

Summer Reading Guide

Nonfiction Edition

Greetings & Salutations Dear Readers!

Wondering what to read at the park or out by the pool this summer? I'm here for you with a list of the best new NONFICTION books - Summer 2023 edition!

How do YOU define a "summer read"? For me, this usually means entertaining, not too serious, definitely not too controversial or sad, and easy to pick up and put down.

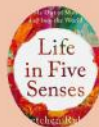
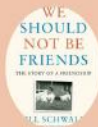
So, being the super "extra" book influencer that I am, here's a list of 40 NEW nonfiction books across eight categories. I think there's something for every reader on this list. On the last page, you'll find a printable checklist you can take to the library or bookstore as you plan your summer TBR list.

Happy Reading!

P.S. Are you curious about nonfiction reads but don't know where to start? Sign up for my weekly newsletter at letsreadnonfiction.com to keep up with the latest nonfiction news and titles.

BONUS: Favorite Authors

Some of my favorite nonfiction authors include Tara Schuster, Will Schwalbe, Katherine May, Gretchen Rubin and Peter Wohlleben. Their most recent titles offer unique perspectives on topics such as nature, friendship, and self care.



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Audiobooks

Audiobooks offer a great way to learn new things, improve language skills, and expand knowledge on various topics. Audiobooks can also be a valuable tool for people with visual impairments or learning disabilities who may struggle with traditional reading methods. Audiobooks are the perfect companion during long car rides or while doing chores around the house.

Cookbooks

"If you're not one of those people who has a stack of cookbooks on their nightstand already, you might not know that there's a lot more to read in a cookbook than just the recipes. Cookbooks can be a special genre of literary nonfiction, packed with stories from personal anecdotes to historical episodes, giving context and narrative to the cooking instructions." Carrie Helms Tippen, *Literary Cookbooks*

Celebrity Memoir

Celebrities have long used so-called "tell-all" books to bring back a fading career, reach fans in a new way, or just make more money. They do this by giving flattering self-portraits and a few choice personal revelations that are meant to get the media's attention. Recently, a plethora of famous people have set their sights on a new goal: writing books that are actually interesting and compelling. I am here for it!

Travel

The power of travel and alone time is real. But that doesn't necessarily mean you have to book a flight to have a memorable summer. Nothing compares to the best travel books when it comes to inspiring your wanderlust, and transporting you to another world. Grab a book, find a cozy spot, and let your imagination run wild this summer.

True Crime

True crime entertainment is hugely popular right now. It's incredible how many new television shows, movies, and podcasts there are. The true crime genre is not new, but it has recently gained popularity as a result of easy access to information and the convenience of online sharing and content consumption.

Sports

From stories of perseverance to accounts of scandal, these nonfiction titles offer an opportunity to learn something new about our favorite sports and the people who play them. Whether you're a die-hard fan or just looking for an interesting read, sports books are a great way to gain insight into the world of athletics and the human experience.

Music

Get ready to dive into the world of music and discover the stories behind some of the greatest bands and artists of all time. From memoirs to biographies, these books offer a glimpse into the lives and careers of the talented individuals who have shaped the music industry. So grab a cold drink, find a cozy spot outside, and let these books transport you to the backstage world of rock and roll.

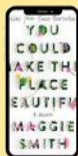
Essays

New readers love the essay format and have turned some of their favorite authors into best-sellers. Why are essays so popular? They're easy to read and don't take up a lot of time. Plus, essays allow readers to connect with the author beyond the headlines stories.

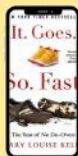
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Audiobooks



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Cookbooks



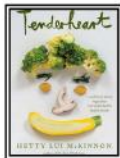
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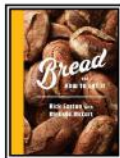
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Celebrity Memoir



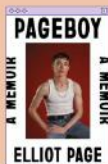
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Travel



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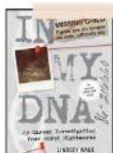


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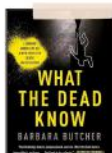
True Crime



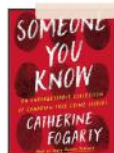
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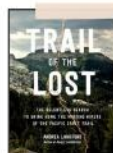
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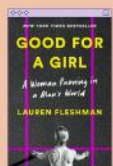


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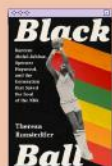
Sports



January 2023



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May 2023



June 2023

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Music



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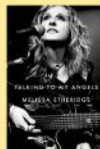
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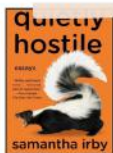
Essays



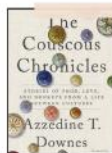
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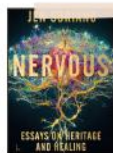
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Audiobooks



Music



Cookbooks



Essays



Celebrity Memoir



Favorite Authors



Travel



True Crime



Sports



On My TBR:

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- ☐ You Could Make This Place Beautiful: A Memoir By Maggie Smith
- ☐ It Goes So Fast: The Year of No Do-Overs by Mary Louise Kelly
- ☐ You Will Find Your People: How to Make Meaningful Friendships as an Adult by Lane Moore
- ☐ Tell Me Everything: A Memoir By Minka Kelly
- ☐ The Daddy Diaries: The Year I Grew Up By Andy Cohen
- ☐ On the Curry Trail: Chasing the Flavor That Seduced the World by Raghavan Iyer
- ☐ Rachael's Good Eats: Easy, Laid-Back, Nutrient-Rich Recipes by Rachael Devaux
- ☐ More Than Cake: 100 Baking Recipes Built for Pleasure and Community by Natasha Pickowicz
- ☐ Tenderheart: A Cookbook about Vegetables and Unbreakable Family Bonds by Hetty Lui McKinnon
- ☐ Bread and How to Eat It: A Cookbook by Rick Easton and Melissa McCart
- ☐ Love, Pamela: A Memoir of Prose, Poetry, and Truth by Pamela Anderson
- ☐ Paris: The Memoir by Paris Hilton
- ☐ Dear Future Mama: A TMI Guide to Pregnancy, Birth, and Motherhood from Your Bestie by Meghan Trainor
- ☐ Pageboy: A Memoir by Elliot Page (June 2023)
- ☐ If You Would Have Told Me: A Memoir by John Stamos (October 2023)
- ☐ Have You Eaten Yet: Stories from Chinese Restaurants Around the World by Cheuk Kwan
- ☐ America the Beautiful?: One Woman in a Borrowed Prius on the Road Most Traveled by Blythe Roberson
- ☐ Walking with Sam: A Father, a Son, and Five Hundred Miles Across Spain by Andrew McCarthy
- ☐ The Pride Atlas: 500 Iconic Destinations for Queer Travelers by Maartje Hensen
- ☐ 100 Places to See After You Die: A Travel Guide to the Afterlife by Ken Jennings (June 2023)
- ☐ A Mystery of Mysteries: The Death and Life of Edgar Allan Poe by Mark Dawidziak
- ☐ In My DNA: My Career Investigating Your Worst Nightmares by Lindsey Wade
- ☐ What the Dead Know: Learning about Life as a New York City Death Investigator by Barbara Butcher (June 2023)
- ☐ Someone You Know: An Unforgettable Collection of Canadian True Crime Stories by Catherine Fogarty (June 2023)
- ☐ Trail of the Lost: The Relentless Search to Bring Home the Missing Hikers of the Pacific Crest Trail by Andrea Lankford (Aug 2023)
- ☐ Good for a Girl: A Woman Running in a Man's World by Lauren Fleshman
- ☐ The Hard Parts: A Memoir of Courage and Triumph by Oksana Masters
- ☐ Black Ball: Kareem Abdul-Jabbar, Spencer Haywood, and the Generation That Saved the Soul of the NBA
- ☐ Up to Speed: The Groundbreaking Science of Women Athletes by Christine Yu
- ☐ Coffee First, Then the World: One Woman's Record-Breaking Pedal Around the Planet by Jenny Graham (June 2023)
- ☐ Every Good Boy Does Fine: A Love Story, in Music Lessons by Jeremy Denk
- ☐ Definitely: The Official Story of Def Leppard (June 2023)
- ☐ Where Are Your Boys Tonight?: The Oral History of Emo's Mainstream Explosion 1999-2008 by Chris Payne (June 2023)
- ☐ Parachute Women: Marianne, Marsha, Bianca, Anita, & the Women Behind the Rolling Stones by Elizabeth Winder (July 2023)
- ☐ Talking to My Angels by Melissa Etheridge (September 2023)
- ☐ The Best Strangers in the World: Stories from a Life Spent Listening by Ari Shapiro
- ☐ Is It Hot in Here (or Am I Suffering for All Eternity for the Sins I Committed on Earth)? by Zach Zimmerman
- ☐ Quietly Hostile: Essays By Samantha Irby
- ☐ The Couscous Chronicles: Stories of Food, Love, and Donkeys from a Life Between Cultures by Azzedine T. Downes (June 2023)
- ☐ Nervous: Essays on Heritage and Healing by Jen Soriano (August 2023)
- ☐ Glow in the F*cking Dark: Simple Practices to Heal Your Soul, from Someone Who Learned the Hard Way by Tara Schuster
- ☐ We Should Not Be Friends: The Story of a Friendship by Will Schwalbe
- ☐ Enchantment: Awakening Wonder in an Anxious Age by Katherine May
- ☐ Life in Five Senses: How Exploring the Senses Got Me Out of My Head and Into the World by Gretchen Rubin
- ☐ The Power of Trees: How Ancient Forests Can Save Us If We Let Them by Peter Wohlleben