

NEWSLETTER



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DERBYSHIRE



As a not-for-profit organisation, the team at **The Hub Plus** put **YOU** first. We care about people and want to help **YOU and YOUR team** to achieve the most with your wellbeing, aspirations, career goals, and empower personal growth.

[Explore The Hub Plus website](#)

The Hub Plus – Supporting our General Practice family on their Primary Care journey.

People Promise



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DERBYSHIRE

Christmas Operation Schedule

Our team will be available to assist you until 16:00 on
Tuesday, 23rd December 2025

Christmas Closure:

The office will be closed from Wednesday, 24th
December 2025

Reopening in the New Year:

We will return refreshed and ready to assist you on
Monday, 5th January 2026

THE DIVERSITY CONFERENCE 2026

Funding Available for RCGP Event – Derbyshire Colleagues

We're delighted to offer funded places for Derbyshire staff to attend the upcoming RCGP event.

The funding covers the **£50 non-member fee (RCGP members can attend for free)**.

How it works:

- Book your place directly with **RCGP**
- Complete our internal attendance **form here**
- Attend the event
- After the event submit an invoice along with proof of attendance to claim the funding

We have limited places available. Book ASAP to secure your place.

For any questions, please contact
ola.sobolewska@nhs.net

CLINICAL FELLOWSHIP PROGRAMME 2025-27



Over a number of years, our fellows have delivered important projects around lifestyle medicine, suicide prevention, cancer, health inequalities, leadership, research and many more.

We are now inviting expressions of interest for a new cohort of Clinical Fellows to support transformational workstreams across general practice in Derbyshire. This programme is designed to foster compassionate, inclusive, and values-based leadership, while delivering meaningful projects that improve patient care, community engagement, and system efficiency.

All fellows will be supported by The Hub Plus through leadership development, mentorship, and peer learning. Each fellowship will run for 12+ months, with fellows working 1-2 sessions per week alongside their clinical roles. There may be an opportunity for a 6-month extension subject to project progress, requirements and funding.

WE ARE RECRUITING TO THE FOLLOWING FELLOWSHIP OPPORTUNITIES:

**Creative Health
Fellowship (x1 post)**

**Research
Fellowship (x1 post)**

**Digital Fellowship
(x1 post)**

**General Practice
Nurse Fellowship
(x1 post)**

**Patient-Facing
Education Fellowships
(up to 2 roles)**

**PLEASE CLICK THE TITLE TO
FIND OUT MORE AND APPLY**

Empower Your Practice with LARC Training!

Are you a GP, Practice Nurse, Midwife, or TOP staff? Join our funded Long-Acting Reversible Contraception (LARC) training and help improve access to essential women's health services.

- Free Online Theory Assessment
- Practical Training by Bayer or Organon
- FSRH Membership Included

Funding available until March 2028

Apply now: thehubplus.co.uk/long-acting-reversible-contraception

Social Prescriber Support Programme

This new programme aims to bring the network of Social Prescribers (SPs) across Derbyshire together creating time and space to connect, learn, and celebrate the impact their vital work has on patients and communities.

Across the year SPs will be invited to join a mix of online study sessions, wellbeing and team development events all designed to promote shared learning, peer support, and professional growth. Quarterly newsletters will highlight success stories and insights from across the county, and the year will close with a celebration event recognising achievements and impact.

The programme will also help GPs and practice colleagues understand the role and impact of SPs through opportunities for SPs to showcase their work, demonstrating how they reduce pressure on clinical teams and improve patient health and wellbeing.

Key Dates:

- 20th January 2026 – launch event at RTC Business Park, London Road, DE24 8UP, 10am – 4.30pm
- 12th May 2026 – venue TBC
- 17th November 2026 – venue TBC

Please [click here](#) to register your place on the programme by **16/12/25** and diary invitations will follow.

NEW INFANT FEEDING TRAINING FOR GENERAL PRACTICE STAFF

Did you know we have an all-purpose training package designed to support general practice staff in Derbyshire and Derby City?

Developed in partnership with the Derbyshire Public Health team and Infant Feeding Leads, this training helps staff at all levels better support families with infant feeding and breastfeeding.

- Level 1: Six short videos (under 5 minutes each). A broad overview for all staff:
thehub.continuumlearn.com/learn/course/Infant-feeding-training/preview
- Level 2: Live online session (1–1.5 hours) for clinical staff. Next session is on 03/03/26 at 13:30–14:30. Booking Link:
<https://www.thehubplus.co.uk/course/743>
- Clinical signposting information is also available via The Hub Plus platform for clinical staff on the most common infant feeding related topics organised by presenting issue.

Let's work together to support families on their infant feeding journey

EAST MIDLANDS SPINAL NETWORK PRIMARY CARE CONFERENCE



Friday 30th
January 2026



Pride Park
Stadium

This event aims to bring together colleagues from primary care, community services, and secondary care for a day dedicated to education, professional networking, and inclusive collaboration

[Click here](#) for more information and to buy your tickets

A Big Shout-Out to EVERYONE who has engaged with QUEST/PLT this year!

A huge thank you to everyone who's taken part in QUEST this year. Your enthusiasm and commitment have made it a real success.

Together, we've engaged **1,426 general practice staff members, around 36% of our workforce, just nine months into the year.**

There are no QUEST sessions in December, but don't forget you can continue your e-learning through the LMS. You could also catch up on any missed QUEST sessions, or get ahead by booking onto next year's sessions.

Let's keep the momentum going and make 2026 an even bigger success!

- Wed 7th January, 14:00 – 16:00: **An Introduction to Infection Prevention and Control, All staff**
- Wed 7th January, 14:00 – 16:00: **Managing Dyslipidaemia and Hypertension: A Synergistic Approach to Cardiovascular Disease Prevention, Clinical staff**
- Wed 14th January, 14:00 – 16:00: **An Introduction to Infection Prevention and Control, All staff**
- Wed 14th January, 14:00 – 16:00: **Managing Dyslipidaemia and Hypertension: A Synergistic Approach to Cardiovascular Disease Prevention, Clinical staff**

Look out for next year's timetable — coming soon!



HELP PATIENTS ACCESS FREE NHS WEIGHT MANAGEMENT SUPPORT

The NHS Digital Weight Management Programme (DWMP) is a free 12-week service designed to support adults living with obesity who also have diabetes, hypertension, or both.

Eligibility:

- Age 18+
- BMI > 30 (or > 27.5 for Black, Asian, and minority ethnic groups)
- Have diabetes, hypertension, or both
- Access to a smartphone, tablet, or computer

Referral Process:

You can only make a referral via your EMIS, SystmOne or Medicus e-referral (e-RS) system. You will need the referral templates, which are available to download from the [NHS Digital Weight Management Programme GP Template Site](#) (you'll need your practice ODS code for access). Use SNOMED code: 1402911000000108.

Practices receive £11.50 per referral up to their allocation, supporting the delivery of this important service.

By helping patients access DWMP, practices play a vital role in improving health outcomes and reducing risks associated with long-term conditions. Uptake in Derby and Derbyshire is currently among the lowest in the Midlands – your support can make a real difference.

[Find out more and access resources on the NHSE website.](#)

Thank you for helping patients access this important service.

NURSING

Save The Date

The next Lead GPN Forum:

Tuesday 27th January
2026

13:30- 15:00

[Click here to sign-up](#)

CPD

If you haven't already
please use your CPD
entitlement for 25/26.

If you need any advice or
have any queries please
get in touch.

HCSW AND NA WORKSHOPS

Now available on the The Hub
Plus [Learning Portal](#).

Please book on or get in
touch for a workshop
calendar.

Lead GPN dates for 2026:

27th
Jan

24th
Feb

31st
Mar

28th
Apr

26th
May

30th
Jun

28th
Jul

25th
Aug

29th
Sept

27th
Oct

24th
Nov

Contact Info

If you have any questions or need
support please contact The Hub
Plus Lead GPN, Charlotte Darby -
Charlotte.darby6@nhs.net.

SUPPORTING NEWLY QUALIFIED NURSES INTO GENERAL PRACTICE: EMPLOYER INTEREST SURVEY

This survey aims to gather insights from General Practice Employers regarding the potential employment of newly qualified nurses, supported by a potential training programme delivered by the University of Derby for funded spots for newly qualified nurses employed by a GP surgery.

Your feedback will help us understand workforce needs, identify opportunities for developing future General Practice Nurses (GPN's), and ensure the programme is designed to meet the needs of practices and patients.

[Click here](#) to take part now

L7 ADVANCED CLINICAL PRACTITIONER FUNDING CONFIRMED!

The mitigation funding supports employers with the costs associated with L7 apprenticeship education, previously covered by the apprenticeship levy. Get in touch today to find out more!

NOW ENROLLING: JANUARY 2026 MIDLANDS-WIDE GENERAL PRACTICE ASSISTANT (GPA) PROGRAMME

The GPA role continues to deliver real impact across primary care, improving patient flow, easing clinical workload, and enhancing access for patients.

What this cohort includes:

- Fully funded GPA training
- Competency-based learning pathway
- Structured supervision & Community of Practice
- Practical skills development to support GPs, ANPs & nurses
- Coaching from experienced primary care educators
- Proven improvement in capacity, access & workflow

Ideal for:

- Receptionists, Care Navigators, HCAs
- Admin/patient-facing staff ready to progress
- Those aspiring to hybrid or clinical support roles

Please note: this may be the final funded cohort, to find out more & submit an Expression of Interest, please click the link below:

[Midlands GPA Programme – Lincolnshire Training Hub](#)

