


BROKEN SOUND
CLUB

The
SOUND



SEPTEMBER 21, 2024

News You Can Use

GENERAL INFORMATION

- Member Card Play will be held in Starling on Saturday, September 21 due to the Moonlight Social Club set up.
- Due to a Private Event on Friday, September 27, please use the Card Room Lobby entrance for Happy Hour & CIRQ Dinner.
- As a reminder, we ask that you please review the Club's dining policies and reservations regarding making reservations and canceling reservations. Please click [here](#) to view the operational dining rules.

GOLF UPDATE

- Golf play at the Club Course will be closed due to maintenance on Monday, September 23 through Friday, September 27.
- Golf play at The Old Course will be closed due to maintenance on Monday, September 30. The OC Grill will not be available during this time.

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Did You Know?

You can access our Staff Contact Us page broken down by Department. You will find Staff names, email, phone number, title and photo. To view the page, please click [here](#).

Welcome NEW MEMBERS

CLUB COURSE

DR. MAYER HASBANI & DANYAN GIORDANO
Cedar Cay

MARK AND ABBEY KRAMARZ
Whisper Trace

PAUL, MARCI, RYAN & JOLEY SCHNEIDER
Fairway Landing

SPORTS

GLENN & KELLY BINDAY
Banyans

DR. MITCHELL & TERRY WEINSTEIN
Banyans

NICHOLAS & LUCIE GARNER
Banyans

*We look forward to seeing you
around the Club!*

YOUTH & AQUATICS SPOTLIGHT



There's No Off-Season for the Youth Department!

After wrapping up an action-packed, 9-week summer program that hosted over 30 children daily for tennis, pickleball, golf, and basketball clinics, the Youth Department is now gearing up for an exciting fall. With the calendar nearly finalized and every detail in place, the fun is just getting started.

The Youth Game Room has leveled up, bringing back the much-loved arcade games and introducing an exhilarating new addition—a Snowboarder arcade machine. Plus, we've added fresh games for the gaming consoles to keep the excitement going.

This fall, we're thrilled to introduce new events, including a monthly Game Night and Family Game Night, where friendly competition will light up the room and bring out the best in everyone. Get ready for an unforgettable season of fun and games!

UPCOMING EVENTS:

On Saturday, September 28th step into a world of enchantment with our Family Trivia – Disney Edition! Test your knowledge on all things Disney—from the classic animated films and lovable characters to catchy songs and magical theme parks.

Whether you're a fan of iconic princesses, hilarious sidekicks, or dastardly villains, this trivia game is packed with fun questions for Disney lovers of all ages.

Costumes encouraged!!!



September 21 - October 19

Dining at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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THE OLD COURSE **BISTRO** **MOONSTONE** **MAIN CLUBHOUSE**

Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.

21
 Bistro All Day
 CIRQ A la Carte Lunch
 Bistro Curbside
 CIRQ Bar Bites
 CIRQ Steak Night

<p>22 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Mexican Fiesta Dinner Buffet</p>	<p>23 CIRQ A la Carte Lunch CIRQ Bar Bites Burgers & Brews</p>	<p>24 CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates Banfi Wine Dinner</p>	<p>25 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p>26 Bistro Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte Dinner</p>	<p>27 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>28 Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites Lobster Bash</p>
<p>29 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Asian Dinner Buffet</p>	<p>30 CIRQ A la Carte Lunch CIRQ Bar Bites Burgers & Brews</p>	<p>1 CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p>2 Bistro Lunch CIRQ A la Carte Lunch Rosh Hashanah Dinner</p>	<p>3 Kiddush Brunch Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte</p>	<p>4 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>5 Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites Piano & Prime</p>
<p>6 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Family Dinner Buffet</p>	<p>7 CIRQ A la Carte Lunch CIRQ Bar Bites Burgers & Brews</p>	<p>8 CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p>9 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p>10 Bistro Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte</p>	<p>11 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>12 Bistro All Day Yom Kippur Break the Fast</p>
<p>13 Bistro All Day CIRQ Brunch Buffet Bistro Curbside CIRQ Bar Bites CIRQ Family Dinner Buffet</p>	<p>14 CIRQ A la Carte Lunch CIRQ Bar Bites Burgers & Brews</p>	<p>15 CIRQ A la Carte Lunch CIRQ Bar Bites CIRQ Twin Plates</p>	<p>16 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Tuscan Dinner Buffet</p>	<p>17 Bistro Lunch Bistro Curbside CIRQ Bar Bites CIRQ A la Carte</p>	<p>18 Bistro Lunch CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Chef's Specials Lakeside Happy Hour</p>	<p>19 Bistro All Day CIRQ A la Carte Lunch Bistro Curbside CIRQ Bar Bites CIRQ Steak Night</p>

Weekly Dining Events



Hours of Operation

View full schedule for all locations plus other important information.

[VIEW](#)

CIRQ Grille and Bar

A la Carte Lunch with Salad Bar
 Mondays - Saturdays

[MENU](#)

Brunch Buffet
 Sundays

Burgers & Brews
 Mondays

Twin Plates
 Tuesdays

[MENU](#)

Tuscan Dinner Buffet
 Wednesdays

[MENU](#)

À la Carte Dinner
 Thursdays & Fridays

[THURSDAY MENU](#)

[FRIDAY MENU](#)

Steak Night
 Saturdays

[MENU](#)

Themed Dinner Buffet
 Mexican Fiesta Dinner Buffet
SUNDAY, SEPTEMBER 22

[MENU](#)

Bistro

Lunch
 Wednesdays - Fridays

[MENU](#)

Bistro All Day
 Saturdays & Sundays

Bistro Curbside
 Wednesdays - Sundays
 3:00 pm - 6:00 pm

[MENU](#)

Zest Restaurant

Dinner
 Tuesdays - Saturdays
 Closed for restaurant enhancements

Daily Restaurant Menus,
 not including Special Event Dining or
 alternating Menus.



Join us for Lakeriew Happy Hour

Please join us for Happy Hour every Friday night with a DJ and an outdoor bar with drink specials and complimentary hors d'oeuvres.
\$3 Domestic Beer | \$5 House Wine | \$8 House Spirits

Fridays at Lakeview Terrace
5:30 pm - 7:30 pm Complimentary Hors d'oeuvres
5:30 pm - 9:00 pm Happy Hour Bar

*Reservations not required for Happy Hour. Reservations recommended for dinner in the Dining Room.
Event will happen rain or shine.*



Sunday Nights at CIRQ

Sundays | Seatings begin at 5:30 pm
\$34 Adults | \$17 Children

DINNER CASUAL ATTIRE

September 22 | Mexican Fiesta Dinner Buffet

[VIEW MENU](#)

September 29 | Asian Dinner Buffet

[VIEW MENU](#)

Starting October 6, Sunday Dinner Buffet
will now be **"Family Dinner Buffet"** every Sunday.

To reserve, please call
561-241-6800.



*If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation.
Members who fail to cancel in due time will result in a \$15 charge for each member of the party.*



WINE TASTING DINNER

featuring Banfi Wines

Tuesday, September 24 | 6:00 pm
\$125 | Illuminations Ballroom | Dinner Dress Attire

Reservations are now open and required.
To reserve, please call 561-241-680

[VIEW MENU](#)

*Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance.
Members who fail to cancel in due time will be charged in full*

Lobster Bash

Saturday, September 28 | 5:30 pm
\$85 Adult | \$20 Child | Illuminations Ballroom

DINNER CASUAL ATTIRE

Reservations are required and are now open.

To reserve, please call 561-241-6800.

[VIEW MENU](#)

*If a cancellation is needed, please call Reception at least 48 hours prior to reservation.
Members who fail to cancel in due time will be charged in full.*

HEBREW CONGREGATION
AT BROKEN SOUND

25th ANNUAL

High Holiday Services

ROSH HASHANAH

Wednesday, October 2 | 5:30 PM

Thursday, October 3 | 10:00 AM

Pelican Room

YOM KIPPUR

Friday, October 11 | 7:00 PM

Saturday, October 12 | 10:30 AM & 5:00 PM

Pelican Room

Forms

Click Below to View Forms

[Tickets & Prayer Book Order](#)

[Tree of Life Donation](#)

[Yizkor Service](#)

We will have in-person services for Rosh Hashanah and Yom Kippur with Rabbi/Cantor Ellari Mirabel leading us again.

Seating is limited; please complete the registration forms below for each service as quickly as possible.

Reservations for each dining event will open one month in advance.

If you would like to join our dining events, please call our reservation team at 561-241-6800.

Rosh Hashanah

DINNER BUFFET

Wednesday, October 2
 Service starts at 5:30 PM in Pelican
 Dinner available at 5:30 PM
 Illuminations Ballroom and CIRQ
 \$55 Adult | \$20 Child

Celebrate Rosh Hashanah with us as we welcome the Jewish New Year with a festive gathering. Enjoy traditional holiday dishes, warm community spirit, and a joyous atmosphere.

Dinner Dress – Jackets Suggested
 Long-Sleeve Button Down Shirts Required

Reservations are now open and required.
 For reservations, please call 561-241-6800.

[VIEW MENU](#)

[VIEW TAKE-OUT MENU](#)

If a cancellation is needed, please call the Reservations team at least 48 hours prior to reservation.
 Members who fail to cancel in due time will be charged in full.

Rosh Hashanah

Kiddush Brunch

Thursday, October 3
 Available from 11:00 AM - 3:00 PM
 Illuminations Ballroom
 \$39 Adult | \$20 Child

Daytime Dress Attire

[VIEW MENU](#)

Reservations are now open and required.
 For reservations, please call 561-241-6800.

Piano & PRIME

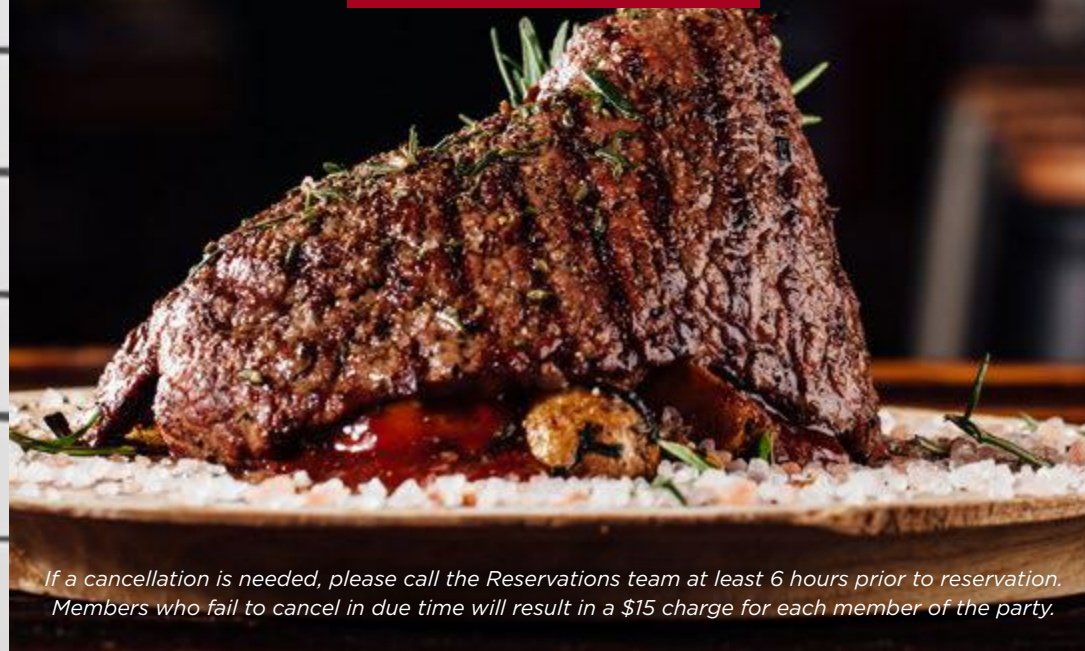
Saturday, October 5
Seatings begin at 5:30 pm
Illuminations Ballroom
 DINNER CASUAL ATTIRE

Experience the magic of live music! Sit back, relax and enjoy the tunes while savoring our delicious cuisine.

Reservations are required and open two weeks in advance.

To reserve, please call 561-241-6800.

[VIEW MENU](#)



If a cancellation is needed, please call the Reservations team at least 6 hours prior to reservation. Members who fail to cancel in due time will result in a \$15 charge for each member of the party.

YOM KIPPUR DINNER BUFFET *Break-the-Fast*

Saturday, October 12 | 5:30 PM
Illuminations Ballroom and CIRQ
\$55 Adult | \$20 Child

Dinner Dress Attire

[VIEW MENU](#)

[VIEW TAKE-OUT MENU](#)

Reservations are now open and required.
 For reservations, please call 561-241-6800.



September 21 - October 19

Events at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>THE OLD COURSE CLUB COURSE MOONSTONE MAIN CLUBHOUSE</p> <p>Dinner reservations are available two weeks in advance and Special Events can be reserved one month prior to the event date. For more detailed information about Dining Options, Dress Code, Cancellation Policy and Hours of Operation, please see our current dining schedule located on our website and on our app.</p>						<p>21 Moonlight Social Club</p>
<p>22</p>	<p>23 Club Course Closed Tech 101</p>	<p>24 Club Course Closed Magic Hands Knitting Club Scrabble Club Pottery Class Grief Support</p>	<p>25 Club Course Closed 105 Tennis Under the Lights</p>	<p>26 Club Course Closed Late Night Piano Bar at Vista Lounge</p>	<p>27 Club Course Closed</p>	<p>28 Family Trivia Night - Disney Edition Lynn University Philharmonia No. 1</p>
<p>29</p>	<p>30 The Old Course Closed</p>	<p>1 Lynn University Dialogue Speaker Series - Robert Watson Great Courses</p>	<p>2 105 Tennis Under the Lights Rosh Hashanah Services</p>	<p>3 Club Course Closed Rosh Hashanah Services</p>	<p>4</p>	<p>5 Youth Game Night</p>
<p>6</p>	<p>7 The Old Course Closed</p>	<p>8 Photography Club Grief Support</p>	<p>9 105 Tennis Under the Lights Candle Making Workshop</p>	<p>10 Club Course Closed Trivia Night</p>	<p>11 Yom Kippur Services</p>	<p>12 Yom Kippur Services</p>
<p>13 Pickleball Mixer Tennis Mixed Doubles Social</p>	<p>14 Current Events</p>	<p>15 Great Courses</p>	<p>16 105 Tennis Under the Lights Book Club Music on the Patio</p>	<p>17 BSC Singers</p>	<p>18 Youth Movie Night Lynn University Drama Series: Funny Girl</p>	<p>19 Moonlight Social Club</p>

GRIEF SUPPORT GROUP

Tuesday, September 24 & Tuesday, October 8

7:00 pm | Sparrow

Complimentary | Members Only

For more information, please call Ellen Brazer at 305-790-8053, Peter Berlin at 561-330-2909, or Member Experience at 561-241-6870



This meeting is not a substitute for medical or other professional advice. Broken Sound Club is not liable for any breach of confidentiality.



LATE NIGHT ★ Piano Bar ★



Thursday, September 26
8:30 - 11:00 PM | Vista Lounge
Complimentary

Join piano player, Anthony Vetere, for an after-dinner nightcap and don't forget to request your favorite songs!

Register online or please call Reception at 561-241-6800.

REGISTER NOW

Member Charge Bar
Guest are Welcome

GREAT COURSES

AMERICA'S FOUNDING FATHER'S

Tuesday, October 1 | 7:30 PM
Starling | Complimentary

For more information, please contact
Harold Berzow at hsberzow@prodigy.net.

Register online or please call Reception at 561-241-6800.

REGISTER NOW

On Tuesday, October 15, the lectures will be
No. 15 "James Wilson's Executive" and No. 16 "John Rutledge's Committee."

Candle Making WORKSHOP

Tuesday, October 9
4:00 pm | Starling | \$49

Join us for an interactive
experience. Create your
own customized candle with
easy-to-use supplies.

Register online or please call
Reception at 561-241-6800

RESERVE NOW

Members must call Reception at 561-241-6800 to cancel.
Members who fail to cancel in due time will be charged in full.



TRIVIA



Night

FRIDAY, OCTOBER 10

7:30 PM | PELICAN

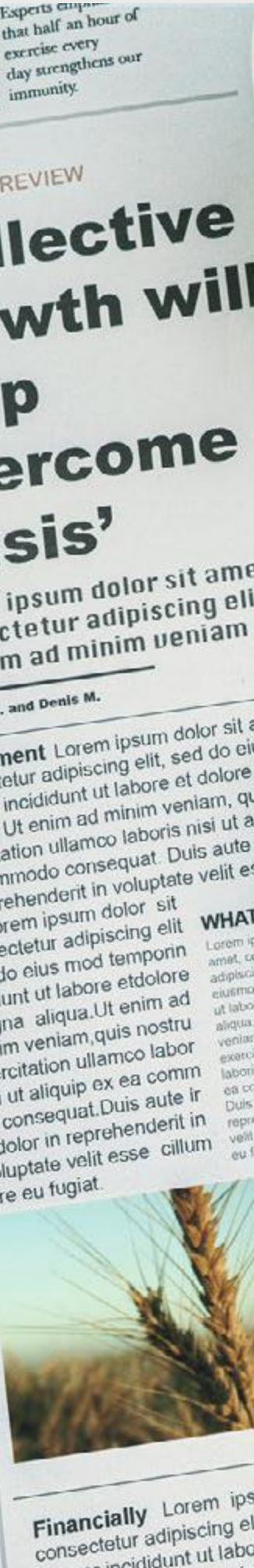
COMPLIMENTARY | MEMBERS ONLY

Join us for an evening of trivia that features a range of family-friendly questions, covering diverse topics such as history, sports, literature, current events, music, and more! Prepare to unleash your vast repertoire of useless knowledge and get ready to immerse yourself in a night of brain-teasing fun!

Register online or please call Reception at 561-241-6800

REGISTER NOW

Members must call Reception at 561-241-6800 to cancel at least 48 hours in advance, or a \$10 per person no-show fee will be charged.



CURRENT EVENTS

Monday, October 14
4:00 – 5:30 pm | Starling
Complimentary | Members only

Please join us twice a month to discuss current events. This group is an open forum and ALL opinions and voices are welcome!

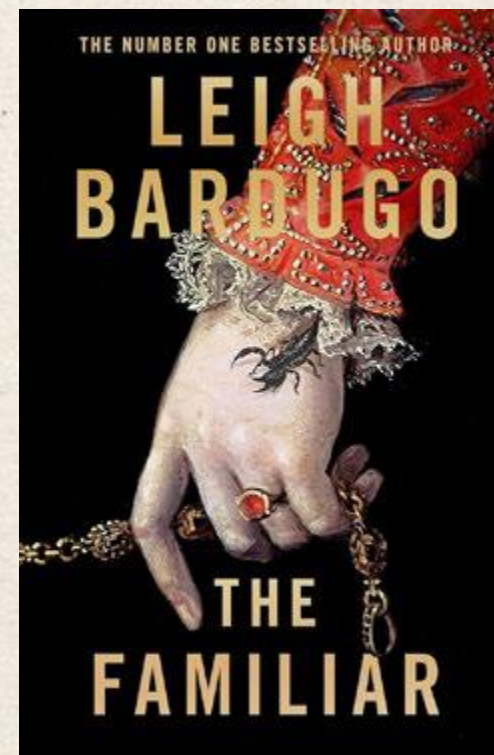
Register online or please call Reception at (561) 241 – 6800.

REGISTER NOW

BOOK CLUB

Good Books, Good Conversation, and Good Company!

Wednesday, October 16 | 4:00 PM
Starling | Complimentary



We will be discussing "The Familiar" by Leigh Bardugo

The Familiar by Leigh Bardugo follows three unlikely allies bound by fate.

Esha, an orphan with a unique bond to a powerful creature, teams up with Ezra, a scholar seeking to unravel a prophecy, and Lenya, a noblewoman with a dark past. Together, they face secrets, power struggles, and the looming threat of war. Can they trust each other—or the mysterious force that connects them?

Register online or please call Member Experience at 561-241-6870

REGISTER NOW

Next Meeting: November 20
"America's First Daughter" by Stephanie Dray and Laura Kaye.

Music on the Patio

Wednesday, October 16
4:30 – 7:30 pm
Complimentary

Join us for an evening of music
with The Jazz Source Trio on
the Lakeview Terrace.

Reservations are not
required on the terrace .
Drink specials will be available.

Speaker Series: Dr. James Bruce

Edward Snowden: Leaker, Traitor, Hero, or Spy?



Wednesday, October 23 | 7:00pm
Starling | Complimentary

Join retired CIA Senior Executive Officer, James Bruce, Ph.D., former Chief of Counterintelligence Training, as he explores the Edward Snowden case. Is Snowden a leaker, traitor, hero, or spy? With 24 years in the CIA, Bruce brings expert insights from his work analyzing operations, debriefing defectors, and exposing American spies. Don't miss this chance to hear from a key figure in intelligence.

Register online or please call Reception at (561) 241- 6800.

REGISTER NOW

Members must call Reception at (561) 241 - 6800 to cancel at least 48 hours in advance, or a \$10 per person no-show fee will be charged.

```

Shutdown of internal Core in access

ieHorizonEvent = function(clipboard
var HorizonData = window.clipboard
if (HorizonEvent == 'cut' || clip
HorizonData.setData('Text',
ieHorizonDiv.html(htmlToCopy)
focusIehorizonDiv();
setTimeout(function() {
focusHiddenArea();
ieHorizonDiv.empty();
}, 0);
}

```

```

set Main authenticity in future pho
if (HorizonEvent == 'focus')
var HorizonText = clipboardData

```


LYNN
UNIVERSITY

Funny Girl

Friday, October 18

7:30 pm | \$40 per person

**Keith C. and Elaine Johnson Wold
Performing Arts Center**

*3601 N. Military Trail, Boca Raton, FL 33431
Transportation not included.*

Nominated for eight Tony Awards in 1964, including Best Musical, in the Ziegfeld Follies, in Hollywood films and on the radio, Fanny Brice was one of the most celebrated entertainers of her time. With humor, talent and chutzpah, young Fanny, an awkward Jewish girl who "isn't pretty," defies the odds and becomes one of the greatest stars of her generation.

REGISTER NOW

**Register online or please call Member
Experience at 561-241-6870.**

*Last day to register or cancel is Friday, October 4.
Lower Orchestra seating.*

A MASQUERADE MURDER MYSTERY DINNER

Sunday, October 27

5:30 pm Cocktail Reception

6:30 pm Dinner Buffet

Illuminations | Members Only

\$54 per person

Dinner Dress Attire & Masks are Encouraged

Reservations are required and will
open Friday, September 27.

*If a cancellation is needed, please call Reception at 561-241-6800 to cancel at least 48 hours
in advance. Members who fail to cancel in due time will be charged in full.*

*Get ready for a glamorous evening of mystery, intrigue, and
murder at this masquerade murder mystery party!*

*Attend the Masquerade Dinner and help get this soiree back on track by
trading clues with your guests, gathering information, and solving the crime
before the masked menace gets away!*

Member-Charge Bar | Smaller tables will be merged to enhance the experience.

Fashion Show



Cards & Games



Lunch



HADASSAH

A Fusion of Fashion, Lunch & Cards

Friday, November 1

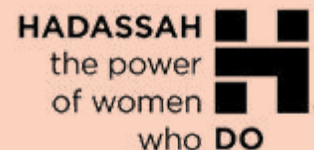
11:00 AM | \$125 per person

Illuminations & Ladies' Card Rooms

[CLICK HERE](#)

REGISTRATION

BENEFITING HADASSAH
MEDICAL RESEARCH



**1-2-3-4... WE WANT
COLOR WAR**

Save the Dates!

**Saturday, January 25
& Sunday, January 26**

Broken Sound Color War is back by popular demand! More information to come regarding this opportunity to relive your glory days at camp.

Delray Arts WAREHOUSE Studio & Exhibitions Visit

Friday, September 13



YOUTH FAMILY TRIVIA Disney Edition

Saturday, September 28

5:00 - 7:00 pm | Pelican Room

Complimentary | Members Only

Get ready to put your Disney knowledge to the test and enjoy a night of fun, laughter, and friendly competition. We are adding an extra layer of excitement- costumes are encouraged.

Register online or call Youth at 561-241-6828

REGISTER NOW

If a cancellation is needed, please call Youth at 561-241-6828 at least 48 hours prior to the event. Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.



YOUTH Game Night

Saturday, October 5 | 5:30 - 9:00 pm
Starling | Complimentary | Members Only

An evening of board games, card games, crafts and lego creations for children 4 and up.

Drop-off begins at 5:30 pm, pick-up no later than 9:00 pm.
 Light snacks provided. Limited Availability.

Register online or call Youth at 561-241-6876.

REGISTER NOW

48 hr cancellation policy

If a cancellation is needed, please call Youth at 561-241-6828

Members who fail to cancel in due time will be charged a no-show fee of \$10 per person.



YOUTH Slumber Style Movie Night

Featuring...
 "Hotel Transylvania: Transformania"

Friday, October 18
Drop off 6:15 pm | Pick up 8:45 pm | Fitness Studio 1
Complimentary | Members Only

PJs, blankets and pillows welcomed!

Moonstone Café will be open until 6:45 pm with kids' menu and goodies.
 The game room will be closed during the movie unless accompanied by parents.

REGISTER NOW

Register online or call Youth
 at 561-241-6828

*If a cancellation is needed, please call Youth at 561-241-6828
 at least 48 hours prior to the event.*

*Members who fail to cancel in due time will be charged a
 no-show fee of \$10 per person.*



YOUTH RACQUETS DEVELOPMENT PROGRAM

**Tuesday, Wednesday & Thursday
beginning September 10**

PEE WEES (AGES 4 – 5)

Tennis: Tuesday-Thursday

Pickleball: Wednesday

4-Week Session | 4:30 pm – 5:15 pm

1 Day/Week \$95 | 2 Days/Week \$185 | 3 Days/Week \$280

JUNIORS STARS (AGES 6 & UP)

Tennis: Tuesday-Thursday

Pickleball: Wednesday

4-Week Session | 4:30 pm – 5:30 pm

1 Day/Week \$125 | 2 Days/Week \$245 | 3 Days/Week \$365

For more information, please contact Ben Wirth
at bwirth@brokensoundclub.org or call the Racquets Shop at 561-241-6880.

All clinics run in 4 week sessions. If a clinic is rained out or is canceled due to a holiday, there will be a makeup day. There must be at least two participants signed up in each clinic. There are no refunds



Club Course Golf Ball Fitting

Custom-fit golf clubs are essential, **but what about the golf ball?** Since it's used for every shot, it deserves the same attention as your driver. Choosing the right ball could add 10–15 yards to your game!

Join one of our professionals for a custom ball fitting at the Teaching Building using the latest technology to find the perfect ball for you.

To schedule an appointment with our Professional Staff, call the Signature Shop 561-241-6860. Sessions are \$40.



GOLF COURSE CLOSURES

THE OLD COURSE
SEPTEMBER 30
OCTOBER 7, 21

CLUB COURSE
SEPTEMBER 23 - 27
OCTOBER 3 & 10

Pickleball Mixer

Sunday, October 13 | 10:00 - 11:30 am

Meet at the Pickleball Courts at 9:45 am.
Lite bites to follow on Zest Patio.

Register online or please call the
Racquets Pro Shop at 561-241-6880.

[REGISTER NOW](#)

TENNIS MIXED DOUBLES SOCIAL

Sunday, October 13 | 10:00 - 11:30 am

Meet at the Tennis Courts at 9:45 am.
Lite bites to follow on Zest Patio.

Register online or please call the
Racquets Pro Shop at 561-241-6880.

[REGISTER NOW](#)

SEPTEMBER FITNESS CHALLENGE

September will be the month of the **PLANK!**

Come test how long you can hold a perfect plank and see how you stack up against your fellow Members!

How to Participate? Ask one of our floor staff to time your plank and they will record your result on our list.

The winner will receive a free session with one of our trainers!



OCTOBER FITNESS CHALLENGE

SQUATOBER is here!

We are looking for those that can do the most bodyweight squats in one minute.

How to Participate? Ask one of our floor staff to time you and they will record your result on our list.
Only one attempt allowed for each member.

Competition Begins October 1

The winner will receive a free session with one of our trainers!



2024-2025 Personal Training & Pilates

Pricing Effective, October 3



PERSONAL TRAINING

45 Minute: \$70

45 Minute Partner: \$55 / person

PILATES CLASS

30 Minute: \$60

45 Minute: \$70

60 Minute: \$90

30 Minute Partner: \$40 / person

60 Minute Partner: \$60 / person

60 Minute "Trio": \$45 / person



Sunset / Full Moon Yoga

Tuesday, September 17



Sizzling Summer Spa Specials

VALID THROUGH SEPTEMBER 30, 2024

Instant Rejuvenate Treatment with Microdermabrasion

\$175 (\$200 Value) | 60 Minutes

Microdermabrasion followed with an infusion of vitamins and antioxidants in a hyaluronic based serum using pressurized oxygen.

Express Hydrafacial with LED Light Therapy

\$145 (\$175 Value) | 45 Minutes

A Hydrafacial treatment followed by light therapy to stimulate collagen production, reduce the appearance of fine lines and increase cellular turnover.

90-Minute Massage Special

Schedule any 90-minute Massage and receive a complimentary Aromatherapy or Hot Stone Upgrade.

Salon Special: \$25 OFF all Smoothing Hair Treatments

To schedule, please call the Moonstone Spa at 561-241-6868.

moonstone SPA & SALON



Autumn Renewal Specials

Hydra Bright Facial \$155

Target dryness, rough texture and uneven skin tone with gentle peel that brightens and resurfaces the skin to enhance the appearance of glowing, healthy complexion. Effective on all skin types, including sensitive skin. Includes a complimentary trial size PCA HydraBright moisturizer for home use and a complimentary glass of bubbles.

*Treat yourself with a warm hydrating hand or foot treatment.
Complimentary with any 60 or 90 minute Massage
during the month of October.*

To schedule, please call the
Moonstone Spa at 561-241-6868.

Group Fitness Class Schedule | September 2024

FITNESS CENTER / ROTUNDA | PHONE 561-241-6840

HOURS Monday - Friday: 5:30 am - 9:00 pm | Saturday - Sunday: 7:00 am - 7:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Stretch Studio 1 9:30 - 10:25 Lisa B.	Aerobics & More Studio 1 8:30 - 9:25 Nora	Stretch Studio 2 7:30 - 8:25 Roberta	Vinyasa Flow Studio 1 8:00 - 9:00 Terri	UltraFit Strength Studio 2 8:30 - 9:25 Ginger	Circuit Training Studio 2 8:00 - 8:55 Ginger	Men's Stretch Studio 1 8:00 - 8:55 Roberta
UltraFit Conditioning Studio 2 10:30 - 11:25 Robert	Functional Conditioning Studio 2 9:30 - 10:25 Roberta	UltraFit Strength Studio 1 8:30 - 9:25 Ginger	Aerobics & More Studio 2 8:30 - 9:25 Nora	Barre Fusion Studio 1 8:30 - 9:25 Roberta	Vinyasa Flow Studio 1 8:00 - 9:00 Amy	Cycle Cycle Studio 8:15 - 9:00 Ginger
Slow Yoga Flow Studio 1 11:30 - 12:30 Shelby	Cycle & Core Cycle Studio 9:30 - 10:25 Robert	Mat Pilates Studio 2 9:15 - 10:10 Terri	UltraFit Conditioning Studio 2 9:45 - 10:40 Ginger	Stretch Studio 1 9:45 - 10:40 Roberta	Barre / Pilates Fusion Studio 1 9:15 - 10:10 Terri	Functional Conditioning Studio 1 9:00 - 9:55 Roberta
	Chair Strength Studio 1 10:00 - 10:55 Rita	Stretch Studio 1 9:45 - 10:40 Roberta	Chair Strength Studio 1 10:30 - 11:25 Rita	Yoga Sculpt Studio 2 10:45 - 11:40 Terri	UltraFit Conditioning Studio 2 9:30 - 10:25 Robert	UltraFit Conditioning Studio 2 9:15 - 10:10 Ginger
	Stretch Studio 2 10:45 - 11:40 Roberta	Slow Gentle Yoga Studio 1 11:00 - 12:15 Kristin	Youth Self Defense Studio 2 5:00 - 6:00 (Registration required)	PiYo Studio 1 5:30 - 6:25 Robert	Youth Self Defense Studio 2 5:00 - 6:00 (Registration required)	Chair Strength Studio 1 10:30 - 11:25 Rita
	PiYo Studio 1 11:15 - 12:10 Terri	UltraFit Conditioning Studio 2 6:00 - 6:55 Stacey	Gentle Restorative Yin Yoga Studio 1 5:00 - 6:15 Kristin			Youth Multi-Sports Studio 2 Ages 4 - 6 12:00 - 12:30 Ages 7 & Up 12:30 - 1:00
	Circuit Training/ Boxing Studio 2 5:30 - 6:25 Leo					

Cardio
Strength & Cardio
Strength & Balance
Mind, Body & More
Yoga
Youth

Please visit the Club's website for a selection of pre-recorded group fitness classes to view at your own leisure.
For questions regarding Youth classes, please contact Beata Delanoe at 561-241-6828.

Water Aerobics Class Schedule 2024

AQUATICS / POOL HOURS OF OPERATION

Daily: Sunrise - Sunset

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:00 - 10:00 Andrew	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Andrea	8:00 - 9:00 Pam	8:00 - 9:00 Lois	8:00 - 9:00 Muge
	11:00 - 12:00 Ginger	10:00 - 11:00 Muge	11:00 - 12:00 Ginger	10:00 - 11:00 Karina	11:00 - 12:00 Ginger	10:00 - 11:00 Andrew
	3:00 - 4:00 Muge	3:00 - 4:00 Ginger	3:00 - 4:00 Karina	3:00 - 4:00 Ginger		

Water Aerobics

All of the Water Aerobics classes are equal level exercises and a great low impact workout. Classes are 1 hour and include cardio, dumbbell exercises, noodle exercises and stretching. Classes are held in the Grotto Pool and the water temperature is 85 degrees. If the outside temperature is under 60 degrees, classes will be canceled.

All participants are welcome to join, no reservation needed. Please call the Towel Hut with any questions at 561-241-6819.

If there is inclement weather, classes will be canceled.

Lap Lanes

There are 6 lap lines that are 25 yards long and vary in depth. Lap lanes are reserved by the hour. The lap pool water temperature is 82 degrees.

Reservations are recommended. For reservation times or questions, please call the Towel Hut at 561-241-6819.



BROKEN SOUND
CLUB

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