

# GUIDE TO TULUM

**VALLEHERMOSA**

MOBILE INTRAVENOUS VITAMIN INFUSIONS

# F O O D

Hartwood (\$\$\$\$)

Arca (\$\$\$\$)

Casa Banana (\$\$\$\$)

Panza

Asian Bodega (Asian Fusion)

Akuma Tiger (Sushi)

Tierra (Veg)

Jungle Jax (French)

Pasha (Mediterranean)



Canova (Italian)

Burrito Amor

Manglar (Pizza)

Sukhothai (Thai)

Souvlaki Deli (Greek)

Indian Express Curry House

Otti Cacao

Rossina Cafe

Nimeno Bakery

Italdo Bakery

Alfonsina Cafe

Taqueria El Sabor De Las

Cazuelas

Taqueria Honorio



# TO DO

## Beach:

Ikcal (Beach Club)

Delek

Gitano Beach

Amansala

## Cenotes:

Vesica (Cenote Club)

Atik

Encantada

Calavera

## Wellness:

Holistika

OM Collective

Studio Sol

Aflora

Yään Healing Spa

## Clubs:

Papaya Playa Project

Vagalume

Bonbonniere

Santinos

Macarena



# T I P S

## Best Markets:

Chedraui Supermarket

Co.ConAmor Market

Gypsy Market

## Best Gyms:

Tulum Jungle Gym

Tuk Fit

Smart Fit

## Best Pharmacy:

Farmacias Del AHORRO

## Lab Testing:

Delta Lab (Mention IV Alchemy)

## Other Tips:

Use the app Tomato.Mx for food deliveries

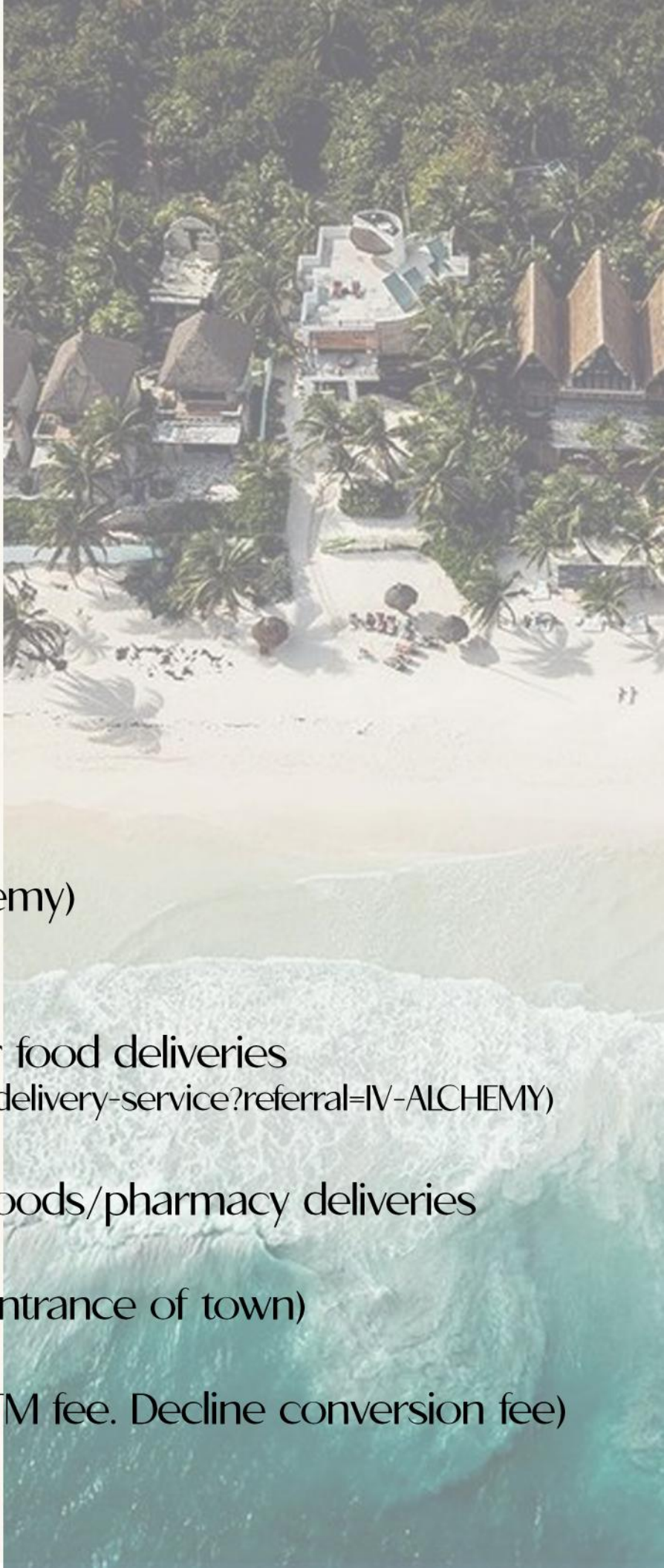
Referral Link (<https://tomato.mx/delivery-service?referral=IV-ALCHEMY>)

Rappi App for groceries/goods/pharmacy deliveries

Full Gas (Best gas station. Entrance of town)

Santander Bank (Accept ATM fee. Decline conversion fee)

Don't carry cash!



# IVALCHEMY

MOBILE INTRAVENOUS VITAMIN INFUSIONS

We are Tulum's premier mobile IV infusion service, bringing top-tier wellness right to your doorstep.

Your infusion is administered by the only U.S. licensed, American nurses in Tulum, ensuring the highest standard of care.



Try our infusions for all your needs, including:

- ◆ food poisoning
- ◆ hangover
- ◆ dehydration
- ◆ jet lag
- ◆ wellness
- ◆ dengue
- ◆ cold/flu
- ◆ fatigue
- ◆ headaches
- ◆ libido booster
- ◆ detox
- ◆ antioxidants

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