



ElevateHER



Realising
Your Potential



Imagine how confidence and clarity could help you transform your career.

Understanding your strengths will help you thrive.

Think about how a supportive network will empower your success.

Is this your time to focus on you?

Perhaps you need a boost of confidence or a surge of motivation to take your career to the next level. Or maybe you just want to be clear on what will truly make you thrive in your chosen career. Remember, every great journey begins with a single step, and the path to success is paved with determination and passion.

What is ElevateHER?

ElevateHER is a career coaching programme designed with women in mind.

Working in a small cohort group of women over a 6 month period, we will help you to build the personal power and confidence you need to recharge and take charge.



Realising Your Potential

How does it work?

We start by discovering who you are by providing you with your Insights Discovery Personal Profile and a one to one session with your career coach to bring it to life. Your Insights profile measures your preferred way of working and communicating with others.

We then move to online group Power Hour learning sessions which will help you to get clear about;

- Your Why.
- Your values and what really matters to you.
- Where you thrive.
- What actions you might want to take.
- How best to remove the blockers and put bridges in place.
- How to get going with a realistic plan of action.

Alongside all of this learning about you, working in small peer groups will give you the opportunity to create a wider network of women all on the same journey of self discovery.

Power Hour Sessions



Understanding your needs that drive your actions – certainty, variety, significance, connection, growth and giving.



Defining your why, your purpose and values and what it is that makes you thrive.



Finding your confidence – channelling your inner voice.



Creating your achievable goals and what it will mean when you get there.



Creating time and space to make it happen – how to create the opportunity for yourselves.



Taking action – having the confidence to go for it.

Sign up now and you'll get your **Insights Discovery Profile**, an invitation to **7 online Power Hour sessions** with your group and a workbook with all the tools you'll need to bring it all to life.

We can't wait to get you started!



Invest in yourself
£975 plus VAT



Remote learning

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