

NEWSLETTER

1

Sevankur Bharat's Introduction at SRTR GMC, Ambajogai

On 1st December, Sevankur Bharat organized a program at **Balika Ashram, Ambajogai**, to introduce new juniors to the essence and mission of Sevankur Bharat.

Vedant Dhavale and other senior members shared their experiences and insights about Sevankur Bharat. **Saurabh Ugale** guided the students and shared memorable stories. The event's highlight, **Jevankur**, brought everyone together over snacks and laughter.

During the program, participants had the heartwarming opportunity to interact with the children at Balika Ashram, fostering **bonds of compassion and understanding**.



2

KG Mittal Ayurved College comes for DHR visit

On 5th December, Sevankur Bharat along with **KG Mittal Ayurved College** organized a DHR visit to **Chhatrapati Sambhajinagar**, a place where care meets compassion. Participants explored projects like the **Lahuji Salve Aarogya Kendra** and **Onkar Balwadi**.

The visit included **inspiring sessions by experts like Dr Ashwini Asthaputre and Dr Pratibha Phatak**, who shared their journeys and emphasized the importance of selfless service. Engaging discussions with **Dr Ashwini Kumar Tupkari and Dr Sagar Dole** inspired students. **Dr Prashant Gaikwad** encouraged participants to share their experiences, creating a sense of unity and purpose.



3

International Medical Outreach (IMO): Bridging Healthcare Globally



On 8th December, Sevankur Bharat had the honour of welcoming students from the **International Medical Outreach (IMO) program, University of Central Florida**. With warmth and Indian traditions, we greeted these aspiring doctors, who **travelled across the globe** to experience not just medical learning but also the spirit of Seva.

During their stay, the students immersed themselves in hands-on learning across departments like **Orthopaedics, Anesthesiology, Cardiology, and Obstetrics & Gynaecology** under the guidance of senior doctors. They witnessed how medicine extends **beyond treatment**. It is all about compassion, empathy, and **building meaningful connections**.

Together, we celebrated **India's rich culture**, shared joyful moments, and explored the beauty of **unity in diversity**. This journey was a fusion of cultures and values, fostering a shared commitment to creating a better, more **compassionate future in healthcare**.

As they bid farewell, we know this is not the end. The connections made, the values shared, and the memories created will stay with us **for a lifetime**.

We've captured these unforgettable moments in a **special film**, now available on our YouTube channel. **Scan the QR code** to relive the journey and celebrate the spirit of Seva with us!



4

A Heartwarming Hurda Party: Celebrating Togetherness with the Sevankur Family

On 1st December, **Dr Vishal Dhakre**, Sevankur Bharat Palak, hosted a delightful **Hurda Party** at his **farmhouse, Anandam Agro Resort, Ch. Sambhajinagar**. This special event brought together the Sevankur Bharat Consultants and **their families** for a memorable day of joy and togetherness.

An organic farm tour further enriched the experience, connecting everyone to nature.

70 Sevankur family members from **five cities** came together, created memories and strengthened bonds during this day out.



5

Planting a Greener Future at Sankalp Vanrai with MGMSOP, Ch. Sambhajinagar



On 8th December, in collaboration with **MGM School of Physiotherapy**, Chhatrapati Sambhajinagar, we hosted a meaningful **tree plantation drive** at **Sankalp Vanrai**. Led by **Dr Yatindra Ashtaputre**, the students learned about the journey of transforming barren land into a flourishing green space with over 10,000 trees, ponds, and lakes to make it animal-friendly. The students enthusiastically took on various tasks, immersing themselves in the **spirit of seva and sustainability**.

6

Manthan Katta: Fostering Connections in Navi Mumbai Vibhag

On 14th December, we hosted the monthly **Manthan Katta** at **Rajju Bhavan, Belapur**, where **65 students** came together for an evening filled with **meaningful conversations, fun activities, and thought-provoking discussions**.

The session's highlight was an **insightful talk** by **Dr. Prashant Waghmare** from **Yerala Medical College**, who emphasized the value of Seva. He beautifully explained how a doctor's dedication impacts society's well-being.



सेवांकुर भारत

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7

Discovering Impactful Projects: A Visit to Dhule Vibhag



On 21st December, Sevankur Bharat organized a visit to **Navjivan Blood Bank in Dhule**, offering participants a chance to witness the incredible **impact of blood donation** and understand how even a small act can save lives.

This experience highlighted the **importance of selfless service** and showed how each contribution can bring hope and change to those in need. It was a moment to reflect on how **healthcare is not just about treating illnesses but also about fostering compassion and collective responsibility.**

8

Inspiring Service through Rural Visits

On 22nd December, we organized a **healthcare camp at Chimanpurwadi and Jogwada**. A dedicated group of **54 medical students from GMC, SRIMS, and MGM School of Physiotherapy** participated alongside consultants **Dr Amruta Jadhavar, Dr Akanksha Patil, and Dr Shraddha Verma**.

Over **90 villagers** received health check-ups, including blood pressure and sugar level tests, along with general examinations. This camp was **not just about patient care but also about personal growth and experiencing the joy of seva.**



9

Medical Screening Camp: Uplifting Lives in Konkan Prant

On 25th December, in collaboration with the **Seva Sahayog Foundation**, we successfully conducted a medical camp at **Swami Vivekanand School, Sanpada**. Students from **YMT Ayurvedic College and Dr NYT Medical College** participated under the guidance of **Dr. Ram Nakade and consultant Dr. Venkatesh**.

The camp provided health **check-ups for 150 children**. Awareness sessions on hand hygiene through **skits and dances** were conducted for younger children, while adolescent girls attended special sessions on menstrual hygiene and sanitation.



10

Ayurved Mahavidyalaya, Sion comes for DHR visit

On 28th December, we welcomed students from **Ayurved Mahavidyalaya, Sion**, for a DHR visit. The visit included insightful sessions with experts like **Dr Ashwinikumar Tupkary, Dr Lahoti, and Dr Amar Satpute**, who inspired the group with their guidance on community health, seva, and the power of unity. Students also explored the hospital's diverse initiatives, including **one of the largest Blood Banks in Asia, Lahuji Salve Arogya Kendra, and Vihang School for special children.**

Through these interactions, they gained practical insights into integrating social responsibility with medical practice, inspiring them to **embrace the values of seva in their professional journeys.**



11

Celebrating Vel Amavasya with Gratitude and Joy



On 29th December, Sevankur Bharat organized the **Vel-Amavasya Karyakram at the Natural Sugar Factory in Ranjani, Dharashiv.** With **60 students** from various colleges across the Sambhajinagar Vibhag, the day was filled with enriching activities and meaningful interactions.

Students then explored the factory and gained insights into its operations. **Vinod Ji Kucheriya, Jitendra Khandalkar, and Dr Radheshyam Kulkarni** introduced everyone to Sevankur Bharat's mission and vision, inspiring all with their words.

The event was also enriched with **thought-provoking discussions**, intellectual games, and a heartfelt meal shared in the **spirit of togetherness.** It was a day that left everyone with cherished memories and a deeper connection to our cultural roots.

12

Madhya Pradesh Introduction Sessions



Three dedicated students from Madhya Pradesh, **Gaurav Gupta, Shriram Patel, and Mohit Jain**, generously gave their valuable time for a **two-day journey to introduce Sevankur in medical colleges across the region**

The team began their journey early in the morning, travelling from Jabalpur to Satna, where they conducted sessions at **Government Medical College, Satna**. From there, they continued to Rewa, staying overnight, and engaged with students at **Shyam Shah Medical College and Government Ayurved College, Rewa**. Their journey also included impactful interactions at **Hitkarini Dental College, Jabalpur, and Government Ayurved College, Jabalpur**.

This effort to introduce Sevankur across medical colleges in Madhya Pradesh is a **moment of pride and joy for us all**.



13

Consultant Get-Together in Madhya Pradesh



On 8th December, we hosted a meaningful get-together with consultants and students at the serene **Radha Raman ISKCON Temple, Jabalpur, Madhya Pradesh**. Madhya Pradesh is not only known for its **historical landmarks and vibrant culture** but also for **fostering a deep connection to spirituality and service**.

The event was graced by the presence of esteemed consultants, including Dr Sachin Kuchya (Exam Controller, MPMSU), Shri Radha Govind Ji Sir (Retired Scientist, BARC), Dr Himanshu Acharya (Pediatric and Neonatal Surgeon, NSCBMC, Jabalpur), and Dr Rumita Acharya (ENT, Head and Neck Surgeon).

The gathering included enriching discussions on the **timeless teachings of the Bhagavad Gita, fostering a spirit of learning and reflection**.



We Thank Our Medical Student Volunteers - Dec 2024

We feel blessed for your one week of dedicated time to service!

1. Prasad Kumbhar
2. Dipali Nemade
3. Gopal Dipak
4. Kirtane Vaibhav
5. Onkar Wankhede
6. Bhairavanath Konade
7. Shivani Gupta
8. Manasi Kongari
9. Khushboo Yadav

We Thank Our Consultants - Dec 2024

Dr. Shraddha Verma
Dr. Akanksha Patil
Dr. Prashant Waghmare
Dr. Vyankatesh Jawalgekar
Dr. Radheshyam Kulkarni
Dr. Sachin Kuchiya
Dr. Saurabh Maru
Dr. Dilip Khanale
Dr. Rajashri Khanale
Consultants from Dr Hedgewar
Rugnalaya
Faculties of R K Damani Medical
College



Dear supporters and medical student volunteers, we extend our heartfelt gratitude for your long-lasting contribution and dedication.

Stay tuned for our monthly newsletters.

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“Service which is rendered without joy helps neither the servant nor the served.”

-Mahatma Gandhi

The true measure of a nation's progress is how it nurtures and uplifts its most underserved communities. Empowering every life builds the foundation of a stronger, united future.