

A YEAR OF CREATIVE DISCOVERY

Wanderlust

2026

WHAT'S INSIDE:

Lesson spotlights
Meet your host
Journaling tips
Creative exercises
Meet the teachers



UNLOCK THE FREE CREATIVE SPARKS *library*

The ultimate resource for mixed-media artists

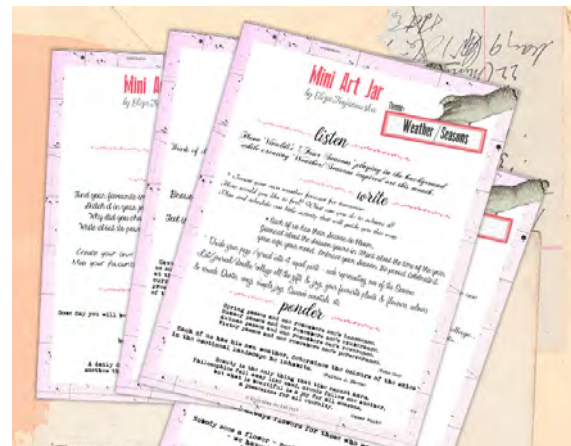
Art lessons, challenges & projects

Over 60 prompts

Ideas & quotes

400 + printable elements

Access for Free



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Dear Adventurer,

Welcome. I'm so glad you're here. Wanderlust 2026 is not just a course - it's a year of creative living, a rhythm, a return to yourself through art. It's a way to reconnect with your imagination, your hands, your heart, and your own story.

Over the past 10 years, I've seen this journey change lives - not because of perfection or polished outcomes, but because of the process.

Because we dared to show up on the page, even when we didn't feel ready. Because we made marks, layered colour, scribbled out emotions. Because we played.

This year, we're diving even deeper. With four seasons of lessons guided by a brilliant group of Teachers from all over the world, you'll get to explore your creativity in ways that are meaningful, energising, and real.

And yes - there will be ink smudges, messy desks, breakthroughs, and maybe even a few tears (the good kind).

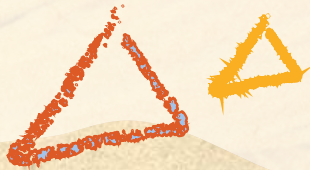
My hope is that this magazine gives you a taste of what's possible. That it makes you feel curious. Hopeful. Maybe even a bit brave.

There's room for you here - your pace, your story, your way of making art.

See you on the page.

Lots of love,

Kasia Avery x



**ARTIST | EDUCATOR |
FOUNDER OF WANDERLUST |
YOUR CREATIVE CHEERLEADER**





JUST SOME OF THE PROJECTS
YOU'LL BE CREATING ON
WANDERLUST 2026

WHAT IS WANDERLUST?

Wanderlust is a **year-long online course** for curious creatives ready to explore mixed-media art in a deeper, more expressive way.

With **48 inspiring video lessons** from a diverse group of artists, you'll be guided through a wide range of techniques - like painting, collage, creative journaling, printmaking, and more.

The course is divided into **4 creative seasons**, each designed to inspire fresh ideas and keep your artistic journey dynamic and engaging.

Whether you're a passionate crafter wanting to get more "arty," or someone already experimenting with mixed-media, Wanderlust will help you expand your skills, develop your **unique style**, and rediscover the **joy** and freedom of making **art that truly feels like you**.

More than just techniques, it's a nurturing space to **reconnect with your creativity**, build confidence, and find calm, inspiration, and fulfilment through your art - week after week.

[LEARN MORE](#)



**PRINTABLE
HANDOUTS**
WITH EVERY LESSON



04

**LIVE
STREAMS**



**LIFETIME
ACCESS**



**ALL LESSONS
FULLY
DOWNLOADABLE**



**SUBTITLES
IN** ENGLISH
FRENCH
SPANISH
GERMAN
DUTCH



35

**GUEST
TEACHERS**



48

**WEEKLY
LESSONS**



**PRIVATE
COMMUNITY
ON OUR
PLATFORM**



SEASON 1: ROOTS & WINGS

This season is all about finding balance, connecting with your roots while giving yourself permission to grow and fly. We'll start by setting clear intentions for the year, then explore your cultural and personal stories through collage and texture. You'll map your creative journey, work with natural materials, and in different art styles and forms - from art journals to dimensional objects.

Each lesson is designed to help you feel grounded and inspired, with practical techniques and space to express what matters most to you. Whether it's stitching connections, or celebrating resilience, you'll build a collection of work that reflects both where you come from and where you want to go.

Let's get started and make this season one of growth and creative freedom.

SOME OF THE PROJECTS
YOU WILL BE CREATING IN:
ROOTS & WINGS



DYAN REAVELEY
The Year Ahead



ALISSA MILLSAP
A Tapestry of Remembrance



FROYLE DAVIES
Turning Challenges into Creativity



CAROLYN DUBE
From Sight to Soul



TAMARA ŁUĆ
Here Be Monsters!



CASEY TURNER
Light the Way Home

MORE SEASON 1 PROJECTS



MARY BETH
SHAW

RAE
MISSIGMAN



ALISON
BOMBER



MARY BETH SHAW - WEEK 5

NATURE IS CALLING (Botanical dyeing)

"We will use elements from nature to inspire both color and texture in our journal. Using ancient methods of botanical dyeing combined with layers of natural texture will enable us to build beauty and depth on the journal page".



RAE MISSIGMAN - WEEK 7

STITCHED & WOVEN (Layer paint & Threads)

"Do we conform to the path we know or embrace the unknown? As we mindfully contemplate this metaphorical intersection in our creative lives we will learn to layer paint and threads, exploring the joyful chaos that comes from the connection between the entangled and unraveled."



ALISON BOMBER - WEEK 11

ROOTS OF GROWTH (Texture & Journal page)


"In this lesson we'll make a series of panels celebrating the hidden resilience of roots, just as spring starts to arrive. We'll work with layers and textures to build depth and detail, using repetition and variation to create visual poetry across the series."



Q&A

WE ASKED THE TEACHERS

WHAT'S YOUR **SECRET WEAPON** WHEN YOU NEED TO BREAK THROUGH CREATIVE BLOCKS?




Play is my secret weapon! There is no greater way to invite the muse or spark an idea than playing!

Carolyn Dube

I have a mental shelf I store ideas on, usually supported by a bank of photos on my phone capturing images that I find intriguing.

Dan Donovan



WHAT'S THE **STRANGEST THING** YOU'VE EVER USED IN A MIXED-MEDIA PROJECT?

Probably a bird skull that I collaged on.

Jack Kravi



A piece of a silver emergency blanket.

Shawn Petite

I end up picking a
lot of cat hair off
my projects, haha!

Tania Ahmed



IF YOU COULD GIVE YOUR **YOUNGER ARTIST SELF** ONE PIECE
OF ADVICE, WHAT WOULD IT BE?

Start calling
yourself an
artist before you
feel ready
(and I love you).

Jack Ravi



Trust yourself
and be true to
who you are.

Kim Dellow

Keep doing what you do
and don't be concerned
with where you'll end
up, all will be fine.

Dan Donovan



SEASON 2: PAPER ALCHEMY

In **this season** expect lots of hands-on techniques: tearing, stitching, embedding, layering.

We'll mix traditional paper crafts with mixed-media freedom to create pieces that feel alive and full of story.

Whether you're working in a journal, building a zine, or making sculptural elements, each lesson is here to help you explore what paper can really do.

Let's dive in, experiment boldly, and see what unexpected magic unfolds.



SOME OF THE PROJECTS YOU
WILL BE CREATING IN:

PAPER ALCHEMY



JANE CHIPP
Touch and Texture



EMILY SCHOFIELD
Collaged Seascape



TISH REED
Color in Bloom



AYOZIE POLLENDINE
Reimagining Paper



KIM DELLOW
Little Art Stories



KATE CRANE
Celebrate the Everyday

LESSON SPOTLIGHT



CASEY TURNER - WEEK 20 FRAGMENTS OF THE PAST

Follow this technique from Casey Turner's lesson from Week 20 to create your unique tapes. **Click here** to see this technique here or scan the **QR code**.



[CLICK HERE](#)

01

Cut out several images from a magazine. Put strips of clear packaging tape over the front side of your magazine images being sure to cover the entire piece. You can have some overlap on the tape and around the edges.



02

Place your taped image in a plastic container of water for a few minutes.



03

Take your taped piece from the water and turn it upside down. Using your wet finger or a wet paper towel, scrape away the magazine paper from the back, revealing the image transfer on the tape. You can pat the tape dry. Now this is ready to use in your collage art!



MEET YOUR HOST

Hi!
I'm Kasia

I'll be your guide through **Wanderlust 2026**. I'm an intuitive mixed-media artist, daily art journaler, and co-founder of Everything Art. Most days, I'm in my studio surrounded by half-finished pages, scribbled notes, and something drying on top of something else.

I believe art should be **meaningful**—but it's also just paint and paper. The magic is in the sweet spot between expression and play.

Years ago, I thought art had to be "proper." I stressed about getting it right—until I discovered art journaling. It shifted everything. Suddenly, it wasn't about perfection, but about **freedom** and **honest** self-expression.

I've shared this approach through classes, live streams, and my book **Creative Wanderlust**.

In **Wanderlust 2026**, I'll teach 6 new lessons and host 4 live sessions where we reflect, share, and create together. My hope is to help you honour your inspiration, trust your marks, and make art that feels like you.

**FAVOURITE ART SUPPLY
RIGHT NOW:**

Soft pastels and graphite pencil.

**MOST-USED PHRASE WHILE
ART JOURNALING:**

"Let's hit the dance floor!"

BIGGEST CREATIVE WEAKNESS:

Leaving brushes in water for way too long!

CURRENT STUDIO SOUNDTRACK:

Birdsong, classical or total silence.

**ONE THING I ALWAYS DO
BEFORE I TEACH:**

Take a quiet moment to set the intention that everyone watching feels inspired and loved.

MOST TREASURED ART:

My "ugly journal" — the one I filled fast, gave myself full permission to be messy, and accidentally unlocked so much play and courage.

That feeling still powers me, even after 10+ years.

FAVOURITE KIND OF MARK:

A bold scribble I didn't overthink.

SECRET TALENT (NON-ART RELATED):

Making something vaguely edible from an almost-empty fridge.

IF I WEREN'T DOING THIS, I'D BE...

A professional gardener, scribbling in notebooks between weeding and watering.





SEASON 3: STORIES UNFOLDED

This season is about telling your own stories through art. You'll explore memory, identity, and symbolism using mixed-media techniques like collage, mark-making, mono printing, and fold-outs.

From personal symbols to family legacy and hidden layers, each lesson invites you to reflect and express what matters most.

Let your journal become a space where the visual and the personal beautifully intertwine.

SOME OF THE PROJECTS YOU
WILL BE CREATING IN:
STORIES UNFOLDED



LAURA DAME
Unveiling the Unseen



CAT KERR
Finding your Ikigai



TANIA AHMED
The Power of a Word



RACHEL CHRISTOPOULOS
Story Through Shadow



FROYLE DAVIES
Layers of Identity



RAE MISSIGMAN
The Color of Quiet

LESSON SPOTLIGHT

RIIKKA KOVASIN - WEEK 34 UNRAVELLING MEMORIES

Techniques you'll be learning
in this lesson:

- 3 types of image transfer
- Creating layered texture
- Collage with paper and fabric
- Creating dimensional compositions
- Creating embellishments for your art



KASIA'S ART JOURNALING TIPS



Use family photographs in your art to tell stories of your ancestors or celebrate your roots.



Outline your collage elements with a soft pencil to help them pop. Smudge the lines with your finger for a softer effect.



Practice mark making and colour palette ideas on scrap paper. Save these pieces — they make great collage material later on.



Play with blank space by painting around your collage using white. It creates bold contrast and draws the eye in.

Playlist - Mindful moments

YOUR WANDERLUST PLAYLIST - A SONG FOR EVERY MOOD!

MELOW

AGNES OBEL

RIVERSIDE

Mellow, introspective, perfect for slow sketching or reflective journaling.

RHYTHMIC

NICK MULVEY

FEVER TO THE FORM

Rhythmic and grounded. Good for moments when you want your hands to keep moving.

WARM

LAURA MARLING

SOOTHING

Warm, steady, slightly hypnotic. Use when you're working intuitively and don't want to overthink.

ENERGY

TYCHO

AWAKE

Instrumental with energy and optimism. Great for starting a creative day or energizing a slow afternoon.

GENTLE

OLAFUR ARNALDS

NEAR LIGHT

Gentle piano and strings to create space for quiet focus. Ideal for layering or detailed work.

ETHEREAL

JULIANNA BARWICK

IN LIGHT

Ethereal, wordless vocals that feel like floating—perfect for dreamlike spreads or collage play.

POETIC

JOSÉ GONZÁLEZ

WITH THE INK OF A GHOST

Lightly melancholic and poetic—great for storytelling through your work.

FOCUSED

KIASMOS

LOOPED

A steady electronic pulse to keep you focused during repetitive or meditative techniques like stitching or stamping.

EMOTIVE

JONI MITCHELL

BOTH SIDES NOW

For when you want emotion, reflection, and beauty while putting finishing touches on a page that means something.

BOLD

FLORENCE + THE MACHINE

SHAKE IT OUT

A full-body reset in song form. For when you need to move, make bold marks, or shift your mood.

JOYFUL

PAUL SIMON

YOU CAN CALL ME AL

Rhythmic and joyful. Great for collage sessions or when you're experimenting freely.

UPBEAT

FIRST AID KIT

MY SILVER LINING

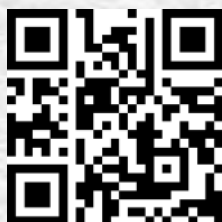
Upbeat with emotional drive—perfect for shaking off overthinking and getting stuck in.

LIGHT

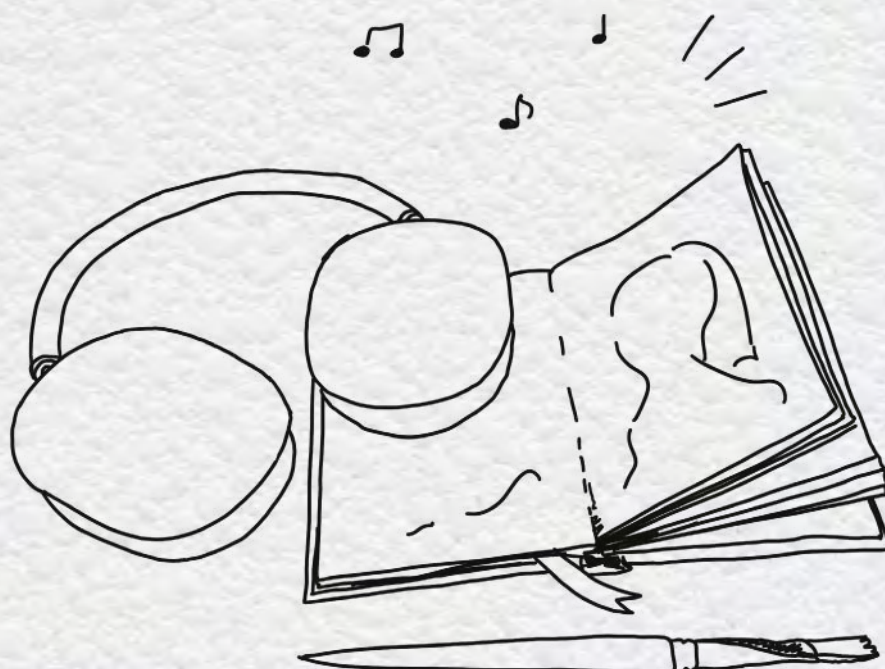
FEIST

1234

Light, quirky, and playful. Great for freeing up your hand and going with your gut.



Scan the code to listen to the playlist on Apple Music



SEASON 4: THE ELEMENTS WITHIN

Inspired by **earth, air, fire, and water** — this season invites you to explore your inner landscape through the forces of nature.

You'll build textured strata, follow the flow of ink and emotion, confront contrast and change, and balance structure with spontaneity.

From mandalas and memory bundles to cosmic self-portraits and mixed-media mobiles, each lesson connects the elemental with the deeply personal.

Art becomes a grounding force and a portal to growth, surrender, and transformation.



SOME OF THE PROJECTS YOU
WILL BE CREATING IN:
THE ELEMENTS WITHIN



NICKI TRAIKOS
A Wave of Emotions



RAMONA SAMUELS
Seeing Divinity



CAROLYN DUBE
Carried by the Winds



CLAIRE STEAD
Balance



JACK RAVI
Memory Building Inside a Tin



DAN DONOVAN
Beyond The Box

LESSON SPOTLIGHT



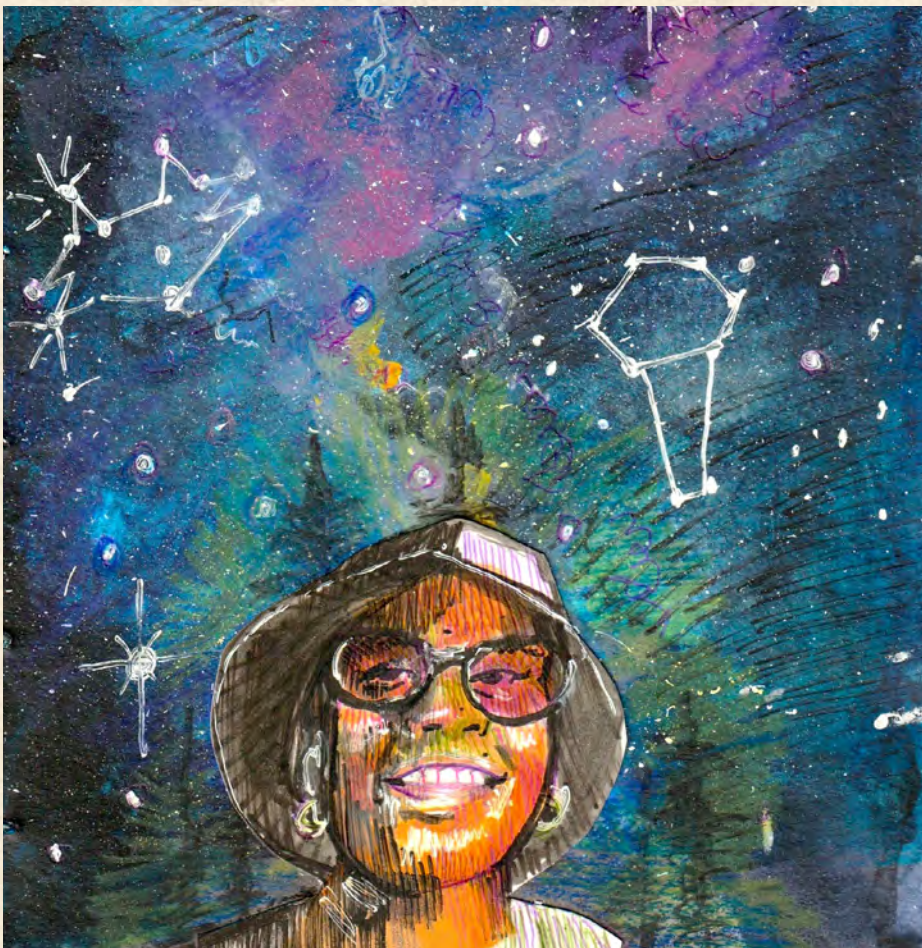
NADYIA DUFF - WEEK 48

PORTRAITS AMONG THE STARS

In this **mixed-media session**, you'll create a symbolic self-portrait set against a starry night sky.

Using cosmic colors, layering techniques, and personal symbols, you'll design a constellation-like figure that reflects your dreams, memories, and inner light.

This artwork celebrates individuality and how we each shine uniquely in the universe.



Bonus Alert

Alongside her lesson, **Nadyia** also shares an intimate studio tour - showing you where the magic happens.

Peek into her creative rituals, favourite materials, and what inspires her most.

You'll find this bonus video (and many more!) waiting in the classroom as soon as you join **Wanderlust 2026**.

KASIA'S ART SPACE

Over the years, I've made art in all sorts of places—kitchen tables, spare rooms, even a dusty outbuilding with excellent spiders. No matter how temporary, each space was arranged with care. I've learned that while aesthetics change, the essence of a creative space stays the same.

For me, **proximity** is key. My studio needs to be near the pulse of home—either inside or just a few barefoot steps away. Creativity isn't something I schedule; it's woven into my days, my parenting, my pauses for tea. I also need storage. Not to tidy everything away, but to give the clutter somewhere to rest. I work best with a clear table and surfaces that hold small, intentional scenes—little collages of objects and images that spark ideas. In many ways, the studio itself becomes a living collage.

Most importantly, it's not a retreat—it's part of our **home**. My children wander in with painted rocks or muddy boots, and we create side by side. I want them to know that art isn't something rare. **It's something you live in.**



THE BOOK



If you've ever said, "I used to love drawing as a kid," this book is your invitation back. Creative Wanderlust distills everything I've learned from teaching thousands how to rekindle their spark through art journaling.

Inside: mindset shifts, stories, tutorials, and gentle prompts to help you make art that feels good—body and soul. Whether you're just starting out or deep in Wanderlust, this book is a soulful, practical companion for when the blank page feels too loud.

Available now from all major booksellers - just search Creative Wanderlust by Kasia Avery or scan the QR code or [**CLICK HERE**](#) to buy from Amazon (affiliate link)



**CREATIVE
WANDERLUST**

by Kasia Avery

CREATIVE EXERCISE



Notice your creative space

IN YOUR JOURNAL TRY AND SKETCH:

- A tool you use every day but rarely look at.
- A paint splatter, ink stain, or pencil mark that has its own beauty.
- Something that's been sitting in the same spot for months.
- A tiny piece of nature.
- An object that holds a memory or meaning.

- A shadow with an interesting shape.
- A piece of paper, fabric, or scrap with interesting texture.
- A colour that shows up more than you expected.
- A little mess that actually feels inspiring.
- Something with a crack or tear.

No need to make a masterpiece - just notice, draw, and let your space speak back to you. There's magic in the ordinary.

ADVENTURER GALLERY

Hi Lovely,



AMY FISHER

Wanderlust Community
Manager

One of the most loved parts of Wanderlust is our private, closed community - a calm and intentional space where creativity is shared without pressure. It's not about algorithms or likes. It's about showing up and connecting through art.

Our Adventurers head there not to scroll, but to reflect, share their pages, ask questions, and celebrate progress - no matter what stage they're at. It's where real creative friendships begin.

These **featured artworks** come straight from that community, and they're a testament to the courage, curiosity, and care that lives at the heart of Wanderlust.

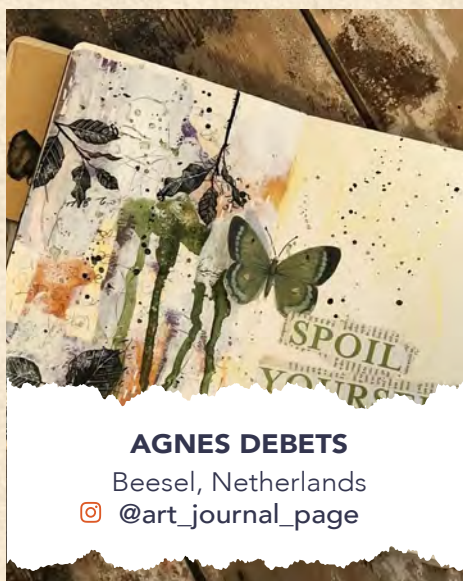
Amy x



ADAH MASAOKA

Seattle, WA

Instagram @adahmasaoka



AGNES DEBETS

Beesel, Netherlands

Instagram @art_journal_page



CHELSEA K

Northern Virginia, USA



JUDY LITTERST

St. Cloud, MN



JULIE BISHOP

Chilliwack BC Canada

📷 @juliebishopart



KARIN B

Brooklyn, NY, USA

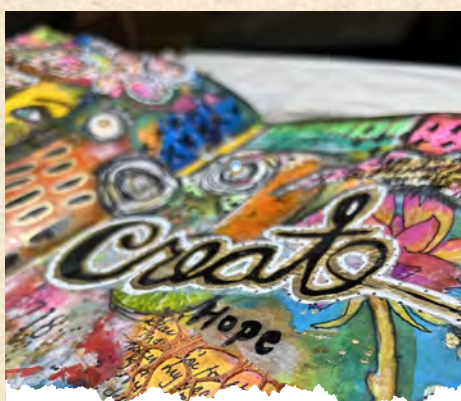
📷 @karin.makes.art



DENISE SZAFRAN

Chicago, Illinois

📷 @ddszafr17



LOU ANN CUNNINGHAM

Simi Valley, California USA

📷 @peacefuldove



REVEDE VI

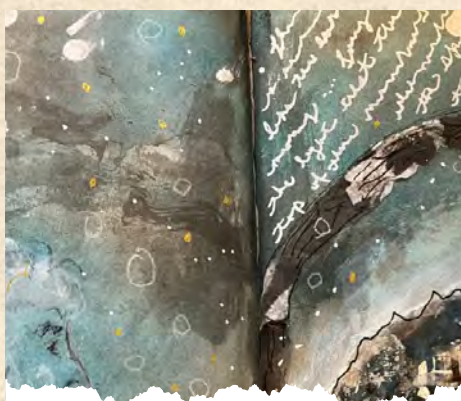
St Tropez



KIMBERLY MCCANN

Las Vegas, NV

📷 @hispalette



VICKI HOLLANDER

New Mexico

**SEE MORE OF OUR
ADVENTURERS'
WORK HERE**

SCAN THE QR CODE



MEET THE TEACHERS

Every Wanderlust season is shaped by an incredible group of artists from around the world - each bringing their own voice, techniques, and creative philosophy to the classroom.

This year's team is as diverse as the lessons themselves: from abstract expressionists to collage lovers, from soft storytellers to bold mark-makers.

Whether you're drawn to intuitive journaling, layered textures, or sculptural play, there's someone here who will speak your creative language - and someone else who might just surprise you.

These are the faces behind the lessons, the voices guiding your journey, and the hearts cheering you on. Let the adventure begin.

SAVE THE DATE!

Wanderlust 2026 opens for enrolment on Friday 12th September at 3pm (UK time). Be ready - the first 2000 spots go fast!

[LEARN MORE](#)

MEET AN ADVENTURER



I used to struggle to dedicate myself to doing art.

I work full time & didn't give my art priority. I didn't give myself priority.

Not only has Wanderlust improved my art practice, it also improves my mental health. It's therapy for me as I suffer from anxiety.

I've been a Wanderluster since the beginning & I have to say it has helped me through some very difficult times.

STEPHANIE AUSTIN 





JUST SOME OF THE PROJECTS
YOU'LL BE CREATING ON
WANDERLUST 2026

PRICING JOIN NOW

WANDERLUST 2026

Wanderlust 2026 is your invitation to create consistently, explore fearlessly, and go deeper with your art.

Join a vibrant community of artists and journalers. With weekly guidance from Kasia Avery and over 30 incredible guest teachers you will create a new project every week.

This is more than a course. It's a creative habit, a circle of support, and a permission slip to take your art seriously.

[LEARN MORE](#)

*Early Bird pricing for the first 2000 Adventurers only.

*Local taxes may apply at checkout. The classroom will be open to join from 12th of September 2026.

WANDERLUST 2026

- ✓ 48 weekly video lessons
- ✓ 4 seasonal live streams with Kasia
- ✓ Printable handouts
- ✓ Weekly inspirational emails
- ✓ Community access
- ✓ Lifetime access
- ✓ Bonuses and extras

\$99 EARLY BIRD*
\$199 REGULAR

WANDERLUST 2026 + PLUS

Everything above +
6 **more** lessons and
several extras

\$124 EARLY BIRD*
\$249 REGULAR



MEET AN ADVENTURER



When I signed up, I had no idea how much I would look forward to the upcoming lesson each week! I usually watched it within a few hours of it being released. I then tinkered away at completing the lesson each evening for the following few days.

Wanderlust has become the highlight of my week!

I now focus on my art practice much more regularly, thanks to the structure of the weekly lessons. The varied assignments have pushed me outside comfort zones to try new materials and new techniques. The Wanderlust group is also wonderful; they are the source of so much encouragement and inspiration.



ROBYN ALTHIKS

SEE YOU IN THE CLASSROOM

You don't need to be "ready." You just need to be curious.

Whether you're stuck in a creative rut or ready to expand your practice - Wanderlust 2026 will meet you where you are.

We've been doing this since 2015. We know how to guide you through a beautiful, motivating year.

Sign up from the 12th of September 2025 at everything-art.com

*Kasia and the
everything art
team. X*

See how
Wanderlust
has changed
people's lives.

Read Wanderlust
Stories [here](#)

