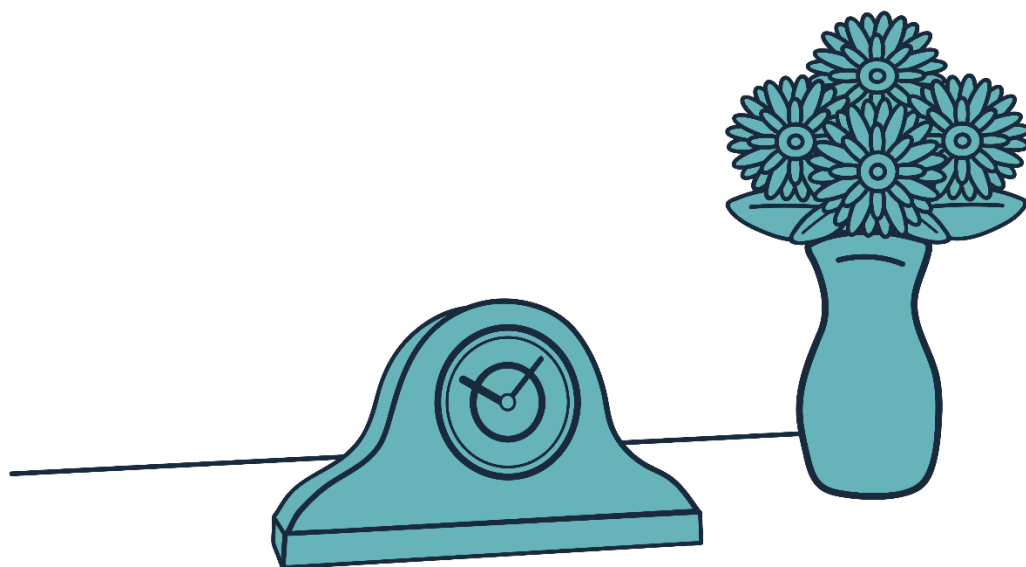


# Trustees' annual report

2022-2023



SHARED LIVES PLUS  
A COMPANY LIMITED BY GUARANTEE  
TRUSTEES REPORT FOR THE PERIOD ENDING 31ST MARCH 2023



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## Legal and administrative information

Trustees	Mr R Jones - Chairperson Mr I Coleman - Treasurer Mr M Ewing Mr M Thomas Mr Bart Swakowski (Resigned 9 <sup>th</sup> June 2022) Mr Mike Jacobs Ms Maxine Palmer-Hunter Ms Jane McMillan Ms Ionela Ramona Amuza
Chief Executive Officer	Mr E King (started 5 <sup>th</sup> September 2022)
Interim Chief Executive Officer	Miss J Wilson (to Sept 2022)
Secretary	Mrs L Barlow
Charity number (England and Wales)	1095562
Charity number (Scotland)	SCO42743
Company number	04511426
Principal address	Eleanor Rathbone House Connect Business Village 24 Derby Road Liverpool L5 9PR
Auditor	MHA Moore & Smalley Richard House 9 Winckley Square Preston Lancashire PR1 3HP

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Bankers

The Co-operative Bank  
PO Box 450  
Skelmersdale  
WN8 6WT

The trustees present their report and accounts for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) the Companies Act 2006, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

# Introduction



**Richard Jones, Chair of Trustees**

Social care is under pressures like never before for well documented reasons. Having endured years of funding challenges and increased demand for support, the care sector is under significant pressure. Following the pandemic, and with the current cost-of-living crisis running on, capacity is reducing within the sector. Yet we still hear of many people in unsuitable residential services when they could be living a different life. A recent report from Newton Europe estimated 27,000 working age adults with learning disabilities are living in residential homes. Up to 43% (over 11,000) of those people could be living in a more independent setting, such as supported living or with a Shared Lives carer. The savings if this happened could be over £74million – and the difference to people's lives would be immeasurable.

Despite this backdrop, although the Shared Lives approach to supporting people is still relatively small, it has remained stable demonstrating its resilience against these continued challenges. Shared Lives can be an incredible way of life for both carers and those receiving support. It's now more important than ever we ensure that becoming a Shared Lives carer is a viable option for those that are interested. We are fully aware of the difficulties our carers are facing, which is why we relaunched our Invaluable campaign, which is aimed at addressing pay, as well as raising the profile of other issues facing our carers.

Every day, in every area of the UK we know that our carers are making a difference to people's lives, and we will continue to champion for more investment and recognition into the sector. We hope this is coming; with the Department of Health and Social Care continuing to highlight Shared Lives as a model they want to see scaled up and to grow Shared Lives services into a mainstream offer, which will have huge benefits beyond the growth of the sector.

We know our Homeshare service can be as much a part of this solution to the pressures as Shared Lives and this year we have continued to focus on the development of resources and

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growth of this model. However, our expansion programme which was designed to kickstart direct delivery in the north of England was not as successful as we had hoped and in June this year, we made some fundamental changes to the programme.

**We also concluded our pilot of Family by Family**, developed by The Australian Centre for Social Innovation, and delivered by us in partnership with Stoke-on-Trent City Council and the Department of Education Opportunity Area. Family by Family matches families who have lived through challenging circumstances with those in the midst of them. **Our peer-led team has directly supported over 150 adults and children, with many forging friendships, growing in confidence and developing skills for work or new opportunities.**

**Internally, Shared Lives Plus is currently going through an exciting period of transition.** Our new Chief Executive Ewan King has built upon the work of the organisation and has used his skills and knowledge to revitalise our work with national and local authority leaders. The conversations with leaders, stakeholders, staff and of course our members have all fed into our new three-year strategy. We have called this **“from making the case to supporting growth”** in recognition that many strategic leaders are now aware of the benefits of Shared Lives and Homeshare, but we now need to focus on providing local organisations with the practical support they need to help them grow, enabling more people to benefit from these fantastic approaches. We hope this increased awareness and focus on how to grow both models will increase the resources and support that our members and more importantly, people that benefit, receive.

Without any core funding, and without wanting to impose higher fees to our members 2022-23 has posed a strategic challenge as we look to find other income sources. As our main grant tapers off we are looking to expand our strategic advice services and diversify our income from other grants. We'd like to send a massive thank you to all our funders, we appreciate all your support to provide a brighter future in the social care sector.

But most of all we would like to say a huge thank you to our carers, the staff in all the schemes and Homeshare services for all you do and the incredible difference you make.

# About us

Shared Lives Plus is the membership charity for Shared Lives carers, schemes and Homeshare organisations. Our vision is a kinder, stronger society built on sharing our lives and our homes. We help build communities where everyone lives a full life, regardless of the support they need. We do this by turning Shared Lives care and Homeshare into thriving, mainstream options, with the right structures in place to support and guide people who want to share their lives and homes.

This year we supported 145 schemes, 6,222 Shared Lives carer members and 22 Homeshare organisations UK-wide, meaning we have a unique voice which we use to support local Shared Lives and Homeshare organisations and Shared Lives carers through policy, guidance, advice, and legal support.

We support local organisations to establish new Shared Lives and Homeshare organisations and improve existing ones. To find out more visit [www.sharedlivesplus.org.uk](http://www.sharedlivesplus.org.uk)



## Our aims and purpose

In January 2023 we started working on a new strategic plan which as an organisation we had reached a crossroads, and that it was time for a change of direction.

The consensus is that we have moved from a phase of making the case nationally to a new phase focused on practically supporting the rapid growth of shared living and our next strategic plan will be titled **Making the case, to supporting growth.**

This is evidenced through the high level of awareness that national policy makers have of Shared Lives, the huge response we have from Directors of Adult Social Care when we ask to meet them; and in pronouncements we see from national stakeholders like the LGA, ADASS and NHS Confederation, all of whom regularly communicate their support for Shared Lives and to a lesser extent Homeshare.

*"I want to see Shared Lives become a well-recognised feature on the public services landscape – a mainstream option that many thousands more people can benefit from. At the NHS Confederation, we are very keen to see Shared Lives grow."*

**Matthew Taylor, Chief Executive, NHS Confederation, January 2023**

**We call for more investment in diverse models of care – including Shared Lives, carers support, 'floating support', and supported employment as effective models of care and support to maximise independence at home.**

**LGA, NHS Confederation and ADASS, Joint Statement on the Future of Health and Social Care, January 2023**

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"The Shared Lives model has so much to offer for young people leaving care. Becoming a young adult having been in care can be a hugely lonely and isolating experience. Facing the world without the strong web of connections many of us take for granted would be tough for anyone. Shared Lives for care leavers offers a model that can create the friendship, stability and connection that those with a care experience need and deserve."

**Josh MacAlister, Executive Chair, Foundations and past Chair Independent Review of Children's Social Care**

The fact that Shared Lives has national support should be celebrated - it provides strong foundations on which to encourage growth.

**We also recognise that the key to the growth is our members. Strong local Shared Lives and Homeshare services will mean growth and improved conditions and support for our Shared Lives carers and Homeshare participants. More importantly it will lead to improved outcomes for the people who draw upon the support of Shared Lives and Homeshare.**

However, the barriers to growth remain formidable:

- The challenge of retaining existing and recruiting new carers
- Low levels of public awareness of both models
- Lack of investment from local authorities to grow Shared Lives
- Lack of provision of breaks, adequate fees, and support to carers
- Low levels of awareness, knowledge, and skills about the shared living models amongst social workers and other key workers, such as social prescribers, housing officers, GPs and nurses

The challenges facing Homeshare are also significant, and include issues around the administration of Council tax, the benefits system, and the lack of investment in raising awareness of Homeshare.

To reflect the stronger focus in our purpose on providing practical support to the sector to help it grow, our Vision, Mission and Aims have been slightly updated, and are presented here:

## Vision

Our **vision** is a kinder, stronger society where more people share their lives and homes.

## Mission

Our **mission** is to build communities where everyone is able to flourish, regardless of the support they need. We do this by growing shared living so that more people are able to benefit from Shared Lives and Homeshare, with the right structures in place for our members and those sharing their lives and homes.

## Aims

Our three strategic **aims** for 2023-28:

- Create an environment for shared living models to grow and thrive and be accessible for wider groups of people.
- Support all our network members to provide high-quality services that are safe, effective, and sustainable.
- People involved in shared living have a voice and are involved in shaping the strategic direction of our organisation and the sector.

## Our principles underpin how we pursue our aims:

- We will actively involve members and other people with experience of shared living in our decision making, and in every part of our organisation.
- We will use a human rights approach and tackle inequalities where we find them.
- We will promote, value, celebrate and welcome diversity.
- We will be financially sustainable/independent and careful with our resources.
- We will value and respect our people.

# The difference we make

Moray Shared Lives

**Lauren has been visiting her Shared Lives carer Sarah for around five and a half years and spends every Friday each week with her and another young gentleman, Steven. They get on well together and have built a nice friendship together. Sarah ensures there is space within their Shared Lives day each week, allowing both Lauren and Steven to take it in turns deciding what they would like to do together, and this works very well for them all.**



Lauren recalls when she first met Sarah and thought they were a good match, “she was really nice, and I remember we picked blackberries on our first day together to make jam and we played Sarah’s piano.” Sarah has a piano in her living room and has been a piano teacher previously so was keen to share her talents with the people she supports. Lauren said the best part about her time with Sarah and Stephen is “getting to go out and about – bowling, Brodieshill Farm and to do all the things they love to do, including cooking together!”

Diane, the Shared Lives officer at [Moray Shared Lives](#) had the opportunity to go on a long-planned Spring outing to a local farm, where they were booked in to pet the Spring lambs and have the chance to feed them their milk. This visit was one of Diane’s carer shadow visits to see, first hand, what the carers offer to the people who visit or live with them. Lauren had a

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great time with Sarah and much laughter was had by all. The lady at the farm took time to explain about the lambing season at the farm and why some lambs need to be bottle fed, so the afternoon was also a lovely learning opportunity. This visit was one of a few visits where they had already met the Guinea pigs, goats, chickens and the farm dogs and the visit it was very much something everyone had been looking forward to for several months beforehand.

Age UK Homeshare Gloucestershire

**Joyce and her husband Dan originally came to Homeshare Gloucestershire in August 2019, having been signposted by the Social Prescriber at their GP Practice. They were both in their late 80s/early 90s and, despite already having some help in place, found that they needed the extra reassurance and support a Homeshare arrangement provides.**

Over the years, Joyce has had three different Homesharers, all with whom she had built long-lasting relationships; having a trusted Homesharer live with her was particularly important when Dan sadly passed away.



Despite now needing a full-time live-in carer, Joyce very much enjoys continuing having a Homesharer. Between the three of them and the rescued cat (which the second Homesharer helped her get), the house is full of joy and laughter. Joyce is particularly grateful for being looked after so well, whilst her current Homesharer (Camelia), and Carer (Elisabeta) are delighted to be living with such a lovely Householder.

Joyce's family describe it best: "The support the three Homesharers have provided Mum has been invaluable, way beyond what you might expect for the modest cost of the scheme. You don't realise until you see it just how helpful it is to have an able-bodied person on site. Whether it is unloading the washing machine, driving into town or organising deliveries, the little things that make daily life easier can make a huge difference to the quality of life of the older person. There is also the social aspect, our Homesharers have all had courses or jobs to go to, and have come back at the end of the day with something to talk about.

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"I don't know if we have been particularly lucky in our Homesharers, or if they are all this good, but we have found that the help they have provided over the years has been way in excess of our expectations. The previous two Homesharers may have moved on, but we count them as family friends, and they still visit regularly."



## Progress against our key strategic priorities

### Create an environment for shared living models to grow and thrive and be accessible for wider groups of people.

Shared living includes Shared Lives care and Homeshare where people have mutually chosen a supportive relationship, introduced and supported by an independent organisation which shares our values and promotes genuine friendship and relationships.

We are on a mission to expand Shared Lives and Homeshare because we believe that, for many people, life is better when it's shared. Our own research shows that when people live with people they know and love they experience improved health and wellbeing, place fewer demands on the health system and feel more optimistic about their future.

We also aim to try new shared living models and were able to pilot Family by Family in Stoke on Trent thanks to funding from the Department for Education and Stoke on Trent City Council.

### Homeshare development

In 2021, Shared Lives Plus was awarded a significant grant to develop and deliver growth in Homeshare, which included support to the current network through specific communications support and the development of resources which could be used by all. It also included an ambitious challenge through the launch of a Homeshare UK social franchise offer and for Shared Lives Plus to directly deliver two Homeshare services for the first time.

Shared Lives Plus via Homeshare UK were already supporting the UK network of Homeshare providers and this did not change during this time.

As a membership organisation, directly delivering Homeshare and setting up a social franchise model was a new concept, having not had previous experience of delivery and independently working. The programme was an experiment, and very ambitious about what could be achieved, and whilst progress was made, income targets were not met, and therefore the programme became financially unviable and had to close.

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However, we remain committed to Homeshare and will continue to support the network and its members to grow Homeshare.

The expansion programme has produced a legacy of knowledge and high-quality resources and networks. Shared Lives Plus will work with the Homeshare UK Network over the coming months to maximise the use of these resources to the benefit of the Homeshare sector.

Shared Lives Plus specialise in learning from their members as the experts, and as a membership charity, what we do best is to support members to set up and grow using robust guidance, workshops, and support, as well as raising awareness of excellent shared living models delivered by their members across the UK. From discussions with many local authorities and national organisations there is still an appetite for Homeshare to tackle some of society's key issues surrounding loneliness, housing issues, and the cost-of-living crisis.

Whilst the decision has been made to close the projects delivered by Shared Lives Plus, the Homeshare UK network members are continuing to grow Homeshare locally. Moving forward Shared Lives Plus will continue to work closely with members to ensure the right support is in place to help them succeed further and are keen to ensure the model grows from strength to strength.

Successes included:

- Over 200 people benefiting from Homeshare in 2022-23,
- With continued funding from the Welsh Assembly, we brought Homeshare to Wales, supporting two Homeshare programmes to launch and set up in the North and South of the Principality.
- A new service launched by St Johns Winchester.
- National coverage of Homeshare on BBC Radio 5 live, Sky TV, BBC Radio 4, and S4C Welsh TV channel
- Eight new network members began onboarding (who originally were going to join via the franchising route but now joining via our traditional membership route).



## Shared Lives' continued support from government

### Shared Lives hailed as "innovation" in Government's next steps to put People at the Heart of Care

In April 2023 the UK Government announced their latest social care investment to put people at the Heart of Care so that everyone in England will have access to outstanding, quality care which empowers them to lead fulfilling lives and have the greatest possible independence. Building on the 'People at the Heart of Care' white paper, the government plans to further digitise the social care sector and bolster the workforce. Alongside this, Shared Lives was the only model of care referenced and recognised as an example of innovation,

**"Shared Lives schemes have been scaled up across the country to offer greater flexibility and more community-based care. Embedding innovative approaches to delivering care can ensure that care is more personalised, supports individuals to live more independently for longer, and can adjust to the needs of future populations."**

This follows our recent successful meeting in February with Helen Whately, Minister of State for Health and Social Care. After our visit she tweeted,

**"Great to meet the team from #SharedLives yesterday. It's a fabulous scheme for people with Learning Disabilities and others who need extra care and support in their daily life."**

However, the Shared Lives sector has yet to be given any additional investment from Government to support its growth, and this has certainly made it more difficult to achieve faster levels of growth. We will continue to work with DHSC to explore how funding from the innovation fund can be used to support our members to grow Shared Lives.

## The State of the Sector report – Shared Lives

The State of Sector report continues to ensure we capture what is happening with our member schemes and represents an accurate picture of the size and shape of the Shared Lives sector. The Membership team are currently undertaking data integrity on State of the Sector for 2022-2023. The current estimates for all nations show that there were there were over 145 schemes, and just over 9,700 Shared Lives carers supporting just under 9,800 people.

	England	Scotland	Northern Ireland	Wales
<b>Number of Carers</b>	8140	635	213	852
<b>Number of people supported in Shared Lives</b>	8262	546	264	902

## The quality of Shared Lives care

The difference Shared Lives makes to people drawing upon support in Shared Lives is still very high, Shared Lives schemes ask people about their wellbeing over months and years, with questions that were developed by people in Shared Lives to best reflect quality of life. The answers are then inputted into My Shared Life online tool which presents how people feel about their wellbeing, and how it has changed over time. Results in 2022-23 showed:

- **97%** people in Shared Lives felt they were part of the family most or all the time.
- **85%** people felt that their Shared Lives carer's support improved their social life.
- **79%** people felt that their Shared Lives carer's support made it easier for them to have friends.
- **91%** people in Shared Lives felt involved with their community.
- **83%** felt their Shared Lives carer's support helped them have more choice in their daily life.

- **81%** of people felt their physical and emotional health had improved.

The latest figures from England show that Shared Lives remains the highest quality form of nationally available social care, with the **CQC rating 97% of schemes good or outstanding**. Whilst we know that many of our Shared Lives carers have been impacted by the cost-of-living crisis, they have continued to provide an exceptional level of care, to thousands of people, under very challenging conditions.

## **Family by Family pilot comes to an end**

Family By Family was developed by The Australian Centre for Social Innovation and has been making a difference to families there since 2010. Between June 2021 - November 2022 Shared Lives Plus has adapted the successful pilot program in Stoke on Trent, in partnership with Stoke City Council and the Department for Education Opportunity Area. Due to funding considerations, we knew the pilot was unlikely to become a long-term service delivered but we were incredibly grateful for the additional funding and support to ensure we worked with families to celebrate the achievements and co-produce how the principles of Family by Family can be incorporated into the work of the family centers and family hubs in the area.

Working with more than 150 adults and children, the whole family approach program is underpinned by strengths-based principles. A significant impact was created for all families with improved mental health and wellbeing, tangible differences in self-esteem and confidence, accessing employment, as well as self-belief that a possibility for change in their family unit was possible.



#### Feedback from families:

"It's a great experience and like I said, I'm feeling the thrill now that we've been able to support and help people. It's all I've wanted to do because I've been in that dark place. I've been there, where I didn't think I'd come out of it and now like I said, I'm out of it... I've worked so much to get to the point where my children are now in my care, and I want to help somebody else to achieve their goals as well and let them know that there's a light at the end of the tunnel. You don't have to stay in this dark place there is help, there is support and we can find that."

## Strategic advice

We are the only national Shared Lives and Homeshare expert, with over 35 years' experience of supporting and developing shared living models. We work with local authorities, NHS commissioners and local providers on a consultancy basis to help implement, grow, and diversify Shared Lives and Homeshare schemes.

**Tandra Forster Director of Integrated Adult Social Care, Devon County Council "It will be difficult, but far from impossible, to grow Shared Lives. If we work together, share resources and learning, and are creative and brave with the money we have, we can continue to invest in and grow Shared Lives, to ensure that even more people benefit from one of the highest quality and safest forms of social care in the future."**

In the past year we completed projects which looked at implementation, review, growth, and diversification of Shared Lives across the UK including:

- Production of our toolkits for commissioners on growing Shared Lives and Homeshare outlining the conditions we know are needed to succeed as well as highlighting case studies and best practice
- Support to six current schemes to review current operations and assessing how local authorities can grow and diversify
- Development of resources to support referrals and recruitment
- Development of training package for social workers

## Support to our network members to provide high-quality services that are safe, effective and sustainable.

### Shared Lives membership figures

**625** Shared Lives carers have joined Shared Lives Plus this year meaning our membership reached 6222, the highest since recording began in 2016 and we continue to have almost all Shared Lives schemes as members.

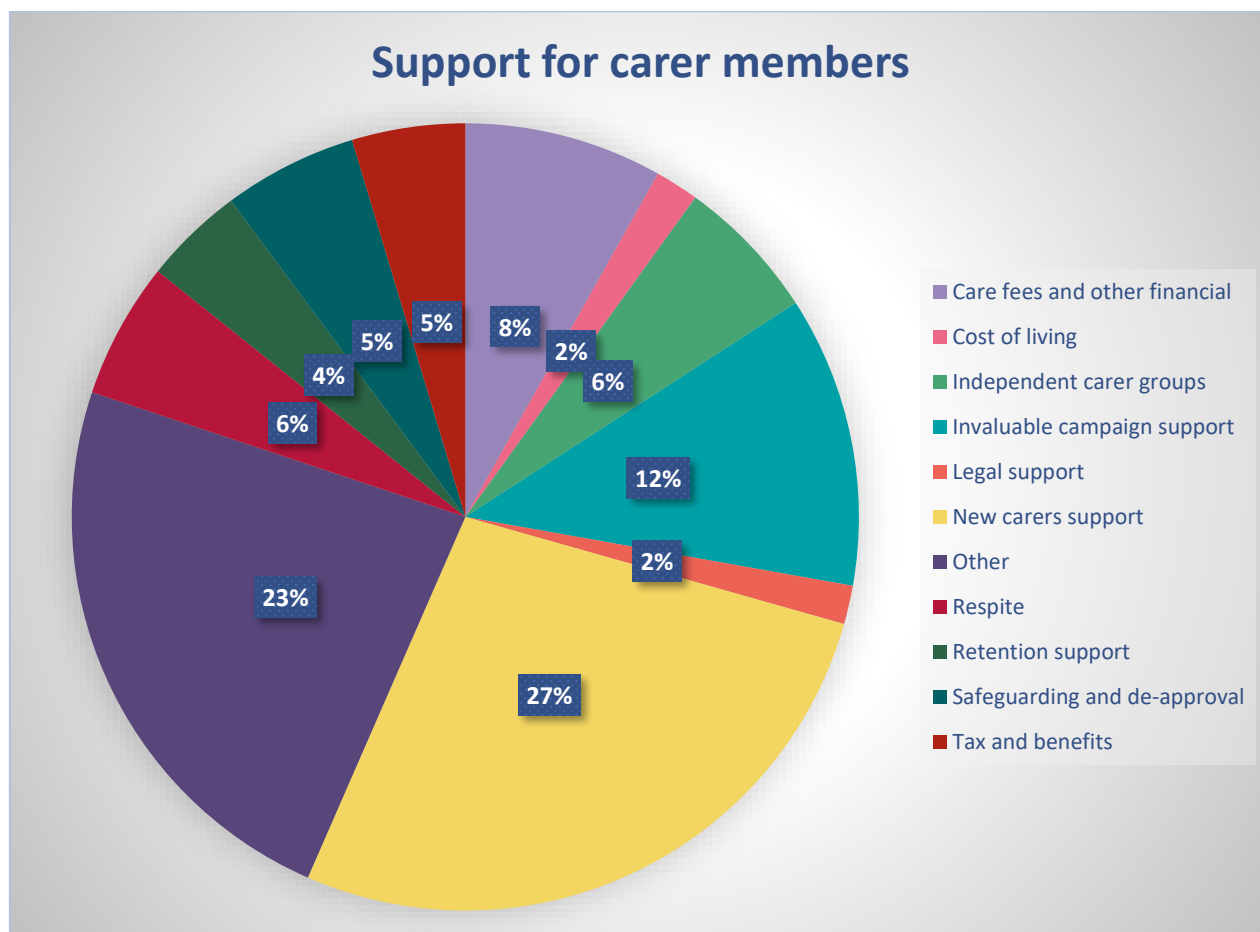
However, we know though that almost the same number of members, and we believe carers, leave and this retention of carers will be a key focus of our forthcoming strategy. Many of our carers are older and we know are retiring, or thinking about it in the coming years, and this means our schemes have to work incredibly hard to offer the same level of support.

### Our support for Shared Lives carer members

As well as membership renewal advice and support, the team provide advice on a range of membership related issues to potential Shared Lives carer members, Shared Lives carer members, Shared Lives Schemes and potential Homeshare stakeholders.

We receive an average of **350-400** calls to office number per month. **94%** of all calls to the office number are dealt with immediately. **6%** referred to colleagues. We have responded to **946 enquiries** to the carer helpline with advice and support, with support being given on a wide range of issues:





In addition to the 946 enquiries, we responded to 406 requests for Blue Light cards.

We also supported carers through providing support through a free tax, NI, and benefits helpline from Intellect Business Services and hosted a webinar on the key topics. We have also introduced a new carer induction to Shared Lives Plus, mirroring the scheme induction which was successfully introduced more than eighteen months ago.

## Our invaluable Campaign

**"I love sharing my life and my family with [the people I support]. I enjoy giving them chances to do everything they want to do and to experience new adventures, to live life to the max!"**

## **Shared Lives carer, East Midlands**

At Shared Lives Plus, we believe that the dedication of Shared Lives carers should be recognised and reflected in the fees given to them. Although we know Shared Lives is cost effective, we became aware that many of our Shared Lives carers were struggling with the cost-of-living crisis. We also knew that fees varied widely across the country so to find out more we collected information from both carers and all our schemes. The Invaluable surveys and reports we developed represents a step change in our understanding of care fees and board and lodgings contributions. It also centres Shared Lives carer voices, reflecting their feelings about fees, the cost of living, and their health and wellbeing.

After collating this information, we produced regional reports giving details to schemes and commissioners to be used in business cases in setting fees. We know that many carers received a well-deserved uplift from this work. We also used the carer feedback to also inform our support and guidance to carers and work with schemes.

Our eleven Invaluable reports represent part of our short to medium term strategy for addressing disparities with care fees and board and lodgings contributions to Shared Lives carers. We are hearing from schemes that some have already been using the data to achieve uplifts for their carers. We are aware that this regionalised approach will not tackle the broader issues of poor funding to the social care sector, and we continue to work with allied organisations to seek broader improvements and recognition as part of our policy work.

## **New resources**

Feedback from our members shows that they need to work tirelessly to raise the profile of Shared Lives, so we were pleased to receive funding from DHSC and work in partnership with SCIE to create a [resource library for social workers](#) including training briefs, supporting documents and short training videos to help social workers and social prescribers' action better referrals to Shared Lives.

**"I am really pleased that Department of Health and Social Care was able to support Shared Lives Plus and the Social Care Institute for**



**Excellence to develop these new Shared Lives resources for social workers.**

**I am a huge supporter of Shared Lives – it delivers excellent support to people and enables people to live good lives in a loving family home. As a social worker, I know however, that we have a huge role to play in supporting Shared Lives to flourish, and that we need to encourage more referrals into Shared Lives."**

**Lyn Romeo, Chief Social Worker for adults**

**People involved in shared living have a voice and are involved in shaping the strategic direction of our organisation and the sector.**

**Engaging with our members is the heartbeat of what we do.**

The Shared Lives Plus Board continued to implement the findings from the governance review with two key changes to improve the overall governance:

1. A risk-focused Board, with trustees having key roles in monitoring the key risks and opportunities associated with the Shared Lives Plus strategic plan
2. A more inclusive representation of Shared Lives Plus members and people who use services through a small number of membership councils, whose chairs will sit on the

board, and which will more actively advise and liaise with Shared Lives Plus's senior team on the operational issues which matter most to members

## **Your Voice membership forums**

We continue to work with carers and schemes to ensure we are offering the services most appropriate to them, and the introduction of the Your Voice forums allows the opportunity for members to hear about our work, but more importantly ensure we are working on the issues important to them. Members bring along issues which they would like to raise, and we discuss how Shared Lives Plus can do more to support them.

Meeting quarterly, our three your voice forums are regularly attended by over 100 people. At present they are chaired by current trustees, but the election process led to three new trustees, who will act as chair, being appointed. A transition period will now take place to ensure continuity.

## **Shared Lives carer groups**

We are passionate about promoting our members' voices and facilitating change by connecting people: it's at the heart of our members' work and lives and runs throughout everything we do. During 2022-23, we introduced more ways to welcome carers and inform new members of the benefits of membership including a welcome call and induction sessions. We also continued to develop carer groups in each region, and we now have:

- **23** Shared Lives carer led support groups now operating across the United Kingdom
- **34** scheme led carer groups

## **Shared Lives scheme engagement**

We held regular webinars on a range of operational topics: from tax advice to universal credit, consultancy support, media relations and with external partners and government to support schemes with the latest best practice. This year this has included meeting with schemes to discuss panel processes, de-approval and improving processes following a CQC inspection.

## Shared Lives Plus conference

The third virtual Shared Lives Plus annual conference took place in October 2022 and was an opportunity to showcase the work of Shared Lives, Homeshare and Family by Family and we had over 250 people join us.

This year's conference provided an excellent chance for our members to network with one another, hear from our keynote speakers and attend the fantastic 2022 shared living awards ceremony.

Led by our new CEO, Ewan King we were joined by Kathryn Smith, the Chief Executive of Social Care Institute for Excellence; Kathryn recognised the extreme pressures the sector is facing and also highlighted how Shared Lives fits into the government's reform of health and social care, "We hear again and again from people who draw on services about the importance of person centred care; the sort of care and support we would want for our own loved ones. This outcome must be key to any plans for care reform."

Keynote speakers from Shared Lives households, Helen and Paul from Lockerbie, Scotland, Lynne, Ian, Chris and Dennis from the Midlands, Mohinder from London and Richard and Josh from West Sussex, as well as a Homeshare match from Gloucestershire - Bryan and Melba, and Patricia - a volunteer mentor with Family by Family, all gave inspiring, passionate, and honest speeches about their experiences.

The panel discussion reflected on their speeches and how community-based support can change and grow across the UK. We were joined by Josh MacAlister, chair of the Independent Review of Children's Services, Alex Smith, the Chief Executive of the Cares Family, Steph Downey, Service Director for Adult Social Care, Gateshead Council, Tom Milnes, Shared Lives Ambassador and Emma Parrish-Andrews, Homeshare Ambassador.

## Engaging with Homeshare UK members

The Homeshare UK network is made up of 16 active providers based across the UK who come together regularly to share best practice and participate in the wider developments of the programme. The network faced another challenging year, with two longstanding network members no longer being part of the network, which has meant a significant drop in the overall number of matches. However there continues to be consistent numbers with the remaining network members, and as a network there has been a shift in focus to help local

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Homeshare organisations to grow their personalised, face to face approach. Over the past 12 months, 200 people across the UK have benefited from Homeshare.



## **People involved in Shared Lives and Homeshare**

We are committed to keeping the voices of people with lived experience at the heart of what we do and have made a commitment to improve our approach in co-production. We meet with our ambassadors on a regular basis and have co-produced with them resources about Shared Lives. This has included internal work for Shared Lives Plus, as well as for Shared Lives schemes in the UK. Examples include developing easy-read documents about Shared Lives, as well as designing workshops as part of our Strategic Advice work. We continue to listen to our ambassadors to look at how we can improve how we work in partnership with them to shape our services and continue to look for funding for this piece of work.

We know the value of real-life stories of carers, Homeshare matches and people who draw upon support to raise the profile of our work. Our 2022 Shared Lives Plus awards ceremony showcased the wonderful work of Shared Lives schemes, Homeshare organisations and people living in Shared Lives or Homeshare arrangements. Shared Lives week 2022 was another significant occasion to celebrate Shared Lives carers and schemes and all the fantastic work that they do. In our Homeshare Awareness week 2022 we focused on the theme of

companionship during the winter months and increasing social connections, whilst showcasing the work of the Homeshare UK network members.

Shared Lives schemes and Homeshare organisations got involved in many radio opportunities. [Moray Shared Lives ambassadors](#) promoted Shared Lives on their local radio station and BBC Radio 5 live and Radio 4 featured Homeshare. Homeshare was covered in the [Financial Times](#), and a Homeshare match with Homeshare Oxfordshire featured in [Happiful magazine](#).

## **Around the nations**

We work in every corner of the UK and continue to work with local partners and stakeholders to provide more shared living opportunities to all. We have Development Teams in three of the nations who work specifically with stakeholders to grow Shared Lives and Homeshare in these countries.

### **Wales**

**Shared Lives in Wales has 852 carers supporting 902 people.**

Per head of population Wales still leads the way nationally in Shared Lives, in the percentage of people with a learning disability supported in Shared Lives is around 8%

We have also seen a rapid increase in the number of arrangements provided for people affected by a mental health crisis with fantastic results in reducing re-admission, led by our South East Wales scheme. The scheme was delighted when Julie Morgan MS, Deputy Minister for Social Care in Wales visited a Shared Lives household to see the impact it has.

With continued funding from the Welsh Assembly, we brought Homeshare to Wales, supported two Homeshare Programmes to launch and set up in the North and South of the Principality.

**Albert Heaney, Chief Social Care Officer Wales:**

"Shared Lives is a creative approach to supporting people, providing a strong voice in social care, continuing to encourage innovation and working to bring together communities to offer care and support with families at homes. I am delighted that Shared Lives is looking to the future to expand opportunities for many more individuals who can benefit from living within families in their communities and becoming involved in their day to day lives."

## Northern Ireland

In an exciting new development in Northern Ireland, Age NI has been registered to provide a Shared Lives scheme regionally for older people. Age NI is currently recruiting carers and there has been a positive response from Health and Social Care Trusts.

## Scotland

In Scotland 635 people are supported by 546 carers, an increase of 5% in carers and 9.7% in people supported over the past year. Anecdotally there has been a shift towards people with higher levels of need being referred to services, leading to a reduction in capacity. One scheme in Perth and Kinross ceased trading this year, but more positively there was a new scheme established for the first time in the Shetland Islands which started to recruit carers following 2 years of support for Shared lives Plus. We have also researched and written business cases for two more areas of Scotland that do not have Shared Lives locally. These areas are hopeful to develop new services in the coming year.

We have maintained relationships with politicians from all political parties, with seven MSPs meeting or visiting Shared lives families in their own homes to hear how Shared lives impacts on their lives.

This year we also developed our Shared Lives for parents in partnership with The Promise Scotland. This is an organisation that has been established to drive forward the change needed that had been identified within the Independent Care Review. The Promise places family within its five foundations stating that "where children are safe in their families and feel loved, they must stay."

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Shared Lives offers parents with learning disabilities opportunities to identify their skills as well as areas they can improve. Above all, parents get the practical and emotional support, that all new parents should have. In many ways Shared Lives provides an incredibly ordinary approach to being a new mum or dad; it's about being supported; in a place we call home.

Our Ambassador, Abby, lives in Shared Lives with her 3-year-old daughter Isabella and her carer Mel. Abby reflected on how Shared Lives helped her to parent well.

*"I always looked after Isabella, I just needed Mel to guide me along, just having someone to be there. Mel offered suggestions, like talking about the need for routine. We come up with ideas together like what's a good time for the baby to go to bed and reading stories to her. Isabella is thriving, she is so clever. She's happy and cheerful."*

Our other Ambassadors, Abby Farrell, and Heather Thompson have spoken at 32 sessions during the year, including training Panel members for Cornerstone, meeting a Slovenian delegation, and offering real alternatives to secure accommodation for the New Routes Home group. Their words inspire audiences to engage with Shared lives in a way that facts and figures do not.

## Joint Working

Our influencing work will grow from strength to strength as we become a key partner in IMPACT. **IMPACT is the UK centre for implementing evidence in adult social care.** Our CEO Ewan King sits on the leadership team of the IMPACT Centre, and provides advice around national policy influencing. Working across the four nations it will draw on insights from research, lived experience, and practice to make a difference to front-line services, and to people's lives.

Shared Lives also selected two facilitator sites to test out evidence-based ways to overcome key issues in adult social care. **Moray** and **South East Wales** are part of the network exploring **hospital discharge**.

We also formed a partnership at this year's [National Children and Adult Social Care Conference \(NCASC\)](#) with organisations who shared the same values and commitment to coproduction to show that there is a different way; a road towards a different approach to social care and support which is characterised by decency, hope, love and relationships, rather than fear, fragmented lives, frustration and despair.

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The Social Care Future vision developed by people who draw on support underlines the importance of this approach:

*"We all want to live in the place we call home with the people and things that we love, in communities where we look out for one another, doing the things that matter to us."*



# Directors' report

## Financial review

2022-23 was a difficult year financially for the charity, as we felt the pressures of the cost-of-living crisis and the uncertainty in Government. Funds that had been expected from DHSC were pushed back as Ministers changed roles several times during the year. The cost-of-living crisis put pressure on our bills as well as on our staff and salaries.

Income in 2022-23 remained very similar to 2022 – up slightly with some success in our foundations funding – income was just over £2m. with £1.3m of this restricted funding. Restricted expenditure included using some funds carried forward and so restricted funds ended the year at £59k.

In a change to our usual SOFA structure, this year our unrestricted spend was in deficit of @£200k. this was due primarily to a shortfall in income, which was below the level budgeted especially in our Strategic Advice and training offer – this was @£130k less than we had planned for and with the Homeshare Expansion project also @ £50k behind income budgeted – we were left with a hole in the budgeted income of @£200k.

We had exceptional costs of moving premises and dilapidation costs as well as an agreed one-off Cost of Living payment to staff to help ease the crisis they were finding themselves in (this was agreed to be funded from reserves by the board of trustees).

On 31 March 2023 Shared Lives Plus had Restricted Reserves of £59K (after transfers). Unrestricted Reserves stood at £445K, which included £234k of Designated Funds which the Board of Trustees felt it prudent to allocate to cover any potential future risks as part of the Reserves policy.

We have a budget for 2023-24 which shows a small surplus, but we plan to continue the changing of the organisation with a revised strategic plan. We have sadly made some redundancies in early 2023-24 as we have ended the Homeshare Expansion Project with agreement from the funder. The project was unable to generate the income needed to become self-sustaining within the period of the grant, and it was felt that financially this could have been difficult to manage. We thank the funder for their support throughout the project and process of winding it down.

## **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been identified as designated funds (covering outstanding leases and essential salaries for three months) should be at least £234k. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. The level of free reserves has fallen to £412k and the Trustees will continue to monitor this to ensure the value is sufficient to cover the winding up costs of the charity, and where it is in excess will look at the most appropriate ways to allocate any surplus of funds to the objectives of the charity.

## **Investment policy**

The trustees continue to consider investments and the best ways to manage surplus working capital funds and Shared Lives Plus had 4 additional savings accounts with Investec, CAF Bank, Charity Bank and Redwood Bank. The trustees feel this ensured the excess funds were working as hard as possible. However, as there were some pressures on our liquid cash during the year the balances held at Charity Bank, Redwood bank and CAF bank were all given notice to return funds to the Shared Lives Plus Current account. This was in process at the year-end as some accounts were on 30-90 days' notice. The balances on each account are shown in the year end accounts as they stood at that time, whether notice had been given or not.

During the previous financial year, the charity also opened a PayPal account, as customers and members were requesting this as a way to pay. At 31<sup>st</sup> March 2023 there were no transactions on this account.

## **Risk management**

The Finance Committee manages the potential risks to Shared Lives Plus using the Risk Register which continues to develop. An action plan is used to reduce any high-risk areas to a low to medium in an acceptable timescale.

The most significant risks facing Shared Lives Plus are as follows:

- Reduction in membership: there is an active marketing strategy to increase membership and support existing members.
- Reduced government awareness of Shared Lives: there is a focus on maintaining good relationships with regulators and providing a strong evidence base.

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#### STATEMENT OF TRUSTEES' RESPONSIBILITIES AS AT 31ST MARCH 2023

- Threat from competitors: there is a continued investment in member support and maintaining close dialogue with the government and regulators.
- As the organisation moves to direct delivery (Homeshare and Family by Family) this creates a new set of risks and the senior team are currently reviewing the risk register to ensure these new risks are identified, mitigated or managed.

## Structure, governance and management

The charity is a not-for-profit company, limited by guarantee, and is governed by its memorandum and articles of association.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Mr R Jones - Chairperson

Mr I Coleman - Treasurer

Mr M Ewing

Mr M Thomas

Mr Bart Swakowski (Resigned 9<sup>th</sup> June 2022)

Mr Mike Jacobs

Ms Maxine Palmer-Hunter

Ms Jane McMillan

Ms Ionela Ramona Amuza

## Appointment

During the year Shared Lives Plus changed its governance structure to reflect the changes within the organisation. The board structure was changed by resolution and approved by the Charity Commission. The new structure is based on the Governance review which has taken place over the previous 3 years.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Our Trustees have legal responsibility for the work of Shared Lives Plus Limited. Their responsibilities include:

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#### **STATEMENT OF TRUSTEES' RESPONSIBILITIES AS AT 31ST MARCH 2023**

- Overseeing the work of the Chief Executive and the management of Shared Lives Plus Limited.
- Agreeing the strategy for the development and growth of Shared Lives Plus Limited.
- Ensuring that Shared Lives Plus Limited meets its legal responsibilities.
- Ensuring sound financial management of Shared Lives Plus Limited.

During 2021-22, the charity undertook a full governance review. From this some new structures were put in place including trustee training, a new Register of Interests, and links established between individual trustees and individual senior managers.

During 2021-22 the trustees (as part of the Governance Review started in 20-21), changed the make-up of the Board, these changes were agreed by the Charity Commission and move the organisation's governance to a more fit-for-purpose model.

The changes mean that the Chair of the Your Voice Forums (one for cares, one for schemes and one for Homeshare) explained earlier, will become trustees on the Board – the trustees felt that this was the best way to hear members voices at Board level. This means there will be no directly elected members on the Board (although the chairs of the forums are indeed voted into position by the membership).

New roles were identified after a skills gap analysis, and these were recruited via advertisement in national press/websites. The board interviewed and appointed 2 new trustees in June 2023 and the recruitment of 3 Chairs of the relevant Your Voice Forums were also recruited, who also have taken their seats on the board from June 2023.

## **Key management**

Alex Fox had been the Chief Executive of Shared Lives Plus for eleven years but resigned from the organisation in December 2021 to move to a new challenge with Mayday Trust. The board of trustees implemented interim arrangements from January with Jayne Wilson, the existing Director of Development, taking over as Interim CEO and Lynette Barlow, the existing Director of Finance, taking on the role of Deputy CEO. The CEO in Shared Lives Plus has responsibility for the day-to-day management of the charity in accordance with the operational plan.

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The board of trustees then started an intense recruitment process, with the support of Peridot Partners agency, to recruit the new CEO. This included engagement with stakeholders – including SMT, staff and members. This process concluded in June 22 when Ewan King was appointed, and he joined the charity in September. Ewan was previously Deputy CEO at SCIE, and has brought a breadth of experience and skills, as well as a wide network in social care.

Ewan works with an increased senior management team consisting of Lynette Barlow, who will return to the post of Director of Finance, Jayne Wilson, who returns to Director of Development, Lynne Harrison, Head of Membership, Deborah Fox, Head of Homeshare UK and Phoebe Barber-Rowell, Head of Communications.

New Trustees follow a set Induction plan covering roles and responsibilities, an overview of Shared Lives Plus and its work, statutory requirements and Finance. All trustees attend governance training (group and one to one sessions) plus receiving regular updates from the Finance Director via the Finance Committee.

The Board of Trustees has responsibility for the management of Shared Lives Plus Limited throughout the UK.

Membership is offered to all those involved in Shared Lives (previously adult placement) and Homeshare.

## **Auditor**

### **Disclosure of information to auditor**

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

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#### STATEMENT OF TRUSTEES' RESPONSIBILITIES AS AT 31ST MARCH 2023

### Small company provisions

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The trustees' report was approved by the Board of Trustees.

Mr R Jones - Chairperson

Trustee

Dated:

Mr I Coleman - Treasurer

Trustee

Dated:

The trustees, who are also the directors of Shared Lives Plus Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They

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**STATEMENT OF TRUSTEES' RESPONSIBILITIES AS AT 31ST MARCH 2023**

are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# Independent Auditor's Report to the Trustees and Members of Shared Lives Plus Limited

## Opinion

We have audited the financial statements of Shared Lives Plus Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2011.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.



## Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Opinions on other matters prescribed by the Companies Act 2006

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#### **INDEPENDENT AUDITORS REPORT AS AT 31ST MARCH 2023**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on pages 31 to 37, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees

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determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

## **Auditor's responsibilities for the audit of the financial statements**

We have been appointed auditor under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management, those charged with governance around actual and potential litigation and claims.
- Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations.
- Reviewing minutes of meetings of those charged with governance.

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### INDEPENDENT AUDITORS REPORT AS AT 31ST MARCH 2023

- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.
- Because of the field in which the client operates we identified that employment law, health and safety legislation, safeguarding and the UK Companies Act are the areas most likely to have a material impact on the financial statements.
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.

Because of the field in which the client operates, we identified that employment law, health & safety legislation, safeguarding and the UK Companies Act are the areas most likely to have a material impact on the financial statements, Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report.

## Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

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**INDEPENDENT AUDITORS REPORT AS AT 31ST MARCH 2023**

Nicola Mason FCA  
For and on behalf of MHA Moore and  
Smalley  
Chartered Accountants  
Statutory Auditor

Richard House  
9 Winckley Square  
Preston  
PR1 3HP  
Date

**SHARED LIVES PLUS LIMITED, A COMPANY LIMITED BY GUARANTEE**  
**STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT**  
**FOR THE YEAR ENDED 31 MARCH 2023**

		Unrestricted funds	Restricted funds	Total 2023	Total 2022
	Notes	£	£	£	£
<b><u>Income from:</u></b>					
Donations and legacies	<b>3</b>	590	-	590	6,560
Charitable activities	<b>4</b>	695,049	1,332,944	2,027,993	1,974,650
Investments	<b>5</b>	4,247	-	4,247	2,796
Other Income	<b>6</b>	23,827	-	23,827	14,242
<b>Total</b>		723,713	1,332,944	2,056,657	1,998,248
<b><u>Expenditure on:</u></b>					
Charitable activities	<b>7</b>	887,451	1,434,461	2,321,912	1,932,177
One off staff COL payment	<b>7</b>	42,610	-	42,610	
		930,061	1,434,461	2,364,522	1,932,177
<b>Net income / (expenditure)</b>		(206,348)	(101,517)	(307,865)	66,071
Transfers between funds		7,433	(7,433)	-	-
<b>Net movement in funds</b>		(198,915)	(108,950)	(307,865)	66,071
<b>Reconciliation of funds:</b>					
Fund balances at 31 March 2022		644,132	168,320	812,452	746,381
<b>Fund balances at 31 March 2023</b>		445,217	59,370	504,587	812,452

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**SHARED LIVES PLUS LIMITED**  
**A COMPANY LIMITED BY GUARANTEE**  
**BALANCE SHEET**  
**AS AT 31 MARCH 2023**



			2023	2022
	Notes	£	£	£
<b>Fixed assets</b>				
Tangible assets	13		23,070	24,431
Intangible Assets	13a		10,041	18,538
			<u>33,111</u>	<u>42,969</u>
<b>Current assets</b>				
Debtors	15	171,509		195,985
Cash at bank and in hand		<u>667,222</u>		<u>983,265</u>
		838,731		1,179,250
<b>Liabilities</b>				
Creditors: amounts falling due within one year	16	(367,255)		(409,768)
		<u></u>		<u></u>
Net current assets			<u>471,476</u>	<u>769,483</u>
<b>Total net assets</b>			<u>504,587</u>	<u>812,452</u>
<b>The funds of the charity</b>				
Restricted funds	21		59,370	168,320
<u>Unrestricted funds</u>				
Committed funds		<u>233,853</u>		<u>180,759</u>
	20	<u>233,853</u>		<u>180,759</u>
General unrestricted funds		<u>211,364</u>		<u>463,373</u>
Total unrestricted funds			<u>445,217</u>	<u>644,132</u>
<b>Total charity funds</b>			<u>504,587</u>	<u>812,452</u>

These accounts have been prepared in accordance with the provisions applicable to companies' subject to the small companies' regime.

The accounts were approved by the Trustees on .....

Mr R Jones - Chairperson  
**Trustee**

Mr I Coleman – Treasurer  
**Trustee**

**Company Registration No. 04511426**

**SHARED LIVES PLUS LIMITED**  
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**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2023**



	Notes	2023 £	2022 £
<b>Cash flows from operating activities</b>			
Net cash provided by operating activities	24	(305,558)	148,505
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(14,731)	(20,104)
Purchase of Intangible Assets		-	-
Interest and dividends received		4,246	2,796
<b>Net cash used in investing activities</b>		(10,000)	(17,308)
<b>Change in cash and cash equivalents</b>		(306,043)	131,196
Cash and cash equivalents at beginning of year		983,265	852,069
<b>Cash and cash equivalents at end of year</b>		<u>667,222</u>	<u>983,265</u>
Split by:			
Current assets – cash and cash equivalents		<u>667,222</u>	<u>852,069</u>
		<u>667,222</u>	<u>852,069</u>



## **1 Accounting policies**

### **Charity information**

Shared Lives Plus Limited is a private charitable company limited by guarantee incorporated in England and Wales. The registered office is Suite G04, The Cotton Exchange, Old Hall Street, Liverpool, L3 9JR.

### **1.1 Accounting convention**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

## **1.2 Going concern**

At the time of approving the accounts, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the accounts.

The worldwide pandemic of Covid-19 has had a huge effect on our communities and Shared Lives Plus has hugely increased its support to carers and schemes, but a solid financial foundation meant that the pandemic has not caused the charity any major financial concerns.

However, the charity shows a deficit for 2022-23 of @£300k, £43k of this was a one-off Cost of Living payment to the team, agreed by the board to be taken from reserves – as the Costs of Living crisis started to put pressure on the charity, we took steps to ease this and to financially manage our position. We moved premises from a prestige city centre property to a smaller slightly out of town premises, shared with one of our schemes and other charities – this will save us in this year @£40k. However, the dilapidation costs and the cost of moving have contributed to the loss in 2022-23. Finally, a restructure of the organisation, and especially our strategic advice offer led to the loss of some colleagues and caused a slowdown of the income generated from this activity. We have seen in 2023-24 a huge increase in this, with agreed and contracted work having surpassed budget for the full year by the end of July 2023. Looking further forward we have a budget for 2023-24 which shows a small surplus. During the 23-24 year we have also ended (with the funders agreement) the Homeshare Expansion project and so sadly have had to lose most of the Homeshare team. Again, we feel this gives us a more secure footing as an organisation.

## **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the accounts.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the accounts.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

The following specific policies are applied to particular categories of income:

Income from charitable activities is recognised in the period in which the charity is entitled to receipt and the amount can be measured with reasonable certainty. Grants, including grants for the purchase of fixed assets, are recognised in full in the statement of financial activities in the year in which they are receivable. Income is deferred only when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period. Membership income is accounted for in the year to which it applies. Membership income received during the year that relates to a subsequent financial accounting period is carried forward as a creditor in the balance sheet and shown as deferred membership income. It is recognised in line with the benefits received.

Conference income is recognised when the conference has taken place.

##### **Intangible income**

On occasions where the charity received assistance in the form of donated facilities, and the benefit is quantifiable and material, an appropriate amount is included in income and an equivalent amount as expenditure under the relevant heading. The value of services provided by volunteers has not been included in these accounts.

## **1.5 Expenditure**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Grants payable are payments made to third parties in the furtherance of the charitable objects of the charity. A grant is charged to the statement of financial activities when the recipient has been notified of the award.

The irrecoverable element of VAT is included with the item of expenses to which it relates as this cannot be recovered by the charitable company.

Redundancy costs are included as a liability and an expense when the entity is demonstrably committed either:

(a) to terminate the employment of an employee or group of employees before the normal retirement date; or

(b) to provide redundancy benefits as a result of an offer made in order to encourage voluntary redundancy.

## **1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

All unrestricted assets costing more than £1,500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Computer and office equipment	33% per annum on a straight-line basis
Office furniture	25% per annum on a straight-line basis
Website	33% per annum on a straight-line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset and is recognised in net income/(expenditure) for the year.

## **1.7 Intangible fixed assets**

Intangible fixed assets are non-financial fixed assets that do not have physical substance but are The Charity recognises intangible assets at historical cost and in this year only the website of the which is currently under construction, falls within this category. Intangible assets are amortised

life of the asset. In the case of the website, this has been calculated based on the strategic plan of when a rebuild is scheduled. The asset is therefore depreciated at a rate of 25% from its launch date.

#### **1.8 Fixed asset investments**

Fixed asset investments are initially measured at transaction price excluding transaction costs and are subsequently measured at fair value at each reporting date. Changes in fair value are

#### **1.9 Impairment of fixed assets**

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### **1.10 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts.

#### **1.11 Financial instruments**

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument.

Financial assets are offset, with the net amounts presented in the accounts when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### ***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

**1.12 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Redundancy benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide redundancy benefits.

**1.13 Retirement benefits**

The charitable company operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charitable company. The annual contributions payable are charged to the statement of financial activities.

**1.14 Leases**

Rentals payable under operating leases, including any lease incentives received, are charged to income on a straight-line basis over the term of the relevant lease.

### **1.15 Taxation**

The charity benefits from various exemptions from taxation afforded by tax legislation and is not liable to corporation tax on income or gains falling within those exemptions. Recovery is made of tax deducted from qualifying income and from receipts under Gift Aid, and partial recovery is also made of tax credits on UK dividend income.

## 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

## 3 Donations and legacies

	2023	2022
	£	£
<b>Unrestricted funds</b>		
Donations and gifts	590	6,560
	<hr/>	<hr/>



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**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**



**4 Charitable activities**

	Development	Homeshare	Member support	Total 2023	Total 2022
	£	£	£	£	£
Sales within charitable activities	140,404	-	-	140,404	158,297
Performance related grants	804,104	503,840	25,000	1,332,944	1,303,831
Membership income	38,157	6,212	510,276	554,645	512,522
	982,665	510,052	535,276	2,027,993	1,974,650
Analysis by fund					
Unrestricted funds	178,561	6,212	510,276	695,049	670,819
Restricted funds	804,104	503,840	25,000	1,332,944	1,303,831
	982,665	510,052	535,276	2,027,993	1,974,650
<b>Prior Year (restated)</b>					
Unrestricted funds	198,297	3,515	469,007	670,819	
Restricted funds	900,135	403,696	-	1,303,831	
	1,098,432	407,211	469,007	1,974,650	

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**4 Charitable Activities Cont'd**

	Development	Homeshare	Member support	Total 2023	Total 2022
	£	£	£	£	£
<b>Performance related grants</b>					
NESTA					-
Awards For All					9,867
National Lottery Community	358,927			358,926	467,661
Welsh Government	84,542			84,542	73,820
Dept for Education/Stoke CC	181,144			181,144	294,628
WCVA	8,288			8,288	24,863
Secret Funder		451,000		451,000	275,000
Clarion/Fusion 21		6,253		6,253	33,333
John Ellerman Foundation				-	-
Corra Foundation		77,180		77,180	-
Garfield Weston			25,000	25,000	-
Mercers		46,587		46,587	45,363
Moondance	46,414			46,414	-
RS MacDonald	13,260			13,260	13,260
MHCLG				-	-
Innovate UK	24,350			24,350	7,030
Ecclesiastical				-	50,000
Other	10,000			10,000	9,000
	<u>804,104</u>	<u>503,840</u>	<u>25,000</u>	<u>1,332,944</u>	<u>1,303,830</u>
<b>Membership Income</b>				<b>Total 2023</b>	<b>Total 2022</b>
				£	£
Pears Foundation				40,000	40,000
Income from Members				510,276	469,007
				<u>550,276</u>	<u>509,007</u>

**4 Charitable activities cont'd**

Other grants include £10,000 from Awards for All Scotland (2022 - £9,000 from Agnes Hunter Trust).

**5 Investments**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>		
Income from listed investments		-
Bank Interest receivable	4,247	2,796
	<u>4,247</u>	<u>2,796</u>

**6 Other Income**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Unrestricted funds</b>		
Merchandise/Lottery sales	1,622	2,321
Commission	602	709
Contribution to shared resources	9,100	-
Portal Income	11,660	7,600
Gift Aid	6	478
Small Miscellaneous	837	3,134
	<u>23,827</u>	<u>14,242</u>

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**7 Charitable activities**

	Development	Homeshare	Member support	Total 2023	Total 2022
	£	£	£	£	£
Staff costs	553,562	596,631	532,850	1,683,043	1,160,155
Telephone, IT and website	35,728	33,399	38,090	107,217	128,918
Printing, postage and stationery	3,263	3,050	3,478	9,790	10,507
Staff travel, accommodation, training and recruitment	26,101	24,000	27,827	78,328	48,640
Events and conferences	-	-	16,448	16,448	5,078
Marketing and fundraising	24,500	13,554	5,458	43,512	18,863
Publications and newsletters	-	-	28,997	28,997	29,314
Project Costs	18,950	-	-	18,950	103,287
Professional & Consultancy	72,939	46,333	12,801	72,939	148,754
Insurance	-	-	173,852	173,852	159,619
	675,909	717,366	839,800	2,233,075	1,813,135
Grant funding of activities (see note 8)	-	10,000	538	10,538	28,288
Share of support costs (see note 9)	32,943	34,963	40,930	108,836	80,594
Share of governance costs (see note 10)	6,716	2,490	2,868	35,000	10,160
	715,567	764,818	884,136	2,364,522	1,932,176
<b>Analysis by fund</b>					
Unrestricted funds	14,604	80,671	834,786	930,061	
Restricted funds	700,964	684,147	49,350	1,434,461	
	715,568	764,818	884,136	2,364,522	
<b>For the year ended 31 March 2022</b>					
Unrestricted funds	33,695	11,906	574,952	620,554	
Restricted funds	919,656	277,636	114,331	1,311,623	
	953,351	289,542	689,283	1,932,177	

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<b>8 Grants</b>	<b>Development</b>	<b>Member Support</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Other – less than £1,000	-	538	538
Gwynedd Council – Homeshare Grant -WAG	10,000		10,000
	10,000	538	10,538

The large grants in the current year come from one source:

- Welsh Assembly Government – Homeshare and Shared Lives Expansion project in Wales
- The small grants comprise grants given by Shared Lives Plus to carer groups.

In 2022 £28,288 of grants were made to institutions.

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**9 Support costs**

	<b>Support costs</b>	<b>Governance costs</b>	<b>2023</b>	<b>2022</b>	<b>Basis of allocation</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	
Depreciation	24,555		24,555	18,287	Office equipment
Professional and consultant fees	9,496		9,496	(1,876)	Actual charges to different grant funders
Rent, utilities and room hire	31,565		31,565	43,080	Actual charges to different grant funders, Including Insurance
Other costs	43,221		43,221	21,103	Allocated proportionally to different grant funders and actual costs for membership development
Audit & Accountancy		11,813	11,813	5,500	see below
Committee expenses		260	260	4,660	see below
	<u>108,836</u>	<u>12,073</u>	<u>120,929</u>	<u>90,754</u>	
Analysed between Charitable activities	<u>108,836</u>	<u>12,073</u>	<u>120,929</u>	<u>90,754</u>	

Included within the support costs for charitable activities is £nil (2022 - £nil) relating to the grant making activities of the charity.

All governance costs are allocated in proportion with the charitable activity expenditure.

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**10 Auditor's remuneration**

The analysis of auditor's remuneration is as follows:

<b>Fees payable to the charity's auditor:</b>	<b>2023 £</b>	<b>2022 £</b>
Audit of the charity's annual accounts	10,310	5,500
<b>Non-audit services</b>		
Fees payable to the charity's auditor for other services	374	312

**11 Employees**

**Number of employees**

The average monthly number employees during the year was: 25 (2020: 25)

	<b>2023 Number</b>	<b>2022 Number</b>
Senior management	5	6
Project workers	18	15
Administration	7	5
Communications	5	3
	34	29

<b>Employment costs</b>	<b>2023 £</b>	<b>2022 £</b>
Wages and salaries	1,372,562	988,933
Social security costs	139,795	94,176
Other pension costs	63,276	47,920
	1,575,634	1,131,029

Included within the payroll costs are £nil (2022: £Nil) costs of redundancy.

The number of employees whose annual remuneration was £60,000 or more were:

	<b>2023 Number</b>	<b>2022 Number</b>
£60,001 to £80,000	2	1

**11 Employees cont'd**

Contributions totalling £7,599 (2022: £3,315) were made to defined contribution pension schemes on behalf of employees whose emoluments exceed £60,000.

**12 Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the year.

No trustees were reimbursed for travel (2022 - Nil).

No other expenses (2022: £Nil) were paid by the organisation in relation to other travel costs for trustee attendance at meetings etc.



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**13 Tangible fixed assets**

	<b>Computer and office equipment</b>	<b>Office furniture</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>			
At 1 April 2022	56,782	5,246	62,028
Additions	14,730	0	14,730
Disposals	(13,054)	0	(13,054)
Adjustments	-	-	-
At 31 March 2023	58,458	5,246	63,704
<b>Depreciation</b>			
At 1 April 2022	33,434	4,163	37,597
Depreciation charged in year	15,458	599	16,057
Depreciation Disposals	(13,020)	-	(13,020)
At 31 March 2023	35,872	4,762	40,634
<b>Carrying amount</b>			
At 31 March 2023	22,586	484	23,070
At 31 March 2022	23,348	1,083	24,431

**13a Intangible fixed assets**

	<b>Website</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
<b>Cost</b>		
At 1 April 2022	42,487	42,487
Additions	-	-
At 31 March 2023	42,487	42,487
<b>Amortisation</b>		
At 1 April 2022	23,949	23,949
Amortisation charged for the year	8,497	8,497
At 31 March 2023	32,446	32,446
<b>Carrying amount</b>		
At 1 April 2023	10,041	10,041
At 31 March 2022	18,538	18,538

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<b>14 Financial instruments</b>		<b>2023</b>	<b>2022</b>
<b>1</b>		<b>£</b>	<b>£</b>
<b>Carrying amount of financial assets</b>			
Debt instruments measured at cost		<u>134,459</u>	<u>134,560</u>
<b>Carrying amount of financial liabilities</b>			
Measured at cost		<u>323,932</u>	<u>347,075</u>
<b>15 Debtors</b>		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
<b>Amounts falling due within one year:</b>			
Trade debtors		126,341	126,086
Prepayments and accrued income		37,050	61,425
Other Debtors		8,118	8,474
		<u>171,509</u>	<u>195,985</u>
<b>16 Creditors: amounts falling due within one year</b>			
	<b>Notes</b>	<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
Other taxation and social security		43,317	62,693
Deferred income	17	245,888	296,439
Trade creditors		32,110	10,909
Other creditors		9,868	24,356
Accruals		<u>36,072</u>	<u>15,371</u>
		<u>367,255</u>	<u>409,768</u>
<b>17 Deferred income</b>		<b>2023</b>	<b>2022</b>
		<b>£</b>	<b>£</b>
Other deferred income		<u>245,888</u>	<u>296,439</u>
		<u>296,439</u>	<u>296,439</u>
Current liabilities		<u>245,888</u>	<u>296,439</u>

## **17 Deferred income**

An amount of £245,888 (2022 - £219,259) is deferred in respect of membership income received during the year that relates to the subsequent financial accounting period and is recognised in line with the benefits received.

The income for membership deferred on 31<sup>st</sup> March 2022 has been released in full during the year.

## **18 Retirement benefit schemes**

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently

The charge to profit or loss in respect of defined contribution schemes was £63,478 (2022 - £38,420).

## **19 Operating lease commitments**

At the reporting end date, the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Within one year	8,490	28,010
Between two and five years	16,980	30,411
	<hr/>	<hr/>
	25,470	58,421
	<hr/>	<hr/>

## 20 Designated funds

### Current Year

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2022	Movement in funds		Transfers	Balance at 31 March 2023
	£	Income £	Expenditure £	In/(out) £	£
Committed funds - leases	58,000	(33,000)	-	-	25,000
Committed funds - short term staffing	122,759	-	86,094	-	208,853
	<u>180,759</u>	<u>33,000</u>	<u>86,094</u>	<u>-</u>	<u>233,853</u>

The leases commitment is to cover payments under the property and equipment leases of the charitable company.

The staffing designation of funds is for the senior staff members required to manage the process of a business closure. The short-term staffing commitment is to cover three months costs for the senior management team plus key office and communication staff.

### Prior Year

	Balance at 1 April 2021	Income £	Movement in funds Expenditure £	Transfers in/(Out) £	Balance at 31 March 2022 £
Committed funds – leases	46,000	-	12,000	-	58,000
Committed funds - short term staffing	114,000	-	8,759	-	122,759
	<u>160,000</u>	<u>-</u>	<u>20,759</u>	<u>-</u>	<u>180,759</u>

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<b>21 Restricted Funds prior Year</b>	<b>Balance at 1st April 2021</b>	<b>Movement in funds</b>			<b>Balance at 31 March 2022</b>
		<b>Income</b>	<b>Expenditure</b>	<b>Transfers out</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
National Lottery	12,952	467,661	480,613	-	-
Welsh Government	-	73,820	83,820		(10,000)
NHS England - Scaling up	29,065		29,065		-
The Rayne Foundation	23,747		16,808		6,939
John Ellerman Foundation	34,457		34,457		-
Innovate	-	7,030	7,030		-
RS MacDonald	1,110	13,260	13,261		1,109
Garfield Weston	10,059		10,059		-
Fidelity	72,957		65,306		7,652
Mercers	6,765	45,363	45,367		6,761
Agnes Hunter	-	9,000	9,000		-
Ecclesiastical	10,077	-	-		10,077
Stoke CC/DfE	-	294,629	294,629		-
Clarion Housing/Fusion 21	-	33,333	12,282		21,051
Awards 4 All	-	9,872	-		9,872
WCVA	-	24,863	-		24,863
Funder req. anonymity	-	275,000	170,004		104,996
Transfers between Funds				(15,000)	(15,000)
	191,112	1,303,831	1,311,623	(15,000)	168,320

<b>21 Restricted Funds Current Year</b>	<b>Balance at 1st April 2022</b>	<b>Movement in funds</b>			<b>Balance at 31 March 2023</b>
		<b>Income</b>	<b>Expenditure</b>	<b>Transfers out</b>	
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
National Lottery	-	358,926	358,926		-
Welsh Government	(10,000)	84,542	74,542		-
The Rayne Foundation	6,939		6,939		-
Mercers	6,761	46,587	53,348		-
Fidelity	7,652		7,652		-
RS MacDonald	1,109	13,260	8,001		6,368
Garfield Weston	-	25,000	25,000		-
Innovate UK	-	24,350	24,350		-
Ecclesiastical	10,077		10,077		-
Stoke CC/DfE	-	181,144	181,144		-
Clarion Housing/Fusion 21	21,051	6,253	27,304		-
Awards 4 All	9,872	5,857	-		4,015
WCVA	24,863	8,288	33,151		-
Funder req. anonymity	104,996	451,000	518,876		37,120



**21 Restricted funds (cont.)**

	<b>Balance at 1st April 2022</b>	<b>Income</b>	<b>Expenditure</b>	<b>Transfers out</b>	<b>Balance at 31st March 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Moondance	-	46,414	46,414		-
Corra Foundation		77,180	52,880		24,300
Awards For All Scotland		10,000			10,000
Transfers between Funds	(15,000)			(7,433)	(22,433)
	168,320	1,332,944	1,434,461	(7,433)	59,370

Welsh Government - Grant Scheme for Voluntary Organisations:

RS Macdonald Charitable Trust:

Funding towards our three-year project: 'Reaching More Vulnerable People in Scotland'.

National Lottery Community Fund – The project will work with thousands of people with support needs and Shared Lives carers and local Shared Lives schemes to bring family and community-based care to isolated or excluded adults with support needs, who are currently offered only institutional or functional support services.

The funding covers key posts within Shared Lives Plus to develop shared lives and Homeshare across the regions of the UK.

Garfield Weston – funding towards our Carer Champions

Mercers – 3 years of funding to support the development of Homeshare in the South East and London area.

Stoke CC and DfE – funding through 2021 and into 2022 to trial a new programme called Family by Family in the Stoke area.

Ecclesiastical – funding for one year for a Homeshare model expansion and pilot across Scotland

WCVA – funding for 22-23 for 1 year for the development of Shared Lives and Homeshare across Wales.

## **21 Restricted funds (cont.)**

Funder requesting anonymity – this is a 5-year project expanding the Homeshare model across England including launching a unique social franchise model. The grant funds the difference between generated income and costs from the project and funds several staff posts.

Clarion/Fusion – funding from Fusion 21 to work with SLP and Clarion Housing to trial a pilot of the Homeshare model across social Housing

Moondance Foundation – supporting our work in Wales

Corra Foundation in partnership with The Promise – a project enabling parents with learning disabilities and their children to develop and maintain safe, loving relationships, with a view to helping them remain together.

## **22 Analysis of net assets between funds – Prior Year**

	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fund balances at 31 March 2022 are represented by:				
Tangible assets	24,431	-	-	24,431
Intangible Assets	18,538	-	-	18,538
Current assets/(liabilities)	<u>405,404</u>	<u>180,759</u>	<u>183,320</u>	<u>769,483</u>
Transfers	<u>15,000</u>		<u>(15,000)</u>	-
	<u>463,373</u>	<u>180,759</u>	<u>168,320</u>	<u>812,452</u>

## **Analysis of net assets between funds – Current Year**

	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fund balances at 31 March 2023 are represented by:				
Tangible assets	23,070			23,070
Intangible Assets	10,041			10,041
Current assets/(liabilities)	<u>178,253</u>	<u>233,853</u>	<u>59,370</u>	<u>471,476</u>
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>





<u>211,364</u>	<u>233,853</u>	<u>59,370</u>	<u>504,587</u>
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## 2 3 Related party transactions

### Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2023	2022
	£	£
Aggregate remuneration	196,917	161,410

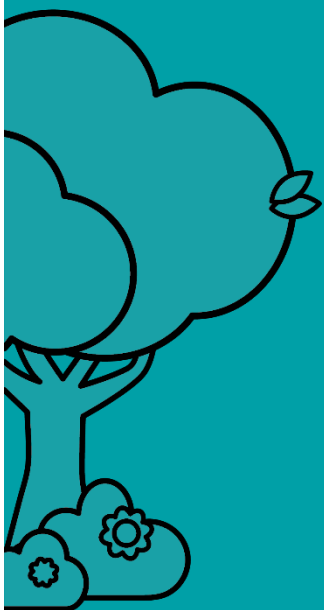
## 24 Cash generated from operations

	2023 £	2022 £
Net (expenditure)/income for the year (as per the statement of financial activities)	(307,865)	66,071
Adjustments for:		
Investment income	(4,247)	(2,796)
Depreciation of tangible fixed assets	24,554	9,790
Amortisation of intangible fixed assets	-	8,497
Loss on disposal of fixed assets	35	
Movements in working capital:		
(Increase)/decrease in debtors	24,477	(64,036)
Increase/(decrease) in creditors	8,038	66,349
Increase/(decrease) in deferred income	(50,550)	63,630
<b>Net cash provided/ (used by) by operating activities</b>	<b>(305,558)</b>	<b>148,505</b>

**SHARED LIVES PLUS LIMITED**  
**A COMPANY LIMITED BY GUARANTEE**  
**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2023***



Shared Lives Plus Limited is incorporated under the Companies Act as a company limited by guarantee and not having a share capital. The liability of each member is limited to £1.





## **Shared Lives Plus**

Eleanor Rathbone House  
Connect Business Village  
24 Derby Road  
Liverpool  
L5 9PR

0151 227 3499

Reg Charity number (England and Wales) 1095562

Company number 4511426

Reg Charity No (Scotland) SC)42743