

SURVIVAL MD

Survival MD PDF Book Program by Dr. Radu Scurtu

"Survival MD PDF Book & Program by Dr. Radu Scurtu is a must-read for disaster preparedness. It is clearly written, easy to understand, and extremely informative. I highly recommend Survival MD!" - Zabian Crosby

"I think that everyone in the U.S. should have The Survival MD PDF Book & Program by Dr. Radu Scurtu. Could save your life!" - Mike Kirsch



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When I decided to organize the program included in The Survival MD PDF Book... I knew that the best crisis doctor would be someone who fights crisis on a day-to-day basis. And after a few months of research, I found my guy-in one of the poorest countries of the European Union: Romania.

The author of The Survival MD PDF Book and program is called Dr. Radu Scurtu, and he's a rather unusual surgeon. While he's working within the state-of-the-art French healthcare system... he actually earned his stripes in the terrible healthcare system that Romania had in the early 2000's.

So, we can say that the author of The Survival MD PDF Book, Dr. Radu Scurtu, had seen it all. No electricity. No proper disinfectants. Having to seat 2 patients in the same hospital bed, because of shortages. Rats and cockroaches.

Things that would make your stomach churn-and that you'd never see in the US under normal circumstances. Dr. Scurtu managed to get out of that system-first, working for a few years in Germany, before moving to France.

But he took with him a wealth of information on how to deal with a collapsed system. What's more, moving from "stone-age" to "state of the art" meant he could get the best of both worlds. Romania had taught him self-reliance and ingenuity. Western Europe provided the expensive toys.

As author of Survival MD PDF Book, Dr. Radu Scurtu reminded me of a lesson I learned from my grandpa, a self-made multi-millionaire, but who had weathered two wars and the Great Depression.

While Grandpa was happy to enjoy a life of luxury, he always liked to remind us that it can, and it will all go away.

He had lost it all multiple times-and had made it all back in multiples, with the help of God and of his own good attitude. Grandpa was fond of saying: "There is no education like adversity".

When I decided to organize the program included in The Survival MD PDF Book... I knew I had to persuade Dr. Radu Scurtu to share his wisdom with our community. Extracting practical wisdom from survival experts was, after all, our specialty.

But the good Dr. Radu Scurtu wasn't interested. He liked his privacy. He didn't like fame of any kind. And for sure he didn't want any of the negative attention that tends to come with being any kind of survival expert.

It wasn't about the money. The French healthcare system pays doctors handsomely. But I was determined to win this one-because I knew this wasn't about our egos. There was much more at stake-the lives of thousands of Americans who would be left helpless in a medical crisis.



After a lot of cajoling and maybe a little bit of emotional blackmail, I succeeded. And boy oh boy did we deliver.

We interviewed the doctor for two weeks straight. What's more, I was too paranoid to let the good doctor write it all by himself.

Truth is, as much as I loved his expertise, I was afraid we will end up with a program written for other doctors.

Too often, experts suffer from the "curse of knowledge". They know the stuff so well, that they forget what it was like to not know. So they tend to give really complicated explanations that no one really understands.

But that was fine. I knew nothing about how to be your own doctor in a crisis. So I asked all the dumb questions (so you won't have to). When I didn't understand something, I asked the doc to rephrase it in plain English.

And when we put it all together, it turned out to be the most practical course on medical preparedness you'll ever find. We called this program The Survival MD PDF Book (What to Do When There's No Doctor).

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First of all, The Survival MD PDF Book & Program by Dr. Radu Scurtu is NOT a medical tome. If you're planning on becoming a doctor or a registered nurse, this is NOT for you.

This is a practical, down to Earth, plain-English course on how a layman can "replace the doctor", when there is no doctor available, and you're in a life and death situation.

Second of all, it's NOT a book on how to treat yourself when you can easily go to your doctor. That would be plain stupid-and it would be irresponsible for me to suggest otherwise.

If you're looking for a way to stop going to the doctor when there's nothing wrong with the healthcare system.

It's my duty to tell you that you might put your life in great danger.

Third (and frankly I don't care if this hurts our sales), this is one book I hope you will never need. Just like I hope you never have to shoot your gun in self-defense, but it's wise to protect yourself.

If you want peace, prepare for war.

It's why we keep a big army even though we're not fighting the Nazis anymore. It's why you keep a fire extinguisher in the house.

The Survival MD PDF Book is a fire extinguisher. It will not prevent fires, but it might help you put them out.

Now that I got all this out of the way, let me tell you why I'm so excited about Survival MD PDF Book. There's no other "medical survival" program like it on the planet. And I'm not using these words lightly.

As far as I know, this is the only program of its kind. Something that will allow you to weather out a medical emergency where there is no doctor. It doesn't matter if it's a pandemic, a grid-down scenario, or a Katrina-like event that clogged hospitals for weeks.

Maybe you're familiar with the 80/20 principle. If not, here's a refresher: 80% of all our problems come from just 20% of causes. You learn 80% of any topic in about 20% of the time you study. You spend 80% of your time with less than 20% of your friends. Once you understand this universal principle, you'll start seeing it everywhere.

It's the same in medicine. Sure, you can go to medical school, pay a quarter million dollars, and sink 4 years or more into this. Or you can take a shortcut: learn the 20% of medical knowledge that will help you in 80% of the situations. And this is exactly what Survival MD PDF Book is about: a "layman's shortcut" to developing life-saving skills for a crisis.

The Survival MD PDF Book has one purpose, and one purpose only: to keep you and your loved ones alive until a qualified specialist can see you. And in order to do this, we pulled out all the stops.

Here's a glimpse of what you'll find inside:

- **Got asthma or COPD?** Dr. Radu Scurtu will show you how people with respiratory disease need to prepare (one of the things you absolutely need around the house is an oximeter. And 4 other things you need to order online right away).
- **Planning for long term medical survival?** Take care of this first-even if there's nothing wrong with your health (NASA does it to all their astronauts).
- **4 items to stockpile (not medicine!)** for someone who is wheelchair bound. Plus: what you should do if your MS is exacerbated and there's no doctor.
- **What if you have cardiovascular disease**, or peripheral vascular disease? And the dangerous warning signal that comes from your toes.
- The two fruits people with kidney failure must absolutely avoid... at least until a dialysis machine is available. Page 29.

Rub clove oil on a sore tooth for relief...

- ... and 7 other things you can do to prevent getting a deadly infection, when there's no dentist.
- What to do when there are no antibiotics available. Yes, veterinary antibiotics can help-but how do you know the right dosage? Page 44.
- **Why Augmentin may be the best antibiotic to stockpile** (if you can still find it). And 6 other antibiotics that may save your life from a deadly infection (#2 is the best for pneumonia).
- Does your medical go-bag have a **fully stocked "hygiene kit"**? **19 things you should hoard.** Page 55 of Survival MD PDF Book.

- **How to make your own toilet paper**, if you run out. (this recipe uses baby oil or lotion-and will give you a good alternative when panic buying emptied all store shelves).

How to build the ultimate medical go-bag...

- This includes cheap alternatives if stores and pharmacies run out of the essentials. Plus: **8 medical instruments you didn't know you needed** (but surgeons keep them in their homes for an emergency). Also included: 9 things to stockpile in your bug out vehicle.



- Simple and effective first aid techniques you need to learn now (including how to treat a bullet wound). This might come in handy if there's an economic collapse and mass social breakdown. Page 81.
- What to do if garbage disposal services stop working. Full list of supplies you need for emergency sanitation. And how to deal with human waste. Page 84 of Survival MD PDF Book.

Quick recipe for home-made hand sanitizer:

- Did you know you can make **your own hand sanitizer** that doesn't dry your hands, AND costs a lot less than the price-gouged versions you can find in stores? As you will learn in the Survival MD PDF Book, it's easy: all you need is some aloe vera gel and 99% isopropyl alcohol. You can still buy both online, in bulk. Take 1 part aloe vera gel and mix it thoroughly with 2 parts alcohol and you're set-for a fraction of what you'd have paid even before the pandemic!
- **4 essential medical skills** for the lay person. You'll learn how to treat mild to moderate burns; how to straighten and splint fractures; how to stop moderate bleeding; and how to take care of complex lacerations.

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- **The right (and simple) way to give CPR.** It's an easy but effective system called CAB, that stands for Circulation, Airway and Breathing. You'll also learn basic life support-like rescue breathing, chest compressions and basic first aid (you won't be able to give advanced life support... but basic life support might save a life).
- How to know within minutes whether your patient is in severe condition or it's only something mild using the **Glasgow coma score**.

In The Survival MD PDF Book & Program by Dr. Radu Scurtu, we've also included lots of information that we hope you never need-but that might become handy in a crisis situation.

Even if there's a complete shutdown of conventional healthcare... there's still hope. Because there are plenty of herbal remedies that will keep you healthier until there's a doctor.



For fever, you'll get a doctor's recipe for a mixture of yarrow, peppermint and elderberry flowers. For pain, you'll get 7 powerful reliefs.

And lots of proven remedies for cold and sniffing, sore throat, diarrhea and constipation, and lots and lots of other health problems.

- You'll discover the top 5 most likely causes of death you'll be faced with in the aftermath of a crisis. It may sound weird... But focusing on these, means you'll ward off up to 80% of the illnesses!
- And that's not all... Inside The Survival MD PDF Book & Program by Dr. Radu Scurtu, you'll find the worst medical mistakes you can do in a crisis.
- Do you know what you should never do if you're stabbed? There are two key procedures to avoid bleeding to death or even getting an infection.

- You'll learn how to put a dislocated shoulder back in its place just like professionals do. And it's easier than you think!
- You'll also find out how and where to get a few months' worth of prescription drugs without a prescription.
- And life-saving advice for dealing with a whole range of conditions-like heart burn and gastritis and much more.

And that's just a taste of what's in Survival MD PDF Book: we worked hard to bring you the ultimate medical crisis survival manual. And folks loved it.

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