



Muskie Community Center

DINING MENU

February 2025

Lunch is offered to the public 11 a.m. to 12:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
			All lunches are served with 1% milk, water, and fruit salad. Community Fundraising make the following available: Coffee, Tea and Desserts.	Breakfast Buffet Served every Friday From: 8 - 9:30 a.m. Cost: \$7 per person
3	4	5	6	7
Beef Patty & Gravy Mashed Potato Corn or Salad Bar Dinner Roll	Chicken Parmesan Penne Pasta Spinach or Salad Bar Dinner Roll	Beef Stew Roasted Carrots & Parsnips or Salad Bar Dinner Roll	Sliced Turkey Mashed Potato Peas & Carrots or Salad Bar Dinner Roll	Breakfast Buffet Seafood Newburg Egg Noodles Mixed Vegetables or Salad Bar Dinner Roll
10	11	12	13	14
Chicken Cacciatore Rice Peas or Salad Bar Dinner Roll	Baked Ham Sweet Potato Broccoli or Salad Bar Dinner Roll	Baked Chicken Parsley Potato Zucchini & Tomato Salad Bar Dinner Roll	Beef Pot Roast Mashed Potato Green Beans or Salad Bar Dinner Roll	Breakfast Buffet Baked Stuffed Haddock Rice Pilaf Carrots or Salad Bar Dinner Roll
17	18	19	20	21
Closed President's Day	Chicken Cordon Bleu Au Gratin Potato Green Beans or Salad Bar Dinner Roll	Meatloaf Mashed Potato Peas or Salad Bar Dinner Roll	Turkey with all the Fixings Mashed Potatoes Butternut Squash or Salad Bar Dinner Roll <i>Suggested Donation of \$8.00</i>	Breakfast Buffet Salmon Pie Rice Pilaf Beets or Salad Bar Dinner Roll
24	25	26	27	28
Cheeseburger Mac Broccoli or Salad Bar Dinner Roll	Chicken Teriyaki Jasmine Rice Carrots or Salad Bar Dinner Roll	Lasagna Zucchini or Salad Bar Dinner Roll	Beef Stroganoff Egg Noodles Beets or Salad Bar Dinner Roll	Breakfast Buffet Lemon Butter Haddock Baked Potato Cole Slaw or Salad Bar Dinner Rolls

Congregate Dining – congregate diners age 60 or older are not required to pay, contributions are by donation, are voluntary and can be confidential; congregate diners under 60, a fee of \$7.50 is required (unless noted otherwise).

We are an equal opportunity provider.



Muskie Community Center

ACTIVITIES

February 2025

★ Special event/by appointment only

	TIME	ACTIVITY	COST
Mondays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	12:30 - 2:30 p.m.	★ Mahjong ~ <i>Beginners are welcome!</i>	\$2 per person
Tuesdays	By Appointment	★ Notary Services	Donations Accepted
	8 a.m. - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception - Veterans Play Free</i>	\$5 per hour
	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	9 - 11 a.m.	Quilts & Crafts	\$2 per person
	Noon - 2:30 p.m.	Hand & Foot ~ <i>Canasta ~ Rummy Type Card Game</i>	\$2 per person
	12:30 - 1:30 p.m.	★ Wtlv Historical Society Presents Edmund Muskie	Donations Accepted
	1-2:30 p.m.	Muskie Music Makers	\$1 per person
Wednesdays	8 a.m. - 3:30 p.m.	MOTIVATE at Home Oral Health Education	Free
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	9:30 - 10:30 a.m.	French Social Hour ~ <i>Converse with others in French!</i>	\$2 per person
	10 a.m. - 1 p.m.	★ Computer/Phone Classes	\$7 per class
	Noon - 2:30 p.m.	Cribbage	\$2 per person
	2 - 3:30 p.m.	Waterville Chess Club ~ <i>Beginners are welcome!</i>	\$2 per person
	Feb 19 , 1 - 2:30p.m	★ Family Caregiver Support Group	Free
Thursdays	Feb 6 , 8 a.m. - 2 p.m.	Veterans Assistance -Veterans' Service Officers	Free
	9 - 10 a.m.	Line Dancing Class	\$2 per person
	1 - 3 p.m.	Scrabble ~ <i>If interested sign up at Reception</i>	\$2 per person
	Feb 13 , 10 - 11 a.m.	★ Nale Law Presentation - Elder Abuse Prevention Efforts	Free
	Feb 20 , 9 a.m. - 1 p.m.	Power Hour with CMP Representatives	Free
	Feb 20 , 10 a.m. - Noon	★ One-on-One Tech Help with NDEC	Donations Accepted
	Feb 27 10 - 11 a.m.	★ Happy Hearts, Happy Lives! Presentation	Donations Accepted
Fridays	8 a.m. - 3:30 p.m.	★ MOTIVATE at Home Oral Health Education	Free
	8:30 - 3 p.m.	★ Pool Table ~ <i>Sign up at Reception Veterans Play Free</i>	\$5 per hour
	9 - 10 a.m.	Richard Simmons Workout	\$2 per person
	1 - 3 p.m.	"63" Card Game ~ <i>Beginners are welcome!</i>	\$2 per person
	Feb 28 , 1 - 2:30 p.m.	★ Medicare 101 Clinic at Muskie	Donations Accepted

Inclement Weather Cancellations

In the event of bad weather, please call 873-4745 or (800) 639-1553 for a recorded message announcing any agency closings before heading to the Muskie Community Center. Spectrum Generations will announce any delays or closings on our Facebook page as well as: **TV Channels 2, 5, 6, 8, or 13** and on

FM Radio Stations 92.3, 93.5, 96.7, 97.1, 97.5, 98.5, 101.3, 102.5, 103.3, 104.3, 105.1, 107.9, and AM Radio Station 1160