

DECEMBER 2025

THE HUB PLUS TRAINING



NEWSLETTER

Find us on:       07883 328933  www.thehubplus.co.uk  ddlmc.thehubplus@nhs.net



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**The Hub Plus - Supporting our General Practice family on their
Primary Care journey**












OLIVER'S
CAMPAIGN

OLIVER MCGOWAN MANDATORY TRAINING

Oliver McGowan Mandatory Training is the national standard for improving understanding of learning disability and autism across health and social care. Training is currently bookable through NCORE and must be booked individually. Funding beyond March 2026 is not guaranteed so we strongly encourage individuals to book on to sessions.

The training provides staff across health and social care with essential knowledge, greater confidence, and an improved understanding of how best to deliver safe, effective and person-centred support.

The Oliver McGowan Mandatory Training on Learning Disability and Autism

Tier 1		Tier 2
For people who require general awareness of the support autistic people or people with a learning disability may need.		For people who may need to provide care and support for autistic people or people with a learning disability.
  90 minutes		  90 minutes
 elearning with handbook		 elearning with handbook
and	or	and
  60 minutes		 1 day
Online interactive session		Face to face training

Over 200 tier 1 part 2 sessions planned until March 2026

[Click here to sign up via NCORE](#)

There are over 40 tier 2 part 2 sessions planned until March 2026

[Click here to sign up via NCORER](#)

CLINICAL FELLOWSHIP PROGRAMME 2025–27



Over a number of years, our fellows have delivered important projects around lifestyle medicine, suicide prevention, cancer, health inequalities, leadership, research and many more.

We are now inviting expressions of interest for a new cohort of Clinical Fellows to support transformational workstreams across general practice in Derbyshire. This programme is designed to foster compassionate, inclusive, and values-based leadership, while delivering meaningful projects that improve patient care, community engagement, and system efficiency.

All fellows will be supported by The Hub Plus through leadership development, mentorship, and peer learning. Each fellowship will run for 12+ months, with fellows working 1–2 sessions per week alongside their clinical roles. There may be an opportunity for a 6-month extension subject to project progress, requirements and funding.

WE ARE RECRUITING TO THE FOLLOWING FELLOWSHIP OPPORTUNITIES:

**CREATIVE HEALTH
FELLOWSHIP (X1 POST)**

**RESEARCH FELLOWSHIP
(X1 POST)**

**DIGITAL FELLOWSHIP
(X1 POST)**

**GENERAL PRACTICE
NURSE FELLOWSHIP
(X1 POST)**

**PATIENT-FACING
EDUCATION FELLOWSHIPS
(UP TO 2 ROLES)**

**PLEASE CLICK THE TITLE TO
FIND OUT MORE AND APPLY**



New Infant Feeding Training for General Practice Staff

Did you know we have an all-purpose training package designed to support general practice staff in Derbyshire and Derby City?

Developed in partnership with the Derbyshire Public Health team and Infant Feeding Leads, this training helps staff at all levels better support families with infant feeding and breastfeeding.

- **Level 1:** Six short videos (under 5 minutes each). A broad overview for all staff: thehub.continuumlearn.com/learn/course/Infant-feeding-training/preview
- **Level 2:** Live online session (1–1.5 hours) for clinical staff. Next session is on **03/03/26** at 13:30–14:30. Booking Link: <https://www.thehubplus.co.uk/course/743>
- **Clinical signposting information** is also available via The Hub Plus platform for clinical staff on the most common infant feeding related topics organised by presenting issue.

LET'S WORK TOGETHER TO SUPPORT FAMILIES ON THEIR INFANT FEEDING JOURNEY

**Dr. Susie Bayley shortlisted
for the Workforce Wellbeing
Award at the General
Practice Awards 2025**



**GENERAL PRACTICE
AWARDS 2025**

"I'm truly honoured to be nominated for the Workforce Wellbeing Award at the General Practice Awards 2025. This is an award for the whole team at the Hut Plus. Everything we've achieved in wellbeing has been the result of a collective effort, listening to staff across general practice and creating solutions to support people to feel their best at work. We're constantly working to build a culture where people feel comfortable speaking up, feel able to prioritise their needs and where they genuinely caring about each other's wellbeing.

Every check-in, every new initiative, and every small change has been shaped by the team's ideas, feedback, and dedication. I'm incredibly proud of how we've strengthened our working environment, reducing stress where we can, improving communication, and creating a space where people feel valued and heard. None of this would have been possible without everyone's commitment to looking after each other and making wellbeing a shared priority rather than an individual task. This nomination reflects what we've built together, and I'm grateful every day to be part of such a supportive and collaborative team."

East Midlands Spinal Network Primary Care Conference



Friday 30th
January 2026



Pride Park
Stadium

This event aims to bring together colleagues from primary care, community services, and secondary care for a day dedicated to education, professional networking, and inclusive collaboration

[Click here](#) for more information and to buy your tickets

The Hub Plus have been gifted 40 fully funded licences from the national skin cancer charity Skcin for Derby and Derbyshire General Practice for the MASCED Pro Training Programme, developed by national skin cancer charity Skcin.

This award-winning course is designed for medical and healthcare professionals to improve early detection of melanoma and non-melanoma skin cancers. : **<https://www.thehubplus.co.uk/melanoma-and-skin-cancer-early-detection-training>**

NHS Heath Check Training - Derbyshire County Council

Who's the training for?

- Anyone involved in the delivery of the NHS Health Check.
- Suitable for GP's, Practice Managers, Health Care Assistants, Health Trainers who are new to Health Checks or as a refresher

Half-day clinical training

1 hour

Tues 10th March '26 (9.30am - 1pm) Mon 26 Jan '26 (2pm -2.45pm)

[Click here to register](#)

[Click here to register](#)


Wed 10th June '26 (9.30am - 1pm) Tue 31 Mar '26 (10am -10.45am)

[Click here to register](#)

[Click here to register](#)

Formulary and Prescribing Guidelines

 **Date: 8th January 2026**


 **Time: 13:00-13:55**

 **Location: Online**

 [Register now](#)

Conflict Resolution- For Managers & Leaders

 **Date: 13th January 2026**


 **Time: 13:00-14:30**

 **Location: Online**

 [Register now](#)

Taking Control of Your Finances

 **Date: 21st January 2026**


 **Time: 10:00-11:30**

 **Location: Online**

 [Register now](#)

CVD Prevention – Train the Trainer

 **Date: 22nd January 2026**


 **Time: 12:30-14:00**

 **Location: Online**

 [Register now](#)

Heart Failure Study Day

 **Date: 28th January 2026**


 **Time: 09:30-16:00**

 **Location: TBC**

 [Register now](#)

NHS Health Check Training

 **Date: 29th January 2026**

 **Time: 12:00-15:00**

 **Location: TBC**

 [Register now](#)

M365

September training focussed on Teams Meeting Tips.
Click [here](#) for recording and [here](#) for accompanying slides.

NHS App

The most recent NHS App training focussed on SystmOne & Proxy Access.
Click [here](#) and [here](#) for accompanying slides.

2026 Health Care Support Worker Workshops

Please see the below links to the workshop calendars for 2026 for Nursing Associates and Healthcare Support Workers. To book a place, simply click on the event title this will take you directly to the booking page.

January

NHS Health Check Training

Thurs 29th Jan
12pm - 3pm
Teams

February

Clip and Suture Removal Workshop

Tue 17th Feb
1pm- 3pm F2F
RTC Office, Derby

March

ECG Workshop

Tue 24th March
1pm - 3pm F2F
RTC Office, Derby

April

HCSW wellbeing drop-in session

Thurs 30th April
12pm- 1pm
Teams

May

Patient Observations

Tue 26th May
10am - 12pm F2F
RTC Office, Derby

June

NHS Health Check Training

Tue 16th June
12pm - 3pm
Teams

July

ECG Workshop

Tue 14th July
1pm - 3pm F2F
RTC Office, Derby

August

HCSW wellbeing drop-in session

Thurs 13th August
12pm- 1pm
Teams

September

Clip and Suture Removal Workshop

Tue 15th Sep
1pm- 3pm F2F
RTC Office, Derby

October

NHS Health Check Training

Tue 13th Oct
12pm - 3pm
Teams

November

Patient Observations

Tue 10th November
1pm - 3pm F2F
RTC Office, Derby

December

HCSW wellbeing drop-in session

Tue 8th Dec
12pm- 1pm
Teams

Nursing Associate 2026 Workshop

Calendar

Jan

NHS Health Check Training

Thurs 29th Jan

12pm - 3pm
Teams

Feb

Clip and Suture Removal
Workshop

Tue 17th Feb

1pm- 3pm F2F
RTC Office, Derby

Mar

ECG Workshop

Tue 24th March

1pm - 3pm F2F
RTC Office, Derby

Apr

NA wellbeing drop
in session

Thurs 23rd April

12-1pm
Teams

May

Specialist Injections
Workshop

Tue 19th May

1pm- 3pm F2F
RTC Office, Derby

Jun

NHS Health Check Training

Tue 16th June

12pm - 3pm
Teams

Jul

ECG Workshop
Tue 14th July

1pm - 3pm F2F
RTC Office, Derby

Aug

NA wellbeing drop
in session

Thurs 6th August

12-1pm
Teams

Sep

Clip and Suture Removal
Workshop

Tue 15th Sep

1pm- 3pm F2F
RTC Office, Derby

Oct

NHS Health Check Training

Tue 13th Oct

12pm - 3pm
Teams

Nov

Specialist Injections
Workshop

Tue 3rd Nov

1pm- 3pm F2F
RTC Office, Derby

Dec

NA wellbeing drop
in session

Thurs 3rd Dec

12-1pm
Teams

Aim

To provide healthcare staff with the knowledge, confidence, and practical skills required to deliver safe, effective, and compassionate care across a range of core and specialist clinical procedures. This includes ECG recording, NHS Health Checks, clip and suture removal, patient observations, and specialist injections, as well as opportunities for wellbeing and professional reflection through informal drop-in sessions.

Eligible Roles

These sessions are designed for:

- Healthcare Support Workers and Nursing Associates developing or refreshing key clinical skills.

Level of Learning

- Foundation to Intermediate, suitable for staff developing confidence in essential clinical skills or extending practice under supervision.



DERBYSHIRE

Christmas Operation Schedule

Our team will be available to assist you until 16:00 on
Wednesday, 24th December 2025

Holiday Closure:

The office will be closed from Thursday, 25th
December 2025

Reopening in the New Year:

We will return refreshed and ready to assist you on
Friday, 2nd January 2026.



Derbyshire Long Acting Reversible Contraception (LARC) Fitters Forum

This is a free, in person event for clinicians working in Derbyshire fitting Long Acting Reversible Contraception (LARC). Doctors, nurses, and midwife LARC fitters are welcomed, as well as those who wish to become LARC fitters.

Food and refreshments are provided. Please indicate any specific dietary requirements when booking on your registration form.

The event is being held in the Conference room at the Florence Nightingale Community Hospital.

For booking information please go to:

<https://tinyurl.com/35whncxh>


Social Prescriber Support Programme

This new programme aims to bring the network of Social Prescribers (SPs) across Derbyshire together creating time and space to connect, learn, and celebrate the impact their vital work has on patients and communities.

Across the year SPs will be invited to join a mix of online study sessions, wellbeing and team development events all designed to promote shared learning, peer support, and professional growth. Quarterly newsletters will highlight success stories and insights from across the county, and the year will close with a celebration event recognising achievements and impact.

The programme will also help GPs and practice colleagues understand the role and impact of SPs through opportunities for SPs to showcase their work, demonstrating how they reduce pressure on clinical teams and improve patient health and wellbeing.

Key Dates:

- 20th January 2026 – launch event at RTC Business Park, London Road, DE24 8UP, 10am – 4.30pm
 - 12th May 2026 – venue TBC
 - 17th November 2026 – venue TBC
- 

Please [click here](#) to register your place on the programme by 16/12/25 and diary invitations will follow.