

# Starting Year 7

2025/26

A USEFUL GUIDE



Cheam High School



# Welcome



“I have made lots of new friends. I sometimes go to the library at lunchtime – they put on different activities and themed competitions.”

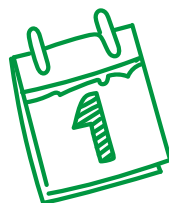
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## Welcome to Cheam High School!

We are so excited to meet you and to support you at the beginning of your journey through Secondary school.

This handbook has been designed and written to help you to learn about our school. There is lots of information about all aspects of school life and what it is like to be part of our school community. We hope you find it useful.



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# The SLT

## Meet Your Senior Leadership Team



Mr Naudi  
**Headteacher**



Mr Oswick  
**Deputy Headteacher**



Mr Vosper  
**Deputy Headteacher**



Miss Connolly  
**Deputy Headteacher**



Mr Newman  
**Deputy Headteacher**



Mr Brewis  
**Assistant Headteacher/  
Director of 6th Form**



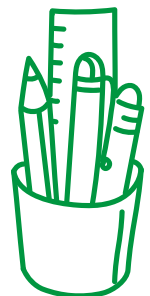
Ms McLeish  
**Assistant Headteacher**



Ms Pelling  
**Assistant Headteacher**

“ I felt a bit anxious about joining a new school, but all the teachers have been really nice and have helped me with this a lot. ”

**OWEN**



## Your Headteacher



**I am delighted to welcome you all to Cheam High School.** I do hope you will find this booklet helpful in your transition from primary school to us.

This will allow you and your child to familiarise yourselves with your new school by giving you the opportunity to learn about some key staff.

We know that some children and their parents/ carers worry about the change from primary to secondary and how they will get on in their new school. Hopefully, this booklet will help calm nerves.

Once students have started here, if there are worries or concerns, then please give the Tutor or Year 7 Team a call or send them an email. We want to work with you to help sort out any issues so that students feel happy and confident at school, ready to take full advantage of the excellent opportunities on offer at Cheam High School.

*Mr Naudi*

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## Your Assistant Headteacher



**Hello Year 6 and all the parents and carers!**

My name is Miss Pelling and I am the Assistant Headteacher attached to Year 7.

I work very closely with the Year Team and your Tutors to make sure that you are safe, happy, making progress and, of course, well behaved.

I would like to stress that we understand the emotions attached to this process and we will be working extremely hard to ensure that the transition is as smooth as possible. We appreciate that starting a new school with new people and new systems can be a challenge however we are here to support and guide you.

Parents and carers, it is imperative that we work together to ensure your child achieves the best they can and is a well rounded, valuable member of the community.

I hope you find this information pack helpful and I look forward to working with you in the future to ensure your child is successful at Cheam High School.

*Ms Pelling*

# The Year 7 Team

## Your Year Leader



**Hi everyone! I hope you are all well and excited about joining us in September.** My name is Mrs Craughwell and I will be your Year Leader for Year 7. This means that I will be here to look after you, to help you with any problems and to make sure that you have everything you need to make a great start to your time at Cheam.

We know that you will have many questions about starting here at Cheam and we know that some of you may be a little bit nervous, but I can promise that you won't be the only person feeling this way. We will do everything we can to answer any questions that you may have before you start and to make sure that you are happy here at Cheam in September.

For now, enjoy the rest of Year 6. Make as many memories with your friends and teachers as you can and get ready to start making new friends and new memories from September!

I am looking forward to meeting you all!

*Mrs Craughwell*

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## Your Year Manager



**Hello and a very warm welcome to Cheam High School.** I am so looking forward to meeting you all! I will be your Year Manager. Along with other members of the Year Team, I am here to help and support you through the transition process and through Year 7. This is a very exciting time and also a time when you will learn and experience lots of new things. We understand that as well as being exciting, this might also be a little daunting, so we have put together a varied transition programme to support you.

Before joining us in September, we will be talking to and visiting primary schools, holding transition days in July as well as an Information Evening and Summer School. When you join in September, there will be lots in place to help you find your way around, make friends and feel settled into life at Cheam High School quickly. We hope that all of these things will help you get to know the school and the Year Team well and that we will get to know all of you quickly too.

We want everyone to feel safe and happy in our school community, so I am always around to help you with anything that might be on your mind, no matter how big or small. You can find me in the Year Team Office, around school and in the playground at lunchtimes. It's my aim to learn all of your names by October half term – so come and introduce yourself and have a chat whenever you can.

*Ms Darke*



## Your Trust SENCo



**Hello new Year 7! Welcome to Cheam High School.**

We are really looking forward to you all starting in September and I cannot wait to get to know you. My name is Miss Nicholson and I am here to help you if you need extra support in the classroom or during your exams.

Looking forward to seeing you in September!

*Miss Nicholson*

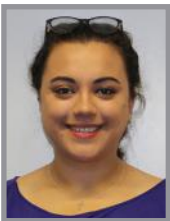
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## Your SEND Team



**Dear Year 7 (to be), I cannot wait to meet you all.** You are about to embark on a new and exciting journey. This journey will take you to old friends and new; experience old subjects and new and you will find new opportunities to enjoy. I cannot wait to see you thrive at Cheam High School and we are here to help you.

*Mrs Chowdhury, SENCo*



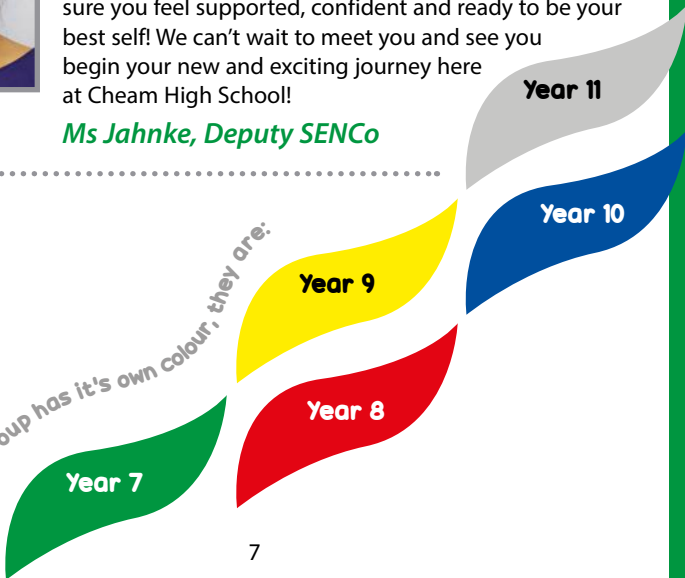
**Hello Year 6! My name is Miss Jahnke and I am the Deputy SENCo at Cheam High School.**

Starting a new school is a big step but it is an exciting one! Our friendly team is always on hand to help make sure you feel supported, confident and ready to be your best self! We can't wait to meet you and see you begin your new and exciting journey here at Cheam High School!

*Ms Jahnke, Deputy SENCo*

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Each Year Group has it's own colour, they are:





# Contact Us

## Contact the Year 7 Team

Please use the following contact details if you need to speak to a member of the Year 7 Team.



### Email

To email us before September 2024, please use:

[transition@cheam.sutton.sch.uk](mailto:transition@cheam.sutton.sch.uk)

To email us after you join us in September, please use:

[green@cheam.sutton.sch.uk](mailto:green@cheam.sutton.sch.uk)



### Address

Cheam High School,  
Chatsworth Road,  
Sutton,  
Surrey SM3 8PW



### Telephone Number

020 8644 5790



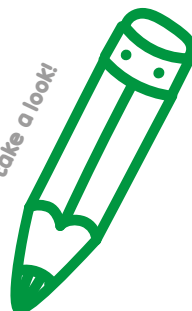
If your child is absent from school please email

[attendance@cheam.sutton.sch.uk](mailto:attendance@cheam.sutton.sch.uk)

“The year team are friendly and nice. They help you out a lot in the first term.”

**KAELEN**

Our website has lots of useful information on it – take a look!



[www.cheam.sutton.sch.uk](http://www.cheam.sutton.sch.uk)





$$(35-15)+(27-n)=40$$
$$35-15=20 \quad 27-7=20$$
$$20+20=40$$
$$n=7 \quad n=7$$



## Subject Leader - Art



**Dear Year 6, we have so much planned for your Art lessons in Year 7** and I'm sure that you can't wait to find out what it is like to have an Art lesson at secondary school. I hope that you will be excited to try out all sorts of techniques and ideas – some will be familiar and some new. You will explore how to draw and shade objects from real life, revisit colour mixing and how to use this to create a still-life painting. You will also use clay to create

your own clay sculpture, inspired by the artist Yayoi Kusama.

You will get to know everyone in your class quickly as it will be the same friends that are in your Maths class. We are going to have so much fun together! Please don't worry about whether you are 'good' at Art because Art is a unique experience for everyone and it is really important that you enjoy the experience of making, being creative and developing your own style. We are all different and so is our artwork!

We are very much looking forward to meeting all of you in September. See you soon.

*Ms Prior*

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## Subject Leader - Computing



**Hello Year 6! Computing at Cheam High School aims to teach you how to use computers and explain how they work.** In Years 7 and 8 you will have one lesson per week of Computing. Students enjoy coming to Computing because of the interesting things we do. Some of the fun topics we explore in Year 7 include:

- Using computers (typing skills, word processing)
- E-safety and cyber security
- Advanced programming in Scratch
- Understanding hardware and software
- Programming the BBC micro:bit mini computer

The best way you can be prepared for using computers in secondary school is to practise your typing skills and practise your coordination when using a mouse. Many students come to secondary school having used mostly touch-screen devices like tablets and mobile phones but typing skills are still a necessity in the modern world.

We look forward to seeing you in September.

*Mr Coomber*



## Subject Leader - English



**The English department are really excited to meet all of our new Year 7 and we have a jam packed and fun year lined up for you!**

You'll start the year exploring reading and what makes a story. Once a fortnight, you will have a Library lesson where you will have time to explore the wide range of books on offer and develop your love of reading. Our first class reader is a book called 'Refugee Boy' where we learn

all about Alem's story of arriving and starting a new life in England, with many difficulties along the way. We also study the classic novella 'Animal Farm', and we will have our first taste of Shakespeare when we study 'Romeo and Juliet'. Alongside enjoying whole texts, we also explore a collection of work called 'Literary Shorts', which gives you an opportunity to explore texts from different times, cultures and genres.

Throughout the year, you will develop your writing skills as well as build on the reading and grammar skills that you have been developing in primary school.

Oh, and we also have a lesson once a fortnight called 'Let's Think in English' which is all about developing your thinking skills!

We can't wait to get started!

*Miss Hancock*



## Subject Leader - Geography



**Hi Year 6, we are looking forward to meeting you all in September.** You will meet four teachers when you arrive and we can't wait to get going on our journey around the world with you.

We will learn about:

- How our rivers and mountains got here
- Weather and Climate - what can we do to protect the UK?
- Population and Migration - how many people are here in the UK and where are they all from?
- Flooding/Major Rivers/Coasts and Erosion - how can we protect our coastline?
- You will also have the opportunity to research a European country of your choice and do some geographical research outside the classroom

Later in the year we also do a tour of South America. Then it's over to Asia to look at how the ever growing population copes with natural disasters, changing economies and the development of sustainable cities. It's a really fun and creative subject and we look forward to starting your geographical journey with you.

*Miss Squires*

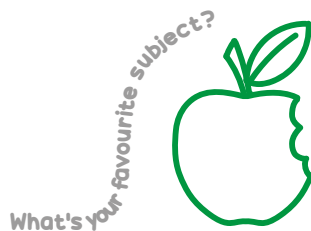
## Subject Leader - History



**Hello Year 6, Year 7 History involves learning how to be a good historian, so you can use evidence to build a picture of the past.** We examine British History from 1066 and the Norman Conquest through to the Battle of Hastings and further into Medieval times. We learn about castles, the power of the church, crime and punishment, the Black Death and what it was like to live during that time.

History lessons involve a range of activities including working in pairs and groups. We will discover and debate the past, watch videos, create presentations and even re-enact the Battle of Hastings!

*Miss Watson*



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## Subject Leader - LIFE



**Hi Year 6 students, my name is Miss Graham-Brown and I am Subject Leader of LIFE here at Cheam High School.**

What is LIFE? You may be wondering. You may have had LIFE lessons before but under a different name, PSHE?

At Cheam, LIFE stands for Learning is For Ever. The lessons are quite different from your other subjects. LIFE is about preparing you for some every day challenges you may face both inside and outside of school. Your

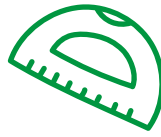
lessons will centre a lot around class discussion and listening to others and understanding their points of view.

The first term will be focused on your transition from primary school to secondary school with tips to help you settle in at Cheam. We will give you an opportunity to learn more about the school and voice any worries you may have. After this, we will go on to consider more general topics such as healthy relationships, media and its impact, well-being and healthy lifestyles. I am sure we are going to have lots of interesting debates and I cannot wait to hear what you have to say!

I hope you have a lovely summer and I look forward to meeting you in September!

*Miss Graham-Brown*





## Subject Leaders - Maths



**We hope you're enjoying your final months of primary school and getting excited for the big move to secondary school. We can't wait to meet you in September!**

We're Miss Drewett and Mr Patel, and we lead the Maths department here at Cheam. Along with the rest of our

fantastic team, including Miss James, our Year 7 Maths Lead, we're ready to make sure you have a brilliant start to your Maths journey with us.

Maths is an exciting subject full of puzzles, patterns, and discoveries. If you already love it, that's amazing! If you're not so sure about it yet, don't worry - we're here to help you enjoy and feel confident in Maths. Our lessons will challenge you, get you thinking, and show you just how interesting Maths can be!

When you arrive in September, we'll be here to support you every step of the way.

Have a fantastic summer, and we'll see you soon!

*Miss Drewett and Mr Patel*

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## Subject Leader - MFL

**Bonjour! My name is Mr Robson from the Languages Department.**

When you start in September, you will all study French for the first year.



Most of you will not have studied French before, so in the first term you will learn how to communicate with your teacher and your classmates in French. This means that lessons will be in French and very quickly you will be able to talk to your teacher and others in the class in French (even after your very first lesson!)

You will learn lots of songs in your French lessons and you will also learn lots of things about culture in

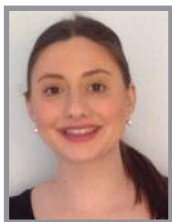
French-speaking countries, such as art, music, poetry and film. There will be the opportunity for you to do some creative writing in French as well as performing role-plays.

We're all looking forward to meeting you in September - see you soon - à bientôt!

*Mr Robson*

# Subject Leaders

## Subject Leader - Performing Arts - Drama



**Hello Year 6, my name is Miss Peacock and I am the Performing Arts Subject Leader of Drama at Cheam High School.**

Drama here is so much fun and you will learn a lot of new skills. You will explore plays and bring them to life such as 'The Stones' by Tom Lycos and Stefo Nantsou. We also devise Drama, which is when you create a piece of original theatre from scratch - this allows you to be creative and use your fantastic imaginations!

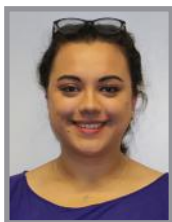
We have three Drama studios that you will have your lessons in and where we will also hold auditions for our whole school production.

I am really looking forward to meeting you in September.

*Miss Peacock*

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## Subject Leader - Performing Arts - Music



**Hello Year 6! My name is Miss Jahnke and I am the Performing Arts Subject Leader of Music at Cheam High School.**

Get ready to unlock your musical potential and embark on an exciting journey in Music at Cheam High School! Whether you're a budding rock star, a future composer, or just love a good sing-along, our Music lessons are jam-packed with fun, creativity and plenty of

opportunities to shine!

In Year 7, you'll explore a huge variety of musical styles, from Pop and Rock to Classical, Musical Theatre and World music. You'll get hands-on experience creating your own music, listening to new styles of music and learning to play a wide variety of instruments (this includes; Piano, Guitar, Ukulele, Percussion and Singing!)

With our amazing extra-curricular clubs, whole school production and music trips, you'll have a number of chances to perform, collaborate and share your talent! So, get ready to make some noise, unleash your creativity and discover the joy of Music at Cheam!

We can't wait to see you in the Music Department in September!!!

*Ms Jahnke*







## Subject Leader - PE



**To all our new Year 7 students, we are looking forward to meeting you all very soon.** When you join us in PE we offer you a range of opportunities to get involved in Sport. We hope that you will find at least one activity that you enjoy and will want to continue to participate in all your life.

In your first half term you will be assessed in a range of different activities. We will then put you into groups so you will be playing with students of your own ability. Each half term you will take part in different activities. Some of the time you will be developing your skills in sports that may be familiar to you, but you will also be introduced to things you will not have tried before.

There will be lots of activities for you to get involved in after school too. Some of you will represent the school in a range of sports, but there are also lots of clubs where you can just play for fun. You will also have the opportunity to become one of our Sports Leaders, whom you may have met helping help out at different events at your junior schools.

Enjoy the summer and we will see you soon.

*Mr Harris*

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## Subject Leader - Philosophy, Religion and Ethics



**Hello Year 6! Philosophy, Religion and Ethics is a subject that allows you to engage in the different religions that surround us in every day society.**

You will participate in discussions because this is a subject where you are able to share your own thoughts, opinions and beliefs.

You will not only learn about religion but also from it.

You will investigate the six major world religions: Christianity, Judaism, Islam, Buddhism, Hinduism and Sikhism. You will also learn about creation stories from different cultures, such as the Hawaiian creation story. There will be an introduction to Philosophy too, where you will participate in key discussions on big questions such as 'What makes me, me?' and explore the topic of Ethics, in which we think about how we should behave in our lives.

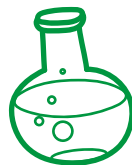
*Ms Parr*

# Subject Leaders



# Subject Leaders

## Subject Leader - Science



**Hello Year 6, we have been using our time wisely in Science to get ourselves super-prepared for you to be in our laboratories from September.** We have some really great weeks planned for you all to take your first small steps to becoming scientists before taking one giant leap into the best subject at school.

Coming up in your first term you will begin to learn about the foundations of each Science: Biology, Chemistry and Physics. We will start by investigating cells, particles and space respectively. Within lessons you'll become a confident handler of scientific equipment in the laboratory including the Bunsen burner, microscopes, acids, glassware and even take a look at some explosive experiments.

Until then, keep exploring and asking why things are the way they are - because you're about to discover that Science will bring you most of the answers! We are looking forward to seeing you all.

*Mr Colgate*

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## Subject Leader - Technology



**Hello Year 6 - nearly Year 7!** The Technology department are looking forward to welcoming you in September.

We will be completing three different projects which will give you the opportunity to use different materials.

We will be completing a Pewter casting project, making a door stop out of recycled materials and a food project where we are going to make lots of healthy products and look at healthy eating and food waste.

*Mrs White*

**“The induction day was really good fun. We got to do different lessons and some fun activities as a Year Group. It was nice to meet the teachers.”**

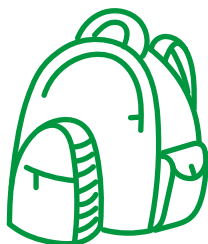
**ELLA**



## General Information

The next section covers some of the basic information that you need in order to prepare for high school:

- [Uniform & PE Kit](#)
- [Equipment](#)
- [School Map](#)
- [Your School Day](#)
- [Core Student Values](#)
- [SwapShop](#)
- [Attendance](#)
- [Top Tips](#)
- [FAQs](#)
- [Mobile Phones](#)
- [Get Involved](#)



**“**Coding club is really good fun. I have made my own computer game already!**”**

**ASTON**

# Uniform & PE Kit

## Uniform and PE Kit for Green Year 7

This is our school uniform and PE kit. For the full list of requirements, please visit our website: <https://cheamlink/s9hL>

Please purchase uniform directly from the manufacturers' website: [www.swischoolwear.co.uk](http://www.swischoolwear.co.uk) where uniform orders can be placed from now. **Your Year Colour is GREEN.**

**i** Please note: the earlier you place your order the better.

### Our School Uniform

We place a great deal of emphasis on the appearance of our students. We expect them to be smart, well presented and to wear full school uniform at all times, including their journey to and from school. Below is a guide to our current school uniform. Please visit the school website for the latest information at: <https://cheamlink/s9hL>. Thank you for your continued support.

#### WHERE TO BUY

Our uniform provider is: [www.swischoolwear.co.uk](http://www.swischoolwear.co.uk)



Your order can be delivered to you for a postage fee, or you can get it delivered to school, for free, to collect. There are no official stockists.

Some items can be bought at **any retail outlet**, as long as they conform to the uniform requirements.

Some items are held in the **School Uniform Shop** for last minute emergencies for current students only. Please visit <https://cheamlink/ugLK> to order for collection.

**Second hand uniform** is available by visiting 'Cheam High School - Second Hand Uniform' on Facebook or emailing [cheamsecondhanduniform@yahoo.com](mailto:cheamsecondhanduniform@yahoo.com)

A USEFUL GUIDE

**Shirt:** Plain white shirt  
**COMPULSORY**  
Buy at: SWI/Any retail outlet

**Tie:** Year colour school tie  
**COMPULSORY**  
Buy at: SWI

**Blazer:** Black blazer with embroidered school badge  
**COMPULSORY**  
Buy at: SWI

**Trousers:** Plain black tailored trousers  
**COMPULSORY**  
Buy at: SWI/Any retail outlet

**Skirt:** Plain black pleated school skirt  
**COMPULSORY**  
Buy at: SWI


**Tights/Socks:** Plain dark tights **OR** white/black knee length **OR** ankle socks  
**COMPULSORY**  
Buy at: Any retail outlet

**Shoes:** Plain black, low-heeled shoes, leather or leather look  
**COMPULSORY**  
Buy at: Any retail outlet

**Coat:** Dark colour coat. No denim or hooded tops  
**OPTIONAL**  
Buy at: Any retail outlet

**Jumper:** Grey v-neck jumper with red trim  
**OPTIONAL**  
Buy at: SWI

**Apron:** Navy apron for use in Art and Technology lessons  
**COMPULSORY**  
Buy at: SWI/Any retail outlet



UNDAUNTED

Cheam High School



# Uniform & PE Kit

A USEFUL GUIDE

### Shoes Allowed:

Leather or leather-look traditional school/formal shoe



### Shoes NOT Allowed:

Leather or leather-look trainer-like shoe including Vans, Converse, Nike, Adidas



## Our PE Kit

We place a great deal of emphasis on the appearance of our students. We expect them to be smart, well presented and to wear full school uniform at all times, including their journey to and from school.

Below is a guide to our current PE Kit. Please visit the school website for the latest information at: <https://cheamlink/s9hl>.

Thank you for your continued support.

### WHERE TO BUY

Our uniform provider is:

[www.swischoolwear.co.uk](http://www.swischoolwear.co.uk)



Your order can be delivered to you for a postage fee, or you can get it delivered to school, for free, to collect. There are no official stockists.

Some items can be bought at **any retail outlet**, as long as they conform to the uniform requirements.

Some items are held in the **School Uniform Shop** for last minute emergencies for current students only. Please visit <https://cheamlink/uglK> to order for collection.

**Second hand uniform** is available by visiting 'Cheam High School - Second Hand Uniform' on Facebook or emailing [cheamsecondhanduniform@yahoo.com](mailto:cheamsecondhanduniform@yahoo.com)



#### PE Quarter Zip

PE Quarter Zip with school badge

**OPTIONAL**

Buy at: SWI

**Shorts:** Black shorts **OR** black trousers **OR** sports leggings (all with school badge)

**COMPULSORY**

Buy at: SWI

**Shirt:** Outdoor winter games shirt (reversible)

**OPTIONAL**

Buy at: SWI

**Trainers:** Can be any colour

**COMPULSORY**

Buy at: Any retail outlet

#### Football Boots:

Moulded studs only

**OPTIONAL**

Buy at: Any retail outlet

#### Training Top:

Training top with school badge

**COMPULSORY**

Buy at: SWI

#### PE Training Pants:

Black PE Training Pants **OR** shorts **OR** sports leggings (all with school badge)

**COMPULSORY**

Buy at: SWI

#### PE Kit Bag:

Black drawstring bag with Year colour logo

**COMPULSORY**

Buy at: SWI

**Socks:** Long, red sports socks with white and black stripe **OR** short, plain, red socks

**COMPULSORY**

Buy at: SWI (long socks), any retail outlet (short socks)

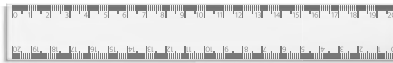


Cheam High School

# Equipment

## Equipment

Equipment you need to supply and bring with you everyday:



- x1 Scientific Calculator
- x2 Black Biro
- x1 Green Biro
- x1 Pencil
- x1 Highlighter Pen
- x1 Rubber
- x1 Glue Stick
- x1 Protractor
- x1 Reading Book
- x1 Ruler
- x1 Water Bottle

Equipment we supply to you:



Your Lanyard in your Year Colour



Your Cashless Card



Your Plastic Wallet in your Year Colour



Please remember your equipment every day



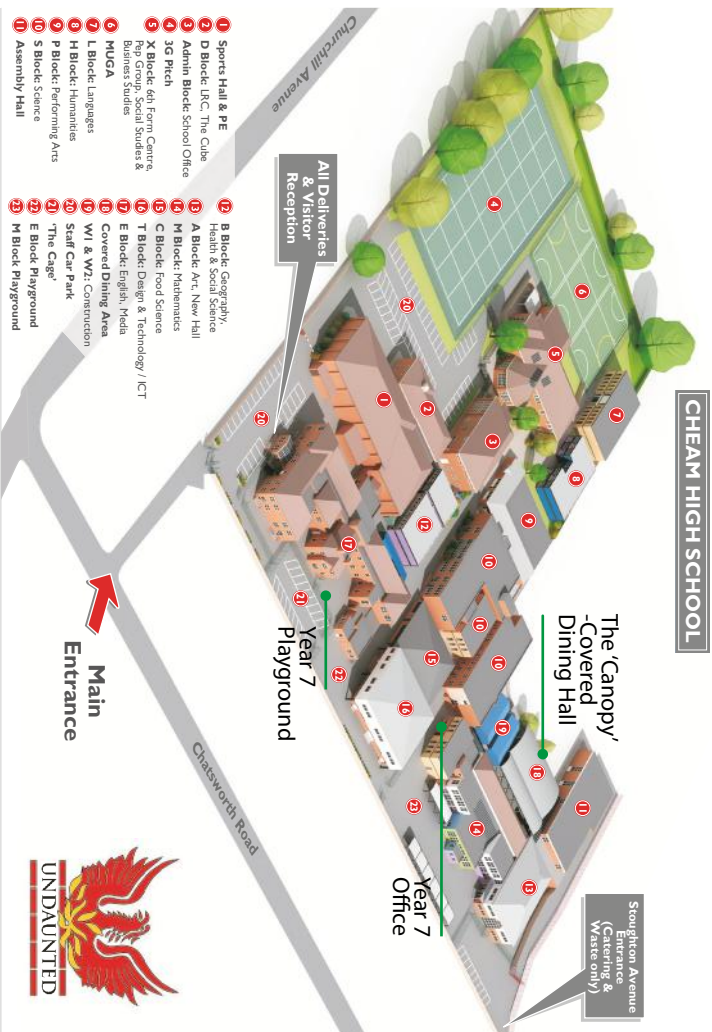




“ I really liked learning BSL  
(British Sign Language) during  
tutor time. ”

**NITEISH**

- 1 Sports Hall & PE
- 2 D Block: LRC, The Cube
- 3 Admin Block: School Office
- 4 3G Pitch
- 5 X Block: 6th Form Centre, Pep Group, Social Studies & Business Studies
- 6 MUGA
- 7 L Block: Languages
- 8 H Block: Humanities
- 9 P Block: Performing Arts
- 10 S Block: Science
- 11 Assembly Hall
- 12 B Block: Geography, Health & Social Science
- 13 A Block: Art, New Hall
- 14 M Block: Mathematics
- 15 C Block: Food Science
- 16 T Block: Design & Technology / ICT
- 17 E Block: English, Media
- 18 Covered Dining Area
- 19 W1 & W2: Construction
- 20 Staff Car Park
- 21 'The Cage'
- 22 E Block Playground
- 23 M Block Playground



# School Map





## Your School Day

Here is an example of what your school day will look like:

<b>8.30am</b>	Tutor Time
<b>9.00am</b>	Period 1
<b>10.00am</b>	Break
<b>10.20am</b>	Period 2
<b>11.20am</b>	Period 3
<b>12.20pm</b>	Lunch
<b>1.00pm</b>	Period 4
<b>2.00pm</b>	Period 5
<b>3.00pm</b>	End of the day

*“I like doing all the different subjects in different lessons. My favourites are Science and History.”*

**ETHAN**



# Core Student Values

## Core Student Values

At Cheam we want all our students to approach their school life with these core values in mind: Curiosity & Character, Aspiration & Determination and Respect & Responsibility.



# SwapShop

We use an online platform to track behaviour, both positive and negative, and the positive points collected can be used to swap for prizes in our SwapShop!

# SWAPSHOP

# SwapsShop



**PAY IT FORWARD**

*What will you swap your points for?*

# Attendance

## Attendance

### Attendance really matters to us at Cheam High School.

Every school day counts and every missed day results in lost learning.

All students in Year 7 should aim for 100% attendance. Only attendance levels above 96% are good. Whilst 90% might sound like a good figure when used as a statistic, 90% attendance is a concerning level of attendance (one day off per fortnight for the whole school year) that impacts students' academic and social progress.

Attendance is so important to us because we know that attendance has a direct impact on our students' results in Year 11 and in turn, on the choices available to them when they leave school.

We also know that better attendance helps our students to thrive socially and helps with their transition to secondary school.

We have lots of incentives and prizes for good attendance at Cheam High School and cannot wait to reward you for sustaining attendance levels above 96%!

If your child has an appointment or is absent from school, please email [attendance@cheam.sutton.sch.uk](mailto:attendance@cheam.sutton.sch.uk) as soon as possible and by 8.30am at the latest on each day of absence.



### EVERY SCHOOL DAY COUNTS

0 days off school	100%	Perfect Gold Award
4 days off school	99-98%	Excellent Silver Award
8 days off school	96-97%	Good Bronze Award
10 days off school	95%	Slight concern
19 days off school	90%	Concerned
29 days off school	85%	Very concerned

Good attendance and good results are linked. Poor attendance leaves gaps in your learning making it harder to progress





## Top Tips for Parents/Carers

### Before your child starts at secondary school:

Invest time to set parental controls on any mobile device for example:

- Location tracking to and from school
- Blocking of inappropriate websites and content
- Age appropriate social media time settings
- Installing a parental monitoring app such as Family Link

### Useful Links:

#### • Social Media Information:

Advice and guidance from the NSPCC: <https://cheaml.ink/68mr>

Advice and guidance from Young Minds: <https://cheaml.ink/3rBf>

#### • Parent Zone:

Under 13s and Social Media: <https://cheaml.ink/4j2b>

### Once your child has started secondary school:

- Support them to organise and pack their bag the night before
- Encourage reading
- Keep money topped up on their cashless card
- Keep school informed of contact details and health issues

### Apps and their age restrictions:



We would advise parents/carers to carefully check the age rating of any app that is downloaded onto a child's phone. Many apps and online games allow 'chat facilities' which can expose children to inappropriate language and content.

It is also useful to have parental controls/apps on your child's phone. Examples of these include:

- **Family link** (from Google)
- and **FamiSafe**

On apple devices, support about setting up parental controls can be found here:

<https://support.apple.com/en-gb/105121>

## Top Tips for Students

### Before you start at secondary school:

- Practise your route to school and time the journey
- Practise tying a tie
- Attend Induction Day and meet your tutor, some teachers and look around the school
- Attend Summer School and make new friends
- Read this handbook and refer to it if you have a question.

### Useful Link:

- **BBC Bitesize:** Starting Secondary School: <https://cheaml.ink/fHcp>

### Once you have started secondary school:

- When you get your timetable plot your route on the school map to help you find your classes.
- Organise and pack your bag the night before
- Check you always have the correct uniform and your lanyard ready for school
- Check homework regularly and do some every day.

“Summer school was really good. I made some new friends and really enjoyed all the activities. We got to know our way around too!”

**MICHAEL**



## Frequently Asked Questions for Parents/Carers

*What are the key dates in the transition process?*

<b>3rd March 2025</b>	Offer Day
<b>by 10th March 2025</b>	Welcome letter and admissions information sent out
<b>31st May 2025</b>	Deadline for submission of Admissions' forms (through Aplicaa)
<b>2nd or 4th July 2025</b>	Induction Days for students
<b>8th July 2025 3.30pm - 7.30pm</b>	SWI Uniform try on service (information about booking these sessions will be sent out to families)
<b>9th July 2025 6pm - 8pm</b>	New Intake Evening (for parents/carers and students)
<b>23rd and 24th July 2025</b>	Summer School
<b>1st September 2025</b>	First day of term
<b>October 2025</b>	Information evening





## Frequently Asked Questions for Parents/Carers

### ***Where do I buy the Uniform?***

- Please go to swischoolwear's website: [www.swischoolwear.co.uk](http://www.swischoolwear.co.uk)
- For a full list of uniform and further information, please visit our school website: <https://cheaml.ink/5C60>
- There is also a second hand uniform page that you can find on Facebook: Cheam High School - Second Hand Uniform.

### ***How will my child's tutor and class groups be decided?***

We make careful decisions when creating tutor groups to ensure a fair spread of ability, gender and other needs. Our induction activities are designed to help students make new friends and integrate them into their Year Group. At the start of the year, students will be taught in mixed ability groups, with a possibility of a smaller set for those who need more support. Students will be assessed throughout the year and this information will be used to change groupings where necessary. Students will remain in the same tutor group throughout the year.

### ***How will CHS look after my child's wellbeing?***

We value student wellbeing and work hard to promote a positive learning environment to support mental health across our school. We have a vast pastoral and safeguarding team who are able to support you and your child.

The first point of contact is your child's Tutor. In addition to the Tutor, we have a very experienced Year Team, consisting of a Year Leader (Mrs Craughwell), a Year Manager (Ms Darke) and an attached member of the Senior Leadership Team (Miss Pelling).

We have many trained first aid staff and a dedicated safeguarding and wellbeing team. If your child is ever worried or scared about anything, they can tell any adult (their Tutor would be the best place to start but anyone is fine).



## Frequently Asked Questions for Parents/Carers

### ***I believe I am entitled to free school meals or other financial support, how do I go about applying for this?***

If you think you may be entitled to free school meals or other financial assistance for your child, please look at the information about this on our website: <https://cheaml.ink/c5PT>

### ***How do I pay for school lunches?***

When your child joins us in September, they will be given a photo ID card that will also be used as a “cashless card” for purchasing food in the canteen. You will receive information about how to add money onto these cards via the Parent Pay app.

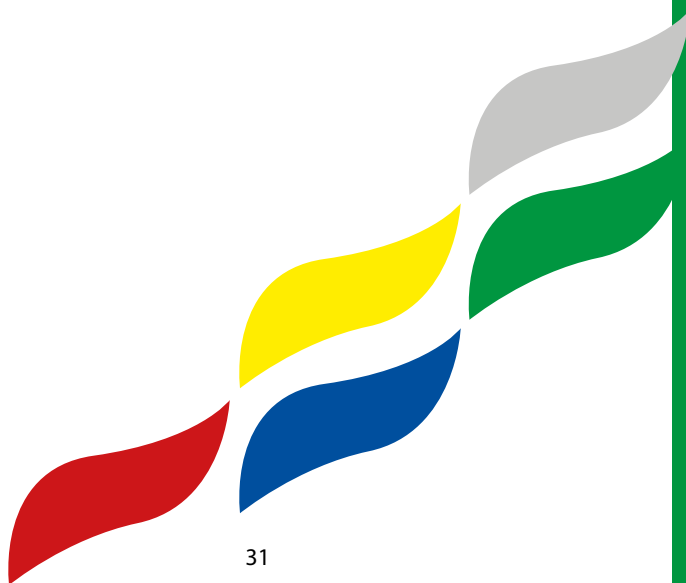
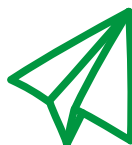
### ***How do I contact the Year Team?***

If you would like to contact the Year Team *before* September 2024, please use the following email address:

[transition@cheam.sutton.sch.uk](mailto:transition@cheam.sutton.sch.uk)

From September 2024, please use this address:

[green@cheam.sutton.sch.uk](mailto:green@cheam.sutton.sch.uk)



## Frequently Asked Questions for Students

### ***What are the rules like at CHS?***

The rules at CHS are clear and consistently applied. There are high expectations of all students and we expect everyone to follow the rules at all times. A copy of the behaviour policy can be found on our website.

### ***How does the detention system work?***

If you do not adhere to our classroom and school rules, then you may find that you receive a detention. These range from personal, subject and Year detentions to Leadership detentions. Depending on which detention you receive they could last for 30 – 90 minutes. If you do not attend a 30 minute detention and have no valid reason, then it will be automatically escalated to a 90 minute detention. You will be informed about detentions through our online behaviour system.

### ***How does the reward system work?***

You will receive reward points from members of staff for all the good things that you do. You can receive points for good work, good effort, being helpful and lots more. At different points throughout the year you will have an opportunity to trade-in these points for prizes at our Swap Shop.

### ***What will happen on the first day?***

We will meet as a whole Year Group for assembly. The Year Team will talk to you about your first week and other important things you need to know. You will then spend the rest of your day with your Tutor and the other students in your Tutor Group. You will receive your timetable and your Tutor will go through this with you. There will be lots of different activities to help you to get to know each other and your way around the school site. You will also have your photo taken for your cashless card.

***“I like how we can collect rewards points for all the good things we do and then spend them in the SwapShop.”***

**SOLOMIIA**



## Frequently Asked Questions for Students

### ***What happens in Tutor time?***

Every morning you will go to your Tutor room with the rest of your Tutor Group. You will spend this time doing activities and talking about things that are important to you and our school community as well as a weekly round-up of attendance and reward points.

### ***What can I do at break and lunchtime?***

Year 7 have two dedicated areas during social time – the canopy by the canteen and the E playground. During this time you can buy food, eat food you have brought from home and socialise with your friends. You can play table football or table tennis and there is usually an area where you can play football too. The LRC is also open at these times and runs various activities, including Film Club.

### ***Where can I keep my belongings?***

Lockers are available if you would like one. Further details about this will be given to you in September.

### ***What do I do if I get lost or have another problem?***

Ask any member of staff you see and they will help you. If you go to the Year Team Office (At the bottom of the M Block) or the Main School Office, people there can help you too.

## Mobile Phones and Other Electronic Devices and Accessories

Cheam High School adopts a gate-to-gate policy whereby all students need to have their **phones turned off and in their bags, along with all accompanying accessories, from the moment they enter the school gate until the moment they exit the gate at the end of the day.** Please note that this is inclusive of accessories such as wireless Air Pods, wired headphones/earphones, smart watches, chargers and portable chargers.

If students do not adhere to this policy, they will be sanctioned in accordance with the sanction ladder, in which consequences escalate for repeat offences.



# Get involved!

## Get Involved!

This section will introduce you to some of the things that you can get involved in outside of lesson time.

### **The Diana Award - Anti-Bullying Ambassador**

Become a member of the Anti-Bullying Ambassador Team and help to make Cheam High School a supportive, encouraging and positive place to learn.

### **School Council and Tutor Representative**

Each Tutor Group elects two students to be Tutor Representatives. Students then have the opportunity to run for Student Council Representative. The whole of Year 7 vote and the two students with the most amount of votes are elected. The Student Council Representatives meet with the Tutor Representatives each half term and they take their feedback to the Student Council Meeting.

It is a prestigious role and is very important in the running of the school.

### **Extra Curricular Activities**

- Different sports clubs eg rock climbing, dodgeball, cheerleading
- Arts clubs eg Drama, Film, Music, Dance and Art
- Chess Club
- Philosophy Club
- Dungeons and Dragons
- Subject support sessions for students eg Maths Surgery, Science Club
- MAGT groups eg Graded 8/9 lessons for targeted students
- Inter-tutor competitions eg Drama Club or Year 7's Got Talent where students have to attend a certain number of rehearsals
- Whole school productions
- Learning activities or supported homework
- The 12 days of Christmas

### **Eco Committee**

Join the Eco Committee and help the environment, promote eco awareness, plant and tend to nature around the school site.

### **Year 7 Leadership Team**

We have several roles on our leadership team, including:

- Tutor Representatives
- Student Voice Leaders
- Social Time Leaders
- Well Being Leaders
- Eco Leaders



## Get Involved!

### Inter-Tutor Challenges

Throughout the year there will be numerous competitions and challenges that all earn reward points towards the Tutor Competition. The winning Tutor Group at the end of the year will get to attend a trip; in previous years this has been to Thorpe Park. There are also opportunities to win Tutor breakfasts, sweets/chocolates, pizza, points and badges.

### LRC (Library) Events

The LRC is a busy and popular area within the school. The shelves are bursting with new and relevant resources which are regularly updated.



With books, Kindles, audio books, daily newspapers and a selection of magazines there really is something for everyone. A separate computer suite, adjacent to the LRC, contains 35 computers and is available during normal opening hours and lesson times.

Throughout the school year the LRC runs numerous special events which are either of topical interest, tied in with the curriculum, or to raise money for charity. The aim is always to involve and interest as many students as possible.

The LRC is staffed from 7.45am and is open to students at break and lunchtimes. Homework Club takes place in the LRC until 4.30pm every day.

### Enrichment

We have a varied and exciting enrichment programme in year 7 to enhance our curriculum and the experience of all students. Enrichment opportunities include, activity day trips to museums and other places of interest; drop down Maths, Science and English days; History workshops; opportunities to take part in Dance and Drama performances; inter tutor competitions; sporting events and much more!

“I love all the extra-curricular clubs – I have tried crochet club, rock climbing, STEM club and football.”

**CHARIS**



# Next Steps

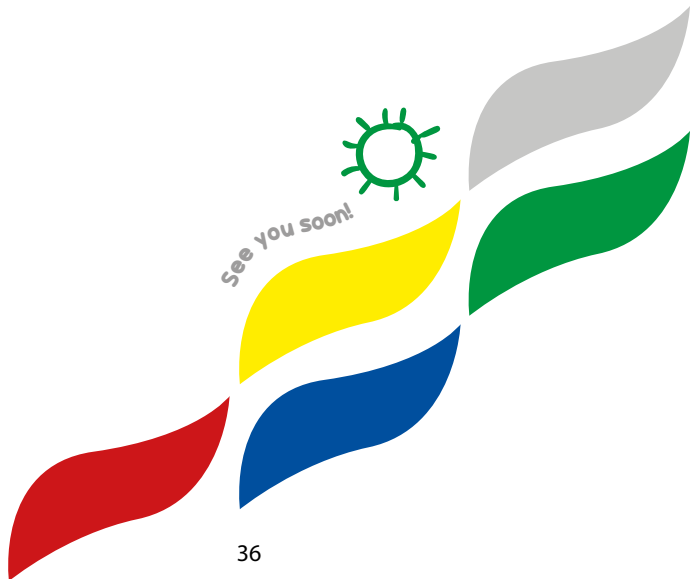
## What Happens Next?



### Behind the scenes we are:

- Liaising with primary school teachers to gather as much information as possible to help with, not only the transition process but your child's education as a whole.
- Working with SENCos at every primary school to ensure needs are met.
- Analysing all information as it comes in from parents/carer and primary schools.
- Using the information gathered to arrange Tutor Groups.
- Planning additional support sessions to help with transition.
- Planning new and exciting extra-curricular activities .
- Responding to any questions or queries that we receive via email or telephone.

**We are really excited to meet you  
and are looking forward to you  
starting your High School journey!**













**Cheam High School**  
*"An Outstanding School"*  
OFSTED 2015, 2010 & 2007

**Headteacher:**  
**Mr P Naudi MA (Oxon)**

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**Cheam Academies Network**

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