



Beginners Syllabus - Cuban Salsa & Rueda Vol 1

# CUBAN VIBES DANCE SCHOOL

This flip book is a reference guide only and can be used to support your learning, please note this is not a tutorial guide.

[info@cubanvibes.com](mailto:info@cubanvibes.com) | [www.cubanvibes.com](http://www.cubanvibes.com)

Vol.1

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This flip book covers Cuban Salsa Partner work &  
Rueda moves from our BEGINNERS dance syllabus.

## LIST A - Z

Adentro y Afuero

Arriba

Abajo

Dame

Dame Dos

Dos con Dos

Dile que No

Enchufla

Enchufla Doble

Enchufla Complicado

Enchufla con Sacala

Guapea

Pascela (closed position)

Prima

Prima con Habana

Prima con Habana la Familia

Sacala

Sencillia y Dile que No

Sencillia y Son

Setenta (70)

Sombrero

Son (closed position)

Un Fly, Fly Doble

Vacilala

Vacilala con Vuelta

Vacilala con Engano

Dance moves featured on this page are from the  
Beginners syllabus.

Adentro y Afuera, Arriba, Abajo

Dance moves featured on this page are from the  
Beginners syllabus.

Dame, Dame Dos, Dos con Dos, Dile que No

Dance moves featured on this page are from the  
Beginners syllabus.

Enchufla, Enchufla Doble, Enchufla Complicado  
Enchufla con Sacala

Dance moves featured on this page are from the  
Beginners syllabus.

Guapea, Pascela (closed position)

Dance moves featured on this page are from the  
Beginners syllabus.

Sencillia y Dile que No, Sencillia y Son

Dance moves featured on this page are from the  
Beginners syllabus.

Prima, Prima con Habana, Prima con Habana la Familia  
Sacala



Dance moves featured on this page are from the  
Beginners syllabus.

Setenta (70), Sombrero

Dance moves featured on this page are from the  
Beginners syllabus.

Son (closed position), Un Fly, Fly Doble



Dance moves featured on this page are from the  
Beginners syllabus.

Vacilala, Vacilala con Vuelta, Vacilala con Engano





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If you have any ideas about ways we can improve our services please let us know.

Check out the full list of Beginners moves on our You Tube channel.





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