

# Winchelsea Star

Price \$1

Your Weekly Community Newspaper

Since 1977

Vol 48 Ed 07

Tuesday 25 February

[winchelseastar.org.au](http://winchelseastar.org.au)

COMING SOON

# COMMUNITY DINNER

*Eat • Meet • Chat*

Page 3

# BOGGED

## IN WINCH

A Men's only Mental Health night with Mary O'Brien, the founder of 'Are you bogged mate' a movement aimed at helping connect country men with support services and break down the stigma associated with seeking help around mental health.

"After spending her whole life working in rural and remote Australia, Mary knows country blokes. She's worked with them, for them, and beside them and most importantly she knows how to talk to them. This unique perspective inspired the launch of Are you bogged mate?"



Scan the QR Code, phone or email to book your (FREE) ticket! For you, and a mate!

5267 2240

[vitality@onebodychiropractic.com.au](mailto:vitality@onebodychiropractic.com.au)

Tuesday March 18th  
6:30pm - 8:30pm  
Winchelsea Shire Hall



Join us for a moving conversation with Mary  
Tuesday 18th March 6.30-8.30pm at the  
Winchelsea Shire Hall  
-- let's change the way we approach men's  
wellbeing.

**FREE to attend.**

**Nibbles and drinks provided.**

**Men only (this is at the request of the  
speaker for the benefit of the men attending)  
Bookings ensure catering needs are met**

### Bookings:

**Via QR Code**

**Email:**

[vitality@onebodychiropractic.com.au](mailto:vitality@onebodychiropractic.com.au)

**Phone:** 5267 2240

*Alternatively, come visit One Body  
Chiropractic and book via reception.*

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# Winchelsea Community Dinner

## Celebrating the essence of community

Mark your calendars for March 29, as Winchelsea gears up for an unforgettable evening of connection and celebration at the Community Dinner. This event is more than just a meal; it's a chance to weave the fabric of our community tighter, one story at a time.

Picture this: the sun setting over our charming town, the air buzzing with laughter and the aroma of home-cooked dishes. Long-time residents share tales of Winchelsea's past, while newcomers bring fresh energy and excitement. It's a night where generations meet, and everyone, young and old, finds a place at the table.

The venue for this heartwarming gathering is St John the Baptist Catholic Church Hall, accessible via Harding Street. To keep the spirit of community alive, we're asking for a gold coin donation at the door to help cover costs and to give thanks to our gracious hosts.

Here's the twist – the dinner is a potluck! We invite you to bring your favourite dish, whether it's a family recipe or a local favourite or even something bought from your favourite store. Imagine the variety of flavours, each dish telling its own story, crafted with love by your neighbours. It's a culinary adventure that promises to delight your taste buds and spark conversations.

Long tables will be set up, creating a cozy, communal atmosphere. This setup encourages everyone to mingle, share stories, and make new friends. It's a perfect opportunity to break the ice and build connections that last beyond the evening.

To join this celebration of community spirit, simply RSVP on the event's Facebook page, by using the QR code below. Feel free to call or text if you don't use Facebook. Keep an eye out for more details in the shop windows of local businesses.

Don't miss out on this chance to be part of something special. The Winchelsea Community Dinner is set to become a beloved tradition, celebrating the essence of our town – its people.

If you have any questions, reach out via the Facebook page (scan the QR code for quick access) or contact Jess on 0409 536 752. We're also looking for sponsors and volunteers to make this and future events a success.

We can't wait to see you there, sharing in the laughter, the stories, and the delicious food that make Winchelsea such a wonderful place to call home.



### LET US KNOW YOU'RE COMING

#### FACEBOOK EVENT PAGE:

fb.com/events/1268149947601233  
(easy version - jo.my/wcd-2025-mar )

#### PHONE:

Jess on 0409 536 752

#### EMAIL:

winchelseacommunitydinner@gmail.com



## Helping Local Sporting Clubs To Get More People Involved

Grassroots sports clubs are the heartbeat of so many local communities, and the Victorian Government is backing them to be even better with a new round of grants to upskill staff and volunteers.

Minister for Community Sport Ros Spence announced applications are open for the Sporting Club Grants Program – with a focus on upskilling volunteers so that they can continue playing a vital role at their local clubs.

Grants of up to \$5,000 are available for clubs to improve the skills and knowledge of volunteers, coaches and officials, as well as grants of up to \$4,000 to help clubs deliver new programs to the community.

Clubs can also apply for grants of up to \$1,000 to purchase uniforms and equipment, and \$750 travel grants are also available to participate in competitions away from home.

The program is backed by the Regional Community Sport Development Fund that is delivering infrastructure upgrades as well as the Regional Community Sport Infrastructure Fund to help more regional Victorians get active and be part of their local sporting club.

Applications for this round close 27 March 2025. For more information and to apply visit [sport.vic.gov.au](http://sport.vic.gov.au).



# Visitors to Winchelsea

John Egan from Geelong and his Maltese-cross companions Rosie and Mindie sometimes visit Winchelsea for an adventure but their favourite place is the dog beach at Torquay where they can run off lead.



The cockatoos are back in town to feast on the seed pods on the street trees and causing angst among the shop keepers having to continually sweep their pavement area.



Kade and partner Jade (who was shopping on the IGA when photo taken), with poodle-crossed Monty and Lashes, are from WA and touring Australia. Kade said Winchelsea is a great place to stop and stock up on supplies and easy to walk around everywhere. They were enjoying the free-camping beside the Barwon River particularly because dogs are welcome there.

However they had to move their van due to flooding beneath them due apparently due to a mishap above them at the pool construction. It was very squelchy under the grass in the background where their van was parked. Next stop Tasmania via Geelong to catch the Spirit of Tasmania.







## Request for Tender Hospital Auxiliary Opportunity Shop - Redevelopment Works Tender Number: A2025-02

Hesse Rural Health is seeking a suitably qualified and experienced Contractor to undertake redevelopment of a retail site in Winchelsea. The Works are to be completed in accordance with the directions provided in the Tender Conditions, including the Specification.

For a copy of the tender documents please visit <https://www.tenders.vic.gov.au/tender/search/> searching in the 'Issued By' field under Hesse Rural Health. Submissions close 2:00PM, Thursday 6 March 2025.

**Note:** The lowest or any submission will not necessarily be accepted.

## Big Build Effects for Western Victoria

The Government is continuing works across Victoria's Big Build this autumn.

Critical testing is underway on the Metro Tunnel Project on weekends. Work will get underway to take down the tower crane that built the outbound tunnel portal. Drivers are reminded inbound ramp closures are set to begin until late March between Grieve Parade and the West Gate Bridge, and inbound traffic will continue to be reduced to three lanes. The inbound entry ramps on Millers Road and Grieve Parade, as well as the Williamstown Road exit ramp, will be closed. Also in Melbourne's west, works will take place across weekends on the M80 freeway in March to integrate the West Gate Tunnel into the existing freeway network.

In regional Victoria, coaches will replace trains on the Geelong and Warrnambool lines for part of the journey for two weeks from the 31 March while crews upgrade level crossings on the Geelong Line and work begins on a stabling upgrade at Warrnambool Station.

To find out more and to check before you travel, visit [bigbuild.vic.gov.au/map](http://bigbuild.vic.gov.au/map).

## The skills you already have, can help you make a positive impact as a Prison Officer.

Discover a rewarding and secure career as a Prison Officer. Apply now at **Western Plains Correctional Centre, Lara**, and receive an \$8,000 sign on bonus\*.



**Corrections  
Victoria**

**Hiring now**

\*Conditions apply.



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# Winchelsea Star



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**ELGAS**

**Winchelsea Community Foodbank**

**Fridays, 12 - 2PM**

**30-32 Hesse Street Winchelsea**



Food relief for our community.

For more info, contact Tess  
[healthpromotion@hesse.vic.gov.au](mailto:healthpromotion@hesse.vic.gov.au)  
0417 848 292

## WANTED Winchelsea Girl Guides needs girls

We welcome girls 6-15yrs.

We meet Mondays 4.30 pm-6pm at St John's Catholic Church Winchelsea during school term.

Guiding provides fun, friendship, and adventure. Developing teamwork, and leadership skills, whilst girls achieve goals, improve communities and grow in confidence.

Many of our girls were from Moriac so a Unit has been opened at Modewarre to cater for them. We also had 4 travelling up from the coast, and now they attend secondary school in Geelong so they have transferred to a Geelong Guide Unit.

**If interested, girls can attend 2 free sessions.**  
**girls are welcome to come along and try.**

Enquires contact

Yvonne Orchard ph 0448 672 630 or Lily Dell Rennie ph 0428 936 441



**Colac Otway Performing Arts & Cultural Centre**  
**95-97 Gellibrand Street, Colac VIC 3250**

## INTERNATIONAL WOMEN'S DAY 2025



**Saturday | 8 March | 6:30 pm**

**Bold, Besharam, and Brilliantly Funny — Comedy Like You've Never Seen!**

Laugh your heart out to an award-winning besharam (shameless) line-up of Indian, Sri Lankan and South Asian comedians living in Australia. After sold out shows at Melbourne International Comedy Festival, Edinburgh Fringe & Sydney Comedy Festival, Brown Women Comedy is heading to Colac. No topic is too taboo.

From growing up brown in Australia, being bisexual to getting disowned thrice, these women won't be holding back on turning traditional family expectations into comedy gold.

**All tickets include a 3-course meal prepared by Shivaya's Diner!**

**BOOK NOW:** [copacc.com.au](http://copacc.com.au) | Box Office | QR code  
Ticket \$80 | Concession \$72 | COPACC Member \$64



## Michelle Stocks has a passion for Winchelsea

Michelle Stocks, a well known community member has worked tirelessly over many years to support the development of Winchelsea.

"My family moved here when I was in Grade 5, I attended the local consolidated school until year 9 and travelled to school in Geelong to complete my secondary schooling, studying, as many girls did, secretarial studies which led me to my first job in the office at Goold College on a scholarship for twelve months," said Michelle.

Michelle married local Michael Stocks, had daughter Ash and son Adam and purchased a house when interest rates were at an all time high of 17.5%. Taking whatever work was available locally, often working evenings and weekends with the support of Michael, family and friends for child care while the children were young.

Then started a 30 year involvement with Hesse Rural Health progressing from casual kitchen and cleaning work to administration and payroll. Michelle went on to become a Board member of Hesse Rural Health for nine years and is now Executive Officer with Corangamite Financial Services, our local Community Bank.

"I have been fortunate to have a great supportive family. Growing up in a small community meant you were involved in everything the kids were involved in. Being part of the community gave you support and encouragement, but I found

I needed to know more which led me to undertaking the Surf Coast Shires Casurina Program and a Community Leadership Program with the Committee for Geelong. It was a great opportunity to extend my knowledge and confidence to take on more leadership roles. I am a current Board Director on the APCO Foundation - which is all about spreading kindness to community organisations and individuals who find themselves in a crisis situation, we have assisted so many groups and families to get through the toughest of times.

Michelle encourages anyone who gets the opportunity to participate in a Leadership Program to give it a go and consider how you can contribute to the local community.

A local Women's Business Network will be a catalyst for promotion of a range of information, training and advice.

"Many women quietly work behind the scenes, women need to know how we can promote ourselves, our businesses and community. If we don't have access to information, advice or resources how can we promote each other? All too often women don't stand up and shout about themselves. I urge women to come and celebrate International Women's Day and put their hand up to be a part of an exciting new initiative for Winchelsea, the formation of a Business Network," continues Michelle.

"The event being held on Tuesday 18 March 2025 is proudly supported by the Community Bank, Winchelsea & District, Growing Winchelsea and the Surf Coast Shire.

We are keen to hear what you are looking for in a business network, what are your training and development needs so come along and celebrate International Women's Day with us," concludes Michelle Stocks.



### **NATURAL GAS** **CONNECTIONS**

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- GAS FITTERS
- GAS CONVERTERS
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**PH: 5267 3001**

**Mob: 0417 137 457**

**17 Alsop Drive**





# Lions Club Visit From District Governor

Story and photos Linda Carter

Winchelsea Lions Club hosted a dinner last week at the Hub to welcome our District Governor elect Sue Eyton and her husband Rob.

Sue has just returned from a convention in Chicago where there were 700 incoming District Governors present.

The Club was very proud to bestow the Melvin Jones Fellowship on our treasurer David Yandell. David is currently undergoing some health problems so the award was accepted on his behalf by his sons Nick and Michael. We all wish you well David. David is the mainstay of our paper collection project and has been responsible along with many other helpers in bringing in over \$50,000 for our club to distribute among the community.

The Melvin Jones Fellowship Award is a way of recognising a Lion or member of the public who have made a significant contribution to Lionism.

We were also proud to induct our new member Rob Davies who was introduced by his sponsor Paul Sorenson. Rob is a former member of Winchelsea Leos Club so is no stranger to the Lions Family. Welcome Rob.

A great evening , many thanks to Janet and her footy club team for a delicious meal and the cricket club guys for manning the bar.

Lions have a busy calendar coming up so look out for us around the town.



*Nick and Michael Yandell accepting the Melvin Jones Fellowship on behalf of their father David*



*DG elect Sue Eyton with new member Rob Davies and his sponsor Paul Sorenson*





# Small acts make a big impact.

E-waste cannot be put into any of your household bins.

E-waste is any item with a plug, battery or power cord that's no longer wanted. E-waste contains hazardous materials which can be harmful to the environment, but they also contain valuable resources that can be reused.

**Visit [surfcoast.vic.gov.au/e-waste](https://surfcoast.vic.gov.au/e-waste) to find out where to take your e-waste.**





# *It's a celebration!* **WINCHELSEA'S COB WALL BUILD**

- Community Welcomed - All Ages
- No Experience Needed
- Join in as little or as MUCH!



Sat 1st of March to  
Sun 9th of March  
(9 days)



Build starts at  
Riverbank Playground  
9am each day

## **What to expect**

- Weekend BBQ (Lions Club and Men's Shed)
- Music Entertainment
- Laughter & Mud stomping - Wear something old!
- ... Full Schedule to follow..



**ALISON DEAN**  
alisonpdean@gmail.com

**LET'S CREATE A NEW HISTORY**







**Winchelsea Community House Inc.** A6247K  
 28 Hesse Street, PO BOX 75, WINCHELSEA, Vic. 3241  
**Phone:** (03) 5267 2028 **Email:** [manager@winchhouse.org.au](mailto:manager@winchhouse.org.au)  
**ABN:** 48 932 340 254

### Co Working/Study Space

**Mondays & Thursdays 9am – 2pm**  
**\$10 per day no subscription required.**

Need to work or study remotely but not from your home office? The Shire Hall is a quiet space with ample options for work, study and meetings.

### Vinyasa Yoga

**Tuesday evenings at 7pm**  
**11<sup>th</sup> of Feb – 25<sup>th</sup> March**

Join Kate for pose alignment, pranayama (breath work), meditation, yoga philosophy, and mindful movement. Learn something new in every class and deepen your connection to yoga.  
 \$23 per class.

### Mother Goose Song & Rhyme

**Every Wednesday at 2pm**

During school terms

For parents and caregivers with children of all ages.

Sessions are led by Child and Family Health team members.

FREE, No bookings required just come along and

### Winchelsea Knitting Group

**Thursday Mornings 10.30 – 12pm**

All welcome, Learn to knit or bring a project to work on whilst enjoying a cuppa and a chat at Winchelsea Community House.

### Tai Chi

**Friday Mornings, from Feb 7<sup>th</sup>**  
**9.00am – 10.00am**

In the Helen Verity Room,  
 Winchelsea community house

**\$10 per session**

### Chatty Café

**Fridays 10.30pm – 12.30pm**

**"Sip, Chat, Share, Care"**

Winchelsea Shire Hall

Everyone Welcome, Collection tin for donations.

### Carers Corner

**Friday February 28<sup>th</sup>**

**11am – 12pm**

Connect with other Carers in the community

Winchelsea Shire Hall

### Phonics with robot Reg

**Friday Mornings**

**Walkers – 3 yrs 10.15**

**Pre-School 3 – 5yrs 11.15**

*'A Fun, High energy class to Introduce and teach phonics skills'*

**Bookings at [robotreg.com.au/](http://robotreg.com.au/)**

### Flow Yoga

**Saturday mornings at 8am**

**8<sup>th</sup> of Feb – 29<sup>th</sup> March**

An inclusive, all abilities class. Build strength, clarity and bliss as you move through a dynamic whole body experience. A playful, powerful class that leaves you feeling refreshed and uplifted.

\$23 per class.

### Crochet Group

1.30pm in the Winchelsea Community Centre

Every Second Saturday

Next class March 8th

**\$5 per class**

**The Winchelsea Community House aims to provide a space to connect with others in our community through a wide range of programs and activities.**  
**There are many opportunities to learn new skills or further develop existing ones for fun, for your resume or for your confidence and mental health.**

# Winchelsea Star

Your Weekly Community Newspaper

Since 1977



Winchelsea  
Star



## Winchelsea Star Production Meeting

**Saturday 29 March 2025 9-10am**

Everyone is invited to come along to a monthly meeting - with coffee of course - on the last Saturday of each month @ Sweet Thyme, Winchelsea.

Your comments or suggestions, feedback, ideas for stories or coming events are welcome - or simply to say Hi!

### This Week's Winchelsea Star

Editor - Judy Cameron

Designer - Tony Phelps



**send your stories**  
[news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)

### LOCAL NEWS and ARTICLES WELCOME

Include name and address of the sender

Email [news@winchelseastar.org.au](mailto:news@winchelseastar.org.au)

Leave hard copy at IGA Supermarket

### DEADLINE 5pm Fridays

4pm Sundays - hard copy articles left at IGA

6pm Sundays - sports results and weekend events

### ADVERTISING

[advertising@winchelseastar.org.au](mailto:advertising@winchelseastar.org.au) 0408 102 802

### free digital subscription

[winchelseastar.org.au](http://winchelseastar.org.au)

### JOIN US ON

### FACEBOOK

[facebook.com/TheWinchelseaStar](https://facebook.com/TheWinchelseaStar)

## production

**Editors:** Cerrie Forgan, Yvonne Stevens, Judy Cameron

**Advertising:** Sasha Gauntlett, Neil McInnes

**Design:** Susan Corby, Tony Phelps

**Printed by:** Winchelsea Community House

**Website by:** Winch Websites

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Views expressed are not necessarily those of the Winchelsea Star or Committee. The Winchelsea Star reserves the right to edit or not publish any article.





# Winchelsea Star COMMUNITY NOTICEBOARD

email [editor@winchelseastar.org.au](mailto:editor@winchelseastar.org.au) or  
leave at Winchelsea IGA

## WINCHELSEA TENNIS CLUB

### JUNIOR COACHING

Mondays from 3.30pm  
with experienced Nicole Mullen, \$10

### SOCIAL TWILIGHT TENNIS

Monday evenings from 6.00pm.  
All Welcome!

## CUBS AND JOEYS

For more information,  
or to get involved, contact  
Marie McPadden – 0409330147 or  
[mcpadden630@bigpond.com](mailto:mcpadden630@bigpond.com)

## LIONS CLUB

Environmentally friendly  
compressed paper bricks for your fire.  
Save on the rising cost of wood.  
Pack 4 bricks \$5 - Roll small rolls \$2  
Contact Alan 0476 475 422

## WINCHELSEA PICKLEBALL

Winchelsea Leisure Time Centre  
Wed 7-830pm or Thurs 10-11.30am.  
All equipment supplied,  
wear suitable footwear.  
Lesley Mathison 0438 672 197

## FOR SALE

A man's watch, it's beautiful, regretful  
sale, also a man's gold ring, \$300 for  
both, they are both special to myself as  
they were my ex partner's who died of  
cancer and I gave them to him.  
Very regretful sale also, a large picture  
of Dustin Martin and signed by him.  
\$300. Or \$500 the lot. "Richmond Fans"  
Ph 52 672 954.



Social Bridge is played

### EVERY TUESDAY

**NEW TIME 10 AM - 12 NOON**  
SENIOR CITIZENS CENTRE  
36 Harding Street Winchelsea

***New players always welcome***

Elaine Atkinson 0458 009 616

## WANTED TO BUY

ASAP an electric hot water system.  
Please contact 52 672 054.

## Cancer Connection

Partnering with 

**Weekly group sessions connecting those impacted by cancer through promoting wellbeing, education, exercise and social support.**



For those living with cancer, and for those caring for those living with cancer.  
Share a cuppa and morning tea.

**YOURCAREPATH**  
Regional Care Partnerships - Chronic Conditions

**Introductory Session**  
Feb 27th & ongoing  
Thursdays 10am-12pm

**Hesse Rural Health**  
Community Building  
8 Gosney St, Winchelsea

To register your interest please contact:  
Email: [healthpromotion@hesse.vic.gov.au](mailto:healthpromotion@hesse.vic.gov.au) Phone: (03) 5267 1200

## COMMUNITY CO-WORKING & STUDY SPACE

**9am - 2pm Mondays and Thursdays**  
**\$10 Flat rate no subscription required.**



**NBN Wi-fi**  
**Access to Photocopying and printing**  
**Whiteboard for brainstorming**  
**Microwave and fridge and On-Site Espresso Coffee!**  
**Private meetings and Wide screen Tv also available upon request**

# Winchelsea Community Market



Shire Hall  
9am - 1pm

FIRST SUNDAY OF EACH MONTH

2 March 2025

6 April 2025

4 May 2025

1 June 2025

## Celebrate International Women's Day across the shire

A grassroots discussion led by a gender-based violence author and advocate, an exhibition showcasing female artists, and a community-led networking event – Surf Coast Shire Council invites people to celebrate 2025 International Women's Day (IWD) in various ways.

TEDx Talk speaker and author Jane Gilmore is the guest speaker at a free event on Wednesday 5 March at Council Chambers in Torquay at 10.30am. Jane will share her important work towards gender equality, headlined by her decade-long FixedIt campaign which continues to change how media reports on men's violence against women.

"Jane has made an incredible difference throughout her career," Cr Liz Pattison said. "I'm looking forward to being in a room with people from across our communities, gaining insights and sharing ideas on how we can advance gender equality in Surf Coast Shire."

The Torquay event – which aligns with this year's IWD theme 'accelerate action' – includes question time and a shared lunch.

Council will play a supporting role in International Women's Day events in Anglesea and Winchelsea.

Community members are invited to attend the Resilience exhibition at Anglesea Art Space from 19 February to 9 March. Featuring solely women artists, the exhibition explores personal and significant topics, highlighting the challenges and strength of resilient women in everyday life.

The exhibition – which will be launched on Friday 21 February at 6pm – is open Thursdays to Mondays between 10am and 4pm. An art therapy workshop for women is being held alongside the exhibition.

Meanwhile, Growing Winchelsea will utilise a Council grant to help deliver an event for women in business, part of a broader

project to develop a women's business network in Winchelsea.

More than 60 businesswomen are expected to come together on 18 March at the Winchelsea and District Women's Brunch to share information and advice, increase community connections and build business success.

"It's fantastic to see the community taking the lead on International Women's Day events across the shire, and no doubt there will be plenty more that people can attend throughout March," Cr Pattison said. "They all support our goal to foster a thriving, connected, healthy community."

For more information on the IWD events including booking details, visit [surfcoast.vic.gov.au/IWD](https://surfcoast.vic.gov.au/IWD) or call 5261 0600.





# Winchelsea Market this Sunday March 2 from 9am-1pm.

You can meet one of these stall holders!

Ian Bigmore with his Dads Shed stand full of wonderful memorabilia. Find him on an outside stall.



And Ian's wife Bev will be inside the Shire Hall with her wonderful handmade cards, etc. Bev is also famous for being one of the CWA ladies who cooked rabbits on the the ABC show 'Eat the Invaders' filmed at Barwon Park.

The Bigmores have lived in Winchelsea for six years and love the rural feel and community spirit. Although moving from Torquay they do miss the sea on their doorstep.



## Letter to the Editor

Dear Editor,

I write today re the column misleadingly headed 'Sustainable Approach to the 2025 Duck Hunting Season', a piece of writing that was clearly issued by the Victorian government's propaganda department.

According to recent research by the University of NSW, waterbird numbers on the east coast of Australia have almost halved in the last 12 months, due to a lack of rainfall decimating breeding habitats. Given these most concerning survey results, permitting a shooting season at all, much less giving it a full three months AND allowing a daily slaughter of nine birds per shooter is clearly nothing short of reckless and highly irresponsible.

As well, as if that wasn't bad enough, we also have the serious threat of bird flu looming on our doorstep, with a third poultry farm in Victoria becoming infected recently. Allowing the 'recreational' slaughter of native birds while simultaneously spending millions of dollars on attempting to protect wildlife in the event of a bird flu pandemic is decidedly counterintuitive.

Apart from the fact that less than 1% of the community participates in the 'recreational' killing of waterbirds, 97.9% of them men, how is it remotely democratic when both the major parties in Victoria are bipartisan in their support of duck hunting despite the fact that more than two thirds of Victorians are opposed to it and want it banned? And why should millions of dollars of our taxes be spent every year to support such an abhorrent pursuit that most of us want relegated to the history books? The PFAS and lead levels in the ducks often makes them unfit to eat anyway, so it appears to be merely the joy of killing that is the main motivation.

The major parties, both at a state level and federally demonstrate over and over again that they are merely a tag-team duopoly, both of which work for powerful individuals and groups rather than for their constituents. When either major party is in power, we have an oligarchy where democracy is merely an illusion - small progressive parties and Independents are desperately needed to break up the current decidedly anti-democratic duopoly system.

Mary Cotter, Winchelsea



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# Upper Barwon Landcare Network 2025 Social and Planning evening

The Upper Barwon Landcare Network invites all of our member groups and their members to a landcare gathering. This will be an opportunity for the Upper Barwon landcare community to come together socially to share experiences and enjoy an evening stroll along the Barwon River.

We will also have a chat about what the UBLN has planned for the coming year and provide the opportunity for input into the activities of the network.

The Winchelsea Land and Rivercare group will host us for this year's event and will lead a walk along the Barwon River in the Winchelsea township to showcase all the amazing things the group has achieved to restore the river environment.

**All community members and their families welcome.**

**When:** Friday 28th February  
2025

**Time:** 6pm onwards

**Where:** Anglican church hall  
27 Barwon Terrace  
Winchelsea

**What to bring:** Bring a plate  
to share for a "Pot Luck"  
dinner (fridge and oven  
available) BYO drinks  
Tea, Coffee and water  
provided

**RSVP by Wednesday 26th February**

Click the link or scan the QR code to register  
<https://events.humanitix.com/upper-barwon-landcare-social-and-planning-evening>



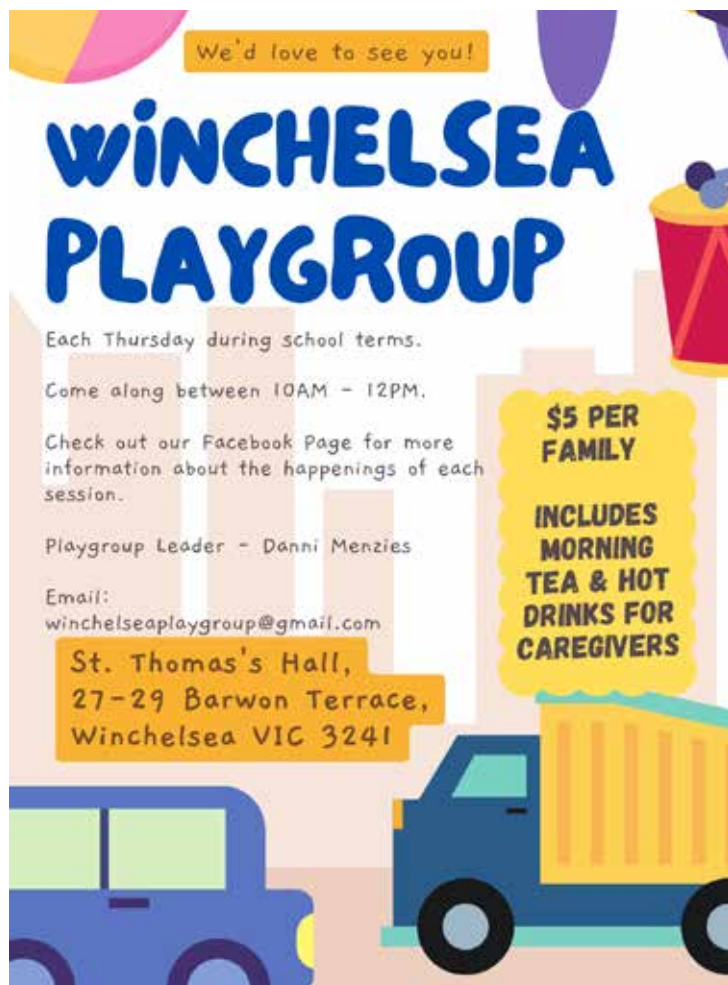
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## Drink Driving Penalties You May Not Know

Drink driving remains one of the most significant contributors to Victoria's road toll. According to the Victorian Government, since 2023 around one in five drivers who lost their lives on Victorian roads had a blood alcohol concentration of 0.05 or above.

The Victorian Government introduced new penalties for drink drivers on 17 October 2024. Under the new law, those convicted of a drink driving offence must drive with a blood alcohol content of zero for at least three years.

Many drivers are not aware that in Victoria every drink driving offender will:

- have to pay a heavy fine
- lose their licence
- need to complete a behaviour change program
- have to get an alcohol interlock installed in their vehicle
- drive with a Blood Alcohol Content (BAC) of zero for three years after successfully completing their court-mandated Alcohol Interlock Program.

"While most Victorians do the right thing, drink driving continues to be one of the Fatal Five risks and alcohol greatly increases the chance of being involved in a crash," said James Williams, RACV Head of Policy.

"The new minimum penalties introduced in 2024 send a clear message to motorists that driving after drinking alcohol is just not worth the risk.

"Drink driving offences may also result in vehicle impoundment or, for serious cases, possible imprisonment. The exact penalties will depend on a range of factors, including BAC level, age and licence type."

Mr Williams also noted that re-offenders may face heavier penalties than first-time offenders.

"Drivers found with a BAC over zero during the mandated three-year period will also be considered re-offenders and will have to start the process again, including a licence disqualification period, interlock condition, and three-year zero BAC driving condition," Mr Williams said.

"There are many factors that can impact BAC readings, such as your age, sex, weight, fatigue levels and tolerance to alcohol.

"The safest way to know for sure that you are under the legal drinking limit is to not drive if you drink. Select a designated driver, look up public transport options, or book a taxi or Uber home."

For more information on the drink driving minimum penalties visit [racv.com.au](http://racv.com.au)

# Winchelsea Churches



## St John's Catholic Church

Father Joseph Panackal  
0404598558  
Harding St, Winchelsea 3241

### MASS TIMES

*Winchelsea* - St. John the Baptist @  
6pm Sat. MAR. 1, 8, 22, 29  
*Anakie* - St. Brigid @ 9am Sun. MAR. 2,  
30  
*Meredith* - St. Joseph @ 9am Sun.  
MAR. 9, 16, 23  
*Bannockburn* - St. Mary MacKillop @  
11am Sun. MAR. 2, 9, 23, 30  
*Inverleigh* - Sacred Heart - NO MASS

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## St Thomas' Anglican Church

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stthomaswac@gmail.com  
Barwon Tce, Winchelsea  
Service 10am

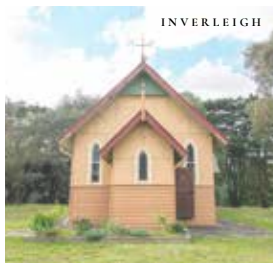
## Winchelsea Uniting Church

0475 777 301  
uca.winchelsea@gmail.com  
Hesse St, Winchelsea 3241  
Services 9.30am Sundays

### Thought for the Week

"All that we are is the result  
of what we have thought;  
it is founded on our thoughts,  
it is made up of our thoughts.  
If a person speaks or  
acts with pure thought,  
happiness follows them like  
a shadow that never leaves them."

**John Bader,**  
Former U/C Accredited  
Lay Preacher



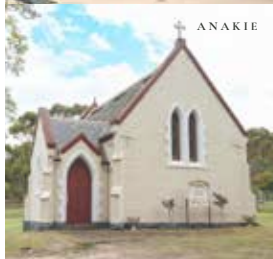
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**16**

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### Short History of Meredith Parish

Father Smythe celebrated the first mass of the district at the home of Mr John Campion in 1853.

The Catholic Parish of Meredith was established in March 1875, under the care of Father James Hegarty.

The District of Meredith, until the late 1850's was included in the Parish of St Mary's Geelong. It was later transferred to and served from Ballarat. In 1874, when Ballarat was created a separate diocese from Melbourne, Meredith and Elaine were transferred back to Geelong, and arrangements were made to form a parish between Geelong and Ballarat.

In March 1875, the Parish of Meredith, comprising Meredith, Elaine, Lethbridge, Anakie, Darriwil and

Steiglitz was established. Although Steiglitz was a much larger population, Meredith was chosen as the Parish Centre because of its convenience to travel, being situated on the main road and the railway line between the growing towns of Ballarat and Geelong. Lal Lal was added to the parish in 1909. The Steiglitz church closed in 1928; Darriwil in 1950; Lal Lal in 1960; Lethbridge in 2012 and Elaine in 2013. Bannockburn and Inverleigh transferred from the Winchelsea Parish to the Meredith Parish in 1998 and Winchelsea was welcomed in 2004.

The parish now comprises:  
St Joseph's, Meredith  
St. Mary MacKillop, Bannockburn  
St. Brigid's, Anakie  
Sacred Heart, Inverleigh  
St John the Baptist, Winchelsea





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# DEVELOP grant expands artistic horizons

Glowing achievements during 2024 attest to artist Fiona McDonald's ability to develop her work and inspirations, with a little impetus from a Surf Coast Shire Council creative grants program.

Fiona is a Torquay-based multidisciplinary artist with a passionate focus on combining use of ceramics and felted wool.

While more than a decade as an artist had provided many achievements and exhibition highlights, a successful application for one of Council's DEVELOP creative exploration grants in 2023 helped open new horizons.

The annual DEVELOP program aims to support creative exploration by individuals or groups, allowing successful participants to pursue directions, ideas and concepts.

"My DEVELOP grant assisted me with the purchase of a piece of equipment and materials – a slab roller and porcelain – enabling me to deepen my practice and increase the size of my works through consistent testing of the clay," Fiona said.

"Using clay as a 3D medium, it allowed me to test larger pieces for use in sculptural works later in the year."

And accolades duly followed, with Fiona exhibiting as a finalist in the National Emerging Art Prize, Fisher's Ghost Ceramic Award, North Queensland Ceramic Award and Deakin Small Sculpture Award.

Her work also featured in the Brunswick Street Gallery small works art prize exhibition, Torquay Hoop Gallery's Tangibility of Time and Memory exhibition and in Geelong's Yarra Street Window Gallery.

"Through this grant I was able to further develop my ideas around time and memory," Fiona said.

"I created sculptural works that I exhibited at the Lightbox in Torquay and consequently at the Hoop Gallery, as well as the fortyfivedownstairs gallery and the Brunswick Street Gallery in Melbourne.

"I have also had works selected for a number of awards.

"Receiving the grant was a fabulous step towards achieving all of this as it allowed me to continue to explore my themes."

Council's 2025 DEVELOP creative grants program is open for applications until 3 March via [surfcoast.vic.gov.au/DEVELOP](https://surfcoast.vic.gov.au/DEVELOP).

Cr Libby Stapleton said individuals can apply for

grants of up to \$3,000, and not-for-profit creative groups can apply for up to \$5,000.

"These grants can be invaluable in helping artists pursue ideas or methods which might always have been just out of reach," Cr Stapleton said.

"We encourage emerging, mid-career and established artists to take the positive step and apply for a DEVELOP grant which might bring new horizons into view."

Fiona McDonald said even the DEVELOP application process was productive.

"It really does help clarify what it is you want to achieve as an artist," Fiona said.

"I would wholeheartedly recommend to anyone tempted to apply to do it.

"It is an amazing grant to receive both financially and to feel that you are seen as a creative, which is so lovely – a warm embrace!"



Artist Fiona McDonald  
Photo: Fiona Hamilton

# Looking Back: Mick O'Mara

At the last Winch Star production meeting it was proposed the Star run a series of articles under the title of "Looking Back." It is anticipated Winchelsea residents will write these articles.

Perhaps the article may be on your family history from many generations ago. For example, the first of my mother's ancestors arrived in Tasmania in 1830, (called Van Diemen's Land then). Because that ancestor was a convict there are heaps of legal documents available for perusal.

Another approach could be, What brought you to Winchelsea?

In my case it was an amazing series of coincidences and flukes. But, how could we not take up a beautiful stone house on 5 acres, with a Barwon River frontage, for even in those days, an amazingly low price?

Personal experiences would be acceptable under this plan. A personal experience that I would write about is the majesty of doing the Melbourne to Hobart yacht race. After rounding Maatsuyker Island you run with the South-westerly for Tassie's East coast. We were doing 25 knots. Unbelievable! The seas were going half way up South East Cape which is about 60 metres high. Again, unbelievable!

Another personal experience I could write on is the terror of owning a 1927 model Willys Overland Whippet. It would drive

ok but stopping it was a real problem. It had what was called mechanical brakes. They didn't work! They may have been effective in the horse and dray days but not in the 1950's. To stop it you would grab the steering wheel, wedge yourself against the seat and put maximum pressure on the foot that was trying to push the brake pedal through the floor. You, usually, gradually, come to a halt. I was going through this procedure one day, to obey a red light, when the screws popped out of the timber steering wheel! The Whippet mounted the footpath and came to rest against a fence. Luckily no one was hurt. I gave the Whippet to my brother who lived at Maryborough where they didn't have traffic lights at that time.

We all have family histories and interesting experiences. How about sharing them with the Winch community?



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## Didn't vote in the 2024 local council elections?

Close to 530,000 Victorians who appear to have failed to vote in the October 2024 local council elections will have an opportunity to explain why when they receive an 'Apparent failure to vote notice' in the coming days.

Electoral Commissioner Sven Bluemmel says the Victorian Electoral Commission (VEC) is urging people who receive a notice to respond with a detailed explanation, as the VEC is required to issue a fine of \$99 if a person fails to respond in writing within 28 days.

'An 'Apparent failure to vote notice' is not a fine – it's a chance to explain why you appear not to have voted,' Mr Bluemmel said.

'If you respond to the notice in writing with a valid reason and evidence, you are much more likely to be excused.

'Completing and sending the notice back to us within the 28-day timeframe gives us a chance to consider your explanation and whether you can be excused.'

Voting in local council elections is compulsory in Victoria if you were enrolled to vote.

Voters are encouraged to sign up to receive VEC VoterAlert updates to receive reminders about future state and local council elections at: [vec.vic.gov.au/VoterAlert](http://vec.vic.gov.au/VoterAlert)

An election's turnout figure does not represent the number of 'Apparent failure to vote notices' issued for failing to vote. Non-voters who have already lodged reasons for not voting with the VEC (such as people who were travelling and completed an Away from Victoria form) will not receive a notice. Importantly, many of those who respond to the notice and provide a valid reason for failing to vote are not issued an infringement.

Compulsory voting enforcement in Victoria comprises 3 phases:

- **Apparent failure to vote notice.** This notice requires people who appear not to have voted to provide a detailed explanation for their apparent failure to vote. There is no infringement attached to this notice and recipients have 28 days to respond in writing.
- **Infringement notice.** This notice will be sent to people who do not respond to the notice, or who do not provide a valid and sufficient excuse for failing to vote. An infringement (a fine of \$99) is attached to this notice, with 35 days to respond in writing.
- **Penalty reminder notice.** This notice is sent to people who do not respond to the infringement notice. A penalty reminder fee is added to the original penalty amount and recipients have 28 days to respond. If at the completion of the penalty reminder stage the non-voter has not paid the infringement (and any penalty reminder fee), their details may be provided to the Director, Fines Victoria for further enforcement action.

Anyone issued with an infringement by the VEC who is experiencing financial hardship is encouraged to make contact with us.

### Calls For Help Go Unanswered

With more than 40 per cent of our country's young people under the age of 16 being exposed to family and domestic violence, Safe Steps has launched Unanswered Calls – a short documentary that highlights the plight of this group of vulnerable Australians.

In Unanswered Calls, two young people bravely share their lived experience of family and domestic violence. Their stories are accompanied by insights and commentary from leading industry experts and community safety champions.

Dr Tobin said that this is not just a film – it's a wake-up call needing to be urgently answered.

"Our system still largely views children as extensions of their protective parent in family violence situations, and young Australians are telling us it's unclear where to find support that's relevant to them. Young people are in critical stages of cognitive, emotional and social development, making them particularly vulnerable to the effects of trauma. If not addressed, this can become intergenerational trauma."

Safe Steps is calling for a dedicated, national response that works with young people to co-design a future where they have the supports they need, at the time and in the places they need it – particularly on the digital platforms they use.

Safe Steps is Victoria's only 24/7 family violence crisis response service, delivering support and pathways to safety for people experiencing domestic and family violence in the state. Safe Steps provides information, safety planning and risk assessment, and access to crisis accommodation. It also delivers part of the national 1800 RESPECT support service. Safe Steps makes and takes over 130,000 calls every year – which can be up to 400 calls a day – to assist people fleeing family or domestic violence. Last year, Safe Steps provided 33,000 nights of secure accommodation for people who were not safe to go home.



# WINCHELSEA FACEBOOK

## Non-profit community Groups and Pages



What's on in Winchelsea	<a href="https://facebook.com/WhatsoninWinchelsea">facebook.com/WhatsoninWinchelsea</a>
Winchelsea FREE	<a href="https://facebook.com/groups/winchelseafree">facebook.com/groups/winchelseafree</a>
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Winchelsea Community Market	<a href="https://facebook.com/100083362387611">facebook.com/100083362387611</a>
Winchelsea Land and River Care Group	<a href="https://facebook.com/envirowinchelsea/">facebook.com/envirowinchelsea/</a>
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SCARS - Surf Coast Animal Rescue Service	<a href="https://facebook.com/groups/415211698950674">facebook.com/groups/415211698950674</a>
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### TO WARRNAMBOOL:

Mon - Fri 8:56am, 11:55am, 2:50pm, 5:27pm,  
6:45pm, 8:50pm  
Sat - Sun 8:47am, 2:46pm, 8:34pm



## COUNTRY WOMEN'S ASSOCIATION

7pm second Wednesday of month  
Winchelsea Senior Citizens' Hall



## WINCHELSEA GIRL GUIDES

Our Unit meets at the Catholic Church Hall,  
Harding St Winchelsea each Monday 4.30pm-6pm  
All girls 5yrs- 15yrs Welcome!  
Contact Yvonne Orchard 0448 672 630  
or Emily LaPorte Phone 0476 719 381



## 1st Modda & 1st Winchelsea SCOUT GROUP

**Joeys:** Tuesdays of school term 5-6pm  
**Cubs:** Mondays of school term 6:30-8pm  
**Scouts:** Tuesdays of school term 6:30-8:30pm  
All at Modewarre Hall, Cape Otway Rd  
**Venturers:** Wed at Walton's Rd Venturer Den  
Contact Marie McPadden 0409 330147

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**Winchelsea Unit** 325 Moorley Drive **132 500**

## BUS TO THE HUB

For reservations on the weekly bus  
to the Eastern Reserve Hub,  
please phone 52671202.

## Winchelsea and District COMBINED PROBUS CLUB



Senior Citizens Rooms,  
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Enquiries Lorraine 0417 467 927

## SURF COAST MOBILE LIBRARY

**Hesse St, Fridays, 2pm-5pm**  
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Fridays 2:00 and 5:00pm unless it is a Public Holiday.



## SOCIAL BRIDGE

Every Tuesday 10.30 am - 1.00 pm  
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Closed on Christmas Day,  
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that fall during their normal operating hours.  
[www.surfcoast.vic.gov.au/disposalsites](http://www.surfcoast.vic.gov.au/disposalsites)



## WINCHELSEA PLAYGROUP

Every second Thursday 10am-12pm  
St Thomas Anglican Church Hall  
cnr Barwon Tce and Hopkins St, Winchelsea  
Contact: Danni Menzies 0432019944  
[winchelseaplaygroup@gmail.com](mailto:winchelseaplaygroup@gmail.com)  
Facebook - Winchelsea Playgroup 2019  
**New families welcome**

## Winchelsea Men's Shed



**For The Community**  
**Men's Shed Kindling/Offcuts**  
 Bags of Kindling/timber offcuts  
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 from 9.30 to 2.30.

If you need a delivery made you  
 can call Bill on 0438 083 373.  
 The price for a bag of kindling is  
 now \$7.00 (up from \$5.00).

### Nesting Boxes

Bird or animal nesting boxes are  
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These can be made to order.

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# WINCHELSEA GOLF CLUB



The Winchelsea Golf Club was established in the 1930's on the site of the former Winchelsea Turf Club. The Club is nestled between the banks of the Barwon River on the road to Lorne. An old disused bluestone quarry offers an unusual challenge to golfers. Bluestone was quarried from the site in the 1800's and was one of several outcrops in the area. Large basalt boulders frame the green.

The par three second hole demands a challenging shot over tall trees off through a gap to the Western District's most picturesque green.

The nine-hole course used sand scrapes since it was opened in 1933 and later were converted to grass greens.

The new greens were officially opened in 1990.

Mrs Margaret Axon became the first president in 1963.

Winchelsea is a small club, with a big reputation for hospitality, and new members are always welcome. It is situated on the Deans Marsh road 30-40 minutes drive from the Otway Ranges and 30 minutes from Geelong and Colac.



## WINCHELSEA HISTORICAL SOCIETY

Hesse Street Cnr Princes Highway, Winchelsea 3241

### OPENING HOURS

Wednesdays 1 - 4pm, Fridays 10 - 3pm



# Spot and report: Protect Victoria from harmful weeds this summer

Enjoying Victoria's beautiful outdoors this summer? You can help protect it by stopping three harmful weeds: water hyacinth, salvinia, and alligator weed.

These state prohibited weeds kill fish and frogs, threaten native plants, block waterways, pipes and drains, and – in the case of alligator weed – even risk human health.

Growing, trading or sharing these weeds is illegal in Victoria.

Water hyacinth (*Eichhornia crassipes*) – one of the world's worst water weeds, water hyacinth blocks sunlight and clogs waterways. It kills fish and frogs and helps mosquitoes breed. Birds and floods can spread seeds and plants to nearby rivers and lakes, where it's hard and costly to control.

Look for its glossy green leaves and purple-blue flowers.

Salvinia (*Salvinia molesta*) – Salvinia spreads quickly, infesting rivers, dams, lakes, and irrigation channels, harming farms and waterways. Its floating leaves have a hairy surface, and its submerged leaves look like roots.

Small fragments from ponds or aquariums can spread this weed.

Alligator weed (*Alternanthera philoxeroides*) – Alligator weed grows on land and in water, blocking irrigation systems and contaminating pastures. It has bright green leaves in pairs and small white flowers on stalks.



Though it looks like edible greens, it is unsafe to eat.

Alligator weed is banned in Victoria, and health experts warn that eating it could cause health issues.

Spot and report these weeds – free removal available in Victoria.

What to do – If you think you've seen one of these weeds, contact Agriculture Victoria:

**Call 136 186**

**Email** [weed.spotters@agriculture.vic.gov.au](mailto:weed.spotters@agriculture.vic.gov.au)



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# Winchelsea Pool opens to a new era, built on a big-hearted volunteer past

Winchelsea's \$8.9 million new pool will open to the community with free admission from 10am tomorrow Saturday 22 February. An official opening ceremony will be on 27 February and community members will celebrate the new era at a free family fun day on 2 March.

Long-time former manager Lesley Berg and pool committee president Mick O'Mara reflect on its central role in the life of the town:

Lesley refers to Winchelsea Pool as her baby, so she is excited about its rebirth as a sparkling community asset.

Lesley saw generations of locals come and go while managing the pool for the best part of 18 years from the late 1970s, and grew deep appreciation of how much it means to people.

"I always think the pool is a hub of a community really because the whole family can go down and enjoy it, all at once," she says. "It's a big asset to the town."

The community-built and much-loved Winchelsea pool provided summer fun and respite for 60 years, until the end of its working life.

Now, following \$8.9 million redevelopment fully funded by Surf Coast Shire Council, it is set to open for many more decades in a new era for the town. Gates will open to the community with free admission from 10am on Saturday 22 February.

The redevelopment includes new 25m and leisure pools with heated water, splash park, pavilion, shelters, landscaping, barbecue and plant room.

"I think it's wonderful," Lesley says.

Lesley shared the manager role with the late Barb Holmes for several years.

She also taught Austswim and served as community pool committee secretary-treasurer for many years – numbering in a long and distinguished line of big-hearted, community-focused people who kept the pool running for the greater good.

"We had lots of fun times, and at that stage we had a committee of management and had to raise the funds to run the pool so we had cabaret balls and all those sorts of things," Lesley says.

"We would have a working bee to get the pool ready for the start of the season and have 35 volunteers there. It was terrific. Countless volunteer hours and immeasurable volunteer energy accounted for upkeep of the grounds and buildings across decades, and tasks like annual emptying and cleaning of the pool."



*Lesley Berg & Mick O'Mara*

Lions Club volunteers led fund-raising and organising for building of the pool and accompanying assets.

Community stalwart Mick O'Mara was installed as an early president of the pool committee not long after having arrived in town as a teacher and been sent along to the annual meeting by his principal.

"They called for nominations for president and said what about you Mick," he says. "I couldn't think of any reason why not, so I became president for



*Original pool construction  
Photo: Winchelsea Historical Society*

maybe eight years."

He succeeded Jack Schroeter, who was also a mainstay with the Lions Club, and was eventually succeeded by Jack's son Harry.

Mick says the pool has proven an immeasurable asset for Winchelsea.

"There were very few pools in small country towns at that stage," he says. "It's so great for kids and families, and I'm very much an advocate for teaching kids to swim as soon as you possibly can."

"It was one of the drivers in us shifting to Winchelsea all those years ago. When we drove around having a look at the town – oh it's got a pool!"

Lesley and Mick will be among guests of honour at the official opening of the new pool on 27 February.

Community members will come together to celebrate the start of the new era at a free family fun day from 10am to 5pm on 2 March.

Admission to the pool will be free from 10am Saturday until the family day. Find out more at [surfcoast.vic.gov.au/WinchelseaPool](http://surfcoast.vic.gov.au/WinchelseaPool)

*Original pool opening  
Photo: Winchelsea Historical Society*



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# Winchelsea Golf Club



Rachel Boddington

## RESULTS

**Ladies - Mid Week Stroke Competition 19/2/25**

**Stroke Round - 2nd round of Club Championships**

**Winner: Di Bartel 88-22-66**

**R/Up: Ann Davis 111-39-73**

**NTP: Di Bartel**

**Results: Mens - Mid Week Stableford 19/2/25**

**1st - Andrew MacDonald (27) 41pts**

**2nd - Geoff Morgan (24) 39pts**

**NTP (6/15th) - Denis Chappell**



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**22 February 2025**

**Trebeck Reserve, Winchelsea**

54 participants completed the course through Trebeck Reserve this week in warm conditions. Two people enjoyed their very first parkrun with 5 people recording their Personal Best time for Trebeck Reserve. Congratulations to Amanda Worland, Kristen Lieshout, Rob Davies, Anthony Keogh and Alette Rennie.

We had visitors from Lake Wallace and Bannockburn Bush.

This event was made possible by the following volunteers: Ann Morsby \* Don Smith \* Lily Del-Rennie\* Murray Bennett \* Neil McInnes\*Matt Horner\*Kate McInnes\*Leanne Dillon.

Next Saturday Is the first birthday of Trebeck Reserve parkrun. There is a rumor that will be Florentines and Muffins to celebrate. All welcome.

Further details of this week's results can be found at [trebeckreserveparkrun.com.au/results](http://trebeckreserveparkrun.com.au/results)

Please check out our Facebook page for today's photos and further information.

It takes a minimum of six people each week to safely conduct an enjoyable event. Please email [trebeckreserve@parkrun.com](mailto:trebeckreserve@parkrun.com) if you are able to volunteer some of your time. Tasks are simple, sociable, fun and very much appreciated.

If you wish to join us any Saturday morning as a walker, runner or volunteer please complete the simple online registration at [parkrun.com.au/register](http://parkrun.com.au/register). This is free, only needs to be done once and can be used at any of the 5,000 plus parkrun events worldwide.

Well behaved dogs on a short hand held leash are welcome (no waist harnesses please)

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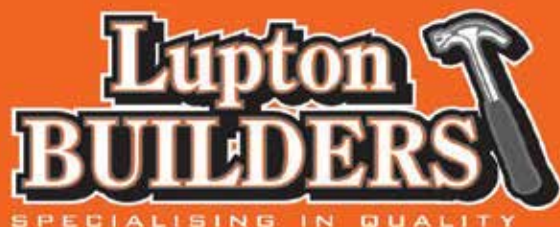
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Building Practitioner

- NEW HOMES
- EXTENSIONS
- RENOVATIONS
- ALTERATIONS
- DECKS
- PERGOLAS
- GARPORTS
- VERANDAHS
- RE-GLADS
- BATHROOMS
- WINDOW REPLACEMENTS

LEIGH LUPTON  
0438 840 104

CHRIS LUPTON  
0407 681 514

LEIGHLUPTON17@GMAIL.COM

EST. 1977

HESSE  
RURAL  
HEALTH

## Volunteers Required

Volunteers are one of Hesse's greatest assets, playing a vital role to enhance the quality of Hesse services & client experiences.



Bus Driver  
Outings Assistant  
Resident Visitor  
Events & Activities Assistant  
Group Wheelchair Walkers  
Appointment Escort  
Social Support Activities  
Gardening - Winchelsea  
Hospital Auxiliary Member  
Consumer Advisory Committee  
Marketing & Fundraising Committee

For more information please contact Hesse on  
(03) 5267 1200 or via email [reception@hesse.vic.gov.au](mailto:reception@hesse.vic.gov.au)

## DEFIBRILLATORS IN WINCHELSEA

### Accessible to the public 24 hours a day

The Winchelsea Lions Club has compiled a list of public access defibrillators in Winchelsea. If anyone knows any others with 24 hour public access, please let Linda Carter know 0439 817 263.

#### Ambulance Victoria

33 Willis Street

#### Bendigo Bank

11 Main Street

#### Globe Theatre (Side entrance)

17 Willis Street

#### Hesse Rural Health

8 Gosney Street

#### Men's Shed

51 Hesse Street

#### Netball Courts

Eastern Reserve Hopkins St

#### Senior Citizens Club

36 Harding Street

#### Uniting Church

33 Hesse Street

#### Winchelsea Bowls Club

Hesse St,

#### Winchelsea Cemetery,

McConachy St

#### Winchelsea Golf Club

13 Anderson Street

#### Winchelsea Primary School

Main Street

#### Wurdale Memorial Hall

220 Wurdale Road

