

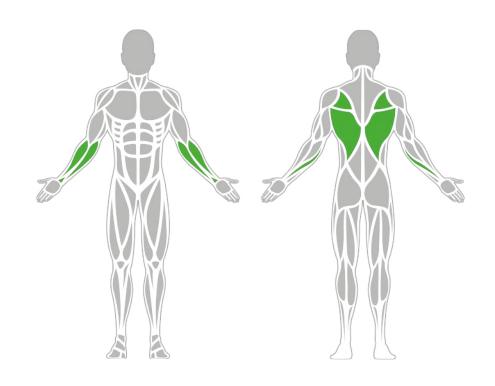
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# **Muscle Groups Focus**





#### Accessible Lateral Pull-Down

The BESTRONG Accessible Lateral Pull-Down is specially designed for users with limited mobility, helping to strengthen the muscles of the back shoulder girdle, latissimus dorsi, and trapezius. Equipped with two 20 kg weight paltes, it provides ample resistance for a safe and efficient workout. The machine's ergonomic design ensures users can perform their exercises comfortably and safely, promoting long-term health and increased physical activity.

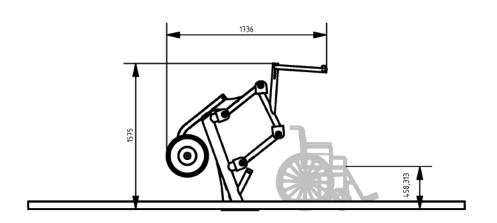
#### **Attributes**

Product code Certificate Age group Capacity Max. weight load Type Difficulty level

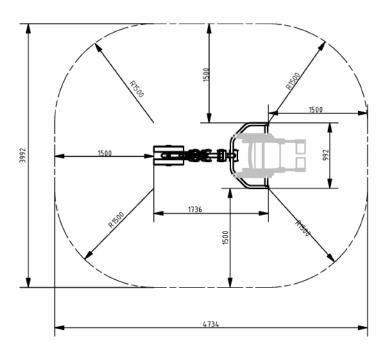
1-1-332 EN 16630 14 + years 1 person 130 kg Accessible

Medium

### **Side View**



## **Plan View**



#### Installation information

Number of installers (concrete) At least 2 people Total installation time (concrete) Number of installers (equipment) At least 2 people Total installation time (equipment) Excavation volume Concrete volume Size of the base structure Anchoring options
In combined structures, the volume of concrete required varies. Surface mounted

## **Technical specification**

Safety surfice area Net weight Material Critic fall height Color options

80-140 min.

0.8 x 0.8 x 0.8 m

60 min.

 $0.7 \, \text{m}^3$ 

 $0.7 \, \text{m}^3$ 

103 kg S235,S355,KO33,HDPE 460 mm

Around 1,5 m radius

For more color options, discuss with your sales representative.

### Warranty

Structure Steel Paint Plastic Rubber Moving parts
Detailed information in the warranty document 25-15 years 5-10 years 2 years 5-10 years 1-3 years 2 years

# Material specification



The element is made of high quality S235 steel, which has been cleaned via sandblasting. A corrosion resistant powder coating finish is then applied. Also available with galvanized surface for even greater protection and longevity!



The bumpers of the devices are made of durabrubber



Resistance is achieved by the fixed weight plates on the device. Made of high quality SBR material, which guarantees outstanding durability and long life.



The device is fitted with composite bearings that are weather-resistant. The bearing does not require regular maintenance.





At the end of the arms, the handle is rubber-coated for a more comfortable and secure grip.









