



2022 GRAN FONDO
WORLD CHAMPIONSHIPS

TRENTO
ITALY



CAMPIONATI
DEL MONDO
GRAN FONDO
UCI 2022

15-18
SETTEMBRE

TRENTO | ITALY

TECHNICAL GUIDE

#Trento2022
#Trentoride

www.trento2022-ucigranfondoworlds.it



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WELCOME TO TRENTO, CITY OF HISTORY, NATURE AND SPORTS

Trento is a mix of history, culture, and nature, as well as one of the cities with the best quality of life in Italy. For centuries, the prince-bishops were undisputed lords of this flourishing city. An iconic meeting point between the Mediterranean and the Continental world, where the famous Ecumenical Council was held in the 16th century.

The culture is also vivid, thanks to the prestigious University, the MUSE-Trento Science Museum, designed by Renzo Piano, the Castle of Buonconsiglio, the precious Diocesan Tridentine Museum and a museum such as the Underground Archaeological Site of Tridentum that reminds to the Roman origin of the city. An amazing sight is given by the mountains around the city, with trees and parks, and the Sardagna waterfall making the city view unique.

MONTE BONDONE, A TERRACE OVERLOOKING THE ALPS

The Monte Bondone is one of the most spectacular panoramic terraces of the Alps. Over two thousand meters high, it is only 15 km from Trento and is easily accessible by public transportation, both in summer and winter. It has a preserved natural environment, also thanks to the Integral Nature Reserve that safeguards the species of flora and fauna.

The Alpine Botanical Garden, where more than two thousand species of plants and flowers from the five continents grow, is another gem of these protected areas.

TRENTINO: NATURE AND BEAUTY IN EVERY SEASON

Forest, natural parks, lakes and streams, valleys and majestic mountains: the greatest Trentino's richness is represented by the vastness of its natural areas and the variety of its ecosystems.

The landscapes of Trentino maintain a delicate balance between plants, people and animals, constantly protected with huge care and attention.

Over the centuries Trentino has proudly maintained its historical sites and the values of its tradition, making them coexist in harmony with technological innovation and an increasingly innovative offer, covering every season, especially outdoor activity and sports at all levels.

Dolomites and Lake Garda are only the most iconic examples of the beauty of this ecosystem, renowned destinations that make Trentino famous all over the world.

A CYCLING LAND

For its vocation as open-air gymnasium, Trentino's bonds with cycling are historically strong, thanks to a great tradition but also a quite unique offer of routes and trails for two wheels lovers: from the Dolomites peaks, theatre to the most exciting Giro d'Italia and Tour of the Alps (former Giro del Trentino) stages, to the thrilling MTB trails for every level, up to a vast network of cycle routes that can be covered without difficulty. In this territory, the stories of the great champions of the past are linked to the strong popular passion for cycling. Such as the Moser family, a true dynasty of champions headed by Francesco Moser and his incredible list of achievements, or today's professionals, without forgetting the successes of Maurizio Fondriest and

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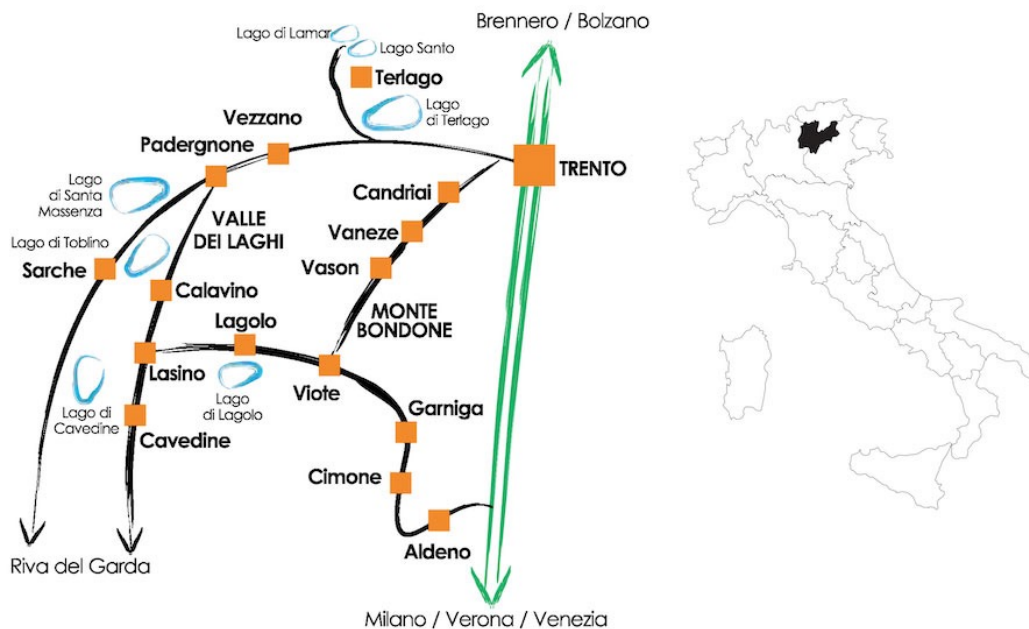
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Gilberto Simoni. Trentino has long occupied a top place in the international cycling scene, and will continue to do so in 2021, staging the European Road Championships for the very first time.

HOW TO REACH TRENTO

Trento and Monte Bondone are very close and connected by an easily accessible and scenic road (less than 20 kilometres to Vason, a resort at an altitude of 1650 m) and can be reached by coach and in winter by a skibus service.

There are numerous ways to reach the city or to use it as a starting point for excursions that allow you to discover enchanting places between lakes and vines, castles and peaks of the Dolomites. By car or coach:



Brenner Motorway (A22 exit Trento South or North), state road 12 of Abetone and Brenner from Verona or Bolzano; state road 47 (highway of the Valsugana) from Venice and state road 45 bis della Gardesana Occidentale from Brescia and Lake Garda.

For more information on the traffic conditions: freephone 800 994411 run by the Autonomous Province of Trento.

By train: from the North the Brenner railway and from Venice the Valsugana railway. The station is very near to Trento's historical centre (Piazza Duomo can be reached on foot in a few minutes). Two hundred metres from the main train station, you can find the Trento Malè train station, whose trains connect Trento to the Val di Non and the Val di Sole (it is not necessary to leave the main station: just follow platform 1 heading north). To find out the train timetables click here: www.trenitalia.it (Italy), www.bahn.de (Germany), www.oebb.at (Austria), www.sncf.com (France), www.ffs.ch (Switzerland).

By plane: the nearest airports are Verona (90 km), Brescia (165 km), Venice (155 km), Treviso (130 km), Bergamo (200 km), Bologna (225 km) and Milan (250 km), Transfer service with Verona Airport and Bergamo Airport available.

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Coach lines: Trento is linked to all the resorts in the province by an efficient coach service that allows those without a car to reach all the corners of Trentino at ease. There are also lines throughout the week that link Trento with some other European cities (Prague, Vienna, Innsbruck, Salzburg, Ceske Budejovice), whilst, in some periods of the year, the same service runs towards some Italian cities. The coach station (ph.0039.0461.983627) is in via Pozzo, one hundred metres from the main train station.

Dedicated Buses: dedicated buses will be available for participants and their companions from Bergamo and Verona to Trento and the other way around. Booking is possible through this link: https://booking.otg.agency/en/transfer?logo=https://otg.agency/wp-content/uploads/2022_UCI_ROAD_GF.png&from=20220913&to=20220919

EVENT PROGRAM

Wednesday 14TH SEPTEMBER

09.00 – 18.00	Registrations and race packs collection – Headquarters
10.00 – 12.00	Preliminary time trial check (not mandatory) – Race Village
14.00 – 15.00	Riders briefing for Individual Time Trial ENG and ITA – Headquarters
15.00 – 17.00	Preliminary time trial check (not mandatory) – Race Village

Thursday 15TH SEPTEMBER

09.00 – 11.30	Individual Time Trial – Piazza delle Donne Lavoratrici (Trento)
14.00 – 16.30	Individual Time Trial – Piazza delle Donne Lavoratrici (Trento)
09.00 – 18.00	Registrations and race packs collection – Headquarters
18.30	Individual Time Trial podium ceremony – Piazza delle Donne Lavoratrici (Trento)

Friday 16TH SEPTEMBER

09.00 – 18.00	Registrations and race packs collection – Headquarters
14.00 – 15.00	Riders briefing for team relay ENG and ITA – Headquarters
19.00 – 20.00	Team Relay – Corso del Lavoro e della Scienza (Trento)
20.00	Team Relay podium ceremony – Piazza delle Donne Lavoratrici (Trento)
20.00	World Cycling Dinner – Gallerie di Piedicastello

Saturday 17TH SEPTEMBER

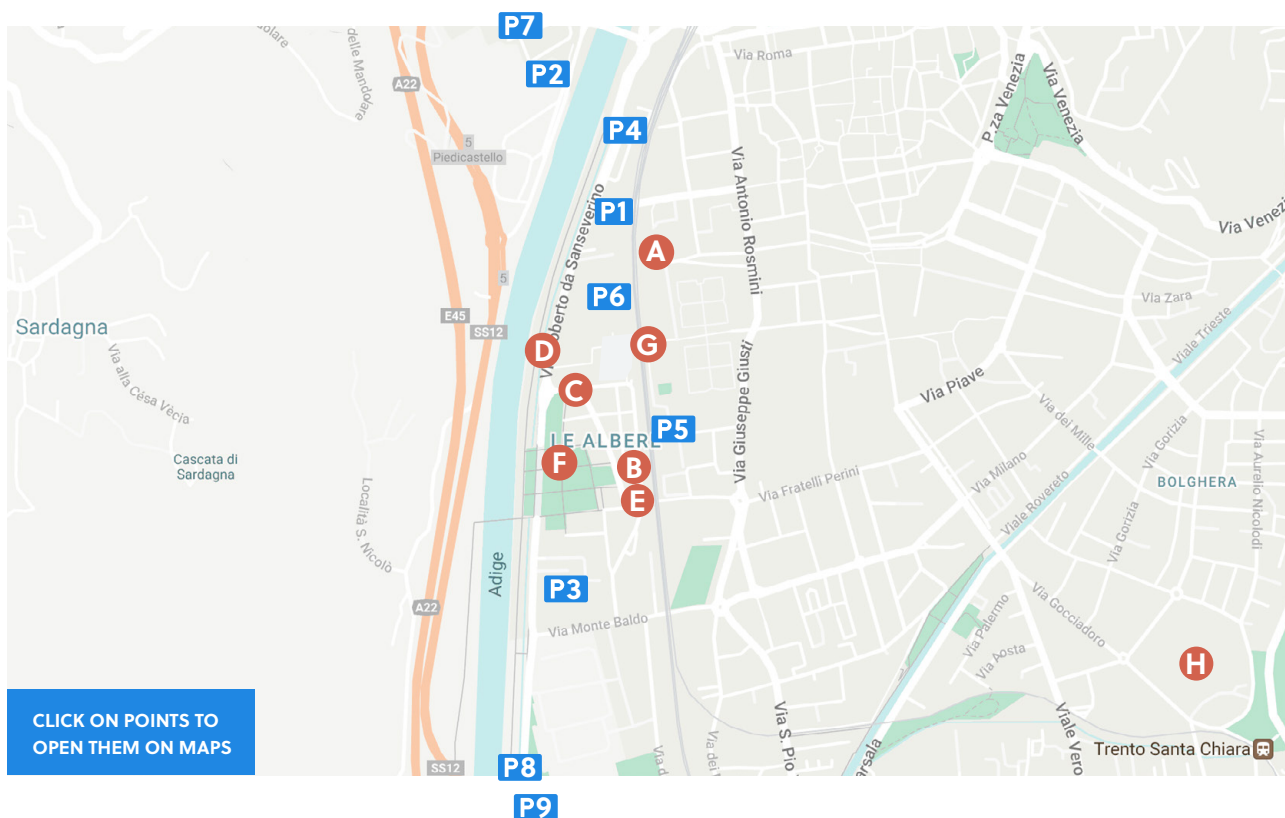
09.00 – 18.00	Registrations and race packs collection – Headquarters
14.00 – 15.00	Riders briefing for road race ENG and ITA – Headquarters
18.00 – 20.00	Time Trial Charly Gaul by Sportler: Monte Bondone – Sardagna-Vason (side event)

Sunday 18TH SEPTEMBER

10.00 – 16.30	2022 UCI Gran Fondo World Championships – Palazzo delle Albere (Trento)
13.30	Pasta Party
16.30	Podium ceremonies – Piazza delle Donne Lavoratrici (Trento)

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EVENT'S OVERVIEW ([click HERE](#) to discover the event's online map)



LEGENDA:

A: Event's Headquarters (LOC offices, accreditation, technical meetings, bar/restaurant, medical service)
Trento Fiere, Viale Briamasco 3, Trento

B: Individual Time Trial start and finish venue
Piazza delle Donne Lavoratrici, Trento

C: Team Relay start and finish venue
Corso del Lavoro e della Scienza, Trento

D: Gran Fondo and Medio Fondo start venue
Via Roberto da Sanseverino, Trento

E: Gran Fondo and Medio Fondo finish venue
Piazza delle Donne Lavoratrici, Trento

F: Awards and entertainment area
Parco Michelin, Trento

G: Expo Village
Parco del Muse, Trento

H: Hospital
Santa Chiara Hospital, Trento



- P1.** Sanseverino (free)
- P2.** Italcementi
- P3.** Monte Baldo (free)
- P4.** Canestrini (free)
- P5.** Albere (pay)
- P6.** Trento Fiere (pay)
- P7.** Zuffo (free)
- P8.** Palatrento C
- P9.** Bartali

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RACE OFFICE OPENING HOURS

From Tuesday to Sunday, from 8:30 to 7:00pm

REGISTRATIONS' OPENING HOURS

From Wednesday to Saturday at from 9:00am to 6:00 pm

BIKE PARKING'S OPENING HOURS

Bike Parking at the event Headquarters, located at Trento Expo, with **H 24 surveillance**, open from Wednesday to Monday.

Delivery and pick up every day from 7.00 a.m. to 10.00 p.m. - on Monday from 7.00 a.m. to 12.00 p.m..
Bike parking tickets may be purchased in advance as single tickets on selected date(s).

CAR'S PARKING OPENING HOURS | 14 - 18 SEPTEMBER 2022

Car Parking at the event Headquarters, located at Trento Expo, with **H 24 surveillance**, open from Wednesday to Monday from 7:00 am to 9:00 pm.

Delivery and pick up every day from 7.00 a.m. to 10.00 p.m. - on Monday from 7.00 a.m. to 12.00 p.m..
Car parking tickets may be purchased in advance:

OFFICIAL MEETING'S SCHEDULE

The rider's briefings before the races will take place on a non-mandatory basis at Trento Fiere Headquarter. Riders are mostly invited to attend, those participating to the World Championships for the first time even more. Every participant will receive details information about the race and will be allowed to ask questions, if any.

The official meeting's schedule is the following:
Wednesday, Sep 14th, 2:00 pm (time trial)
Friday, Sep 16th, 2:00 pm (team relay)
Saturday, Sep 17th, 2pm (gran fondo and medio fondo)

RESTAURANT'S OPENING HOURS | 14 - 18 SEPTEMBER 2022

Restaurant service at the event Headquarters, located at Trento Expo, open from Wednesday to Sunday, for lunch (12.00 p.m. - 2.30 p.m.) and dinner (6.30 p.m. - 9.00 p.m.), 3 course menu + water.

Meal tickets may be purchased in advance: single tickets (E 18,00) on selected date(s)/block of 5 tickets (E 90,00)/block of 10 tickets (E 170,00).

Please indicate your dietary requirements, restrictions, food allergies etc. in the special note box.

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HOW TO PARTICIPATE

If you have successfully qualified at one of the Gran Fondo World Series events being held across the world or if you received a wildcard, you will soon receive a personal email from Series coordinator Erwin Verweken. Enclosed will be a private link to register for the 2022 UCI Gran Fondo World Championships. This link will be for qualified riders only and all registrations will be cross-checked with the competitor lists from each event. If you register without being qualified or officially invited, your registration fee will not be refundable and you will be removed from the startlist.

If you have not yet qualified, it is critical that you enter and finish in the top 20% of your age category at a selected UCI Gran Fondo World Series event. For a full calendar of qualifier events, please visit www.ucigranfondoworldseries.com

If you think you qualified, but haven't yet received the invitation email, please contact info@ucigranfondoworldseries.com to enquire about your qualification status and invitation. Please also check your spambox as it might be that your mailing program has blocked the mail which will come from noreply@ucigranfondoworldseries.com

INDIVIDUAL TIME TRIAL | Thursday 15TH SEPTEMBER

The Individual Time Trial race setup will be in Piazza delle Donne Lavoratrici, 850m from the Race Village. All bikes will be checked before each rider start.

Distance: 19.6 km

Start location: Piazza delle Donne Lavoratrici – Trento

Finish line: Piazza delle Donne Lavoratrici – Trento

Riders brief: 14th September, 2pm – Headquarters

Starts will be given according to UCI age groups as of 9am, with 30 second intervals.

Woman first to start (from older age groups to younger), followed by older men age groups.

Youngest men will be the last to depart.

The race course will be not accessible to riders after 8am.

Turbo trainers will be available at the start from 7.30am, for max time of 20 minutes per rider.

Drafting is forbidden; any riders not obeying this rule will be disqualified.

When overtaking a rider, you must ensure a distance of 2m separates both riders, and the overtaken rider must leave a gap of 25m behind the passing rider.

TEAM RELAY | Friday 16TH SEPTEMBER

This is not an official World Championships event, it is open to all athletes who are registered for the time trial and/or Gran Fondo/Medio Fondo.

The course is inside the new quartier "Le Albere". Each rider will complete 3 laps of a 2,1km circuit, before passing the relay to the next rider of the team.

Distance: 2,1 km

Start location and finish line: Corso del Lavoro e della Scienza – Trento

Riders brief: 16th September, 2pm – Headquarters

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REGISTRATION PROCEDURE:

Riders can enter as a complete team or as an individual rider wishing to join a team. To submit a team or an individual entry, please email the following information to info@ucigranfondoworldseries.com :

- for 4-person teams: nationality, full name of each rider, date of birth of each rider, email of the team leader.
- for riders who want to form a team with other participants: nationality, full name, date of birth, email.

Note: best endeavors will be made to assist individuals in joining a team but their participation cannot be guaranteed.

Deadline: all teams and individuals must submit their entry via email before September 10th. If all 25 teams will be not filled by 10th September, on-site registrations will also be possible on Friday 16th September.

GRAN FONDO AND MEDIO FONDO | SUNDAY 18TH SEPTEMBER

Road race passes through the beautiful territory of the Trento district, with its seven lakes, its mountains, the fascinating historical sites and the breathtaking landscapes.

Gran Fondo distance: 143.8 km

Elevation gain: 3.900 m

Medio Fondo distance: 86.8 km

Elevation gain: 2.218 m

Start location: Via Roberto da Sanseverino, Palazzo delle Albere – Trento

Finish line: Piazza delle Donne Lavoratrici – Trento

Riders brief: 17th September, 2pm – Headquarters

VERY IMPORTANT: the starting grids will be open 30 minutes before the start of each group. The first row of each start group is reserved for the age group winners of the qualifier events and defending world champions, who will be able to access the first row from the sidewalk 7 minutes before their respective start.

CHARLY GAUL UPHILL TIME TRIAL (Side event, Saturday 17TH SEPTEMBER)

The UCI Gran Fondo World Championships 2022, to be held from September 15th to 18th in Trento, Italy, enrich their program with a side event dedicated to non-qualified athletes. It's the Charly Gaul Uphill Time Trial, a 13,6 km and 1048 mt elevation gain route starting from Sardagna to Vason and retracing the exploit of the Luxembourgian athlete who left an indelible mark on the mountain symbol of Trento cycling during the 1956 Giro D'Italia.

The very first edition of this appointment will see the light on Saturday, September 17th, with the first rider starting at 6 p.m. CEST. Registrations for the side event start today, Monday, June 20th, until Saturday, September 17th, unless all available race numbers are sold out. The registration fee is €25.00 until August 31st and €40.00 from September 1st.

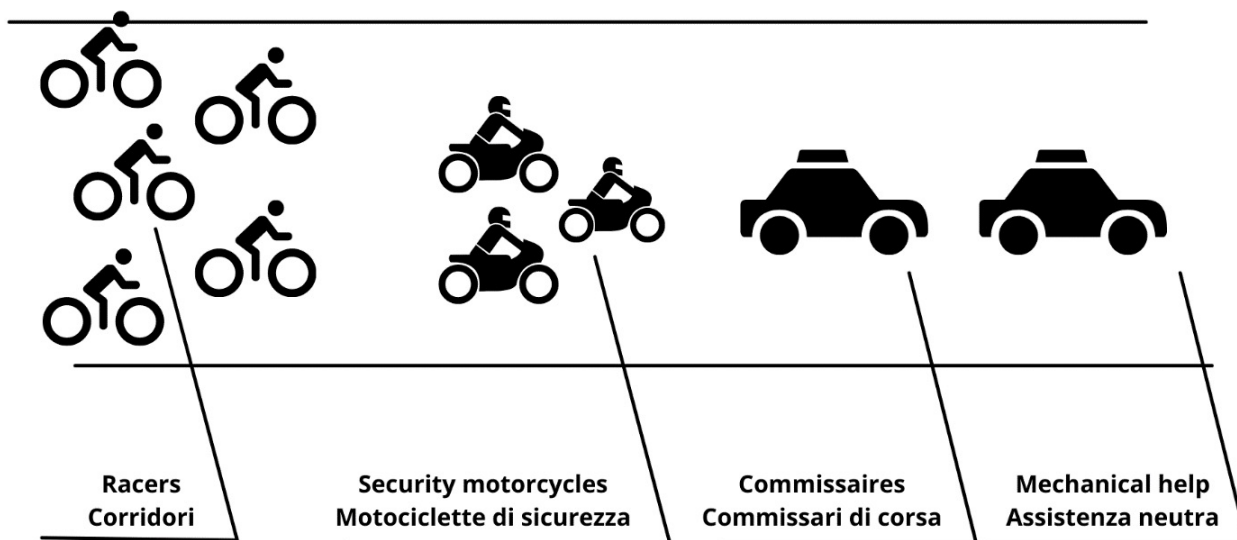
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STARTING SCHEDULE

CATEGORIES	START TIME		
Men 19 - 34	10:00	GRAN FONDO	
Men 35 - 39	10:05		
Men 40 - 44	10:10		
Men 45 - 49	10:15		
Men 50 - 54	10:20		
Men 55 - 59	10:25		
Women 19 - 34	10:30		<p>Waiting area for all categories of racers: via Roberto da Sanseverino Zona di attesa per tutte le categorie: via Roberto da Sanseverino</p>
Women 35 - 39			
Women 40 - 44			
Women 45 - 49	10:31	<p>Category preparing for departure Categoria prossima in partenza</p>	
Men 60 - 64			
Men 65 - 69	10:41	<p>Category ready to start Categoria in partenza</p>	
Men 70 - 74			
Men 75 - 79			
Men 80 - 84			
Women 50 - 54	10:42	MEDIO FONDO	
Women 55 - 59			
Women 60 - 64			
Women 65 - 69			
Women 70 - 74			
Women 75 - 79			

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ROAD USE RULES



Please note that between the vehicle of "STARTING RACE" and the one of "END OF RACE" (broom wagon) there will be an hour of complete traffic stop in both directions during **MEDIO FONDO** and **GRAN FONDO**. Athletes must therefore observe traffic laws, keeping very carefully their right and respecting every road signage and each runner is required NOT to remove the race number.

FEED ZONES

Feed zones will be located at the following locations:

- KM 30 in Viote (Gran Fondo and Medio Fondo)
- KM 75 in Candriai (Gran Fondo and Medio Fondo)
- KM 84 in Vason (Gran Fondo only)
- KM 132 in Candriai (Gran Fondo only)

From 50m before those locations up to 50m after there will be a green zones where to throw waste accumulated during the race. Riders are not allowed to throw any waste out of the green zone. Time penalties will be given to all riders not respecting gate rule.

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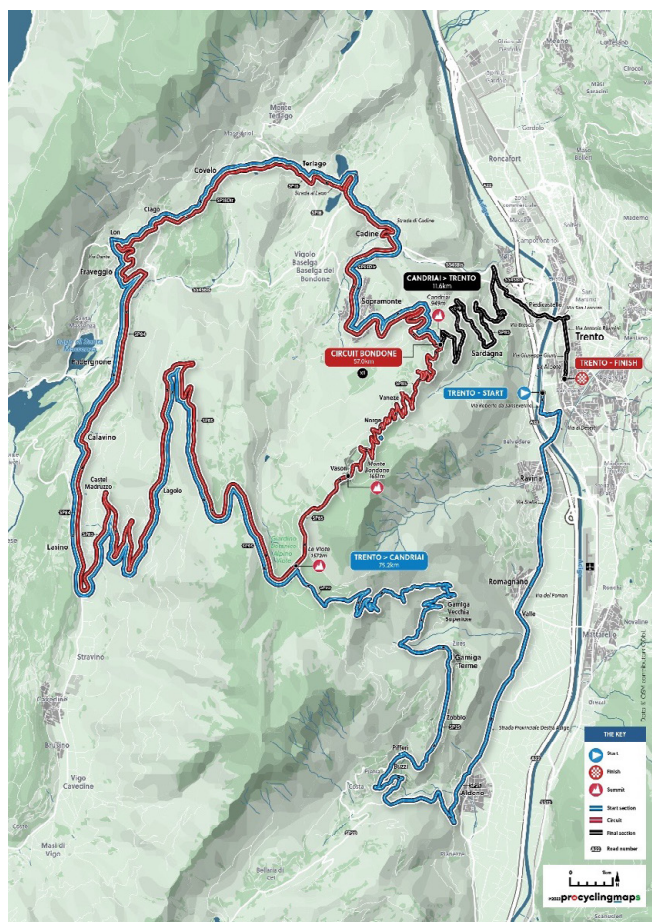
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GRAN FONDO

With 3900 meters of elevation gain distributed over 143,8 km, the Granfondo route fits athletes who love climbs. Only the first 10 km are flat, from Trento to Aldeno, and at the beginning of the first ascent for about 20 km to Monte Bondone, which will take the group to the top of the Le Viote plateau.

After cresting, there will be room to recover in the following 20 km of descent that will end in Calavino. At that point, an intermediate stretch will begin carrying a minimum slope that will lead to the start of the second ascent to Bondone, from the Sopramonte side.

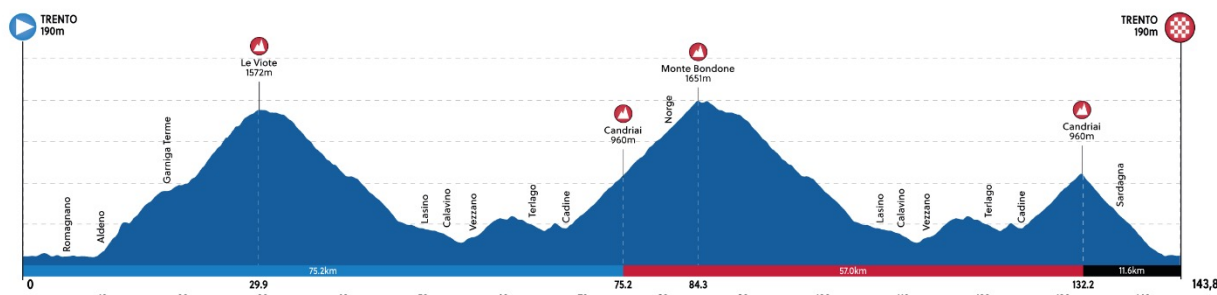
The climb is regular and very challenging (slopes are constantly between 8 and 9%). At the top, at an altitude of 1557 meters, the group will be served with a long descent towards Lasino and Calavino. At that point, athletes in the race will pass again through Terlago before facing the third ascent to Bondone, but this time up to the village of Candriai. At the top there will be 13 km to go, 10km downhill and the last 3km on the flat towards the finish line in Trento, Le Albere quartier.



- **Trento – Trento**
Distance: 143,8 km
Elevation gain: 3900

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MEDIO FONDO

The "Mediofondo" course of the World Championships in Trento is 86.8 km long. In the first 30 km, the course follows the Granfondo race, with the ascent of Bondone from Aldeno to the Le Viote plateau and the following descent towards Lasino and Calavino.

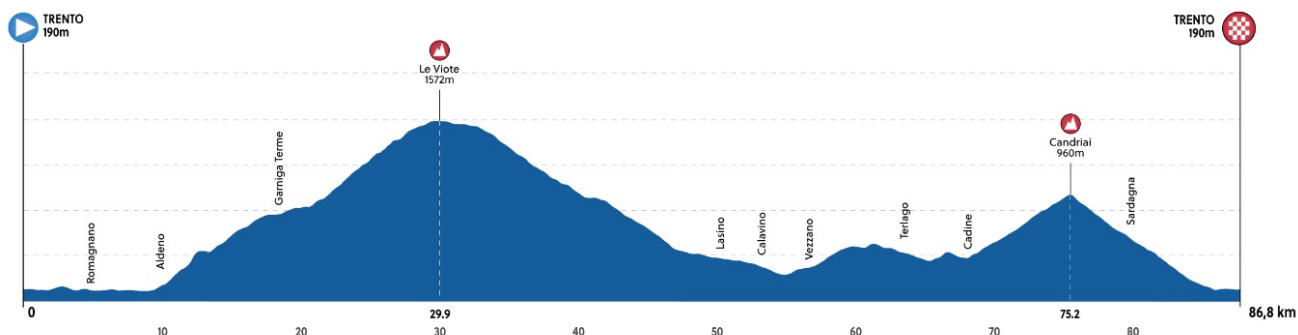
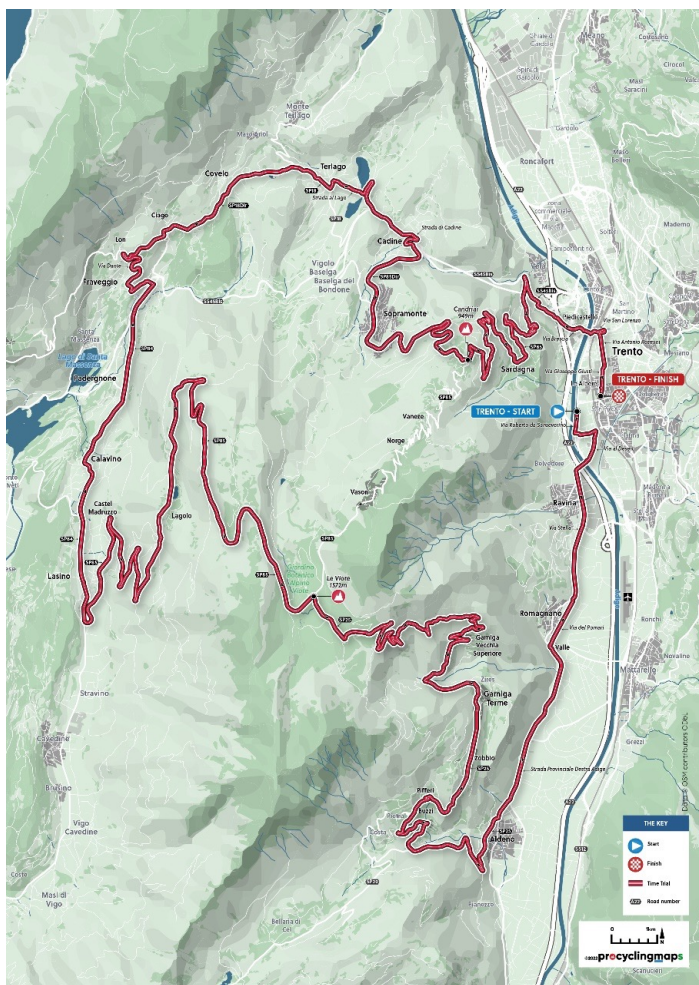
At that point, the Mediofondo riders will tackle a slight slope section that runs alongside Vezzano, Terlago and its lake. With around 20km to go, the peloton will once again tackle the climb of Bondone from Sopramonte to the village of Candriai.

At the top there will be 13 km to go, 10km downhill and 3km flat towards the finish in Trento, Le Albere quartier.

- **Trento – Trento**
Distance: 86,8 km
Elevation gain: 2218

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TIME TRIAL

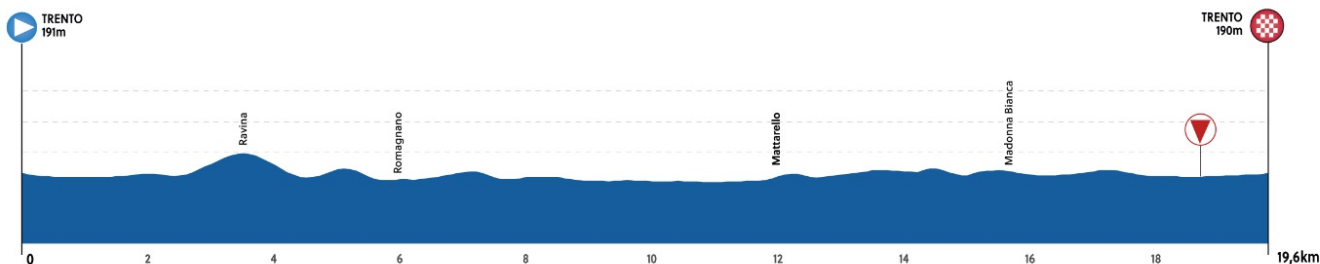
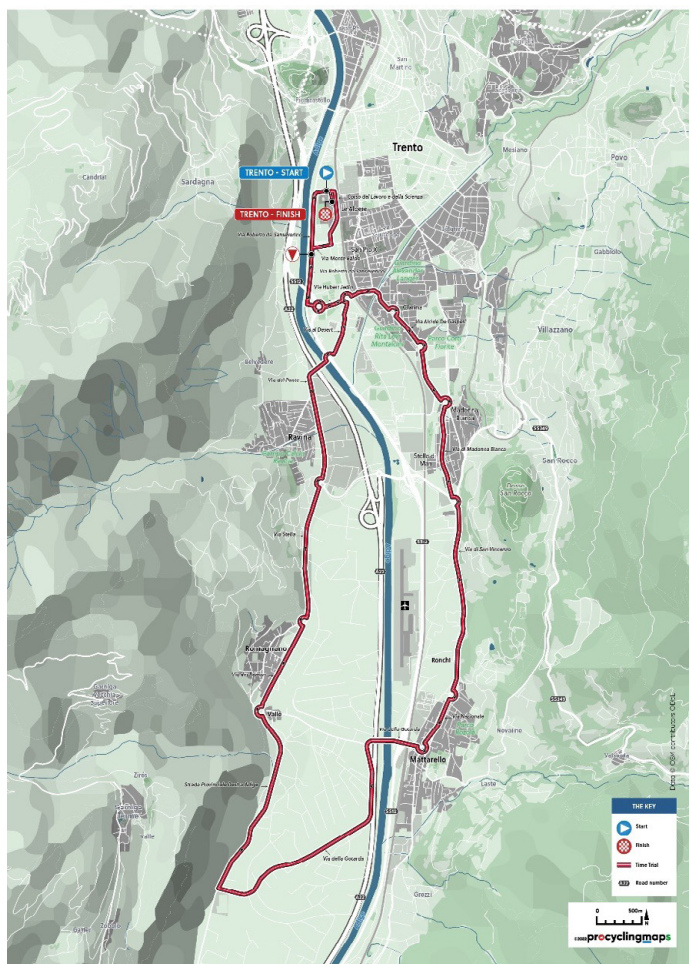
The 19.6km track that stages the time trials is entirely flat, suitable for those capable of pushing long gears.

The start and the finish of the individual time trial are located in Piazza delle Donne Lavoratrici. The initial and final sections are the most technical, featuring a 90-degree bend and the crossing of a few roundabouts in the city centre. The central section runs over long straight roads, where high speed can be generated.

- **Trento – Trento**
Distance: 19,6 km
Elevation gain: 150

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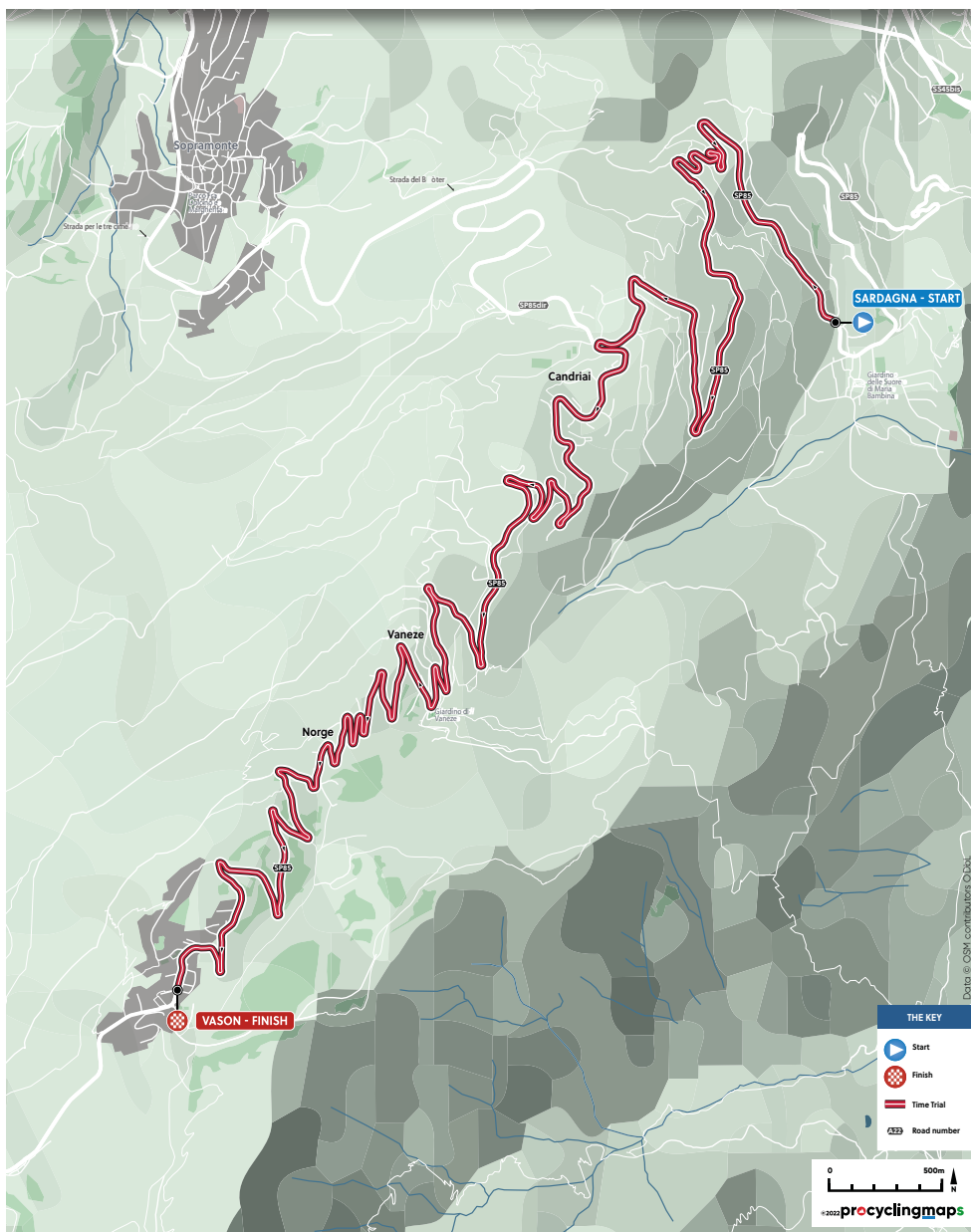


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RACE MAP



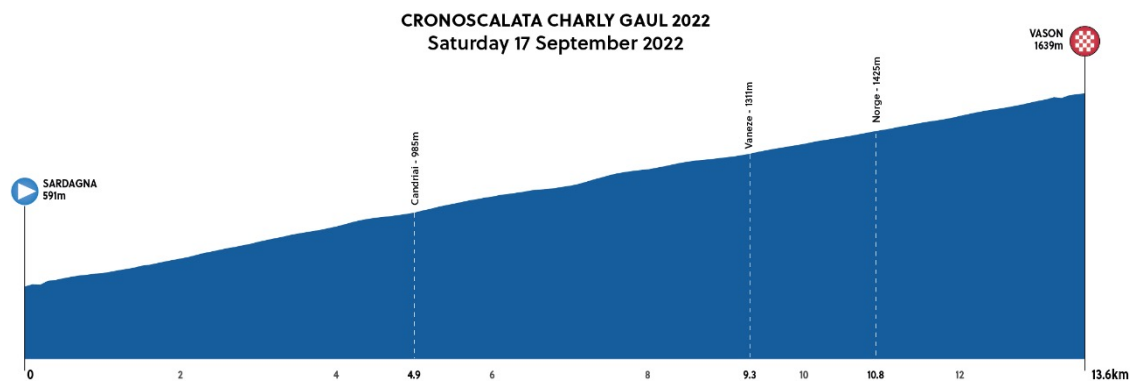
Saturday 17 September 2022
Sardagna - Vason, 13.6 km



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Athletes who are not members of any sport association and non-Italian athletes are also allowed to participate in the time trial, upon presentation of a valid sport medical certificate (cycling races) or health certificate for cardiovascular intensive sport activity (cycling races), which can be downloaded from the event's official website and must be duly signed and stamped by a doctor.

For the athletes who are not members of any sport association, a daily card from the Italian Cycling Federation will be activated for insurance coverage at a cost of €10.00.



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TEAM RELAY

The team challenge takes place on a 2,1 km loop, charted to surround the Trento's Le Albere quarter, with start and finish located in Corso del Lavoro e della Scienza.

The course is entirely flat. Long and fast straights are interrupted by sharp left-hand corners that will test the riders' handling while battling on the line by hundredths of second.

The team must be composed of at least one male and one female rider representing the following age groups and all wearing the same national jersey.

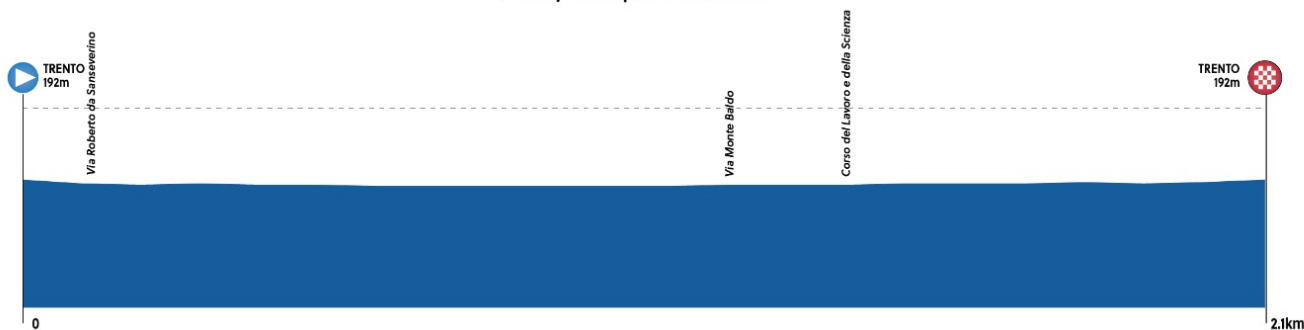
- One male any age
- One female any age
- One male/female 40+
- One male/female 50+

One rider per team must be present during the briefing on Friday afternoon 2pm

- **Trento – Trento**
Distance: 2,1 (lap) km



UCI GRAN FONDO WORLD CHAMPIONSHIPS - TRENTO 2022 TEAM RELAY Friday 16 September 2022



GALA DINNER | Friday 16TH SEPTEMBER

Trento event's gala dinner will surprise you, join the party!

The traditional Gala Dinner, staged during the 2022 UCI Gran Fondo World Championships, will take place on September 16th in Trento, 1930 CET: gather the international cycling community for a special and joyful party. The dinner will take place at Galleria Piedicastello, a fascinating and surprising location housed in two disused road tunnels: 600 metres of great installations turned into a museum atmosphere!

For the occasion, the local chef are conceiving an exciting menu with plenty on local dishes and specialities. Vegan, vegetarian, gluten and lactose-free menus are also available on demand. Please indicate any dietary requirements, restrictions, food allergies etc. in the special note box.

Cost: 60,00 per person

Timing Transponders

The Timing transponder must be returned at the end of the race. Riders will be charged € 100,00 for each not returned transponder.

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TRANSFERS (Trento - Monte Bondone)

From Wednesday to Monday, free for those lodged in the Monte Bondone area by the LOC accommodation service.

COVID SERVICE OPENING HOURS

The registered people aiming to undergo the swab test can do it at the headquarters in Trento, opening times as follow:

Tuesday, from 2:00 pm to 7:00 pm

Wednesday, from 8:00 am to 6:00 pm

Thursday, Friday and Saturday from 10:00 am to 12:00 am and from 4:00 pm to 6:00 am.

HOSPITALS

H TRENTO (Ospedale Santa Chiara) – Trauma Center

Address: Largo Medaglie d'oro 9, Trento (TN)

H ROVERETO (Ospedale Santa Maria del Carmine) – Second level hospital

Address: Corso Verona 4, Rovereto (TN)

H ARCO (Ospedale di Arco) – First level hospital

Address: Viale dei Capitelli, Arco (TN)

VISAS

Each qualified rider or group of participants are responsible for obtaining the appropriate documentation and the VISA through the Italian Embassy in their own country, if required, to attend the 2022 UCI Gran Fondo World Championships scheduled in Trento, 15th-18th September 2022.

In order to proceed accordingly, each participant or group of participants must contact the Organizing Committee (info@trento2022-ucigranfondoworlds.it) providing the following information:

- Name and surname
- Nationality
- Date and place of birth
- Passport number
- UCI code number
- Function (i.e. athlete, coach, accompanying person, etc.)
- Arrival and departure date
- The exact place (hotel or similar) where lodging during the event upon confirmed reservation.

Once received all above, the LOC – under approval of the Italian Cycling Federation - will release an official invitation letter addressed to the applicant(s) with the Embassy in Italy of the applicant's country, the Italian Cycling Association, and the UCI in cc.

GENERAL UCI REGULATIONS

- All categories, even starting together will have separate world titles.
- Starts will be given in different intervals. When groups merge together along the course, they can ride together during the granfondo/mediofondo. Only exception : a man specifically waiting for his wife/ girlfriend to push/pull during the event will be removed from the race.
- All age groups will have different colours of race numbers so you can see who is your competitor in your age group during the event
- The start time of your group is the GUN time of your start, meaning that your position at the finish line is also your result in the race!
- **National jersey**
 - The wearing of the national outfit representing your nationality is mandatory
 - You are allowed to have your private (club) sponsors on your jersey as long as the colours and design is the same as the original
 - A club jersey with a flag of your country is not a national team jersey!
 - No sleeveless shirts, no compression socks, no rainbow stripes on helmet or socks
 - A helmet is mandatory during all training rides and races
- **Podium ceremonies**
 - Riders need to be dressed in cycling outfit for the official UCI podium ceremonies (jersey + shorts)
 - No glasses, hats, caps, open shoes
 - No publicity sticker on the jersey during the ceremony
 - From old to young, alternating men and women
- **Neutral support**
 - Different neutral support cars will start in front of the race and will only serve the battle for the World titles, not the main peloton

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- Riders are advised to bring spare tubular/tyre
- It's forbidden to have your personal car following you during the race
- Neutral support during the time trial and team relay will be at a fixed location halfway along the course
- Medical certificate : all riders, even those who obtained their race license after a medical exam, need to present a medical certificate during online registration. You can download the document in ENG, FRA and ITA (with links on the ENG, FRA, ITA)
- Doping control : chaperons will wait for riders having to go to doping control, but it's the riders' responsibility to check if he/she has to go to dopingcontrol.

BIKE REGULATIONS

In the World Championships, all bikes will be checked for compliance with the UCI's regulations. 2 commissars have been appointed specifically for bike checks on Thursday, Friday and Sunday.

Summary of the bike regulations:

- The minimum weight of the bike shall be 6.8 kilograms (without bottles and computers)
- The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. For morphological reasons, the rider may request to place the peak of his saddle up to 0cm from the bottom bracket axle.
- For time trials, a fixed extension may be added to the steering system; in this instance, the height difference between the elbow support points and the highest and lowest points of the handlebar extension (including gear levers in the most vertical position) must be less than 10 cm.
- The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar extensions may not exceed 75 cm. For morphological reasons, the rider may request to place the extensions up to 80cm from the bottom bracket axle. In any case, the rider must choose between positioning the saddle to 0cm, or place the extensions up to 80cm, because only one morphological exception is granted.
- For a rider who is 190cm tall or taller, it is possible to place the extensions up to 85cm. In that case, it is necessary to present itself to the Commissaires' Panel sufficiently in advance before the start of the race, in order that the commissaires proceed to a verification of the size of the rider.

Riders who are uncertain about their bike coping with these regulations can do a preliminary (non-mandatory) bike check on Wednesday (10-12am and 3-5pm) in the race village. The bike check prior to your departure on Thursday is mandatory. You won't be allowed to leave the start area after your bike has been checked in the last 15 minutes prior to your start.

15-18
SEPTEMBER, 2022

CONTACTS

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