

NAME: _____

**ONE-YEAR
DAILY DEVOTIONAL
FOR GRADES
5 & 6**

QUIET TIME

CHAMPION




Olympians

A Word of Life Ministry

Introducing your Quiet Time

It's a special time that you set aside each day to read God's Word, to get to know Him better, and to learn how He wants you to live. During this time, God speaks to you through His Holy Word, the Bible, and you speak to God through prayer. What an adventure! As a Christian, spending time in God's Word every day is very important for you to grow closer to Him.

This booklet is divided into three sections:

Personal Prayer Journal

This is where you can write prayer requests to remind yourself to pray for people that you care about and things that are happening.

Olympians Program Pages

This section tells you all about the Olympians program if you attend one at your church. It also provides a place to document your progress.

Daily Quiet Time Pages

Each day has a Scripture passage to read and questions or activities to help you understand and apply the truths from God's Word.

HEY PARENTS!

This Quiet Time provides an easy, fun opportunity to interact with your child about the vital truths of God's Word. Here are some tips to help your child get the most out of their time in God's Word.

- Work together to decide on a regular daily time to set aside for their Quiet Time.
- Work together to decide on a good place to keep their Bible, this Quiet Time, and other supplies needed.
- Be available to help your child find the Bible passages and answer questions they may have.
- Ask your child what the passage was about, what they learned, or how they will live it out.
- Share with your child a way that passage impacts your own life.
- Encourage your child to use the Prayer section, and ask if they would like you to pray for any specific request.



This Quiet Time is just one part of a comprehensive Children's Ministry program called Olympians. You can learn more about it in the back of this book, or go to wol.is/olympians for more information.

Your Daily Quiet Time

DAILY PASSAGE

Each day, read the verses shown from your Bible.

ACTIVITIES AND QUESTIONS

Complete the activities and answer the questions to better understand the thoughts of the passage and why they are important.

LIVE IT

Complete this section to put God's Word into action.

PRAYER

Use this to start off your time talking to God after reading His Words to You. You can also write prayer requests in the front of this Quiet Time. The important thing is to remember to spend time talking to God in prayer.



TRIAL:
An event to try, prove, or test.

TEMPTATION:
A lure to do evil.

Week 1

SUNDAY JAMES 1:1-8

Trials! What do they do in my life?

JAMES 1:2
A trial is an event to try, prove, or test me. Count it all joy _____
I face different kinds of trials. Huh! Does this say "if"?

YES / NO / I WISH IT DID

JAMES 1:3-4
Testing of my _____ produces or develops _____,
which makes me: (Circle.)

IMMATURE / MATURE (PERFECT) AND COMPLETE / INCOMPLETE

James 1:5 **LIVE IT!**
How do I get wisdom?
 read comic books social media ask God the Internet
How many people is God willing to give wisdom to?
 some a few all

James 1:6-8
God wants me to ask for wisdom in _____ without _____ (v. 6).
A person who is full of doubt and controlled by their feelings (unstable) is called a _____ man (v. 8). A way my actions today can show faith and stability is _____

PRAYER: Prayer: A difficult situation in my own life is _____.
Right now I will ask the Lord for wisdom in dealing with this.

17

THINGS I NEED FOR MY QUIET TIME:

My Bible • My Quiet Time • Pen or Pencil • A Quiet Place

My Quiet Time Schedule

Welcome to a new year of Quiet Time! With most trips, you'll want to map out where you're going to go, and this Quiet Time journey is no different. Below you will find some tools to help you plan and reach your destination of spending this year with God in His Word.

The following chart displays the Bible books and chapters that will be covered in this year's Quiet Time. You may want to use it to help you plan when you (or you and your family) want to study specific books of the Bible throughout the year. Since all Word of Life Quiet Times cover the same passages each day, the whole family (from preschool-adult) can stay connected with each other in God's Word.

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 1	James 1-3	_____
WEEK 2	James 3-5	_____
WEEK 3	Genesis 1-5	_____
WEEK 4	Genesis 6-11	_____
WEEK 5	Genesis 12-22	_____
WEEK 6	Genesis 24-27	_____
WEEK 7	Genesis 27-35	_____
WEEK 8	Genesis 37-41	_____
WEEK 9	Genesis 41-44	_____
WEEK 10	Genesis 45-50	_____
WEEK 11	Psalms 1-5, Proverbs 6	_____
WEEK 12	Galatians 1-3	_____
WEEK 13	Galatians 3-4	_____
WEEK 14	Galatians 5-6	_____
WEEK 15	Matthew 1-5	_____
WEEK 16	Matthew 5-8	_____
WEEK 17	Matthew 8-10	_____
WEEK 18	Matthew 11-13	_____
WEEK 19	Matthew 13-16	_____
WEEK 20	Matthew 16-18	_____
WEEK 21	Matthew 18-20	_____
WEEK 22	Matthew 21-22	_____
WEEK 23	Matthew 23-25	_____

My Quiet Time Schedule

WEEK #	BOOKS (CHAPTERS)	PLANNED START DATE
WEEK 24	Matthew 25-26	_____
WEEK 25	Matthew 27-28, Psalm 19	_____
WEEK 26	1 Thessalonians 1-3	_____
WEEK 27	1 Thessalonians 4-5	_____
WEEK 28	2 Peter 1-2	_____
WEEK 29	2 Peter 3, Psalms 22-23	_____
WEEK 30	1 Corinthians 1-3	_____
WEEK 31	1 Corinthians 3-7	_____
WEEK 32	1 Corinthians 7-10	_____
WEEK 33	1 Corinthians 10-12	_____
WEEK 34	1 Corinthians 12-15	_____
WEEK 35	1 Corinthians 15-16	_____
WEEK 36	Proverbs 1-3	_____
WEEK 37	Nehemiah 1-4	_____
WEEK 38	Nehemiah 5-8	_____
WEEK 39	Nehemiah 9-13	_____
WEEK 40	1 Timothy 1-4	_____
WEEK 41	1 Timothy 4-6	_____
WEEK 42	Mark 1-3	_____
WEEK 43	Mark 3-5	_____
WEEK 44	Mark 5-7	_____
WEEK 45	Mark 7-9	_____
WEEK 46	Mark 9-11	_____
WEEK 47	Mark 11-13	_____
WEEK 48	Mark 13-14	_____
WEEK 49	Mark 14-16, Proverbs 2	_____
WEEK 50	Psalms 27, 37, 46, 51, 53	_____
WEEK 51	Ecclesiastes 1-12	_____
WEEK 52	Jude 1-20, Proverbs 4	_____

For those that want to use an academic or calendar date schedule, the following QR code provides these two schedules for this year for you or your family.



My Personal Prayer Diary

Spend time with God through prayer.

Keeping a Personal Prayer Journal is a great way to remind yourself to pray for specific people and things. It also reminds you to thank God and to tell others when He answers your prayers.

Prayer is the chance you have to talk to the One who loves you the most. God wants to hear what you're thinking and feeling. He wants you to share anything that is on your heart with Him. He wants that time with you.

Some ideas of what to talk to God about include:

FRIENDS AND FAMILY: safety, health, problems, and those who don't know Jesus as their Savior.

YOURSELF: that you will grow in your Christian life and become what God wants you to be. You can pray about any problems or struggles you have.

MISSIONARIES: You can ask them for specific prayer requests. Write these on your prayer pages.

PRAISE TO GOD: You can praise God for Who He is and His salvation through Jesus.

THANKS TO GOD: You can thank God for answered prayers, specific people, and so many other things.

AUTHORITIES OVER YOU: Teachers, people in government, pastors, church leaders, and parents.

TRIAL:
An event to try,
prove, or test.

TEMPTATION:
A lure to do evil.

Week 1



SUNDAY

JAMES 1:1-8

Trials! What do they do in my life?

JAMES 1:2

A trial is an event to try, prove, or test me. Count it all joy _____

I face different kinds of trials. Huh! Does this say "if"?

YES / NO / I WISH IT DID

JAMES 1:3-4

Testing of my _____ produces or develops _____,
which makes me: (Circle.)

**IMMATURE / MATURE (PERFECT) AND
COMPLETE / INCOMPLETE**

James 1:5

LIVE IT!

How do I get wisdom?

read comic books social media ask God the Internet

How many people is God willing to give wisdom to?

some a few all

James 1:6-8

God wants me to ask for wisdom in _____ without
_____ (v. 6).

A person who is full of doubt and controlled by their feelings (unstable) is
called a _____ man (v. 8). A way my actions today can
show faith and stability is _____

PRAYER: Prayer: A difficult situation in my own life is _____.
Right now I will ask the Lord for wisdom in dealing with this.

Testing or temptation—What's the difference?

JAMES 1:13-14

I'll complete the sentences by connecting each half.

- | | |
|----------------------------|-----------------------|
| Let no one say | tempt anyone. |
| God cannot be | by their own desires. |
| Everyone is tempted | tempted by evil. |
| God does not | I am tempted by God. |

I can't blame _____ for my temptations, when I am lured to do evil.

JAMES 1:16-17

I am warned not to be: **silly.** **deceived.** **foolish.**

What comes from my God Who does not change?

- every good and perfect gift** **evil and imperfect things**

James 1:12

LIVE IT!

God says I am _____ if I endure or
deblsse
persevere when being tempted. I can receive the “_____”
nworc
of life,” which God promises to those who love Him.

A temptation I face is: _____.

Today, I will endure, not give in, and will choose to do right by:
_____.

PRAYER: Today I am praying to God for: _____.

Am I a doer or just a hearer?

JAMES 1:19-20

I should be:

QUICK TO:

SLOW TO:

Why? Because _____ does not produce _____'s righteousness.

JAMES 1:22, 25

How can I be blessed in my actions?

___ a ___, not ___ a

2 4 3 10 4 11 8 14 12 13

_____ of _____!

7 4 1 11 4 11 6 10 3 12 15 10 11 3

CODE:

1-A 2-B 3-D 4-E 6-G 7-H 8-J 10-O 11-R 12-S 13-T 14-U 15-W

James 1:26

LIVE IT!

I can control my tongue by being careful of:

what I say. how I say it. my tone of voice. all of these.

James 1:27

Do I know anyone who has lost a husband or parent in death? **YES / NO**

I can be a comfort or help to them by: (Write or doodle.)

These were the poorest people when James was written.

Who can I help that is not well off? _____

PRAYER: *Lord, I pray for an opportunity this week to encourage or help someone. Help me to do it!*

How do I treat people?

JAMES 2:1

God says don't:

- play favorites. be partial or snobby. be prejudiced.
- all of the above.

It starts with my attitude. Have I ever noticed when someone had an attitude of favoritism? **YES / NO**

It was when: _____.

JAMES 2:2-4, 9

I'll check my heart attitude:

Do I ever treat my friends with cool clothes better than friends with older style clothes? **YES / NO / SOMETIMES**

Do I ever ignore a friend to check out a neat new electronic gadget that another of my friends has? **YES / NO / SOMETIMES**

Do I ever try to be extra nice to someone who I know can do or get nice things for me, and not as nice to someone who can't?

YES / NO / SOMETIMES

James 2:8

LIVE IT!

God says I am doing right if I: "_____ my neighbor as _____."

Today, I'll treat someone the way I would want to be treated by:

_____.

PRAYER: *Lord, show me how I treat others and help me make any adjustments that I need to make.*

Faith and works... what's the difference?

FAITH - trusting, believing or taking God at His Word; having a confident assurance of unseen things.

WORKS - the good deeds done by a believer that could never save anyone, but are proof one is saved when done for Christ.

JAMES 2:10

How many times did I need to sin (break God's law) to make me guilty of all of it? 70x7 a zillion once

JAMES 2:11-13

Everyone has done at least one thing wrong, including me. God's justice demands _____ be punished, but in His mercy He sent Jesus to take that

lal

punishment for me. _____ triumphs over _____! (v. 13)
yermc **ntdgemuje**

James 2:14-17

LIVE IT!

The difference between faith and works is: _____ is how I get saved (Ephesians 2:8-9).

_____ are good fruit my life produces after I'm saved, showing proof of my salvation (Galatians 5:22-23).

As my friends and family look at my actions, they'll see proof of my faith in:

- how I treat people around me.
- how I do my work (chores, schoolwork, etc.) for God.
- Other: _____

PRAYER: *God, I want my life to show that I know You. Help me find different ways I can honor You through my actions. One way I'll do that is: (Write or doodle.)*

Does my faith produce something good?

JAMES 2:21-22

I will consider Abraham... His _____ and his _____ were working
htfia **kwsro**

together and his faith was: (Circle.)

completed / perfected OR **left incomplete / imperfect**

by what he did.

JAMES 2:23

God says because Abraham

questioned God **disobeyed God** **believed God**

he was given credit as being righteous. Wow!

James 2:21, 25

LIVE IT!

Both Abraham's and Rahab's faith impacted their behavior and actions. Yesterday, I was asked about proof of my faith before my family or friends through my actions. Did my actions prove my faith in the way that I marked?

YES / NO / PARTLY

James 2:20, 26

As the body without the spirit is _____, so faith without _____ is also dead. How can my actions be proof of my living faith today?

(Write or doodle.)

PRAYER: *God, instead of doubting, help me to wisely choose to believe Your Word and live it out because I believe it!*

Am I mature or childish?

JAMES 3:1

Teaching others about God's Word is a great honor and responsibility. God says teachers' words will be _____ more strictly than others' words because of that.

JAMES 3:3-6

My small tongue is a small thing with a big impact. I'll write, doodle, or sketch one of the examples that my tongue is compared to in these verses:

One way my tongue has caused me trouble is:

James 3:2, 8

LIVE IT!

Who can tame the tongue?

- politicians
- everyone
- no one

James 3:9-12

I will take time now to think of how I have hurt others with my words.
(Check all that apply.)

- I will confess it to God now and think how to make that right.
- When I want to say something hurtful, I will talk to God before speaking.

PRAYER: *God, help me to control my words, carefully choosing what I say to others. Help me to remember anyone I have hurt with my words so I can make things right with them.*

Olympians

is a fun Bible-based program for kids just like you
in grades 1-6!

Just like Olympic athletes train to be the very best they can be, your Olympians coaches will help train you to be the best you can be for Jesus!

CHALLENGERS

(grades 1-2)

CONQUERORS

(grades 3-4)

CHAMPIONS

(grades 5-6)



A **Word** of **Life** Ministry

We all get to work together toward the best goal — **Living for Jesus** with all our thoughts, attitudes, words, and actions!

HOW TO KEEP TRACK OF YOUR PROGRESS

QUALIFIER

Collect all these items to be a qualifier and get your Qualifier award!

Qualifier Award

Meeting 1 Meeting 2 Meeting 3 Motto

BRONZE LEVEL

TARGET DATE: _____

VERSE TEST DATE: _____

MEMORY VERSES
7 verses and pass the Test

Genesis 22:8a	Joshua 1:8a	Ephesians 2:8-9
Ephesians 6:1	John 14:15	1 Thessalonians 5:18
Philippians 2:14		

SERVICE ACTIVITIES

Description: _____

Description: _____

Description: _____

Service 1
Service 2
Service 3
Service 4

CHRISTIAN BOOKS

Title: _____

Book 1

FAITHFULNESS

Quiet Time
Attendance

This form is for these keeping records of program progress. Detailed instructions and a listing of Service Issues are located in the Champion program pages in the back of this book.

SERVICE ACTIVITIES

Your Olympians coaches will help you show love for Jesus and others in creative ways that you can do!

MEMORY VERSES

Keep track of each Bible verse you memorize!

CHRISTIAN BOOKS

Read some great Christian books just for you!

FAITHFULNESS

Read your Bible and spend Quiet Time with God regularly. Come to Olympians weekly!

SILVER LEVEL

TARGET DATE: _____

VERSE TEST DATE: _____

MEMORY VERSES
7 verses and pass the Test

Proverbs 17:17a	Psalms 139:2	John 14:8
Matthew 5:16	Romans 15:13b	Ephesians 6:15
Acts 2:41a		

SERVICE ACTIVITIES

Description: _____

Description: _____

Description: _____

Service 5
Service 6
Service 7
Service 8

CHRISTIAN BOOKS

Title: _____

Book 2

FAITHFULNESS

Quiet Time
Attendance

GOLD LEVEL

TARGET DATE: _____

VERSE TEST DATE: _____

MEMORY VERSES
7 verses and pass the Test

Luke 6:31	Psalms 119:11	Romans 5:8
Romans 12:20	Matthew 6:14	Galatians 5:26
Galatians 5:13		

SERVICE ACTIVITIES

Description: _____

Description: _____

Description: _____

Service 9
Service 10
Service 11
Service 12

CHRISTIAN BOOKS

Title: _____

Book 3

FAITHFULNESS

Quiet Time
Attendance

EXTRA CREDIT
Memorize books of the Bible.

Old Testament
New Testament

As you finish the **Bronze**, **Silver**, and **Gold** levels you can receive some fine awards to recognize your hard work. **Check them out on the next page.**

Scripture Memory

This Quiet Time contains scripture memory verses in five translations. You may remove any sheets that are not needed.

KJV

Olympians Motto:

"I press toward the mark for the prize of the high calling of God in Christ Jesus."

PHILIPPIANS 3:14



Want to review your verses online? Scan the QR code to open the Quizlet App to help review your verses.

✓ Check each verse as it is memorized.

1

Who did Abraham say would provide the sacrifice?

Genesis 22:8a

And Abraham said, My son, God will provide himself a lamb for a burnt offering.

2

What did God tell Joshua to do?

Joshua 1:8a

This book of the law shall not depart out of thy mouth; but thou shalt meditate therein day and night.

3

How am I saved?

Ephesians 2:8-9

For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: not of works, lest any man should boast.

4

Who should I obey?

Ephesians 6:1

Children, obey your parents in the Lord: for this is right.

5

How do I show Jesus that I love Him?

John 14:15

If ye love me, keep my commandments.

6

Should I murmur, grumble, or complain?

Philippians 2:14

Do all things without murmurings and disputings.

7

What is God's will for me?

1 Thessalonians 5:18

In every thing give thanks: for this is the will of God in Christ Jesus concerning you.

Scripture Memory

✓ Check each verse as it is memorized.

8

As a friend, how often should I show love to others?

Proverbs 17:17a

A friend loveth at all times.

9

What does God know about me?

Psalms 139:2

Thou knowest my downsitting and mine uprising, thou understandest my thought afar off.

10

What is the only way I can come to God?

John 14:6

Jesus saith unto him, I am the way, the truth, and the life: no man cometh unto the Father, but by me.

11

Who gives me hope?

Romans 15:13b

That ye may abound in hope, through the power of the Holy Ghost.

12

How can I show Jesus to others?

Matthew 5:16

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.

13

What can I do to show others that Jesus is my Savior?

Acts 2:41a

Then they that gladly received his word were baptized.

14

How can I be ready to share the gospel wherever I go?

Ephesians 6:15

And your feet shod with the preparation of the gospel of peace.

Scripture Memory

✓ Check each verse as it is memorized.

15

How does Jesus want me to treat others?

Luke 6:31

And as ye would that men should do to you, do ye also to them likewise.

16

What will help keep me from sinning against God?

Psalm 119:11

Thy word have I hid in mine heart, that I might not sin against thee.

17

How does God demonstrate His love for me?

Romans 5:8

But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

18

Why should I forgive others?

Matthew 6:14

For if ye forgive men their trespasses, your heavenly Father will also forgive you.

19

Should I be kind to someone who is against me?

Romans 12:20

Therefore if thine enemy hunger, feed him; if he thirst, give him drink: for in so doing thou shalt heap coals of fire on his head.

20

How should I serve others?

Galatians 5:13

For, brethren, ye have been called unto liberty; only use not liberty for an occasion to the flesh, but by love serve one another.

21

What shouldn't my attitude be toward others?

Galatians 5:26

Let us not be desirous of vain glory, provoking one another, envying one another.