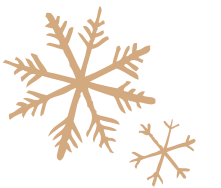




# NDIS

## SCHOOL HOLIDAY PROGRAM

**MONDAY-FRIDAY | 6-17 JULY 2026**





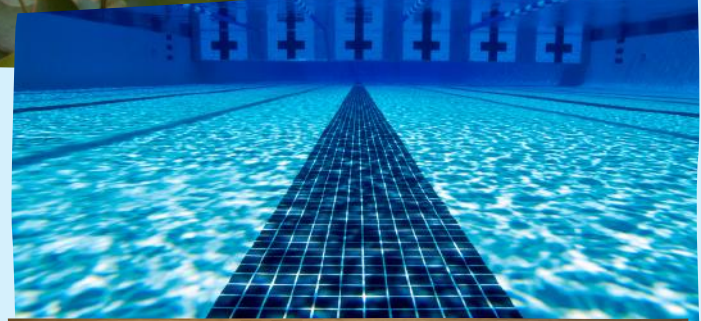
**Monday - July 6**  
Arcade/Bowling  
Villawood



**Tuesday - July 7**  
Wild Life  
Sydney Zoo



**Wednesday - July 8**  
Olympic Park  
Swimming pool



**Thursday - July 9**  
Movie Day



**Friday - July 10**  
Monkey Mania





**Monday- July 13**  
**Rock Climbing**



**Tuesday - July 14**  
**Aqua Golf**



**Wednesday - July 15**  
**Cennentinal Park**



**Thursday - July 16**  
**Calmsley Hill**  
**City farm**



**Friday - July 17**  
**Flip Out**



# NDIS CRICKET PROGRAM

Swing Into Action!  
Join Our Cricket Program!

EVERY THURSDAY  
TIME: 3:00PM - 7:30PM

Pick up from School or Home

REGISTER NOW



We  
ndis



ABLE TO  
THRIVE

## KIDS NDIS SOCCER PROGRAM

SYDNEY WIDE  
3 PM - 7 PM  
PICK-UP AT HOME OR SCHOOL

We  
ndis



# OTHER PROGRAMS

ABLE TO  
THRIVE

## SATURDAY 'NDIS SOCIAL' OUTINGS

BOOK  
NOW

We  
ndis



## ADULT NDIS TENNIS PROGRAM

NDIS DAY PROGRAM  
SYDNEY WIDE!  
PICK UP FROM ANY LOCATION!

We  
ndis





**ABLE TO THRIVE**  
**CAMPING TRIP**  
 DECEMBER 1st to 4th  
 Killalea campground

CONTACT US!  
 0416 566 649  
 Eyad@abletothrive.com.au

**ABLE TO THRIVE**  
**CAMP WHAT TO BRING LIST**

<p><b>CLOTHES</b></p> <ul style="list-style-type: none"> <li>SHIRTS x 3</li> <li>SHORTS x 3</li> <li>TRACKPANTS x 2</li> <li>UNDERGARMENTS x 3</li> <li>SOCKS x 3</li> <li>INCLOSED SHOES</li> <li>SLIPPER/SLIDES</li> </ul>	<p><b>TOILETRIES</b></p> <ul style="list-style-type: none"> <li>TOOTHBRUSH</li> <li>TOOTH PASTE</li> <li>DEODORANT</li> <li>SHAMPOO</li> <li>CONDITIONER</li> <li>LOOFAH</li> </ul>	<p><b>OTHERS</b></p> <ul style="list-style-type: none"> <li>*OPTIONAL*</li> <li>PILLOWS</li> <li>TORCH</li> <li>BOARD GAMES</li> <li>PORTABLE CHARGERS</li> <li>YOUR FAVOURITE SNACKS</li> <li>BLANKETS</li> </ul>
--	---	--

We will provide everything else so there's no need to worry. Sleeping bags, tents, cooking equipment, torches, activities, food, water, drinks etc.

All on us. We're really excited to go on this adventure with you.  
 If you have any questions contact Eyad on 0416566649

**ABLE TO THRIVE**  
**KILLEA CAMP 2025**

**ABLE TO THRIVE**  
**CAMPING INTINERARY**

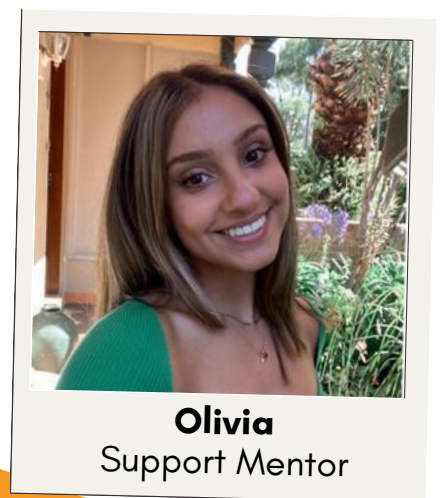
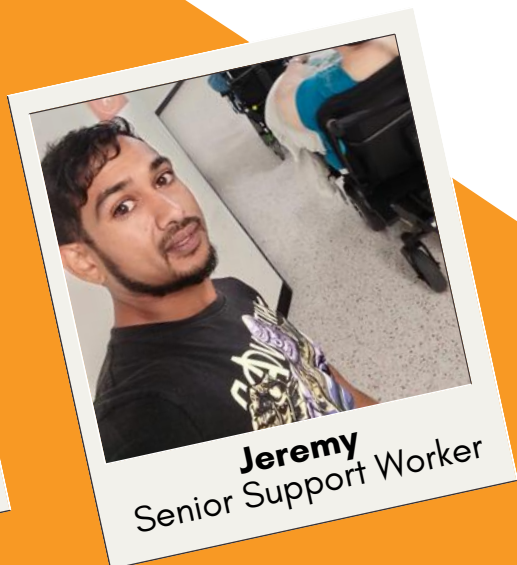
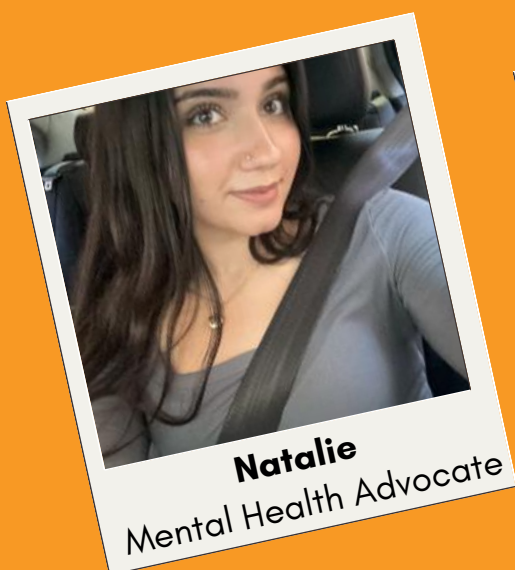
- Day 1: Arrival & Camp Setup
- Day 2: Jamberoo Waterpark Adventure
- Day 3: Beach Day, Nature Exploration, Fishing, and Scavenger hunts.
- Day 4: Nature Exploration, pack up and Farewell.

CONTACT US FOR MORE INFO!  
 0416 566 649  
 Eyad@abletothrive.com.au



# Meet our Team

## ABLE TO THRIVE



... and so many more AMAZING people making a difference in our communities every day

# ABLE TO THRIVE WORKS HARD TO FIND EVERY PARTICIPANT THEIR PERFECT MATCH....



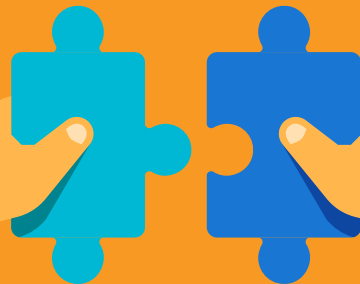
**Hi, I'm Kash**

**About me**  
I'm an easy-going 22-year-old with a passion for supporting people of differing abilities.

I am a hardworking, reliable, and responsible man who is easy to get along with and loves to bring positivity and joy to others.

I enjoy playing any sport, going for long walks, playing video games, swimming, arcades and watching movies

**ABLE TO THRIVE**




**About Me**

**My Strengths** (What others like about me):

- Smile
- Well mannered
- Adventurous
- Extraverted

Hello! My name is Rayan, and I'm delighted to introduce myself. I am a warm-hearted 16-year-old boy with an outgoing personality and a passion for sports, art, music, and learning to be independent.

**Whats important to me**

**My Goals:**

- I would like to improve my verbal communication and learn how to better enunciate and express my words. I would also like to use my LAMP device on a consistent basis.
- I would like to access the community and communicate my wants and needs to increase my confidence. This includes ordering food, buying groceries, and other mundane tasks.
- I would like to engage in more physical activity on a regular basis to maintain my physical health.

**Hobbies:**

- Sports
- Swimming
- Nintendo
- Board games
- Watching movies
- Spending time with family

**How to Best Support Me**

- I am diagnosed with high-functioning nonverbal Autism Spectrum Disorder (ASD level 3) and Tourette's syndrome. I am constantly stimulated by the world around me and may get distracted by cool little objects made from plastic as they intrigue my mind.
- I may need assistance through verbal prompts to complete certain tasks and will understand your instructions better if you demonstrate them as I am also a visual learner.
- I respond to capacity building supports well but may feel tired after an hour. It would be better if the supports were broken up into 15-20 minute sessions with a break to do something fun. This acts as a reward and gives me something to work towards.



**Hello, I'm Jeremy**

**About Me**

I enjoy outdoor activities like hiking, fishing, camping, running, and exploring new places. Engaging in these adventures fuels my sense of exploration and provides me with invaluable experiences.

Over the past five years, I've committed myself to the role of a Support Worker. It's been a privilege to assist individuals facing diverse challenges, understanding their unique needs, and providing personalised support. This journey has been incredibly fulfilling, highlighting the importance of empathy and perseverance in making a difference.

In this role, I've seen firsthand the life-changing effects of compassionate care. It's more than just offering assistance; it's about fostering trust, building understanding, and cultivating resilience alongside those I support. This experience has deepened my commitment to championing their well-being and enabling them to pursue lives that are more independent and fulfilling.

**ABLE TO THRIVE**




**About Me**

**My Strengths** (What others like about me):

- Smile
- Adventurous
- Extraverted
- Light-heartedness

Hello! My name is Sam, and I'm delighted to introduce myself. I am a warm-hearted 7-year-old boy with an outgoing personality and a passion for water, sports, movies and having a good time. Also, I LOVE tomatoes.

**Whats important to me**

**My Goals:**

- I would like to improve my verbal communication and learn how to better enunciate and express my words.
- I would like to access the community and communicate my wants and needs to increase my confidence. This includes ordering food, buying groceries, and other mundane tasks.
- I would like to engage in more physical activity regularly to maintain my physical health.

**Hobbies:**

- Sports
- Swimming
- Youtube
- Water games
- Watching movies
- Spending time with family

**How to Best Support Me**

- I am diagnosed with high-functioning nonverbal Autism Spectrum Disorder (ASD level 3). I am constantly stimulated by the world around me and may get distracted by cool little objects made from plastic as they intrigue my mind.
- I may need assistance through verbal prompts to complete certain tasks and will understand your instructions better if you demonstrate them as I am also a visual learner.
- I respond to requests best when I am given plenty of time to prepare myself. 5 to 10 minutes of warning that well be wrapping up or switching to another activity should be good for me. Offering me a little reward such as food (tomato or cheese pizza) will go a long way.