

**NEW
2026
EDITION**

Sterosport Buyers Guide

Your ultimate destination for Sports Medicine products, contacts, knowledge & information

30 Years
working with
physiotherapists
and sports
professionals

2026 | Version 6

Page 27

Injury Rehab Network

Hosting unmissable events with BASRaT

Page 21

Specialist Cyclist First Aid Kits

Take a look at our Sterosport Activ kits

Order Online 24/7

Two Websites for More Choice

Visit [sterosport.co.uk](https://www.sterosport.co.uk) and [steroplast.co.uk](https://www.steroplast.co.uk)

Page 20

Manchester FA First Aid Kit

Pitch-ready first aid kits for football injuries

Page 10-11

Pharmaceutical Supplies

From an MHRA licensed supplier



Read the **NEW** Steroplast Buyers Guide

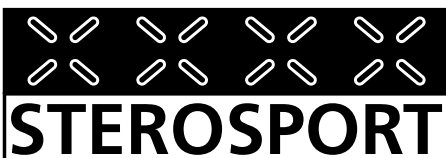


VIEW ONLINE

Take a look at our 2-in-1 Catalogue for Professional Healthcare Buyers

- Features Workplace First Aid & Advanced Life Support Products
- Take the workplace First Aid Assessment to find out what you need
- View our extensive range of Emergency & Trauma supplies

NEW



A division of Steroplast Healthcare.

Call us to order direct or shop online
at www.sterosport.co.uk

0161 902 3047 | info@sterosport.co.uk

Rated "Excellent"  by our customers

Keep up
with the
Injury Rehab
Network
on page 27


We've spent over 30 years working with physiotherapists & sports professionals

Sterosport brings a highly sought after source of knowledge, information, products and contacts to help like-minded people in the sporting community


When you're looking to save time and money buying tried and tested sports rehabilitation tapes and strappings, advanced life support and a reliable comprehensive range of medical essentials, or you're just after an expert's opinion and advice, Sterosport really can help!

Visit www.sterosport.co.uk, or contact us on info@sterosport.co.uk or call 0161 902 3047

STEROSPORT is a division of Steroplast Healthcare Ltd.



A comprehensive range of advanced life support, pharmaceuticals and medical essentials
www.steroplast.co.uk



Own label options on sports kits, plus a wide range of quality products for sports professionals
www.sterosport.co.uk

Which?

#1 in the UK: Which? Recommended

Our Elastic Fabric Plaster (Page 14) was put through a series of tough tests by Which?, the 100% independent UK consumer champion, to find out which plaster from major UK brands was the most reliable and cost-effective.

Read more in our article online *"Steroplast Fabric Plasters Voted Best in the UK by Which?"*

Why choose Sterosport?

- 

Trusted by professionals with decades of experience
Sterosport is the dedicated sports division of a long-established healthcare supplier with **30+ years of experience** working alongside physiotherapists, sports teams and rehabilitation practitioners.
- 

Comprehensive range of practical products
The range covers sports first aid, injury management and rehabilitation essentials that are practical, reliable and suited to everyday use in training rooms, clinics and pitch-side settings.
- 

Support beyond products
We connect our customers with ongoing education and professional development opportunities through our **Injury Rehab Network** events and **online taping courses**, bringing insights from experienced clinicians and experts in sports medicine.

Premium sports brands we supply:



Rated "Excellent"



★★★★★
"Good value products. Solid customer service. Recommended!"

★★★★★
"Very quick delivery and was really pleased with the quality of items, better than expected, will definitely use again."

★★★★★
"Super fast delivery and informative from start to finish. Highly recommend."

★★★★★
"Great products and good prices. Easy to use web page. Fast delivery."

Contents

Bandages & Wound Dressings

04-05	General Bandages	NEW
06	Finger Bandages	
06	Low Adherent Dressings	
07	Wound Care Essentials	
07	Plasters & Suturing Products	
08	Triangular & Tubular Dressings	

Hot & Cold Therapy

09	Ice Bags & Ice Packs
09	Heat Rub & Spray
09	Cooling Bandages

Tapes & Strapping

12	Medical Tapes	
12	Taping Accessories	NEW
13	Sports Tapes	NEW

Plasters & Dressing Strips

14	Blister Plasters
14	Fabric Plasters

Support & Rehab Products

15	Massagers
15	Actimove® Supports

Strength & Stability Training

16	Resistance Bands
16	Foam Rollers
17	Yoga & Pilates Equipment
17	Strength & Stability Equipment

Sports Recovery Products

18	Acupuncture Needles	
18-19	Creams, Lotions, Oils & Gels	NEW

Sports First Aid

20	Sports First Aid Kits
21	Sterosport Activ Cycling First Aid Kits

Emergency & Trauma

22	Emergency First Aid Bags
23	Splints & Stretchers
24	Bleed Control & Haemostats
25	Chest Seals & Trauma Dressings
26	Blizzard Survival
26	Blankets & Bedding



Page 20
Manchester FA
First Aid Kits



Page 10-11
Pharmaceutical
Supplies



Page 21
Sterosport Activ Specialist First Aid Kits



Page 19
Wintergreen®
Sports Products



Page 22
Emergency Pitch-Side
Backpacks

Bandages & Wound Dressings

Developed for treating minor to major injuries with confidence and ease.

Our range of wound dressings and bandages is massive, catering to at-home and professional use for a variety of wound types and healing stages. Suitable for use at home, pitch-side, and in club environments, these products match the standards relied upon by healthcare professionals.

General Bandages

Available in multiple sizes and materials, these essential bandages provide effective support for everyday injuries and medical care.

Steroply White Conforming Bandage

SKU	SIZE	QTY
3051	5cm x 4m	12 Rolls
3052	7.5cm x 4m	12 Rolls
3053	10cm x 4m	12 Rolls
3054	15cm x 4m	12 Rolls

Sterocrepe Crepe Bandage

SKU	SIZE	QTY
3056/6	5cm x 4.5m	6 Rolls
3057/6	7.5cm x 4.5m	6 Rolls
3058/6	10cm x 4.5m	6 Rolls
3059/6	15cm x 4.5m	6 Rolls

White Open Weave WOW Cotton Bandages

SKU	SIZE	QTY
3048	5cm x 5m	12 Rolls
3049	7.5cm x 5m	12 Rolls

Steroban Premium Elastic Cohesive Bandage

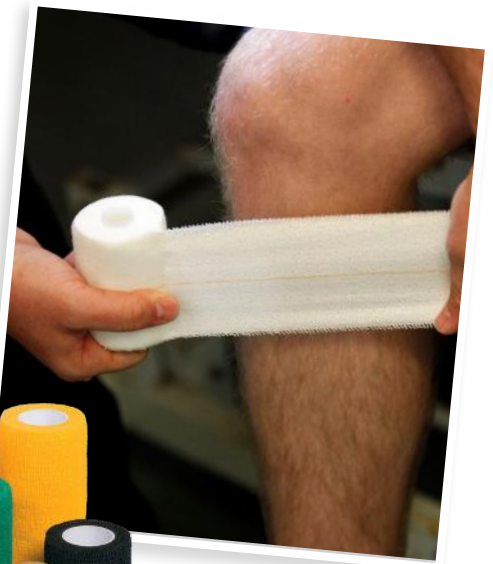
SKU	SIZE	QTY
1600LF	2.5cm x 4.5m	24 Rolls
1606LF	5cm x 4.5m	12 Rolls
1612LF	7.5cm x 4.5m	12 Rolls
1618LF	10cm x 4.5m	30 Rolls
2095W	10cm x 4.5m	12 Rolls

Product details for White Elastic Cohesive Bandage. Also available in a range of colours. Please see website for details.

Steroplast Elastic Adhesive Bandage (EAB)

SKU	SIZE	QTY
2092W	2.5cm x 4.5m	60 Rolls
2093W	5cm x 4.5m	30 Rolls
2094W	7.5cm x 4.5m	30 Rolls
2095W	10cm x 4.5m	30 Rolls

Enquire for pricing and distributor rates



SKU: 1632LF



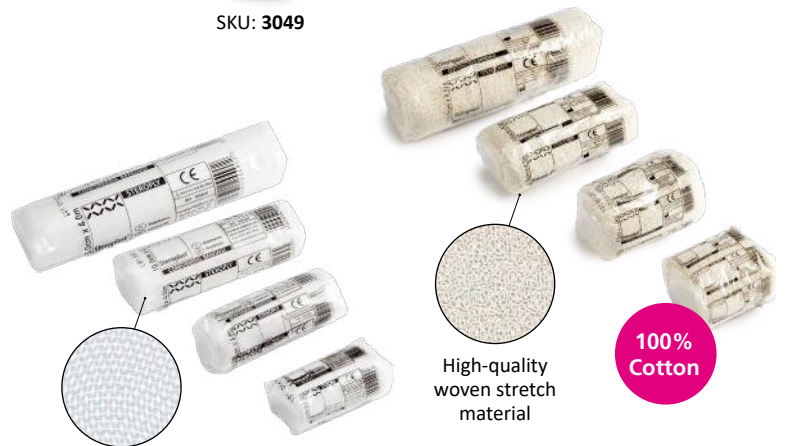
100% Cotton

Unique loose weave construction

SKU: 3049



SKU: 9095W



High-quality woven stretch material

100% Cotton

High-quality fray resistant material

Steroplast EAB Tearlite

Tears easily by hand, perfect for sensitive skin

SKU	COLOUR	SIZE	PACK SIZE
2082TL	White	2.5cm x 4.5m	36
2083TL	White	5cm x 4.5m	12
2084TL	White	7.5cm x 4.5m	12
2085TL	Black	5cm x 6.9m	12
2086TL	Black	7.5cm x 6.9m	12

Now available in Black | 5cm or 7.5cm x 6.9m

- The tearlite quality allows for ultra quick application
- Latex free adhesive bandage
- Distinctive textured-linear pattern in cotton

Latex Free



Enquire for pricing and distributor rates

Leukotape Foam

Leukotape Foam provides cushioning, support and protection around bony prominences. It can be used in conjunction with taping and bandaging.

- ☑ Helps to provide uniform pressure around bony prominences, creating a better level of comfort for your user
- ☑ Can be fixed to the skin with Tensospray
- ☑ Flexible and can be applied to strongly contoured body regions

SKU	SIZE	PACK SIZE
WSTE0615	30cm x 20cm x 4mm	10

Cut to size



Cut to size

Hypafix Tape

Hypafix dressing tape is a highly adhesive fixation tape that can secure medical devices as well as dressings to the skin without painful removal.

- ☑ Permeable to air and water
- ☑ Flexible and stretchable material stays on joints that frequently move
- ☑ Radiotransparent - No need to remove for x-ray

SKU	SIZE	PACK SIZE
6857	5cm x 10m	1
6858	10cm x 10m	1

Leukotape P Zinc Oxide Tape

This rayon-backed tape is ideal for patellofemoral and shoulder taping and features a strong adhesive.

- ☑ Rigid joint immobilisation provides extra strong support for sports injuries
- ☑ The porous adhesive maintains adhesion whilst allowing the skin to breathe
- ☑ **Combi pack available containing Fixomull Stretch fixation tape***

PRODUCT	SKU	SIZE	PACK SIZE
Leukotape P Z.O Tape	WSTE0613/1	3.8cm x 13.7m	1
Leukotape P Z.O Tape	WSTE0613	3.8cm x 13.7m	6
*Combi Pack Leukotape P & Fixomull	6902	3.8cm x 13.7m	1

Hand Tearable

Combi Pack*



LightPlast Pro Elastic Adhesive Bandage

Experience enhanced support and durability with Lightplast Pro, the ultimate elastic adhesive bandage tailored for sports.

- ☑ Strong Adhesion stays secure during intense activity
- ☑ Lightweight and comfortable for unobtrusive support
- ☑ Suitable for multiple sports applications

SKU	SIZE	PACK SIZE
1685/1	7.5cm x 6.8m	1

Hand Tearable



Tensoplast Elastic Adhesive Bandage

Trusted by sports professionals and athletes, this elastic adhesive bandage provides reliable support and compression for joints and soft tissues.

- ☑ Distinctive yellow central guideline for precision application
- ☑ Engineered with a high-twist cotton fabric and a porous zinc-oxide adhesive

SKU	SIZE	PACK SIZE
4595/1	2.5cm x 4.5m	1
4596/1	5cm x 4.5m	1
4597/1	7.5cm x 4.5m	1

Cut to size



Finger Bandages

Finger bandages provide initial protection from infection and can be used for fingers and toes to hold dressings in place and provide extra cushioning.

Steroban White Finger Bob Bandage

SKU	COLOUR	QTY
3061WH/10	White	Pack of 10
3061BL/10	Blue	Pack of 10

Steropax Finger Wound Dressings

SKU	SIZE	QTY
1915B/12	3.5cm x 3.5cm	Pack of 12
1915B	3.5cm x 3.5cm	Pack of 100

Enquire for pricing and distributor rates



SKU: 3061WH/10

One size fits all



SKU: 1915B

Low Adherent & Absorbent Dressings

Wound dressings play a vital role in managing various injuries, offering protection, absorption, and comfort. Designed for different levels of exudation, they include sterile, non-adherent, and cushioned options to support effective healing. Supplied in a range of sizes and pack formats, they are well suited to sports first aid kits, changing rooms, gym environments, and pitch-side use.

Opsite Plus Dressing



SKU	SIZE	QTY
WSTE0313	6.5cm x 5cm	Pack of 25



SKU: WSTE0313

Melolin Cushioned Dressing Pads



SKU	SIZE	QTY
1269	5cm x 5cm	Pack of 5
1267	5cm x 5cm	Pack of 100
1270	10cm x 10cm	Pack of 5
1268	10cm x 10cm	Pack of 100



SKU: 1268

Zetuvit® E High Absorbent Dressing Pads

SKU	SIZE	QTY
6821	10cm x 20cm	Pack of 25
6820	10cm x 10cm	Pack of 25



SKU: 6821

Steropad Non-Adhesive Wound Dressings

SKU	SIZE	QTY
3006FC/6	5cm x 5cm	6 Packs of 5



SKU: 3006FC/6

Steropax Plus Sterile Wound Dressings

SKU	SIZE	QTY
4703B/12	18cm x 18cm	Pack of 12
4702B/12	12cm x 12cm	Pack of 12



SKU: 4703B/12

SKU: 4702B/12

Enquire for pricing and distributor rates



SKU: 7001B

SKU: 7002B

Extra Thick Wound Pad

Super absorbent

SKU: 7003B

SKU: 7004B

Ambulance Dressings

SKU	SIZE	NO.	QTY
7000B/12	Small (5.2cm x 6.0cm)	No.7	Pack of 25
7001B/12	Medium (12cm x 10cm)	No.1	Pack of 12
7001B	Medium (12cm x 10cm)	No.1	Pack of 72
7002B/12	Large (20cm x 15cm)	No.2	Pack of 12
7002B	Large (20cm x 15cm)	No.2	Pack of 48
7003B/12	X Large (28cm x 20cm)	No.3	Pack of 12
7003B	X Large (28cm x 20cm)	No.3	Pack of 30
7004B/12	XX Large (32cm x 20cm)	No.4	Pack of 12
7004B	XX Large (32cm x 20cm)	No.4	Pack of 24

Wound Care Essentials

Wound care essentials are designed to protect, clean, and support healing in various situations, from minor injuries to medical procedures. Available in different pack sizes to suit various needs.



Wound Care Procedure Pack

SKU	QTY
1893	1 Pack

Mueller Dermal Pad

SKU	SIZE	QTY
1680	1.2cm x 10cm x 10cm	Single

Steroswab Gauze Swabs

SKU	SIZE	QTY
1903	5 x 5cm	25 Packs of 5
1904	7.5 x 7.5cm	25 Packs of 5
1905	10 x 10cm	25 Packs of 5

Enquire for pricing and distributor rates

Plasters & Suturing Products

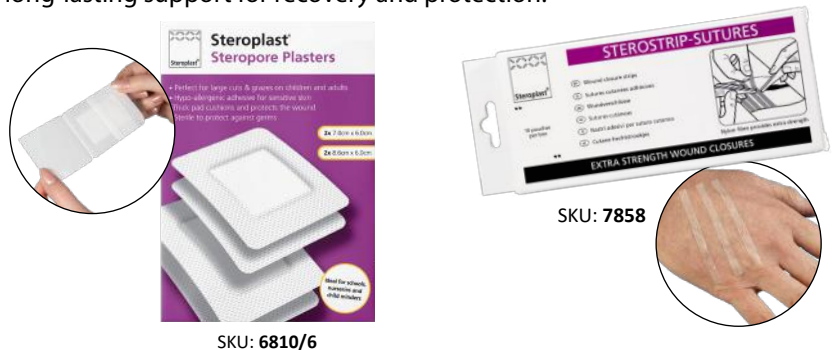
Our adhesive and suturing products provide effective solutions for wound closure, protection, and injury stabilisation. Designed for medical, sports, and at-home use. With strong, hypoallergenic adhesives, washproof and sterile options, and various sizes available, these products ensure reliable, long-lasting support for recovery and protection.

Steropore Plasters

SKU	QTY	SIZE
6810/WAL	Pack of 4	Assorted

Sterostrip Sutures — Wound Skin Closures

SKU	SIZE	QTY
7858	3mm	10 x Pouches of 5
7859	6mm	10 x Pouches of 3



SKU: 6810/6

Sterostrip Ultra – The Clear, Protective ‘Second Skin’ Dressing

An ultra-thin dressing that covers a larger wound area, completely sealing it off. Ideal for recovering surgical wounds and similar minor wounds.

- ☑ Comfortable and breathable film promotes natural healing
- ☑ Each dressing is sterile and individually wrapped
- ☑ Sticks to the skin but not the wound, it's suitable for all skin types, including sensitive and young skin

Sterostrip Ultra Transparent Film Dressing

SKU	SIZE	QTY
7675/7	6cm x 7cm	Pack of 7
7676/7	8cm x 10cm	Pack of 7
7677/7	10cm x 12cm	Pack of 7

Enquire for pricing and distributor rates



Steroplast
Branded
Product

NEW
PACKAGING

SUITABLE FOR
SENSITIVE SKIN

HYPO
ALLERGENIC

Triangular & Tubular Bandages

Tubular and triangular bandages provide essential support and protection for various injuries. Elasticated tubular bandages offer uniform compression, making them ideal for sprains, strains, and wound dressing, while breathable gauze bandages securely hold dressings in place with ease. Available in different widths and with optional applicators, they ensure simple and effective application.

Triangular Bandages—Calico

SKU	TYPE	QTY
9562/1	Calico	Single
9562	Calico	Pack of 50

Triangular Bandages—Non-woven

SKU	TYPE	QTY
9560/10	Non-woven	Pack of 10
9560	Non-woven	Pack of 50

Sterogauz Tubular Gauze Bandages

SKU	SIZE	QTY
9545/1	1cm	1 x 20m Roll
9540/1	1.5cm	1 x 20m Roll
9541/1	2.5cm	1 x 20m Roll
9542	3.5cm	1 x 20m Roll
9543	5cm	1 x 20m Roll
9544	8cm	1 x 20m Roll

Enquire for pricing and distributor rates



Steroplast® STEROGRIP

Elasticated Tubular Bandage

A stretchy tubular bandage providing uniform compression and support. A go-to for sprains, strains, and wound dressing. Ranging in size to cover ankles, knees, thighs, wrists and elbow joints.

- ☑ Made from a combination of a cotton rib-stockinette and covered latex rubber
- ☑ Apply in multiple layers for tailored support
- ☑ Re-usable and washable
- ☑ Cut to the size required



Applicator sold separately

REUSABLE PRODUCT

In a retail pouch with instruction card included

SKU	SIZE
9520/1	Size B - 6.25cm x 1m
9521/1	Size C - 6.75cm x 1m
9522/1	Size D - 7.5cm x 1m
9523/1	Size E - 8.75cm x 1m
9524/1	Size F - 10cm x 1m
9525/1	Size G - 12cm x 1m

Enquire for pricing and distributor rates

STEROGRIP
Elasticated Tubular Bandage

Elasticated Tubular Bandage
Includes 1 x 1m Bandage & application guide

Sterogrip by Steroplast is designed to provide support following soft tissue injuries, sprains and dislocation. Various sizes are available to cover wrists, knees, thighs, ankles and elbow joints.

- Ideal for sports and general injuries
- Re-usable and washable
- Quick and easy to use
- Provides even support and pressure
- Stays in place without tape or pins
- Requested by the NHS for its quality

Hot & Cold Therapy

Effective relief for pain, swelling, and muscle recovery.

Our range caters to at-home first aid, sports injury therapy, and everyday use—deep heat rubs for sore muscles, hot and cold packs for menstrual cramps, and purpose-made cooling bandages for soft tissue injuries—these products form a dependable selection for recovery and injury management before, during, and after activity.



SKU: 9612/1

Ice Bags & Ice Packs

SKU	PRODUCT	QTY
9640	Reusable Ice Pack	Single
9612/1	Reusable Hot and Cold Pack	Single
9612/3	Reusable Hot and Cold Pack	Pack of 3
9612	Reusable Hot and Cold Pack	Pack of 14
9660	Reusable Hot and Cold Pack — Nylon Sleeve	Single
9667	Reusable Hot and Cold Pack — Non-Woven Sleeve	Single
9612/1	Reusable Hot and Cold Pack	Single
9630	Sterofreeze Instant Ice Pack — Long	Single
9592/5	Sterofreeze Instant Ice Pack — Short	Pack of 5
9592	Sterofreeze Instant Ice Pack — Short	Pack of 25



SKU: 9640



SKU: 9592

SKU: 9630

Deep Heat Range

SKU	PRODUCT	SIZE
GSL0741	Deep Heat Rub	35g
9614/DH	Deep Heat Spray	72.5ml



SKU: 9614/DH

SKU: GSL0741



SKU: 9613

Sterofreeze Spray

SKU	PRODUCT	SIZE
9613	Sterofreeze Instant Freeze Spray	150ml

Physicool Cooling Bandages



SKU	PRODUCT	SIZE
PHY001	Physicool Cooling Bandage A	10cm x 2m
PHY004	Physicool Cooling Bandage B	12cm x 3m
PHY005	Physicool Cooling Knee Support	One Size
PHY003	Physicool Coolant Recharge	500ml



SKU: PHY005



SKU: PHY001



SKU: PHY003

Enquire for pricing and distributor rates



PhysioWrap® Sport

PhysioWrap® SPORT is an effective all-in-one system for securing ice packs, gel packs and other forms of cold or warm therapy, to soft-tissue injuries. This includes damage to muscles, ligaments, tendons and capsular or cartilaginous structures.

- ✓ Helps treat sports injuries - fast!
- ✓ The translucent film allows clear observation of the injured area
- ✓ Contributing to effective R.I.C.E treatment

SKU	TYPE	PACK
PHYWRAP001	PhysioWrap SPORT	1 Dispenser, 1 Roll
PHYWRAP002	Refill Pack	2 Rolls
PHYWRAP003	Team Pack	2 Dispensers, 6 Rolls



Pharmaceutical Supplies

Did you know that Steroplast can supply all your pharmaceuticals and medicines?

You can now buy all your pharmaceuticals and medicines from one location, saving you time and money.

Steroplast stocks everything from GSL products to P-Meds and POM supplies.

POM - Prescription Only Medicines

Any medicine classified as a POM is restricted for use under medical supervision on a prescription only.

P lines - Pharmacy medicines

Medicines classified as "P" lines are restricted for use under the supervision of a pharmacist.

GSL - General Sales List products

Available for sale in general retail outlets (restricted by pack size). These items are considered safe for use without medical supervision.

We guarantee quality assurance and security screening

Our high quality and safety standards extend to everyone who has access to our products, and it's paramount that we uphold this responsibility to our clients.



Our quality system is fully compliant with the MHRA

Medicines and Healthcare products Regulatory Agency

View our full range of pharmacy products online

Scan the QR code to view all of our pharmaceuticals.

www.steroplast.co.uk/our-products/pharmaceuticals.html

Complete our Pharmaceuticals Qualification Form



We can supply POMs to holders of a valid Wholesale Dealer's Licence, OR on receipt of a POM Authorisation Form.

Scan the QR code to complete our Pharmaceuticals Qualification Form online. A member of our team will review your details and be back in touch with further instructions.

Alternatively, fill out the physical version of the form on the next page
Send the completed form to our postal address:

Steroplast Healthcare Ltd,
Unit 2, Alpha Point,
Bradnor Road, Manchester, M22 4TE



Steroplast Healthcare Limited

Customer Qualification / Re-Qualification Form

Customer **MUST** complete where applicable*

Please photocopy for multiple uses.

Form-004

Version No.
03

CUSTOMER QUALIFICATION / RE-QUALIFICATION

Customer Name*	
Corporate/Invoice Address*	
Delivery Address*	
Contact Person (Name, Contact Details):*	
Customer Type:*	<input type="checkbox"/> Hospital <input type="checkbox"/> Pharmacy <input type="checkbox"/> Wholesale Distributor <input type="checkbox"/> Healthcare Professional <input type="checkbox"/> Other (Specify): <input type="checkbox"/> Pre-wholesale Distributor
Product Categories / Service Authorised:*	<input type="checkbox"/> GSL (4.2) <input type="checkbox"/> POM (4.1) <input type="checkbox"/> Pharmacy (4.4) <input type="checkbox"/> Medical Devices <input type="checkbox"/> Other:

Pin/Registration Number*	Nurse / Paramedic DOB*
Expiry Date*	Specimen Signature*
Qualification*	

AUTHORISATION	GMC / GDC Number*
Surname*	Signature*
First Name*	

QUALIFICATION STATUS - for office use only

<input type="checkbox"/> Qualified	<input type="checkbox"/> Conditionally Qualified (Reason):	<input type="checkbox"/> Disqualified (Reason):
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APPROVALS - for office use only

QA Personnel (Name and Signature):		Date:	
Re-Qualification Due Date			
Added to Approved Customer Index	<input type="checkbox"/> Yes Comments: <input type="checkbox"/> No		
Added to Approved Customer Index By (Name and Signature):		Date:	
Customer Type			

Tapes & Strappings

A practical selection of widths, lengths & colours for sports injury management and first aid needs.

Browse our wide range of sports and medical tape designed to support injury prevention, treatment, and recovery during training and competition. Find tape to fix dressings in place, specialist sports tapes like Kinesiology Tape, and general-purpose first aid favourites like Zinc Oxide Tape.

Medical Tapes

Medical tapes provide secure adhesion for dressings, medical devices, and tubing while catering to different needs, from gentle skin-friendly options to strong, long-lasting support. Many of our options are hypoallergenic and easy to tear by hand.

Sterotape Clear Adhesive Surgical Tape

SKU	QUANTITY	SIZE
6864/1	Single roll	1.25cm x 9.1m
6864	Pack of 12	1.25cm x 9.1m
6865/1	Single roll	2.5cm x 9.1m
6865	Pack of 12	2.5cm x 9.1m

Sterotape Silk — Medical Surgical Tape

SKU	QUANTITY	SIZE
4581/1	Single Roll	1.25cm x 5m
4581	Pack of 24	1.25cm x 5m
4582/1	Single Roll	2.5cm x 5m
4582	Pack of 12	2.5cm x 5m
4583/1	Single Roll	5cm x 5m
4583	Pack of 6	5cm x 5m

Sterofix Dressing Retention Tape

SKU	QUANTITY	SIZE
6854	Pack of 4	2.5cm x 10m
6855	Pack of 2	5cm x 10m
6856	Single roll	10cm x 10m

Sterotape Microporous White Medical Tape

SKU	QUANTITY	SIZE
6874	Pack of 24	1.25cm x 5m
6871	Pack of 24	1.25cm x 10m
6873	Pack of 12	2.5cm x 5m
6872	Pack of 12	2.5cm x 10m
6875	Pack of 6	5cm x 10m



SKU: 4581



SKU: 6856



SKU: 6874

Microporous Tape

Multi-functional premium fabric strapping tape wound onto a simple-to-use spool with a handy cap. Trusted in hospitals across the UK and supplied in an easy to use spool & cap.

SKU	SIZE	QTY
8105FC/1	2.5cm x 5m	Pack of 12



Spool & Cap

Enquire for pricing and distributor rates

Enquire for pricing and distributor rates

Taping Accessories

Taping accessories enhance the effectiveness and comfort of taping, providing better adhesion, easier removal, and added protection. Many products are lightweight, fast-drying, and skin-friendly, catering to professional and personal needs.



Protective Padding

Self Adhesive Soft Wool Orthopaedic Felt

Provides soft protection for feet and joints when treating sports injuries. Simply cut to size and stick to the required area. 97% minimum wool content.

SKU	SIZE
WSTE0565	22.5cm x 22.5cm x 5mm
WSTE0541	22.5cm x 45cm x 5mm
WSTE0722	22.5cm x 45cm x 10mm



Protective Padding

Hapla Swanfoam Foam Padding

SKU: WSTE0660



Steroban-U Underwrap Foam Pre-Tape

SKU: 3075/6



Mueller Economy Tape Cutter

SKU: 1289



Zoff Adhesive Remover Wipes

SKU: 9639



Mueller Tuffner® Pre-Tape Quick Drying Adherent Spray

SKU: 9648/1



Tensospray Pre Tape Adhesive Protector

SKU: 9645



Mueller Tape & Tuffner Adhesive Remover

118ml Pump Spray
SKU: 9638/1



Mueller Tape & Tuffner Adhesive Remover

283g Aerosol Spray
SKU: 9631/1

Sports Tapes

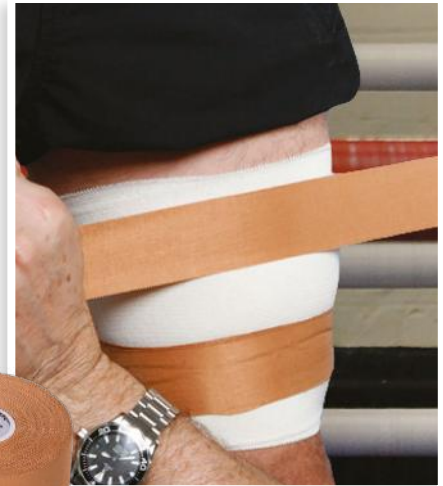
The consistent unrivalled quality and excellent performance of our tapes and strappings are the reasons why professional athletes and physios always choose the Steroplast brand. Our simple to apply tapes stay put during the most competitive of sports, throughout the most extreme environments.

PVC Sports Tape — “Sock Tape”

SKU	COLOUR	QTY
1673BLK/48	Black	48 Rolls
1673BLU/48	Blue	48 Rolls
1673GRE/48	Green	48 Rolls
1673ORA/48	Orange	48 Rolls
1673RED/48	Red	48 Rolls
1673WHI/48	White	48 Rolls
1673YEL/48	Yellow	48 Rolls



SKU: 4160/1



Sterotape Premium Sports Tape

SKU	COLOUR	SIZE	QTY
4160/1	Tan	3.8cm x 10m	Single
4160/7	Tan	3.8cm x 10m	7 Rolls
4160/30	Tan	3.8cm x 10m	10 Rolls
4154/10	White	2.5cm x 13.7m	10 Rolls
4154	White	2.5cm x 13.7m	40 Rolls



Latex Free



SKU: WSTE0669

Dynamic Tape Eco

SKU	SIZE	QTY
WSTE0669	7.5cm x 5m	Single Roll

Sterotape-Z.O. Zinc Oxide Tape

SKU	SIZE	QTY
4051	1.25cm x 5m	Pack of 24
4056	1.25cm x 10m	Pack of 24
4052	2.5cm x 5m	Pack of 12
4057	2.5cm x 10m	Pack of 12
4050	4cm x 5m	Pack of 8
4058	4cm x 10m	Pack of 8
4053	5cm x 5m	Pack of 6
4059	5cm x 10m	Pack of 6

SKU: 3010

Latex Free



SKU: 4066



SKU: 4051

Latex Free

Strappal Zinc Oxide Tape

SKU	SIZE	QTY
4063	2.5cm x 10m	Pack of 36
4064	1.25cm x 10m	Pack of 36
4066	5cm x 10m	Pack of 18

Sterotape-K Kinesiology Tape

SKU	COLOUR	QTY
3010	Blue	Single Roll



Protek Kinesiology Tape

Designed for active use, this tape is flexible, breathable, and waterproof – helping athletes maintain movement while reducing strain.

It provides targeted support for muscles & joints during training, competition & recovery.

SKU	SIZE	COLOUR
3016/1	5cm x 5m	Black
3019/1	5cm x 5m	Beige

Enquire for pricing and distributor rates

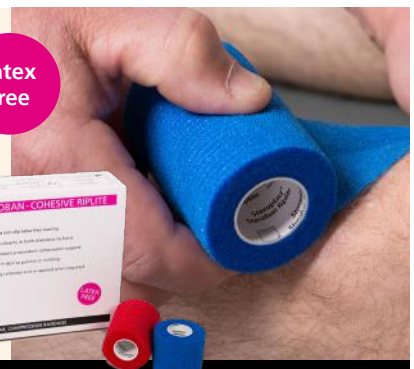
Steroban Cohesive Riplite

Elastic, self-adhering bandages designed for fast and practical use in sports.

SKU	COLOUR	SIZE	PACK SIZE
1661RL	Blue	5cm x 4.5m	12
1662RL	Blue	7.5cm x 4.5m	12
1671RL	Red	5cm x 4.5m	12
1672RL	Red	7.5cm x 4.5m	12
1660RL	Tan	7.5cm x 4.5m	12

- Blood spill tape
- No.1 choice of sports physios
- Underwrap not required

Latex Free



Enquire for pricing and distributor rates

Plasters & Dressing Strips

Developed over 30 years.

These plasters and dressing strips are designed to manage minor sports injuries with reliable hold and skin comfort. Suitable for cuts, grazes, and blisters picked up during training or competition, they stay securely in place through movement while remaining gentle on the skin. Our plasters have been developed over 30 years of market research to bring you the best performance: gentle on skin, complete protection, and superior stick. In fact, our adhesive is so effective we won an award.

Blister Plasters

Blister plasters provide cushioning, protection, and a moist healing environment to reduce discomfort and support recovery. Available in gel, foam, hydrocolloid, and hydrogel options, they help prevent friction and soothe existing blisters.

Two sizes available

SKU: 6050/6

SKU: 8056FC/6

SKU: 8046FC/1

SKU: 7600

INDIVIDUALLY WRAPPED

CE MARKED

6 Blister Cushions

SKU	QUANTITY	SIZE
8046FC/1	1 x 6 Plasters	6.8cm x 4.3cm
8046FC/6	6 x 6 Plasters	6.8cm x 4.3cm

10 Blister Foam Plasters

SKU	QUANTITY	SIZE
6050/1	1 x 10 Plasters	7.5cm x 2.5cm
6050/6	6 x 10 Plasters	7.5cm x 2.5cm

16 Hydrocolloid Plasters

SKU	QUANTITY	SIZE
8056FC/6	6 x 16 Plasters	7.2cm x 1.9cm

2Toms® Skin-On-Skin Soothing Dressings

SKU	QUANTITY	SIZE
7600	Tub of 200	2.5cm (Square)
7601	Tub of 48	7.5cm (Circle)

Enquire for pricing and distributor rates

Fabric Plasters

Fabric plasters provide flexible, durable wound protection for everyday cuts and scrapes. Available in assorted sizes or as cut-to-size strips, they offer strong adhesion and comfort while allowing movement. Tested and recommended by independent consumer experts, they are a reliable choice for personal and professional use.

SKU: 8002/6

SKU: 8008FC/6

SKU: 8032FC/1

Which?

#1 in the UK: Which? Recommended

Our Elastic Fabric Plaster was put through a series of tough tests by Which?, the 100% independent UK consumer champion, to find out which plaster from major UK brands was the most reliable and cost-effective.

Fabric Adhesive Dressing Wound Strip

SKU	QUANTITY	SIZE
8002/6	6 x 1 Dressing Strip	50cm x 7.5cm

Fabric Assorted Plasters

SKU	QUANTITY	SIZE
8008FC/6	6 x 16 Plasters	Assorted

Clear & Fabric Plasters

SKU	QUANTITY	SIZE
8032FC/1	6 x 64 Plasters	Assorted

Enquire for pricing and distributor rates

Support & Rehab Products

Designed for faster recovery and injury prevention.

Whether you're recovering from an injury, managing a chronic condition, or simply looking for extra support during daily activities or sports, our range of support and rehabilitation products is designed to help you stay active and comfortable. From ergonomic joint supports that provide stability and pain relief to protective padding that reduces friction and pressure, these products are essential for injury prevention and recovery.

Massagers

Massage tools are designed to relieve muscle tension, improve circulation, and support recovery. Available in different firmness levels and designs, they are ideal for home use, gym sessions, or on-the-go relief.



Trigger Point Massage Ball Set

SKU	SIZE	QTY
REH043	6cm	Set of 3 Balls

Spikey Self-Massage Balls

SKU	SIZE	QTY
REH029	6.5cm	Set of 3 Balls

Atom Massage Stick

SKU	SIZE	QTY
REH028	40cm	Single

Supports

Designed to provide stability, pain relief, and comfort for joints and muscles, helping to maintain mobility during daily activities. Made with breathable materials and ergonomic designs, they offer targeted support where needed.



Actimove® Everyday Elbow Supports

SKU	TYPE	SIZE
REH045	Elbow Support	Small (20cm - 23cm)
REH046	Elbow Support	Medium (23cm - 26cm)
REH047	Elbow Support	Large (26cm - 29cm)
REH048	Elbow Support	Extra Large (29cm - 32cm)

Actimove® Everyday Knee Supports, 2 Stays

SKU	TYPE	SIZE
REH055	Closed Patella	Small (31cm - 36cm)
REH056	Closed Patella	Medium (36cm - 41cm)
REH057	Closed Patella	Large (41cm - 46cm)
REH058	Closed Patella	Extra Large (46cm - 52cm)

Actimove® Everyday Back Supports

SKU	TYPE	SIZE
REH049	Back Support	Small/Medium (74cm-94cm)
REH050	Back Support	Large/X Large (94cm-114cm)

Actimove® Everyday Knee Supports, 4 Stays

SKU	TYPE	SIZE
REH059	Open Patella	Small (31cm - 36cm)
REH060	Open Patella	Medium (36cm - 41cm)
REH061	Open Patella	Large (41cm - 46cm)
REH062	Open Patella	Extra Large (46cm - 52cm)

Actimove® Everyday Knee Supports

SKU	TYPE	SIZE
REH051	Closed Patella	Small (31cm - 36cm)
REH052	Closed Patella	Medium (36cm - 41cm)
REH053	Closed Patella	Large (41cm - 46cm)
REH054	Closed Patella	Extra Large (46cm - 52cm)

Actimove® Everyday Ankle Supports

SKU	TYPE	SIZE
REH063	Ankle Support	Small (18cm - 21cm)
REH064	Ankle Support	Medium (21cm - 24cm)
REH065	Ankle Support	Large (24cm - 27cm)
REH066	Ankle Support	Extra Large (27cm - 30cm)

Resistance Training & Exercise Tools

Improve strength, stability, and flexibility with our range of resistance training and exercise tools.

Whether you're looking to build muscle, improve mobility, or aid recovery, our selection caters to all fitness levels. From versatile resistance bands and squat loops to durable foam rollers and grip strengtheners, these essential tools are designed for effective training at home, in the gym, or on the go.

Perfect for personal fitness, rehabilitation, and professional use, each product is crafted for durability and performance, helping you achieve your fitness goals with ease.

Mini Power Loops

SKU	SIZE	QTY
REH030	35cm	Pack of 5

Resistance Bands

SKU	STRENGTH	COLOUR
REH035	Light	Red
REH036	Medium	Blue
REH037	Strong	Black



Resistance Squat Bands

SKU	STRENGTH	SIZE
REH034	Light	76cm
REH032	Medium	76cm
REH031	Strong	76cm



Safety Resistance Trainer Studio Pro

SKU	STRENGTH	COLOUR
REH039	Light	Green
REH040	Medium	Blue
REH041	Strong	Red
REH038	Extra Strong	Black



Strong Grip Hand & Wrist Exerciser

SKU	STRENGTH	COLOUR
REH020	Light	Pink
REH021	Medium	Purple
REH022	Strong	Green

Hand Grip Pro Power Aluminium Exerciser

SKU	STRENGTH	COLOUR
REH025	Light	Blue
REH026	Medium	Green
REH027	Strong	Purple
REH024	Extra Strong	Black

Enquire for pricing and distributor rates

Foam Roller Studio Pro

These foam rollers are ideal for studios, sports clubs or gyms and are made from Expanded Polypropylene (EPP), which has excellent energy absorption properties.

- ✓ Superior durability
- ✓ Extremely lightweight
- ✓ Recyclable
- ✓ Available in two widths



SKU	SIZE	QTY
REH014	45cm	Single
REH015	90cm	Single



Enquire for pricing and distributor rates

Yoga, Pilates, Strength, & Stability Training

Strength, stability, and flexibility for every workout.

Build strength, improve stability and flexibility with this range of fitness essentials. From durable yoga mats and sliding discs to balance cushions and neoprene dumbbells, each item is designed to help get the most out of your workouts—at home, in the gym, or in a studio.

Yoga & Pilates Equipment

To equip gyms, yoga and pilates studios or for at-home use.

Fitness Core Plus Mat

SKU	SIZE	COLOUR
REH010	15mm	Blue

Fitness Warrior Yoga II Mat

SKU	SIZE	COLOUR
REH011	4mm	Dark Blue
REH012	4mm	Graphite

Gym Swiss Ball

SKU	SIZE	COLOUR
REH016	55cm	Dark Blue
REH017	65cm	Graphite
REH018	75cm	Graphite



Strength & Stability Equipment

Essential training equipment for building strength and stability.

Sliding Fitness Discs

SKU	SIZE	QTY
REH042	17.5cm (Diameter)	One Pair

Stability Grey PVC Cushion

SKU	SIZE	QTY
REH002	35cm (Diameter)	Single

Oval Blue Balance Pads

SKU	SIZE	QTY
REH001	5.5cm x 18cm x 30cm	One Pair

Neoprene Hand Weight Dumbbells

SKU	WEIGHT	COLOUR
REH003	0.5kg	Pink
REH005	1kg	Purple
REH004	1.5kg	Green
REH006	2kg	Blue
REH007	3kg	Orange
REH008	4kg	Red
REH009	5kg	Black



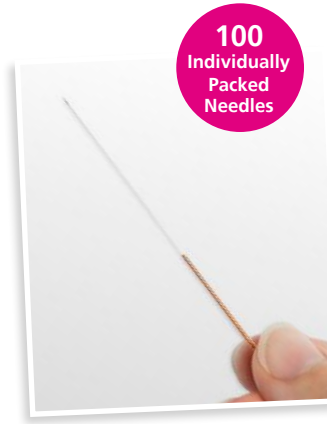
Acupuncture Needles

Ideal for sports therapists and practitioners.

Acupuncture is increasingly used in sports recovery and injury management, helping athletes and active individuals relieve muscle tension, improve circulation, and support faster healing.

Classic Plus Acupuncture Needles

SKU	SIZE	QTY
WSTE0641	40mm x 0.3mm	Pack of 100
WSTE0668	70mm x 0.3mm	Pack of 100



SKU: WSTE0641

Creams, Lotions, Oils & Gels

Designed for the treatment and rehabilitation of sports injuries.

From muscle relief to skin protection, our range of creams and topical solutions is designed to support athletes, fitness enthusiasts, and professionals alike. Whether you're looking for deep tissue massage wax, fast-absorbing recovery gels, or heat-activating muscle relief, we've got you covered.

Our selection includes trusted brands like NAQI® and Wintergreen, offering high-quality formulas for warming up, cooling down, and post-exercise recovery. With options for sensitive skin, professional massage therapy, and all-weather performance, our creams ensure you're prepared for every stage of training, competition, and recovery.

Petroleum Jelly

SKU	SIZE	QTY
9604	226g	Single tub

Sunscreen Lotion

SKU	SIZE	QTY
BD555600/10	10ml Tube	Pack of 10

Songbird Sports Massage Wax

SKU	SIZE	QTY
3041/1	550g	Single Tub



SKU: 9604



SKU: BD555600/10



SKU: 3041/1

NAQI® Recovery Gel

SKU	SIZE	QTY
NAQI009	100ml	Single Tube



SKU: NAQI009

NAQI® Warming Up Competition 2

SKU	SIZE	QTY
NAQI001	500ml	Single Tube



SKU: NAQI001



SKU: NAQI008

SKU: NAQI002

SKU: NAQI007

Also Available in 5L

NAQI® Massage Lotion 500ml

SKU	TYPE	QTY
NAQI002	Sport	Single Bottle
NAQI008	Ultra	Single Bottle
NAQI007	Ultra Plus	Single Bottle

Enquire for pricing and distributor rates



Ultrasound Gel

Premium viscous gel for diagnosis & therapeutic medical ultrasound

- ☑ Hypoallergenic, non-sensitising and non-irritant
- ☑ It doesn't stain clothing or damage transducers
- ☑ Acoustically correct for the broad range of frequencies used
- ☑ Recommended by leading manufacturers of medical ultrasound equipment

SKU	TYPE
9632	250ml
9635	5 Litre

WINTERGREEN®

Creams, Lotions & Oils

Recovery is an essential part of any exercise routine, giving the body time to repair and adapt, which helps maintain performance and lowers the chance of injury. Warming up properly prepares the muscles and joints, increasing flexibility and reducing strain.

Trusted by sports professionals, the Wintergreen Sports Products range includes recovery solutions and muscle relief products formulated to help athletes and sports enthusiasts recover faster and perform better.

WINTERGREEN® Grip Enhancers

Improves grip and reduces slip, making it useful for sports requiring enhanced ball or boot control.

SKU	PRODUCT	SIZE
A WINT004/1	Ultra Grip Spray	150ml

WINTERGREEN® Recovery Products

These products help to reduce inflammation, relieve joint aches, and relax muscles.

SKU	PRODUCT	SIZE
B WINT009/1	Hot Mustard Soak	1kg
C WINT010/1	Arnica Massage Oil	100ml
D WINT011/1	Arnica Massage Balm	500ml

WINTERGREEN® Heat Therapy Products

Warming gels and heat creams designed to relieve muscle cramps and strains.

SKU	PRODUCT	SIZE
E WINT001/1	Warmup Ultra	500ml
F WINT002/1	Muscle Relief Menthol Gel	500ml
G WINT003/1	Muscle Relief Heat Cream	500ml

WINTERGREEN® Magnesium Range

Replenish magnesium lost through sweat, easing muscle cramps and soreness with these body gels, lotions, sprays, and soaks.

SKU	PRODUCT	SIZE
H WINT005/1	Magnesium Body Gel	100ml
I WINT006/1	Magnesium Body Lotion	250ml
J WINT007/1	Magnesium Body Spray	100ml
K WINT008/1	Magnesium Body Soak	1kg

Enquire for pricing and distributor rates



Manchester Football Association First Aid Kit



GREATER MANCHESTER FOOTBALL

This kit has been put together by healthcare professionals to equip football players with all the first-aid essentials they need to treat minor injuries fast and effectively.

- ✔ Contents meet FA first aid guidelines
- ✔ Comprehensive contents for treatment of football injuries
- ✔ Treat various injuries including wounds, swelling, fractures, cuts and shock symptoms
- ✔ Simple and quick identification of products
- ✔ Treat minor injuries at the scene fast
- ✔ Provide CPR safely



Contents recommended by Manchester Football Association

SKU	PRODUCT	QTY
9675	Blue Activ Series First Aid Bag	1
1997	Nitrile Gloves (Pair)	2
9582	Resusciate Face Shield	1
-	Plasters (Assorted)	20
1511	Scissors (Paramedic) 6"	1
1516/1	Tweezers	1
2092	Tape (EAB) 2.5cm	1
1904	Gauze Swabs (sterile) 7.5cm	10
9592	Instant Ice Packs	2
3057	Crepe Bandage 7.5cm	2
9560	Triangular Bandage	1
8021	Alcohol Free Wipes	5
1910B	Wound Dressing (Sterile) Large	1
1911B	Wound Dressing (Sterile) Medium	1
1915B	Wound Dressing (Sterile) Finger	1
1972/200	Clinical Waste Bags	2
1805	Foil Blanket	2
1400W	Eye/ Wound Wash Pods 20ml	2
1912B	Eyepad Wound Dressing (Sterile)	1
LEAFIR007	First Aid Guidance Leaflet	1
4051	Tape – Zinc Oxide 1.25cm x 5m	1
-	Packet of Sugar	2

Sports First Aid Kits

Be prepared for anything the game throws at you with our range of Sports First Aid Kits.

Whether you're managing a grassroots team, coaching elite athletes, or cycling through rugged terrain, having the right medical supplies on hand is essential. Our expertly designed kits cover everything from minor cuts and sprains to more serious injuries, ensuring quick and effective treatment when it matters most.

With options tailored for team sports, cycling, and outdoor adventures, you can find the perfect kit to suit your needs—whether it's for match day, training, or long-distance expeditions. Stay prepared and keep the game going with our high-quality sports medical kits.

Pitch Side Sports First Aid Kit

SKU	PRODUCT
8275	Full Kit
8275RP	Kit Refill



OWN BRANDING AVAILABLE

Sports First Aid Kit

SKU	SIZE
8090	Full Kit
8090RP	Kit Refill



REFILLS AVAILABLE

Hockey First Aid Kit

SKU	SIZE
8285	Full Kit



Compact Bag

SKU: 8285

SKU: 8090



Includes 81 items

SKU: 8275

Enquire for pricing and distributor rates



Scan the QR code to view our full range of sports first aid kits online.
VIEW ONLINE



// STEROSPORT ACTIV Specialist First Aid Kits

Compact first aid kits designed for a range of outdoor adventures.

We developed these alongside cycling and sports first aid specialists to make them the most comprehensive first aid kits for all types of cyclists. Each kit contains Steroplast's premium first aid supplies, expertly selected and wrapped in an intuitive, compact kit bag.



Pocket Kit



Essentials First Aid Kit
SKU: SSA0001



Commuter First Aid Kit
SKU: SSA0002



Explorer First Aid Kit
SKU: SSA0003



Travel Pouch



Light Outdoor First Aid Kit
SKU: SSA0004



Adventurer First Aid Kit
SKU: SSA0005



Expedition First Aid Kit
SKU: SSA0006



Emergency Bags

Keep your gear safe for when you need it most.

Bags designed to withstand the harshest weather conditions and be carried through extreme terrains, protecting vital first aid equipment. Our range of reflective water-resistant backpacks and emergency bags is used by not only emergency responders but also survivalists, extreme outdoors adventurers, and medics on wilderness courses or tours.

A leading brand, WaterStop bags are made for medics and military personnel. Their high-spec design appeals to professional and enthusiast survivalists and sports people. They feature a Teflon shield with WaterStop technology to completely repel dirt and liquid, keeping their vivid colours highly visible. We also offer modules to help with better organisation inside, so you don't need to waste any time finding what you need.



WaterStop® Bags

Heavy duty emergency WaterStop® Bags with modular compartments and varying in size and design. Each bag features Teflon shield and WaterStop® technology to repel dirt and liquid.

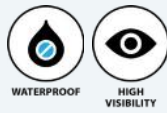
High strength PVC exterior



SKU: PARBAG005

SKU: PARBAG008

SKU: PARBAG004



WaterStop® Emergency Bags

SKU	TYPE
PARBAG005	WaterStop ULTRA Emergency Bag
PARBAG004	WaterStop MULTI Emergency Bag
PARBAG008	WaterStop FREE Emergency Bag

Emergency Backpacks

Designed for durability, organisation, and ease of use in demanding conditions. Made from reinforced, wipe-clean materials like PVC and tarpaulin, they offer water-resistant protection and long-lasting performance.

Features include ergonomic carrying options, full-zip openings for quick access, and modular compartments for organised storage. Each bag has reflective strips for visibility, dust-proof materials, and secure water-sealing zips ensuring reliability in emergency situations.

WaterStop® PRO Emergency Backpacks

SKU	MATERIAL	COLOUR
PARBAG001/BLU	PVC	Blue
PARBAG001/YEL	PVC	Yellow
PARBAG001	PVC	Red
PARBAG001/F	Fabric	Red
PARBAG001F/BLK	Fabric	Black

Premier Emergency Backpack

SKU	MATERIAL	COLOUR
PARBAG007/GRE	PVC tarpaulin	Green
PARBAG007/YEL	PVC tarpaulin	Yellow
PARBAG007	PVC tarpaulin	Red



SKU: PARBAG007

SKU: PARBAG001/BLU

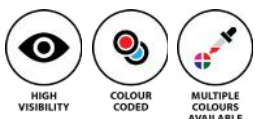
SKU: PARBAG001/YEL

SKU: PARBAG001F/BLK

Fabric & PVC options

Modular Bags

We offer a variety of WaterStop Module Bags, which allow medical staff and emergency services to organise and transport critical medical equipment.



SKU: PARBAG014/RED



SKU: PARBAG014/YEL



SKU: PARBAG009/GRE



SKU: PARBAG009/BLU



SKU: PARBAG009/RED



SKU: PARBAG009/YEL

Splints & Stretchers

Ideal for trauma situations where immediate action is crucial, these immobilisation and evacuation solutions are trusted globally for their reliability and effectiveness.

SAM® Splints

A leading brand for dedicated teams in emergency services to rugged outdoor adventurers and esteemed organisations such as the US military and NASA—the SAM® Splint stands out for its revolutionary design.

Intelligently designed to easily fit in backpacks and mouldable to any curve, it's perfect for stabilising injuries in unpredictable environments, creating multiple different splints for a range of body parts.



Adjustable Length

Scoop Stretcher

This stretcher is ideal for transporting patients with potential spinal injuries, ensuring immobility of the injured area to avoid further trauma.

SKU
WSTE0622

- X-ray translucent
- Comes with 3 safety straps
- Easy to clean



SAM® Splint 4" Finger
SKU: 1384

SAM® Splint 18" Junior Flat
SKU: 1382

SAM® Splint 36" Standard Flatfold
SKU: 1380

SAM® Splint 36" Flatfold XL
SKU: 1383

SAM® Splint 36" Standard Roll
SKU: 1381

SKU	PRODUCT	SIZE
1380	SAM® Splint 36" Standard Flatfold	91.4cm x 10.8cm
1381	SAM® Splint 36" Standard Roll	91.4cm x 10.8cm
1382	SAM® Splint 18" Junior Flat	45.7cm x 10.8cm
1383	SAM® Splint 36" Flatfold XL	91.4cm x 14cm
1384	SAM® Splint 4" Finger	9.4cm x 4.6cm

Enquire for pricing and distributor rates



SAM
MEDICAL



280kg Capacity

Spencer Basket Stretcher

The universal basket stretcher is designed to deal with almost all rescue operations, including the most difficult emergency situations.

SKU
WSTE0311

- 280kg Load capacity
- 12 Handles
- CE Marked

Visit our

Trauma Supplies Online Buying Guide

Explore our user-friendly Trauma Guide page for a breakdown of our advanced trauma supplies.

- ✓ Learn more about **Martyn's Law & the Care Gap** to find out how your business can be better prepared
- ✓ Find detailed information and specifications to meet your needs
- ✓ Refine your search
- ✓ Intuitive page navigation
- ✓ Related videos & articles
- ✓ Compare products side by side

Scan the QR code to visit our online guide



ONLINE GUIDE



Or, download our Advanced Life Support Price Guide

Browse our catalogue of advanced life support products, complete with end-user prices. Check out top emergency brands and distributor opportunities.

- ✓ Includes product details and order codes
- ✓ End-user prices
- ✓ Updated regularly

Scan the QR code to view our price guide



PRICE GUIDE

Bleed Control & Trauma

Support for serious injuries in high-risk sporting environments.

Clotting haemostatic agents for severe blood loss, specially selected trauma dressings and a range of different tourniquets—all easy to use in a crisis. Bleed control supplies are ideal for those in high-risk situations like extreme sports and survival conditions.

Extreme sports and survivalist missions require a step above the standard first aid kit. We stock professionally assembled critical injury first aid kits designed to help handle more serious injuries out in the wild.



Tourniquets

Designed for rapid application, they feature a range of mechanisms, including windlass systems, stretch-wrap designs, and quick-release buckles, ensuring ease of use even in high-pressure situations.



Tactical Mechanical Tourniquet™ (TMT)
SKU: WSTE0678



SOF Tactical Tourniquet
SKU: WSTE0401



STAT Tourniquet
SKU: 1146



C-A-T Combat Application Tourniquet
SKU: 1143



SWAT-T Tourniquet
SKU: 1141

Enquire for pricing and distributor rates

Haemostatic Agents

Ideal for trauma situations where immediate action is crucial, these haemostatic solutions are trusted globally for their reliability and effectiveness.

Celox Haemostats

SKU	APPLICATION	SIZE
6837	Haemostatic Granules	15g
6850	Z-Fold Haemostatic Gauze	1.5m x 7.6cm
6832	Rapid Z Fold Gauze	7.6cm x 152cm
6833	Pre-filled Applicator	6g



SKU: 6850



SKU: 6833



SKU: 6837

ChitoSAM™ 100 Haemostatic Dressing

SKU	PRODUCT	SIZE
1357	Haemostatic Dressing	10cm x 10cm



SKU: 6832



SKU: 1357



SKU: PROM006

Prometheus ChitoGauze XR Pro

SKU	PRODUCT	SIZE
PROM006	Haemostatic Gauze	10cm x 3.7m



Enquire for pricing and distributor rates



Includes S.T.A.T Tourniquet

Bleed & Trauma First Aid Kits

Backed by our mighty first aid and critical injury expertise, these kits have been designed to offer the support you need, trained or untrained, in a crisis.

SKU	PRODUCT
6824	Sterostop Bleed Control Kit
8599-C	Critical Injury First Aid Kit

Enquire for pricing and distributor rates

Chest Seals

Our selection of chest seals are vital for managing open chest wounds, preventing air from being drawn into the pleural cavity while allowing trapped air to escape. Trusted by medical professionals, they provide reliable protection in emergency situations.

SAM Chest Seal 2.0

SKU	QUANTITY	SIZE
WSTE0392	Single	22.9cm x 19.1cm

Russell Chest Seal

SKU	QUANTITY	SIZE
WSTE0380	Single	20cm x 15cm

Celox Foxseal Chest Seal

SKU	QUANTITY	SIZE
6834	Pack of 2	13cm x 13.3cm

Corius Seal Wound Dressing

SKU	QUANTITY	SIZE
PROM009	Single	20cm x 15cm



SKU: WSTE0392



SKU: WSTE0380



Two Seals per Pack

SKU: 6834



SKU: PROM009



Trauma Dressings

Designed to control moderate to severe bleeding, offering secure compression and high absorbency for effective wound management. With options ranging from standard trauma dressings to extra-large bandages for extensive injuries, they provide reliable support in critical situations.

Prometheus Trauma Dressing

SKU	QUANTITY	SIZE
PROM011	Single	17cm x 10cm



SKU: 6830



SKU: PROM003

The Emergency Bandage

SKU	QUANTITY	SIZE
6844	Single	6 inch

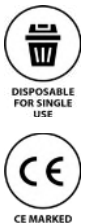


SKU: 6844



Compact Design

SKU: PROM011



Steroplast Medium Trauma Dressing

SKU	QUANTITY	SIZE
6830	Single	10cm x 18cm

TacMed Solutions Tactical Blast Bandage

SKU	QUANTITY	SIZE
PROM003	Single	50cm x 50cm

Enquire for pricing and distributor rates

Additional Considerations: Add these to your kit...

These practical, cost-effective supplies are great additions to any first aid kit or survival pack.



H&H Compressed Gauze

Compressed gauze is ultra-compact and vacuum-sealed, perfect for wound packing and controlling bleeding.

SKU	SIZE
6835	11.43cm x 3.75m



Rhino Pinch Nasal Clip

The Rhino-Pinch Nasal Clip provides a reusable, adjustable option for stopping nosebleeds quickly and comfortably.

SKU	QTY
3039	Box of 30



LiquiBand® Wound Closure Glue

Offers a quick-setting, water-resistant seal with an anti-microbial barrier, ideal for small wound protection.

SKU	SIZE
WSTE0526	0.5g

Blizzard Survival

Blizzard survival bags, blankets, and jackets used by mountain rescue teams, made with Reflexcell™ material for unparalleled thermal protection during survival sports and rescue missions.



Revolutionary thermal protection for extreme cold conditions designed to save casualties in critical conditions in the cold, and packed in backpacks just in case.

Equipment in this range is waterproof and wind-proof, offering high-performance defence against the elements.



SKU: BLIZ001



SKU: BLIZ006

SKU	SIZE
BLIZ001	Blizzard Blankets Compact Blanket 2 Layer
BLIZ002	Blizzard Blanket - EMS Blanket
BLIZ004	Blizzard 3 Layer Survival Bag
BLIZ006	Blizzard 2 Layer Active Range Survival Jacket
BLIZ011	Blizzard IFAK Emergency Blanket

Enquire for pricing and distributor rates



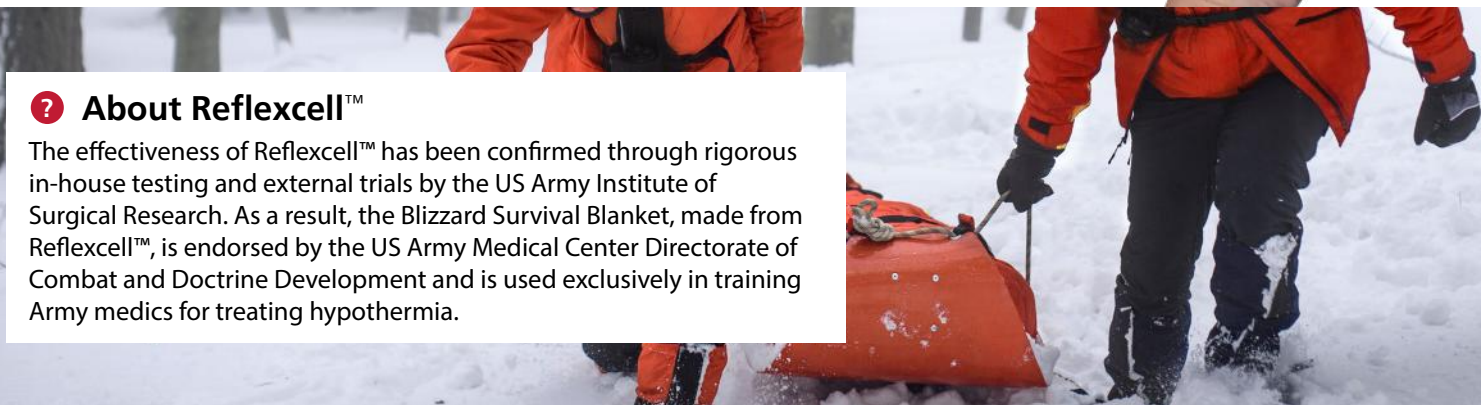
SKU: BLIZ002



SKU: BLIZ004



SKU: BLIZ011



? About Reflexcell™

The effectiveness of Reflexcell™ has been confirmed through rigorous in-house testing and external trials by the US Army Institute of Surgical Research. As a result, the Blizzard Survival Blanket, made from Reflexcell™, is endorsed by the US Army Medical Center Directorate of Combat and Doctrine Development and is used exclusively in training Army medics for treating hypothermia.

Blankets & Bedding

Practical and hygienic bedding options are critical to effective patient care.

Blankets and bedding supplies to supplement your first aid range or assist with at-home patient care. We also stock disposable bed pads, ideal for pets, children, those with continence difficulties, and mothers recovering from labour.



100% Cotton

SKU: 1806



SKU: 1805/25

SKU	TYPE	QTY
1805/25	Foil Blanket	Pack of 25
MW1002	Mediwrap High Protection Thermal Blanket	Single
WSTE0039	Disposable Incontinence Bed Pads — 60cm x 40cm	Pack of 100
WSTE0035	Disposable Incontinence Bed Pads — 90cm x 60cm	Pack of 100
1806	Cellular Ambulance Blanket — Red	Single
1806/BL	Cellular Ambulance Blanket — Blue	Single

Enquire for pricing and distributor rates



SKU: WSTE0039



SKU: MW1002

Keep up with the

Injury Rehab Network

**Unmissable Events
& Presentations
from World-Class,
Expert Guest Speakers**

In partnership
with BASRaT



Online &
face-to-face
events!


What is the Injury Rehab Network?

In 2019, Sterosport established the Injury Rehab Network as a means for people to network, share ideas and collaborate on how to prevent, treat, and recover from injury. It includes:

- Presentations from world-class speakers
- Insightful discussions
- Workshops
- Unmissable networking events
- Post-event blogs

How do I get involved?

We frequently update our website with upcoming Injury Rehab Network events, where you can sign up and book your place. You can also sign up for the Sterosport newsletter to stay up to date on future Injury Rehab Network events. We'll make sure you don't miss a thing.

 Why not join the **Injury Rehab Network LinkedIn group** too? The LinkedIn group is a place where all participants in the network can keep in touch and stay up to date.

If you still have questions about the Injury Rehab Network, we'd love to speak to you.

Contact Andrew Watson on:

andrew@steroplast.co.uk or call **+44(0)161 902 3047**



Scan the QR code to learn more and see all
upcoming Injury Rehab Network Events

Or visit sterosport.co.uk/injury-rehab-network/



Beast Stronger Smelling Salts

NEW

A mid-level ammonia-based stimulant designed to boost focus and performance during intense training or competitions.



Description	Pack	Reference
Beast Stronger Smelling Salts - 25g	1	9820

Pro D3 Sport 20,000iu Vitamin D

Support bone strength, muscle function & immune health

- Trusted by elite athletes
- Safe, effective supplementation for peak performance

NEW



Description	Pack	Reference
Pro D3 Sport 20,000iu Vitamin D - 30 Weekly Capsules	1	WSTE0723

Kinesiology Tape — Blue (Wide)

Professional-grade rehabilitative tape designed for physiotherapists and clinics

- 100mm x 5m wider roll is perfect for taping larger areas



Description	Pack	Reference
Kinesiology Tape (Wide Roll) Blue	1	3013

Sterotape Premium



Ultra strong athletic training tape, breathable adhesive

- CE Marked
- Completely rigid for total support

Description	Pack	Reference
5cm x 13.7m	20	4151/20

Affinity Marlin Portable Massage Couch

NEW

Available in navy or white

- Ideal for therapists on the move
- Offers height adjustability
- Lightweight portability



Description	Colour	Reference
25" Affinity Marlin Portable Massage Couch	Navy	WSTE0716
	White	WSTE0716/WHI

Affinity Rolling Stool

Offers exceptional comfort and durability with its generous therafoam padding

- Adjustable height from 48cm - 61cm
- 40cm seat diameter



Description	Colour	Reference
Rolling Stool	Navy	WSTE0714

Self Adhesive Soft Wool Orthopaedic Felt

22.5cm x 45cm x 10mm sheet of Orthopaedic Felt

- Medical grade 10mm semi compressed pure wool adhesive felt
- Simply cut to size and stick to the required area
- Used by medical and sports injury professionals



NEW

Ref WSTE0722



Get your FREE Club-Branded Sports First Aid Kit

Spend over £40* on sterosport.co.uk and we'll include a FREE sports first aid kit, customised with your club or team logo. Perfect for match days and training sessions.

Contact Andrew to request yours:

0161 902 3047 | andrew@sterosport.co.uk

Limited to one kit per club. Custom label subject to artwork approval. *Minimum £40 spend excl. VAT.