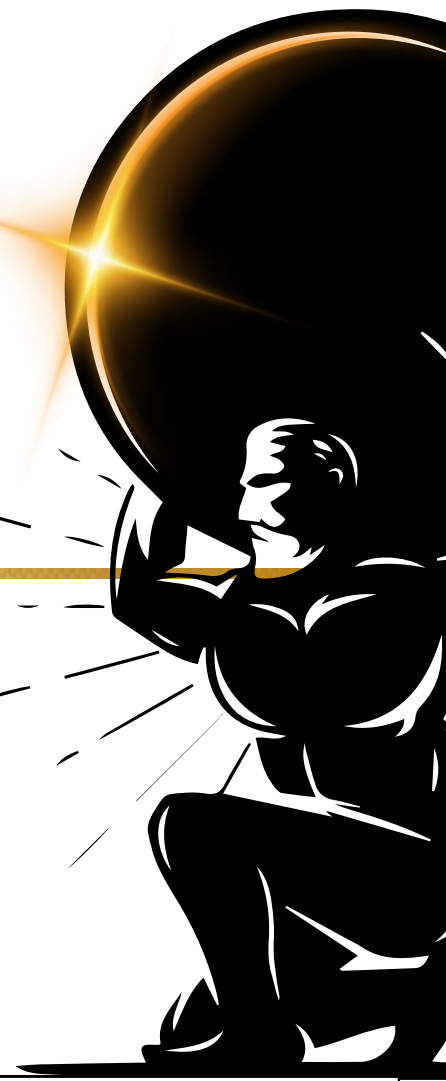


# GOLDEN EDGE series

## TIMELESS PRINCIPLES *of* INSPIRED LEADERSHIP



### Invitation



## STEPPING OUT OF COMFORT ZONE

*TALK BY*

**SHREEDEVI RAMESH**  
 CONSULTANT TRAINER -  
 CHAMPION WOMAN

Shreedevi Ramesh is a Consultant Trainer with Champion Woman, an entrepreneur, mentor and a motivational speaker. With three decades of industry experience, including 25 years in the IT sector with organisations such as Polaris, Infosys and PayPal, she led large teams and drove key strategic initiatives. Her corporate contributions span mentoring, Women in Technology initiatives, Toastmasters, Agile community work and service on a Sexual Harassment Investigation Committee. She contributes to external forums such as NASSCOM roundtables and plays a key role in shaping Shakthi cohorts, helping young women prepare for purposeful careers.

**JAN  
 10  
 2026**

**SATURDAY**  
 6:15 pm - 7:30 pm

**TANISHQ**

Old No.AA3, New, 10,  
 2nd Ave, Anna Nagar, Chennai

PARTNER



CHAMPIONWOMAN



**Route Map to  
 the Venue -  
 Click to view**

## SYNOPSIS

Stepping out of the comfort zone means choosing growth over familiarity and courage over fear. While staying within what we know feels safe, it often limits our potential and prevents us from discovering new abilities. When we challenge ourselves—by trying new activities, learning unfamiliar skills, or facing our fears—we build confidence and resilience. Each small step outside our comfort zone helps us adapt to change and prepares us for real-life challenges, where situations are rarely predictable. It also encourages creativity, as new experiences expose us to different perspectives and ideas. Over time, what once felt uncomfortable becomes manageable, and our comfort zone expands. The session would not only dwell on the need, but also HOW to do it!!

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## PROGRAMME

- 6:00 PM      Tea/Coffee/Networking
- 6:15 PM      Welcome Address & Introduction  
                 of the Speaker
- 6.20 PM      Address by the Speaker  
  
                 **Ms Shreedevi Ramesh**  
                 Consultant Trainer – Champion Woman
- 7:05 PM      Q&A
- 7:20 PM      Vote of Thanks

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For Registration, mail to **stephy@rvinds.com**  
or contact **Ms Stephy on 97915 27507**

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