



TERM 1 2025

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AUSTRALIAN OPEN WATER CHAMPIONSHIPS

A massive congratulations to our exceptional Open Water athletes who competed at the Australian Open Water Championships in Western Australia! Surrey Park was proud to have one of the largest squads from Victoria in attendance, and we are thrilled to share the outstanding results they achieved on a national stage:

Lachlan

Boys 16 year old 5km: 19th overall Boys 16 year old 7.5km: 16th overall

Conor

Boys 19 year old 5km: 2nd overall Boys 19 year old 10k: 1st overall

Jesse

Men's 5k: 23rd overall Men's 10k: 22nd overall





To read a Surrey Park Swimming blog on how to prepare for your first open water swim,

please click here.



MESSAGE FROM OUR SWIM SCHOOL

Welcome to Term 1, 2025!

We hope you had a fantastic summer break, enjoying time with family and friends. It's been wonderful to see so many of our swimmers taking part in the Intensive School Holiday Programs throughout January at Aqualink and Blackburn.

School Swimming Carnivals are Here!

School swimming carnivals are now in full swing and we would love to celebrate the achievements of our swimmers. If your child participated or achieved any exciting results, please send us photos and details so we can share them with our Surrey Park families on our social media. Send them to socials@surreypark.org.au.

Lessons and Inquiries

If you have any questions about your child's swimming lessons, please feel free to speak with the Lead Instructors in the red shirts. They are the best people to assist with any questions or concerns.

IMPORTANT DATES

- 24th Feb 1st Mar: Water Safety Week
- 3rd Mar: Intensive holiday program bookings open
- 17th Mar 30th Mar: Re-enrolment open for next term - pay to secure spot
- 6th Apr: Last day of term 1 lessons
- 22nd Apr: Term 2, 2025 commences

Holiday Intensive Program

- 7th Apr: Week 1 commences
- 14th Apr: Week 2 commences

No lessons on weekends during this period.

*Swim School is closed all public holidays



Respectful Communication

In these warmer months tempers can sometimes fray but we kindly ask everyone to remain respectful when addressing staff with any concerns. We are all here to support your child's learning and development.

Swim Safely: A Lifesaving Skill

Learning to swim is more important than ever.
The tragic rise in drowning incidents in
Australia this summer highlights just how
crucial swimming and water safety education
are. Please ensure you swim at patrolled
beaches, always supervise children closely, and
check water conditions before entering.
We appreciate your continued support and look
forward to an exciting Term 1!

Stay safe, swim responsibly, and enjoy the term ahead!

Charity Dickins - General Manager Swim Schools



WATER SAFETY WEEK - STARTS MONDAY 24TH FEB



Remember to wear an old tshirt over your bathers in the water!

Educating children on the feel and experience of swimming in clothing is a requirement by the Victorian Government for swim schools, forms part of our criteria for each level, and is important to practise before it occurs in an emergency situation.

SCHOOL HOLIDAY INTENSIVE PROGRAM

Holiday program bookings open Monday the 3rd of March!

In addition to our regular preschool, school age and private classes, listed below are our specialised classes you can book in for a week intensive program:

SCHOOL HOLIDAY BOOKINGS OPEN MONDAY 3RD MARCH

Aqualink additional lessons:

- Breaststroke and Butterfly skills lesson (Level 6 and above only)
- Teen advanced lesson
- Breaststroke kick lessons
- Diving lessons running all days except Wednesday
- Swimming Dives and Turns clinics (level 5+ who can somersault) week 1 only

All lessons at Aqualink are 30 minutes (excluding development squad (Level 8) and diving)

Blackburn additional lessons:

- Blackburn tumble turns and turns lesson (Level 6 and above only)
- All girls teen beginner lesson

All lessons at Blackburn are 40 minutes and cost \$30.00 per lesson

BOOK VIA OUR APP

CALL US ON 8899 6323

STAFF TRAINING

In January, our Learn to Swim staff engaged in comprehensive training to ensure we provide the highest standard of instruction and care to our students. Training sessions included DRSABCD, child protection and mandatory reporting, and proper handling techniques when providing instructions to students.

Beyond the technical skills, our team also focused on enhancing student engagement. The training highlighted the crucial role of building strong, trusting connections with each swimmer. By fostering these relationships, we can improve attentiveness and create a more positive learning environment where students feel confident and motivated to progress.



PROGRESS UPDATES AND LEVELLING UP!

Our lead instructors regularly monitor all students to track their progress and ensure they advance through our levels efficiently. Each week, lead instructors follow a set schedule for assessing different levels and also handle tasks such as teacher training and operational responsibilities.



Assessments typically begin with the higher levels and progress to the lower levels over the weeks. This schedule may be adjusted based on the composition of our swimming groups, the occupancy of certain levels, and at Lead Instructor and Management discretion.

After a student is assessed, their star skills are updated on our app. To check this in our app, click account, select the child to view skills for, select 'Evaluation', select the program and level, then click on the individual skill for more information. Some skills may have comments listed underneath them, specific to your child.

If you would like more information following an assessment, please speak with the lead instructor as our teachers have back-to-back classes and won't be able to talk long due to class supervision requirements.



TURNSTILE NOW OPERATIONAL FOR IPHONES

We are pleased to inform you that the issue with QR codes on the iClassPro app has been resolved.

If you continue to experience difficulties with the app, we suggest uninstalling and reinstalling the iClassPro app to ensure smooth functionality.

Families with multiple members bringing a child to lessons on different days. We recommend taking a screenshot of both the Student QR code and the Family QR code. This will allow quicker entry on the day of your lesson.

We appreciated your patience while this issue was rectified. Please call us on 9898 8876 if you require further assistance.

GET ACTIVE KIDS VOUCHERS

GET ACTIVE KIDS VOUCHER - GOVERNMENT INITIATIVE

In Term 1, Surrey Park Swimming is covering the gap between the Get Active Kids Vouchers and total swimming lesson fees! If you are still to use your voucher please get in touch for Term 1 2025!

Terms and conditions apply.

Applications for this round of vouchers has closed, but those still with vouchers to use, please get in touch. Get Active Kids voucher expires 29th April 2025.



Term 1, 2025 only!

LEARN TO SWIM REMINDERS

NO PHOTOGRAPHY

Photography and video footage is not allowed in any of our centres. This is to protect the privacy of all staff, children and students in our program.

FINS FOR LEVEL 6+ SWIMMERS

Swimmers in Level 6 and above must bring short blade fins to each lesson. We sell DMC fins at our Blackburn centre and all swim school families receive 30% off.

TOILETING

We kindly ask that you encourage your child to use the bathroom before their swimming lesson. In the event of a faecal accident in the pool, it may result in the pool being closed for a period of 10 minutes to up to 24 hours (depending on the severity) which impacts lessons and learning time.

We appreciate your understanding and cooperation in helping us maintain a safe and clean environment for everyone. Thank you!

HAS YOUR CHILD LEVELLED UP?

Celebrate their achievement with us! Snap a photo in front of our Congratulations Banner at the Surrey Park Reception Desk, then share it to your social media and tag @surreyparkswimming. We love to share your successes and make your child's day!

Alternatively, you can email socials@surreypark.org.au and we can share for you. All photos will be de-identified for privacy. We can't wait to see the smiles and achievements!







CLUB NIGHTS SUMMER 2025

SURREY PARK SWIMMING AT AQUALINK BOX HILL

Come join us and give our Club Nights a try with Surrey Park Swimming! Have fun practising racing skills and make some new friends!

DATES

- February 7th 2025
- February 28th 2025
- March 14th 2025

OPEN TO:

Level 7, Level 8, Junior Squads, and State Development Swimmers

4:30PM TO 6:30PM

AQUALINK BOX HILL (OUTDOOR POOL)
\$6.80 ENTRY FEE TO AQUALINK DESK APPLIES





MESSAGE FROM OUR CLUB SQUADS

As 2024 came to a close, Surrey athletes wrapped up the year with fantastic performances at the Queensland and New South Wales State Championships, as well as the Victorian Age Championships. The results speak for themselves, showcasing both the talent and dedication of our swimmers.

At the Queensland and NSW State
Championships, Surrey athletes delivered
standout performances with many showing
incredible grit and determination across a range
of events. However, perhaps the highlight of the
season came at the Victorian Age
Championships, where Surrey finished an
impressive 3rd on the overall point score! This
remarkable achievement is a testament to the
hard work, skill, and teamwork displayed by our
athletes and we couldn't be prouder of everyone
involved.

Surrey continues to demonstrate consistent excellence at the state level, setting a high standard through our younger age groups who will continue to prosper in the coming years.

A special thank you goes out to all of our level 7/8, Junior Squad and State Development swimmers who attended the Club Night on Friday, 7th February. It was a fantastic first night of the season filled with fun and valuable learning opportunities. The energy and enthusiasm from everyone involved was contagious and we are so proud of how all swimmers participated and engaged.

Looking ahead, we're excited for the next Club Nights on 28th February and 14th March. These nights are open to all swimmers from Level 7 and 8 and we encourage everyone to attend. They offer a great opportunity to build skills, gain experience, and connect with teammates in a supportive environment.



We'd also like to remind everyone that the Metro East All Junior Selection Trials are fast approaching and entries will be closing soon. This competition is open to all swimmers including those from Learn to Swim. It's a fantastic chance for swimmers to compete in a 4x50 meter Medley events for each stroke. Those who make it into the Top 10 will move on to the semi-finals at the Melbourne Sports and Aquatic Centre. We encourage all swimmers to participate and take advantage of this exciting opportunity to showcase their abilities and take their training to the next level.

As we look forward to the rest of 2025, we are inspired by the achievements of our athletes and the excitement of upcoming events. Let's continue to support each other and strive for even more victories and success in the future. Congratulations to all our athletes, coaches, and support teams for making 2024 a truly memorable year!

Justin Bell - Head Coach

UPCOMING MEETS

- 14th-16th Feb Victorian Open LC Championships
- 8th Mar Metro LC Championships
- 16th Mar Metro East District Championships
- 10th-18th Apr Australian Age
 Championships
- 13th-17th Apr NZ Age Swimming
 Championships



























OUR FULL RANGE OF IN STOCK MERCHANDISE IS LISTED ON OUR WEBSITE. CLICK HERE TO VIEW

SUMMER ESSENTIALS

Your summer essentials are sorted below. Bucket hats, baseball hats, and water bottles are available for purchase from our shop.







DECK JACKETS



As the weather starts to cool, deck jackets will help to keep you warm before and after training. They are also helpful at swim meets between races and the warm up and competition pool. Find out more by clicking here.

SWIMMING ESSENTIALS

Our Blackburn pool has a range of fun Surrey Park silicone cap colours for your swimming lessons. We also have a range of goggles, fins, ear plugs, and snacks available!

Our Navy Surrey Park cap is available to all Surrey Park Swimming members at our Blackburn and Box Hill locations. <u>You can</u> <u>also purchase online here!</u>



SURREY PARK SWIMMING COMMITTEE NEWS

We're off to a fantastic start to the year and it's been great to see so many swimmers back in the water! Swimming is a skill that develops over time and regular lessons throughout the year are the best way to see real progress. Whether it's building confidence, improving technique, or increasing endurance, consistent practice is key.

As both a swim school and a swim club, we're always looking for ways to grow and be an active part of our community. We kicked off 2025 with a Bunnings BBQ at Box Hill South which was a great success! It was fantastic to be out in the community, meeting families, sharing our passion for swimming, and, of course, serving up some delicious sausages.

At the end of 2024, we wrapped up the year with our Annual Club Championships which was an exciting day of racing for our club swimmers. We also welcomed some of our Level 8 swimmers who had the chance to experience racing and test their skills in a fun, supportive environment. For those Level 8 swimmers keen to give it a go this year, be sure to keep an eye out for the event at the end of 2025.

Speaking of Level 8 swimmers, don't forget that Club Friday Nights run throughout Term 1 and Term 4. These events are a fantastic way to experience the club side of swimming, meet new people, and get involved in racing in a relaxed and welcoming setting.

Behind the scenes, our committee and staff continue to work diligently to ensure the success of both our swim school and swim club. We're committed to providing the best possible programs, fostering a strong community, and supporting every swimmer on their journey.

We're looking forward to a great year ahead see you at the pool!

Simone Wendt - Club President

COMMITTEE MEMBERS

Executive Committee

- President Simone Wendt
- Vice President Anthony Clements
- Secretary Sharyn Frawley
- Treasurer Emma Dorrat-Sims

General Committee

- Ash Lim
- Daniela Greening
- Flynn Phillips
- Jarrod Condon
- Jim Bian
- Luke Harris































CHILD PROTECTION AND SAFE SPORT

Surrey Park Swimming Club is committed to providing a safe, positive, and enjoyable environment for all.

The Victorian Child Safe Standards and Swimming Australia's Child Safeguarding Policy confirm the shared responsibility everybody in the swimming community has to ensure there is an overarching culture of child safety.

Surrey Park Swimming Club has adopted Swimming Australia's National Integrity Framework. The National Integrity Framework (NIF) is a set of rules that all members of our sport need to follow when it comes to their behaviour and conduct in swimming including obligations to report misconduct. These rules are contained in the following policies:

- 1. Safeguarding Children & Young People Policy
- 2. Member Protection Policy
- 3. Improper Use of Drugs and Medicine Policy
- 4.Competition Manipulation & Sports
 Gambling Policy
- 5. Complaints, Disputes & Discipline Policy (CDDP)
- 6. Code of Conduct

Copies of these policies can be accessed through the <u>National Integrity Framework</u> page on Swimming Australia's <u>website</u>.

Surrey Park members are required, at all times, to comply with any Child Safe Codes of Conduct which the Club may adopt. Specific additional Codes of Conduct apply for Club members participating in team camps and trips.

In accordance with Swimming Australia's Child Safeguarding Policy and the Victorian Child Safe Standards all applicants for employment at Surrey Park are required to undergo extensive screening and background checks. All paid staff, committee members, officials and other volunteers who could potentially have unsupervised contact with children are required to have a valid Working With Children Check.

<u>To find out more and view our policies, click</u> <u>here to head to our website</u>







Our Surrey Park Community

Learn to Swim, Learn to Dive, Club Squad Meets, Camps and Trips.

















































CONNECT WITH US ON OUR SOCIALS

Search @surreyparkswimming

Follow us to keep up to date on important information and see what our Learn to Swim, Learn to Dive, and Club Squad swimmers are up to!













Aqualink Promotion

Join Aqualink this February and Save!

Aqualink is having a fantastic offer for new members this month. 50% off for 3 months + \$0 join fee!*

Join any direct debit membership and receive 50% off your first 3 months, plus they've waived the joining fee completely. That's a saving of up to \$194.20!

With access to state-of-the-art gyms, aquatic facilities, and over 200 weekly fitness classes, there's something for everyone. Ready to find your fit? Join Now!

Offer ends 27 February

*Terms and conditions apply

THANK YOU TO OUR SPONSORS AND PARTNERS

Thank you to our sponsors for their unwavering support at club breakfasts, presentation nights, meets, and for our ongoing member benefits. Your continuing support is greatly appreciated.







OUR LOCAL COMMUNITY NOTICEBOARD



10% discount for Surrey Park Swimming Club families.

If you're in need of paint protection, window tinting or dashcam installation for your cars please reach out to us.

SERVICES:

- ★ PPF Paint Protection Film
- ★ Ceramic Coating
- **★** Window Tinting
- ★ Dashcam supply & installation
- ★ Dent Repair (PDR)
- ★ Rim scratch Repair
- ★ Car Panel damage repair & respray
- ★ General detailing
- ★ Maintenance wash
- ★ Ceramic coating maintenance
- ★ Paint correction
- ★ Pre-Sale detail

LOCATION:

₹ 3/35 Rooks road, Mitcham 3132, Melbourne

TRADING HOURS:

Monday to Sunday

FOR QUOTES AND BOOKINGS:

◆ Call, 03 8822 5965 Riccardo & Henry

Email: info@careprocar.com.au

www.careprocar.com.au



Evolution Financial Services & Advisory

We believe in evolving with our clients' needs, offering professional guidance that is grounded in industry experience and a passion for great customer experience. Whether you are a local or an expat, we are here to help you achieve your financial goals.

Luke offers a complimentary home loan review for all Surrey Park Swimming members. This 15 minute session is designed to determine if the home loan you currently have is still the best option for you in the market.