

# Winchelsea Star

\$1

Your Weekly Community-powered Newspaper

Since 1977

Vol 48 Ed 13

Tuesday 8 April 2025

[winchelseastar.org.au](http://winchelseastar.org.au)

## Community Dinner Number 1!



# Winchelsea Community Dinner Up and Running

by Jess Butler, on behalf of Winchelsea Community Dinner Organising Group

We held our first community dinner for 2025 on Saturday 29th March. Thanks to the tireless work of our amazing community volunteers, the scene was set for a wonderful night, complete with stunning local flowers and candles. Local entertainer Artzzy Jazzy donated her time providing a wonderful space for the children so adults were free to eat, socialise and connect. The body art, salt dough and craft activities definitely were highlights for the children who came along.

In attendance were members of our beautiful community - children, teens and adults ranging in age from 7 to 80!

People arrived with smiles on their faces, bringing an array of delicious food to share. There was plenty to go around with lots of leftovers taken home. The menu included roast chicken and veggies, quiches, chicken satay, minestrone soup, lentil and pumpkin salad, sausage rolls, party pies, scallop potatoes and roast veggie salad. Fresh baked dinner rolls donated by Kentys Bakery were also greatly enjoyed. There was a range of sweets including apple pie, various cakes and chocolate eggs. There were plenty of gluten free and vegan options including apple crumble with custard for dessert enjoyed by those with and without dietary requirements.

It was great to see our community come together. Stories were shared, new connections made and old friends reunited. The venue was well suited to the event, and we thank St Joseph's Catholic Church for their ongoing support in allowing us to utilise the space for a low cost.

The most exciting thing - we are just getting started! There will be a community dinner held on the last Saturday of each month 6.30pm from May - October inclusive. We hope you will join us for fun times, great company and good food. If you can bring something along to share (whatever you can manage) that is wonderful. Otherwise you are still very welcome just to bring yourself - we will all have times when it's difficult to contribute and there's plenty to go around. We collect a gold coin donation at the door to cover the venue costs, however there is no obligation if you can't afford this.



These are community powered events - they are not being funded or arranged by an organisation, rather these events rely on the goodwill of our community to contribute in whatever ways we can. A heartfelt thank you to all those who volunteered and contributed various items to our dinner. If you'd like to help us out with future dinners there are plenty of things you can do either as part

of the organising group, helping out on the night or through contributing resources (we are currently looking for soup bowls, serving utensils and art/craft resources for children). Please contact Jess on 0409536752 if you'd like to contribute or know more about coming along to future dinners. We hope to see you next time!

**BRING YOUR  
FAMILY & FRIENDS**

**DATES  
FOR  
2025**

**AND YOUR FAVOURITE DISH TO SHARE**

**EACH MONTH**

**HELD AT ST. JOHN THE  
BAPTIST CHURCH HALL  
DOORS OPEN AT 6.30PM**

**STARTING MARCH 2025**

**LAST SATURDAY**

**WINCHELSEA  
COMMUNITY  
DINNER**

**DINNER DATES**  
Saturday 29th March  
Saturday 26th April  
Saturday 31st May  
Saturday 28th June

**FOR 2025**  
Saturday 26th July  
Saturday 30th August  
Saturday 27th September  
Saturday 25th October

**CONTACT JESS** at 0409 536 752  
**OR JOIN FOR UPDATES** @winchelseacommunitydinner





...and for another view...

## Tales from the Table: Winchelsea's First Community Dinner

by Tara Quin

Despite competing events around town, the inaugural community dinner launched with smiles, stories, and plenty of delicious surprises! For those who couldn't join us this time, never fear—the dinners will happen monthly, giving everyone a chance to join in.

I admit I was skeptical at first about cooking something everyone would enjoy, but it reminded me warmly of a tradition my friends and I once had: Dinner Club. Each month someone hosted and set a theme, with everyone bringing a dish that fits the theme. We carefully coordinated to avoid ending up with eight desserts and no mains! Much like those memories, this community dinner did not disappoint. It was very enjoyable tasting how others cook—from vegan and gluten-free marvels so tasty you'd swear they were made with butter, to hearty casseroles and perfectly roasted vegetables. Whilst I naturally felt some anxiety while preparing my dish, wondering if it would be enjoyed—

seeing others appreciate each bite turned my worry into pride. It was a refreshing break from cooking alone every night.

They say, you can never have enough friends! It made me wonder—when is enough, enough? It was genuinely uplifting to meet new faces, share stories, and find connections in unexpected ways. One of my personal highlights was meeting another “Tara,” who bounced up to me and, “Hi Tara, I'm Tara.” With so many new names and faces, I replied “that's certainly easy to remember!” Tara is a small business owner who recently moved from Beac and works as a massage therapist in Colac. Curious, I asked, “How long have you lived in Winch?” expecting to still be the newbie after my 18-month residency. To my surprise (and delight), she replied, “Six months!” Suddenly, I felt like a seasoned local.

Another conversation revealed the reality many of us experience, balancing family responsibilities with work and community engagement. One of the organisers shared the demanding yet rewarding experience of caring for her elderly mother. Moments like these remind us how important it is to pause, recharge, and support each other.

The previous night, I'd seen a familiar face at trivia, an event raising funds for

the local school playground. Her table won first place beating 12 other teams—perhaps helped by the teachers at her table. Jokes aside, it sparked a friendly chat about tricky trivia questions and the joys of community gatherings.

A welcome addition and of course, the star of the show for the children was Jasmine (Artzzy Jazzy), a talented local mother and entrepreneur who provided endless entertainment through arts, crafts, and face painting. Beyond children's parties, Jasmine teaches ballroom dancing locally, at the Globe Theatre in Winchelsea. Her creative skills are countless and her passion for art shines through, whether at children's events, adult birthdays, or community gatherings.

These are just a few tales from our table. Winchelsea is full of talented, interesting individuals, each with a unique story waiting to be shared. I urge you all to join us next time (held on the 4th Saturday each month at St John the Baptist Church Hall). Bring a plate—nothing fancy required—and experience for yourself how breaking bread with your fellow community members can be very good for the soul. I know that I walked away feeling better for it.

That's all from me until next month. Stay safe and look after one another.

## Letter to the Editor



To the Winchelsea community,

We, the McCulloch family, are deeply grateful and would like to extend our heartfelt thanks to each and every one of you for your overwhelming support and kindness during our darkest hour. Your generosity, compassion, and love have been a constant source of comfort and strength to us, and we feel truly blessed to have such a caring community behind us.

We are thankful for the donations, gift

cards, clothing, furniture, words of encouragement, food, and children's items that have helped us navigate this difficult time. Your prayers and continued support mean the world to us, and we are grateful for the kindness and selflessness of each and every one of you.

We would like to extend our special thanks to the first responders, local businesses like Sandy's, IGA, and many others, Birregurra Medical Centre and their fire brigade, the children's schools, R.A.K Davis & sons, Winchelsea Lions Club, APCO Foundation, and to our family members Raina, James, Trish, Gareth, David, Bec, Pixie, Mick, who have been instrumental in helping us cope with this tragedy.

We are also deeply grateful to Raina

and James for providing us with a roof over our heads, and to everyone who has been working behind the scenes, sorting and storing the donated items and to the ones keeping an eye on potential escaped pets. Your kindness and generosity have touched our hearts, and we are humbled by the outpouring of love and support from our community.

If we have missed anyone, please know that your kindness and support have not gone unnoticed, and we appreciate everything that you have done for us.

From the McCulloch family.





# Official Opening Invitation

*The Winchelsea Bowls Club invites you to attend the official opening of*

## Winchelsea Bowls Club Sports Lighting Project

**Friday 11 April 2025**

**5.30pm arrival for a 6.00pm start  
45 Hesse St, Winchelsea**

Welcome to Country and Smoking Ceremony followed by speeches.  
Barefoot Bowls and refreshments to follow the official proceedings



The Winchelsea Bowls Club Sports Lighting Project has been delivered by the Surf Coast Shire Council and Winchelsea Bowls Club in partnership with the Victorian Government through the Community Support Fund.



# Winchelsea Reloved Market Sunday 23rd March, 2025

by Wendy Greaves, Manager at Winchelsea Community House

The Winchelsea Shire Hall recently held another Reloved Market and this time it included both inside and outside stalls with stallholders selling a mix of clothing and treasures. The beautiful weather made it a wonderful day to be out and about searching for a bargain or a special treasure. There were 16 stalls selling wares and food options were sorted with a food vendor van and the Lions Club BBQ.

A big thank you to everyone who participated in this wonderful event. We hope to be able to continue to have more events such as this for the local community to enjoy.



## A Night to Remember – Trivia, Community Spirit & One Step Closer to the Playground

The Winchelsea community came together in true local spirit on Friday night for the much-anticipated Winchelsea Primary School Trivia Night – and what an incredible night it was.

With 102 attendees across 10 tables, the energy in the room was filled with fun, laughter and a whole lot of generosity.

The quick-witted team Pink Ponies took out the trivia crown, and Kate Leigh was the lucky winner of the door prize – a Ziegler & Brown BBQ proudly donated by Community Bank Winchelsea.

The room buzzed with excitement as a fantastic range of raffle and silent auction prizes – donated by generous local businesses – helped drive the fundraising well past expectations.

Mr Nick Keating, Principal of Winchelsea Primary, kept the night running smoothly as MC, keeping everyone engaged and entertained.

And the best part? An amazing total of \$7,030 was raised on the night – and thanks to Community Bank Winchelsea's pledge to match every community dollar raised (up to \$12,500), that total impact just doubled.

That means the Community Bank fundraising thermometer has taken a huge leap forward – and the long-awaited new school playground is now well within reach.

This is what community banking is all about – supporting local people, projects, and places that matter.

A heartfelt thank you to everyone who attended, donated, volunteered, and contributed to such a successful night. And a special shoutout to Theo and Heath from Prep, who proudly held the fundraising sign for the photo – a moment that perfectly captured the heart of the evening.

Keep an eye out for more fundraising activities in the coming months. With continued support – and every dollar matched – we're closer than ever to making the new playground a reality.

**Community Bank**  
**Winchelsea & District**





# Vote #1: Surf Coast Arts Trail In Line For National Honour



The much-loved Surf Coast Arts Trail is in line for a prestigious national award, but needs public votes of support to secure the honour.

The annual Trail is one of 24 projects nominated from across Australia in the Arts and Culture category of the National Awards for Local Government.

The peak awards for the local government sector showcase inspiring and diverse grass-roots projects and their ability to bring communities together. Recipients are decided by popular vote.

People can Vote #1 for the Surf Coast Arts Trail via [nalg.awardsplatform.com/](http://nalg.awardsplatform.com/)

Surf Coast Shire Council has staged the Arts Trail on a winter weekend for the



past 15 years to celebrate the region's acclaimed arts and creative excellence, attract visitors, stimulate economic activity and connect community.

It is hailed as a flagship cultural event for the shire and in 2024 attracted 16,000 visitors who admired the work of more than 200 artists at 54 venues across the shire.

Participating artists generated \$180,000 in sales, including \$27,000 in commissions and \$8,000 in workshop commitments.

Councillor Libby Stapleton: "National recognition for the Surf Coast Arts Trail through this award would be entirely fitting, given all that the Trail has provided across 15 years in terms of creative, economic, social, wellbeing and community benefits.

"And it would be such a suitable tribute to the many artists and volunteers who all combine to make it the wonderful, warm, welcoming success that it is.

"The Trail is much loved for good reason, within our shire and by visitors from far beyond. We encourage people to demonstrate their support and admiration by going online and voting.

"Vote #1 Surf Coast Arts Trail, and of course share the link with families, friends and networks."

Voting will close at 11.59pm on 28 April.

## Winchelsea Taxis is now Surfcoast Taxis

Our fleet of vehicles are growing to all late models and we are covering an extended area including Winchelsea, Colac, Bannockburn, Inverleigh, Great Ocean Road and Geelong.

We have a fleet of 10 seater Maxi Vans, all with capacity to carry wheelchairs.

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# What Happens If You Have to Step Away from Your Business?

By Bec Lane, Business Operations Specialist

Imagine this: you're laid up with a broken leg. Or there's a family emergency and you suddenly have to drop everything. Could your business keep ticking over without you?

For many small, regional businesses, the answer is no.

Most small business owners start out doing everything themselves, and in many cases, still are. Whether you run a local trade business, a retail store or provide a professional service, there's a good chance a part of your business runs off memory, old habits and whatever systems you've pieced together over time.

But what happens when life throws a curveball? Who steps in? And would they even know where to start?

## The Reality for Regional Small Businesses

In Australia, 98% of businesses are small businesses, many of them family-run. In regional areas, that number feels even higher. Partners pitch in where they can, and maybe there's a trusted team member who knows a few things. But usually, the real running of the business falls to one or two people.

Looking at our local area specifically, recent ABS data shows there are over 4,200 active businesses in the Surf Coast region. Of those, 2,666 are non-employing businesses, and a further 1,612 have fewer than 20 employees. Most report an annual turnover between \$200,000 and \$2 million.

These businesses are nimble and hardworking, but they're also vulnerable to disruption.

When something unexpected happens, it's not just your health or family that's affected. It's your income, your team, your clients and your ability to bounce back quickly.

And while insurance might help with financial losses, it doesn't solve the problem of who actually keeps things running. The doing still needs doing.

## Where to Start

You don't need to solve it all at once, but here are a few practical things to consider:

- **Key Processes** – Jot down the essentials of how the work gets done. If someone had to step in, how would they know what to do?



Helping regional businesses run better behind the scenes

Access & Info – Store client details, other key contacts and systems access info somewhere secure (and no, not on a sticky note!).

- **Communication** – Plan out who needs to be contacted (clients, suppliers, team, etc.) and how they'll be informed.

Sorting out just a few of these can make a big difference, because business continuity planning isn't just a box to tick, it's an investment in your business' long-term resilience.

And if you're not sure where to begin, you don't have to do it alone. With the right support, it's easier than you think to put a simple, practical plan in place, so things run more smoothly when life doesn't.



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# parkrun 56



29 March 2025

Trebeck Reserve, Winchelsea

25 parkrunners completed the course through Trebeck Reserve this week. We had visitors from Melbourne, Taralgon and Bannockburn.

Four people completed their personal best time for Trebeck Reserve parkrun. Congratulations to , Bernadette Gibson, Maria Van Rijthoven, Sue Rawson and Jack Steel.

This event was made possible by the following volunteers: Ann Morsby, David Woodall, Helen Woodall, Kate McInnes, Angela Hurren and Neil McInnes.

It takes a minimum of six people each week to safely conduct an enjoyable event. Please email [trebeckreserve@parkrun.com](mailto:trebeckreserve@parkrun.com) if you are able to volunteer some of your time. Tasks are simple, sociable, fun and very much appreciated.

Further details of this week's results can be found at [trebeckreserveparkrun.com.au/results](http://trebeckreserveparkrun.com.au/results) or check out our Facebook page for more photos and further information.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at [parkrun.com.au/register](http://parkrun.com.au/register), this is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events worldwide.

You do not need to be a runner, wear fancy Lycra or the latest high-tech shoes. Around one third of participants walk the course.

parkrun was conducted at around 500 locations across Australia this week. Well behaved dogs on a short hand held leash are welcome (no waist harnesses please).





## A New Wave For Positive Ageing Advisory Committee

Anglesea resident Harry Wendt's care and compassion for the community will hold him in good stead as a new member of Surf Coast Shire Council's Positive Ageing Advisory Committee (PAAC).

Council has appointed Harry, Lorne's Joy Dwyer, and Torquay's Keri Jones and Kathryn Williamson to the PAAC for a three-year term.

Outgoing committee members Ian Burgess, Elizabeth Gustus, Magdalena Wheatland and Kristin McDonald were acknowledged and thanked by Council at the March Council meeting.

Harry is eager to start with the Positive Ageing Advisory Committee, which provides Council with advice and direction to help to foster an age friendly community.

"We moved here in Christmas 2006, after living in Latrobe Valley and being part-owners of a group of pharmacies there," he said.

"I know the coast from Anglesea to Lorne pretty well, from when I used to come here surfing since my teen years.

"The retirement plan was always to come down here and settle in to the community.

"When we first came, before we hung up the boots, we worked at Geelong Hospital: my wife Marilyn in oncology and I worked in pharmacy.

"Because of our background in the health industry, I've always cared about peoples' wellbeing and caring for the community.

"My general purpose is to make peoples' lives as good as they can be."

Harry will be able to help fulfill his purpose as a PAAC member. The appointment adds to a list of community contributions he's made since moving to the Surf Coast.

"We got involved in the historical society, and I'd go to the men's shed, and we were involved with the church," he said. "I was also at the Lions for a period of time.

"Now I've been retired for a little bit, I can see the types of issues that might come up for people, thinking about 'how can they go shopping?' or 'how can they do this?' or 'how can they do that?'.

"When I saw the email saying there were a couple of spots vacant (on the Positive Ageing Advisory Committee), I thought I'd put my hand up and see if I can help."



Councillor Tony Phelps welcomed the four new committee members.

"It's so good to see locals who are willing to share their knowledge and passion to help make the Surf Coast an age friendly community, where older people are valued, respected and actively supported to participate in their community," Cr Phelps said.

"I would like to thank outgoing members Ian, Elizabeth, Magdalena and Kristin for their invaluable contributions over the past few years."

A vacancy remains for a committee member from Aireys Inlet, with interested applicants encouraged to call 5261 0600 or visit [surfcoast.vic.gov.au/PAAC](http://surfcoast.vic.gov.au/PAAC).

Council is supporting numerous upcoming events and activities for older people. It includes a Wiser Walker Wiser Traveller course, Time to Thrive Dance, and Autumn Afternoon Tea Dance at Kithbrooke Park. For details, please call 5261 0600 to speak to Council's Age Friendly Officer.

**Good Friday 18<sup>th</sup> April – 10.00am**

**Journey to the Cross walk**

**In the grounds area of  
St John's Catholic Church**

**(Cnr Harding & Mercer Streets)**

**Concluding with Hot Cross Buns  
and a cuppa in the Church Hall**

**(If raining, assemble in St John's Church Hall)**

**Further details - Lyn: Ph: 0400 649 652**

# Winchelsea Primary School Trivia Night Success

by **Megan Morris, School Council President**

Winchelsea Primary School's students and School Council extend their appreciation to all Staff, school parents, families and community members for making the Trivia Night the success that it was.

With approximately 100 attendees the night was filled with laughter, friendly bidding wars on the silent auction items and great trivia questions. They certainly tested the brain matter!

Congratulations to the winning Trivia team – Pink Ponies!

Thank you to all the local businesses here in Winchelsea, Colac, Torquay, Bellbrae and Waurm Ponds for supporting the event with their generous raffle and silent auction donations and items. The night was a great success raising in excess of \$7000.00.

The funds raised will be put toward the Playground which the School Council is hopeful to arrange the commencement of construction later this year. We are well on our way to raising the funds and

the Community's contribution and support shown at the Trivia Night was fantastic to see.

Thank you to the Winchelsea Cricket Club for tending the bar at the event. We also extend our thanks to the Winchelsea Community Hub for the use of the venue.

The School has received support from our local Bendigo Community Bank (Corangamite Financial Services) who have pledged support to match the donations and funds raised \$1

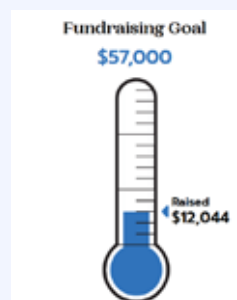
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Surf Coast Shire

**FUNDRAISING**  
towards  
our  
Playground

**GOAL FOR  
2025  
\$57,000**



**2025**  
(as at 28/03/2025)  
\$1070.00 - Contributions  
00.00 - Fundraising  
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**THANKYOU**  
to the families who have already  
contributed this year with our  
fundraising goals of the new  
playground

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Morris Family



# Buckley and Modewarre

Have you ever wondered why the area between Lake Modewarre and Winchelsea is known as 'Buckley'?

Here's an interesting story about the intersection of Indigenous and colonial cultures in the Winchelsea area. Buckley was named after William Buckley (c.1776–1856). There are many homages to Buckley in Victoria in place names, eg. Buckleys Falls in Fyansford and Buckley's Cave under the Point Lonsdale Lighthouse. Buckley has been immortalised in the common Australian expression "you've got Buckley's hope".

Colonial Historians such as James Bonwick dubbed Buckley the dubious title "wild white man". Buckley's portrait hangs in the State Library of Victoria near that of Wurrundjeri elder and artist William Barak and colonial settlers and statesman. Buckley has become a key figure in the colonial history of Victoria and is a fascinating example of conciliation between Indigenous and colonial cultures.

Buckley was born in Cheshire, UK. As a child orphan, he was raised by his grandfather. He worked as a bricklayer, and aged 19 enlisted in the British Army where he fought against Napoleon in The Netherlands. He served until 1802 when he was convicted of stealing a roll of fabric, which Buckley said he was asked to carry to the Garrison. Buckley was sentenced to transportation to Australia, where as a convict he helped Colonel David Collins construct the first European settlement in Victoria, a penal settlement at Sullivan bay, near Sorrento in 1803. Collins deemed Port Phillip was no place for a colony and moved to the Derwent River in Van Diemen's Land, Leaving Port Phillip on 30 January 1804.

Meanwhile, Buckley had escaped the settlement in December 1803 and was assumed dead when the colony was abandoned. Buckley made out on foot around the bay hoping he could overland to Sydney. After some time surviving on shellfish and badly malnourished Buckley Rested on what turned out to be a grave mound, picking up a broken spear he found there. He was discovered by women of the Wallarranga tribe of the Wadawurrung Nation. The women recognised him as their deceased chief "Murrangurk" who's spear he was holding.

This is where we get the name of Murrangurk Rd, in Buckley, East of Winchelsea, and Moranghurk estate near Meredith. They rationalised his pale skin and the fact that he was unable to communicate with them as evidence of the fact that he had returned from the dead. They adopted him into their tribe where he lived as a Wadawurrung man for 32 years. Buckley was aware of Europeans on the coast during that time and chose not to contact them.

Buckley describes his time in the Winchelsea area thus:

We next went... to a place they call Kironamaat; there is near to it a lake about ten miles in circumference... we hunted all the way; we halted near a well of fresh water, the lake being brackish, and there was a great plain near us. We here made nets with strips of bark, and caught with them great quantities of shrimps. We lived very sumptuously and in peace for many months at this place, and then went to the borders of another lake, called Moodewarri: the water of which was perfectly fresh, abounding in large eels, which we caught in great abundance. In this lake, as well as in most of the others inland, and in the deep water rivers, is a very extraordinary amphibious animal, which the natives call Bunyip.

In 1835 Buckley walked into John Batman's camp at Indented head near St. Leonards on the Bellarine Peninsula. A tattoo of his initials, WB, confirmed his identity. Buckley received a pardon and acted as an intermediary and interpreter between the whites and Aborigines for two years but he never trusted colonial people and had lost the support of his Wadawurrung family. He moved to Tasmania, found employment, and married. He died in 1856 at the age of 76.



*Researched and written by Dr. Paul Michael F Donovan, Winchelsea. Federation University Australia.*

# Winchelsea Star

Your Weekly Community Newspaper

Since 1977



## This Week's Winchelsea Star

Editor - Cerrie Forgan  
Designer - Tony Phelps

THE WINCHELSEA STAR

**ANNUAL GENERAL MEETING**

ALL WELCOME

DATE  
15 APRIL 2025

TIME  
AT 7 PM

PLACE  
WINCH HOUSE  
(HELEN VERITY ROOM)

RSVP  
secretary@winchelseastar.org.au

Winchelsea Star

## Winchelsea Star Production Meeting @ Coffee Saturday 26 April 2025 9-10am

Winch locals are invited to come along to a coffee meeting on the last Saturday of each month @ Sweet Thyme, Winchelsea. Your comments or suggestions, feedback, ideas for stories or coming events are welcome - or simply to say Hi!

**send your stories**  
[news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)

## LOCAL NEWS and ARTICLES WELCOME

Include name and address of the sender  
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## production

**Editors:** Cerrie Forgan, Yvonne Stevens, Judy Cameron  
**Advertising:** Sasha Gauntlett, Neil McInnes  
**Design:** Susan Corby, Tony Phelps  
**Printed by:** Winchelsea Community House  
**Website by:** Winch Websites

## committee

**President:** [president@winchelseastar.org.au](mailto:president@winchelseastar.org.au)  
Neil McInnes  
**Treasurer:** [treasurer@winchelseastar.org.au](mailto:treasurer@winchelseastar.org.au)  
Cathy Cheadle  
**Secretary:** [secretary@winchelseastar.org.au](mailto:secretary@winchelseastar.org.au)  
Tony Phelps  
**Members:** Mick O'Mara, Linda Carter, Susan Corby  
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[winchelseastar.org.au](http://winchelseastar.org.au) PO Box 5 Winchelsea 3241

Views expressed are not necessarily those of the Winchelsea Star or Committee. The Winchelsea Star reserves the right to edit or not publish any article.



# Winchelsea Churches



## Winchelsea Uniting Church

0475 777 301

uca.winchelsea@gmail.com

Hesse St, Winchelsea 3241

Services 9.30am Sundays

## St John the Baptist Catholic Church

Father Joseph Panackal 0404598558

Harding St, Winchelsea 3241

WEEKLY MASS

6pm Sat.

April 12, 26 and 9am on 20th

### EASTER CEREMONIES

**Reconciliation:** Winch Sat April 12 5pm

**Palm Sunday:** Winch Sat April 12 6pm

**Holy Thursday:** Meredith April 17 7pm

**Good Friday:** Bannockburn April 18

Ecumenical Walk of Witness 10.30

The Lord's Passion 3pm

**Easter Vigil:** Meredith Sat April 19 8pm

**Easter Sunday:** Winch Sun April 20 9am

## St Thomas' Anglican Church

Rev'd Phil Jacobson 0477 672 042

stthomaswac@gmail.com

Barwon Tce, Winchelsea

Service 10a

## Thought for the Week

I believe this. Have faith that  
the right thing will find you,  
however long it takes.

Know that at some point in life,  
a shift will happen and all  
of a sudden everything will make  
sense.

Trust. Believe, and Believe.

Have a Blessed week.

**John Bader,  
Former U/C Accredited  
Lay Preacher**

**come find your awesome**

**BIRREGURRA AUSKICK CENTRE**

Birregurra Recreational Reserve  
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[play.afl/auskick](http://play.afl/auskick)

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## WINCHELSEA TENNIS CLUB

### JUNIOR COACHING

Mondays from 3.30pm  
with experienced Nicole Mullen, \$10

### SOCIAL TWILIGHT TENNIS

Monday evenings from 6.00pm.  
All Welcome!

## RUNNING GROUP

Did you know Winchelsea has a small run group? We all start our watches but we're not worried about personal best. Its more of a social run, jog and chat. We wait for slower runners and walk when one of us needs a rest.

The aim is 10k with the option of 8 or 5k it's up to you. To finish off we have a coffee at La Hoot.

Join us each Sunday morning 8am  
Meet at La Hoot.

## LIONS CLUB

Recycled compressed paper logs.  
Great for wood burners, fires and fire pits. Burn for over an hour, ash great for gardens, no chainsaw needed.  
Pack of 4 logs \$5, small rolls \$2. Contact Alan 0476 47522

# Winchelsea Star

# COMMUNITY NOTICEBOARD

email editor@winchelseastar.org.au or leave at Winchelsea IGA

## WINCHELSEA PICKLEBALL

Winchelsea Leisure Time Centre  
Wed 7-830pm or Thurs 10-11.30am.

All equipment supplied,  
wear suitable footwear.

Lesley Mathison 0438 672 197

## CUBS AND JOEYS

For information, or to get involved,  
contact Marie McPadden – 0409330147  
or mcpadden630@bigpond.com

## WINCHELSEA GIRL GUIDES WELCOMES GIRLS 6-15 YRS

Mondays, 4.30pm-6pm  
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Guiding provides fun, friendship, and adventure. Developing teamwork, and leadership skills, whilst girls achieve goals, improve communities and grow in confidence.

3 FREE sessions to come along and try.

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or Lily Dell Rennie ph 0428 936 441

## \$5 BAGS OF CHILDREN'S CLOTHES AVAILABLE AT THE OP SHOP NOW. BAG SUPPLIED

Don't forget our 1/2 price book sale still available, get your school holiday reading and Easter books organised.

### PLEASE NOTE !!

We are unable to accept any more donations until further notice. We are totally overstocked.

Sorry for any inconvenience.

Thanking the community for their ongoing support.

Winchelsea Op Shop



## BRIDGE

Social Bridge is played  
**TUESDAYS 10 AM - 12 NOON**  
Senior Citizens Centre  
36 Harding Street Winchelsea  
**New players always welcome**  
Elaine Atkinson 0458 009 616

## Winchelsea Star CLASSIFIED ADS

email editor@winchelseastar.org.au or  
leave at Winchelsea IGA  
Notices removed after 2 weeks



## WINCHELSEA OP SHOP SALE.

All books, games and puzzles  
will be 1/2 price for the next 2  
weeks.

Dont miss out on this sale.

## WINCHELSEA & DISTRICT HISTORICAL SOCIETY INC NOTICE OF ANNUAL GENERAL MEETING

Wednesday April 9, 2025 at 1.30pm  
in the Historical Society Centre,  
Hesse Street, Winchelsea  
Margaret Reid, Secretary  
Posted 25/3/25

## DEFIBRILLATOR MISSING:

The newly installed Defibrillator outside the Netball change rooms has been missing for some weeks now – if it could be replaced asap that would be great, no questions asked.

These Defibrillators are there for a reason – THEY SAVE LIVES!!!



# Yoga

**At the Winchelsea Shire Hall**

**Monday Nights 7pm**  
 1 Hour Vinyasa class with Kate

**Thursday Nights 7pm**  
 Mat Pilates \*To be confirmed\*

**Saturday Morning 8am**  
 1 hour Yoga Flow with Lisa

**10 Class Pass - \$190**

**5 Class Pass - \$105**

**3 Class Pass - \$69**

**Casual Class - \$25**

**First Class is FREE**



The Winchelsea Community House, Shire Hall and Occasional care continue to open through the April School Holidays.

There are School holiday vacancies at Winchelsea Occasional care for Children over 3 Years. Call 03 52672028 for more information or to book.

**Working or studying remotely and need a quiet place to focus?**

The Winchelsea Shire Hall is Open to the public Mondays & Thursdays 9am - 2pm as a community Co-Working & Study Space, including school holidays.  
 No Bookings required.

Only \$10 casual rate, no subscription required. Customizable space, great Broadband internet, Coffee and Tea provided.



### Chatty Café

**Fridays 10.30pm - 12.30pm**

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In the Winchelsea Shire Hall. Everyone Welcome, Collection tin for donations.



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A small act makes a big impact.

Find out more: [surfcoast.vic.gov.au/recycling](https://surfcoast.vic.gov.au/recycling)



## WINCHELSEA HISTORICAL SOCIETY

Hesse Street Cnr Princes Highway, Winchelsea 3241

### OPENING HOURS

Wednesdays 1 - 4pm, Fridays 10 - 3pm

## WINCHELSEA HORTICULTURAL SOCIETY

The Horticultural Society started at the Shire Hall on 20th August 1903 but during war time shows were suspended.

Shows featured potted plants, floral displays, hanging baskets, fruit and vegetables and art and craft.

The annual subscription was set at two shillings and sixpence and in less than three months the first show was presented in the Temperance Hall on 5th November. It attracted about five hundred entries.

"When the hall was thrown open to the public a very pretty picture met the eye. A table running up the centre of the building was devoted to a fine display of foliage plants, maidenhair ferns, begonias and mimulus. Along the front of the stage was a table bearing floral designs. In the corner of the room rare artistic displays were seen."

The show provided the occasion for friends to meet and spend a few pleasurable hours together.

Amusements included nail driving competitions, hat-trimming and drawing a pig blindfolded.

Proceeds from the first show were retained for future shows, which were a huge success, and later a surplus of funds was distributed to community groups and the patriotic fund. Spring shows were held every year and autumn shows from time to time.

On 13th September 1982 an affiliate Winchelsea and District Club was inaugurated, the foundation president being Mrs Peg Bone and secretary Mrs J Robertson. It conducted regular monthly general meetings but is now in recess.



Oskar Armytage  
1903-1905



Walter Hopkins  
1905-1940



John Hopkins  
1940-1949



W. Westhorpe  
1949-1958



William Nash  
1958-1974



Jean Nash  
1974-1986



Leslie Hunter  
1986 -



Grace Leigh  
Life Member





# Royal Childrens Hospital Appeal 2025

Doug and Laurel McLennan have organised their annual raffle for the Royal Children's Hospital Appeal and, from this year on, some of the proceeds will be shared with the Geelong Regional Hospital for the care of children in this area.

There are a wonderful range of prizes and Marj Gale has again donated one of her magnificent Quilts.

Tickets are \$2 each or three for \$5.

Selling commenced on Sat. 5th April outside the Winchelsea IGA and will continue at weekends till Good Friday.

If you can't make it there to buy tickets contact Doug on 0428 592261 to make other arrangements.



*Helen Davie and Doug McLennan  
Outside IGA Main Street winchelsea  
Saturday and Sunday 5-6 April*

## 2025 RCH APPEAL RAFFLE



**First Prize:**  
Handmade Quilt



**Second Prize:** Painting



**Third Prize:** Chainsaw.



**Fourth Prize:**

Camping Chair (Hewitt & Whitty)



**Sixth Prize:** Jigsaw Puzzle  
(Tynyme puzzles)



**Fifth Prize:** Portable Fire Pit  
(Hayden)



**Seventh Prize:** Teddy Bear (Carol Blake)



**Eighth Prize:** Bird box



**Ninth Prize:** Box of Chocolates (RCH Appeal)





Invitation to our 3rd webinar in the series  
A Nature Positive Future for the Barwon River System

## UNDERGROUND WATERWAYS: WHY SHOULD WE CARE ABOUT GROUNDWATER? WEBINAR



Save the date:  
'Why Should We Care About Groundwater' Webinar  
Thursday 3rd April - 1:00 - 2:00pm

## CASUAL POSITION ADMIN ASSISTANT

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If interested please call Mark on 0457 671 440 or write to HR@justforluke.com.au



## Winchelsea Community Foodbank

Fridays, 12 - 2PM

30-32 Hesse Street Winchelsea



Food relief for our community.

For more info, contact Tess  
healthpromotion@hesse.vic.gov.au  
0417 848 292



## Winchelsea Men's Shed



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## WINCHELSEA PLAYGROUP

Each Thursday during school terms.  
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Check out our Facebook Page for more information about the happenings of each session.

Playgroup leader - Danni Menzies  
Email: winchelseaplaygroup@gmail.com

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# Councillor Update

by Tony Phelps, Winchelsea Ward Councillor

Last Friday afternoon there was an induction for the new members of the Positive Ageing Advisory Committee (PAAC), which I and most of the existing members also went along to. It's the first time the Shire has held an induction for this group, so a good grounding for all concerned. The PAAC is all about ensuring that Council is kept in touch with the needs of the older members of our community, and is particularly important given the predicted skewing of Surf Coast Shire population ages towards the higher end over the next decade or so.

There are 11 members, and each is drawn from a particular location to ensure representation from our quite different and diverse townships. Jenny Mathison represents Winchelsea, Lyn

Batson is Moriac. The PAAC meets every 2 months, it's not a high demand role but is a critical input for Council. Aireys Inlet needs a representative so if you know someone who would like to volunteer for that town please suggest they call the Shire. I am the Councillor representative for at least this year (chosen every 12 months). It's good to be a part of the PAAC, a friendly, engaged and important bunch. You can find out more at [surfcoast.vic.gov.au/Community/Positive-ageing](http://surfcoast.vic.gov.au/Community/Positive-ageing)

The Shire also held a staff awards session last week, recognising those who had been with the Shire 5, 10, 15, 20 30, 40 and even 45 years. Winchelsea's local legend PK was recognised for his 15 years of service, plus snag-cooking skills. Councillors are deliberately separated from most staff other than senior management (in fact, State government expects this), which made this awards session a rare opportunity to see how dedicated the staff are, and how positive the workplace culture is. A very happy occasion!

Turning to the next 4-Year Council Plan, the 45-member community panel has now wrapped up and presented their 8 principles to Council, which will help us set directions, themes and strategies. The 4-Year Plan must be published by October, so it's certainly a key focus for Councillors over the next couple of months. The draft version will be presented to the community for feedback, be sure to take the opportunity to give it a once-over when it appears (August?).

The Winchelsea Pool has now closed for the season – it saw around 3,000 enjoy the renovated and revamped heated swimming pool, which is a fabulous take-up by all. Along with the very-nearly-finished adventure playground, the barbecue hut with its community-powered cob walls, and the 2 viewing platforms due to begin construction this month, that area is set to be a major drawcard for locals and visitors alike. Next on the list is to review the traffic flow and parking on Barwon Terrace ahead of the summer season.

## Fire Services Levy Stalls In Parliament, Farmer Concerns Linger

The Victorian Farmers Federation (VFF) has welcomed the decision to stall the deeply flawed proposed Fire Services Levy Bill and says the reprieve must be used to iron out the fundamental issues facing farmers and regional communities.

VFF President Brett Hosking said while farmers would be breathing a temporary sigh of relief, legitimate concerns still linger regarding the proposed cash-grab.

"This is a step in the right direction. The government tried to push through a flawed tax without consultation and they have clearly failed to secure the numbers. I thank those MP's who have demonstrated strong leadership slowing the passage of this new tax without proper community and stakeholder consultation."

"The VFF's focus will remain on highlighting the very real destruction that this Bill will cause and making sure the government doesn't steamroll through with a reckless decision."

"We have families struggling with skyrocketing costs, and farmers battling drought, bushfires, and rising expenses. A cost of living crisis is not the time to introduce an unnecessary new tax. The stalling of the Bill gives us hope and more time, but we must see sweeping changes to the proposal," Mr Hosking said.

Mr Hosking said there would be no letting up on the opposition towards the Bill, despite today's stall.

"This blatantly wrong tax is wrong today and it will be wrong in the coming days and weeks. The opposition towards it has been overwhelming and we must keep up the pressure to ensure farmers and regional Victorians aren't hung out to dry."

"Our message to the government couldn't be clearer. Talk to us, consult with us and work collaboratively to get ideas that actually work and don't risk taking a sledgehammer to the livelihoods of hard-working Victorian



farmers," Mr Hosking said.

Mr Hosking thanked those passionate VFF members who took the time to write directly to their local MP to voice their opposition as well as those rural focussed organisations who joined with VFF to support our voice.

"We are encouraging you to keep fighting. Keep up the pressure by having your saying using the information provided on our website [vff.org.au](http://vff.org.au)."



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Community, Sports, Churches and Non-profits

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Winchelsea Community Information	facebook.com/groups/207538644446972
Winchelsea Classifieds 3241	facebook.com/groups/216942861684082
Winchelsea Lost and Found	facebook.com/groups/768187693217518
Winchelsea Op Shop	facebook.com/HospitalAuxiliaryOpShopWinchelsea
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The Green Winchelsea Residents	facebook.com/groups/515322772623126
Growing Winchelsea Inc	facebook.com/growingwinch
Winchelsea Star	facebook.com/TheWinchelseaStar
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Winchelsea Land and River Care Group	facebook.com/envirowinchelsea/
Upper Barwon Landcare Network	facebook.com/UpperBarwonLandcare
Winchelsea & District Historical Society Inc	facebook.com/Winchelseaanddistricthistoricalsociety/
Winchelsea Wildlife Shelter	www.winchelseawildlifeshester.com/
SCARS - Surf Coast Animal Rescue Service	facebook.com/groups/415211698950674
Winchelsea Gardeners	facebook.com/groups/779878518703025
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St John the Baptist Catholic Church	facebook.com/pages/Winchelsea-Catholic-Church/101775670163180
Winchelsea Mainly Music	facebook.com/groups/668500343953191/
Winchelsea Health Club	facebook.com/WinchelseaHealthClub
Winchelsea Playgroup (School terms only)	facebook.com/groups/551663435367031
Winchelsea Girl Guides	www.guidesvic.org.au/
Winchelsea/Modewarre Scouts	facebook.com/1stModewarreScouts
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Winchelsea Golf Club	facebook.com/winchelseagc/ facebook.com/groups/1324943804676697

# Winchelsea Swimming Pool Community Voice

by Haidee Benning

With the recent upgrade of the Winchelsea Swimming Pool complete, we are looking ahead with a hopeful vision of what the future holds for our ability to maximise this wonderful venue's utilisation. I have been a strong advocate for better community access to the pool for over 20 years.

From feedback I have received recently, it appears there are a few teething problems to still be sorted out with the new pool. Namely, there seems to be some problems with the safety of the surface of the children's 'middle sized pool' with several parents reporting that their young children have had painful cuts on their feet after its use. Please reach out to me on the contact info provided below if this has affected you or your family. Another big issue raised is the lack of shaded areas. The old pool layout ensured the toddlers area was completely covered by shade, and there were several areas around the pool where shade sails and picnic tables ensured sunsmart options for supervising parents and patrons to sit. Shade is essential as is the availability of multiple seating and picnic table options, and this is definitely something the Shire must consider rectifying in the near future. I am astounded that these issues have not already been addressed adequately and considered in the initial planning and design process?

Having grown up in Winchelsea, I remember the golden era of the pool under community management in the capable hands of Lesley Berg and Barb Holmes before the Surfcoast Shire became involved. What a service to the community these women and the original pool committee gave. Back in those days, the pool was the place where all the kids in town congregated during the summer months. On the stinking hot days, these wonderful women would keep the pool open till well after dinner, and parents would gather after work and organise dinner runs to the fish and chip or pizza shop, while the resident BBQ was also ignited. The very best way to end a hot day, with many dads often appearing after a long hot pre-dawn day of harvesting hay and farm work, to have a quick dip with the family to cool down before starting it all

again the next day.

As new friendships forged with kids from neighbouring towns or outlying rural farms, countless hours were spent in the water. When we were blue with cold, and shrivelled like prunes, we would take a rest for an hour lying on the hot concrete to warm up, munching on sunny boys, or a 20 cent bag of lollies from the canteen. If you were really cold, (and lucky), you got a bag of hot chips or a couple of potato cakes drizzled in sauce or vinegar to help warm up.

Back in those days, there was also a diving board and a water slide, access to which marked a 'graduation ritual' of being allowed to move from the 'middle pool' to the 'big pool' under watchful parental gaze. As a kid, I loved that diving board so much. I even dreamed about it! It had the perfect amount of bouncy spring (way more than modern diving boards) to get great height for a one-and-a-half pike or somersault. Withstanding the cold breeze as you shivered in line, tolerating the boisterous local lads reckless antics, it was all worth the wait... if you pulled off a good dive and didn't waste your turn! Igniting the imagination, In the air, we were birds, and once under the water, we became seals or dolphins. Of course there was always the included ritual of swimming to the bottom to touch the floor before the next turn.

My love of springboard diving and swimming in general began at the winch pool. In later years I went on to swim and dive in state level competitions and in my late teens and early twenties I became a learn to swim instructor and Hydrotherapy facilitator for rehab and seniors Arthritis management classes as part of my 30+ year career in Rehabilitation, Musculoskeletal medicine and Osteopathy. Lap-swimming and open water ocean swimming has been a lifelong daily and weekly activity I have engaged in for management of my own mental and physical health and wellbeing my whole life. A lifetime relationship with watersports, all from my love of swimming at the Winch pool which started as a toddler in the late 1970s. As a country kid, growing up 30+ kms away from the coast, the Winch

pool became a godsend for us during those summer months.

When my own children were young, I would juggle work hours and take them to the pool to share in the fun. The children of my childhood friends kept them company as new friendships were once again forged amongst the next generations. After my own children were grown, I would still get to the pool myself in-between work shifts to lap-swim as much as possible (despite the difficult opening hours), and often enjoyed time with friends and their families, always loving seeing the joy and delight of young children learning to swim and also fostering a love of the water as their imaginations ran wild.

Sadly though, for the last 20 years or so, the pools opening hours and season length has been greatly reduced. 12pm – 6pm was all we got once the Surfcoast Shire took over the pools management, and despite the increasing number of very hot days in February, March, and April, the pool was only open from early December to late January. I have written and contacted the shire on many occasions over the years, with minimal response. On the odd occasion where I did receive a response, minimal budget allocations, high operational costs and staffing issues were always the excuse given for such poor hours and season length. After spending close to 9 million tax payers dollars on a rebuild, these excuses are no longer acceptable. It is time that we as a community stand united and speak up about our need for a longer season, and better opening hours.

The Winchelsea community is growing rapidly, with data from the Australian Bureau of Statistic showing a relatively stable growth rate of approximately 1000 people every 3 years for the last few census gathering time frames. The demographic of new residents ranges from newcomers with young children who seek a great rural community to raise their families all the way to semi- or full retiree's wishing for a 'country change', an escape from the rat race. A future need for access to swimming lessons for kids, and hydrotherapy programs etc for healthy aging is blindingly obvious.



*(continued from P.24)*

I understand that everything comes down to money, and that operational costs are significant, but this is not a definitive and prohibitive reason or excuse to limit community use and access now we have a new 9 million dollar venue! In order to problem solve and address this issue successfully, I will be asking our councillors and the Surfcoast Shire for full transparency in relation to historical annual budget allocations for the operation of the Winchelsea pool. I would also like to speak directly with those at the Council who make decisions on future budget and operational management plans moving forward. Do I have confidence that the Shire will openly share such information? Let's wait and see. It would be an interesting cross study to investigate and compare the access to resources and budgeting that goes on between the inland rural townships within the Surfcoast Shire's jurisdiction Versus the Coastal townships.

What is the point of having spent 8.9 Million dollars on a resource that will be locked up and unavailable for 10 months of the year? A slap in the face for Winch folk who drive by on their way to or from a coffee at La hoot, a walk along the

river, or a visit to the playground with the kids. A locked up 9 million dollar facility we cant even get adequate use or access to! For the 2 months open, to have it only open 6 hours a day when a large portion of the community have clearly stated they cannot access it at these times due to work, weather, travel, other family commitments is just another blatant sign that Winchelsea's communities' needs are not taken seriously.

It is time the shire heard the communities voice on this issue, and it is time that the community gets what it is asking for. The Surfcoast shire closed our pool for 2 seasons, leaving residents without any option for watersport recreation this whole time. Beach visits during summer has become increasingly hard due to overcrowding and completely inadequate parking. This is another very real problem the Surfcoast shire fails to successfully resolve. Instead, parking fees and fines along the coastal beach access hot spots during peak season helps raise revenue as the volume of no parking signs and yellow lines increases. At the very least, give us access to a pool from early November to End April with hours we can actually attend. I wonder what the

opening hours and season length of the new Pool they are building in Torquay will be? You can bet it will be in line with Leisurelink or Kardinia Pool in Geelong.

I do not accept the Shire's rationale of Budget costs, attendance figures, staffing issues, and high operational costs as a viable excuse any longer. There are countless rural pools throughout all of southwest Victoria who manage to offer better access and solve budgeting and operational cost issues with all kinds of solutions. Community Committees, fundraising, local business sponsorship, and council decision making that prioritises community value for health, wellbeing and social interactions over financial profit and loss sheet data is essential and just plain common sense. If our community had access to swimming lessons, early morning and after work lap swimming hours, and other such opportunities, I am confident the Pools regular attendance data would increase. What parent wouldn't want to save petrol costs and travel time and benefit from a local swim school!

*(continues P.26)*



(continued from P.25)

My vision for the immediate next few seasons as the momentum grows for embracing this resource can be outlined with:

1. Longer season length, opening the first weekend in November, and running to the end of the April / Easter School Holidays.
2. A split shift opening hours of 6.30am – 11.30am, and 2.30pm – 7.30pm at minimum, Mon – Wed and Fri, with the view to extend these hours towards 5 days a week. (Tues / Thurs could be a single shift of 2.30pm – 7.30pm just as a suggestion).
3. Weekend and public holiday opening hours 8 hrs a day: eg: 10am – 6pm with a 4hr morning shift, then changeover at 2pm and an afternoon shift till 6pm.
4. Swimming lessons and Hydrotherapy / water aerobics classes available on a regular basis throughout the season length.
5. Establishment of a Winchelsea Pool Committee to contribute to fundraising, sponsorship, program development and to liaise and work with local council in the administration and operational aspects of the pool to maximise community access.

6. Local training of First Aid, Swim Instructor and life saver certification to provide opportunities for local Winchelsea residents to gain local employment. Building a team of approx. 6 staff members to rotate through shifts / weekdays and weekend rosters to ensure adequate staffing. Possible involvement of community volunteers / engagement of the Winchelsea Pool Committee to assist in administrative and operational aspects of delivering a successful seasonal program.

Results from survey respondents already gathered reflect a clear calling for these improvements along with many other valuable contributions and insights. Other data shows that the pool services residents not just from Winchelsea, but many associated rural regions including Deans Marsh, Birregurra, Cressy, Beeac, Inverleigh, Bannockburn, and Moriac regions. This reflects patterns of usage that have existed for the past 40 years, showing the pool services the wider rural populations and townships within the region. Results also show a clear demand for affordable family membership and access to a longer pool season with approx 80% of respondents asking for a longer season length and stating they would be willing to pay a family membership that reflects this. Families are also

asking for a family pass to not be limited to 2 adults and 2 children, with many families with more than 2 children feeling unfairly financially burdened by this limitation.

If the Winchelsea and surrounding rural community wants a positive change that benefits local residents, now is the time to start speaking up. Decisions will be made in the next couple of months about the 2025/6 summer season so it is becoming urgent that we collate this information and prepare our submissions to local council.

Please jump online and complete the Winchelsea Pool Community Voice survey to register your views and vision now. We have close to 200 responses, but my goal is 1000. Tell your local friends and families about this survey and please ask for their involvement. The survey is posted weekly on the Winchelsea Community Facebook page. I can also be contacted directly on [moksha.vie@gmail.com](mailto:moksha.vie@gmail.com), or Haidee Benning on facebook messenger, or +61(0)428177964 on whats app. I welcome anyone who would like to be involved in assisting the goal and vision of ensuring next season and those beyond see improvement in the communities access and use of the Winchelsea Pool. The link for the survey is <https://www.surveymonkey.com/r/SSJZQT8>.

## Vitality Tip from One Body Chiropractic!

Holiday time?! Awesome!

Remember to stay consistent with the habits that keep you feeling your best—even when you're out of routine!

- **Move your body!** Keep up with regular exercise, but get creative if you're traveling. A walk on the beach, a bodyweight workout, or even dancing around counts!
- **Enjoy without guilt!** The holidays are for making memories. Whether it's a nap, a good book, a movie, a board game, baking, swimming, or just soaking in nature — embrace it.

- **Nourish your body!** Enjoy the treats, but aim to eat something fresh first. A handful of veggies or a piece of fruit before the holiday indulgence can help you feel balanced.

Prioritise your well-being and make the most of the Holidays

Shaina Sandfort  
Chiropractic Assistant





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## Thanks Ruaan!

Winchelsea Lions Club presented Ruaan Bedi with a certificate of appreciation for him raising money by selling lemonade at the BBQ for drawing the Christmas Raffle on December 14th. Many thanks Ruaan.



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**St Thomas' Anglican Church – 10am**

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**Further details – Phil: 0477 672 042**

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**Marg: 0418 983 005**

### **Easter Day Sunday 20<sup>th</sup> April – Services**

**St John's Catholic Church – 9am**

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**Winchelsea Uniting Church – 9.30am**

(Hesse St Winchelsea)

Live stream with Grovedale Uniting Church

**St Thomas Anglican Church – 10am**

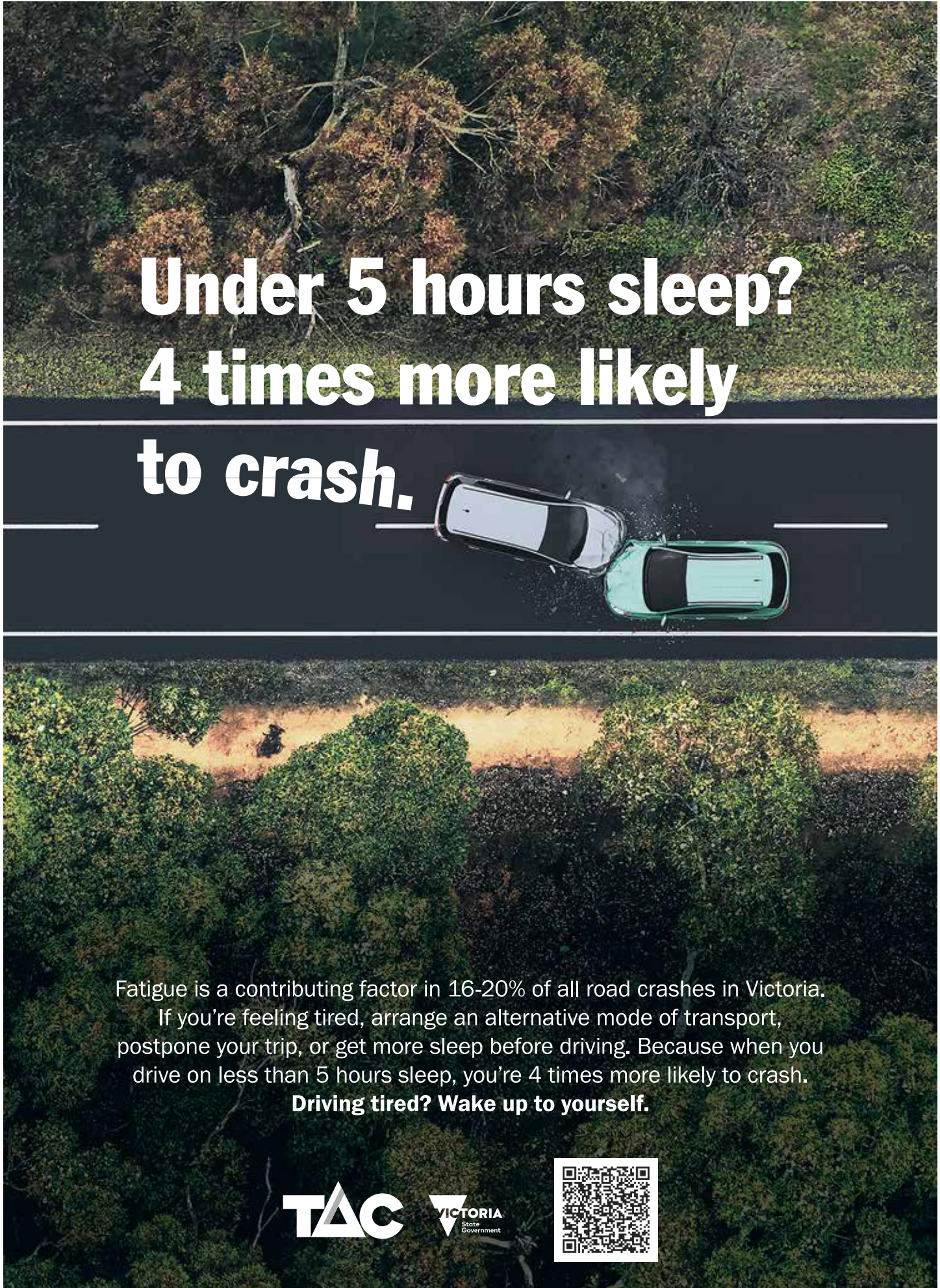
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**EASTER BLESSINGS TO ALL**





An aerial photograph of a road crash on a two-lane road. A silver car is on the left side of the road, and a green car is on the right side, having crossed the center line. The road is surrounded by dense green trees and vegetation. The text "Under 5 hours sleep? 4 times more likely to crash." is overlaid in large white font.

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# Winchelsea Football Netball Club Inc

## Blues News



Janet Fletcher

### ROUND 1

#### Inverleigh Hawks vs Winchelsea Blues:

Welcome to the wash up of Round 1 Season 2025 where the Winchelsea Blues travelled to Inverleigh to start the season playing for the Bendigo Bank "Community Cup" a Bendigo Bank initiative to promote community sport and show case the rivalry between the 2 country Clubs with both Football and Netball playing a part. Last season the inaugural honours went to Inverleigh when Winchelsea played host at Eastern Reserve.

This opening round was the Winchelsea Blues chance to snatch it back in conditions that were ideal if a little warm as the Reserves kicked off at 12pm.

#### RESERVES:

Winchelsea Blues 8.9.57 defeated Inverleigh Hawks 4.6.30

**GOALS:** Angus Leigh 2 Robbie Gleeson 1, Jack Symmonds 1, Archie O'Neil 1, Alex Hackett 1, Tom Rouget 1, Patrick Dench 1.

**BEST:** Baxter Boddington, Liam Turner, Luke Foot, Bailey Forssman, Tom Rouget, Ollie Mahncke.

The Reserves held their own in the low scoring first quarter going into the second a goal down, and halfway through the second had some reward for their perseverance adding 4 goals 3 points to a solitary goal from the Hawks. From half time the Blues maintained a steady lead with Inverleigh never quite going away but unable to make any impression on the Blue's lead.

Solid win for the Reserves in their first hit out of the season, a couple of injury concerns with ankles but hopefully will be up and about for Round 2.

Congratulations to the Coaching Staff on the day, great start to the home

and away.

#### SENIORS:

Winchelsea Blues 10.9.69 defeated Inverleigh Hawks 9.9.63

**GOALS:** Indi Parish 4, Josh Freeman 2, Cameron Primmer 1, Caleb Brown 1, Riley Berg 1, Fin Kersopp-Cole 1.

**BEST:** Lachie Gemmill, Jordan Huff, Callum Nankervis, Fin Parish, Riley Berg, Indi Parish.

The Senior Blues had a good first quarter going in with a 5 point lead at quarter time, while the Hawks had the better of the 2 sides in the second, heading in to the main break with a 4 point lead this had been a very even affair up until half time, and at this stage of the game the win was up for grabs in the second half. The Hawks held the Blues off in the third quarter with opportunities not capitalised on in front of goal for the Blues, so the Hawks went into the three quarter huddle with a handy 11 point lead.

It was game on in the final quarter and the Blues had stepped it up a notch in their tackling and spoiling for mark, both sides showing a little fatigue in the warm Autumn conditions in the final quarter. The home crowd was getting very excited and the Blues looked as the game may have slipped away – but to the Blues great credit they hung tough and managed to claw their way back to be just a point behind and with just minutes to go managed to go to a seven point lead, the Hawks having one last scoring shot which resulted in a point and the Winchelsea Blues were home by a goal!!!

Great to get that first win on the board boys! Congrats to the new Coaching Staff and all concerned at the Winnie Blues.

The win by the Senior team was the last key in the cog of getting the Bendigo Bank's Community Cup over to Winchelsea's Eastern Reserve

– well done to the Winchelsea Blues Football & Netball Club's teams. Let's hope we can retain it in 2026 ....

### THE BLUE'S BISTRO:

Our first night back at the Blue's Bistro for 2025 was a very busy one that ran pretty smoothly thanks to the Club's fabulous volunteers, and I mean absolutely fabulous. Kitchens are notorious for creating pressures and to maintain composure and just get the job done is a credit to this volunteer group. It was wonderful to hear the repeated comment from patrons and players alike - "it's good to be back" - we think so too, thanks everyone!

Thank you to all those who signed up for Social Membership, we hope you have enjoyed your complimentary main meal, and will continue to support the Club throughout the season. Thanks again to Amanda & Kim for handling the Memberships etc. - awesome job ladies !!

This week the Menu will be Lasagne, Seafood Baskets, and Chicken Satay Chicken Nuggets & Chips for the Junior Blues, Dessert: Sticky Date Puddings & ice cream, Ice cream & strawberry, chocolate or caramel topping & sprinkles.

Next we see the Winchelsea Blues on the road again, this time out to play Geelong West Giants at their West Oval. Great to see so much navy blue in the crowd last week. Reserves kick off at 12 pm. Get there if you can .....

## GO BLUES!!

### CONGRATULATIONS:

Congratulations to Winchelsea Cricket Club's James & Jacinta Stephenson on the safe arrival of their beautiful little girl – Harper.



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ISSN 2202-6851



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The Winchelsea Lions Club has compiled a list of public access defibrillators in Winchelsea. If anyone knows any others with 24 hour public access, please let Linda Carter know 0439 817 263.

**Ambulance Victoria**

33 Willis Street

**Bendigo Bank**

11 Main Street

**Globe Theatre (Side entrance)**

17 Willis Street

**Hesse Rural Health**

8 Gosney Street

**Men's Shed**

51 Hesse Street

**Netball Courts**

Eastern Reserve Hopkins St

**Senior Citizens Club**

36 Harding Street

**Uniting Church**

33 Hesse Street

**Winchelsea Bowls Club**

Hesse St,

**Winchelsea Cemetery,**

McConachy St

**Winchelsea Golf Club**

13 Anderson Street

**Winchelsea Primary School**

Main Street

**Wurdale Memorial Hall**

220 Wurdale Road

