



OmTara Spa
spa by
CLARINS

OMTARA FACILITIES

Banjar Tenggayuda, Jalan Taman Sari, Kedewatan, Kecamatan Ubud, Kabupaten Gianyar, Bali 80571, Indonesia

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HAMMAM/STEAM

Known as a Turkish bath, Hammam offers a holistic approach to health and well-being, such as relaxation, improved circulation, and a social experience. Ice Fountain provides a refreshing experience after using steam and sauna or other heated spa facilities. Scoop up handfuls of ice to cool down the body and refresh the senses. Shower Bucket Drench is a traditional method to cool you down after using a sauna or steam room, quickly lowering body temperature and refreshing the skin.



FAR SAUNA

Uses special heaters to release far infrared light waves, which are absorbed directly by the body's tissues, providing gentle, soothing heat. It is good for relaxation, detoxification, muscle recovery, improved circulation, and skin health.

However, it is not recommended for people who are pregnant, have heart disease, or have recently consumed alcohol.



GYM

Our gym, open 24 hours a day, provides a complete selection of high-quality fitness equipment, allowing you to maintain your fitness goals during your stay.





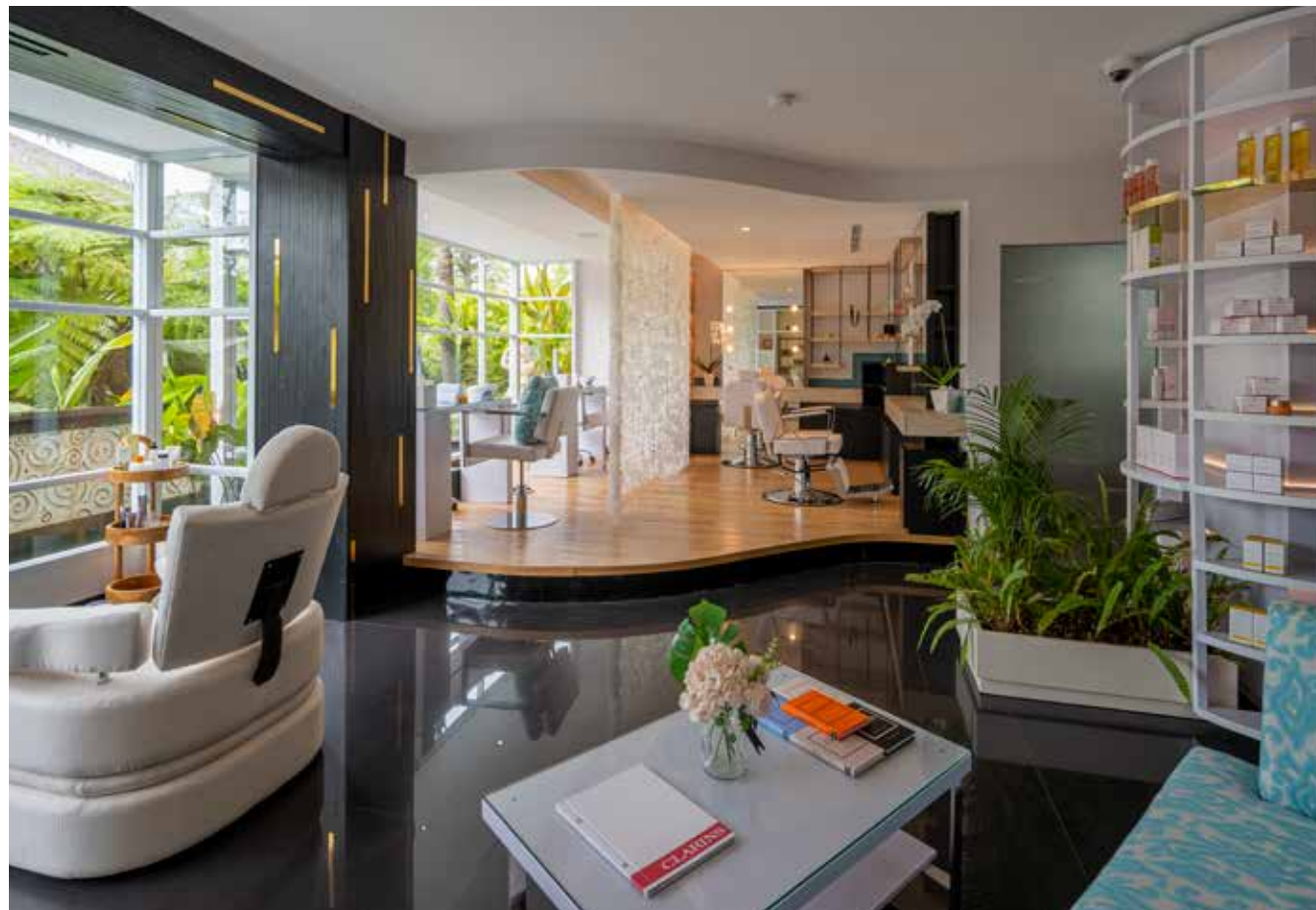
VICHY SHOWER

Unique spa treatment involves lying on a padded table with multiple shower heads positioned overhead. It is combined with a body scrub and body wrap with natural ingredients, which are good for relaxation, exfoliation, and improved circulation.



HYDRO POOL

The hydrotherapy pool is specially designed for therapeutic purposes, including jets and bubbles to provide massage-like effects. Warm Pool helps to relax the muscles, increase blood circulation, and prepare your body for further therapy or exercise. Cold Pool helps to reduce inflammation, improve recovery after intense exercise, and provide a refreshing sensation.



BEAUTY SALON

A large and beautiful beauty salon for spa manicures and pedicures, as well as hair treatments with comfortable chairs. We also offer Balinese-style makeup.



CHANGING ROOM

Comfortable changing rooms separately for males and females, equipped with toilets, showers, and amenities.





YOGA SHALA

Yoga Shala offers a wonderfully diverse and enriching experience for our guests. Our Kappa Instants - complimentary yoga sessions are conducted five times a week and with the addition of Sound Healing led by our resident yoga teacher Made Suwena, our wellness and holistic offerings are expanding beautifully. The Yoga Shala also offers private yoga classes.



LAB REFRESHMENTS

Explore Lab Refreshments, where we highlight the finest natural ingredients in our treatments. Discover the curated selection of botanicals and extracts that embody our dedication to exceptional skincare and holistic wellness.



RELAXATION LOUNGE

Relax in the Lounge, where you can embrace the natural sounds and soothing breezes of the surrounding rice fields after your treatment. Enjoy OmTara Spa by Clarins' signature tea to complete your tranquil experience.



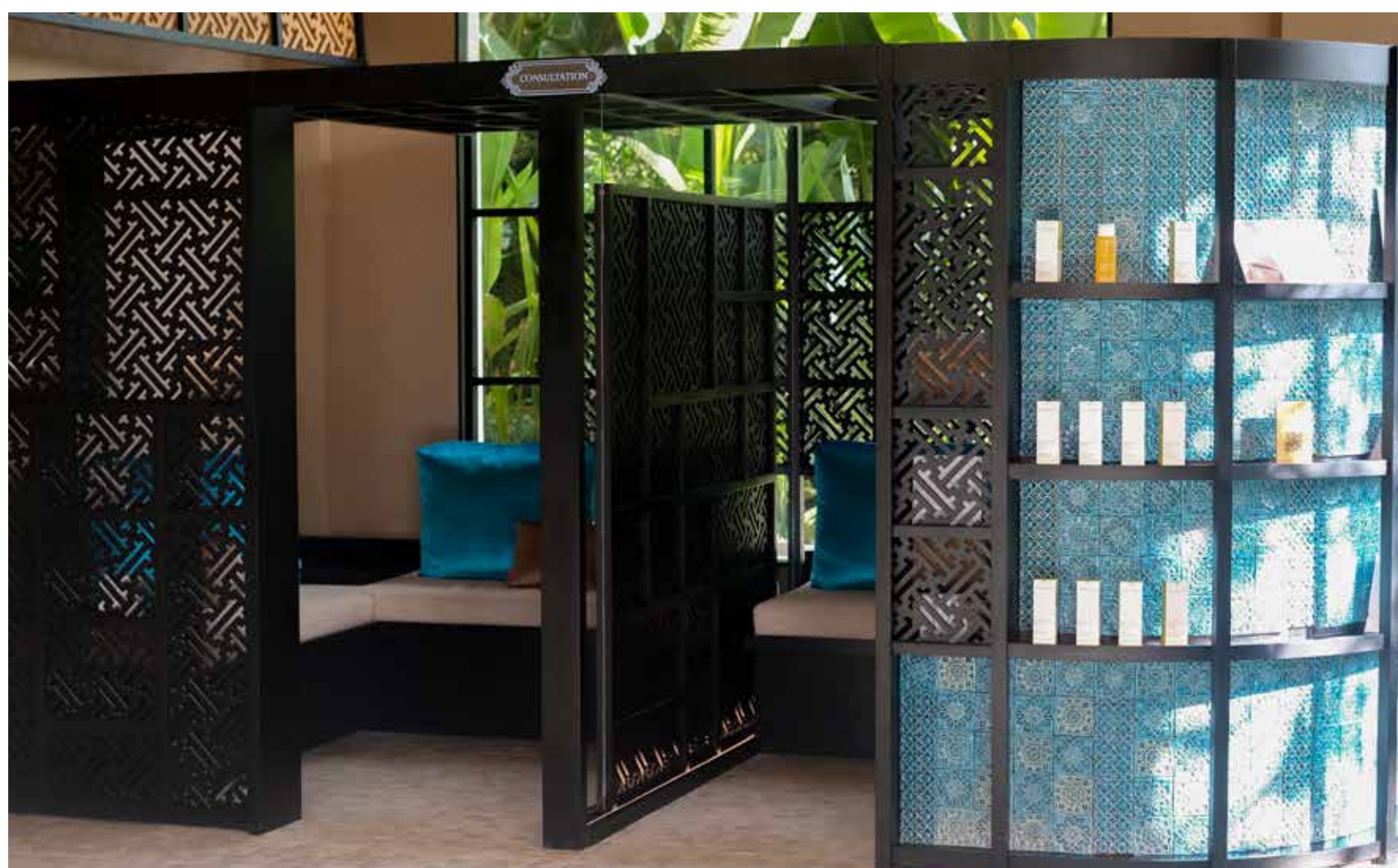
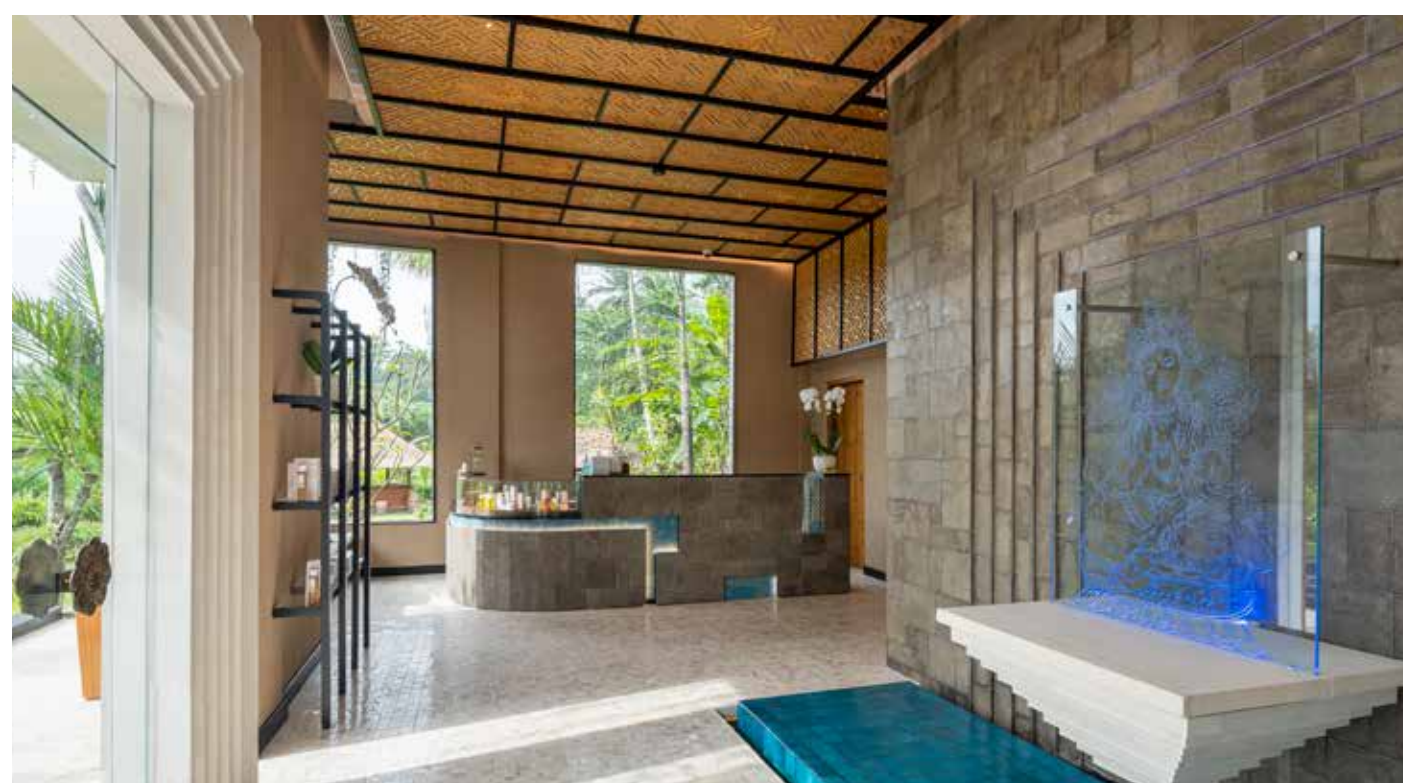
TREATMENT ROOM

Experience unparalleled relaxation in our Treatment Room at OmTara Spa by Clarins. Designed for privacy and comfort, this serene space is where our skilled therapists deliver personalized treatments, ensuring a restorative and luxurious experience tailored to your needs.



RETAIL AREA

Discover the Retail Area at OmTara Spa by Clarins, showcasing an exclusive collection of Clarins' premier skincare and beauty products. Explore our curated selection in a sophisticated setting designed to enhance your beauty routine.



CONSULTATION ROOM

Our consultation room provides a tranquil setting for personalized consultations. Our dedicated team listens to your needs and offers bespoke recommendations, ensuring a tailored and satisfying experience.



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