

Loving life with little ones

toddle

about
MK & Bedford

Apr - Jun 2025

FREE

SCREEN TIME

How much is
TOO much?

Fun Easter and
Spring Events

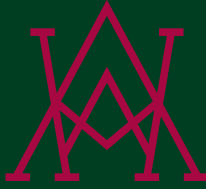
MK Baby Show 2025
Sat 26th April

Proudly
sponsored
by
water
babies
learn for life®

WIN
a HOLIDAY
worth £615
Page 31

Everything Bump, Baby & Toddler Near You

Covering Milton Keynes, Bedford, Buckingham,
Newport Pagnell, Olney and the surrounding area



AKELEY WOOD
SCHOOL

NURSERY | JUNIOR | SENIOR | SIXTH FORM



**BE YOU.
BRILLIANTLY.**

SCAN FOR MORE INFO



Nursery and Reception Upcoming Events:

Nursery Rhyme Time:

2 April & 5 May

Reception Stay & Play:

24 April & 12 May

For more information visit our website
or call 01280 828 122

AKELEYWOODSCHOOL.CO.UK

WELCOME

TO THE SPRING 2025 ISSUE!

Our Spring Edition is Here!

Spring is finally here, bringing longer days, blooming flowers, and our latest edition filled with parenting wisdom, exciting events, and must-have baby and toddler essentials. Whether you're looking for expert advice on managing screen time, fun-filled family outings, or the best new products for little ones, this issue has it all.

The highlight of the season? **The Toddle About Baby Show** is just around the corner. Join us on **Saturday, 26th April at The Ridgeway Centre, Milton Keynes**, for the ultimate baby and toddler event. Sponsored by **Water Babies Bucks & Beds** and **Future Life**, this event is designed to bring together everything you need for little ones aged 0-5 while supporting local businesses.

What's in store? A fantastic selection of exhibitors offering the best baby and toddler products. Expert talks to help you on your parenting journey. Soft play and bouncy castles to keep the little ones entertained. A special **Bluey Meet & Greet**, a magical moment for young fans.

What's Inside This Edition?

Screen Time & Little Ones – How much is too much? Expert advice on balancing digital exposure. (P. 26-27)

Spring & Easter Events – Discover the best family-friendly activities happening this season. (P. 7 & 28)

Your Baby Show Guide – A full list of sponsors and exhibitors to help you plan your visit. (P. 20-24)

Don't miss out on all the fun, expert insights, and opportunities to connect, see you at the Toddle About Baby Show!

Living life with little ones,

Joanna

OWNER & EDITOR

Book **FREE** tickets now at toddle.fun/babyshowmk

PS. Book **FREE** Baby Show tickets, and get a **FREE subscription for LIFE!** Plus, you get other VIP perks such as automatic entry to exclusive giveaways and freebies. More info at toddle.fun/babyshowmk



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Join us on Whatsapp for important updates!



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9,000 copies of Toddle About are distributed every quarter all over North Bucks & Beds, including Milton Keynes, Bletchley, Bedford, Buckingham, Newport Pagnell, Olney and surrounding areas.

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Toddle About MK & Bedford Ltd, 89 Western Road, Wolverton, Milton Keynes, MK12 5AY. Call us on 01908 596050.

Follow us for daily updates!



Free Family Event – Baby Show in Milton Keynes



Get free entry to the Toddle About Baby Show, kindly sponsored by [Water Babies Buckinghamshire & Bedfordshire](#), at The Ridgeway Centre, Wolverton, Milton Keynes on **Saturday 26th April**

2025 from 10am-2pm. Families attending the Toddle About Baby Show can enjoy a special meet & greet with Bluey! Plus, little ones can have fun in the soft play area, tumble on the bouncy castle, and get messy with sensory play! Explore stalls from baby brands, hear from parenting experts, and grab a free goody bag if you're one of the first 200 visitors.

See [P.20-25, 29](#)

Register here:

toddle.fun/babyshowmk



Support Harry's Rainbow at MK Baby Show 2025

Harry's Rainbow, a fantastic local charity supporting bereaved children, will be at the Toddle About Baby Show in Milton Keynes. Help make a difference by buying a raffle ticket—there are amazing prizes to be won. Every ticket sold helps provide vital support to family facing loss. Don't miss this chance to give back while enjoying the event. Join us, grab a ticket, and support this wonderful cause.

See [P.24](#)

Find out more at www.harrysrainbow.co.uk or scan the QR code:



Buy & Sell Quality Preloved Baby & Children's Goods

Stalls will be bursting with new and nearly-new baby and children's clothes, toys, equipment and more, suitable from birth to 5 years old. Plus a small selection of local businesses showcasing their products and services. So pop along and grab yourself a bargain. £1.50 entry, kids go free. Or do you need to clean out those cupboards? Then book a stall!

Medbourne Pavilion: Saturday 5th April, 3pm - 4.30pm

Old Stratford Community Hall: Sunday 4th May, 11am - 12.30pm

Medbourne Pavilion: Saturday 7th June, 3pm - 4.30pm

Broughton Pavilion: Sunday 6th July, 3pm - 4.30pm

For more info, visit www.littlepoppetsprelovedmarket.co.uk. See [P.24](#)

Get School-Ready with Kumon

At Kumon study centres, experienced instructors support children of all ages to become confident, independent learners. Designed especially for early learners, Kumon's Maths, English, and Pencil Skills Programmes build strong foundations to prepare your child for reception and beyond, opening up a world of possibilities and equipping them with the tools to succeed.

Offer: Toddle About readers can book a **free assessment** for their early learner today.

Find your local Kumon Study Centre at www.kumon.co.uk. See [P.12, 44](#).



Celebrate 200 Years of Railways with NLR

This summer promises to be a special one at the Northampton & Lamport Railway as the nation celebrates 200 years of railways. Up-coming special events include: 20th/21st Apr – Easter Egg Specials; 4th/5th May – Vintage Transport Weekend; 25th/26th May – Bluey Weekend; 27th July – Kids for a Quid. Trains run most Sundays in between events from 13th Apr to 6th Oct.

See www.nlr.org.uk for full information, event details and online tickets. Follow them on Facebook, Instagram & X. See P.31



New Little Star Soft Play & Bouncy Castle Hire

Looking for the perfect party entertainment? Little Star Soft Play is a family-run business offering soft play and bouncy castle hire with packages to suit all needs. They deliver, set up, and collect, making party planning stress-free. New customers get 10% off by quoting **ToddleMKStar**. Book now and let the fun begin!

FB: [littlestarsoftplay](https://www.facebook.com/littlestarsoftplay)

IG: [little_star_soft_play](https://www.instagram.com/little_star_soft_play)

See P. 22



FUTURE LIFE

Future Life are Will writing specialists for parents of young children.

Helping thousands of parents protect the ones they love.

When you have little ones who are financially dependent upon you, getting your financial and emotional wishes in place legally is crucial – to avoid lengthy disputes and financial worries should anything happen.

We're a family business with children of our own, so we know how important it is to talk to someone who really understands your situation.

ADVERTORIAL

Important reasons why parents need to make a Will:

1 You choose who would look after your children.

As well as taking care of your assets, a Will allows you to nominate who would look after your children. It is the **ONLY** way to appoint legal guardians. If guardians aren't nominated, social services could make those decisions.

2 You specify where your wealth goes.

If you don't have a Will in place, it's a very real possibility that your assets wouldn't go where you would want them to – and there could be lengthy waits for your financial arrangements to be processed through Probate, while the children still need financial and emotional support. Having your affairs in order is key - even if you are married, but especially if you're not married to your partner.

3 Who gets the family heirlooms?

What charities are important to you? Do you want to leave any money to friends or distant family members? Writing a Will is the only way to ensure your wishes are achieved.



Future Life Wills are offering **FREE** Wills. Scan the QR code to get yours.



Newly Opened Baby Scan Clinic in Milton Keynes



Numi Scan has recently opened in Milton Keynes, providing expert Early Pregnancy Scans, Well-Being Checks, Gender Reveal Scans, 4D Scans, and NIPT Testing. Designed for comfort and accuracy, their services support expectant parents at every stage. Join many happy families who trust Numi Scan for high-quality imaging and a stress-free experience. Book your scan today. [See P.9](#)
www.mknumiscan.co.uk



Fun & Funky Tot Bop Classes



Got a little one who loves to move? Tot Bop dance classes introduce boys and girls from age 1 to dance in a fun, imaginative way. Designed to build confidence, rhythm, and coordination, these sessions are described as the 'funky alternative to baby ballet'. With a focus on learning through play, Tot Bop ensures every child has fun while developing key motor skills. Sessions run in Aylesbury, Aston Clinton, Wing, Pitstone, Tring, Berkhamsted, and Leighton Buzzard. Visit www.totbop.co.uk or email rachelk@totbop.co.uk to book a one- or three-week trial! [See P.19](#)



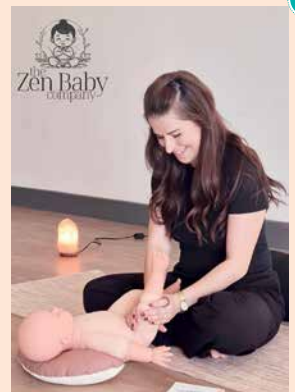
Weaning needn't be a cause for alarm

Thinking about weaning your little one can feel scary, but Daisy First Aid Buckingham & Milton Keynes would like to help you feel excited about starting your child's journey into new tastes and textures. All classes cover what to do in a choking emergency, from recognising when to intervene to demonstrating the techniques you can use to clear a blockage – time is always given to practice these skills so that you leave feeling more confident. For more info, visit www.daisyfirstaid.com/buckingham or email lucy@daisyfirstaid.com.

Zen Moments for You & Baby

In today's fast-paced world, finding time to connect with a baby can be challenging. The Zen Baby Company offers baby massage and Stretch & Play classes, providing a nurturing space for parents to bond through gentle movement and touch. These sessions support a baby's development while offering parents a moment of calm and connection. Designed to promote relaxation and well-being for both parent and child, classes are now available to book at:

www.thezenbabycompany.co.uk or email gabriella@thezenbabycompany.co.uk
[See P.22](#)



EASTER

Events & Days Out

MAKE THE MOST OF THE EASTER HOLIDAYS WITH THESE GREAT DAYS OUT & EVENTS

SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN ACTIVITIES!

EASTER EGGSTRAVAGANZA

WHITEHOUSE, MK

Wed 16 Apr, 10am - 12pm

Celebrate the Easter holiday by taking part in themed crafts and activities, getting your face painted, and meeting the Easter Bunny. Embark on an adventure and take part in an Easter Trail to win a delicious prize.

Cost: FREE

Whitehouse, Milton Keynes
MK8 1DT. Tel: 01908 233600
www.theparkstrust.com
📍 theparkstrust

EASTER AT BLETCHLEY PARK

BLETCHLEY PARK, MK

7-21 Apr, 9.30am-5pm

Hop to Bletchley Park for eggstra special fun for all ages this Easter – try their egg-ceptional activities for families or join an egg-citing family tour.

Cost: Under 12s FREE with General Admission

Bletchley Park Sherwood Drive,
Milton Keynes, MK3 6DS.
Tel: 01908640404
www.bletchleypark.org.uk
📍 [Bletchleypark1](https://www.facebook.com/Bletchleypark1)

MEET THE EASTER BUNNY

WAVENDON, MK

8 Apr, 4pm-6pm

Join the Polish community this Easter with traditional kids activities like Easter egg painting, musical games and sensory activities. 2 hours of Easter fun for children and parents.

Cost: £10 child, £7 parents

Wavendon Community Centre,
Walton Rd, MK17 8LH
Tel: 07751242459
polishcentremk@gmail.com
📍 [polishcentreMK](https://www.facebook.com/polishcentreMK)

EASTER FAMILY FUN DAY

DEANSHANGER, MK

Sun 20 Apr, 2pm-5pm

Come and enjoy a great family day out! Bouncy castles, BBQ, Games. Disco & Karaoke in the evening from 6.30pm.

Cost: FREE

Little London, Deanshanger,
Milton Keynes MK19 6HU.
Tel: 01908 460292
www.deanshangersportsclub.net
📍 [deanshangersc](https://www.facebook.com/deanshangersc)

THE EASTER FAMILY MAGIC SHOW

BARTON-LE-CLAY, BEDFORDSHIRE

Mon 21 April, 10.30pm-3pm

Join Krisgar and Tricky Teddy for a 30-minute Easter-themed show with magic and puppets for the whole family! Give the kids an Easter treat they won't forget, filled with fun antics and lots of laughter. Ages 4+.

Cost: Child £6, Adult £3

The Olde Watermill Shopping
Village, Off Faldo Road, Barton-
Le-Clay, Bedfordshire, MK45 4RF.
www.oldewatermill.co.uk
📍 [oldewatermill.co.uk](https://www.facebook.com/oldewatermill.co.uk)

EGGS-PLORE EASTER TRAIL

MILLENNIUM COUNTRY PARK, BEDFORD

14-21 April, 11am-12pm & 1pm-2pm

The cheeky bunnies are playing hide and seek, and they've taken the Easter Bunny's eggs with them! Can your little ones find all the missing bunnies and eggs before the Easter Bunny notices?

Cost: Child £3, booking essential

Millennium Country Park,
Marston Moretaine, Bedford,
MK43 0PR. Tel: 01234 767037
www.marstonvale.org
📍 [forestofmarstonvale](https://www.facebook.com/forestofmarstonvale)

Details are correct at time of printing but may change. Please check with the event host for prices, times & dates.

NURSERY STAY & PLAY



THE WEBBER
INDEPENDENT SCHOOL

Designed for expectant parents through to pre-schoolers, our Stay & Play Sessions give you a glimpse into the exciting world of our Nursery. Watch as our children discover, create and grow through a blend of structured activities and playful exploration.

Sessions take place from 9.30 - 10.30am:

THURSDAY 3RD APRIL **LEARN ABOUT FLOWERS**

WEDNESDAY 28TH MAY **MINI BEAST MADNESS**

THURSDAY 26TH JUNE **SUNSHINE AND SHADOWS**

FRIDAY 11TH JULY **TIME FOR A PICNIC**

MONDAY 18TH AUGUST **ALL ABOUT COLOURS**

Book here: 01908 574740
info@webberindependentschool.co.uk



Soskin Drive, Stantonbury Fields, Milton Keynes, MK14 6DP

Mini Bunny Quiche Recipe

These delicious yet simple savoury creations from Annabel Karmel are perfect for spring! Get little ones helping to decorate by adding the bunnies' ears, eyes, nose and chive whiskers.

INGREDIENTS:

- 8 mini tortilla wraps
- Olive oil
- 2 onions, chopped
- 1 tsp fresh thyme, chopped
- 2 eggs
- 150 ml double cream
- 150 ml milk
- 120g Gruyere cheese, grated

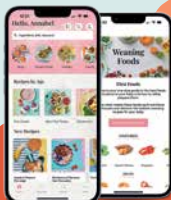
TO DECORATE:

- Carrots, chives, spring onions

MAKES: 6 QUICHES

METHOD:

1. Preheat the oven to 180°C Fan. Grease 6 x size 1 ramekins with oil. Trim the wraps to 14cm diameter circles and line the ramekins, pushing them into the bases and up the sides.
2. Heat 1 tbsp of oil in a saucepan. Cook the onions until soft. Spoon into the ramekins. Sprinkle with the thyme, mix the eggs, cream and milk together in a bowl. Season. Divide the Gruyere between the cases. Pour the custard on top. Bake for 20 minutes.
3. Cut out the bunny ears from the remaining 2 wraps. Brush the ears with oil and place on a baking sheet. Bake with the ramekins for 8 minutes until golden.
4. When the custard is set, remove from the oven and inset the ears into the quiche. Decorate with carrot for the bunnies' nose, chives for whiskers and spring onions for the eyes.



Looking for mealtime inspiration for your baby or toddler? Annabel's award-winning recipe app *Annabel Karmel Recipes* is home to over 1,000 simple and delicious ideas for the whole family, PLUS new recipes every week. Start your FREE trial today!



FITMUMMY



GROUP FITNESS FOR MUMS WITH BABIES AND SMALL CHILDREN

- Pre and postnatal qualified trainers
- All toys, mats and bouncers provided

• Sessions Mon-Fri at 11am

• Flexible booking and payment options

• Friendly and supportive atmosphere

Find full info and book a trial session on the webpage below

WWW.MAJORFITNESS.CO.UK/FITMUMMY



NumiScan

SPECIALISTS IN GENDER, REASSURANCE & 4D BABY SCANS

Your trusted partner in private, professional pregnancy ultrasound care.



Numi Scan offers expecting parents a full range of baby scan packages from early reassurance, growth scan & gender scans to full HD Live 4D ultrasound scans. Quote - **TANS10S** code for 10% off on our scans. Call us to make your booking with this offer.

Numi Scan Milton Keynes
01908 921155
<https://mknumiscan.co.uk>

Follow us for daily updates!



TODDLE MODELS

Winner



Evie & Charlie, 19 months old

Baby and Toddler Photo Competition Winner

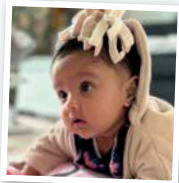
Thank you to everyone who entered our New Year Toddle Models competition!

Congratulations to little Evie and Charlie who won a **£100 Little Starts Gift Card**, redeemable at over 200 activity providers!

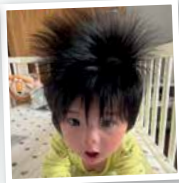
We received so many gorgeous entries - we hope you enjoy looking through them as much as we have and that this gives all our entrants a lovely keepsake.



Find out more at www.littlestartsgiftcards.com



Aanandi, 4 months



Allie, 5 months



Annabelle, 2 years 10 months



Arabella, 2 years 7 months



Ariya, 1 year 5 months



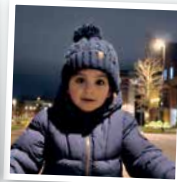
Arthur, 1 year 11 months



Brock, 2 months



Daisy, 3 years



Eduard, 4 years



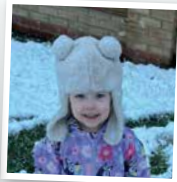
Eli, 3 years 1 month



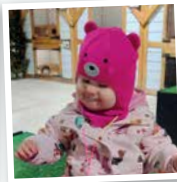
Emily, 4 years 2 months



Errikos, 13 months



Essie, 3 years



Eva, 19 months



Ezra, 3 years



Ezra, 9 months



Freddie, 1 year 2 months



Holly, 5 years



Hunter, 2 years 1 month



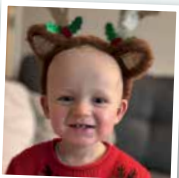
Irena, 2 years 2 months



Isaac, 6 months



Ishika, 7 months



Jack, 2 years



Kai, 10 months



Khadija 6 years, and Zainab, 5 months



Lily, 1 year 7 months



Luca, 2.5 years



Noah, 3 years 5 months



Oliver, 2 years



Paloma, 3 years 3 months



Poppy Elizabeth, 2 years



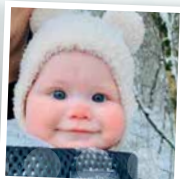
Poppy, 2 years 5 months



Rowan, 2 years



Spencer, 2 years



Aurora, 7 months

COMPETITION

TODDLE MODELS

WIN A PERSONALISED WATER & SAND PLAY TABLE, WORTH £150

THE PRIZE: Win a Personalised Water and Sand Play Table from **My 1st Years!**

Get kids a little closer to nature and explore their creative side! Crafted from wood, this **double-sided picnic table** is great for groups to enjoy together, as the lid lifts to reveal a world of fun beneath. This multifunctional bench helps little ones to develop their fine motor skills, cognitive growth and social interaction as they work together with others through imaginative play. **Personalise** this sensory table with a mini-mess maker's name for a gift that's sure to stand the test of time.

Find out more at www.my1styears.com.



HOW TO ENTER:

Send us a photo of your little one enjoying some spring-time fun!

We will print as many entries as possible in the next Toddle About magazine to give you a lovely keepsake.

Enter by **Sun 8th June 2025**.

**WORTH
£150**

ENTER AT:

www.toddle.fun/toddlemodels



KUMON
CONNECT

MATHS ENGLISH



Let's get ready to start school!

Help your child develop the skills they need to succeed,
both in school and beyond.

We'll be at the Toddle About Baby Show, on 26 April at the Ridgeway Centre
in Milton Keynes, MK12 5TH, so come and talk to us about giving your child a
head start to make sure they're Reception-ready!

Book your child's Free Assessment today!

Bedford North.....07341 583675
Buckingham.....07368 332229
Milton Keynes, Bletchley.....07470 963834
Milton Keynes, Broughton.....07788 274382

Milton Keynes Central.....07788 274382
Milton Keynes, Giffard Park 07538 031497
Milton Keynes South*.....07546 642060
Milton Keynes, Wolverton.....07533 332494

FIND YOUR NEAREST CENTRE
at home | in centre | online



kumon.co.uk

*Denbigh School, Shenley Church End.
Terms and conditions apply. Fees vary. Participating centres only.
Please refer to your local study centre. Subject to availability.
*For research findings on Kumon study, please visit kumon.co.uk.

A LICHFIELD GARRICK PRODUCTION
MICHAEL MORPURGO'S
FARM BOY
ADAPTED & DIRECTED BY DANIEL BUCKROLD



4TH & 5TH MAY

THE HANDLEBARDS



THURS 17TH JULY

MUCH ADO ABOUT NOTHING



BOOK TICKETS:
WWW.QUARRYTHEATRE.ORG.UK





Join Us!



Borne to Create is pleased to be exhibiting at the

Toddle About Baby Show!!

Showing our handmade crochet, machine sewn baby-ware, with Accessories. Available from 0 to 4 Years old.

So stop by and see us, looking forward to seeing you all there!

26TH | **APRIL** | AT 10 AM

The Ridgeway Centre, Milton Keynes, MK12 5TH



PURER MAMA





ARE YOU FEELING TIRED?

Try our award-winning essence capsule with 5-star reviews. It contains higher levels of iron and B vitamins.

"I started using these after my doctor recommended them. These definitely helped with my energy and iron levels. The difference was noticeable and the capsules helped me to have a good pregnancy and deliver a healthy baby. Would definitely recommend"

★★★★★

Follow us @PurerMama on Instagram & FB

SHOP NOW AT PURERMAMA.CO.UK



Discover what other parents are loving at the moment! Here's a selection of reviews that our readers have added to the Toddler About website recently:

DAISY FIRST AID

5.0 ★

Really informative and just the right amount of time for you to learn but also keep engaged and remember it all. Lucy Read our instructor was great!



Helen M

5.0 ★ PHONICS WITH ROBOT REG



Three weeks is all it takes to get your child into the swing of their phonics journey! Seriously take it from me a regular Robot Reg customer who nearly gave up.

Chandni P

5.0 ★

FIT MUMMY MK



So lucky to have this in MK! It's part of our daily routine. The trainers are exceptional and it's really good value for money.

Sabz M

JUMPING BEANS UNDER 5S 5.0 ★



My children and I love coming to this group well worth the money. Everyone is so friendly my children love all the different activities each week.

Shannon L

BORNE TO CREEATE

5.0 ★

Very impressed with the beautiful baby dress and booties for our granddaughter. You can see that a great deal of work and love has gone into making it.



Sharon F

5.0 ★ THE GARDEN ROOM



I recently completed the 6 week baby massage course with Sarah at the garden room and it was so wonderful - I highly recommend

Emma H

GET INVOLVED!

LEAVE YOUR OWN REVIEW FOR YOUR FAVOURITE PROVIDERS. FIND THEM HERE:





**THIS IS
SWANBOURNE
SPIRIT**



Pre-Reception Nursery & Reception places available for September 2025

With modern classrooms surrounded by eucalyptus woods and an adjacent farm (with lots of animals to see at break time!), an indoor swimming pool and outdoor classrooms, our early years setting is an extraordinary place for young learners to grow, play and begin their educational journey with confidence and joy.

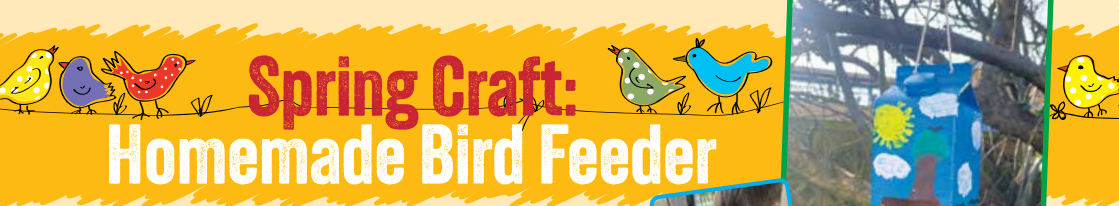
SWANBOURNE HOUSE

BUCKINGHAMSHIRE

part of

THE *Stowe*
GROUP

Find out more at swanbourne.org or email admissions@swanbourne.org



Spring Craft: Homemade Bird Feeder

YOU WILL NEED:

- Empty juice carton (washed & dried)
- A wooden skewer or stick
- Paint (acrylic is best)
- A pen, ruler, scissors & string
- Birdseed



METHOD:

1. Draw a window shape on one side of the carton, leaving at least a 1" gap at the bottom. For small birds, a 1" hole is good. Bigger for larger birds.
2. Cut along the lines with scissors to remove the window piece. This might be a grown-up job!
3. Paint your carton to brighten up the birdhouse. Let your creativity shine!
4. Once the paint is dry, make a small hole just below your window using a pen or scissors. Then push the wooden skewer or stick right through to create a little perch.
5. Carefully poke 2 holes at the top of your carton; thread some string through the holes and tie to create a loop.
6. Fill the bottom with birdseed, then find a sheltered and safe spot to hang it outside. Now wait for the birds to arrive!

For guidelines on the foods that suit the birds in your garden at different times of year, visit www.rspb.org.uk/birds-and-wildlife/helping-birds-and-wildlife

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Headline sponsor:



#STANDUP4SEND



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FAB & FUNKY PRODUCTS

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Sign up to our club to get monthly offers. Expires: 30/06/25

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www.rugbytots.co.uk



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www.toddleabout.co.uk



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 Winner will be drawn at random and notified by email by 14 July 2025. One prize available of an individual + 1 membership (admits 1 child + 1 adult). No purchase necessary.

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MILTON KEYNES BABY SHOW

EVENT GUIDE

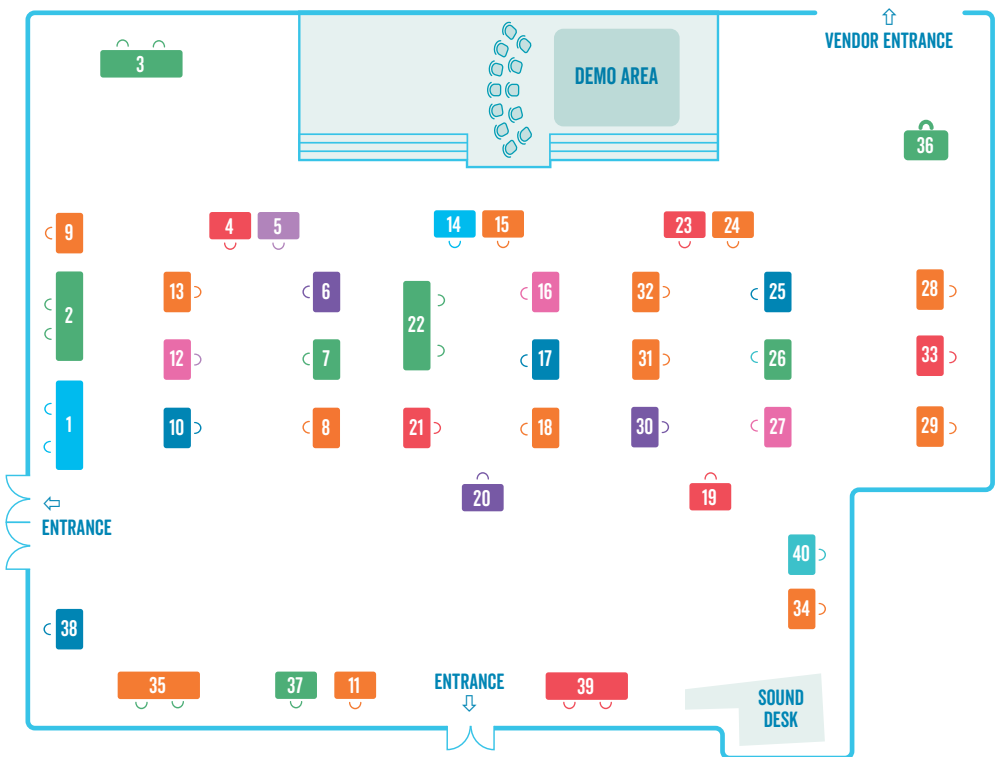
📅 Saturday 26th April 2025

🕒 10am - 2pm

📍 The Ridgeway Centre,
MK12 5TH

Welcome to the Toddle About Baby Show Milton Keynes – the ultimate event for bump, baby, and beyond! Discover and shop must-have pregnancy and baby essentials, explore exciting local baby & toddler activities, and connect with expert services – all in one fun-filled day!

THE AUDITORIUM



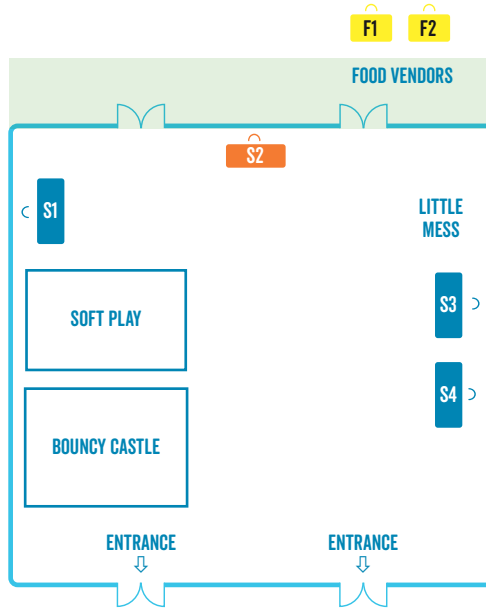
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BABY CHANGING FACILITIES

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FEEDING YOUR BABY

The Ridgeway Centre is a breastfeeding friendly venue. You are welcome to sit and relax on our sofas in our Baby Feeding Area, especially if you are looking for a space to feed in private.

FEELING PECKISH?

Refreshments and snacks are available to purchase from various food vendors outside The Ridgeway Centre. Feel free to bring a picnic for outside (weather permitting).

PLAY AREA

The soft play, bouncy castle and mess area in The Shaftesbury Suite is free to use and suitable for children up to 5 years. All children must be supervised by parents/carers at all times in the soft play area. The venue/event organiser cannot be held responsible for any injury incurred.

The **ULTIMATE** show for parents with little ones!

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www.thezenbabycompany.co.uk
- S1** **Little Star Soft Play**
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- S3** **Little Mess MK**
www.miltonkeynes1.thelittlesensory.co
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- S4** **My Me-time Face Painting**
IG: [my_me_time_facepainting](https://www.instagram.com/my_me_time_facepainting)
- 38** **Tappy Toes Bedford**
www.tappytoes.com
- 10** **Phonics with Robot Reg**
www.robotreg.co.uk
SHOW OFFER: Win a FREE 3-week trial competition
- 17** **TinyTalk Milton Keynes & Olney**
www.tinytalk.co.uk

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www.daisyfirstaid.com/buckingham
- 39** **Purermama**
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- 19** **Elliott Holistic Therapies**
www.elliottholistictherapies.com
- 21** **Oxford House Dental Practice**
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- 23** **Aptus Fitness Training**
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SHOW OFFER: 10% off first session booking
- 33** **Susie Webster Thermomix**
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- 1** **Water Babies Bucks & Beds**
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- 14** **Aqua Include**
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PREGNANCY & POST NATAL SERVICES

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- 16** **Numi Scan MK**
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- 27** **Ultrasound Direct**
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- 20** **Khintastic Photography**
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- 26** **Webber Independent School**
www.webberindependentschool.com
- 2** **Ashbourne Day Nurseries**
www.ashbournedaynurseries.com

- 3** **Car Seat Ninja**
www.carseatninja.com
- 36** **BYD Car Dealership**
www.byd.com/uk
- 7** **Kumon Centre Bedford & MK**
www.kumon.co.uk/bedford-north
- 37** **Akeley Wood School**
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- 9** **Becca Clark Crafts**
Etsy: [BeccaClarkCrafts](https://www.etsy.com/shop/BeccaClarkCrafts)
- 18** **River & Fleur**
IG: [riverandfleur.embroidery](https://www.instagram.com/riverandfleur.embroidery)
- 35** **Borne To Create**
www.bornetocreate.com
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- 13** **Wood Bee Nice**
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- 31** **Keepsakes By Dawn**
IG: [keepsakesbydawn](https://www.instagram.com/keepsakesbydawn)
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- 28** **A&L Books - Independent Osborne Partner**
www.aandlbooks.co.uk

Katie Purcell - The Reading Railway
www.thereadingrailway.co.uk

Lizzy Kinch - A Tad Hooked on Books
www.atadhookedonbooks.com

- S2** **Be Unique Event Decor**
FB: [Be-Unique-Events](https://www.facebook.com/Be-Unique-Events)
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- F2** **Romanelli Pizza**
www.romanelli.co.uk

PUSHCHAIRS & EQUIPMENT

- 40** **Oh Baby Preloved**
www.ohbabypreloved.co.uk
SHOW OFFER: 5% off purchases on the day

MILTON KEYNES BABY SHOW

EVENT GUIDE

 Saturday 26th Apr 2025

 10am - 2pm

 The Ridgeway Centre,
MK12 5TH

LIVE TALKS & DEMOS ON STAGE

We have a great line-up of informative talks and events happening live on stage throughout the day, where you will be able to access free support, information and advice from baby and parenting experts.

10:30 - 10:45 Sleep Support & Advice with Jas Holistic Sleep Coaching

Key information on how to support your little one's sleep from newborn up to 6 years old.

10:55 - 11:10 Water Safety Tips with Water Babies

Essential safety tips for your babies when swimming.

11:20 - 11:35 Car Seat Safety with Car Seat Ninja

How to keep your little ones safe.

11:45 - 12:00 Discover the wonderful world of Baby Signing with TinyTalk Milton Keynes and Olney

Learn to communicate with your baby before they speak.

12:10 - 12:25 The importance of Will writing with Future Life

How to protect your family's future with a well-written Will.

12:35 - 12:50 Children's First Aid Advice with Daisy First Aid

Would you know what to do in an emergency?

13:00 - 13:15 Playing with Sounds and Phonics with Robot Reg

Giving your toddler a head start on learning.

13:25 - 13:40 Storytelling with A&L Books

Encourage your children with a lifelong love of books.

PHOTO OPPORTUNITIES



Please use **#toddleaboutbabyshow** when posting on your pictures on social media. We'd love to see them! There are also photo opportunities with a magical princess and a stunning balloon backdrop! Members of the events team will be taking photos and/or will be filming during the event. This is for promotional purposes only.

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life**

RAFFLE IN SUPPORT OF



Visitors have the opportunity to purchase raffle tickets to win some fantastic prizes. All proceeds will go to our chosen charity Harry's Rainbow, bereaved children and their families in Milton Keynes and the surrounding areas.

Visit www.harrysrainbow.co.uk to find out more.

£1.50 per ticket or £5 for 5 tickets. (Cash or card payments accepted.)

RAFFLE PRIZES INCLUDE:

- **Bletchley Park** Family Annual Pass, worth £76.50
- Free Webinar + Free Troubleshoot Call + Free Holistic Sleep e-guide by **Jas Holistic Sleep Coaching**, worth £80
- £20 Voucher and massage oil by **The Zen Baby Company**, worth £24.99
- 3 sessions of Baby Signing or Toddler Talking classes with **TinyTalk Milton Keynes & Olney**, worth over £25
- 1x bag of swim toys from **Waterbabies**
- Free 3 week trial of classes by **Phonics with Robot Reg**
- 82 Piece First Aid Family Kit from **Daisy First Aid Buckingham & Milton Keynes**, worth £20
- 2x tickets to Much Ado About Nothing from **The Quarry Theatre at St Lukes**, worth £32
- 3x £10 OFF vouchers from **Little Star Soft Play**
- 2x award-winning All-in-one reusable nappies by **Hippy Nut**, worth £23
- 3x £10 OFF vouchers from **Little Mess Milton Keynes**
- 1 hour private pool hire for up to 10 people, from **Aqua Include**
- **MK Dons** Family Match Pass Voucher for 2x Adults and 2x children, worth £52
- Free Family Swim from **Wolverton Leisure Centre**, worth over £17
- £30 Voucher from **Greggs**
- £20 Love2Shop voucher from **Arnold Clark**
- A free market stall by **Little Poppets Preloved Market**
- 2x Sweet Hampers from **Harry's Rainbow**
- Free **Toddle About MK & Bedford** Magazine Cover Photo of your little one.
- Free Softplay & 1x Sailboard birthday display from **Be Unique Event Decor**
- Free indoor photoshoot for the family (up to 5 people) from **Charlotte Photography**
- £25 voucher off clay prints from **Keapsakes by Dawn**
- Rustic style white geometric desktop vase from **Great Nan Knits**, worth £10
- Free Hamper of products from **Purermama**
- Free 30 min private fitness training session from **Aptus Fitness Training**
- £25 gift card prize from **JoJo Mama**
- Gift Coupon for a Baby Beanie Hat and Baby Booties Set from **Borne To Create**, worth £20 (T&C apply)



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Water Babies provides a learning experience that unlocks new challenges as learners' skills develop and uncover missions around core aquatic skills, swimming, and water safety milestones. The programme brings together swimming skills and life skills through purposeful play in a friendly, safe, and non-judgemental environment.

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SCREEN TIME: HOW MUCH IS TOO MUCH?

by Tim Freed, Founder of Toddle About



15 years ago, when we launched the very first *Toddle About* magazine (back in 2010!), we ran an article entitled *'The Evil TV'*. It reflected concerns I had at the time about how much time children spent watching TV and how it might be affecting our little ones. So I did some research.

The article tried to be as objective as possible - looking at both the pros and cons of television for kids, and providing advice for parents based on recommendations from respected authorities. (You can see the article at www.toddle.fun/TheEvilTV).

Needless to say, things have changed a lot since 2010. In today's world, screens are everywhere—and the debate around screentime for kids is raging louder than ever. So I felt it was time we re-visited the topic.

Again, we've tried to be as objective as possible, to help us understand the impact of screen time on little ones—both positive and negative.

THE ALARMING STATISTICS

Recent studies show that screen time for young children is on the rise. A 2019 study published in the *International Journal of Environmental Research and Public Health* revealed that children aged 0-5 spend an average of 2-3 hours per day in front of screens.

A 2024 report by the UK's Education Committee, "Screen time: impacts on education and wellbeing", found that there has been a 52% increase in children's screen time between 2020 and 2022. Notably, 20% of children aged 3 to 4 own their own mobile phone, with nearly all children possessing one by age 12.

So the overall trend is pretty well established: screens are taking up more and more of our children's lives. But how worried should we be? And how much is **too much** screen time?

THE DANGERS OF TOO MUCH SCREEN TIME

Excessive screen time can have several adverse effects on young children, many of which can impact their development during these critical early years.

1. Delayed Cognitive Development: Research* has linked high levels of screen time to delayed language development and poorer cognitive skills in young children. Babies and toddlers learn best through direct interaction with caregivers and their environment. Excessive screen time can hinder their ability to explore, interact, and develop essential social and communication skills.

2. Sleep Disruption: The blue light emitted by screens can interfere with the body's production of melatonin, the hormone responsible for regulating sleep*. This disruption can lead to difficulty falling asleep and poorer sleep quality. Given that sleep is crucial for a child's growth and brain development, any reduction in sleep quality or quantity can have significant consequences.

3. Increased Risk of Obesity: Several studies* have found a correlation between high screen time and an increased risk of obesity in children. This is often due to a sedentary lifestyle coupled with exposure to advertisements for unhealthy foods, which can influence eating habits from a young age.

4. Behavioural Issues: Excessive screen time has also been linked to attention problems and behavioural issues in children. When young children spend too much time on screens, they may become overstimulated and have difficulty focusing on other activities, such as playing with toys or interacting with others.



THE BRIGHT SIDE: HOW SCREEN TIME CAN BE POSITIVE

While the dangers of too much screen time are real, it's important to consider that not all screen time is harmful. When used appropriately, screens can be a valuable tool for learning and development.

1. Educational Content: High-quality educational programs and apps can help children learn new concepts, such as numbers, letters, and basic problem-solving skills. Interactive programs that encourage children to engage with the content rather than passively watch can be particularly beneficial.

2. Digital Storytelling: Digital books and storytelling apps can introduce children to the joy of reading from a young age. These tools often include interactive elements that can make the experience more engaging and help develop early literacy skills.

3. Video Chats with Family: For families living apart, video chatting can be a wonderful way to help young children develop relationships with distant relatives. This type of screen time is interactive and social, providing valuable opportunities for connection and communication.

SCREEN TIME RECOMMENDATIONS

Health experts, including the **World Health Organisation** and **NHS**, recommend limiting screen time for young children to support healthy development:

Babies (0-1 year) – No screen time at all.

Instead, focus on interactive play, tummy time, and storytelling.

Toddlers (1-2 years) – Minimal screen time.

The World Health Organisation advises none for 1-year-olds and a maximum of 1 hour for 2-year-olds—but less is better.

Preschoolers (3-4 years) – Max 1 hour per day.

Prioritise active play, real-world interactions, and quality sleep over screen use.

FINDING THE RIGHT BALANCE

It seems to me that, like so many things in life, the key to managing screen time for young children is balance. So here are some practical tips for finding that **balance** in your home:

1. Set Clear Limits: Establish and enforce clear guidelines for screen time. For children under two, try to avoid screens altogether, except for video chatting. For older toddlers and preschoolers, aim to keep screen time to no more than one hour per day, focusing on high-quality content.

2. Be Involved: Whenever possible, watch or play alongside your child. This helps you monitor the content they are consuming and provides opportunities for interaction.

3. Create Screen-Free Zones: Designate certain areas of your home, like the dining room or bedrooms, as screen-free zones. This encourages your child to engage in other activities, such as playing with toys, reading books, or spending time outdoors.

4. Prioritise Active Play and Social Interaction: Ensure that screen time doesn't replace other important activities like outdoor play, social interaction, and hands-on learning. These activities are essential for your child's physical, emotional, and cognitive development.

5. Lead by Example: Children learn by watching their parents. If you limit your own screen time and prioritise face-to-face interactions, your child is more likely to follow suit.

CONCLUSION

This article isn't intended as an exhaustive guide but rather a starting point for thought and discussion. Like most parents, I navigate screen time challenges daily, and I certainly don't have all the answers. But as screens continue to play an ever bigger role in our lives, I think it's worth reflecting on how we can use them mindfully—so they support rather than hinder our children's development.

**References can be found on the online article at www.toddle.fun/screen-time*



Springtime Fun Family Days Out

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FRIENDLY EVENTS

SHAKE OFF THOSE WINTRY BLUES AND ENJOY THE SPRING SUNSHINE WITH THESE FUN DAYS OUT!

EASTER TRAIL @ WILLEN LAKE

SAT APR 5/10AM-4PM

Hop along to Willen Lake for their free Easter trail, suitable for children under 8.

Cost: **FREE**

**Willen Lake, V10 Brickhill St,
Milton Keynes MK15 0DS.**

www.willenlake.org.uk

SHARK IN THE PARK

19 APR (1PM & 5PM), 20 APR (11AM)

Nick Sharratt's Shark in the Park books live on stage! Featuring all 3 in the series. Ages 4+
Cost: £15 standard, £52 Family. Booking essential.

**Quarry Theatre, 26 St Peter's Street,
Bedford, MK40 2NN.**

www.quarrytheatre.org.uk

EASTER WITH MKPA

APR 10TH-17TH/9.30AM-3.30PM

Bounce, climb and create experience at various venues around MK. Check website for details.

Cost: **FREE**

Multiple venues around Milton Keynes.
www.mkpa.co.uk/events/category/play/

SUMMERFIELDS MINIATURE RAILWAYS

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The Summerfield Line will take you between Haynes End Station and Hammer Hill Station.

Cost: £3 return ticket.

**Summerfield Barns, High Road, Haynes
MK45 3BH.**

www.bedfordmes.co.uk

INFLATABLE FAMILY FUN DAYS

17-21 APR/10.30AM-5PM

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Session times: 10:30am-1:30pm & 2pm-5pm.

Cost: **Child £10.**

MK Rugby Club, MK4 2DN
FB: MKRUFC

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FRI 18TH APR, 10AM-4PM

Easter Eggstravaganza in the beautiful grounds of Turvey House Estate.

Cost: **Under 2 FREE, Child all incl. £18.04, Adult £6.13**

**Turvey House, High St, Turvey,
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www.turveyhouse.co.uk

FREE MAZE

MON-SAT (9AM-5PM) SUN (10.30AM-4.30PM)

This free maze is located at the wonderful Roxton Garden Centre

Cost: **FREE.**

**Roxton Garden Centre, Bedford Rd, Roxton,
Bedford MK44 3DY.**

www.britishgardencentres.com

EMILY'S STAR EASTER EGG HUNT

FRI 18 APR/10AM-2PM

Get ready to hunt for hidden letters throughout the The Secret Garden.

Cost: **£6.13. Book online.**

**The Secret Garden, Stratford Road Wolverton
MK13 0DY.**

www.eventbrite.co.uk

*Details are correct at time of printing but may change.
Please check with the venue for up-to-date prices.*

toddle^{about} BABY SHOW

Sat 26th April 2025

The Ridgeway Centre, MK12 5TH

FREE ENTRY
IF YOU BOOK
ONLINE



Back again for the Toddle About Baby Show MK & Bedford!

The excitement is building as we prepare for the Toddle About Baby Show's second year at **The Ridgeway Centre on 26th April 2025**. This event will bring together small, local independent businesses and well-known national brands, all celebrating everything from **pregnancy to preschool** under one roof.

You'll have the chance to meet and learn from children's service providers and parenting experts, and try out and purchase a variety of products. Refreshments and snacks will be available at the venue, and there's plenty of free parking.

To make the day extra special, little ones can enjoy **free soft play, bouncy castle, little mess trays**, and there will be **special guest appearances** from their favourite characters throughout the day, including **Bluey, Chase, Bing** and others.

Visitors can also buy **raffle tickets** for a chance to win fantastic prizes (all listed in the **Baby Show Guide**). We invite the community to nominate local charities that could benefit from the funds raised through the raffle. The chosen charity, **Harry's Rainbow**, will also have the opportunity to raise awareness of their work at the event.

There will be a jam-packed program with activities such as car seat safety and pram demonstrations, baby and toddler first aid, weaning/feeding advice, and much more.

Don't miss the opportunity to engage with experts in parenting and child development who will be available for consultations.



The show is **FREE to attend if you book online**, or £2 per family at the door. Receive one of our **exclusive goody bags** filled with great treats! Goody bags are limited to one per family and will only be available to the first 200 visitors.



Calling all Business Owners

Don't miss out on this amazing opportunity to showcase your products and services. This event is a fantastic platform to reach a highly engaged audience of parents with 0-5s. For the ultimate exposure, **grab one of our last remaining spots for a stage demo opportunity**, where you can showcase your expertise with a live demo or talk! Secure your space now via **toddle.fun/babyshowmk**

Join us for a fun-filled, informative, and community-driven event that celebrates the joys of parenting and early childhood.

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Register for **FREE NOW** via
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Beautiful woven cloth covered hardback book to record precious memories once a year from age one to 16. The only childhood memory journal with prompts for them to answer too, from age three!

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David Burden – new dad

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Babies under 12 months are always welcome at our classes

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lucy@daisyfirstaid.com



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a Little Adventurers' Holiday for up to 6 people at Hendra Holiday Park in Newquay, worth up to £615!



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- A short break in a luxury holiday home caravan in the autumn.
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- A mini 4x4 experience.
- Family ticket to Lappa Valley: Train rides and indoor and outdoor play.
- Free Adventure golf for toddlers.
- Discover more at www.hendra-holidays.com



Enter now at toddle.fun/hendra

Competition closes midnight Friday 27th June 2025. *T&C's apply, see toddle.fun/hendra for details.



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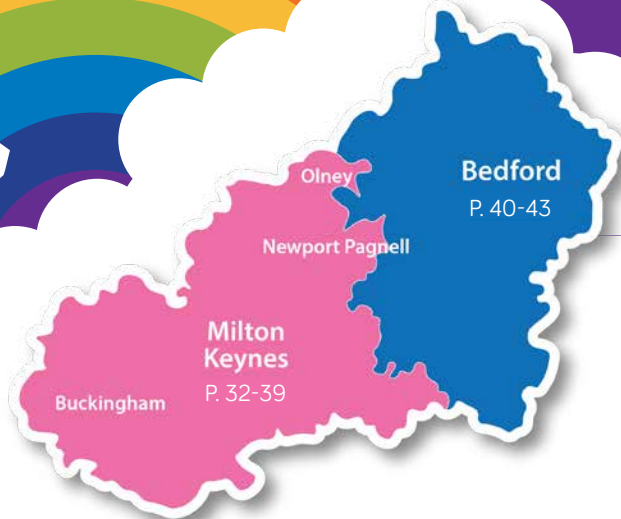
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Multi-award winning dance classes for children aged 6 months to 6 years. Introducing your youngster to exercise at an early age and encouraging them to build healthy habits for life.




Daily Activity Planner

Your local 'What's On Guide' for families with bumps - 5s in MK & Bedford.



MILTON KEYNES & BUCKINGHAM

MONDAY

PARENTS & TOTS

Cornerstone Toddlers

Cornerstone Church, 300 Saxon Gate West, MK9 2ES. 01908 237777 or 07854 762676. www.cornerstonemk.co.uk.

Times: 10:00 - 11:30. **Ages:** 1 mth - 4 yrs 11 mths.

Cost: £1 (drop in).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

Kumon Buckingham

Lace Hill Sports & Community Centre, Catchpin Street, Buckingham, MK18 7Rr. 07368 332229. www.kumon.co.uk.

• **Maths & English Tuition:** 15:15 - 18:45.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 31 Mar - 21 Jul.

Kumon Milton Keynes Bletchley

Freeman Memorial Methodist Church, Buckingham Road, Bletchley, MK3 5HH. 07470 963834. www.kumon.co.uk.

• **Maths & English Tuition:** 16:00 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 31 Mar - 21 Jul.

Kumon Milton Keynes South

Denbigh School, Burchard Crescent, Shenley Church End, MK5 6EX. 07546 642060. www.kumon.co.uk.

• **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 31 Mar - 21 Jul.

MK Multiples

Kents Hill Community Centre, Kents Hill, MK7 6HG.

Times: 10:00 - 12:00. **Ages:** Pregnancy - 5 yrs. **Cost:** £4 (drop in).

Dates: 31 Mar - 14 Apr, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

MUSIC & SIGNING

Cha Char Chimps - MK South

The Oak Tree Centre - Monday, Wallinger Drive, Shenley Brook End, MK5 7GZ. 07445831415. www.cchimps.com.

• **Oak Tree Special Guest - Cinderella:** 10:00 - 11:00.

Cost: £8. **Dates:** 7 Apr.

Music Bugs Milton Keynes

Summerlin Centre Station Rd, Woburn Sands, MK17 8SG. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 0 - 4 yrs. **Cost:** £6.95

(booking essential). **Dates:** 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

Ragdolly Annas

Shenley Brook End Village Hall, Church End Road, Shenley Brook End, MK5 7AA. 07989 713745. www.ragdollyannas.co.uk.

• **Ragdolly Annas Shenley Brook End:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs. **Cost:** £7.95 (booking essential).

Dates: 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

The Quaker Centre, 1 Oakley Gardens, Downhead Park, MK15 9BH. 07809 459648. robotreg.co.uk.

• **MINIS Phonics:** 12:45 - 13:30.

With songs, role play & dancing

Ages: 1 - 3 yrs.

• **Pre-school Phonics:** 13:45 - 14:30.

Fun introduction to Phonics

Ages: 2½ years - 4 yrs 11 mths.

Cost: Free (booking essential).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

The Garden Room

The Garden Room, 41 North Street, Castlethorpe, MK19 7EW. 07702604287.

• **Baby Massage - (6 week course):** 10:30 - 11:30.

Baby Massage Classes (6 week course)

Ages: 0 - 6 mths. **Cost:** £50 (booking essential).

Dates: 31 Mar - 7 Apr.

CREATIVE

Little Mess Milton Keynes

Willen Pavilion, 28 Portland Dr, Willen, MK15 9JP, MK15 9JP.
07715692006. miltonkeynes1.thelittle sensory.co.

- **Messy Play - Willen Pavilion:** 11:00 - 12:00.

Ages: 6 mths - 5 yrs. **Cost:** £9 (booking essential).
Dates: 21 Apr - 19 May.

DANCE & DRAMA

Tot Bop

Pitstone Village Hall, Vicarage Road, Pitstone, Leighton Buzzard,
LU7 9EY. 01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots - Pitstone:** 9:30 - 10:05.

Ages: 1 yrs - 2½ years. **Cost:** £8

- **Baby Boppers - Pitstone:** 10:20 - 11:05.

Ages: 2½ years - 5 yrs. **Cost:** £9.

Dates: 22 Apr - 25 May & 1 Jun - 19th Jul.

PHYSICAL FUN

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR. 0845
313 6712. www.rugbytots.co.uk.

Times: 9:10 - 9:40 & 10:35 - 11:20. **Ages:** 2 - 7 yrs.

Cost: £7 (booking essential). **Dates:** 31 Mar & 28 Apr - 21 Jul.

SWIMMING

Water Babies Bucks & Beds

Revival Health Club Buckingham, A421 Ring Road South,
Buckingham, MK18 1RY. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 11:30. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West,
MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Blechley, MK1 1DX. 07723
020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children
Cost: £7.50 (booking essential).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

PREGNANCY

Vicki Wilkinson Birth & Baby

Restore U, 1 Well Street, Buckingham, MK18 1EW. 07581 559856.
www.vickiwillkinsonbirthandbaby.co.uk.

- **Pregnancy Flow - Buckingham:** 19:30 - 20:30.

Ages: Pregnancy. **Cost:** £11 (booking essential).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.



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9:30 am Toddlers
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Bedford

Fridays @ Putnoe Heights Church

9:30 am Toddlers
10:25am Babies

WITH Piano Accompanist

Orchestral musicians

Bubbles & games

Giant serenade

Parachute & Puppets

www.minimozart.com

TUESDAY

PARENTS & TOTS

Buckinghamshire Family Information Service

Buckingham Family Centre, Chandos Rd, Buckingham, MK18 1AJ.
01296 383293. familyinfo.buckinghamshire.gov.uk.

- **SEND Peer Support:** 10:00 - 12:00.

Cost: Free (drop in). **Dates:** 1 Apr.

Kumon Milton Keynes Central

Monkston Park Community Centre, Pimlico Court (off Plaistow Crescent), Monkston Park, MK10 9PN. 07788 274382.

www.kumon.co.uk.

- **Maths & English Tuition:** 15:15 - 18:15.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 1 Apr - 15 Jul.

Kumon Milton Keynes Giffard Park

Milton Keynes & District Reform Synagogue, 1 Hainault Avenue, MK14 5PQ. 07538031497. www.kumon.co.uk.

- **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 1 Apr - 15 Jul.

Kumon Milton Keynes South

Denbigh School, Burchard Crescent, Shenley Church End, MK5 6EX. 07546 642060. www.kumon.co.uk.

- **Maths & English Tuition:** 16:15 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 1 Apr - 15 Jul.

Kumon Milton Keynes Wolverton

1 Walker Avenue, Stratford Office Village, Wolverton Mill, MK12 5TW. 07533 332494. www.kumon.co.uk.

- **Maths & English Tuition:** 15:00 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 1 Apr - 15 Jul.

Milton Keynes Christian Centre Parent and Toddler Group

Milton Keynes Christian Centre, Strudwick Drive, Oldbrook, MK6 2TG. 01908 670655. mkcc.org.uk.

Times: 10:00 - 11:00. **Ages:** 0 - 4 yrs. **Cost:** £1 (drop in).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

Milton Keynes Central Library

555 Silbury Boulevard, MK9 3HL.

• **Song and Rhyme Time:** 10:00 - 10:30. **Ages:** 0 - 2 yrs.
Free weekly drop-in Baby Songs and Rhymes for the Under 2s.

• **Storytime (MK Central Library):** 10:45 - 11:15.

Free weekly drop-in Storytimes for the Under 5s. **Ages:** 0-5 yrs.

• **Lego & Duplo Club (MK Central Library):** 16:00 - 17:00.

Free weekly drop-in Lego & Duplo Club for all ages. **Ages:** 0 - 17 yrs.
Cost: Free (drop in).

Dates: 1 Apr - 15 Jul & 1 Apr - 15 Jul.

Woburn Sands Library

The Institute, High Street, Woburn Sands, MK17 8SD.

- **Storytime (Woburn Sands Library):** 11:15 - 11:45.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 1 Apr - 15 Jul & 1 Apr - 15 Jul.

Wolverton Library

Town Hall, Creed Street, Wolverton, MK12 5LY.

- **Lego & Duplo Club (Wolverton Library):** 15:30 - 16:30.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 1 Apr - 15 Jul & 1 Apr - 15 Jul.

Winslow Baby and Toddler Group

Winslow Public Hall, Elmfields Gate, Winslow, MK18 3JA.

www.facebook.com.

Times: 10:00 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £2.50 (drop in).

Dates: 1 Apr - 8 Apr, 22 Apr - 13 May, 27 May - 10 Jun & 24 Jun - 8 Jul.

MUSIC & SINGING**Mini Mozart Bedford & Milton Keynes**

St Mary & St Giles Church, 1 Church Street, Stony Stratford, MK11

1FD. 0207 193 1983. www.minimozart.com.

- **Mini Mozart: Babies & Toddlers:** 10:00 - 10:40.

Live toddler music classes led by professional musicians

Ages: 0 - 4 yrs. **Cost:** £12 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

Music Bugs Milton Keynes

360 Play, Roebuck Way, Knowlhill, MK5 8HL. 0844 822 1158.

www.musicbugs.co.uk.

- **Music Bugs (360 Play, MK)**

Get 3 sessions (in a row) as a trial for just £15.00

Times: 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 3 mths - 4 yrs.

Cost: £6.95 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 15 Jul.

TinyTalk Milton Keynes and Olney

Downhead Park Quaker Centre, 1 Oakley Gardens, Downhead

Park, MK15 9BH. 07581 185265. www.tinytalk.co.uk.

- **Toddler Talking:** 9:45 - 10:45.

Speech and language for toddlers

Ages: 1½ years - 3 yrs.

- **Baby Signing:** 11:00 - 12:00.

Baby signing for little ones

Ages: 0 - 2 yrs. **Cost:** £8.50 (booking essential).

Dates: 1 Apr.

SENSORY & DEVELOPMENT**Phonics with Robot Reg Milton Keynes**

East Street Community Centre, East Street, Olney, MK46 4DH.

07809 459648. robotreg.co.uk.

- **MINIS Phonics with Robot Reg:** 13:30 - 14:15.

With songs, role play & dancing

Ages: 1 - 3 yrs. **Cost:** £7.50 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

The Garden Room

The Garden Room, 41 North Street, Castlethorpe, MK19 7EW.

07702604287.

- **Baby Massage - (6 week course):** 10:30 - 11:30.

Baby Massage Classes (6 week course)

Ages: 0 - 6 mths. **Cost:** £50 (booking essential).

Dates: 22 Apr - 27 May.

The Zen Baby Company - Baby Massage and Baby Yoga

St Mary's Community Centre, Warwick Rd, MK3 6AN. 07557348515.

www.thezenbabycompany.co.uk.

- **Stretch and Play:** 10:00 - 11:00.

Ages: 2 - 10 mths. **Cost:** £10 (booking essential).

Dates: 6 May - 20 May & 3 Jun - 15 Jul.

CREATIVE**Little Mess Milton Keynes**

Aspley Guise Village Hall, 9 Woburn Ln, Aspley Guise, MK17 8JS.

07715692006. miltonkeynes1.thelittlemessensory.co.

- **Messy Play - Summer Term 1:** 11:00 - 12:00.

Weekly messy play sessions

Ages: 6 mths - 5 yrs. **Cost:** £45 (drop in).

- **Messy Play - Aspley Guise Village hall - Summer Term 1:** 11:00 - 12:00.

Ages: 6 mths - 5 yrs. **Cost:** £9 (booking essential).

Dates: 22 Apr - 20 May.

SWIMMING**Water Babies Bucks & Beds**

Revival Health Club Buckingham, A421 Ring Road South,

Buckingham, MK18 1RY. 01295 709221.

www.waterbabies.co.uk.

Times: 9:30 - 11:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

Wolverton Swimming & Fitness Centre, Addington Avenue,

Stratford Park, Wolverton, MK12 5GH. 01295 709221.

www.waterbabies.co.uk.

Times: 9:00 - 11:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

HEALTH & WELLNESS**Fit Mummy MK**

Fit Mummy MK, 24 First Avenue, Bletchley, MK1 1DX.

07723 020994. www.fitmummybootcamp.com.

- **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

WEDNESDAY**PARENTS & TOTS****Buckingham Library**

Buckingham Library, Verney Close, Buckingham, MK18 1JP.

01296 382415. www.buckinghamshire.gov.uk.

- **Bounce and Rhyme:** 10:30 - 11:00.

Nursery rhymes, action songs and simple percussion music.

Ages: 0 - 4 yrs. **Cost:** Free (drop in). **Dates:** 2 Apr - 16 Jul.

HANSLOPE BABY AND TODDLER GROUP

Hanslope Recreation Ground, Castlethorpe Rd, Hanslope, MK19

7LG. www.hanslopeparishcouncil.org.

Times: 9:00 - 12:00. **Ages:** 0 - 5 yrs. **Cost:** Free (booking essential).

Dates: 2 Apr - 21 May & 4 Jun - 16 Jul.

Jumping Beans Under 5s stay and playgroup

Springfield Community Hall, Springfield, MK6 3JH. 07962891680.

www.instagram.com.

- **Every Wednesday - All Year Round:** 9:30 - 11:30.

Cost: £4 (booking essential). **Dates:** 2 Apr - 16 Jul.

Kumon Buckingham

Lace Hill Sports & Community Centre, Catchpin Street,

Buckingham, MK18 7RR. 07368 332229. www.kumon.co.uk.

- **Maths & English Tuition:** 15:15 - 18:45.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 2 Apr - 16 Jul.

Kumon Milton Keynes Central

Monkston Park Community Centre, Pimlico Court (off Plaistow

Crescent), Monkston Park, MK10 9PN. 07788 274382.

www.kumon.co.uk.

- **Maths & English Tuition:** 15:15 - 18:15.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking essential). **Dates:** 2 Apr - 16 Jul.



Phonics with Robot Reg

1 YEAR - STARTING SCHOOL

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Our active, high energy classes equip your child with the skills they need to begin their journey into a world of literacy with confidence and enthusiasm.

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communication segmenting language
motor skills confidence



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MUSIC & SIGNING

Music Bugs Milton Keynes

The Methodist Church, Silver Street, Stony Stratford, MK11 1JS.
0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 5 yrs.

Cost: £7.50 (booking essential). **Dates:** 2 Apr.

Times: 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 0 - 5 yrs.

Cost: £6.95 (booking essential).

Dates: 23 Apr - 21 May & 4 Jun - 16 Jul.

Ragdolly Annas

Summerlin Community Centre, 138 Station Road, Woburn Sands,
MK17 8SG. 07989 713745. www.ragdollyannas.co.uk.

• **Ragdolly Annas Woburn Sands:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs.

• **Ragdolly Annas SEND Woburn Sands:** 11:15 - 12:00.

High energy, music and rhyme activity all ages (SEND)

Ages: 0 - 30 yrs.

Cost: £7.95 (booking essential).

Dates: 23 Apr - 21 May & 4 Jun - 16 Jul.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

360 Play, Roebuck Way, Knowhill, MK5 8HL. 07809 459648.
robotreg.co.uk.

• **MINIS Phonics:** 10:00 - 10:45.

With songs, role play & dancing

Ages: 1 - 3 yrs.

• **Pre-school Phonics:** 11:00 - 11:45.

Fun introduction to Phonics

Ages: 2½ years - 4 yrs 11 mths.

Cost: Free (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

SWIMMING

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West,
MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, MK1 1DX. 07723
020994. www.fitmummybootcamp.com.

• **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Kumon Milton Keynes South

Denbigh School, Burchard Crescent, Shenley Church End, MK5
6EX. 07546 642060. www.kumon.co.uk.

• **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking
essential). **Dates:** 2 Apr - 16 Jul.

Kumon Milton Keynes Wolverton

Milton Keynes Wolverton Kumon Study Centre, 1 Walker Avenue,
Stratford Office Village, Wolverton Mill, MK12 5TW. 07533 332494.
www.kumon.co.uk.

• **Maths & English Tuition:** 15:00 - 17:30.

Math & English Tuition for children

Ages: 2 - 16 yrs. **Cost:** £75 per subject per month (booking
essential). **Dates:** 2 Apr - 16 Jul.

Olney Library

High Street, Olney, MK46 4EF.

• **Storytime (Olney Library):** 11:00 - 11:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 2 Apr - 16 Jul.

Newport Pagnell Library

St John Street, Newport Pagnell, MK16 8HQ.

• **Lego & Duplo Club (Newport Pagnell Library):** 15:30 -
16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 2 Apr - 16 Jul & 2 Apr - 16 Jul.



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Award-winning entertainment
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Action songs, props and puppets every week.
Fun & COVID safe environment.
Summer shows running during school holidays!

Book online at:

ccchimps.com/milton-keynes-booking-sasha
or email ness@ccchimps.com



THURSDAY

PARENTS & TOTS

Church Mice

St Peter's & St Paul's Church, Church Street, Olney, MK46 4AD.
01234 712772. olneyparish.org.

Times: 10:30 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** Free (booking essential).
Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Kumon Milton Keynes Bletchley

Freeman Memorial Methodist Church, Buckingham Road,
Bletchley, MK3 5HH. 07470 963834. www.kumon.co.uk.

• **Maths & English Tuition:** 16:00 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 3 Apr - 17 Jul.

Kumon Milton Keynes Central

Monkston Park Community Centre, Pimlico Court (off Plaistow
Crescent), Monkston Park, MK10 9PN. 07788 274382.
www.kumon.co.uk.

• **Maths & English Tuition:** 15:15 - 18:15.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 3 Apr - 17 Jul.

Kumon Milton Keynes Giffard Park

Milton Keynes & District Reform Synagogue, 1 Hainault Avenue,
MK14 5PQ. 07538031497. www.kumon.co.uk.

• **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 3 Apr - 17 Jul.

Kumon Milton Keynes South

Denbigh School, Burchard Crescent, Shenley Church End, MK5
6EX. 07546 642060. www.kumon.co.uk.

• **Maths & English Tuition:** 16:30 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 3 Apr - 17 Jul.

Kumon Milton Keynes Wolverton

Milton Keynes Wolverton Kumon Study Centre, 1 Walker Avenue,
Stratford Office Village, Wolverton Mill, MK12 5TW. 07533 332494.
www.kumon.co.uk.

• **Maths & English Tuition:** 15:00 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 3 Apr - 17 Jul.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

• **Stories, Songs and Rhymes:** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 3 Apr - 17 Jul & 3 Apr - 17 Jul.

Bletchley Library

Westfield Road, Bletchley, MK2 2RA.

• **Storytime (Bletchley Library):** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 3 Apr - 17 Jul & 3 Apr - 17 Jul.

Kingston Library

Winchester Circle, Kingston, MK9 3HL.

• **Storytime (Kingston Library):** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 3 Apr - 17 Jul & 3 Apr - 17 Jul.

Bletchley Library

Westfield Road, Bletchley, MK2 2RA.

• **Lego & Duplo Club (Bletchley Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 3 Apr - 17 Jul & 3 Apr - 17 Jul.

Westcroft Library

Wimbome Crescent, Westcroft, MK4 4DE.

• **Lego & Duplo Club (Westcroft Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 3 Apr - 17 Jul & 3 Apr - 17 Jul.

Noah's Ark Baby & Toddler Group

Whaddon Way Church Centre, Beaverbrook Court, Bletchley, MK3
7JS. 01908 372072. www.whaddonway.church.

Times: 10:00 - 11:30. **Ages:** 0 - 4 yrs. **Cost:** Free (booking essential).

Dates: 3 Apr - 17 Jul.

Steeple Claydon Baby & Toddler Group

The Village Hall, 48 Queen Catherine Rd, Steeple Claydon, MK18
2PY.

• **Steeple Claydon Baby and Toddler Group:** 10:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** £2.50 (drop in). **Dates:** 3 Apr, 24 Apr - 22 May
& 5 Jun - 17 Jul.

MUSIC & SIGNING

Music Bugs Milton Keynes

Portfield Community Centre, 8 Wordsworth Avenue, Newport
Pagnell, MK16 8SB. 0844 822 1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 6 mths - 4 yrs.

Cost: £7.50 (booking essential). **Dates:** 3 Apr.

Times: 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 6 mths - 4 yrs.

Cost: £6.95 (booking essential).

Dates: 24 Apr - 22 May & 5 Jun - 17 Jul.

TinyTalk Milton Keynes and Olney

Wolverton The Old School, Old Wolverton, Wolverton, MK12 5NP.
07581 185265. www.tinytalk.co.uk.

• **Baby Signing:** 10:00 - 11:00 & 11:15 - 12:15.

Baby signing for little ones

Ages: 0 - 2 yrs. **Cost:** £8.50 (booking essential). **Dates:** 3 Apr.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

East Street Community Centre, East Street, Olney, MK46 4DH.
07809 459648. robotreg.co.uk.

• **Pre-school Phonics with Robot Reg Class:** 13:30 - 14:15.

Fun introduction to Phonics

Ages: 2½ years - 4 yrs 11 mths. **Cost:** Free (booking essential).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

The Garden Room

The Garden Room, 41 North Street, Castlethorpe, MK19 7EW.
07702604287.

• **Baby Massage - (6 week course):** 10:30 - 11:30.

Baby Massage Classes (6 week course)

Ages: 0 - 6 mths. **Cost:** £50 (*booking essential*).

Dates: 3 Apr - 10 Apr & 24 Apr - 29 May.

SWIMMING

Water Babies Bucks & Beds

Revival Health Club Buckingham, A421 Ring Road South,
Buckingham, MK18 1RY. 01295 709221. www.waterbabies.co.uk.

Times: 10:30 - 12:00. **Ages:** 0 - 6 yrs.

Cost: £19.50 (*booking essential*).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Nuffield Health - 602 Marlborough Gate, MK9 2HQ. 01295 709221.
www.waterbabies.co.uk.

Times: 13:30 - 14:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 (*booking essential*).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, MK1 1DX. 07723
020994. www.fitmummybootcamp.com.

• **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (*booking essential*).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

FRIDAY

PARENTS & TOTS

Deanshanger Library

Deanshanger Library, Little London Deanshanger, Deanshanger,
MK19 6HT. 0300 126 7000. www.northamptonshire.gov.uk.

• **Rhyme Time:** 14:15 - 14:45.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*). **Dates:** 4 Apr - 18 Jul.

Kumon Milton Keynes Broughton

Broughton Pavilion, 139 Tanfield Lane, Broughton, MK10 9NJ.
07788 274382. www.kumon.co.uk.

• **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (*booking essential*).

Dates: 4 Apr - 18 Jul.

Westcroft Library

Wimborne Crescent, Westcroft, MK4 4DE.

• **Storytime (Westcroft Library):** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Newport Pagnell Library

St John Street, Newport Pagnell, MK16 8HQ.

• **Stories, Songs and Rhymes:** 10:00 - 10:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Wolverton Library

Town Hall, Creed Street, Wolverton, MK12 5LY.

• **Stories, Songs and Rhymes:** 14:00 - 14:30.

Free weekly drop-in Storytimes for the Under 5s.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Woburn Sands Library

The Institute, High Street, Woburn Sands, MK17 8SD.

• **Lego & Duplo Club (Woburn Sands Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Olney Library

High Street, Olney, MK46 4EF.

• **Lego & Duplo Club (Olney Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

• **Friday Lego & Duplo Club (Stony Stratford Library):**
15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Kingston Library

Winchester Circle, Kingston, MK9 3HL.

• **Lego & Duplo Club (Kingston Library):** 15:30 - 16:30.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (*drop in*).

Dates: 4 Apr - 18 Jul, 4 Apr - 11 Apr & 25 Apr - 18 Jul.

Woburn Baby And Toddler Group

Woburn Village Hall, Crawley Road, Woburn, MK17 9QD.
07717883356.

• **Woburn Baby and Toddler Group:** 9:45 - 11:30.

Ages: 0 - 4 yrs. **Cost:** £2.50 (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

MUSIC & SIGNING

Music Bugs Milton Keynes

The Sunshine Centre, Dulverton Drive, Furzton, MK4 1EZ. 0844 822
1158. www.musicbugs.co.uk.

Times: 10:00 - 10:35 & 11:00 - 11:35. **Ages:** 0 - 5 yrs.

Cost: £7.50 (*booking essential*). **Dates:** 4 Apr.

Times: 10:00 - 10:40 & 11:00 - 11:40. **Ages:** 0 - 5 yrs. **Cost:** £6.95
(*booking essential*). **Dates:** 25 Apr - 23 May & 6 Jun - 18 Jul.

Ragdolly Annas

Whitehouse, The Hive (Whitehouse Community Centre), Barrosa
Way, Whitehouse, MK8 1JS. 07989 713745. www.ragdollyannas.co.uk.

• **Ragdolly Annas Whitehouse:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs. **Cost:** £7.95 (*booking essential*).

Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

TinyTalk Milton Keynes and Olney

Willen Pavilion, 24 Portland Drive, MK15 9JP. 07581 185265. www.tinytalk.co.uk.

• **Toddler Talking:** 9:45 - 10:45.

Speech and language for toddlers

Ages: 1½ years - 3 yrs.

• **Baby Signing:** 11:00 - 12:00.

Baby signing for little ones

Ages: 0 - 2 yrs.

Cost: £8.50 (*booking essential*).

Dates: 4 Apr.

SENSORY & DEVELOPMENT

Phonics with Robot Reg Milton Keynes

360 Play, Roebuck Way, Knowhill, MK5 8HL. 07809 459648.
robotreg.co.uk.

• **MINIS Phonics with Robot Reg:** 9:30 - 10:15.

With songs, role play & dancing **Phonics:** 1 - 3 yrs.

• **Pre-school Phonics with Robot Reg Class:** 10:30 - 11:15.

Ages: 2½ years - 4 yrs 11 mths.

Cost: Free (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

Stony Stratford Methodist Church, Silver Street, Stony Stratford,
MK11 1JS. 07809 459648. robotreg.co.uk.

• **Pre-school Phonics with Robot Reg Class:** 13:30 - 14:15.

Fun introduction to Phonics

Ages: 2½ years - 4 yrs 11 mths. **Cost:** Free (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

The Zen Baby Company - Baby Massage and Baby Yoga

Oxley Park Community Centre, Redgrave Drive, Oxley Park, MK4 4TA. 07557348515. www.thezenbabycompany.co.uk.

• **Baby Massage (8 weeks to Crawling) - Oxley Park Community Centre:** 10:00 - 11:00.

Ages: 2 - 10 mths. **Cost:** £10 (booking essential).

Dates: 2 May - 23 May & 6 Jun - 18 Jul.

DANCE & DRAMA

Tot Bop

Billington Village Hall, Gaddesden Turn, Leighton Buzzard, LU7 9BW. 01525 237474 / 07775 582791. www.totbop.co.uk.

• **Tiny Tots** - 9:30 - 10:05.

Ages: 1 yrs - 2½ years. **Cost:** £8

• **Baby Boppers** - 10:20 - 11:05.

Ages: 2½ years - 5 yrs. **Cost:** £9

Dates: 22 Apr - 25 May & 1 Jun - 19th Jul.

SWIMMING

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West, MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 13:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

HEALTH & WELLNESS

Fit Mummy MK

Fit Mummy MK, 24 First Avenue, Bletchley, MK1 1DX. 07723 020994. www.fitmummybootcamp.com.

• **Fit Mummy Bootcamp:** 11:00 - 11:45.

Group fitness for mums with babies and small children

Cost: £7.50 (booking essential).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

SATURDAY

PARENTS & TOTS

DadTime

Kents Hill Community Centre, Frithwood Crescent, Kents Hill, MK7 6HQ. 07887 756651. newcitychurch.co.uk.

Times: 10:00 - 12:00. **Ages:** 0 - 4 yrs. **Cost:** Free (drop in).

Dates: 5 Apr - 19 Jul.

Kumon Buckingham

Lace Hill Sports & Community Centre, Catchpin Street, Buckingham, MK18 7RR. 07368 332229. www.kumon.co.uk.

• **Maths & English Tuition:** 9:30 - 14:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Kumon Milton Keynes Bletchley

Freeman Memorial Methodist Church, Buckingham Road, Bletchley, MK3 5HH. 07470 963834. www.kumon.co.uk.

• **Maths & English Tuition:** 9:00 - 11:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Kumon Milton Keynes Broughton

Broughton Pavilion, 139 Tanfield Lane, Broughton, MK10 9NJ. 07788 274382. www.kumon.co.uk.

• **Maths & English Tuition:** 9:30 - 12:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Kumon Milton Keynes Central

Monkston Park Community Centre, Pimlico Court (off Plaistow Crescent), Monkston Park, MK10 9PN. 07788 274382. www.kumon.co.uk.

• **Maths & English Tuition:** 13:00 - 14:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Kumon Milton Keynes Giffard Park

Milton Keynes & District Reform Synagogue, 1 Hainault Avenue, MK14 5PQ. 07538031497. www.kumon.co.uk.

• **Maths & English Tuition:** 17:00 - 18:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Kumon Milton Keynes Wolverton

Milton Keynes Wolverton Kumon Study Centre, 1 Walker Avenue, Stratford Office Village, Wolverton Mill, MK12 5TW. 07533 332494. www.kumon.co.uk.

• **Maths & English Tuition:** 9:30 - 12:00.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £75 per subject per month (booking essential).

Dates: 5 Apr - 19 Jul.

Milton Keynes Central Library

555 Silbury Boulevard, MK9 3HL.

• **Saturday Lego & Duplo Club (MK Central Library):** 10:00 - 12:00.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 5 Apr - 19 Jul & 5 Apr - 19 Jul.

Olney Library

High Street, Olney, MK46 4EF.

• **Saturday Lego & Duplo Club (Olney Library):** 10:30 - 11:30.

Free monthly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 5 Apr, 3 May, 7 Jun, 5 Jul, 5 Apr, 3 May, 7 Jun & 5 Jul.

Stony Stratford Library

5-7 Church Street, Stony Stratford, MK11 1BD.

• **Saturday Lego & Duplo Club (Stony Stratford Library):** 11:00 - 12:00.

Free weekly drop-in Lego & Duplo Club for all ages.

Ages: 0 - 17 yrs. **Cost:** Free (drop in).

Dates: 5 Apr - 19 Jul & 5 Apr - 19 Jul.

Olney Library

High Street, Olney, MK46 4EF.

• **Saturday Storytime (Olney Library):** 11:00 - 11:30.

Ages: 0 - 7 yrs. **Cost:** Free (drop in).

Dates: 26 Apr, 31 May & 28 Jun.

CREATIVE

Little Mess Milton Keynes

Aspley Guise Village Hall, 9 Woburn Ln, Aspley Guise, MK17 8JS. 07715692006. miltonkeynes1.thelittlemessy.co.

• **Messy Play - Eggstra Big Mess:** 10:30 - 11:30.

Easter-themed messy play

Ages: 6 mths - 5 yrs. **Dates:** 12 Apr.

• **Messy Play - Outer Space:** 10:30 - 11:30.

Space-themed messy play

Ages: 6 mths - 5 yrs. **Dates:** 24 May.

Cost: £10 (drop in).

DANCE & DRAMA

Tot Bop

Pages Park Pavilion, Richmond Road, Leighton Buzzard, LU7 4RF.
01525 237474 / 07775 582791. www.totbop.co.uk.

• **Tiny Tots** - 8:45 - 9:15.

Ages: 1 yrs - 2½ years. **Cost:** £8

• **Baby Boppers** - 9:30 - 10:15.

Ages: 2½ years - 3½ years. **Cost:** £9

• **Funky Monkeys (age 3.5-5; preschool & reception year)**
- 10:30 - 11:15.

Ages: 3½ years - 5 yrs 11 mths. **Cost:** £9

• **Groovy Movers (age 5-9; school years 1-4)** - 11:30 - 12:15.

Ages: 5 - 9 yrs. **Cost:** £9

Dates: 22 Apr - 25 May & 1 Jun - 19th Jul.

PHYSICAL FUN

Rugbytots (Milton Keynes & Bedford)

Lace Hill Academy, Catchpin Street, Buckingham, MK18 7RR. 0845
313 6712. www.rugbytots.co.uk.

Times: 8:35 - 9:05, 9:45 - 10:30 & 11:25 - 12:10.

Ages: 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 26 Apr - 19 Jul.

Rugbytots (Milton Keynes & Bedford)

Shenley Brook End School, Walbank Grove, Shenley Brook End, MK5 7ZT. 0845
313 6712. www.rugbytots.co.uk.

Times: 9:00 - 9:30, 9:40 - 10:25, 10:35 - 11:05 & 11:15 - 12:00.

Ages: 2 - 7 yrs. **Cost:** £7 (booking essential).

Dates: 26 Apr - 19 Jul.

SWIMMING

Water Babies Bucks & Beds

Holiday Inn Hotel, Milton Keynes Central, 500 Saxon Gate West,
MK9 2HQ. 01295 709221. www.waterbabies.co.uk.

Times: 8:00 - 13:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 5 Apr, 26 Apr - 17 May & 7 Jun - 19 Jul.

Water Babies Bucks & Beds

Milton Keynes University Hospital, Standing Way, Eaglestone, MK6
5LD. 01295 709221. www.waterbabies.co.uk.

Times: 9:30 - 10:00. **Ages:** 0 - 6 yrs. **Cost:** £19.50 (booking essential).

Dates: 5 Apr, 26 Apr - 17 May & 7 Jun - 19 Jul.

OTHER

Little Poppets Preloved Market - Milton Keynes

Medbourne Pavilion, 31 Pascal Dr, Medbourne, MK5 6LS.
07894 126753. www.littlepoppetsprelovedmarket.co.uk.

• **Medbourne Pavilion baby & children's nearly new sales:**
15:00 - 16:30.

Ages: Pregnancy - 8 yrs. **Cost:** £1.50 (booking essential).

Dates: 5 Apr & 7 Jun.

Toddle About Milton Keynes & Bedford

The Ridgeway Centre, MK, Featherstone Rd, Wolverton Mill,
Wolverton, MK12 5TH. 01908 596050. www.toddleabout.co.uk.

• **Baby Show MK - PARENT BOOKING:**

Cost: Free to book online or £2 donation at door.

Dates: 26 Apr, 10:00 - 14:00. **Ages:** Everyone welcome.

SUNDAY

PHYSICAL FUN

Rugbytots (Milton Keynes & Bedford)

Hazeley Academy, Emperor Dr, Hazeley, MK8 OPT. 0845 313 6712.
www.rugbytots.co.uk.

• **Rugbytots Milton Keynes (Hazeley Academy):** 9:10 - 9:40,
9:45 - 10:30 & 22:35 - 23:20.

Rugbytots is fun, structured play sessions

Ages: 2 yrs - 3 yrs 5 mths. **Cost:** £7 (booking essential).

Dates: 27 Apr - 20 Jul.

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SWIMMING

Water Babies Bucks & Beds

Wolverton Swimming & Fitness Centre, Addington Avenue,
Stratford Park, Wolverton, MK12 5GH. 01295 709221.
www.waterbabies.co.uk.

Times: 15:00 - 18:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 6 Apr, 27 Apr - 18 May & 8 Jun - 20 Jul.

Nuffield Health - 602 Marlborough Gate, MK9 2HQ. 01295 709221.
www.waterbabies.co.uk.

Times: 14:30 - 17:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 6 Apr, 27 Apr - 18 May & 8 Jun - 20 Jul.

OTHER

Little Poppets Preloved Market - Milton Keynes

Old Stratford Community Hall, Deanshanger Road, Old Stratford,
MK19 6NL. 07894 126753.

www.littlepoppetsprelovedmarket.co.uk.

• **Old Stratford baby & children's nearly new sales:** 11:00
- 12:30.

Old Stratford baby & children's nearly new sales

Ages: Pregnancy - 8 yrs. **Cost:** £1.50 (booking essential).

Dates: 4 May.

Broughton Pavilion, 139 Tanfield Lane, Broughton, MK10 9NJ.

07894 126753. www.littlepoppetsprelovedmarket.co.uk.

• **Broughton Pavilion baby & children's nearly new sales:**
15:00 - 16:30.

Ages: Pregnancy - 8 mths. **Cost:** £1.50 (booking essential).

Dates: 6 Jul.

BEDFORD

MONDAY

PARENTS & TOTS

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178. virtual-library.culturalsservices.net.

- **Baby Rhymetime (Bedford Central Library):** 11:30 - 12:00.

Ages: 0 - 1½ yrs. **Cost:** Free (booking essential).

Dates: 31 Mar - 21 Jul.

Bedford North Kumon Study Centre

Faces, The Centre, 147 Church Lane, Bedford, MK41 0PW. 07341 583675. www.kumon.co.uk.

- **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £70 per subject per month (booking essential).

Dates: 31 Mar - 21 Jul.

Bromham Benefice

St Owen's Church Bromham, Bromham, Bedford, MK43 8HH. www.bromhambenefice.org.

- **Messy Morning:** 11:30 - 13:30.

Ages: 0 - 5 yrs. **Cost:** £2 (booking essential).

Dates: 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 14 Jul.

The Parish Church of Transfiguration

Transfiguration Church - Kempston, Bedford Road, Kempston, MK42 8QB. 01234 854726. www.transfiguration.org.uk.

- **Transfig Tots:** 9:15 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (drop in). **Dates:** 31 Mar, 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

MUSIC & SIGNING

Ragdolly Annas

Pages Park Pavilion, Pages Park, Billington Road, Leighton Buzzard, LU7 4TG. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Pages Park:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs. **Cost:** £7.95 (booking essential).

Dates: 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

PHYSICAL FUN

Funtivity Play Village

Funtivity Play Village, Waterborne Walk, Leighton Buzzard, LU7 1DH. 07863 296087. funtivityplayvillage.co.uk.

- **Funtivity Play Village:** 9:30 - 11:30 & 12:00 - 14:00.

children's role play sessions

Ages: 0 - 8 yrs. **Cost:** £9.95 (booking essential).

Dates: 28 Apr, 12 May - 19 May & 2 Jun - 21 Jul.

TUESDAY

PARENTS & TOTS

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178. virtual-library.culturalsservices.net.

- **Building Block Play for Over 1s:** 11:00 - 13:00.

Ages: 1 - 5 yrs. **Cost:** Free (drop in).

- **Rhymetime (Bedford Central Library):** 14:00 - 14:30.

Ages: 1½ yrs - 5 yrs. **Cost:** Free (booking essential).

Dates: 1 Apr - 15 Jul.

Great Barford Tots & Teenies

Great Barford Village Hall, Fishers Close, Great Barford, Bedford, MK44 3HA. 07970114030.

Times: 9:45 - 11:30. **Ages:** 0 - 5 yrs. **Cost:** £3 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

MUSIC & SIGNING

Ragdolly Annas

Parkside Community Hall, Woburn Street, Ampthill, MK45 2HX. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Ampthill:** 10:00 - 10:45.

High energy, music and rhyme activity for the 0-5's

Ages: 0 - 5 yrs. **Cost:** £7.95 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 15 Jul.

Ragdolly Annas

Astral Park Community Centre, Johnson Drive, Leighton Buzzard, LU7 4AY. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Astral Park Babies:** 11:15 - 12:00.

Ages: 0 - 1 yrs. **Cost:** £7.95 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 15 Jul.

DANCE & DRAMA

Tappy Toes Bedford

Lidlington Village Hall, High Street, Lidlington, Bedford, MK43 0RN. 07779159710. www.tappytoes.com.

- **Mixed class:** 10:15 - 10:45.

Ages: 1½ yrs - 4 yrs. **Cost:** £8 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 21 Jul.

Harrold Village Hall, High St, Harrold, Bedford MK43 7BH.

07779159710. www.tappytoes.com.

- **Mixed class:** 14:30 - 15:00.

Ages: 1½ yrs - 4 yrs. **Cost:** £8 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 21 Jul.

SWIMMING

Water Babies Bucks & Beds

Clophill Pool, 22 Back Street, Clophill, MK45 4BY. 01295 709221. www.waterbabies.co.uk.

Times: 12:30 - 14:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 1 Apr, 22 Apr - 20 May & 3 Jun - 15 Jul.

WEDNESDAY

PARENTS & TOTS

All Nations Church Bedford

All Nations Church Bedford, Brickhill Drive, Bedford, MK41 7QF. 01234 273773. www.allnationsbedford.org.

- **New Mums and Babies:** 10:30 - 12:00.

Ages: 0 - 1 yrs. **Cost:** Free (drop in).

- **Stay & Play:** 13:30 - 15:00.

Ages: 0 - 4 yrs. **Cost:** £1 (drop in).

Dates: 2 Apr - 16 Jul.

Bedford North Kumon Study Centre

Faces, The Centre, 147 Church Lane, Bedford, MK41 0PW. 07341 583675. www.kumon.co.uk.

- **Maths & English Tuition:** 15:30 - 18:30.

Math & English Tuition for children

Ages: 2 - 16 yrs.

Cost: £70 per subject per month (booking essential).

Dates: 2 Apr - 16 Jul.

Busy Tots Silsoe

Silsoe Village Hall, Village Hall, Silsoe, MK45 4DY. 07882418770.

- **Busy Tots Playgroup:** 10:00 - 12:00.

Ages: 0 - 4 yrs. **Cost:** £4 (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Christ Church Bedford

Christ Church Bedford, 140 Dudley Street, Bedford, MK40 3SX. 01234 327150. ccbedford.churchinsight.com.

- **Little Fishes:** 13:30 - 14:45.

Ages: 0 - 1 yrs. **Cost:** Free (drop in).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Sharnbrook Tiny Tots

Sharnbrook Village Hall, Lodge Road, Sharnbrook, Bedford, MK44 1JP.

- **Sharnbrook Tiny Tots Playgroup:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** £2.50 (drop in).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

DANCE & DRAMA

Tappy Toes Bedford

Stewartby Village Hall, Stewartby Way, Stewartby, Bedford MK43 9LU. 07779159710. www.tappytoes.com.

- **Mixed class:** 14:15 - 14:45.

Ages: 1½ years - 4 yrs. **Cost:** £8 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 21 Jul.

MUSIC & SINGING

Ragdolly Annas

The Recreation Rooms, Mentmore Road, Linslade, Leighton Buzzard, LU7 2NZ. 07989 713745. www.ragdollyannas.co.uk.

- **Ragdolly Annas Linslade:** 10:00 - 10:45.

Cost: £7.95 (booking essential).

Dates: 23 Apr - 21 May & 4 Jun - 16 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU70LB.

- **Swimkidz South Bucks (Cottesloe physio):** 10:00 - 12:00.

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

Water Babies Bucks & Beds

Trinity Arts & Leisure, Bromham Road, Bedford, MK40 2BS. 01295 709221. www.waterbabies.co.uk.

Times: 12:15 - 13:45. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 2 Apr, 23 Apr - 21 May & 4 Jun - 16 Jul.

THURSDAY

PARENTS & TOTS

Bedford Central Library

Harpur Street, Bedford, MK40 1PG. 01234 718178. virtual-library.culturalservices.net.

- **Rhymetime (Bedford Central Library):** 11:30 - 12:00.

Ages: 1½ years - 5 yrs. **Cost:** Free (booking essential).

Dates: 3 Apr - 17 Jul.

Bromham Benefice

St Mary's Church, Oakley, Church Lane, Oakley, Bedford, MK43 7RU. www.bromhambenefice.org.

- **Messy Morning:** 10:00 - 11:45.

Ages: 0 - 5 yrs. **Cost:** £2 (booking essential).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Jolly Tots

London Road Methodist Church, 96 London Road, Bedford, MK42 0NT.

Times: 9:15 - 11:15. **Ages:** 0 - 5 yrs. **Cost:** £1 (drop in).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Providence Baptist Chapel Bedford

Providence Baptist Chapel, Rothsay Road, Bedford, MK40 3PT. 07976 846159. providencechapel.org.uk.

- **Providence Parents and Toddlers:** 10:00 - 11:30.

Ages: 0 - 5 yrs. **Cost:** Free (drop in).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

DANCE & DRAMA

Tot Bop

Wing Village Hall, 71 Leighton Road, Wing, Leighton Buzzard, LU7 0NN. 01525 237474 / 07775 582791. www.totbop.co.uk.

- **Tiny Tots - Wing:** 9:30 - 10:05.

Ages: 1 yrs - 2½ years. **Cost:** £8

- **Baby Boppers - Wing:** 10:20 - 11:05.

Ages: 2½ years - 5 yrs.

Cost: £9

Dates: 22 Apr - 25 May & 1 Jun - 19th Jul.

Tappy Toes Bedford

Cranfield Community Centre, Thillans, Cranfield, Bedford MK43 0FZ. 07779159710. www.tappytoes.com.

- **Teeny Toes:** 9:15 - 9:45.
- **Toddle Toes:** 10:00 - 10:30.
- **Tots Toes:** 10:30-11:00.

Ages: 1½ years - 4 yrs. **Cost:** £8 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 21 Jul.

Marston Community Centre, Great Linns, Marston Moretaine, Bedford MK43 0DD. 07779159710. www.tappytoes.com.

- **Mixed class:** 14:30 - 15:00.

Ages: 1½ years - 4 yrs. **Cost:** £8 (booking essential).

Dates: 22 Apr - 20 May & 3 Jun - 21 Jul.

PHYSICAL FUN

Funtivity Play Village

Funtivity Play Village, Waterborne Walk, Leighton Buzzard, LU7 1DH. 07863 296087. funtivityplayvillage.co.uk.

- **Funtivity Play Village:** 9:30 - 11:30 & 12:00 - 14:00.

children's role play sessions

Ages: 0 - 8 yrs. **Cost:** £9.95 (booking essential). **Dates:** 24 Apr - 22 May & 5 Jun - 17 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU70LB.

- **Swimkidz South Bucks (Cottesloe physio):** 10:00 - 12:00.

Ages: 8 mths. **Cost:** £15 (booking essential).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Water Babies Bucks & Beds

Clophill Pool, 22 Back Street, Clophill, MK45 4BY. 01295 709221. www.waterbabies.co.uk.

Times: 10:00 - 12:30. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

Trinity Arts & Leisure, Bromham Road, Bedford, MK40 2BS.

01295 709221. www.waterbabies.co.uk.

Times: 9:45 - 11:15. **Ages:** 0 - 6 yrs.

Cost: £19.50 (booking essential).

Dates: 3 Apr, 24 Apr - 22 May & 5 Jun - 17 Jul.

FRIDAY

PARENTS & TOTS

Christ Church Bedford

Christ Church Bedford, 140 Dudley Street, Bedford, MK40 3SX. 01234 327150. ccbedford.churchinsight.com.

- **Morning Out:** 9:30 - 11:00.

Ages: 0 - 4 yrs. **Cost:** £2 (drop in).

- **Forge - after school club:** 15:30 - 16:45.

Ages: 9 - 11 yrs. **Cost:** Free (booking essential).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

Clophill Toddler Group

Clophill Village Hall, Kiln Lane, Clophill, Bedford, MK45 4DA.

Times: 10:00 - 11:30. **Ages:** 0 - 3 yrs. **Cost:** £3 (drop in).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

FACES Bedford

Kingsbrook Children's Centre, Oak Road, Cavin Way, Bedford, MK42 0HL. 01234270601. www.facesbedford.org.

- **Multi-Tots:** 10:00 - 12:00.

Term-time group for parents with twins/triplets aged 0-5

Ages: Pregnancy - 5 yrs. **Cost:** £3 (*drop in*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

St Mary's Church, Marston Moreteyne and Lidlington

St Mary's Church, Marston Moreteyne and Lidlington, Church Walk, Bedford, MK43 ONR. www.stmarysmarston.org.

- **Tea and Tots:** 9:30 - 11:00.

Ages: 0 - 5 yrs. **Cost:** Free (*drop in*).

Dates: 11 Apr, 9 May, 13 Jun, 11 Jul, 25 Apr, 23 May & 27 Jun.

MUSIC & SIGNING

Mini Mozart Bedford & Milton Keynes

Putnoe Heights Church, Putnoe Heights, Bedford, MK41 8EB. 0207 193 1983. www.minimozart.com.

- **Mini Mozart Toddlers:** 9:30 - 10:10.

Live toddler music classes led by professional musicians

Ages: 1 yrs 4 mths - 4 yrs.

- **Mini Mozart Babies:** 10:25 - 11:05.

Live music classes for babies led by professional musicians

Ages: 0 - 1 yrs 4 mths.

Cost: £12 (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

DANCE & DRAMA

Tot Bop

St Leonard's Lower School, Thrift Road, Heath and Reach, Leighton Buzzard, LU7 0AX. 01525 237474 / 07775 582791. www.totbop.co.uk.

- **TB Dance Club at St Leonard's Lower School:** 15:30 - 16:15.

Ages: 4 - 9 yrs. **Cost:** £9 (*booking essential*).

Dates: 22 Apr - 25 May & 1 Jun - 19th Jul.

PHYSICAL FUN

Funtivity Play Village

Funtivity Play Village, Waterborne Walk, Leighton Buzzard, LU7 1DH. 07863 296087. funtivityplayvillage.co.uk.

- **Funtivity Play Village:** 9:30 - 11:30 & 12:00 - 14:00.

children's role play sessions

Ages: 0 - 8 yrs. **Cost:** £9.95 (*booking essential*).

Dates: 25 Apr - 23 May & 6 Jun - 18 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU70LB.

- **Swimkidz South Bucks (Cottesloe physio):** 9:30 - 12:00.

Ages: 8 mths. **Cost:** £15 (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

Water Babies Bucks & Beds

Pilgrims Prep School, Brickhill Dr, Bedford, MK41 7QZ. 01295 709221. www.waterbabies.co.uk.

- **Water Babies - Pilgrims Prep School:** 9:00 - 11:30.

Ages: 0 - 6 yrs. **Cost:** £19.50 (*booking essential*).

Dates: 4 Apr, 25 Apr - 23 May & 6 Jun - 18 Jul.

SATURDAY

PARENTS & TOTS

Bedford Borough Libraries

Bedford Central Library, Harpur Street, Bedford, MK40 1PG. 01234 718178. virtual-library.culturalservices.net.

- **Lego Club:** 11:00 - 15:00.

Cost: Free (*drop in*). **Dates:** 5 Apr - 19 Jul.

PHYSICAL FUN

Funtivity Play Village

Funtivity Play Village, Waterborne Walk, Leighton Buzzard, LU7 1DH. 07863 296087. funtivityplayvillage.co.uk.

- **Funtivity Play Village**

children's role play sessions

Times: 9:30 - 11:30 & 14:30 - 16:30. **Dates:** 26 Apr - 17 May & 7 Jun - 19 Jul.

Times: 12:00 - 14:00. **Dates:** 26 Apr - 24 May & 7 Jun - 19 Jul.

Ages: 0 - 8 yrs.

Cost: £9.95 (*booking essential*).

Joey Football

Great Ouse Primary Academy, Seaforth Gardens, Bedford, MK40 4TJ. facebook.com.

- **Joey Football Classes (18mths - 2.5 years):** 8:00 - 8:45.
- **Joey Football Classes (2.5 - 3.5 years):** 9:00 - 9:45.
- **Joey Football Classes (3.5 - 5 years):** 10:00 - 10:45.
- **Joey Football Classes (5 - 7 years):** 11:00 - 11:45.

Fun indoor football sessions for toddlers

Ages: 5 - 7 yrs. **Cost:** Free (*drop in*). **Dates:** 26 Apr - 19 Jul.

Rugbytots (Milton Keynes & Bedford)

Great Denham Community Hall, Great Denham, Bedford, MK40 4GP. 0845 313 6712. www.rugbytots.co.uk.

- **Rugbytots**

Rugbytots is a fun, structured play session.

Times: 8:35 - 9:05, 9:10 - 9:40, 9:45 - 10:30 & 10:35 - 11:20.

Ages: 2 - 7 yrs. **Cost:** £7.50 (*booking essential*).

Times: 11:25 - 12:10. **Ages:** 2 - 7 yrs. **Cost:** £7 (*booking essential*).

Dates: 26 Apr - 19 Jul.

Redborne Upper School, Flitwick Road, Amptill, Bedford, MK45 2NU. 0845 313 6712. www.rugbytots.co.uk.

Times: 8:35 - 9:05, 9:10 - 9:40, 9:45 - 10:30 & 10:35 - 11:20.

Ages: 2 - 7 yrs. **Cost:** £7.50 (*booking essential*).

Times: 11:25 - 12:10. **Ages:** 2 - 7 yrs. **Cost:** £7 (*booking essential*).

Dates: 26 Apr - 19 Jul.

SWIMMING

Swimkidz South Bucks

Cottesloe Physio, Old Park Farm, Cublington Rd, Wing, Leighton Buzzard, LU70LB.

- **Swimkidz South Bucks (Cottesloe physio):** 8:30 - 11:30.

Ages: 8 mths. **Cost:** £15 (*booking essential*).

Dates: 26 Apr - 17 May & 7 Jun - 19 Jul.

Water Babies Bucks & Beds

Pilgrims Prep School, Brickhill Dr, Bedford, MK41 7QZ. 01295 709221. www.waterbabies.co.uk.

- **Water Babies - Pilgrims Prep School:** 12:30 - 17:30.

Ages: 0 - 6 yrs. **Cost:** £19.50 (*booking essential*).

Dates: 5 Apr, 26 Apr - 17 May & 7 Jun - 19 Jul.

SUNDAY

PARENTS & TOTS

Bedford Borough Libraries

Bedford Central Library, Harpur Street, Bedford, MK40 1PG.
01234 718178. virtual-library.cultural.services.net.

- **Sunday Funday**: 11:30 - 13:30.

Cost: Free (drop in). **Dates:** 6 Apr - 20 Jul.

PHYSICAL FUN

Funtivity Play Village

Funtivity Play Village, Waterborne Walk, Leighton Buzzard, LU7 1DH. 07863 296087. funtivityplayvillage.co.uk.

- **Funtivity Play Village**: 9:30 - 11:30, 12:00 - 14:00 & 14:30 - 16:30.

children's role play sessions

Ages: 0 - 8 yrs. **Cost:** £9.95 (booking essential). **Dates:** 27 Apr - 18 May & 8 Jun - 20 Jul.

Joey Football

Brickhill Community Centre, Avon Drive, Bedford, MK41 7AF.
facebook.com.

- **Joey Football Classes (18mths - 2.5 years)**: 10:00 - 10:45.
- **Joey Football Classes (2.5 - 3.5 years)**: 10:00 - 10:45.
- **Joey Football Classes (3.5 - 5 years)**: 11:00 - 11:45.
- **Joey Football Classes (5 - 7 years)**: 12:00 - 12:45.

Fun indoor football sessions for toddlers

Ages: 5 - 7 yrs. **Cost:** Free (drop in).

Dates: 27 Apr - 20 Jul.

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