

ANNUAL CONFERENCE & EXHIBITION

PODIATRY 2023

REIMAGINING PODIATRY

23-25 NQVEMBER

ACC LIVERPOOL

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CONFERENCE PROGRAMME







PODIATRY 2023 PROGRAMME

















THURSDAY 23 NOVEMBER

08:30	REGISTRATION AND EXHIBITION OPENS	
09:30-11:30	SAVE A LIFE: 2-HOUR RED CROSS BLS TRAINING* Additional fee £60 + VAT	11B/C
10:00-17:00 Delegates are welcome to join this sessison throughout the day to hear the Leadership programme project presentations.	Inspiring the future leaders in podiatry: project presentations Chair: Joanne Casey, Professional Development Lead, Royal College of Podiatry Facilitators: Richard Shorney, Director, Real Healthcare Solutions Dr Emma Cowley, Dean of Faculty of Podiatric Medicine, Royal College of Podiatry	11A
10:30	DEMO ZONE: FIREFLY ORTHOSES LTD	Exhibitior hall
11:00-11:40	TRADE LEARNING LAB EXTRA WITH TALARMADE How can we be more proactive in preventing foot ulcers? Duncan Stang, National Diabetes Foot Co-ordinator	3A
11:00-12:00	STUDENT NETWORK: MEET AND GREET	3B
11:05-11:20	DEMO ZONE: ALGEOS	Exhibition hall
11.10-11.40am	Meditation - Wellbeing zone Sally Gates, Yoga Teacher and Podiatric Research Assistant	Exhibition hall
12:00-13:15	WELCOME PLENARY SESSION	1A/C
12:00	CONFERENCE OPENING Lord Kennedy of Southwark, President, the Royal College of Podiatry	
12:15	WELCOME TO CONFERENCE FROM THE CEO AND CHAIRMAN OF THE ROYAL COLLEGE OF PODIATRY Jane Pritchard, Chief Executive and General Secretary, the Royal College of Podiatry Michelle Scott, Chairman of Council, the Royal College of Podiatry Presentation of Fellowship Awards	
12:35	Preet Kaur Gill MP, Shadow Minster for Primary Care and Public Health	
12:45	KEYNOTE SPEAKER: PLAYING YOUR BEST GAME: EMBRACE YOUR STRENGTHS, FACE THE CHALLENGE Scotty Mills Author, Motivational Speaker, High Performance Coach and Leadership Consultant	
13:15-14:30	LUNCH, EXHIBITION AND EXHIBITION VIEWING	Exhibition hall
13:25-13:40	DEMO ZONE: SWIFT BY EMBLATION	Exhibitior hall
14:00-14:15	DEMO ZONE: VBS MEDICAL LTD (K-LASER UK)	Exhibitior hall
13:45-14:15	MEET COUNCIL AND THE CEO	1A/C
14:30-15:30	CLINICAL UPDATE AND WORKSHOPS	
SPOTLIGHT SESSION	 Inspiring the future leaders in podiatry: project presentations Chair: Joanne Casey, Professional Development Lead, Royal College of Podiatry Facilitators: Richard Shorney, Director, Real Healthcare Solutions Dr Emma Cowley, Dean of Faculty of Podiatric Medicine, Royal College of Podiatry Diabetes: Charcot Foot: Risk to reconstruction Dr Benjamin Bullen, Head of Education and Professional Development, the Royal College of Podiatry Professor Mark Tagoe Consultant Podiatric Surgeon West Middlesex Hospital 	11A 1A/C

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MSK: MSK: Chair: Matt Cichero, Chair of Conference, the Royal College of

More than just a lever and a spring: Exploring how muscles and joint mobility deliver highly versatile foot function

Dr Luke Kelly, Associate Professor of Allied health Research, School of Health Sciences and Social Work Griffith Centre of Biomedical and Rehabilitation Engineering (GCORE), Menzies Health Institute Queensland, Griffith University, Gold Coast, Australia

Charcot-Marie-Tooth disease: A clinical example of a disease affecting muscles and joint mobility

Alex Rossor, Consultant Neurologist at Guys and St Thomas NHS Foundation Trust and the National Hospital for Neurology and Neurosurgery

Dermatology and rheumatology: Understanding the pathology of enthesopathy and the need for collaboration in diagnosing and treating the condition

Chair: Robert Field, Rheumatology Specialist Advisory Group Lead, Royal College of Podiatry

Sarah Bradshaw, Dermatology Specialist Podiatrist Dr Aimie Patience, Advanced MSK specialist podiatrist Professor Jon Packham, Consultant Rheumatologist Steve Kriss, Consultant Podiatric Surgeon

Mid-foot/sports medicine: Back to Basics: Lisfranc injuries - midfoot tendon function and pathology

Chair: Liam McManus, Council Member, Royal College of Podiatry Mr Abid Hussain, Specialist Sports Podiatrist Mr Ryan McAllum, Consultant Podiatric Surgeon

Children: Hypermobility in children - The journey Chair: Jill Phethean, Lecturer, University of Salford James Welch, Advanced Specialist Podiatrist in MSK, CSH Surrey and Mr Anthony Wilkinson, Consultant Podiatric Surgeon, Doncaster and

Short papers

Bassetlaw Teaching Hospitals NHSFT

Chair: Dr Lisa Farndon, Clinical Research Podiatrist/Research Lead, Integrated Community Care Directorate, Sheffield Teaching Hospitals NHS **Foundation Trust**

The Role Of The Renal Specialist Podiatrist – Can It Make A Difference? Helena Meally, Clinical Team Lead - Podiatry, University Hospitals Birmingham NHS Trust

The impact of foot problems on social participation in older people protocol for a qualitative study

Gavin Wylie, Lecturer, University of Dundee Building a workforce of the future - Armed Forces into Allied Health Sally Abey, Head of School, University of Plymouth

You just have to live with it: Understanding the psychosocial burden of foot complications in diabetes - a cross-sectional questionnaire and qualitative interview study in a coastal community

Silva Cochrane, Specialist Podiatrist, Harrogate and District NHS Foundation Trust

An Investigation into Well-being in those with and without DFU Claire MacGilchrist, Lecturer in podiatric medicine, University of Galway **Students: Sports medicine biomechanics**

Mr Trevor D Prior, Consultant Podiatric Surgeon; Senior Clinical Lecturer, Queen Mary University of London, Honorary Consultant Podiatric Surgeon, Barts Health NHS Trust, Honorary Visiting Senior Clinical Fellow, University of East London













12

13

11B/C

1B

3A

4A/B

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15:30-16:30	REFRESHMENTS, NETWORKING, MEMBERSHIP, EXHIBITION AND WELLBEING	Exhibition hall
15:40-16:20	Discussion group: First Contact Practitioners in Primary Care Chair: Lawrence Ambrose, Head of Policy and Public Affairs, the Royal College of Podiatry Beverley Harden MBE FCSP, Deputy Chief Allied Health Professions Officer, National Lead for Multi Professional Advanced and Consultant Practice, NHS England Lindsey Cherry, Professor and Clinical Academic Podiatrist, University of Southampton Marian Bennett, NHS Apprentice Line Manager and Clinical Educator	3B
15:45	DEMO ZONE: FOOTHEALTH	Exhibition hall
15:45-16:15	Yoga - Simple seated exercises to reduce stress, mobilise joints and stretch muscles (no bare feet or sports gear required) - Wellbeing zone Sally Gates, Yoga Teacher and Podiatric Research Assistant	Exhibition hall
16:30-17:30	PLENARY SESSION	1A/C
16:30	CHAIR'S WELCOME Matt Cichero, Chair of Conference, the Royal College of Podiatry	
16:35	Podiatry - imagine a world which understood and realised the impact of podiatry on care needs and lives and realised the return on investment of podiatry for health systems Beverley Harden MBE FCSP, Deputy Chief Allied Health Professions Officer, National Lead for Multi Professional Advanced and Consultant Practice, NHS England	
16:50	Addressing skin tone bias in wound care - to ensure healthcare professionals understands their responsibilities towards patients and other colleagues in accurate assessment Luxmi Dhoonmoon, Nurse Consultant Tissue Viability, Central North West London NHS Trust	
17:10	Bob Prince Memorial Lecture: 50 years of podiatric surgery - Is that it? Dr Tim Kilmartin, Consultant Podiatric Surgeon, Visiting Professor Ulster University	
17:30	CLOSING REMARKS Emma Stoneman, Conference Chair Designate, Royal College of Podiatry Apprenticeship Group	
17.35-18.30	POSTER VIEWING	Outside 1A/C
17:30-18:30	STUDENT CAREER NETWORKING	3B
17:45-18:30	TRADE SYMPOSIUM WITH FIREFLY ORTHOSES Bilateral Foot Drop, secondary to spinal pathology utilising the fixed hinge Richie Brace Zoe Wilson, private practice owner Martin McGeough, Founder and Medical Director, , Firefly Orthoses Ltd	4A/B
18:15	CLOSE OF EXHIBITION	

FRIDAY 24 NOVEMBER

	REGISTRATION, REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	Exhibition hall
09:00-10:00	PLENARY SESSION	1A/C

Please note conference programme details may be subject to change, including but not limited to speaker, speaker time, content of session, virtual or in-person attendance. *Limited numbers. **Limited numbers finishes at 11.30am.

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09:00	CHAIR'S OPENING REMARKS Matt Cichero, Chair of Conference, the Royal College of Podiatry	
09:05	Melanoma: don't put your foot in it Dr John Reed, Consultant Dermatologist, University of Oxford Hospitals NHS Foundation Trust	
09:25	Importance of good record keeping Laura Honeybourne, Principal Associate, Healthcare Team, Weightmans Solicitors Sharon Gray, Professional Support Officer, the Royal College of Podiatry	
09:40	Diabetes and lower limb complications: lessons from a review of clinical negligence claims Professor Michael Edmonds, Consultant Physician, King's College Hospital, London	
10:00-11:00	REFRESHMENTS, EXHIBITION, NETWORKING, WELLBEING AND POSTER VIEWING	Exhibition hall
10:10-10:25	DEMO ZONE: FOOTHEALTH	Exhibition hall
10:15-10:45	Discussion Group: Mind your feet: A podiatrist flew over the cuckoo's nest - a co-production exercise in mental health Dr Emma Cowley, Dean of Faculty of Podiatric Medicine, Royal College of Medicine Anita Atwal, Associate Professor in Interprofessional Working, London South Bank University	12
10:25-10:55	Personal Financial wellbeing - Remortgaging and Top tips for successful financial planning - Wellbeing Zone James Shirley, Associate Advisor, Chase de Vere	Exhibition hall
11:00-12:00	TOPICAL UPDATES AND WORKSHOPS	
HANDS ON	Vascular: The 10-minute limb of concern ischaemia assessment implementing the 3 Ps, WIFi, SBAR and the national wound care strategy referral guidance to save more lives and limbs* Sue Matthews, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Manchester University NHS Foundation Trust, Chair of the Royal College of Podiatry Vascular Special Advisory Group Martin Fox, Vascular Specialist Podiatrist, Manchester Local Care Organisation, Council Member and Chair, Clinical Senate, the Royal College of Podiatry Pam Smith, Vascular Specialist Podiatrist, Northern Care Alliance NHS Foundation Trust	11B/C
HANDS ON	• Suturing workshop Ewan Kannegieter, Consultant Podiatric Surgeon, Helen Milnes, Consultant Podiatric Surgeon, James Cowden, Podiatric Surgeon, Jade Tang, Podiatric Surgeon and Selina Begum, Podiatric Surgeon	3A
MEET THE	 Dermatology: Skin allergy Chair: Dr Ivan Bristow, Fellow, the Royal College of Podiatry; Podiatrist, Hampshire Dr John Reed, Consultant Dermatologist, University of Oxford Hospitals NHS Foundation Trust 	1A/C
MEET THE EXPERTS	Menopause Health matters: Menopause Health considerations, including musculoskeletal matters Chair: Emma Stoneman, Royal College of Podiatry Apprenticeship Group and Conference Chair Designate Dr Nicola Keay, Sports and Dance Endocrinologist Honorary Clinical Lecturer Medicine, University College London	1B
MEET THE EXPERTS	 Clinical professional standards: Record Keeping: Best practice for undertaking an audit on your patient records Robin Hull, Professional Support Officer, the Royal College of Podiatry Marie Laurent, Professional Support Officer, the Royal College of Podiatry 	4A/B

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SPOTLIGHT SESSION MEET THE EXPERTS MEET THE EXPERTS SPOTLIGHT SESSION	 Apprenticeships: Growing your own Emma Stoneman, Conference Chair Designate, the Royal College of Podiatry Apprenticeship Group and Conference Chair Elect Amanda Wildgoose, NHS Podiatry Operational Lead, Apprentice Employer Marian Bennett, NHS Apprentice Line Manager and Clinical Educator Victoria North, Private Practice Apprentice Employer Emily Piper, Private Practice Apprentice Clinical professional standards: You don't know what you don't know - learning from mistakes Sharon Gray, Professional Support Officer, Royal College of Podiatry Katie Harwood, Professional Support Officer, Royal College of Podiatry Chair: Emma Cowley, Dean of the Faculty of Podiatric Medicine, the Royal College of Podiatry Donna Welch, Podiatry Operations Manager and Professional Lead, City Health Care Leadership: Advance your professional development and extend the scope of your clinical practice: Why leadership matters: Leadership Alumni Chair: Joanne Casey, Professional Development Lead and HEE Workforce and Education Reform Lead, Royal College of Podiatry Christopher Joyce, Extended Scope Podiatrist in Rheumatology, Homerton Healthcare NHS Foundation Trust - (2022) 'Always more rheum in podiatry: Business scope for the creation of a rheumatology foot specific competency 	4A/B 1A/C 13
	framework' Maria Mitchell, SE HEE AHP Workforce Programme Lead Health Education England working across the South East - (2021) 'To enable and support	
	trainee Podiatrists to become leaders of change when entering the	
	Healthcare workplace across the South East' Clare Westwood-Surridge, Podiatry Team Leader with Clinical Specialism in Education, Provide Community Interest Company - (2022): 'The Assisted Reality Realwear Project'	
	Monique Cleary, Final Year BSc Student at University of Southampton - `Student Leadership: 150 Leaders to The Clinton Foundation's Global Leadership Initiative'	
14:00-15:00	REFRESHMENTS, EXHIBITION, NETWORKING AND WELLBEING	Exhibition hall
14:00-14:30	Personal Financial wellbeing - Remortgaging and Top tips for successful financial planning - Wellbeing Zone James Shirley, Associate Advisor, Chase	Exhibition hall
14:10	DEMO ZONE: ALGEOS	Exhibition hall
14:10-14:50	TRADE LEARNING LAB EXTRA WITH PODACTIVA: ELITE SPORTS AND PODIATRY: THE TRICKLEDOWN Jake Heath MSK Podiatrist- Premier League Men and Women's Team Podiatrist and Podoactiva UK Liaison	11B/C
15:00-15:45	TOPICAL UPDATES AND WORKSHOPS	
MEET THE EXPERTS	 Pharmacology: Optimising vascular medication and VTE prophylaxis Chair: Sue Matthews, Vascular Specialist Podiatrist, Manchester Leg Circulation Service, Manchester University NHS Foundation Trust, Chair of the Royal College of Podiatry Vascular Special Advisory Group Stella Harvey, Senior Lecturer in Podiatry, University of Northampton Patrick McGill, Lecturer of Podiatry, Ulster University 	1B

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MEET THE	Radiology: Update on guidelines for podiatrists using USS Chair: George Dunn, Council Member In Council Member	13
MEET THE EXPERTS	Jai Saxelby, Musculoskeletal Podiatrist, Physioworks, Musculoskeletal Directorate, Sheffield Teaching Hospitals Foundation Trust Foot and Ankle Lumps and Bumps using USS-Case studies and Considerations	
	Alison Hall, Consultant MSK Sonographer	
	MSK: A conceptual framework of footwear needs - clinical applications Chair: Martin Fox	1A/C
MEET THE EXPERTS	Thanaporn (Dao) Tunprasert, Principal Lecturer, University of Brighton An HCPC update and the updated Standards of proficiency	3B
	Chair: Marie Laurent, Professional Support Officer, the Royal College of Podiatry Kim Tolley, Interim Head of Professionalism and Upstream Regulation The Health and Care Professions Council	
MEET THE EXPERTS	Preparing for retirement	2.4
	Chair: Sue Pike, Council member of the Royal College of Podiatry GDPR aspects of closing a practice: Stewart Duffy, Legal Director, Healthcare team, Weightmans Solicitors	3A
MEET THE EXPERTS	Financial planning for retirement: James Shirley, Independent Financial Adviser, Chase de Vere • CAIMS:	
MEET THE	Traditional Chinese Medicine: Its place in Podiatric practice. A personal journey	4A/B
EXPERTS	Steve Kriss, Podiatrist, Podiatric Surgeon and Acupuncturist Reflexology and its relevance to podiatry	
	Sally Gates, Podiatric Research Assistant, University of Salford Chair: Krishna Gohil, Senior Lecturer in Podiatry and Prescribing at University of Northampton	
	 The new IWDGF infection guidelines and how an MDT would put these into practice Chair: Helen Milnes, Consultant Podiatric Surgeon, University Hospitals 	12
MEET THE EXPERTS	Birmingham	
EXTERIS	David Russell, Leeds Teaching Hospitals NHS Foundation Trust Helena Meally, Clinical Team Lead-Podiatry, University Hospitals Birmingham NHS Trust	
15:50-17:15	PLENARY SESSION	1A/C
15:50	Innovating with Intention Joel Friedlaender, Founder, Cliniko	
16:15	 What is the recent diabetic foot related research and how it could impact your practice Neil Baker OBE, Consultant Diabetes and Vascular Podiatrist 	
16:40	Possibilities Stephanie Owen, Podiatrist and private practice owner	
16:55	Does Foot Shape Matter? Luke Kelly, Associate Professor of Allied Health Research, School of Health Sciences and Social Work, Griffith Centre of Biomedical and Rehabilitation Engineering (GCORE), Menzies Health Institute Queensland, Griffith University, Gold Coast, Australia	
17:30	CLOSING REMARKS Matt Cichero, Conference Chair, Royal College of Podiatry Emma Stoneman, Conference Chair Designate, Royal College of Podiatry Apprenticeship Group	

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SATURDAY 25 NOVEMBER

08:30-09:30	REGISTRATION AND REFRESHMENTS	
09:30-10:30*	SPECIALIST CPD WORKSHOPS	
MEET THE EXPERTS	 Diabetes: Implementing the New IWGDF Guidelines for Charcot neuroarthropathy Chair: George Dunn Catherine Gooday, Podiatrist, Norfolk and Norwich University Hospitals Research: Creating knowledge Chair: Helen Branthwaite Data - relevance to improved practice 	18
SPOTLIGHT	Helen Branthwaite, MSK Project Lead, the Royal College of Podiatry Clinical Academic Careers Dr Lisa Farndon, Clinical Research Podiatrist/Research Lead, Integrated Community Care Directorate, Sheffield Teaching Hospitals NHS Foundation Trust	4A/B
MEET THE EXPERTS	 Pharmacology: POM S to IP Chair: Matt Cichero, Chair of Conference, the Royal College of Podiatry Dr Jean Mooney, Podiatrist in private practice James M Pickard, Podiatric Surgeon and Independent Prescriber Nick Haddington, Pharmacy Dean for NHSE Workforce Training and Education in the South West Krishna Gohil, Senior Lecturer in Podiatry and Prescribing at University of Northampton Kerry Clarke, Lecturer for the School of Health Sciences, Ulster University Matt Cichero, Conference Chair, the Royal College of Podiatry 	3B
MEET THE EXPERTS	 Business: How to build a stable, profitable and highly respected practice without taking risks, compromising quality of care and working endless hours Blake Sergeant, UK Director and Business Coach, The Hive Troy Parsons, Founder and Director, The Hive Chair: Claire Angus, Director of Membership Services, the Royal College of Podiatry 	12
HANDS ON	 Mental health: Talking Mats - Supporting communication and decision-making for individuals with cognitive impairment Melita Loaring, Talking Mats Associate Karen Mellon, Podiatry Clinical Service, NHS Fife Save a Life: 2-hour Red Cross BLS training (limited numbers)** 	3A 11B/C
10:20-10:50	Discussion Group: Environmental Sustainability Lawrence Ambrose, Head of Policy and Public Affairs, the Royal College of Podiatry Jane Pritchard, Chief Executive and General Secretary, the Royal College of Podiatry	4A/B
10.30-11.30	REFRESHMENTS AND NETWORKING	Lower floor hall
11:30-13:00	SPECIALIST CPD WORKSHOPS	
HANDS ON	Radiology: The clinical and ultrasound assessment of the central forefoot Jai Saxelby, Musculoskeletal Podiatrist, Physioworks, Musculoskeletal Directorate, Sheffield Teaching Hospitals Foundation Trust Sean Savage, Specialist in Podiatric Sports Medicine	3A

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MEET THE CANCELLE	Dermatology live and unplanned Dr Ivan Bristow Fellow, the Royal College of Podiatry; Podiatrist, Hampshire Dr George Moncrieff, Former Chair of The Dermatology Council of England and Lecturer in Dermatology	1B
HANDS ON	Forensics podiatry feet-in-shoes: Who wore these shoes? Examination of crime scene footwear evidence Selina Reidy Identification Expert (Footwear), Yorkshire and The Humber Regional Scientific Support Services Sarah Reel, Forensic Podiatrist and Senior Lecturer, University of Huddersfield	12
HANDS ON	 Aspirations and injections workshop George Flanagan, Consultant Podiatric Surgeon, Clinical Director- Ambulatory Services, Department of Podiatric Surgery, Northamptonshire Healthcare NHS Foundation Trust Matt Cichero, Chair of Conference, the Royal College of Podiatry 	4A/B
HANDS ON	 Motivational Interviewing techniques to support behaviour change Dr Jodi Binning, Podiatry Service Manager South Partnership, NHS Ayrshire and Arran Dr Benjamin Bullen, Head of Education and Professional Development, Royal College of Podiatry 	11A
13:00-13:45	LUNCH AND NETWORKING	Lower floor hall
13:45-15:00	PLENARY SESSION	1A/C
13:45	JEWEL IN THE CROWN The ALERT study: Atrial fibrillation screening and cognitive impairment in patients attending community podiatry Ellen Kirwan, Research assistant/Podiatrist, University of Galway	
13:50	AWARDS	1A/C
13:55	DEBATE To screen or not to screen for diabetic foot complications Debate Chair: Emma Stoneman For: Dr Chris Manu, Clinical Lead for King's Diabetic Foot Service, Diabetes UK Clinical Champion 2020-2022, Consultant Diabetologist, General Medicine and Diabetes Foot Medicine, King's College Hospital Lindsey Cherry, Associate Professor, University of Southampton Against: David Wylie, Dean of Faculty, Faculty of Podiatric Medicine, Royal College of Physicians and Surgeons of Glasgow Fran Game, Consultant Diabetologist and Director of R&D, Royal Derby Hospital, University Hospitals of Derby and Burton NHS FT	
14:30	KEYNOTE SPEAKER - FINDING YOUR FEET DR COR HUTTON MBE BCAc Quadruple Amputee, Single Mother, Activist, Charity Founder and World Record Holder	
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WE ARE DELIGHTED TO WELCOME SPEAKERS FROM A WIDE RANGE OF DIVERSE BACKGROUNDS TO PODIATRY 2023. SOME ARE NEW TO OUR CONFERENCE, WHILE OTHERS ARE POPULAR SPEAKERS FROM PREVIOUS YEARS THAT WE'VE INVITED BACK TO SPEAK AGAIN.

OVER 140 SPEAKERS



FACULTY OF PODIATRIC SURGERY

PODIATRIC SURGERY 2023

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