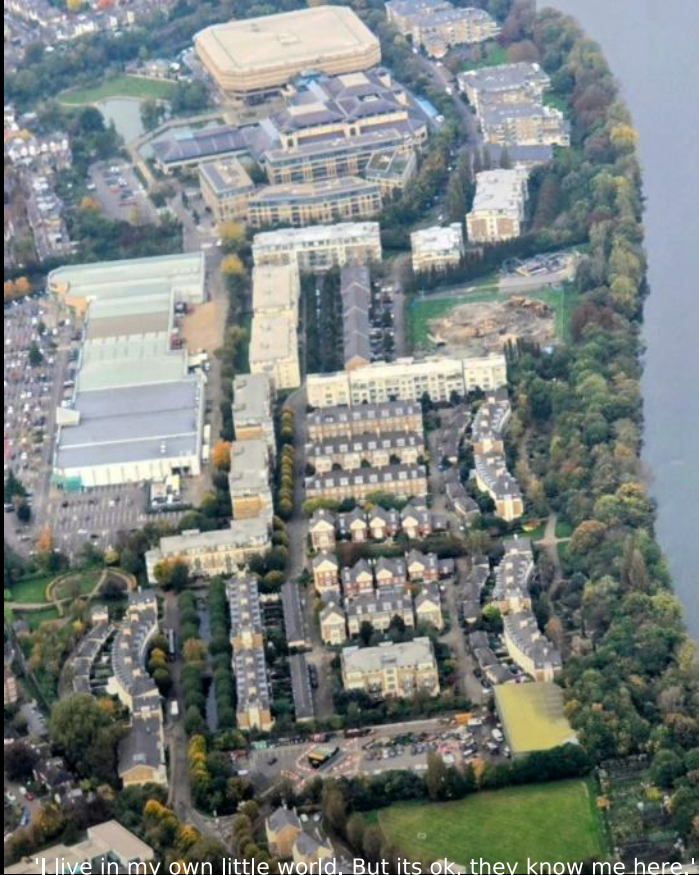
'Arriving at each new city, the traveler finds again a past of his that he did not know he had: the foreignness of what you no longer are or no longer possess lies in wait for you in foreign, unpossessed places.' -Italo Calvino

OCTOBER 30, 2024



'The higher we soar the smaller we appear to those who cannot fly.' -Friedrich Nietzsche

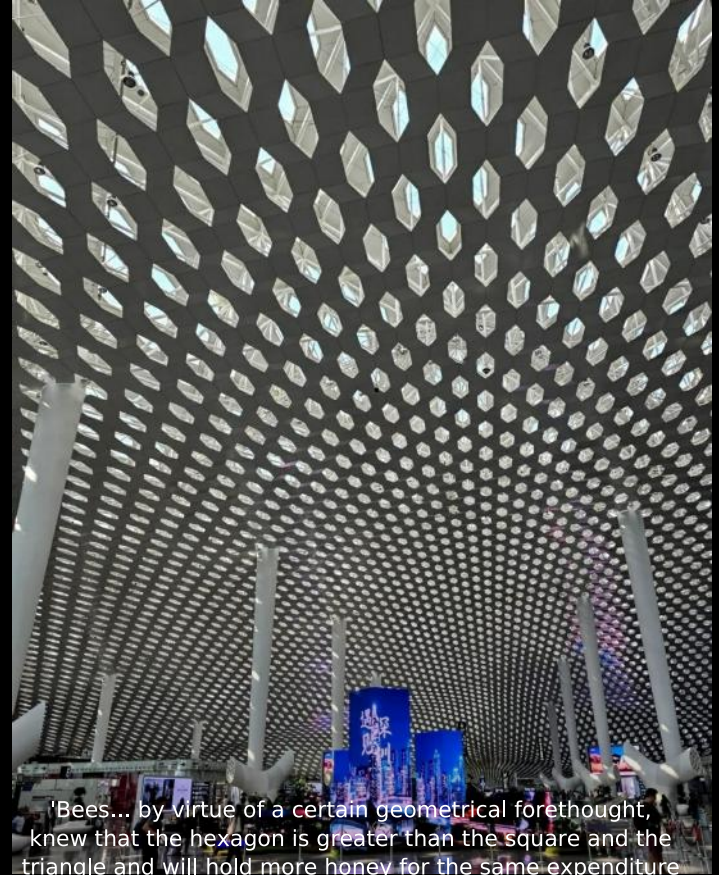
OCTOBER 30, 2024



'I live in my own little world. But its ok, they know me here.'

-Lauren Myracle

OCTOBER 31, 2024



'Bees... by virtue of a certain geometrical forethought, knew that the hexagon is greater than the square and the triangle and will hold more honey for the same expenditure of material.'

-Pappus  
NOVEMBER 6, 2024





'Call it "Sinophrenia": the simultaneous belief that China is about to collapse and about to take over the world.' - Thomas Orlik

**NOVEMBER 8, 2024**



'Towers are measured by their shadows, and men of merit by those who are envious of them.' -Chinese Proverb

**NOVEMBER 10, 2024**



'One's destination is never a place, but a new way of seeing things.' -Henry Miller

NOVEMBER 11, 2024



'I see the lights every night. It seems like the whole world has figured out how to be happy, but no one's letting me in on the secret.' -Leah Raeder

NOVEMBER 12, 2024





'There are two ways of waking up in the morning. One is to say, 'Good morning, God,' and the other is to say, 'Good God, morning!' — Archbishop Fulton

NOVEMBER 13, 2024



'Life's a voyage that's homeward bound.' -Herman Melville

NOVEMBER 15, 2024



'In every change, in every falling leaf there is some pain, some beauty. And that's the way new leaves grow.' -Amit Ray

**NOVEMBER 15, 2024**



'A mirror does not exist by itself. A mirror is a half. Half is done by the piece. The other half has to be done by the beholder. You need to be the half to see what you're looking for, so the mirror can exist. As you should do with other persons.' -Cristiane Serruya

**NOVEMBER 16, 2024**





'To see a World in a grain of sand, And a Heaven in a wild flower, Hold Infinity in the palm of your hand, And Eternity in an hour.' -William Blake,

**NOVEMBER 17, 2024**



'Our elders say that an elephant does not find its own trunk heavy.' -Zakes Mda

**NOVEMBER 18, 2024**



'Opportunity is a function of density. Get to a place that's crowded with success. Big cities are Wimbledon—even if you aren't Rafael Nadal, your game will improve by being on the court with him. And you'll either get in better shape or learn you shouldn't be at Wimbledon.' - Scott Galloway

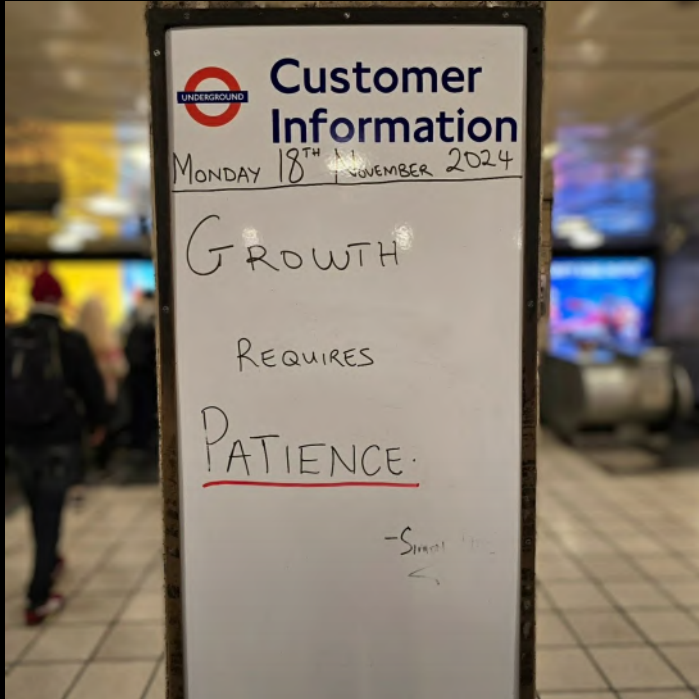
NOVEMBER 19, 2024



'When God created the seahorse," says one marine biologist, "he may have had one too many.' -Till Hein

NOVEMBER 22, 2024





'Rivers know this: there is no hurry. We shall get there some day.' — A.A. Milne, Winnie-the-Pooh

NOVEMBER 23, 2024



'A reader lives a thousand lives before he dies, said Jojen.  
The man who never reads lives only one.' -George R.R.  
Martin

NOVEMBER 24, 2024



'We are not going in circles, we are going upwards. The path is a spiral; we have already climbed many steps.' - Hermann Hesse

NOVEMBER 26, 2024



'If you're gonna be two-faced at least make one of them pretty.' -Marilyn Monroe

NOVEMBER 28, 2024





'Be a pineapple: Stand tall, wear a crown, and be sweet on the inside.' -Katherine Gaskin

NOVEMBER 28, 2024

'There's a certain time of day after sunset when people naturally seem to feel the urge to gather by a fire or a stove or a hibachi or another common source of heat and food, and hunker down together to eat and drink. Call it the blue hour.' -Kate Christensen

NOVEMBER 29, 2024



'I know there is no straight road  
No straight road in this world  
Only a giant labyrinth  
Of intersecting crossroads' -  
Federico García Lorca

NOVEMBER 30, 2024



'Don't mistake activity for achievement.' -John Wooden

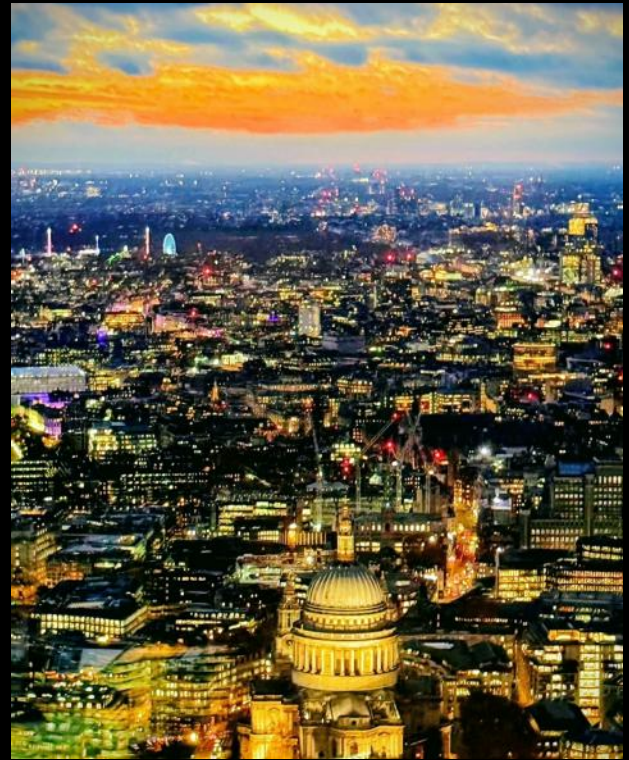
NOVEMBER 30, 2024





'Imagine standing by a window at night, on the sixth or seventeenth or forty-third floor of a building. The city reveals itself as a set of cells, a hundred thousand windows, some darkened and some flooded with green or white or golden light. Inside, strangers swim to and fro, attending to the business of their private hours. You can see them, but you can't reach them.' - Olivia Laing

DECEMBER 1, 2024



'But at sunset, the light travels through the atmosphere longer before it reaches us, so that much of the blue and purple has been scattered away, leaving the sky to our eyes rich in reds and pinks and oranges. As the artist Tacita Dean put it, 'Color is a fiction of light.'  
— John Green

DECEMBER 1, 2024



'You may think yellow is a color, but it isn't. It's a psychological state. It is what human beings with working visual apparatus experience when their eyes are struck by light with a wavelength of 580 nanometers.' -Daniel Gilbert

DECEMBER 2, 2024



'Listen, O drop, give yourself up without regret, and in exchange gain the Ocean' -Rumi

DECEMBER 3, 2024





'But the man who is not puffed up in good times does not collapse either when they change.' -Seneca,

DECEMBER 3, 2024



'Sometimes life is like this dark tunnel. You can't always see the light at the end of the tunnel, but if you just keep moving... you will come to a better place.' -Uncle Iroh

DECEMBER 4, 2024



'Ring the bells that still can ring  
Forget your perfect offering  
There is a crack in everything  
That's how the light gets in.' — Leonard Cohen

**DECEMBER 5, 2024**



'When we contemplate the whole globe as one great  
dewdrop, striped and dotted with continents and  
islands, flying through space with other stars all singing  
and shining together as one, the whole universe  
appears as an infinite storm of beauty.' -John Muir

**DECEMBER 6, 2024**





'There is a hope that a dog injects into every walk, more than a hope - an expectation, really - that this is going to be something wonderful. You'll see, says the dog, something great is going to happen - just you wait.' -John Zeaman

**DECEMBER 7, 2024**



'Time is a fleeting thing, a precious gift of life's days, It comes and goes, a bird with swift wings. How I wish I could have more time, but time is fleeting, like a passing breeze, it moves fast and cannot be grasped, it's there one day, gone the next. Of this precious gift I give you mine because you are worth every second spent.' -Rolf van der Wind

**DECEMBER 8, 2024**



'Morpheus: The Matrix is everywhere. All around us. Even now, in this very room. You see it when you look out your window or when you turn on your TV. You can feel it when you go to work... when you pay your taxes. It is the world that has been pulled over your eyes to blind you from the truth. Neo: What truth? Morpheus: That you are a slave, Neo. Like everyone else you were born into bondage. Into a prison that you cannot taste or see or touch. A prison for your mind' - L Wachowski

DECEMBER 9, 2024



'All mythologies become outdated as the concept of goodness keeps evolving. Every 'good' of a particular time becomes 'evil' as time changes.' -Awdhesh Singh

DECEMBER 10, 2024





'Old and new make the warp and woof of every moment.  
There is no thread that is not a twist of these two strands.' -  
Emerson

DECEMBER 11, 2024



'What a frightening thing is the human, a mass of gauges  
and dials and registers, and we can only read a few and  
those perhaps not accurately.' -John Steinbeck

DECEMBER 13, 2024



'It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt.' -Mark Twain

DECEMBER 14, 2024



'She never told anyone that London was exciting. She never told them that she liked the crowds, the way they surged around and made so many things seem possible. Even if nothing ever actually happened, it never stopped feeling likely, inevitable, that your life was about to change, if you turned a street corner, struck up a conversation, got off the Tube a few stops early to see what the buildings looked like in Willesden Green or Clapham Common.' -Oisín McKenna

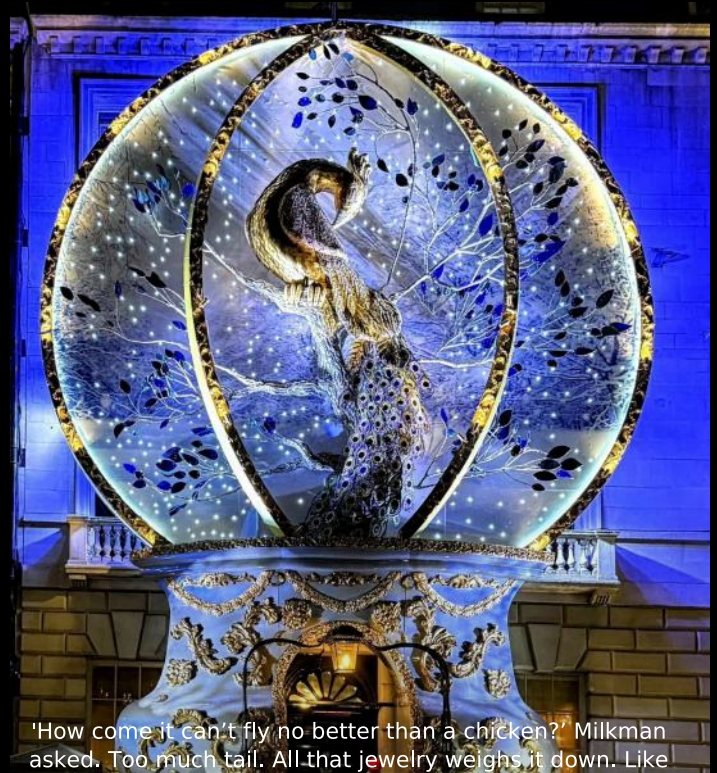
DECEMBER 15, 2024





'The bright star holds, even as the darkness rises.' -C.S.  
Pacat

DECEMBER 16, 2024



'How come it can't fly no better than a chicken?' Milkman asked. Too much tail. All that jewelry weighs it down. Like vanity. Can't nobody fly with all that [stuff]. Wanna fly, you got to give up the [stuff] that weighs you down.' -Toni Morrison

DECEMBER 17, 2024



'Religion is like a pair of shoes.....Find one that fits for you, but don't make me wear your shoes.' — George Carlin

**DECEMBER 18, 2024**

'Water is fluid, soft, and yielding. But water will wear away rock, which is rigid and cannot yield. As a rule, whatever is fluid, soft, and yielding will overcome whatever is rigid and hard. This is another paradox: what is soft is strong.' -Lao Tzu

**DECEMBER 19, 2024**





'Happiness is a hound dog in the sun. We aren't on Earth to be happy, but to experience incredible things.'

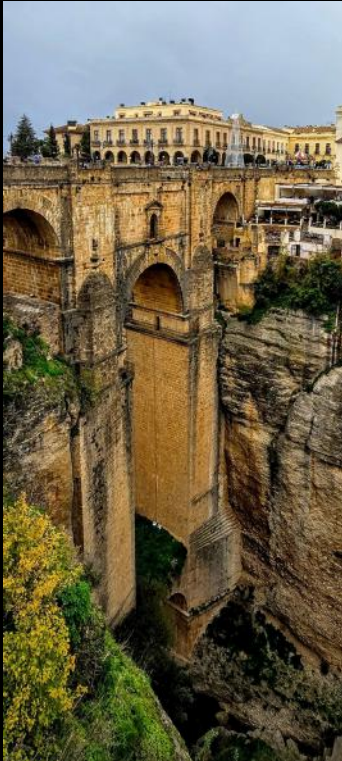
-Hannah Schneider

**DECEMBER 19, 2024**

'Perhaps there never was a monument more characteristic of an age and people than the Alhambra; a rugged fortress without, a voluptuous palace within; war frowning from its battlements; poetry breathing throughout the fairy architecture of its halls.'

- Washington Irving

**DECEMBER 21, 2024**



"Have you always been this tall?' I blurt the first thing that comes to mind. 'No, I was a child at some point.'" -Rebecca Yarros

DECEMBER 21, 2024



'Are you a lucky little lady in the City of Light? Or just another lost angel...'-Jim Morrison

DECEMBER 22, 2024





'In a white room with black curtains in the station Black roof country, no gold pavements, tired starlings Silver horses ran down moonbeams in your dark eyes Dawn light smiles on you leaving, my contentment.' -Cream

DECEMBER 23, 2024



'Life is not a series of gig lamps symmetrically arranged; life is a luminous halo, a semi-transparent envelope surrounding us from the beginning of consciousness to the end.' -Virginia Woolf

DECEMBER 23, 2024



'Even a rock moves on.' -Anthony Liccione

DECEMBER 24, 2024



'Rocks in my path? I keep them all. With them I shall build my castle.' -Nemo Nox

DECEMBER 24, 2024



