

They All Are Eating Light

Lauren Coggins

Contents

Introduction

04-05	Plonk
07	Watching a Friend's 1985 Home Movie
09-10	Lunch With Grandparents
12	Dredging
14	When I Worked At the Camera Shop
16	Fourth of July
18-19	Negative Space
21-27	Vanishing Point
29	Leaving Ireland
31-32	Estate Sale
34	Etch-A-Sketch
36-37	Beside My Sleeping Son
39-40	Apples and Honey
42-43	Eating Light
45	Zenith
47	Acknowledgments

Introduction

"They All Are Eating Light" is a collection of poems exploring family, and memory, and hope. It is about what it means to remember, and to be remembered.

Following each poem is a unique artwork generated by painting with words: for each image, a part of its paired poem was used as a prompt in Midjourney. The result is an exploration of AI as both inspiration and creative partner.

Below each artwork is the exact prompt used to generate it in Midjourney, in support of your own creative explorations.

They All Are Eating Light



Contact Information

Twitter:@lcogginzWebsite:lcogginz.carrd.co

Plonk

- for Peter Chan, at Herons Bonsai -

Watching bonsai clips on YouTube, what stood out was not the bonsai. Not the refinement of the brooms

and uprights, not the maples or wisteria, the larch, the junipers, the crowns of azaleas just coming

into buds. Not the seedlings finding sun that spring, between the nursery's pavers and pea gravel. Instead it was this: *plonk*.

As he shared how to pot small maples he drew in the camera, and filled a pot half full of medium and said *now*

you just take the little seedling, and plonk *it in there.*

In went the tree, slightly askew. No pomp. In went another two

with the rustling of his hands in the soil, his narration so distinct with an accent here British and there Chinese, his passion trees with names like Hinoki and Deshojo the kinds of words one savors, as though

the seventh sense were mouthfeel. And then this *plonk* to draw it all down from altitude, as though to remind

that you too could do this—you could plonk. That even your small acts could take root

and branch out into forms in which anyone might one day see grace.



his passion trees with names like hinoki and deshojo, bonsai, red maple, pop art, line art

Watching a Friend's 1985 Home Movie

After the static and tracking lines, an empty beach. Then a girl, his niece, peers into the lens and back at us

through two decades. She is seven, and breathless from being seven and chasing her brother on the cold sand,

and doesn't know that when she asks whatcha doin', camera? the murmur of wind in the mic,

the whirr of that old tape, its reels spinning away in their cassette, they all will answer

obsolescing. It was after Christmas, and the camera a new toy to try on his brother's family

and their diamond kite, gone beyond them on twine unspooling out, and up toward nothing – the flying line lifting away,

to near its breaking strain with a snap still clear, even now. And their faces – their faces like the backs of sails

in that once-winter sun, their kite a dream beyond all color and shape, so distant it could have been anyone's.



their diamond kite gone beyond them on twine unspooling out, colorful minimalist art in oil wash --seed 3812148022

Lunch With Grandparents

Scattered among the familiar and retold stories of my youth is the news of friends dead, or dying. Word of the infirmities that take them one by one

leaves us staring at our plates, as though the politest posture is to appear to search for reason there, in the scraps. In relief to the cancers and arrhythmias,

the neighbor at hospice, our centerpiece is a pair of daylilies from the black soil of the backyard. In dozens they grow, outflanking a garden in retreat each year –

the few tended rows of okra and beans, the far corner where spring onions once grew. Our visits always seem to precede or follow the best blooms, to fall just

out of season, so my grandfather relates their beauty between telling of friends they have lost, he and my grandmother, of the ills so common he can't help but laugh, chuckling until his eyes water. He dabs them with a Dixie napkin, the line between levity and regret uncertain as the shifting sand a few miles down the road.



our centerpiece is a pair of daylilies, colorful minimalist art in oil wash -seed 3812148022

Dredging

Dredging sends the waves harder these days, along the shore

where I was born. The news calls it maintenance: reclamation

of land displaced from beaches, from barrier islands that shift,

swallowing themselves as they drift inland. But this borrowed shore

has only raised the swells, and they crush the shells my mother

says she once found, whole, along the sand some early mornings.

At the tide lines now, jellyfish and the frayed veins of seaweed.

Bands of broken Coquina clams. Sometimes, though, after a storm,

in that tessellation the surprise of an entire shell or two –

familiar as old photos with faces we didn't know we'd forgotten.



Sometimes though after a storm in that tessellation the surprise of an entire shell or two, beach scene, seashell, monochrome, grey, blue, orange, Japanese woodblock printing style

When I Worked At the Camera Shop

We'd stand by the two-eyed cameras in the case, Mr. Butcher and I, those twin lenses looking back

in parallax – the Rolleis and Yashicas, a Seagull or two – their frames of view like little Venn diagrams. I would start

to find myself alone on the sales floor, the others having slipped away at the sight of his senescent Buick outside, his white shirt

and brown trousers. He always made for the bargain bins of mismatched straps and cases, and those oldest

of our used cameras – like buddies he'd come to see. He said he'd carried cameras like them in the Army, and later

with his wife, on the Queen Mary to Europe. Mechanical and modest, made to be cradled at the waist

and looked down into, with viewfinders of ground glass, with cranks and winders and soft-spoken shutters

that, winking, in the colors and contrast of Kodachrome, had once told him a heck of a thing.



in the colors and contrast of kodachrome, 35mm film, Europe, cityscape, vintage

Fourth of July

The call and response of the neighbors' fireworks is jazz percussion, staccato notes

like soloists – erratic, bursting in the cloudy sky. I never cared for jazz. Those odd breaks

and hanging phrases like conversations with my father, when neither of us knew

what to make of my growing up. Like a storm on the Fourth of July, when the menace of a heavy horizon

hurries revelers inside, carrying plates of interrupted dinner and forgetting what it was

they might have said, their words running too in the fluent rain.



Like a storm on the Fourth of July when the menace of a heavy horizon hurries revelers inside, abstract, picasso

Negative Space

When I saw pictures last year of Pope Francis at Auschwitz, I wondered: who keeps

the place up? Who freshens the paint on the gate's guard arms, or dispels rust from whatever metal

wants to decay? If a barrack roof falls, or walls give out with the shifting seasons and sod, are they left as they lie

among the thin chimneys still standing? Does someone mow the grass, does someone weed

beneath the killing wall? What led me to wonder I couldn't say. Perhaps it was reading Frankl.

Perhaps it was the Pope – how the way he sat upon the crooked flagstones or walked

through prison yards in dappled sunlight set off the impossible neatness of it all: his white cassock,

composing the negative space. Perhaps I've reached an age that tells me time is the only

freeing thing. That even dichotomies need tending. The museum-keepers there restore single shoes two hours at a time, with an eye to hidden notes or paper. They x-ray effects like the little mug with the false bottom

that let go after seven decades, giving up the gold ring and necklace someone loved enough to save.

Their luster irrecoverable, their stones unset in those long years, wrapped in fragile canvas and yet

saved, still – a reverence in the uses they weren't put to, in the light they did not catch, in all that missing story.



time is the only freeing thing, dreamlight, surreal negative space

Author's Note: this poem begins with "found" poems, from letters home by my great uncle Gene Hatley. Gene was killed, age 19, in April 1945 in the South Pacific.

Vanishing Point

- found letter: from Texas, 1944 -

I haven't seen any ham since I left for the Army. I'll make myself sick. I can see a big, fried, country ham sandwich right now, O-boy. I guess you know

I got seven days of labor details. I shoveled coal. At times I got mad and in a terrible humor, but I never have been sorry

of getting in the Army. How does Cletus like the Navy? I probably already know. Where is Harold Smith now?

- found letter: from Washington, 1944 -

We are really working here. Flying about seven hours a day, on air guns for two hours, and ground school for four. That flying really knocks a fellow out. We drop bombs and I have to take pictures to see how close they come to the target. I'm in charge of the other gunners.

Don't mention it to Mother but a few of my buddies have been killed on this field.

The mountains are so close at night, flying.

- found letter: from Washington, 1944 -

Hello

Thanks a million for the peanuts. You should see the fellows stuffing their pockets with them. We're leaving

tomorrow morning for California. We should be somewhere in the Pacific or Europe by Christmas.

Walla Walla is a swell town, I've met quite a few "babes." Won't I miss all these women overseas.

We will only fly fifty missions over enemy territory and we will get back.

- found letter: from California, 1944 -

We went to San Francisco one night. It's really a swell place, but Old Stonewall's

pay roll made quite a decrease. I can save a few hundred in the next year

so I didn't care. I fear money hasn't any value where we are going.

- found letter: from the South Pacific, 1945 -

We were on the way to Hawaii at Christmas, and ate peanut butter sandwiches,

and when we got to Hawaii they'd saved us all a piece of turkey. I'd hate to be in the infantry and have to fight for these islands.

When I get home I'm going to eat all of your chickens.

Everything's swell, the whole crew is still together and is fine.

- found letter: returned to sender, 1945 -

Hello, Gene,

I thought of you this morning. I have seen so

many planes, I just thought of you sitting in one of those things.

How are you anyway? The weather is getting plenty hot

here. I went to Concord this morning to buy me a hat. Wish you could see what a thing I got. The church made up money to buy flowers for the soldier boys from Salem.

What a pleasure it would be to have the boys home instead of having flowers.

- Albemarle, NC: summer, 1945 -

It was summer when that last letter came back. Cicadas. His sister

home from college. Thick days, small-town eulogies and then his name

in the papers, on the Gold Star Honor Roll. The Army Air Force

sent condolences and gratitude. His father, absent

a son, began spending evenings in the porch light,

telling quiet stories of his boy to the dog. - Wilmington, NC: summer, 2011 -

When my grandmother asked if I was pregnant, it was just a week before I offered to drive her to see the marker of her brother. missing in action in 1945, his bomber bound for Formosa; to see at Salem Church the modest plot by his name that she said she'd chosen for herself. So before I visit her now, in her room at hospice, I take one more test, wait for the dye like the slow ghosts of a Polaroid, and look for two lines, parallel. But just a single finger of pink in the window, that small view an admonishment: can't get there from here

And she is not awake anyway, her last words hours old and something about a squirrel outside the window, her gaze so distant my father doubts the squirrel. Bones we never knew declare themselves to the sheet across her shoulders, and my parents stand at either side of the bed, parallel under the only light, like lines on a runway. My mother bends to smooth her hair, and calls her name, soft and slow as a memory of summer, as a breeze in the azaleas outside, that favorite Formosa pink.



soft and slow as a memory of summer, as a breeze in the azaleas outside, pink, warm light, prewar style

Leaving Ireland

High and westward now, the days resign behind us the way our own tracks

to the surf had, one afternoon, the way everything that is agrees to be weathered.

Over miles of pitted lime and scree, the wind and rain have ushered earth

to the in-betweens: the only soil in cracks and patches for the orchids and bell heather,

the bones of the dolmen picked clean – immodest as the old stones of that one pier

almost as west as we could be without heading home, exposed at low tide, and mottled

to the water's edge with jellyfish, the soft drops of their bodies washing away, iridescent.



high and westward now the days resign behind us, ireland, oil painting

Estate Sale

She is not here for a deal on the 1944 Farmall, on the blue eighties Ford or the rifles, the wheat print dishes for nine, or the stoic

pot-bellied stove in the shade. Without fuss she flashes her number to the auctioneer, to collect a beaten stand mixer, a pair

of glass measuring cups – worn and reflecting little of the fickle November sun. It is the estate sale of her father, and she buys back

only the small things she'd loaned, those that perhaps he had not meant to keep. As the last items are sold and the loaded trucks of buyers pull away, a friend who bid

for a lot of old chairs – twenty, perhaps – sets before her a child's rocking chair, its wood worn to a dark patina. Her face crumples at his gift and she weeps in his embrace while a man nearby, family, looks at me and points to the tiny chair, and mouths the words *her childhood*



as the last items are sold and the loaded trucks of buyers pull away, modern, memory colors, style of john singer sargent, farmhouse 1980's

Etch-A-Sketch

On the distant granite of the Atlantic, the shadows of clouds. In the early sun

the barrier islands and tidal flats are black and white, and the view from this flight

is like one through to another sky, from below, in contrast like my father's negatives,

his favorite medium black and white – a misnomer when so much is just grey.

Grey as the ocean canvas where a container ship draws a long arrow

of wake, precise as the stylus on the Etch-A-Sketch that bored me as a child –

before I knew it was the darkness inside that made those clumsy lines so clear.



Grey as the ocean canvas where a container ship draws a long arrow of wake, gouache, monotone, from above looking down
Beside My Sleeping Son

In dark times we light matches. -- Nelba Márquez-Greene

Beside my sleeping son in a time of pandemic, I worry about the fever

he's brought home, how we who have not traveled might have had it carried to us. About what this night

will hold besides we two—besides my irrational fear—and when he might break into the sweat

that tells me it's passing, this fever I'm sure I'm sure

is not newsworthy, is not those other knots of RNA unfurling across the world

like party streamers, microscopic celebrations of arrival. Nothing I do

is so efficient as a virus. How would it be to have a shape with so clear an intent:

existence a recursive unrolling, with being and doing much the same? The machine

of my own body is less perfected, inexpert in ways I wish it weren't, though I did manage in the catalogue of my attempts this boy beside me, this splay of limbs

and heat I face in the dark, this marvel.



unfurling across the world like party streamers, microscopic celebrations of arrival, comic strip style, lofi colors

Apples and Honey

So strange to be eating these apples and honey with this sadness. --Mandy Patinkin: September 18, 2020

If I let my eyes look through them they are breathing, the non-bearing old pecans behind the house, the tulip trees, their greens deepening the further back

and up they go. Out here it's dusk on my three acres, and I stare, unfocused, toward the sky as a slow upwelling comes upon the limbs and leaves

of my old trees—this evening an inhalation, my yard an alveolus, swelling the way we might bear ourselves up before challenge, say, before bad news.

Ruth Bader Ginsburg has died.

Not knowing what to do I came outside—out where only the Earth's curvature separates me from others looking out in this distanced year, the small universe of it racing away

from itself, from us, in all directions. And even with the tension of all that leaving—all the lives

and faces—it's picturing apples and honey that will wake me through this night:

apples and honey and the strange solace, each time, of a tradition not my own. Those apples, that honey, the others sitting down with their sadness.



as a slow upwelling comes upon the limbs and leaves of my old trees, backyard, oaks, nighttime, ink wash, duotone

Eating Light

Late botanist Tim Plowman wasn't interested in comparing plants to people. He appreciated them as plants. 'They can eat light,' he said. 'Isn't that enough?' -- Beyond Words, Carl Safina

The commercial came on as I waited for an oil change and brake service. It was a pitch for home facials – for doing in six steps

what the pros overcharge you for. The women (and of course they all were) each came on as a name and imperfection: Denise

(Wrinkles), then Shannon (Freckles and Sunspots), and others, and their testimonials of the skin they'd once had, or had always

wished for. It went on, the list of names and nagging flaws, until I wondered if this is the cringey kind of thing future folks

will laugh at, the way we marvel at our ancestors' lead and ammonia, their arsenic and vinegar, and further back

the dung, the mercury, the white wigs set with lard. All those ghastly applications—reminders how we've always sold ourselves the snake oil. I read once that what makes humans unique is we're the ones who should know better. And yet I watch Denise and Shannon

and ponder—nearing forty, myself what my own parenthetical would be. What flaw would I hope to shed? Meanwhile the continent

below me is drifting. All around, the grass, the trees, the patch of daffodils in my yard that comes back every year, unasked-for—they all

are eating light. And how come it's not the same for us? My skin in the mirror says I, too, have eaten light. More, at times,

than was advised. It is enough that I, too, hoard energy for burning, the way the car I'll drive away in burns

the light of ancient things the algae and plankton, their long-ago days in the sun.



the grass, the trees, the patch of daffodils in my yard that comes back every year, unasked for, they all are eating light, style of van gogh

Zenith

The three of us on the couch, the lamp off and the glow of TV past my bedtime. My mother in the middle, between my father and me, his arm across us both and one of them – with soft snores – falling asleep first.

I am an only child. No one will remember this

for me, the intimate ordinariness now in soft focus like the console TV back then, its screen always bright for a moment after the turning off, its picture tube still warm with the memory of some old story.



still warm with the memory of some old story, smooth, duotone, sketch

Acknowledgements

Plonk	Nimrod, 2022
Watching a Friend's 1985 Home Movie	Jabberwock Review, 2018
Lunch With Grandparents	Main Street Rag: Kakalak, 2017
Dredging	Main Street Rag: Kakalak, 2018
When I Worked At the Camera Shop	The Light Ekphrastic, 2016
Fourth of July	CT River Review, 2019
Negative Space	Poetry Society of Vermont, 2019
Vanishing Point	Reed Magazine, 2017
Leaving Ireland	Briar Cliff Review, 2019
Estate Sale	Charlotte Viewpoint, 2011
Etch-A-Sketch	Heart Poetry Journal, 2016
Beside My Sleeping Son	Bracken Magazine, 2020
Apples and Honey	Jabberwock, 2021
Eating Light	Nimrod, 2020
Zenith	Southern Poetry Review, 2016

They All Are Eating Light



Contact Information

Twitter:@lcogginzWebsite:lcogginz.carrd.co